





On the Cover:

The motorcycle wheels of Harley Davidsons on display at Gustafson's in Williams Lake during their great adventures show in April.

Deadline for advertising:

The deadline for advertising in the next month's issue of *The Stew Magazine* is the 21st of the current month. Contact us today to reserve your spot — 250-398-7446 or email craig@thestew.ca.

What is behind our fascination with the wheel?

After staring at a blank screen for quite a while, encountering my first real case of writer's block, I'm actually a little surprised. Our May theme, Wheels, should be easy. After all, I'm a boy, and as much as I dislike being gender specific, boys are all about wheels. As humans in developed countries, most of us start out with our mothers being wheeled into the delivery room, and after being born we're wheeled around in a bassinet at the hospital. That is where the genders start to diverge. I'm not saying all boys go one way and all girls go the other, but for the majority it is true.

From an early age boys are fascinated with wheels, pushing toys with wheels as they are learning how to crawl, pushing toys with wheels as they learn to walk. Playing in the sandbox with Tonka toys, pretending to make roads or digging for gold. We then put together Hot Wheels tracks and have races with our friends.

I remember putting together model cars and tanks and spending many hours assembling model railroad sets. Saving my allowance religiously so I could go to the hobby store and buy another rail car was an obsession during my early teens.

I remember one of my uncles buying me a peddle-car when I was little, then I graduated to a trike, then a bike. Again, yes, boys and girls both ride bikes and trikes, but boys are pretty well the only ones that will spend the day building a ramp to jump their wheels over. I remember the first jump I made with a big wheel didn't end well.

Any guy my age who didn't



have or ever ride a Big Wheel probably didn't go outside. The funny thing is the Big Wheel bike is now seeing a rebirth among adults who are using it at high speeds down hills. We now can add in skateboards and rollerblades.

Both boys and girls eagerly anticipate their 16th birthday and their learner's driver's licence, but for boys it seems to be more of an obsession. There is independence that comes with being able to drive anywhere that you can afford the gas for. It's indescribable. I remember scraping together five bucks for gas and making sure there was enough for the drive-in theatre tickets.

I bought a motorcycle when I was 18 and have owned one ever since. There is no better way to clear your head than driving 60 miles an hour on two wheels. When I was 13 in Scotland I saw a recruiting display for the Scottish division of the Royal Tank Regiment. That was four sets of the coolest wheels I have ever seen. It was a tank and three scout / reconnaissance vehicles. I knew then that I needed to drive those and five years later I was in the Canadian Armoured Corps.

So where does this obsession with wheels come from and why is it mainly gender based? Wheels have been around since time immemorial. There is no date to its actual invention anywhere. The actual definition of a wheel is a circle of material revolving around a center axis or axle. As early man was nomadic I can only assume it was invented to make traveling with your possessions a lot easier.

The first wheels that have been discovered, so far, were made of wood about 5,500 years ago and probably took a lot of head scratching to figure out where to put the axle, the size of the wheel and the axle, and how to keep everything together. The strangest thing I have found in all my reading, is that with wheels all over the world, it came from one place in ancient Samaria or Mesopotamia. This all points to one person or group of persons that collaborated on the first wheel system and it spread from there.

Britain didn't see the wheel until 500 BC and nothing happened in North America until the Europeans showed up. It is surmised that it was to do with making beasts of burdens lives easier. Meaning it's a lot easier on a horse to pull something with wheels that it is to drag something behind them.

The person or persons who invented the wheel didn't claim credit, so we will never really know where it originated. I can't imagine how much that patent would be worth now. You can't go anywhere without seeing hundreds of wheels daily. Even if we can remove bike and truck wheels from the picture, there are so many other examples of wheels in our lives.

In fact transportation was not even the first use of the wheel. The potter's wheel is the first documented use and it has hardly changed in 5500 years. We also have the water wheel which technically is still used today in its modern incarnation called a hydroelectric dam. When the industrial revolution arrived the wheel was employed in hundreds of uses in manufacturing.

There is no doubt that the wheel is one of the most influential inventions in the history of man and continues to shape our world. It has made our world smaller with the automobile and the railroad, and even airplanes whose technology is based on the concept of the wheel. We are constantly coming up with ways to make it go faster.

I really didn't answer the question of where this obsession comes from, especially for males, so I will leave you with some questions to ponder. Do we buy our vehicles for how they look or how they make us feel? Do we drive over the speed limit sometimes because we like to break the law or because of the feeling the speed gives us? When we travel is it the journey or the destination that we enjoy? Do we watch car, motorcycle, or bicycle races to support the drivers or do we feel like it's us doing the driving?

If you can answer any of these you are closer to knowing the obsession. Until next month, happy spring, jump on your wheels and go discover the Cariboo.



marins



Nutrition Facts

Serving Size: 28 pgs Servings Per Container 1 PAGE 4 | THE STEW Magazine | May 2014



-fakers 20+

Roundup Poker Run Pre-registration 1:00 pm to 5:00 pm at : The Tourism Discovery Centre, 1660 S. Broadway Steak's Chicken BBQ 5:00 pm to 7:00 pm cost \$19.00 Laughing Loon Restaurant, 1730A S. Broadway Music by BLUE NOTE Thunder Mountain Speedway Cruise Begins 7:30 pm at The Tourism Discovery Centre, 1660 S. Broadway

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Annual





* Kulle

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Old George Turner — a Chilcotin legend

One of the true characters of the Chilcotin that people still talk about is Old George Turner.

He was reputed to be an outlaw from the American West, who picked up and fled across the border into Canada in the 1890s before the law could catch up to him. At least that's how the story goes.

It was rumoured he was a member of the Dalton Gang who escaped the foiled doubled bank holdup in Coffeyville, Kansas, on October 5, 1892. Four members of the gang were killed in the gun battle that ensued when they brashly tried to rob two banks at the same time. One gang member, Emmett Dalton, was captured after surviving 23 gunshot wounds, but a sixth member of the party tending the horses, got away.

Emmett Dalton was sentenced to life imprisonment and served 14 years before being pardoned. The identity of the horse wrangler who escaped remains a mystery. Storytellers in the Chilcotin speculate that Old George Turner might have been that man.

Turner reached the Chilcotin by steamship sailing to Bella Coola from Vancouver.

The Chilcotin was an ideal refuge for a desperado seeking anonymity because it was the custom in the land not to pry into a person's past. More than a few Americans made their way into the Chilcotin, after crossing the border into Canada just ahead of a posse and a cloud of dust.

George Turner commanded respect from anyone who crossed his trail. He was a first-rate trapper, a frontiersman, and dog tough. You didn't dare cross him.

He took a Tsilhqot'in wife, Louisa One-Eye, the daughter of Chief One-Eye Charlie of One-Eye Lake, and they settled at Kleena Kleene. Despite having a crippled right arm, Louisa was more than capable, performing the tasks expected of a woman. She tanned and sewed buckskin, hunted and fished, and was an excellent horse woman. It was said she could track through the bush on saddle horse better than anyone in the Chilcotin, including her husband.

Her nickname was Sitcum Mamalous, which translates as "half-dead one side" in the Chinook dialect.

Before the couple met, Louisa had two children, Timothy Baptiste (Stillas) and Lucy Dagg. With Old Turner she had two more offspring: George Turner Jr and Mary Ann (Ross).

Old Turner trapped down the Klinaklini River as far as Knight Inlet with



his stepson-in-law, Baptiste Dester.

It was an incident that happened at Towdystan sometime around the First World War that fueled speculation that Old Turner might be connected to the Dalton Gang.

Turner was good friends with Annie and Tom Engebretson who had a ranch at Towdystan. When their son Fred was just a kid, he witnessed the bizarre encounter between Old Turner and two strangers who tracked him down to Towdystan.

Shortly after Emmett Dalton had been released from jail, a man and a woman arrived on horseback all the way up from the States. Old Turner knew they were coming, and hung around the Engebretson ranch house because it had a phone. In those days a single strand telephone line, attached to trees in some places, kept evervone informed between Williams Lake and Bella Coola.

It was a multi-partyline that everyone eavesdropped on, so it was hard to keep secrets in the Chilcotin.

Fred remembered Old Turner being pretty fidgety when he saw the pair cross the creek at Towdystan. He grabbed a double-bitted axe and went out to talk to them. Fred couldn't hear what was being said, but he figured the strangers were looking for their share of the loot accrued from long-ago bank heists and train robberies. "The man had a

six-gun pointed at Old Turner, and Turner was swirling his double-bitted axe around," Fred recalled. "There were a few tense moments."

Fred said his parents had shotguns pointing out the windows of the old house. The visitors knew they were outnumbered, so they finally turned around and left.

"They must have figured they weren't going to get the money. They



had to leave or get riddled with bullets. Then Old Turner got scared and figured the cops might be following him, so he got some grub and took off across the mountains."

Old George Turner lived to be an old man. He was over ninety years old when he died at Kleena Kleene in the early-1950s. The summer before he died, Old Turner showed Alora Alden and Grace Kellogg the grave of Chief One-Eye Charlie on the shore of One-Eye Lake. His last wish was to be buried next to his fatherin-law. That winter Tom Chignell performed the eulogy as the body of Old Turner was laid to rest. Despite his passing the mystery of the Dalton Gang outlaw continues to live on.





