

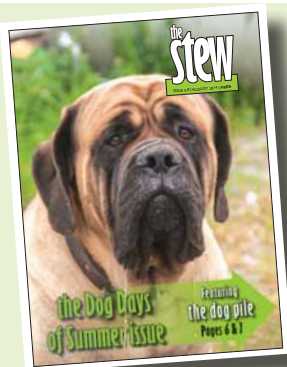


the stew

ISSUE 5.8 | AUGUST 2014 | FREE

the Dog Days
of Summer issue

Featuring
the dog pile
Pages 6 & 7



On the Cover:

Hector is a pure-bred Old English Mastiff. He has recently sired a beautiful litter of puppies. If you are interested in owning your own gentle giant, contact Anna Martin at 250-296-9088.

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Dogs: Man's best friend and so much more

BY CRAIG SMITH

We are in the "Dog Days of Summer" and it reminds me of a funny, not so funny joke. Who loves you more... your dog or your spouse? Well, if you look both in the trunk of your car for an hour, which is happy to see you when you open it. Regardless of whether you think it's funny, it does illustrate a point; your dog gives you unconditional love. No other animal or pet is like a dog and there are so many words and phrases that are associated with our canine friends. Man's best friend, loyal, obedient, trust worthy, affectionate, playful, intelligent, protective, just to name a few. I've seen websites and facebook pages where people were trying to describe their dogs and it went into the hundreds of descriptive words.

So how did the dog become domesticated and man's best friend? Recent studies have put the "domestication of dogs" between 14,000 and 16,000 BC. Dogs are descendants of wolves, that much is certain, but how they were domesticated is still in great debate. There are some schools of thought that actually think that dogs domesticated us. That humans fulfill the need that dogs have to be loved, needed and relied upon. I watched a science fiction movie a little while ago that had Vin Diesel (actor) stranded on an alien planet. Eventually he was chased down by a pack of six-legged strange looking dog-like creatures. He put up enough of a fight that they left him alone but he captured one of the pups and over the next fifteen minutes of the movie he domesticated this alien dog using food and behavior modification training.

Although humans have domesticated many animals over the years,



it's the dog that is at the top of the list for the amount of jobs they have and can do. We have used them in hunting, herding, packing, protecting, policing, companionship, serving handicapped people and in the military. The amount of ways that dogs help humans seems to increase every day.

If you want to see how Man's best friend is so integrated into our existence you only have to spend a few minutes online on our favorite social media platform... Facebook. In scrolling through my newsfeed I saw, a compilation of grouchy dogs, one of happy dogs, one playing fetch with himself, one dog that was so guilty about stealing a baby's toy that he brought him every toy he owned. I saw a bulldog skateboarding and a terrier surfing and one Heinz 57 sky-diving. I saw a dog climb a fence, one that has been taught how to drive a car, and one dog that did some of the most amazing tricks I have ever seen.

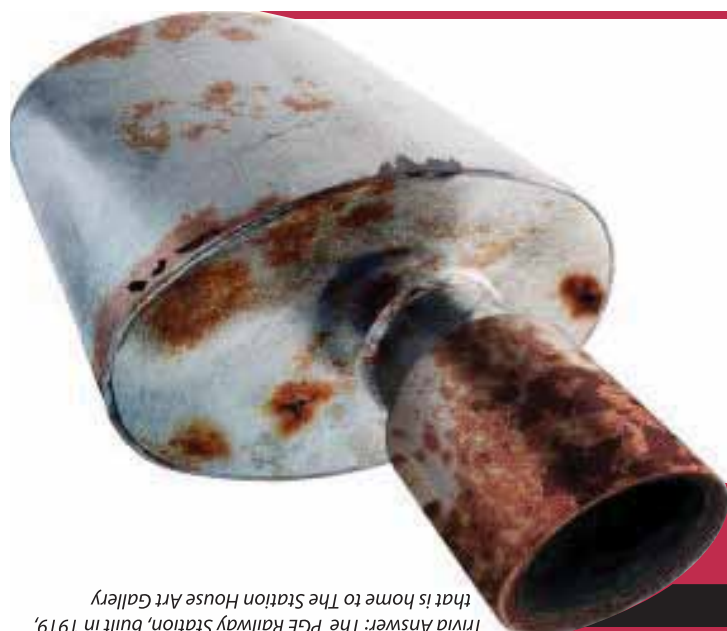
The World Canine Organization is the most internationally accepted registry for dogs and is based in France. At this time it recognizes 10 categories and 339 breeds of dogs. The categories are based on the dog's purpose or function or on its appearance and size. I don't have enough space here to go into all the breeds

