

The background of the entire cover is a photograph of an air show. In the upper half, several jets fly in a formation, leaving long, parallel white smoke trails against a blue sky with scattered white clouds. In the lower half, a large crowd of people is seen from behind, sitting on the grass and watching the event. A dense line of evergreen trees is visible in the distance.

the stew

ISSUE 4.5 | AUGUST 2013 | **FREE**

the Passing the Torch issue

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hear

Why don't you tell us what your favourite issues of The Stew Magazine were from Todd and Juli's three years in the drivers' seat? Email us at aboutface@wlake.com



On the Cover:

This month's cover photo of Skyfest comes to us courtesy of Gord Perry, a long time award winning photographer from Quesnel. Gord has also published a photo book of Quesnel entitled "Quesnel The Beautiful, My Hometown" which is one sale at various locations around Quesnel.

Picking the best of the best of the best

BY TODD SULLIVAN
THE STEW MAGAZINE

Asking me to try to pick my favourite issues of The Stew is a bit like asking a parent to choose their favourite child. Except for the fact that past issues of The Stew aren't sentient, and so I won't hurt their feelings if certain issues don't get singled out.

Seriously, though, trying to figure out the top issues of the past three years was a challenge, but I've never been one to run from a challenge, so here they are, in the order they appeared.

1. The First Issue (October 2010): Well, obviously the first issue was one of my favourite issues. It was the issue that we finally said, "Hey, look at this crazy thing that we're trying to do over here!" while hoping that we wouldn't completely lose our shirts. But beyond that, I'm a really big fan of our initial feature story. If there is one memory from The Stew that I cherish to this day, it was the opportunity to go ghost hunting in Barkerville. Awesome!

2. The Booze Issue (March 2011): Speaking of stories that were fun to do, what's better than being able to greenlight your own story idea about chronicling a local pub-crawl in celebration of St. Patrick's Day? Juli and I took to the road and hit up a handful of local watering



holes, taste-testing a variety of concoctions and chatting with all the friendly staff. We also featured a chilling recipe for something called "Peaches Wine".

3. The April Fool's Issue (April 2011): One of the reasons that Juli and I started The Stew Magazine is that we wanted to be able to make terrible decisions without having anyone standing in our way, such writing a story filled with nothing but lies for the April Fool's issue. I'm not sure how many people were fooled, but it was likely the least amount of research I ever did for a story.

4. The Conspiracy Issue (June 2011): AKA The Guest Editor's Issue, this was the issue where we allowed our good friend (and future poetry editor) Laura Kelsey decide the editorial direction for the month and write the feature story. While The Guest Editor's Issue was an idea we'd had for awhile (and something we wanted to continue each summer), there was a practical reason to lighten our workload during that period — Juli was giving birth to our daughter, Morrigan, whose photo appeared in this very issue for the first time.

5. The Political Issue (November 2011): With

a civic election at our doorstep, we decided to try our hand at some political coverage, asking the sorts of questions we didn't think anyone else would be asking — the sorts of questions that seemed relevant to our demographic. Let the newspapers get at the "newsy" questions, we'll try something a bit different. I still don't know if our experiment in political content was a success or failure, but I'm ultimately glad we tried it.

6. The Polyamory Issue (February 2012): In celebration of Valentine's Day, nothing says love like lots of love. Our original plan for this month was to produce "The Swingers Issue" but we had a hard time finding anyone who wanted to go on the record about that lifestyle. Looking back now, I think covering polyamory was probably a better choice, so I have no regrets about the lost story-that-could-have-been.

7. The Daddy Issue (June 2012): I'm a stay-at-home dad. My brother, who's pictured on the front of this issue with his little girl Kenzie, spent a lot of years as a single-dad. In honour of Father's Day, we wanted to honour the dads who live a little outside the norm, working hard in roles that were maybe a little untraditional.

8. The Local Music Issue (July 2012): We love any excuse to put the spotlight on local talents, and in this issue we looked at some of our favourite local music talents including Oren Barter, Laura Kelsey, and Doug Koyama.

9. The Local Lit Issue (August 2012): We followed up our look at local musicians with a look at local writers. We printed stories, poetry, book excerpts, just about anything we could get our hands on, from some local voices like Sage Birchwater, Susan Smith-Josephy, and Jazmyn Douillard.

10. The End of the World Issue (December 2012): The world didn't end when everyone said it was going to, but we were prepared to close out 2012 with a bang with our End of the World Issue. A look back on the many (failed) predictions that had called for the world's end over the years gave us a perfect way to prepare ourselves for yet another disappointing apocalypse.

Of course, this is just a handful of our favourite issues, and there's lots of good content out there from the last three years, and we have it on good authority that there is plenty of good content still on its way.

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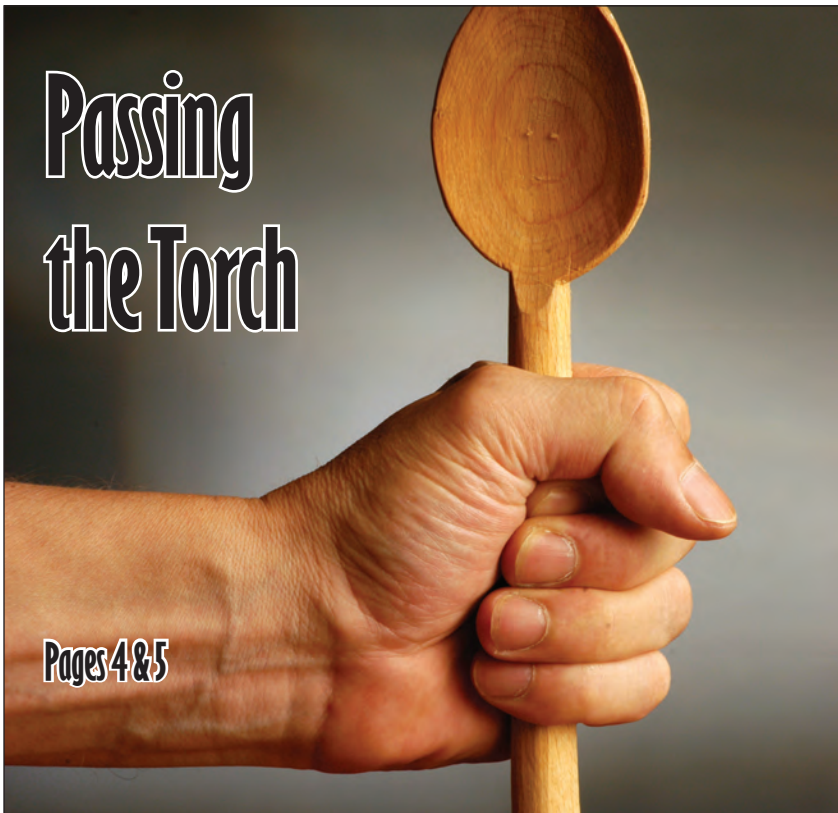
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ingredients



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Amount Per Serving

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% Daily Value*

Goodbye Todd and Juli step away from the reigns of The Stew Magazine and say goodbye.

Hello You know what they say, whenever one door closes, another opens. Welcome aboard Craig and Christa Smith, the new owners of The Stew.