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Collector

<u>MRM</u> Artist's work crosses many genres of expression

BY CHRISTA SMITH

In keeping with the theme of wheels, this month's artist is a car guy with an abundance of talent. Tony Savile is an artist who crosses many genres of expression. He creates with wood, is a performing artist, as well as an antique car enthusiast.

Tony Savile is a talented woodworker. He transforms raw wood into unique and creative works of art. Now retired, Tony dedicates his time to pouring his creativity into one of a kind works of art. Tony's business, TS Woodcraft, encompasses a full range of woodworking services from restorations of antique furniture to his newest and most unique hand crafted pen and pencil sets.

With something for everyone from bullet-style camo pen to the sleek, traditional wood pencil, his collection is quite extensive. Displays for these can be seen at the Tourism Discovery Center and Aboutface Photography. As for the furniture and cabinets, you will have to find one of Tony's happy customers for that.

Born in England, Tony spent his formative years in many fascinating places that range from Tanzania in East Africa, to Persia, known today as Iran. Tony attended boarding school in England while growing up and recalls that, "It was just the thing you did then, if your parents were overseas."

"I remember at a young age writing home and asking my mom to 'Please send jam," he reminisces.

After high school, Tony worked in many different places around the globe, following a career in sales, including electronics, wood stoves, and furniture. When asked where the most interesting place that he had lived was, Tony says, "Well it would be hard to pick just one, as every place was special for a different reason."

His list of travels is extensive and includes Africa, Geneva, London, Toronto, Montreal, Frankfurt, Munich, and Vancouver, to just name a few. The adventures of this fascinating storyteller will keep you enthralled for hours as he has a wealth of knowledge and life experience to share.



After moving to Canada in 1975, he settled in Williams Lake twenty years ago and spent the next years of his life calling the Cariboo home. Tony raised two beautiful girls and is now the very proud grandfather of four grandchildren all under the age of six.

In 1998 Tony got his start in live theatre behind the scenes as a set builder and stage manager, and after years of saying, "You'll never get me on stage," he took on the role of Dr. Emerson in the play, Who's Life is it Anyway?

From there Tony was hooked and bitten by the theatre bug. He acted in three plays in three years. He played the father in Maggie's Getting Married, Blodger in *Har! the Pirate Play*, and took home an award for Best Supporting Actor as the grandfather in *Looking for Normal*.

Tony has a unique ability to mold into any role and pull off a very convincing character in any of the plays in which he has taken the stage. His talent for the performing arts along with his woodworking creativity make Tony an invaluable member of the Williams Lake Studio Theatre. He has put countless hours of selfless service into making this a thriving club. Every season you will find Tony at the theatre; if not on stage, then set building, painting, doing lights, sound, directing or just volunteering at the concession stand.

All of this done with the love and support of Maggie, Tony's companion of over seven years. Maggie devotes much of her time to the theatre as well, and is on many occasions the one behind the amazing costumes the actors wear on stage.

Together Tony and Maggie are a driving force of volunteerism and a social delight. As far as plans for the future, Tony and Maggie plan to travel and soak up as much sun as possible. Tony has found his niche in the wood shop and plans to expand on his wood-turning business and possibly even find a way to incorporate his wood working and creative ideas into a traveling evening pastime.

Because this is, after all, the wheels issue of The Stew we can't forget the car, Tony's pride and joy. A piece of work that he



started in 2002 and completed restoring from the ground up four years later. His 1947 Pontiac is now a show piece that Tony rolls out when the weather is just right. Of course he wouldn't be a true car guy if he didn't show it off at the car shows.

Wheels have taken our featured man of the month all over the world, and of all the places,

in all of the countries, in all the world, he settles here and calls this home. An interesting man? Yes. A creative master of his shop? Yes. It is with great pleasure that we feature Tony Savile and with even greater pleasure we call him a friend.

If you are intrigued by this man of talent and want to know more please contact him at a.savile@telus.net.



BY CHRISTA SMITH

Don't reinvent the wheel, revolutionize it. The concept of the wheel is such a simple one and probably a huge deal when it was first discovered. I sometimes wonder, who was the first person to say, "Don't reinvent the wheel." Was it the next person to come up with an idea that might alter the original design or creation?

We hear the term used often today and I myself have used it, but what do we really mean? Do we mean, don't mess with a great concept, or do we mean I am comfortable with the way things are, we don't need to improve, alter, or fix something that is working just fine the way it is. What would have happened if the wheel had never been reinvented or changed, would we still be using stone blocks or wooden wheels?

In order to revolutionize what we know and believe at some point we have to consider the reinvention of the wheel. We have to leave our fears of the unknown behind and try something new. The odds are that we won't get it right the first time, and maybe not even the 100th time, but change is inevitable and constant, so why not embrace it and go with it.

If I take into consideration the choices that I make every day, then it may not be a huge leap from stone wheels to a Viper alloy wheel, but in small increments every day I am reinventing my life. The concept of a wheel is a great one and the innovations that have

covered the span of possibly the last 15000 years are a testament to what

Maybe it's time to reinvent the wheel





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can happen when you take a basic concept and build on it.

History suggests that one of the first uses for the wheel was for potters, then it was revolutionized as a method of transportation and used with chariots and eventually automobiles along with an abundance of other technology. The reinvention of the wheel is evident thoughout history and the technological age of circular motion. It is the taking of one idea and reinventing its use and concepts to change, alter, and improve it, to create something new.

Is there something to be said about tradition and the integrity of an idea? Yes, I believe that there is But at the same time where would we be without change? The possibilities are endless. I also sometimes wonder if it is fear of letting go of an idea, or the idea that reinventing the wheel is somehow bad, that holds us back. What if we got up every day and made a plan to somehow reinvent the day or rethink what we normally do, would that lead to a revolution of change or would it take what we are already



doing and make it better somehow?

I'd like to think that every time we change something or think differently about something that, like the wood and stone wheels, we are heading towards a newer and better, faster and more efficient, Viper Alloy wheel, and one day we will look back and wonder why it took us so long to realize that those Alloy wheels could be so much better.

I think the saying should be changed to, "Please don't forget to reinvent the wheel!" Take the potter's wheel and make something, don't be afraid of change.



Traditional May Day celebrations included dancing around maypoles.

Pottery wheels to road trips



TERY HANDBOOK



Simon Leach's **Pottery Handbook** Leach, Simon (2013) For the potter's wheel. World renowned ceramicist Simon Leach brings his advice in a handbook and DVD that will be useful to potters of all levels. Publishers Weekly has described it as "a definitive guide for every step of pottery making." Leach outlines clear tutorials with original instruction on core techniques with precision, nuance, and gorgeous photography. Trimming, glazing, firing. This handbook also comes with a DVD, making it perfect for the visual learner.



Auto Repair Reference Center

Need to find your car manual for the vehicle in your life? Look no further. This database, accessible online with your library card, provides do-it-yourself repair and maintenance information on most major manufacturers of domestic and imported vehicles (with coverage of more than 37,000 vehicles from 1954 to present!). It contains a wealth of information on each vehicle, including drawings, step-by-step

photographs, diagnostic information, and enhanced wiring diagrams. Plus, no advanced computer skills necessary! This database is user friendly and easy to search.



Timelines of Science DK Publishing (2013) Ever wondered about the story of the wheel? You can find it in DK's Timelines of Science.

Filled to the brim with wonderful visuals, fabulous infographics and amazing illustrations, Timelines of Science highlights all the major theories, breakthroughs and key thinkers that have formed the history of science, including biology, chemistry, physics and astronomy. DK Publishing is famous for excellent visuals alongside informative text, and this book is no exception. Science often has a reputation for being dry and formidable, but this book is fun and engaging, especially for the older child.

Vintage quilt revival:





22 modern designs from classic blocks

Blakesley, Katie (2013) This book brings a modern feel to old quilting blocks, including the Wheel of Fortune and Star-and-Pinwheel (as well as 18 other blocks). Projects include full-size quilts to smaller projects like pillows and table runners. Everything is outlined step by step, with fabric amounts, and paper piecing patterns. Sure



to be a great resource for any quilter interested in the "traditional-mademodern" movement.

Southwest USA's best trips: 32 amazing road trips

Lonely Planet (2014) Where will your wheels take you? Wheth-

er you are a bonafide travel junkie or armchair enthusiast, you can unearth the freedom of the open road with Lonely Planet's Southwest USA's Best Trips. This guide features 32 amazing road trips, from twoday escapes to two-week adventures, including the Grand Canyon, the Vegas Strip, and all kinds of adventures along Route 66. Don't forget your sunglasses!





IAGAZINE

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Keep your relationship rolling with meaningful communication

Spring and summer in Canada come with mosquitos and road repair and there are many jokes to go along with it. The road repair is necessary, and without it our cars suffer continuous wear and tear. When you hit bumps in the road it affects many components in your vehicle connected to your wheels; steering, alignment, and balance can all be affected, and if they are your car won't drive efficiently. In fact, your wheels can pull in one direction or the other making it harder to drive in a straight line. It could get to the point that your vehicle might not even be safe to drive.

The same can be said for relationships. When rough spots appear it is important to commit to the repair work as soon as possible, so larger, more costly problems can be avoided down the road. So what does that look like? One of the key things we need to have in our relationship repertoire is the art of meaningful communication.

Meaningful communication involves both parties sharing thoughts and feelings on whatever the issue might be that is causing rockiness in the relationship. Sounds simple, right? Not really, or relationships would not get to the point where communication completely breaks down. Why does that happen? Why does communication seem pointless and of little value? It usually comes down to one or both of the people involved not feeling heard or validated.