and categories but keep in mind these are just the registered breeds and they probably don't include your sheepsnaupoolabraneeze. If you start including all the breeds that were created by accidentally leaving your "in heat" female outside for all the local males to see, you could be into the thousands. It is roughly estimated that right now there are 525 million dogs alive on this planet. No wonder the pet industry runs into the billions of dollars in sales.

While writing this month's articles, I had the pleasure of running up to the SPCA office and had a chat with the branch manager, Liz Dighton. As well as raising money for my favorite charity, The Shriners, The SPCA is also on my list of "pet projects" for fundraising. Every year for the past four years I have photographed pets with Santa up at the Animal Hospital on Broadway and donated the proceeds to the SPCA. Four years of fundraising and I haven't visited the centre yet. After I explained what we were doing this month at The Stew, Liz gave me a tour. As well as the kennels inside, there were huge runs outside where some dogs were transferred to after a few days if they were healthy. Any dogs that needed more care were housed inside the building.

In North America it is estimated that between 7 and 9 million dogs and cats enter into animal shelters. In Williams Lake the SPCA takes in about 1000 animals annually, with about a third being dogs, so roughly 300-350. When touring the compound I saw about 6 dogs and Liz said two were already adopted. The number was very low as they had a lot of adoptions in the last little while. A fact about the SPCA that I actually didn't know was that they are not government funded. Out of their annual budget, less than 1 percent comes from a government grant. The SPCA is totally non-profit and more than 99 percent of their operating budget comes from donations and fundraising. They do get a volume discount for neutering animals from the local Veterinarians, but it's not free. I'm not asking my readers to watch the Sarah McLaughlin SPCA video, but if you do find an opportunity to help out the SPCA, do so, as it's an amazing organization. Money, though always accepted, isn't the only way to help – they are always looking for volunteers. If you are over 16 and have a few spare hours a couple times a month, come up to the centre and help clean up, feed, and maybe even walk some of these very friendly animals.

The next time you find yourself looking for a new pet or thinking that you want a pet but don't feel like house breaking a dog, come up and visit the shelter as there may be a dog looking for a loving home that has already gone through its puppy stage. Until next month have an amazing August and as Bob Barker used to say, "Help control the pet population – have your pet spayed or neutered" to which I add "crazy relatives" to the list.