Ingredients (or things that helped us get through the last month): Patience; Seriously, a lot of patience; we weren't even sure that this issue was going to be coming until quite recently; caffeine; liquor; the terrifying and exciting feeling of handing the keys to your baby over to someone else; embracing new adventures, whether for Todd and Juli in Kamloops or for Craig and Christa in taking over The Stew Magazine; video calls with your significant other and toddler who are in a different city; occasional visits with your significant other and toddler when you happen to be briefly in the same city; junk food; cheap thin crust pizzas; knowing that you're leaving your magazine in the hands of exactly the right people to make sure it keeps going on strong; knowing that all of the fans of your magazine will be sure to continue to embrace what's in store for that dream project in the months and years to come

The best
of the best
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street market struggles
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Haines



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the
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MAGAZINE

Question of the Month

What is your favourite
memory of working with
Todd or Juli on The Stew?
Send your answers to
letters@thestew.ca



Todd Sullivan todd@thestew.ca
publisher / editor-in-chief

"Every moment of this experience has been awesome, but if I had to pick just one, it would be that moment when we sent the very first issue to press, looked at each other, and said, 'Okay, I guess we're doing this.' What an adventure it's been. Thanks for the ride, everyone!"



Juli Harland juli@thestew.ca
sales manager / executive editor



Angela Shephard angela@thestew.ca
fine frugality (crafters beat)



Jamie Horsley tonesoup@thestew.ca
tone soup (music beat)

I love the encouragement and positive feedback that I've gotten from them, and the free reign to do pretty much whatever the hell I want with my column. I would like to thank them for the opportunity and experience they've given me through the last 3 years. I'm sad to see them go.



Carol Davidson stir@thestew.ca
stir (health beat)



Torrey Owen torrey@thestew.ca
In My Shoes (city beat)



Natasha Peeman hairdooz@telus.net
beautydooz (health & beauty beat)



Terri Smith roads.end.csa@gmail.com
Eating Local (food beat)

"My favourite memory that's fit to print is when Todd edited my too-angry, I-should-have-calmed-down-before-I-sent-that article regarding the Oliver Street Market's new location. Thanks to this great editor I am not facing any lawsuits and only pissed off some of the readers."



Michael Jones jjonesmii@yahoo.com
One Seoul Searching (overseas beat)

"The best part of working with The Stew crew has been the simple opportunity of it all. I feel grateful to both Todd and Juli for the opportunity to be a part of their Stewish mix. It's been great. I hope to continue my sporadic contributions in the months to come."



Laura Kelsey laura@wordsmore.com
Poetry Editor

"There were many, like filling in when Morrigan made her Earthly debut or finding myself on the cover. Here's to The Stew staying strong and independent!"

THE STEW Magazine is an independently owned and operated monthly arts and lifestyle magazine published in the Cariboo Chilcotin. All information contained in this magazine is correct, to our best knowledge, as of press time. Opinions expressed by correspondents and contributors are not necessarily those of THE STEW or its employees. We reserve the right to edit letters to the editor for grammar, punctuation, content, or length. All letters must be signed by the author. THE STEW Magazine accepts no responsibility for correctness beyond the amount paid for that portion of advertising space occupied by the incorrect item. We reserve the right to refuse any advertising or editorials submission which we believe to be inconsistent with the philosophy of this publication.

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As sad as they are to be leaving this project behind, both Todd and Juli are excited to see what The Stew becomes in the months and years ahead.

PASSING THE TORCH

(or the spoon, as the case may be)

BY TODD SULLIVAN
THE STEW MAGAZINE

"The reports of my death have been greatly exaggerated."

— Mark Twain

* * *

I'm pleased to announce that The Stew Magazine, and the fine folks who bring it to you each and every month, are not, in fact, dead. We've been a bit under the radar, yes, and some folks might have been wondering where we were hiding, but let this issue, and these words, be all the proof you need that, indeed, the reports of our death were greatly exaggerated.

To be fair, I'm not sure if anyone was reporting our death, per se, but this did provide a good opportunity for a Mark Twain quote, and if there's one thing I've learned over the years, take every opportunity you can to quote from Twain. The man was awesome.

This approach also gave me the opportunity to dive straight onto the topic most of you are probably wondering about, which is this: Where the heck have we been?

Well, the short answer is that life got kind of complicated, but now we're back. Awesome!

If you want a slightly longer answer, well, here we go.

flavour of the month

Juli was pregnant with Morrigan at the time that picture was taken, and she was careful to make sure that everyone knew that I was the only one having a celebratory drink.

At the beginning of June, Juli (my partner in all things awesome, including this magazine) was offered a job selling Kias in Kamloops. This offer came following a period where the two of us were wondering what the next phase in life might bring. We weren't actively searching for a route that would take us out of Williams Lake, or a reason to ditch this magazine, and in fact many of the plans we were considering were plans that would let us stick things out with *this* project.

But when the Kamloops offer came in, things changed.

We talked about it, a *lot*, and after all that talking we realised that making a move in that direction was the best thing, not only for us, but for our family, particularly our little girl Morrigan. She turned two-years-old in May, and she's been talking like crazy, learning new words every single day (including, probably, some words she shouldn't be learning, thanks mostly to daddy). And it was because of her, and because of the wealth of opportunity for a growing mind that would exist in a center like Kamloops, that we decided we'd be crazy not to take the opportunity.

Of course, that left things a bit up in the air over here at The Stew Magazine. Neither Juli or I wanted to just close the doors, but we knew it would be next to impossible to try to produce a monthly arts and lifestyle magazine serving the Cariboo from three hours away. So the only answer that seemed reasonable was to find someone who'd be willing to take this whole enterprise over.

We spent a few months looking around, considering our options carefully. To Juli and me, this wasn't just a business. This was our family. Something we did together, from home. Someplace where we'd print baby pictures or share photos of our silly goings-on (like that time I tried eating one of those horrible Double Down things from KFC, which, ew...). It was a bit like trying to find the right person to adopt one of our children.

We talked to a few different people in our search, and while everyone we approached would have been a good fit, I like to think that Craig and Christa Smith will make a fine



THAT WAS THEN, THIS IS NOW ► On October 5, 2010 Todd Sullivan and Juli Harland sent the first issue of The Stew Magazine to press. This is what they looked like on that very day. Now they congratulate Craig and Christa Smith as the new owners, and wish them all the best with the magazine in the years to come.

home for The Stew Magazine amongst their host of other businesses, all locally grown, just like this one.

"We don't see the addition of The Stew to our businesses as more work but rather a balance to our work with recreation, art, and fun," Craig and Christa explained about their decision to acquire this magazine. "Our deep passion for the area and all it has to offer was a driving force in wanting to continue The Stew.

"Arts, entertainment, leisure and recreation are a big part of what brings joy and balance to our lives and we wanted to share that. Our vision for The Stew is to provide information about what life has to offer and what there is to do. We want to connect with a huge variety of leisure styles so that no matter what you like there will be something for you in The Stew.

"We want everyone to be able to experience what the area has to offer."

And if there's any doubt that Craig and Christa share the exact same kind of outlook on things as we do, let this alleviate that: "Life is too short to not get out and enjoy what makes you happy as well as try new things. This is going to be a really exciting venture and we can't wait to get started."

* * *

So even as Craig and Christa are trying something new with this magazine, Juli and I will soon be off trying something new in Kamloops. And as we leave The Stew behind (well, officially at least — I'll still be hanging around for awhile in some unofficial capacities, but I'll talk more about that another time), I certainly don't want to be making any prom-

ises about what it's going to become, either next month, a year from now, or even years down the road. That's not up to me any more (and I've heard some of the thoughts that Craig has going forward, and I know that this magazine is in good hands).

What do I want to talk about is what I wanted this magazine to be when I started it.

I got started in this business thanks to a guy named Darcy Hadden, who some of you might remember. He started the High Country Advertiser almost 25 years ago (which eventually morphed into the Williams Lake Advocate before it closed its doors), and more recently was the man who originally breathed life into the Cariboo Advisor.