Validation is a huge part of communication, because it lets the other person know that he or she has been understood, and more importantly, that you accept the person - thoughts, feelings, and all. If it feels like a person continually hits the same brick wall in a conversation, eventually the conversation will stop. It would be like the wheels are spinning and you aren't going anywhere but in circles. To avoid this a person needs to stay focused on the goal of communicating effectively with another person — to gain understanding and find ways to reach a compromise or solution that rebuilds whatever part of the relationship has started to break down.

Listening is much more complex than just hearing the words coming out of your partner's mouth; it involves eye contact, observing your

partner's body language, and listening for the hidden message beneath what they are saying. As well, it includes being present (putting all the details you have running around about the 100 things you have to do out of your mind) and focused, asking questions, and rephrasing what your partner said to check whether or not your interpretation of what is being said is correct. This does not mean you need to agree with everything your partner is saying; however, it does mean accepting that what is being said is important enough that it needs to be truly heard.

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If you do not truly hear what is being said you will be invalidating your partner, and that may cause them to feel minimized, unappreciated, judged, and disrespected. It is important to note that most often this is not done with the

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intent of hurting your partner or denying that he or she has a right to what they are thinking or feeling. That being said, the result is that they feel invalidated. When it appears that the person you are talking to is invalidating you it is important to speak up about it. Use 'I' statements, such as, "I felt like you were judging me instead of understanding what I was explaining about how I was feeling."

'I' statements are fantastic because they take away any blame or judgment which act as tremendous communication roadblocks, and express personal feelings.

Meaningful communication takes work, dedication, intentional listening, sharing of thoughts and feelings, and validation. When this occurs on a consistent basis it shows that the relationship is supportive, caring, and can stay strong despite differences or bumps in the road. As well, when your children witness you using meaningful communication techniques they will learn how to be effective communicators. This will provide them with lifelong tools that will serve them well in many aspects of life, not just relationships.









What are you waiting for? Take the Walk.

Take the Quesnel walking tour

A treasure and delight, the Little People of Quesnel are painted fire hydrants located within the downtown core. The tour starts at City Hall and includes 23 little treasures, each with its own little piece of history.

Make a plan to spend the whole day on the tour and create a fun activity out of this creatively unique art, or break it up into blocks and spend time rediscovering the local shops and restaurants as you go.

The flowers are starting to bloom and the weather is just right for a walk about.

This fun initiative was developed though the Quesnel Downtown Association and in conjunction with local artist and businesses.



1. TEACHER Alice Northcott arrived The sternwheelers brought Also known as the Hurdycargo and adventurers in Quesnel on August 4, 1884, after being hired from the south from as one of the first school 1863-1915. Ship cooks teachers. She married had an important job Otis Earley in 1902. They keeping the passengers were active members of and crew fed during their the community and well long journey north. respected.



10. PAPER BOY The Cariboo Observe newspaper started in Ouesnel in 1908 on Reid Street. Their present European to stop here on building originally was the June 21, 1793. **Royal Bank**

11. VOYAGEUR 12. JUDGE BEGBIE The Northwest Company BC's first judge who explorer, Alexander Mackenzie was the first

became known as the "Hanging Judge" actually sentenced very few hangings.

3. CAN CAN GIRL

Gurdy Girls, these

rush.

energetic and sassy

dancers performed in the

saloons during the gold



4. NATIVE MOTHER 5. SCOUT

The Native mother and

child were the honour

of the people of the

used the flats at the

summer camp.

junction of the Quesnel

and Fraser Rivers as their

Chentait'hala nation that

Lord Baden Powel sent

Quesnel into the scouting

organization continues to

thrive in our community

to this day.

movement in 1912. The

a letter welcoming

14. CARD DEALER

20. CYCLIST

Theatre

A.I. Elliot rode his bike from Ashcroft

on his way to Barkerville. He had to

leave the bike at Cottonwood due to

snow. Pop Elliot moved his family

to the city and purchased the Rex

During the gold rush, gambling was a popular pastime. The Chinese merchants ran many gambling houses. You can ee some of the gambling artifacts at the Ouesnel



6. RODEO CLOWN

The first Quesnel Rodeo

was held in 1966 at the

Bert Eberding property

at Bouchie Lake. For five

years the rodeo was held

there before it was moved

to its present location at

Alex Fraser Park.

15. MAIL SLED DOG 16. ARTIST In the early 1920s until the Born in 1933 Jason (Barry) 1960s, mail was delivered Curtis was Quesnel's first to distant and remote mural artist. He painted areas by dogsled. Quesnel the Goldrush murals and is living history with one designed the Barkerville of the last routes actual Saturday Night poster. mail is carried on. The Sled Jason has inspired and Dog Mail run still gives joy to many



7. BANDIT **8. CARPENTER** "Hands up!" It is said that | Bill Willis and Lloyd Harper | May Eagleson became the this adage was coined by Bill Miner right here in BC. Over his career. Bill Miner and his gang stole approximately \$250,000 in coin, cash and gold.



originally opened Willis first female "barber" in Harper Furniture and Quesnel when the local Hardware in 1946. Located barber left to serve his on the corner of Reid and country during the war. Barlow, the store still operates under this name



18. GOLDMINER This hydrant represents

This hydrant was painted as a World War 1 pilot the gold rush years and to commemorate all the the miners that were so brave men and women intregal in the building of that fought for the right our city. for us to enjoy peace and



freedom

21. CHARLIE CHAPLIN The Empress Theatre was built in 1910 and Quesnel's first motion pictures were shown there. It is also where the huge fire of



started being the attending nurse for baby deliveries in Quesnel. Willa helped to deliver over nine hundred babies

23. ENGINEER Bobble head Bob of the Rocky Mountainee Vacations welcomed its first train into Quesnel May 2nd, 2006-86 years after the first passenger train came





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19. BANKER

of 1916.

The first bank that opened in Quesnel

was the Northern Crown Bank. It was

temporarily located in the annex of the

Occidental Hotel that was located on

Front Street (where the Cariboo Hotel

located there were destroyed in the fire

presently stands). All the buildings





Mauritius and Madagascar the pearls of the Indian Ocean

BY CHRISTIANE KLEIN AND SYLVIA RASHBROOK

Imagine crystal clear turquoise water, sunshine, and two beautiful, tropical islands called Mauritius and Madagascar.

Of course it is a very long flight that will get you there, but it is well worth it.

Mauritius is named after the Dutch Prince Maurice van Nassau. Its Capital City of Port Louis has white beaches that are protected by a coral reef barrier that encircles almost all off the coastline except the southern end where it falls away and where wilder waters and dramatic cliffs can be observed. On the northern plains the land rises to a central plateau dotted by lakes and extinct volcanic craters.

Mauritius was first discovered by the Arabs in the 9th Century. The Dutch, who were the first to colonize Mauritius, named it after their ruler Prince Maurice Van Nassau. Over all the centuries there has been a lot of history that has taken place in this region. In 1968 Mauritius gained its independence and Sir Seewosagur Ramgoolam became the first Prime Minister. Mauritius still forms part of the British Commonwealth and follows the Westminster pattern of Government. In 1992 Mauritius

finally became a Republic. English is the official language though French and Creole are commonly used. The economy is resting on four pillars: tourism, sugar, textiles and the services sector.

Mauritius is a melting pot of cultures; Hinduism, Christianity, Islam, and Buddhism co-exist peacefully.

If you take a walk through Port Louis, you have to visit the Waterfront — one of the best shopping, dining, and night life destinations in Mauritius. The shops at the Caudan Waterfront offer famous international fashion brands and fine jewelry and this is also a great place to socialize during the evening.

Just a view minutes drive from Port Louise you can visit Domaines Les Pailles which is nestled in the Pailles Valley. Here you will be taken back in time to recapture the ambiance of Mauritius old fashioned sugar estates and you can learn about sugar and essential oil production. You are also able to taste rum and witness a five Sega show.

Visiting Mauritius you can see several UNESCO Heritage Sites with the Mountain of Le Morne being one of them. It was here, in the southwest of the Island that runaway slaves used to hide during the 18th and early 19th centuries, protected by the mountainous, isolated, wooded, and almost inaccessible cliffs. Another UNESCO

World Heritage site is the Aaparavasi Ghat. It is the only surviving remnant of an immigration depot typical of those established in the second half of the 19th Century to welcome indentured laborers.

Visitors to Mauritius often find themselves in a state of delight and surprise as they tour the island, at least when they meet Mauritian People for the very first time.

This Country appears to be on the crossroads with many other lands. The population is diverse, there are people of Indian descent (Indians, Tamils, Marathis, Muslims), those of Creole lineage (with Malagasy and African Origins, families of Sino-Mauritians, from the far east, and groups of Franco and Angelo Mauritians.

Today Mauritius Hindus, Muslims, Buddhists and Christians are united — to quote the national anthem — as, "one people ...one nation, in peace, justice and liberty."

Together they make a vital contribution to the islands multi-ethnic identity.

Let's now go to Madagascar where you find 5,000 km of Coast. Madagascar's highest peak is Mount Maromokofra which is located 392 km off the East Africa coast.

Madagascar the 'small continent' is surrounded by a multiplicity of islets, some of which are grouped in archipelagos. The arch formed by Madagascar's Southern coast

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before joining the Indian Ocean can be described literally as the end of the world by the fact that only Antarctica can be found beyond. It is decorated with isolated fishermen's villages, pristine sand dunes and waves that meet the surfers' expectations.