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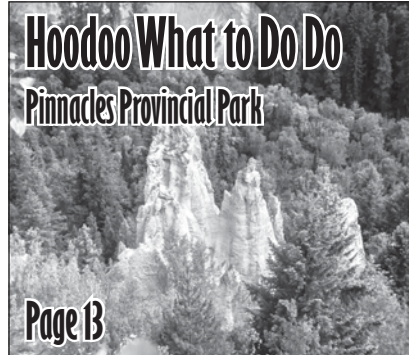
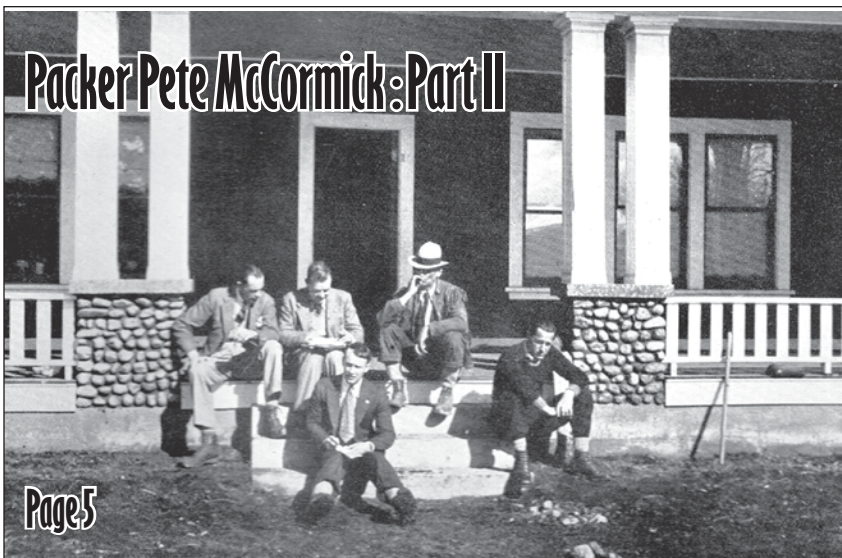
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The Dog Days of Summer Issue is about that lazy feeling that you get when it's hot out and you just want to lay around like a dog, tongue hanging out, and sleep all day. Or that urge to roll in the cool grass and run free on the beach – that is what the 'dog days' are all about.

Ingredients:

This month's issue was put together with much love and inspiration from our own dogs. The littlest members of the family that greet us at the end of every day and are always there for us. Our dogs are full of energy, they play hard and are always up for something new. I think that, much like our own personalities, it is easy to see the great fit between us and our furry companions. Take some inspiration from your dog or if you're a cat person, your neighbour's dog, and enjoy summer through the eyes of a dog.



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Scratch a dog and you'll find a permanent job.
~Franklin P. Jones

Packer Pete McCormick : Part II

Chilcotin backwoods packer, Pete McCormick, made it back to Clearwater Lake with his new "bride" in the spring of 1934, after taking his leave from British mountaineers Sir Norman Watson and E.J. King in Vancouver.

Hank Law stayed in a cabin on the opposite shore of Clearwater Lake from Pete, and he remembered Pete's triumphant return from the big city; his wallet flush from his horse-packing ventures, and a woman by his side.

"With the money Pete got from packing these guys into Mystery Mountain, he went down to the Coast and came back with this lady," Hank recalled. "The talk was, she was an elderly madam. I met her and you couldn't wish for a better person."

Hank said "Missus Pete" just loved to fish.

"She was getting on in years and was quite rotund. She loved to get out there and fly-fish."

One day Hank got a message that Missus Pete needed his help after Pete got roughed up trying to break some horses.

"I went over there and she had Pete lying in his bunk. He broke some ribs but wasn't spitting blood, so I figured it wasn't too bad."

Hank got an old truck inner tube and used it to make a rubber bandage.

"I took a big piece and slid it around him and sewed it to keep it firm. He was lying on his back with his head here and his feet there, and was pretty immobile."

Pete's teeth were in pretty bad shape and Missus Pete asked Hank if he knew anything about pulling teeth.

"All he had left in his head were four wonky old teeth. He had pyorrhea real bad and these four snags sticking up that interfered with him smoking his pipe. She said, while we've got him down, let's take his teeth out."

Looking Back

By Sage Birchwater

Hank said he'd do it and asked if they had any pliers handy. Missus Pete produced a pair of forge tongs, and they got down to business.

"I got hold of each tooth with the jaws of the pliers and hit my hand once, and it just popped out. Pete couldn't do much. He was kind of a baby lying there moaning, but he realized it was a good thing."

As Hank was leaving he overheard Missus Pete say, "While Dr. Law is here, you wouldn't want to be castrated would you?" Then he heard her let loose a roar of laughter.