He hired me as a junior reporter when I was right out of high school, and when that

gig didn't work out for me so well, he offered me a job doing his computer design and layout when I didn't know a damn thing about personal computers.

I'd love to be able to tell you one of those stories about how he was this wise old hippie who somehow saw something in me, some kind of potential, that no one else did, and that he was willing to work to squeeze that potential out of me. But, really, I think he just saw someone who could get the job done on time without demanding much money.

But even though the paychecks were often late or small, and even though the working conditions were sometimes terrible, the one thing I always respected about Darcy was his passion, and his belief that you could build a true, independent, community voice. He did, a few different times.

And, I think, so did we.

* * *

I'm not sure if it was a good idea to start a magazine during a period when everyone is essentially predicting the death of print media. We managed to pull it off, but it was probably a little bit harder than it would have been ten or even twenty years ago.

But even if print is dying, the desire to create an independent local voice will never die. If there's someone out there, right now, or five years from now, or ten, who wants to create his own "newspaper", does he really need paper, or does he just need passion? Does he need to know what it feels like to have printer's ink on his fingers from delivering his product door to door? Or is it enough that he puts a product, some kind of product, together, and shares it with people.

More than anything else, when we started The Stew Magazine, we wanted to be able to say, "Hey, this is our voice. We hope you want to listen." And I hope that's something that will never die. That there will always be some way for determined voices to be heard, whether on paper, on the Internet, or sent in some fantastic, futuristic way we haven't even dreamt of yet.

Thanks for listening to this voice. We hope you enjoy listening to the next one just as much.

hespeak

Passing the torch of The Stew Magazine

BY TODD SULLIVAN
THE STEW MAGAZINE

I sometimes wonder how my life would have gone if I hadn't ended up working in the publishing industry.

It wasn't by design; not really. I wanted to be a writer, yes, but I was planning more on being a novelist than a newspaper guy. So when I took a part time job at the age of 16 as a junior reporter, it was just supposed to be something that I'd do for a few months in the summer. I never expected that it would turn into a career, and dominate more than 20 years of my life.

That's what it did, though. And now, 23 years

since I took that first job at that first newspaper, I'm stepping away for the first time to do... well, God knows what, really.

The reason I wonder where my life would have gone if I hadn't ended up working in the publishing industry is because I'm pretty sure it wouldn't have been *anything* like what it ended up being. I didn't really have any concrete plans going into the future. If I had gone to university, I have no idea what it would have been for, or what sort of job that degree would have prepared me for, where that job would have taken me, who I would have met, or where my life would be at 23 years later.

If I had just picked a different job for those summer months just after high school, I would be in a completely different place today. It's sort of hard to fathom.

I wonder how many of us have moments like that, tiny moments, that seem insignificant at the time, and yet send us spiralling off in a completely different direction in life. I guess that's what they're referring to when they refer to the Butterfly Effect, this idea that the tiny, gentle flapping of a butterfly's wings can, over time, eventually cause a massive, devastating hurricane.

Surely it happens all the time. What's special, I guess, are those moments

when you can actually look back and remember the moment when the butterfly flapped his wings.

And it's because of that butterfly that I'm sitting here today, writing this editorial, saying goodbye to all of you. This issue that you hold in your hands is my farewell. Craig and Christa Smith have bought The Stew and will be continuing to serve the Cariboo with the finest arts and culture magazine you could hope for.

I'm flattered that Juli and I were able to build something like this, and build it well enough that people would want to keep it going when it was time for us to walk away, and I'm very excited to leave

it in the hands of another independent, community-minded business owner. I can't think of anyone better qualified to steer this magazine into the future than Craig and Christa.

As always, I'd like to thank all of you for your time and your attention, for your willingness to embrace this product and make our monthly escapades a part of your life. You're the ones that made all of this worthwhile. Always remember that.

Lastly, while I may be gone, I hope not to be forgotten. As long as there's a Stew, you'll be able to reach me at todd@thestew.ca. I hope to hear from you.

todd@thestew.ca



SPEAK

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Chasing dreams and reaching for the stars

BY JULI HARLAND
THE STEW MAGAZINE

I am a firm believer in following your dreams, reaching for the stars, and doing things for the experience that it brings. That's why, three years ago, when Todd and I decided to drop everything and start *The Stew Magazine*, I was all in! It was scary; it was exciting; it was completely life-altering. *The Stew* allowed us to stay home with our new baby. It gave us the opportunity to create something we could be

proud of and look forward to every day. It allowed us to bring a dream to life.

The Stew Magazine literally changed our lives.

I am so proud of our little publication. And I am honored to have had the opportunity to meet so many fantastic people, see so many amazing things, and learn so much about the Cariboo-Chilcotin's artistic side that is, thankfully (and hopefully in part due to *The Stew*), coming out into the forefront of the area where it can be celebrated and appreciated.

And, even more importantly, shared.

I've had so many highlights over the past few years: Checking out that great cabin, off season, out by Likely; riding in the Tour de Cariboo when my ass had no right to be on a bike for that long; chasing ghosts in Barkerville; talking with the wild women from out West; ArtsWells; the MoM Fest; Arts on the Fly... pretty much the entirety of festival season... but the best and most memorable part of the last few years is, by far,

the people.

I have made so many life-long friends through this journey. I have been allowed in your lives, and have shared my experiences with you, and I am a better person for having done so. I have been enriched, have learned lessons, and have known true community. Thank you, so very much. From the bottom of my heart. Thank you.

And now it is time for new adventures, new dreams to be chased, and new lessons to be learned!

It is with great joy that I, along with Todd, hand the reigns of *The Stew* over to Craig and Christa. I know the ride they are in for, and I know the love that you will share with them, and I am thrilled for what is in store for them.

Be wild, readers! Grab your dreams by the horns and ride them as far as you can! Throw caution to the wind on a regular basis. Think big. It really is all about the journey. Take your step, whatever it may be. And may our paths cross again along the way.

shespeak

COLT HOGH PHOTO

PASSING THE TORCH ► With this symbolic gesture, Todd Sullivan passes the reigns of The Stew magazine to new owners Craig and Christa Smith.



**Your guide to
where to go and
what to do for
the month of
August**

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BACKSTAGE CHAOS ▶ The cast and crew of the Williams Lake Studio Theatre's production of *Closer* prepared to bring the show to the stage a final time in Kersley during the Central Interior Zone Theatre Festival in May.

TODD SULLIVAN PHOTO



August 6 – September 7th | Art Walk downtown Williams

Lake | Art Walk starts at Aboutface Photography, get your map and book there.

August 9-11th | 9am – 7pm | Mcleese Lake Community Hall, Cariboo Chilcotin Metis Association Summer Music Festival. Saturday Potluck, Camping available, and admission is by donation | Contact Arnold Lucier 250-398-8988.

August 10th | 8:30am-4:30pm | Barkerville | Canadian National Gold Panning Championships. Barkerville's special event, celebrating Billy

Barker's legendary strike and beginning of Cariboo's Gold Rush. Gold Panning, games, activities, prizes and more.

August 10th | 9am-2pm | Quesnel | 5TH Annual Amazing Race. Be part of an amazing day of fun and adventure. Help the Canadian Cancer Society and Quesnel Hospice Palliative Care. 2 people per team, minimum 16 years old. \$200 per team and bring a digital camera.

August 11th | 11am-6pm | Xatsull Heritage Village | August Cel-

ebration, 2nd Annual Cultural Event. Arts and Crafts, lunch, performances, tours and workshops. Pit cooking demo and dinner. Admission is by donation. Contact Miriam 250-989-2311.