Visitors to Madagascar are advised to respect children, mothers, the elderly and rice fields. A Malagasy will not invite you for 'lunch' but literally to share his / her rice.

Very important, rice is ever-present in some of the traditional proverbs which elegantly illustrate the Malagasy language.

"You balk at working hard, yet you want good quality early harvest rice." "Love is like a young plant of rice: transplanted, it grows somewhere else."

"Do not sing your own praises like the boiling rice in it's pot."

The main language spoken is French but English and French are considered official languages.

The Highlands of Madagascar are characterized by a mild climate. The west is hot and dry, the east coast is rainy, the north coast is hot and rainy. Dry season or southern winter lasts from April to October, and summer is from November to March.

Hopefully you enjoyed our little trip to Mauritius and Madagascar and you will join us again next month, when we travel to Brazil.









WILLIAMS LAKE

May 1-3 Sense and Sensibility; play @Williams Lake Studio Theatre, Doors open @7:30, show starts @8pm

May 1, 8, 15, 22 & 29 Busted Remedy Jam Night Every Thursday at the OV Pub @9:30pm

May 2, 9, 16, 23, 30 Ladies Singing Group - Every Friday all May @Saint Peter's Anglican Church @7:30pm-9pm

May 2-31 Sea to Sky, Station house gallery exhibit by Al-Lisa Tresierra McKay @ Station House Gallery main floor, normal hours

May 2-31 The Creative Path, Station house gallery exhibit, a Making Connections School District 27 Program @Station House Gallery upper floor, normal hours

May 3 Bike Rodeo @Canadian Tire from 11am-2pm

May 3 Barrel Race @ Eagle View Equestrian Centre at 1pm

May3 Williams Lakes 85 Birthday 8:30-10:30 Boitanio Park Breakfast, 10:30-1:30Family activities, 1:30-4:30 Carnival at Cariboo Memorial Complex, 5:00pm community dinner 7:00pm Birthday Cake, 7:30-10:30 Family dance

May 3, 10, 17 Comic Book Creating Course @ The Station House Gallery from 10am-4:30pm

May 5 Spinners and Weavers Club @ St.Andrews United Church 1-4pm

May 5 Senior's Bingo @ Upper Level of Boitanio Mall 1pm

May 5, 12, 19, 26 Cariboo Kennel Club Puppy Class, every Monday @965A Mackenzie Ave @ 7-8pm

May 6 Central Interior Playwrighting Workshop @ 7am-10pm

May 6 Natural Health @ Women's Contact Society 12-1pm

May 6, 13, 20, 27 Rhyme and Roll @Women's Contact Society 10:30-11:30am

May 7-10 Sense and Sensibility; play @Williams Lake Studio Theatre, Doors open @7:30, show starts @8pm

May 9 Corb Lund Band at the Gibraltar Room 7:30pm Tickets available at Margetts Meats and Audio Video Unlimited

May 9-11 Assembly of Nations Camp Meeting @Redstone (Tsi Del Del) Rodeo Grounds, Chilanko Forks, BC, Meetings at 1pm

May 9, 16, 23, 30 Farmers Market, every Friday until thanksgiving @Boitanio Park from 9am-2pm

May 10 Horsefly 10km Fun Run registration starts at 9:30 at Horsefly School run starts at 11am entry forms available at Heartland Toyota or Clarks General Store

May 10 Big Splash Beachcomber Hot Tubs Hot Tub Sale @The Curling Club 10am-6pm

May 10 Cariboo Potter's Guild Annual Spring Sale 10am-4pm @Central Cariboo Arts Centre

May 10 6th annual Seedy Saturday, Growers Convention @The memory garden (community garden) on Carson 10am-2pm

May 12 Xatśūll Heritage Village will be opening for the season 3405 Mountain House Road (250) 297-6502

May 12 The Art of Reconciliation Workshop @ The Station House Gallery 8am-5pm

May 14 Creating Harmony Within, music workshop, \$50 @The Hobbit House 7pm-9pm

May 14-17 Sense and Sensibility; play @Williams Lake Studio Theatre, Doors open @7:30, show starts @8pm

May 15 Barrel Race @ Eagle View Equestrian Centre from 7-9pm

May 16,17 Thunder Mountain Speedway Tech 'N TUNE & OPEN Practice @ Thunder Mountain Speedway@1pm

May 17-19 Peel out Mountain Bike Festival for info www.ridethecariboo.ca/ events/peelout

May 17 Outlaw Invitational Downhill race - Registration @ Mason Road from 1pm-4:45pm & Race start @2pm. Awards in Boitanio Park

May 18 Peel Out Super Eduro Bike Race - Registration at Boitanio Bike Park from 9am-9:30am & Race start @ 10am. BBQ from 12-2 @ Boitanio Park. Awards @ Boitanio Park @4pm

May 18 Boitanio Jump Jam - Events start at 11:00AM. Jump Jam in the afternoon. Pump Track Challenge and other events will run concurrently starting at 11:00AM. BBQ from 12:00-2:00.

May 18 Run Bike Down Hill - Race at 10:15AM on grass field next to Bike Park. Kids 7 and under

May 18 Peel Out Party - Redeye Empire playing @ The Limelight Theatre

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May 21 The Crystal Man, crystal buying event @The Hobbit House 1pm-7pm

May 22 The Crystal Man, crystal buying event @The Hobbit House 9am-2pm

May 24 Central Cariboo Arts Garage Sale @ Central Cariboo Arts Centre 9am-3pm

May 24 Thunder Mountain Speedway Season Opener @Thunder Mountain Speedway. Qualifying @ 5pm Race @ 6pm

May 24 Central Cariboo Arts Centre Garage Sale @Central Cariboo Arts Centre 9am-3pm

May 24-25 Watercolour Workshop with Kendra Dixson @ The Station House Gallery 10:30am-4:30pm

May 24 Lakers Car Club annual spring Roundup Poker Run 1-5pm at The Tourism Discovery Centre, 5-7pm Chicken BBQ at Laughing Loon cost is \$19, Thunder Mountain Speedway Cruise begins at 7:30 @ the Tourism Discovery Centre

May 25 Laker Car Club Show and Shine down town at 10am

May 25 Lady's Poker Run in down town

May 25 Children's Festival at Boitanio Park

May 25 Thunder Mountain Speed Way season opener 5pm qualifiers Race @ 6pm at the Speed Way

May 25 Gymkhana @ Eagle View Equestrian Centre at 11am

May 27 Cariboo Kennel Club is starting DOG AGIL-ITY at Stampede Training Diamond 7 pm. \$50 for 5 weeks. Contact Donna-Marie for more info. 250-392-5531 ordmcyr2010@gmail. com

May 29 Barrel Race @ Eagle View Equestrian Centre 7pm-9pm

May 29 Family Law Workshop @Women's Contact Society 7-9pm

May 31 Relay for Life in Boitanio Park 1pm-1am for info relayforlife.ca

QUESNEL

May 3 First Farmers Market of 2014 @Helen Dixon Centre 8:30am-1pm

May 3 Friends of the Museum Annual Book Sale @ Quesnel Museum @10am-2pm

May 3 Walk & Wheel @ Ceal Tingley Park 10am-11am

May 3,4 Quesnel Gold Show 2014 @ College of New Caledonia 10am-4pm

May 3,4 Cariboo Home Business Spring Fair 2014 @ Quesnel Curling Club 9:30am-3:30pm

May 4 Small Animal Auction @4071 Mclean Rd. 11:30am-1pm

May 4 Hike for Hospice @ Lebordais Park 12pm-1:30pm

May 7 Seniors Information Day @Seniors Activity Centre 9am-4pm



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May 11 - BF Goodrich manufactures the first tubeless tire. (1947)



May 10 North Cariboo Equine Extravaganza @ Bouchie Lake Community Hall 10am-3pm

May 10 Corb Lund Concert @ Quesnel Seniors Centre 7pm-10pm

May 11 Mother's Day at Cottonwood House 10-2pm at Cottonwood House Historic Site

May 14 Diamond Calcutta @ Quesnel Seniors' Centre 5:45pm-9:30pm

May 15 Theatre Royal Spring Show @ Theatre Royal in Barkerville 10:30am-8pm

May 16 Barkerville Opening Day @ Barkerville 8:30am-4:30pm May 17 Operation: Northern Strike; Paintball @ Northern Strike Field 9am-5pm

May 17 Cottonwood House Opening Day @ Cottonwood House Historic Site Barkerville 10am-5pm

May 17 Barkerville Rush Relay Registration & Race Package Pickup @ Quesnel Rec Centre 2pm-5pm

May 17 Barkerville Rush Relay Kids Fun Run @ Quesnel Rec Centre 3pm, Awards @4pm

May 18 Barkerville Rush Relay @ Junction of Hwy 97 and Hwy 26 7am May 19 Victoria Day Royal Tea @ Wake Up Jake Restaurant 3pm-4pm

May 31 2nd Annual "A Royal Affair" @ St.Ann's Hall from 5pm-9:30pm

May 31 Karaoke at Begbie's @Begbie's Pub 7pm-11pm

100 MILE HOUSE

May 2, 9, 16, 23, 30 South Cariboo Farmer's Market @The Community Hall 8:30am-1:30pm