"I can hear her laugh yet. It would echo off the trees and all around about the mountain. She was one of the nicest old women – real on the button, no fooling around, not wanting caviar every day. She could make a meal out of nothing. That's the sign of a good cook when they can make a meal out of nothing."

A few weeks later Hank headed down the Klinaklini River on a raft, looking for a place to homestead some land. The water was high and the raft tipped and he lost everything he owned, including his shoes, and had to walk back to Pete's place barefoot.

"All I had left was my saddle and my gun. I borrowed a saddle horse and some boots from Pete and rode into Tatla Lake just as the stage was pulling in."

He arrived just in time to see Pete McCormick's old nemesis, Bullshit Valleau, get off the stage.

"Valleau was a loud-

mouth type, and started bragging that he got himself a new .30-30 and was going to square up a few bills. He said he'd done his schooling – meaning he was just coming out of the pen for burning Bob Pyper's store. Old Pete might have had something to do with it, but this was their feud."

When Hank got back to Clearwater Lake he called Pete outside, because he didn't want to alarm his Missus, and said that Valleau was back.

"He went into his shack and put a shell into the barrel of his .30-30 right now, put it on safety, and stood it there by the door."

Hank spent a fitful night at Pete's place.

"That night I camped at Pete's because I was going to get another horse from him the next day and go down the river and try and find some of my stuff. I guess a deer jumped in the bush in the night, and old Pete went outside, flattened against the building and yelled, 'Come out wherever you are!' Then Pow! Pow! Pow! Pow! He fired off a few rounds, shooting into the bush. These old bug-gers were tough."

One day Pete showed Hank a place up on the hillside underneath a big fir tree where he suspected Valleau had been spying on him.

"Pete took the trouble to catch his saddle horse and take me up there. There was a little milking stool under this tree and cigarette butts all around – tailor-mades too – and boot marks in the sand. You could sit there and see Pete's cabin



down below. I think it was just a psychological thing Old Valleau was doing to scare the heck out of him. This was the game they played. In that country, if you didn't yell out coming into someone's camp, you'd better be ready to duck."

About six years later, Pete was taking a party of Americans by horseback into the mountains. About thirty kilometres down the Klinaklini Valley, he went to scout out some trail and never came back.

A search party later found Pete's saddle horse tied up to a tree, and a little way off found his body

where he had died of a heart attack after getting a drink from a spring.

"I think his woman had gone back to Vancouver by that time," Hank reflected. "The old guy with the scythe finally caught up with him."