August 15, 22, 29th | 6-8pm | Boitanio Park | Performances in the park, admission is free. Every Thursday come watch different artists from around the area.

August 15th | 6pm-9pm | West Quesnel Night market at the Baker Creek Park.

August 15-16th | 9pm | Boitanio Park | Fresh Air Films Outdoor Movies. "Epic" animated.

August 16, 23, 30th | 9am-2pm | Boitanio Park | Williams Lake Farmers Market. To become a vendor or busker call Donny at 250-392-3577.

August 16, 23, 30th | 8:30am-1:30pm | 100 Mile Community Hall | South Cariboo Farmers Market.

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the
stew
MAGAZINE

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play



August 16, 23, 30th | 4-9pm | Oliver Street Market, all members must make, bake, grow or otherwise produce what they sell. Contact Terri 250-296-4409.

August 16th | 11am-2pm | Williams Lake

and District Credit Union | Cops for Cancer BBQ, come down and support your local cops and their efforts to raise money for cancer research. Contact Elaine Sager at 250-398-9298.

August 18th | 9am | Centennial Park, 100 Mile House | Be a Kidney Hero, Join the 2013 Kidney Walk organized by the Kidney Foundation of Canada. Fun events with entertainment and refreshments for participants.

Contact 1-604-736-9775 ext. 228.

August 18th | 10am-4pm | Interlake's Hall, 7592 Hwy 24 at E. Sheridan Rd. | The 56th Bridge Lake Fair, there will be chainsaws, dancing, music and much more. Adults \$2.00, Seniors and Students \$1.00. Children under 5 free.

August 20th | 8pm-10pm | Scout Island Williams Lake | Scout Island will be holding a healthy by nature evening called "Night Life at Scout Island." Bats, Beaters, and Bugs. Learn about the wildlife at Scout Island and their active nightlife then see and hear them in action. Bring a flashlight that shines RED.

August 24th | 12pm | Barkerville | Mid Autumn Moon Festival | Traditional Chinese celebration honors Barkerville's Chinese Heritage with activities all day, entertainment in the evenings with lantern parade at dusk. Contact 1-888-994-3332.

August 24th | 100 Mile Baseball Diamonds | Agility Competition at Lumberman's Park. Spectators welcome, bring your own chair. Contact Roxanne 250-791-7330.

August 24-25th | Lac La Hache | 2013 South Cariboo Garlic Festival

at the Garlic Festival Grounds. Live entertainment, food and much more. Admission is \$5 includes both days. Children under 12 are FREE. Contact 250-392-5025.

August 25th | 10am | Williams Lake Kidney

Walk, 1st Annual Kidney Walk in Williams Lake. Come out and support the Kidney Foundation of Canada. Fun events with entertainment and refreshments for participants. 9am Registration and Event Starts at 10am.



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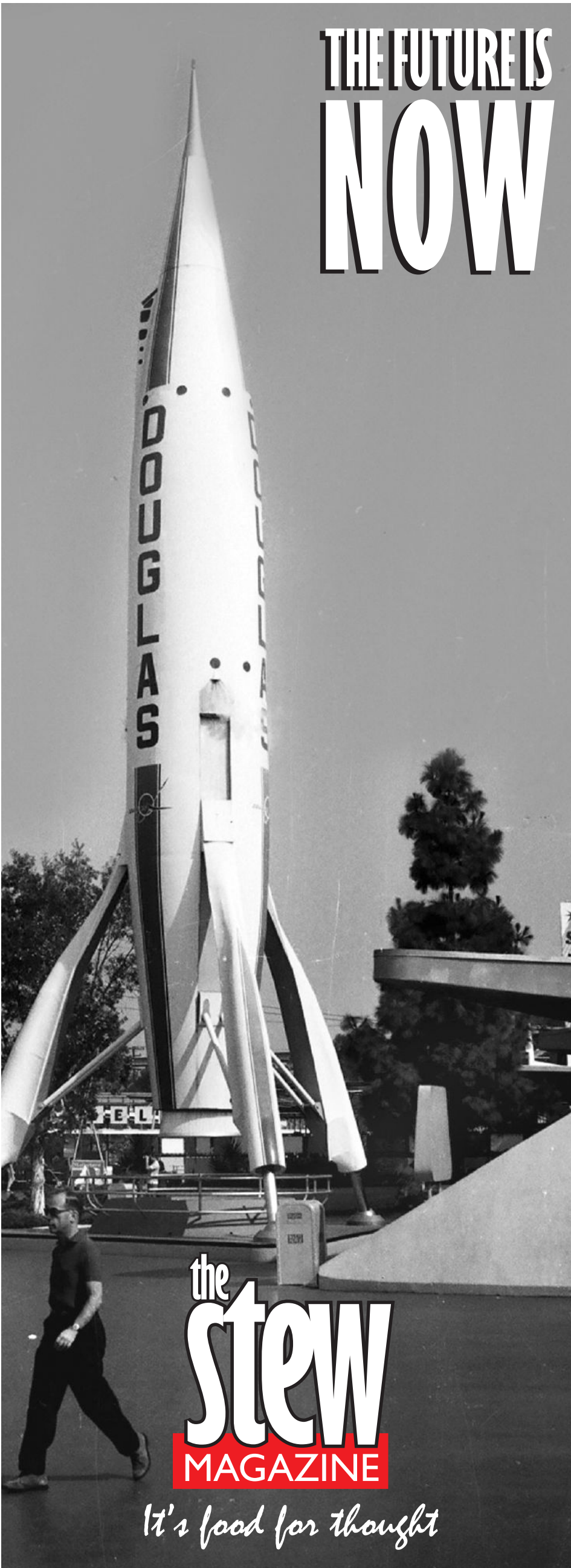
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Adventures In Zambezia	6-Aug	DTV
Battlestar Galactica 35th Anniversary Blu-ray	6-Aug	DTV
Dora the Explorer - Rootin` Tootin` Wild West	6-Aug	DTV
Gallowwalkers	6-Aug	DTV
Ginger And Rosa	6-Aug	DTV
Magic Magic	6-Aug	DTV
Oblivion	6-Aug	\$90
On The Road	6-Aug	<\$1
Place Beyond The Pines, The	6-Aug	\$21
Sapphires, The	6-Aug	\$2
Storage 24	6-Aug	DTV
To The Wonder	6-Aug	<\$1
Tom and Jerry's Giant Adventure	6-Aug	DTV
West Of Memphis	6-Aug	<\$1
Angels' Share, The	13-Aug	DTV
Big Wedding, The	13-Aug	\$22
Company You Keep, The	13-Aug	\$5
Compulsion	13-Aug	DTV
Hot Flashes, The	13-Aug	DTV
Liberal Arts	13-Aug	DTV
Olympus Has Fallen	13-Aug	\$98
Amour	20-Aug	\$6
Boardwalk Empire Season 3	20-Aug	MTV
Donkey Kong Country	20-Aug	MTV
Emperor, The	20-Aug	\$3
Epic	20-Aug	\$125
Firelight	20-Aug	DTV
Hatchet 3	20-Aug	DTV
Killing Season	20-Aug	DTV
No One Lives	20-Aug	MTV
Rapture-Palooza	20-Aug	<\$1
Revolution	20-Aug	<\$1
Scary Movie 5	20-Aug	\$31
Scooby-Doo! Stage Fright	20-Aug	DTV
Solomon Kane	20-Aug	DTV
What Maisie Knew	20-Aug	<\$1
1939 Battle of Westerplatte	27-Aug	DTV
Among Friends	27-Aug	DTV
At Any Price	27-Aug	<\$1
Barbie Mariposa & the Fairy Princess	27-Aug	DTV
Colony, The	27-Aug	<\$1
Great Gatsby, The	27-Aug	\$138
Kon-Tiki	27-Aug	<\$1
Mud	27-Aug	\$20
Pain & Gain	27-Aug	\$49
Shadow Dancer	27-Aug	<\$1
Sons Of Anarchy Season 5	27-Aug	MTV
Still Mine	27-Aug	<\$1
Street Wars	27-Aug	DTV
Super Buddies	27-Aug	DTV

you.speak

We just wish everyone would get along.