May 3 Jack Glatzer Concert World Renowned Violinist @The Evangelical Free Church @7pm **May 9** Cariboo Women's Fair @South Cariboo Recreation Centre 5-9pm

May 10 Cariboo Women's Fair @South Cariboo Recreation Centre 10am-3pm

May 10 2nd Annual Cariboo Spring 10km Run, Relay, or Walk @ The Heritage Site @9am

May 18 Hun City Hunnies Presents Creedence Revived-Live Music @South Cariboo Rec Centre @7pm

May 18, 19 100 Mile House Rodeo @Roe Lake Rodeo Grounds, 100 Mile House







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May 6th
Call Me Crazy: A Five Film
Dinosuar Experiment
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Veronica Mars Movie
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May 13th
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Goodbye World
Her
I, Frankenstein
Longmire: The Complete Second Season
Orange Is The New Black Season 1
Special ID
Stalingrad (2013)
That Awkward Moment
May 20th
3 Days To Kill
5150: Mall Cop
About Last Night
Curse of the Dragon Slayer
Monuments Men
Pompeii
Snowflake The White Gorilla
Sophia Grace and Rosie A Royal Adventure
Vampire Academy
May 27th
A Resurrection
Cheap Thrills
Crush
Dragons - Defenders of Berk Part 2
Endless Love
Gambit
Mobius
Patrick: Evil Awakens
Rhymes for Young Ghouls
,

Enjoy theatre at the Central Interior Zone Festival

The Williams Lake Studio Theatre is host to this vear's annual Central Interior Zone Festival. This is a competition for the interior regions' community theatre, and will include four plays taking to the stage for critique.

The adjudicator will choose a winner to go on to Mainstage in Kamloops in July to compete against all of the other winners from all of the other zones in BC

This is a great way to catch a play that you may have missed during the regular season or come back to re-enjoy one you have already seen.

There are four plays scheduled to take the stage for festival — two from Williams Lake, one from Kersley, and one from Prince George.

First up on Wednesday, May 28 is Sense and Sensi-



bility, reclaiming the stage after their three week run for the Studio Theatre in May. This play is adapted from the novel by Jane Austen and is directed by Becky Strickland. It shares the plight of a widow and

her three daughters in their attempts to survive, find love, and navigate relationships after the passing of Mr. Dashwood and the complications that arise from his estate going to the son of his first marriage.

This period reenactment takes the stage at the William Lake Studio Theatre in Glendale at 8 pm sharp.

On Thursday, May 29, Williams Lake presents Glengarry Glen Ross, also a local remount, directed by Shane Tollefson. This play tells a story of real estate salesmen in the 70s and their struggles to find hot leads for the swamp-land they are so shadily trying to off load to the unsuspecting

Friday May 30 The Kerslev Players claim the stage with their rendition of Tales *From Me and Irmie* by Roy Teed; a man of many talents, none of the least of which are writing and directing riveting pieces of entertainment, this is a show not to miss. Still in tradition with an 8 pm sharp start you can take in the show at the Glendale Studio Theatre.

The final show to take the stage on Saturday, May 31, is presented by the Prince George Pocket Theatre, with Dearly Departed by David Dean Bottrell and Jessie Jones. Dearly Departed is a play about the Deep South, about family, and about yam queens, philanderers, and incontinent preachers. Directed by Dominic Maguire this newto-the-Cariboo play breaks tradition and takes the stage at 1 pm for an afternoon matinee.

Admission is \$10 for any show or \$35 if you wish to take in all four. The tickets are available at Aboutface Photography in advance or available at the door as well.

So mark your calendars for May 28 to 30 at 8 pm and May 31 at 1 pm at the Studio Theatre in Glendale for your last chance at live theatre until next season.





Did you know that the 108 Heritage Site does not receive government funding and continues to operate only through tourism-generated revenue?

Discover, uncover, and make it a day!

BY CHRISTA SMITH

Discover, Uncover, and make it a day!

There is nothing like a little outing to bring the family together or take a few minutes to enjoy a new experience on your own. Many people pass by without much thought to how much one small place has to offer.

The 108 Heritage Site sits nestled beside a small lake just past Lac La Hache before reaching 100 Mile House. When speeding down the highway many just see buildings and possibly a rest stop but this site has so much more to offer.

With the Heritage Site set to open for the season on the May long weekend it is the perfect chance to make this a stop. Whether for the day or just a few minutes it will be well worth your while.

There are about eleven buildings that sit on three acres that offer a chance to go back in time and experience what it was like to be a pioneer or an ambitious prospector heading for the Gold Rush. The buildings include an old Clydesdale barn, one of the largest in Canada, a 1900s church and roadhouse with fully furnished rooms, telegraph office, school house, bunk house, outhouse, and craft store / gift shop.

Not only can you buy unique gifts and crafts but you can also find hot coffee and doughnuts to enjoy as you take in the area. Usual hours of operation during the summer are Tuesday to Saturday from 10 to 5 for both tours and the gift shop. The history within these buildings date back



to the mid-1800s and is a slice of history unlike any other.

This small snapshot of time standing still is present in the buildings with the preservation of rooms as they might have looked. Each building has a story to tell and the imagination is limitless to the possibilities and the stories being told through items displayed. How had the occupants lived and what were their lives like?

Not only do the buildings offer a glimpse of the past but the grounds do as well. There are legends of murder and conspiracy contained within the walls and stories of ghosts. To dispel this notion, on May 6, ghost hunters are going to set up from 6 pm to 1 am in search of the truth. If your curiosity has been tweaked you will have to stop by and check the results out for yourself and decide if you believe or not.

Outside on the grounds there is a boneyard of history, and wheels that tell a tale of the past. Most certainly a treasure of its day, the rusted and bent equipment has faded into the past and is no more of any use except to amuse tourists. Taking a minute to appreciate the value and history that is this small garden of metal is worth its moment.

The Heritage Site has a lovely

picnic area, where one can enjoy the outdoors and have lunch. With a small picnic shelter and washrooms, it creates an enjoyable atmosphere. There is ample parking and plenty of room for RVs.

After a picnic lunch there is nothing quite like a lazy afternoon walk. At the south end of the parking lot is a tunnel that crosses under the highway to allow access to a labyrinth of trails that can be used for hiking, biking, or even horseback riding. The variety of trails suit any ability, and range from easy to advanced day hikes. The trails join and loop, in and around the small scenic lakes in the area, and make for a vastly enjoyable outdoor experience.

If you are uncertain about your journey and want to make a plan there is an extensive trail map with distances and routes at the trailhead by the tunnel. For a day outing there is a well taken care of trail that goes all the way around the 108 Lake which is approximately 9km but a journey worth making as the terrain is pleasant and the scenery breath taking.

In May it may still be too cold to take a refreshing dip in the lake but at least now when those hot summer afternoons hit, you know where to go and how to make a day of it. One day that is a must for the calendar is July 1 when the society holds a huge all-day gathering in the barn, complete with entertainment, food, and vendors. This is a big event and another great way to spend the day.

The 108 Heritage Site is not only a day outing, but is also a very popular site for weddings and special occasions. The photographic possibilities at the Heritage Site are endless and a whole day could be spent just taking pictures. The old buildings, bridge, and antique equipment, make for an inspiring back drop. Any professional or hobby photographer will find a wealth of shots and a spur to their creative juices.

So next time you're tempted to drive on by, think about stopping or planning a day here at the 108 Heritage Site, as I think you will find it not only enjoyable but also educational, and a worthwhile experience.







What are you waiting for? Take the Walk.

Take the Williams Lake walking tour

BY CHRISTA SMITH

Time to dig out the walking shoes and, in the spirit of wheels, your roller blades, skateboards, bikes, and strollers. Community murals are a part of revitalizing and beautifying the downtown of many communities. Williams Lake is home to twelve professional murals and a few really creative walls of kids' art.

This month we will focus on three of the pieces, but while you are out, make a point of seeing if you can find the others. There is nothing like a bit of fresh air and exercise accompanied by some art, culture, and even a bit of history.

The murals in this first feature edition are all within a block of each other, not to mention that in that same block is a park, museum, and even a couple of restaurants, all very close. If it's an afternoon outing, you might find that your walk ends at the library, or even a local coffee shop.

The first mural is on the parking lot side at the end of the Museum on Fourth Avenue, across from Kiwanis Park. This mural is the oldest one in Williams Lake and is signed by S.L. Mitchell but has no visible date. This is a mural of the



Pinchbeck Flour Mill that was built on Williams Lake Creek in 1885.

The building on the hill was a granary and the flume at the bottom of the hill carried water for the mill and to irrigate the crops. The grinding stones in the mill were shipped from France and assembled at the ranch. This little historical treasure is just one of the gems available to appreciate outside of the museum. Inside of the museum there is more information on display about the Pinchbeck Ranch, as well as much more of the local history.

The next stop on our walking tour this issue is the old fire hall just across the street on the other corner of Fourth and Mart Street. For this issue we are focusing on the far right side of the building next to City Hall. The building is home to the Central Cariboo Arts Center but was the original fire hall. The mural was painted in 2002 by local artist Dwayne Davis in honour of the local fire department and shows the some of the historical tools used in fighting fires notice the large wheels.

The last mural for this feature is just down Borland Street to the corner of Second Avenue which is home to City Vacuum. The mural that runs the length of the side of the building is another one by Dwayne Davis and was painted in 2007. It is known as the Brand-



ing Mural and shows the good old days of a cowboy.