StewSpots

Looking to get your copy on the latest edition of THE STEW Magazine? We're available for pickup in a variety of places around the Cariboo Chilcotin. Please remember that this list is always evolving, and we're always looking for new places that our magazine can call home, so if you know of someplace that you think should be a drop-off point for THE STEW, or if you own a business and you'd like to have a few copies of our magazine on your shelves, plus let us know. You can reach us by email at aboutface@wlake.com.

Locations listed in alphabetical order

100 MILE HOUSE

99 Mile Supermarket
A&W
Alpine Deli & Sub Shop
Chartreuse Moose
Chevron
CRD Library
Dairy Queen
Donex
Higher Ground Natural Foods
KFC
Lone Butte General Store
Marcel's Boulevard Cafe
Nuthatch Book Store
Parinos
Parkside Art Gallery
Pharmasave
Safeway
Save-On Foods
Smitty's
Subway
Tim Hortons
Velda's Pastries & Desserts
Visitor Centre
Yummers

150 MILE HOUSE

150 Mile Mall
Marshall's Store

IN LAC LA HACHE

Fast Trac Gas and Convenience Store
Clancy's Restaurant

IN WILLIAMS LAKE

7-Eleven
A&W
Alley Katz
Bean Counter
Canadian Tire
Canwest Propane
Cariboo Growers
Cariboo Memorial Complex
Cariboo Spring
CRD Library (Magazine & News Section)
Central Cariboo Arts & Culture Center
Concrete Fitness
Cool Clean Water
Dairy Queen
Dandelion Living
Denny's Restaurant
Dollar Dollar
Blaine's Natural Foods
The Gecko Tree
Greyhound
Good Guys Gardening
Halls Organics
Hobbit House
Husky
Karama's
LD's Cafe
M&M Meat Shop
McDonald's
Mohawk
Mountview Store
Movies on the Go
NewWorld Cafe
One More Slice
The Open Book
The Overlander Hotel
Quiznos
Red Shreds
Safeway
Sandman Inn
Save On Foods
Shell
Shopper's Drug Mart
Sight and Sound
Starbucks
Station House Gallery
Subway (at Prosperity ridge)
Subway (on the Highway)
Tim Horton's
Tourism Info Centre
Two Doors Down
TRU
WLCBIA
Women's Contact Society

IN QUESNEL

7-Eleven (on the Highway)
7-Eleven (in West Quesnel)
A&W
Aroma Foods
Billy Barker Hotel & Casino
Bliss
Burger Palace
Carry-All Books
Granville's Coffee
Green Tree Health & Wellness
Karin's Deli
Mac's
Museum & Tourist Centre
Pier 14
Quiznos
Riverside Bistro (West Park Mall)
Safeway
Save On Foods
Shopper's Drug Mart
Steeped
Subway
Super Suds Laundromat
Tim Horton's (on the Highway)
Tim Horton's (Downtown)

Compelled to reply to street market struggles

My name is Argentino (Archie) DiCecco, I have been the owner of Trattoria Pasta Shoppe on South First Avenue for nearly 16 years, something that I am very proud of. Through a lot of hard but determined effort the restaurant is a success.

A few months back I was approached by an individual representing the Oliver Street Market (OSM) at my establishment. I was asked about a closure of South First Avenue on Fridays between the hours of 4 p.m. and 9 p.m. for the market to set up for, I believe, the whole summer (up to October, 2013).

The OSM was looking for the existing merchants to give their approval. I had told the person that I was not in favour of the closure. I have a very loyal customer base that enjoys a Friday evening dinner at my restaurant and cutting off access to the entrance could have a negative effect. I did mention a possible option, but that was met with a quick, "We need power to operate."

It was obvious that this person was not at all interested in my concerns. The presentation was a very poor one. She did not have any material to show their plans, and no information on what type of vendors



I feel that we are all creating a potential negative feel to our area, so please, let's find a solution without the damaging remarks by certain individuals to our concerns. We need a healthy attitude to keep our downtown area a positive shopping experience for everyone, not just for a select group of consumers.

would be conducting their business. But I digress.

Some of my weekly regular customers do require assistance in some capacity (ie. wheelchair, walker, canes), and I am certain that they would dine somewhere else when they see that the avenue is closed off. I will not turn my back on these very consistent, loyal diners that have made the restaurant a success. Friday night diners are vital to the continued existence of my establishment and I can not risk a guaranteed income on a possible increase to volume of business.

I also want to thank all my customers for making the restaurant a success.

In the May, 2013 issue of The Stew, an article reported that a majority of the merchants were

in favour of the closure on the avenue. I took it upon myself to speak to my fellow merchants and to do my own research on this issue. The results were five in favour of the closure and five not in favour, with two who did not know any such issue was on the table.

Does this look like a majority to anyone? Please feel free to tell me so. It is quite disappointing that a venue shows interest in joining our downtown core but doesn't tell the real story.

Please don't get me wrong, a market in the downtown core is a good thing, but making a good first impression is crucial. To carry on that city staff is totally in favour of the closure is news to me. No one from the

city has approached any of us on the avenue that the closure would have a positive effect on our businesses. Thank goodness there was an informal discussion with the city and there is an agreement that a public consultation is most definitely needed to come to some option that would benefit everyone.

There are many other areas in the downtown core to have this venue (lots, lanes, empty buildings) become a thriving part of the neighbourhood. When an individual reacts the way this article reads, I must say it causes a great deal of concern. We deserve a fair say in what happens in front of our businesses, being there the whole year round through good and bad times.

Approving someone

to get access to shut down a whole street block for temporary use (about five months) is very unfair in my eyes. We have a clientele that comes to the area, and please, let's not think that any venue arriving on the scene would not profit from our dedication to remaining here for so long. We're talking years here and not just a few months here and there. I don't doubt for a second that some people would leave our locations and then go check out the venue nearby.

We pay our taxes and permits and have those dearly needed parking spots. Now we find out that a new venue will be given a possible "free" first season to operate on the avenue.

I feel that we are all creating a potential negative feel to our area, so please let's find a solution without the damaging remarks by certain individuals to our concerns. We need a healthy attitude to keep our downtown area a positive shopping experience for everyone, not just for a select group of consumers.

We have a lot going for us, let's keep it that way.

— Argentino (Archie)

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Trattoria Pasta Shoppe

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hear

Jimmy Eat World is probably best known for their song The Middle which is known to be a bit of an earworm.

Plenty of new music to catch up on

We're baa-aack! Hooray!