If anyone is interested in more information about the murals I am sure the museum as well as the Chamber are a great place to start. In 100 Mile House there is a mural society and several murals in the downtown that are well worth checking out. So until next time, don't forget to enjoy the walk, drive, or roll in rediscovering your community.









Jane Austin told the stories of the lower fringes

'Wheels' and mobility are modern concepts.

In 1805 transportation was very different than today. People were experimenting with steam and internal combustion engines, but functioning railways were 25 years in the future, and workable cars a distant 100 years away. Wheels were on carriages, pulled by horses, and people were hardpressed to travel 20 miles in a day. A journey was hard work. Ships were the fastest way to get around, but they were difficult to travel on, and, of course, you had to get to a sea port. People did travel, but it was much slower and rarer than today. The result of this is a very different society than our modern one, with different morals and ideals.

People were tied to their position in life in a way that is hard for the modern mind to comprehend. Leaving one's birthplace is common for us now, but it was not back then, and if it was done, it was usually a permanent move. This is true not just for geographic location, but for social position. People were born into a class, whether high or low, and there was very little they could change about it. Even the upper classes had their restraints, society would simply not accept deviation from the 'proper' roles, especially for women.

From a modern perspective, women were trapped. They could not travel unescorted, they



had no control over their own finances, they had little say about where they lived and what they did; instead their roles were dictated by what was acceptable to society, and they were financially dependent on their fathers, brothers, and husbands. Of course, this is a generalization, and many men accepted their wives and daughters as equal decision makers, but there were also many who did not. Many women learned to be master manipulators, letting their husbands think they were making the decisions.

Jane Austin lived from 1775 to 1817 as a member of the "lower fringes of the English landed gentry" (Wikipedia), and described that situation admirably in her books. She portrayed the struggles of women in these circumstances with a realism and irony that the modern reader appreciates, but that were shocking at the time. Novels were expected to be romantic and idealistic, especially those written by 'a lady.'

Sense and Sensibility was her first novel. It is the story of two sisters, Elinor and Marianne,

who, on the death of their father, are left to depend on their halfbrother and his manipulating wife. Of course, the sisters, with their mother and younger sister, are soon turned out of their childhood home and forced to live on a small income left by their father. They get established in a new area near their mother's cousin, where the family is welcomed by local society and the girls meet prospective husbands. The characters and their interactions are the essence of the book: Austin's perspective on their motivations is compelling and timeless. Society and expectations may have changed over 200 years, but human nature has not.

The novel was adapted to a play by Jon Jory, who managed to stay true to Austin's language and intentions. The Williams Lake Studio Theatre, with director Becky Strickland, is presenting it April 30 to May 3, May 7 to 10, and May

performance on May 21. It is our last show of the season, and is not to be missed.

291 2ND AVENUE NORTH



AND

SENSE

SENSIBILITY:

A NOVEL.

IN THREE VOLUMES.

BY A LADY.

VOL. I.

London: PRINTED FOR THE AUTHOR, By C. Rowarth, Bell-gard, Temple-bar, AND PUBLISHED BY T. EGERTON, WHITEHALL.

1811.

14 to 17, with a festival





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Spousal RRSPs – who owns them?

A spousal plan is an integral part of your retirement planning if you have a spouse.

Why? When you retire, you do not want all of your money coming out of one person's account.

How does this work? If the husband is the higher wage earner and has a large RRSP allowance, and his wife does not have a pension or RRSP plan, then he would open a Spousal RRSP plan for her. He contributes money into the spousal plan and he receives the tax receipt for his tax return in April of each year.

She owns the RRSP — it is in her name.

Who pays the tax when you take money out of the RRSP? This is determined by the date of the last deposit into the plan. For example, John Doe has been contributing for 15 years into a spousal plan as well as his own. Now he is retiring and their financial planner has suggested that they each take an equal amount of income from their individual RRSP plans.

Be Careful! There is a three-year rule when withdrawing money from a Spousal Plan from Revenue Canada (CCRA). Any funds that were contributed into the Spousal RRSP in the last three years, then the contributor must claim the RRSP withdrawal as income, not the spouse.

What's the answer? If you are close to retiring (within five years) you may want to open a new Spousal RRSP each year within those next 5 years. Then upon retirement, your spouse can withdraw the funds and she will receive the T4RSP to claim as RRSP income.

The point is to have the ability for your spouse to withdraw funds and have the income taxed on her return. You want to reduce your taxable income for both of you in your retirement years.

Eating on the street with food trucks

When I found out the topic of this month's edition was 'Wheels' I got excited and thought, *I have the perfect story*.

After running my idea past my partner, she said that maybe a story involving an apprentice, a roll of duct tape, the trunk of a car, Halloween night, and a couple jugs of beer was probably not a good story idea to share for legal reasons. So I've decided instead to write about a growing trend in the food industry. In the spirit of this month's topic, I'm talking about food trucks.

A perfect storm in the restaurant industry where, if everything goes according to plan, including no major mechanical breakdowns, no labour problems, stable food prices, no surprises from any level of government (case in point, HST) and a booming economy, you stand to make a ten percent net profit. To put that in perspective, take a restaurant with half a million dollars in sales yearly, which sounds like a decent amount, then split the 10% profit with a partner and they each pocket \$25,000 (that's before taxes, by the way), for a year of 10 to 16 hour days, six to seven days a week. Welcome to independent restaurants.

With rising overhead costs, leases, insurance, fuel,



utilities, rising minimum wage, and rising food costs, the idea of having a family run 'mom & pop' restaurant is going the way of the independent hardware store. I'm certain that in my lifetime, we will see the last of these brick and mortar independent food service operations. They will simply cease to exist. They are being squeezed out by both franchises and rising overhead costs.

Enter the food truck. Most use large vehicles equipped with high-tech cooking equipment and sanitation devices to provide sophisticated, safe cuisine usually prepared to order (rather than precooked). The National Restaurant Association reports that in the U.S. they generated approximately \$650 million in revenue in 2012 — about 1 percent of total restaurant sales.

A recent research report by the Intuit Network predicts that food trucks will generate between 3 and 4 percent of total restaurant revenue — about \$2.7 billion — by 2017, a fourfold increase from 2012. The food trucks are here to stay. They are not a passing fad.

As many community leaders struggle with regulations, the public is leading the charge and embracing them with open arms. Some of North America's most talented chefs, who haven't sold their soul to one of the numerous restaurant conglomerates, are choosing to sink their life savings into mobile opportunities.

Vancouver's line-up includes such names as Hotties Mobile Pasta Bar, Blue Smoke BBQ, Feastro the Rolling Bistro, The Bean Buggy, and Fat Duck Mobile Eatery to name a few of the over 100 mobile food services that adorn the streets. Japa Dog is a long standing food cart that's elevated the humble hot dog to gournet levels.

The cost of a food truck is very appealing when all you really need to worry about financially is outfitting, insurance, and maintenance, and a very low staff level. Compare this to brick and mortar and it's a no brainer. Many chefs have also found creative freedom in this avenue (pardon the pun), no longer being constrained by a static menu. What's fresh, what's local, what's cheap? I can erase my chalkboard and write an entirely new menu.

In Calgary, a chef who has a very successful restaurant opened a food truck in the alley behind his building and people lined up down the alley and past his front doors waiting 30 minutes to get a burger from his truck. Why? The grab and go society has now lent itself to this type of eating where you and your buddies stand on the street hammering on delicious, fresh, awesome, chef-prepared handheld, big-as-your-head, \$10 to-go food as an alternative to some dude in a tie telling you that you have to wait 25 minutes to overpay for two peas, a slice of carrot and a half a chicken breast. Or the alternative: "Would you like fries with that?"

I met a married couple at a festival last summer that make their living moving from place to place, selling delicious food that any chef would be proud to serve. They work eight months a year and make a very comfortable living doing it. I thought to myself, "Dude, wouldn't that be great? If you don't like where you are, pack your knives and move on." Very tempting.



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Before you get on your bike, remember these safty tips

The wheels on the bus go round and round ...

Big wheel keep on turnin', Proud Mary keep on burnin' ...

When I think of wheels, I think of my bike and, as I like to keep the rubber on the road, bike safety comes to mind. I live in a city which has one of the highest numbers of bike commuters in North America. Portland, OR has consistently been ranked in the top 5 best places to ride your bike because of the bike lanes and bike friendly street markings.

Marking the streets and having bike lanes is good, but if cyclists choose to ignore common safety protocols, bad things happen. I ride a bike but I am also a driver and I



think it is more annoying when I am driving and see cyclists riding like fools. There are simple rules to follow as a cyclist, particularly when riding in the city, but out in the countryside as well.

Here are some tips from the City of Portland, Office of Transportation that are applicable everywhere:

Be predictable Ride so drivers can see you and predict your movements. Nothing is more frustrating as a driver than a cyclist swerving all over the place, in and out of traffic.

Be Alert Ride defensively and expect the unexpected. As cyclists, we can see a vehicle from a distance but cars have blind spots and don't always expect a cyclist to come flying down the road. I have been guilty of putting the nose of my car out a little too far because my view has been obstructed and thankfully haven't had any issues but I have come close. **Be Equipped**

Get both you and your bike in good condition. The brakes on your bike, just like your car, are very important. Make sure they are in good working order for those times where you have to make an emergency stop.

Obey All Signs and Traffic Lights Bicycles must be driven like other motor vehicles if they are to be taken seriously by motorists. I think this is pretty self explanatory.

Go Slow on Sidewalks

Pedestrians have the right of way on walkways. By law, you must give them an audible warning (a bell on your bike is a good idea) when you pass. Cross driveways and intersections at a walker's pace and look carefully for traffic (especially traffic turning right.) These laws may be different in other places but in Portland. you can ride on the sidewalk. I never do, I think it is bad practice but find out the local laws regarding sidewalks and bikes.

Never Ride Against Traffic

Motorists are not looking for bicyclists riding on the wrong side of the road. Ride with traffic to avoid potential accidents.

Watch for Cars Pulling Out

Make eye contact with drivers. Assume they do not see you until you are sure they do. This goes hand in hand with being alert, as above.

Use Hand Signals Hand signals tell motorists what you intend to do. For turn signals, point in the direction of your turn. Signal as a matter of courtesy and safety as required by law. Typically, cyclists just point in the direction they are turning but the proper way is to use only the left arm, pointing when going left, having an L shape to turn right.

Cycling is fun and a great way to stay fit. Use common sense, ride with caution, obey the laws, and when a driver gets too close, just smile and wave. They are bigger than you and there is no sense in giving someone more fuel to dislike cyclists.





Records making records on Record Store Day

Hey everyone, happy Easter! Oh wait, you won't read this for another week or two. Well, anyway, I'm putting this together on the crazy busy long weekend, and on top of all the releases from last month, tons of new music is rolling in this very weekend (when, traditionally, new releases are released on Tuesdays).

Saturday was Record Store Day and there was a ton of new releases. Many special editions and picture discs of classic albums as well as brand new music are seeing their first release on vinyl on record store day. Many of these new releases won't appear in other media for quite some time.

Garbage released a two-track single that made a brief appearance online before it was removed again. Pretty Lights released an album called *The Hidden Shades*, which is available for streaming on Soundcloud, but I haven't even gotten a chance to press play on that yet.

And did you hear about the stunt Jack White pulled?

On Record Store Day Jack White made two records. He cut a record in record time, thereby making a Guinness World Record in the process. First thing in the morning he played live for an audience at his stu-



dio, performing his new single, 'Lazaretto,' which will be on his upcoming album, and a cover of Elvis' 'Power Of My Love' which were mastered to vinyl live. Then while he continued to play for the audience, the master was shipped to United Records Pressings.

Then Jack darted off to oversee the production at the plant while other bands kept the crowds rockin'. When they were done, he brought the first batch back to the waiting crowd. Three hours, 51 minutes and 21 seconds after he took the stage that morning, he had sold the first three copies of the freshly pressed record. And then he said, "Here kid," as he handed the cash from the three sales right to a kid in the crowd as he walked away. No one but Jack White.

Wanna know how much copies of that first pressing were showing up on eBay for? Over \$600. Oh, and 'Lazaretto' is as awesome as anything you'd expect from that man.

And then Sunday was Easter. But this year Easter fell on the 20th day of the fourth month of the year. Yes, it would commonly be written as 4/20. Well, the number 420 has long been associated with marijuana culture for reasons that are explained only by a handful of unverifiable (read: totally false) urban myths.

While we may never understand why the association is there, the effects of such association are extremely prevalent. Especially in big cities, and especially in Vancouver where thousands (literally) descend on the Vancouver Art Gallery lawn and surrounding area to participate in a public free market and smoke-in (while the city police and emergency services stand guard and provide security, no less).

But beyond all that madness, many pot smoking musicians (isn't 'pot smoking musician' a redundant phrase?) offer up free songs, EPs or albums. Flosstradamus gave away a free *Wake & Bake* EP with two brand new tracks and the 2012 classic 'Roll Up' and Bauer remix of it as well. The 15 minute EP should be just long enough to groove to while you roll a J and burn it down (which *ahem* I do not recommend, but Flosstradamus does).

Dillon Francis remixed Daft Punk's "Harder, Better, Faster, Stronger" into a trap track that's gotta be heard to be believed, and it's available for free download at Soundcloud (or was at the time of writing — I dunno if it's still there, you'll have to go look). That morning I also found that Profresher (A.K.A. Billy Blacklight) was giving away his new album, Milky Way, on BandCamp.com for only \$1 (USD). He's one of my favourite EDM / drum and bass artists so I trust his music and gave him \$5 for it without a listen. but all music on Band-Camp is fully streamable before you buy. I recommend checking it out.

There was a bunch of other music I had planned on telling you about before all this music fell from the sky in the last couple days. I even discovered a couple awesome bands that really aren't very new. But first let's talk about the releases we've been wait-ing for.



It's been five years and three albums since their first release and I'm starting to wonder if Steel Panther are running out of steam. The 80's hair metal parody band are the paramount of extreme misogyny. The Jovi-Crue-Leppard-GnR-Poison sound still resonates as classic as ever, but the albums have become progressively less funny over time. While 2011's Balls *Out* had several misses compared to their nearly perfect debut, All You *Can Eat* tries so hard to be funny that it comes off like an amateur comic on stage trying to shock the audience into laughter with all the raunchiest jokes they know, while the clinking of the silverware can be heard echoing from the club kitchen.

The first single / video they offered to the world was 'Party Like Tomorrow Is The End Of The World' which I can only guess is supposed to be funny simply because of the mass of other songs that say exactly that. The problem is this one isn't terribly different than the rest — nor clever.

Their latest video single, 'Gloryhole,' has been rated 'extremely NSFW' by sharers internet-wide. It pushes a visual gag past the point of being funny and keeps pushing it until it becomes awkwardly funny again. As Peter Griffin often likes to prove on *Family Guy*, this is more annoying than it is funny.

Many of the other songs on the album are worse. For instance, if you sit through 'Gangbang At The Old Folks Home' once, just to see where it goes, you'll probably skip it every time thereafter. It's pretty bad. 'Ten Strikes You're Out' is just dumb. It hardly makes sense. But 'B.V.S.' is even worse and makes even less sense.

There are a few gems though. 'You're Beautiful When You Don't Talk' and 'Bukkake Tears' are hilarious 'cause they're true. Also, I find 'The Burden Of Being Wonderful' quite relatable. Fanthers will have to listen to this album to believe the craptasticness of it, but will at least be able to take away a couple good jams.



hen



In other news of bands that used to be funny but aren't anymore, we have **Austrian Death Machine**. It's an Arnold Schwarzenegger parody metal band — as if Arnold were fronting the band, with little skits and badly impersonated spoken bits between songs.

The current *Triple* **Brutal** is musically much more brutal than the past Total Brutal and Double Brutal albums, but far less entertaining as a comedy act. While in the past most of the jokes were based on making fun of Arnold and his movies, this one focuses far more on the body building aspect of Arnie than his acting or political career.

But there's more to the story here. Austrian Death Machine is the side project of Tim Lambesis, lead singer of As I Lay Dying. And if you know who this guy is, you know that over the last year he's been in the spotlight for solicitation of mur-

der. My understanding of it is that Christian family man, Tim Lambesis (so Christian that his band gets a rap for it), started working out and going to the gym (or more-so than usual). There he got hooked on steroids, which are being pointed at as the cause of mental illness and overbearing stress which caused him to go essentially nuts.

For whatever reasons his messed up head had, he hired a hit on his wife. He hired the wrong hitman though (fortunately for others) and the hitman turned out to be an undercover cop. Busted! So in the midst of all this we get an unfunny ADM album all about working out and 'Pumping and Humping.' Is anyone surprised? No. Should anyone bother to support this album. Probably definitely not. Is it even good? Not really. The music is good and heavy but I can find good heavy music that's not this.



Have vou heard of Future Islands? Well, they've been all over the music news this month. Sometimes I'm reluctant to even bother to listen to the latest fad singer or song just because it's what everyone is talking about. My intuition often serves me well, as I usually still don't care after I've heard the 'fab new single.' But when my one of my favourite metal reviewers talked about this bizarre indie band that employed what he called death growls during the emotional high points of some songs, I had to see what he was talking about.

There was a link to their performance of their latest single, 'Seasons (Waiting On You),' on The Late Show with David Letterman. I checked it out and. yeah! This guy is good! So I checked out their new album, which is called *Singles*. I'm hooked! I can't get 'Seasons' out of my head and when I do it ends up getting replaced with bits of 'Spirit' and 'Sun In The Morning.'

This album (and the next one I'll tell you about) has been

on repeat most of this month. I guess I hadn't been paying attention on the first couple turns but one afternoon as I sat there with tunes on in the background 'Fall From Grace' came on and he sings softly, "Before you go please tell me, was it," and then he screams, "ALL INSIDE OF ME!?" and leapt out of my seat! There's the real death growls he was talking about. Wow! Yeah, this is one of my new favourite bands. Their previous three albums are pretty good too.

My other incredible discovery was Maximo Park. This one didn't come on anyone's recommendation. Remember the good ol' days of flipping through albums in a record store, not looking *for* anything but simply and truly 'just looking'? Then some cover or title leaps up at you and says, "Listen to me!" so you take it to the front and they either play it for you or open it for you to listen to. Remember that? In this digital age, we've mostly lost that.