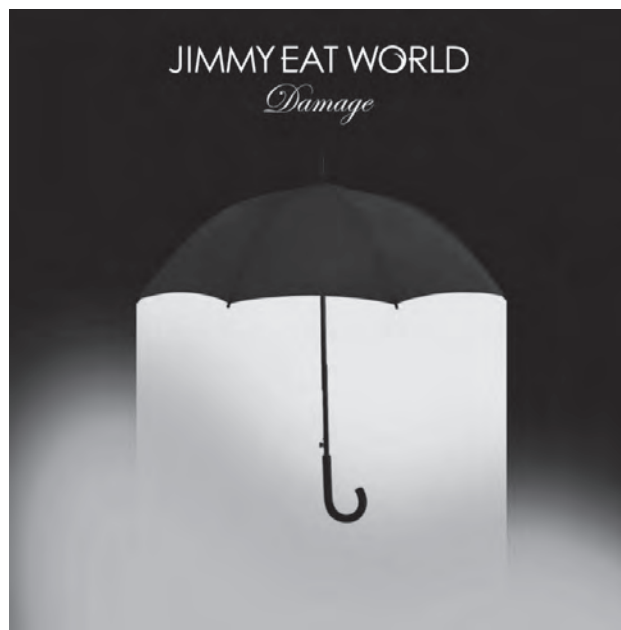
As you all know, we've been away for a while, and now we're back. And so suddenly that I hardly know what's going on. But I'm told to write. So I write. "Dance, monkey, dance!"

Anywho... There's lots to catch up on, so let's see what we've been missing over the last few months.

If you haven't heard **Jimmy Eat World's** new single 'I Will Steal You Back' you've been living under a rock for the last few months. The single was released in early April and is playing on a radio near you.

When I listened to the new album, **Damage**, I went, "Oohhh... thaat song..." Now every time I leave the house I notice it streaming out of retail establishments and blips of it as I zip past the modern rock radio station on the FM dial. No worries though; it's a great song! It's poppy, it's rockin', it's singable, it's upbeat, and it's a nice love song, right?

Uh, yeah but not that last one. This song is horribly depressing. The lyrics you might not be hearing in the chorus are: "How slowly we built the



walls / years they pile up / I will steal you back / funny how the smallest lie / might live a million times / I will steal you back." Ouch.

This whole album is like that. Press play and dance along with a happy little smile, or sit and really listen and try not to let any of it hit home too hard. But this is exactly what they were striving for. Frontman Jim Adkins says this about it: "I would describe it as an attempt at making an adult breakup record... I'm 37 and the world around me is a lot different than when I was writing breakup songs in my 20s." Well, good job then guys! I can't really imagine anyone not getting some enjoyment out of this

album. Give it a listen.

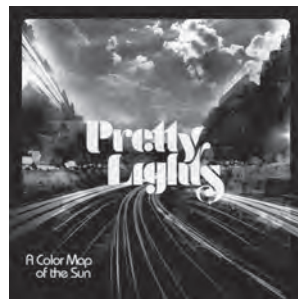
Last year Omar Rodríguez-López put his pet project, The Mars Volta, on hiatus and formed a new band, **Bosnian Rainbows**. A few months later it was announced that The Mars Volta was done.



Fans of The Mars Volta were not pleased, but Omar is happy to now be in a collaborative band rather than in control of an entire project. The band also includes Deantoni Parks (drummer from

The Mars Volta), Teri Gender Bender (Le Bucherettes) on vocals, and Nicci Kasper on keyboards.

Bosnian Rainbows' self-titled debut is pretty friggin' awesome. I feel no loss for the Volta and I will follow this band eagerly. Miss Gender Bender's deep breathy vocals make this slightly gothic, slightly experimental art rock almost perfect. Influences from Siouxsie And The Banshees and Yeah Yeah Yeahs can be heard and all the lyrics are dark and sad and mostly about death and loss. Fans of gothic post-punk art rockish stuff should definitely grab this album.



Pretty Lights has released another album of mildly dubstep infused, soulful triphop. I first discovered this guy when I was browsing through the artist lineup before Shambhala Music Festival last year and fell in love with a trilogy of EPs he released in 2010. His



music is full of organic sounds and samples, rather than throb-bing electronic noise. It's very easy listening EDM. Very groovy.

For **A Color Map Of The Sun** rather than borrow samples from wherever, he got a bunch of musicians together in a studio and recorded live sessions of music that he had composed. Then he had those live recordings pressed to vinyl and sampled from there.

As a second disc for the album he's put together a selection of cuts from the live studio sessions. This second disc is as good as the first. It's soulful and jazzy and makes you wanna move. The album as well as all of the rest of Pretty Lights' music is available for free download from prettylightsmusic.com but this music is so good you'll want to donate, which is encouraged. Fear not, you can also order the beautifully packaged 2-disc set directly from

the site as well.

Last year, somehow, **The Orb** released an album that completely slipped through my radar. That album was a collaboration with the reggae legend **Lee Scratch Perry**. They called it *The Orbserver In The Starhouse*. It would have continued to have gone unnoticed by me if it hadn't been for this June's release of its direct sequel, **More Tales From The Observatory**.



As an old fan of the ambient techno group from back in the 90s, I was excited to see a new album and, knowing they did a stellar job of their work with David Gilmour on *Metallic Spheres* a few years back, I was happy to see 'featuring Lee Scratch Perry' on the

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hear

The members of Gogol Bordello are currently suing frontman Eugene Hutz for breach of contract, breach of fiduciary duty, and unjust enrichment. They are seeking \$950,000 in damages.

cover. Right from the opening track, I was carried away to other places where I was not.

The opening track 'Fussball' gaily took me to watch children play football or kickball. During the next track, 'Africa,' everything that I knew about Africa coalesced into one beautiful five and a half minute dream. The entire first half of *More Tales From The Orbservervatory*, through 'Don't Rush I,' is everything I expected from this miraculous pairing of talent.

The second half is an instrumental version of the first half and is equally beautiful.

Sadly the preceding album, *The Orbserver In The Starhouse*, is not nearly as good. To save space and tears I'm not going to get into it. It is the past. This current release more than makes up for it.



David Lynch released an album so terrible I questioned my own memory of a reasonably interesting release from him just a year or so ago. It turns out that while David Lynch is a brilliant and amazing filmmaker,

“

It turns out that while David Lynch is a brilliant and amazing filmmaker, he's a terrible musician who had a small case of beginner's luck. His debut was "interesting" at best. It was at least an earnest attempt to experiment with a new media, and it produced some very cool and entertaining moments. This sophomore release is simply a bunch of bad songs.

he's a terrible musician who had a small case of beginners luck.

His debut was "interesting" at best. It was at least an earnest attempt to experiment with a new media, and it produced some very cool and entertaining moments. This sophomore release is simply a bunch of bad songs.

It could possibly be that he tries to sing too much in this album. I just can't take 50 minutes of David's whiny voice. But then, I can't stand Serj Tankian (System of a Down) either.

I think I get what he was going for, as the album is called *The Big Dream* and all the music is kind of slow and dreamy, but that just makes his voice stand out even more. It took a lot of effort

to listen to this album once through, and now these songs are getting skipped when they play on shuffle. This could be the first album I delete since Metallica and Lou Reed's *Lulu* collaboration.



Pura Vida Conspiracy is the brand new album from Gogol Bordello that almost everyone is calling their best yet. This album adds a little more Latin influence to the Eastern European "gypsy punk" sound that Gogol Bordello has perfected, and it

fits nicely. *Pura Vida Conspiracy* is less political than their previous albums and more about personal growth.

Frontman Eugene Hutz says, "It seems like pure life, which is pura vida in Spanish, is a conspiracy to people."

'Dig Deep Enough' is an upbeat, uplifting song about doing your best, never giving up and enjoying every moment. And there's a deep metaphor for life in "Name Your Ship" as the chorus says "it's the way you name your ship / that's the way it's gonna row."

This album is for everyone who loves life enough to party through the hard times. Bring your own vodka.

aboutface@wlake.com

THE STEW MAGAZINE'S Monthly MIX



These are the songs that rocked our world during the last 30 days

Todd Sullivan:

Frans Bak - 'Forbrydelsen (Neptun Mix)'
Nine Inch Nails - 'Came Back Haunted'
Willie Nelson - 'On The Road Again'

Jamie Horsley:

Mr. Oizo - 'Solid (feat. Marilyn Manson)'
The Tea Party - 'Coming Home'
Bosnian Rainbows - 'I Cry For You'

Terri Smith:

William Elliot Whitmore - 'Field Song'
William Elliot Whitmore - 'Let's Do Something Impossible'
Drum and Bell Tower - 'Bleed me Out'

Laura Kelsey

Nylithia - 'This Far, No Further'
Rykka - 'With Love in Woe'
Elektrochemie - 'Pleasure Seeker'

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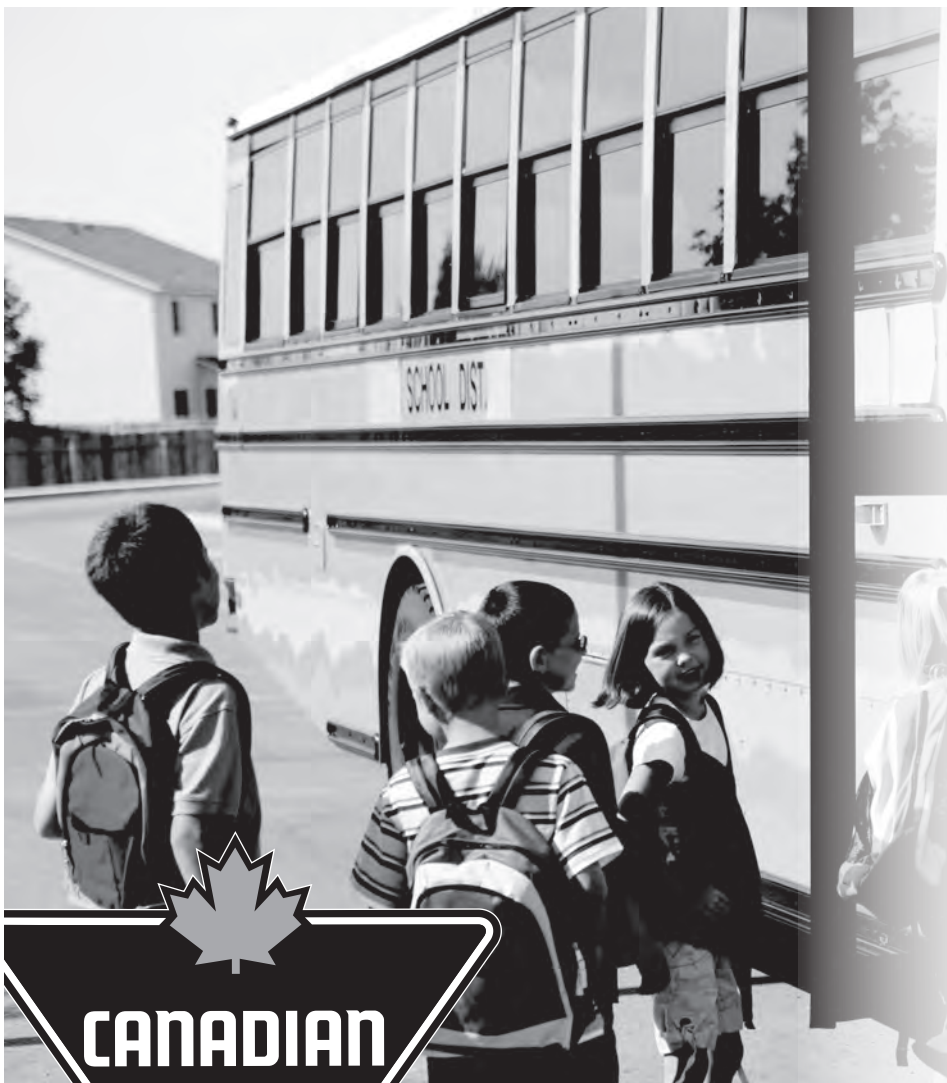
Ibrahim Honjo is an internationally known author and poet, whose poetry topics range from love to menace, from human images to shadows and from dreams to reality. His poetry is intense and poignant and it weaves beautifully perceptions, symbols, manifestations and sentiments.

YOU WILL OUTLAST ME

BY IBRAHIM HONJO:

You will outlive me
and it's a wonderful feeling
that somebody will live after me
as they did before me
it is an inevitable and unavoidable cycle
as the inevitable and unavoidable fact
that after that we will never meet
at this place
or elsewhere
but it does not matter
because everything revolves around its own death
what is here is important
these moments
how we live and experience them
how we share them
multiply
sum
and subtract
they are cosmic math
and space physics
they are atoms and molecules
of something that happened
that is happening
and that will happen
moments are really everything
that we ought to worry about
life no matter how long it is
is just one big moment
a large molecule
woven of many atoms
if we breathe attunement into it
we will have an attuned life
but it is a skill, right?
we can do it if we know
and knowledge is crippled

in ourselves
knowledge is easily breakable
easily torn down
in ourselves
because we don't know how to shake its hands of satisfaction
and fulfillment
because we don't know how to shape it
we release it into the abstract
attempting to tame it
and settle it into the desired shape
but the abstract does not go into patterns
nor in clichés
it goes into different directions
eating our lives like worms
putting us in hell
you will outlive me
but that part will remain
because we do not know how to step out of it
that is why mother nature provided the end
for all that is real and all that is abstract
and this is the end
and the place where we will all be equal
and all eternal
red roses that I gave to you as a present
on a rainy November night
colored with the flood of my boiling blood
can be discerned in the dark as shadows
reminiscent of the past
when they dry out they will seem like curdled blood
from my wounds
then you throw them in the city dump
where my blood will have red leaves
do not be afraid
it is an integral part of eternity



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Walk the walk downtown and enjoy the 2013 Artwalk

BY WILLIE DYE

Arty the Artwalker and Downtown Williams Lake welcome you to *The 2013 Artwalk & Sale*.

This year's *Artwalk & Sale* has grown. We have more artists, more merchants, more diversity of art, and more communities represented. We are excited to have 54 merchants and 64 artists.

The artists are from Quesnel, 100 Mile House, Bella Coola, Merritt, Kamloops, Horsefly, and Williams Lake.

New events include stop number 49, called 'Celebrity Self Portraits'. Three noteworthy citizens of Williams Lake have painted a likeness of themselves. Not only have these people become artists, their work will be auctioned off and the funds raised will go to the Child Development Centre.

Stop number 36 is a group of paintings by students of Columneetza who have put their work on display.