I used to get much of my new release knowledge simply from familiar and unfamiliar CDs on the shelves of the music store week after week. Well as much as I dislike the streaming music industry, it makes this job easier. I use Rdio. com and I love being able to see all the newly



released albums laid out in front of me every Tuesday morning. So as I was browsing this one caught my eye, and the name Maximo Park seemed vaguely familiar from somewhere, so I clicked play (I love that it's just that easy).

The jangly pop-rock that began playing was instantly catchy and I let the whole thing play without getting bored or sidetracked by the musical tourettes that New Music Tuesday usually inspires.

This album, Too Much Information, is this British alt rock band's fifth studio album and apparently the first two are gold in the UK. 'Brain Cells' is the first single from this album. It's pretty good but I'm hooked on 'Leave This Island.' Above all else, 'Leave This Island' gets gets my pick as Song of the Month. Though, Too Much Information is by no means a one trick pony. The whole album is grand! I'm glad to have a couple new awesome bands to follow, even if the bands themselves aren't new.

Other new releases that were good that I ran out of time (and space) to talk about include: Downtempo electronic duo. Thievery Corporation's new heavily Brazillian sounding album, Saudade. It's beautiful. The dance duo Duck Sauce (consisting of Armand Van Helden and A-Trak) has finally released an album. It's called Quack and, yes, it contains 'Barbra Streisand?

Clint Mansell's score for Darren Aronofsky's latest (and incredible) film *Noah* is now available. And Hank Williams III's new album *Ramblin' Man* is full of perfect outlaw country music... and a cover of "Okie From Muskogee."





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Gifts and Treasures





HOLIDAYS OF THE MONTH May 16 is National Bike to Work Day

National Bike to Work Day is a great opportunity to get some exercise, and to save gas. And after all, this is The Wheels issue.

May 23 is Lucky Penny Day

Perhaps a Lucky Penny will be lucky for you today. Taken at face value, a penny doesn't buy you much, if anything. It used to. During your parents' and grandparents' days, a penny bought a lot of things. Most notably, penny candy got its name because a piece of candy cost a penny.

Inflation year after year after year, eroded the penny's value. There has even been some discussion as to whether to discontinue the penny ... heaven forbid, it happened! We better celebrate the penny one more year before it is forgotten completely.





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Ron Ridley Rentals 250-392-6828 665 Oliver St., Williams Lake It's a good idea not to play racing games right before driving a car in real life.



Crank up speed with racing games

One of the very first video games I ever played was a racing game.

It was one of three games that were available on a Pong-based set-top box that my dad brought home from a garage sale when I was probably only seven or eight years old. There were no external controllers, just two knobs on the face of the console that would spin to the left or the right.

With these knobs you could control one or two of the paddles in a game of pong (allowing for some very early, very rudimentary, multiplayer gaming), or you could steer the blocky, pixel-y race car down the blocky, pixel-y race track that made up the third of the three available games on the system.

Driving has been a part of video games almost as long as there have been video games. Probably because it let's us do something that we all kind of wish we could do — slam our foot down on the gas pedal and go screeching out onto the street.

I think most of us have fantasized about those moments, with the window open or the top down, and the wind rustling our hair, as we speed down the street without a care in the world. Unfortunately (or,



perhaps fortunately, depending on your perspective) this isn't something we get to do very often, which makes those moments in video games all the better.

But that's really one of the biggest reasons we play video games, isn't it? To experience things that we don't normally get to experience. I don't normally get to run around with a sword and shield, swinging at orcs and ogres, but that's something I can do in the *World* of Warcraft. I don't spend a lot of time on the frontlines of modern warfare, but that's something I can do in *Call of Duty*. And as much as I've thought about it, it's probably a good idea that I restrict my attempts to build a criminal empire to something like Grand

Theft Auto. Video games give us the opportunity to live lives that are different from our own. Lives that are maybe



filled with more speed or daring or adventure, lives where we can take great risks and achieve great things, mostly thanks to things like the Quick Save button.

Unfortunately, life doesn't come with a save game system, something that's best remembered when you climb behind the wheel of the car. Save the burnouts for Burnout and the racing for Gran *Turismo*. While you're driving your Kia to work each morning, watch for those traffic lights and remember, thumping into a pedestrian has a much bigger penalty than the same action in Grand Theft Auto.

Now, let's see what's on this month's release slate. Fans of puzzlers will

be able to get their hands on *Peggle 2* via Xbox Live Arcade on May 2.

One of the best action RPGs of the last few years

— *Borderlands 2* — arrives for the Playstation Vita on May 13, so now you can take your shoot-and-loot adventures on the road with you.

Wolfenstein: New Order puts a modern spin on a pretty classic title when it hits for PC, PS3, PS4, Xbox 360, and Xbox One.

Finally, one of the most anticipated titles of the year, Watchdogs, hits PCs, PS3, PS4, Xbox 360, and Xbox One on May 27.

Other notable releases: Mario Golf World Tour (05-02); Tropico 5 (05-23); Mario Kart 8 (05-30)

What have I been playing lately? There hasn't been much time for gaming this month, but what time I've had has been dedicated to the 'Advanced Edition' update to the space-based Roguelike Faster Than Light. If you haven't taken this gem out for a spin yet, I highly recommend it. It's available on PC and iPad at the moment, though I think there are plans to release and Android port in the coming months as well.

What have you been playing lately? What's your favourite racing game? Want to drive around with me (virtually) in *GTA*: *Online*? Shoot me an email and let me know at todd@thestew.ca

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Play with the wheels on your camera

With this month's issue all about wheels I thought I would do a brief explanation about the two or three thumbwheels your camera has. Now every camera brand is going to be different, so what I'm describing may or may not exist on your particular brand, or may be in a different place.

When the manufacturers of the major camera brands design a camera it's supposed to be ergonomic. That is to say, the buttons and wheels should be in the areas that your fingers and thumbs will naturally rest without too much stretching.

Whenever I have student ask me what brand they should buy I tell them to stay with the major name brands and to pick up the camera and see how it feels when they hold it. Do all the buttons feel like they are naturally under your fingers? Are the wheels easily manipulated? If so, that might be the camera for you.

On a lot of professional and high end consumer cameras the thumbwheels control a lot of the menu functions. Depending



what button you also hold the wheel could control the shutter speed, the mode, the aperture setting, the ISO, the white balance or the size and quality of the image.

Who thought wheels would also be important in photography.

On most consumer cameras there is a main wheel that controls the modes of the camera. There are only four modes. They are program, aperture priority, shutter priority and manual. Anything else is what we call a sub mode.

In program mode the camera picks what it thinks is the best shutter speed, and aperture combination. The sub mode for this would be automatic or the green button, in which the

camera picks everything including whether to use the flash or not. In using this button you have taken your very expensive SLR and turned it into an expensive point and shoot camera.

In shutter priority (S on Nikons Tv on Canons, which stand for time value and not that you can hook it up to your TV) you pick the shutter speed and the camera will pick out the aperture setting. The sub modes for this setting are sports or slow settings.

In aperture priority the camera will pick the shutter speed after you have picked the aperture setting. The sub modes for this would be portrait, landscape and close up.

Manual mode means just what it says, everything is set manually - shutter speed and aperture. This is the mode where your creativity can emerge.

Each mode will take the exposure setting that your camera meter has calculated and do different things with it. All modes will take into account this reading and either help make decisions or, in the case of manual, it will give you suggested settings.

My recommendation is that if you are in a situation that can never be repeated or would be hard to repeat, first shoot with the cameras recommended settings, then, if you have time, experiment. Only play with the manual settings if you are just actually playing. If you aren't sure how to read the meta data of the file you've created then write down the settings for each image you make. That way you can start to understand how the settings affect the picture.

So from now on, start to turn with the wheels on your camera on a regular basis and play. Until next month, happy shooting.

This months crossword puzzle brought to you by the fine people at Bob Paterson Homes.

15

13 Henry VII stood for it - and vice versa (5,4)

15 Ostentatious dignitary is reserving love for the higher placed of the two Europeans (9)

16 Once more use fruit that's no good (2-6)

18 Swindling cartel includes a politician (7)

20 Article - one of five - on God by Italian philosopher

21 Inert metal principally extracted with nitrogen (6) 22 See 11

23 I'm stoned, man - that's not right (5)



24 25 26

18

10

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21





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ACROSS

1 Axes elm, possibly, to obtain woody tissue (5)

4 Wise guy runs story during interminable strike (5,4)

9 The Italian general is set back by information deficit ultimately - that's careless (9)

10 Wine producing region prepared for unfavourable weather? (5)

11, 22 dn I hope inn's cooking with some quality ingredients - thus observing this motto

(4,4,3,3,1,5)

12 Powerful drug needed by hospital department (6) 14 Going hungry around Spain? Far from it (8)

17 Approved translation of Norse Edda mostly (8)

19 One has to go through the wardrobe to locate it (6)

panying wife to old road

at all times (9) 27 One is required from the stage designer - and then

1 Will she get cross with husband that is very quietly engaged digesting a set of books? (9)

2 Stone has a new record at No 1 (5)

by one in German city(7)

seizure (3.3)

6 Birds - cat's eating one of them (7)

13

7 Reportedly was short of an empty container for milk production? (9)

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14

16



X-Word Puzzle 22 Travelling bag accommotel, perhaps (11,4) 24 I complain about her (5) 11 25 Slow scoring? (9)

12

17

22

26 Never failing to be naive

again, not! (5)

DOWN

3 Pottery made originally

4 Have a mind to observe

5 As describes quite new pieces in collection? Yes and no (8)



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