Please wander throughout downtown Williams Lake, get acquainted with the merchants, see the wonderful art, and get your passports stamped. If you collect 42

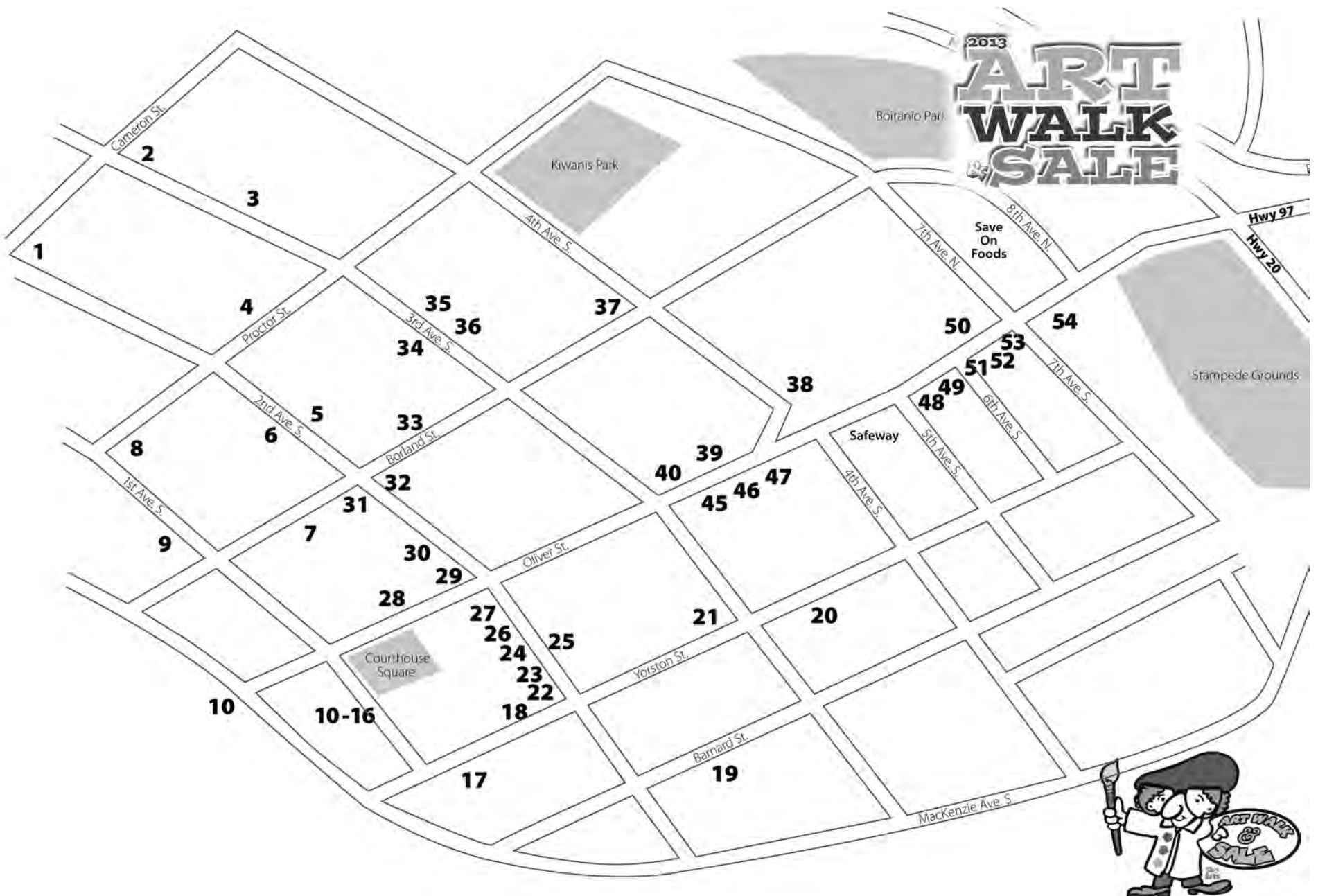
stamps you will be eligible to enter a draw for a fabulous trip for two to Sunpeaks. Along the way each merchant has a wonderful door prize — make sure you enter at each location.

We are very pleased to welcome Randy Moe back to the Artwalk. His art is displayed at Lake City Ford. In this collection you will find a 4' x 8' painting donated by Sheep Creek Developments, which is to be auctioned off, with the proceeds also going to the Child Development Center.

The best days to do the Artwalk are Tuesday to Friday. There are no statutory holidays and all of the merchants are open. Please check the artists bios for actual viewing hours.

Downtown Williams Lake is very proud to support The Arts and the Child Development Centre as well as the development of arts in Williams Lake.

Find out what happens in your area....
The OLD FASHIONED way



Williams Lake's 2013 ART WALK Show and Sale



- 1 Sikka Mcallem @ AboutFace and More
- 2 Randi Evans @ Johnston Meier Insurance
- 3 John Youds @ Sutton Cariboo Realty
- 4 Michelle Moore @ Rona
- 5 Beatrix Linde @ Taseko Gibraltar
- 6 Brian Garten @ Zone 4
- 7 Suzie Ambrose @ Investors Group
- 8 Joan Beck @ The Williams Lake Tribune
- 9 Jacob Gillespie @ Cariboo Dental Clinic
- 10 Laundry @ Station House Gallery
- 11 Liz Twan @ Frame Creations by Bruce
- 12 Don Gesinger @ Alexander Clothing Jewellery & Gifts
- 13 Tahirih Goffic @ Darla Wear
- 14 Al-Lisa Tresiera Mckay @ The Hobbit House
- 15 Jana Roller @ Jana Roller Photography
- 16 Justin Calof @ Red Shreds
- 17 Nicola Valley Artists @ Lake City Glass
- 18 Elizabeth & Spence Darlington @ Eloquence Spa & Salon
- 19 Steve Harkies @ Williams Lake Smiles
- 20 Collen Kelman @ Cariboo Eye Care
- 21 Gene Kinshella @ Cariboo Friendship Society
- 22 Liz Derksen @ Dollar Dollar
- 23 Rosalee Maurice @ Bloom 'N' Gifts
- 24 Loni Wiebe @ Bank Of Montreal
- 25 Donna Williams @ Mulberry Lane Gift Studio
- 26 Richard Mason @ Sandtronic Business Systems Ltd
- 27 Dwayne Davis @ Hub International Barton Insurance
- 28 Geoff Bourdon @ Woodland Jewelers
- 29 Dawn McAmmond @ BFF Fashions
- 30 Jazmyn Douillard @ Two Doors Down Consignment
- 31 Anne Kohut @ Laketown Furnishings
- 32 Jean Wellburn @ End Of The Roll
- 33 Lynda Sawyer @ Audio Video Unlimited
- 34 Lesley Lloyd @ Williams Lake & District Credit Union
- 35 Devon Chappell @ The Bean Counter
- 36 Columneetza Art @ Cariboo Regional District Library
- 37 Sonia Cornwall @ Museum of the Cariboo Chilcotin
- 38 Jane Perry @ City of Williams Lake
- 39 Laureen Carruthers @ RBC
- 40 IBEA Quilting Group @ IBEA's Quilting & Crafts
- 41 Barb Fraleigh @ Sta-Well Health Foods
- 42 Reva Schick @ J&E Gifts & Treasures
- 43 John Dell @ Andre's Electronics Experts
- 44 Nick Sardy @ Computer Access Center
- 45 Vance Theoret @ 3 Gen Cabinetry
- 46 Bev Pemberton @ Curves
- 47 Eileen Crandall @ O-Netrix
- 48 George Phillips @ United Carpet
- 49 Celebrity Self Portraits @ Western Financial Group
- 50 Jeannie Herron @ Sandman Hotel
- 51 Ernest Hall @ M & M Meat Shops
- 52 Elisabeth Hoelderl @ Taylor Made Cakes
- 53 Craig & Esther Innes @ Lake City Auto Care Mall
- 54 Randy Moe @ Lake City Ford

64 Artists. 54 Venues. One breathtaking wealth of talent!



Please look for your ArtWalk booklet and map in the Cariboo Advisor Newspaper.
Completed ArtWalk forms can be dropped off at any of the participating businesses.

Aug. 6 - Sept. 7

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