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~Roger Caras

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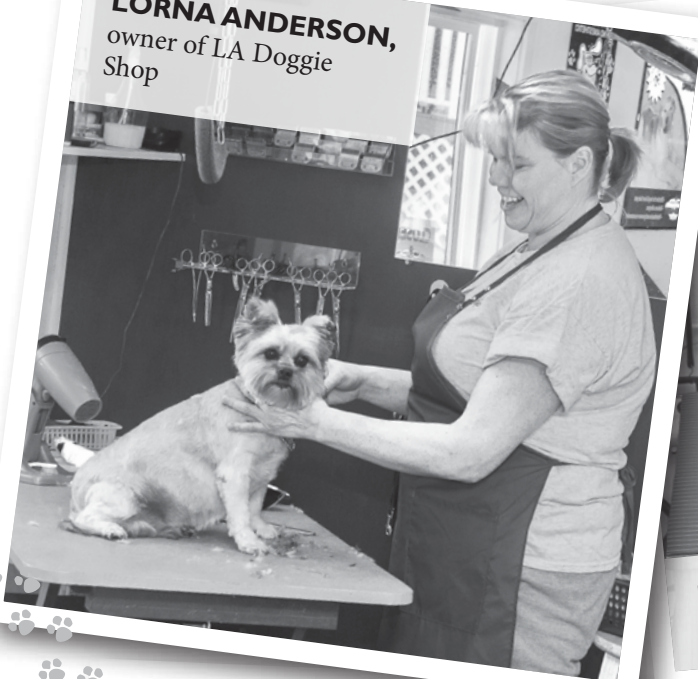
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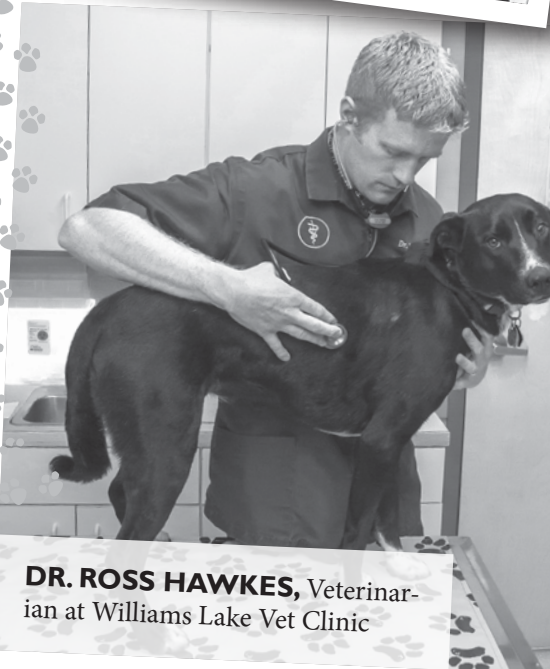
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One year later: sharing our vision of the Cariboo

BY CHRISTA SMITH

August marks the one-year anniversary of The Stew for Craig and I and we couldn't be more pleased with how it has evolved and grown. It has been one of the most amazing years! When we first started thinking about The Stew, a vision formed and we became really excited about the possibilities. As Craig and I both have very deep roots in the community we had a vision for The Stew that went beyond just a monthly magazine. We wanted to share the Cariboo with others and connect people. We wanted to share the beauty, mystery, fun, adventure, and sense of community that we have. The Cariboo is so rich and full of life, our vision was to capture that, bring



The Cariboo is so rich and full of life, our vision was to capture that, bring people together, and look for the positive leisure and entertainment the region has to offer.

people together, and look for the positive leisure and entertainment the region has to offer.

After our first year at it we are still inspired and energized. There is so much potential and so many ways that we still want to grow and expand. The first year has also been about learning and some trial and error, but we are dedicated to seeing the possibilities and reaching for what we

know this magazine can become. All too often we fail to see how lucky we are here in the Cariboo, land of so much to do, see, experience, and enjoy, that one of the goals we set for The Stew was to share a little bit each month with our readers so that we appreciate more deeply our region.

Craig and I love to travel and everywhere we go we take in the surroundings and try to



capture what it is about a place that makes it special and gives the feeling of community. I think what we have found is that most of the time it isn't about the actual buildings or stores that we find in a Downtown but rather the sense of community that we feel while being there.

Our latest trip took us on a wandering drive through a bunch of coastal towns and villages; we stopped and walked around the streets and took in the sights. What we found the most appealing about some of the communities was the outdoor living. The communities that had taken to the outdoors were the

ones where we spent the most time. The streets were full of vendors, buskers, bistros, and activities. People wandered down streets and sat on benches. There was a sense of urgency in missing something if you were to just drive down the road. The parks and green spaces were so inviting and everywhere you looked there were more people walking than driving. All of this made us stop and wonder what creates this atmosphere and do we have it where we live? Well, we have the unique little stores, we have the delicious cafes and restaurants, we have parks and we have social

spaces. We have all of the ingredients and I know we have the community spirit, so I would say we have it all but we can do it better. So for the next year our vision is to take what we have and encourage people to grow and expand on it, be bold, try new stuff and instead of the natural temptation to disregard something new, embrace it and give it an honest try.

Our community is extremely talented and we have incredible potential, so what's stopping us? Craig and I believe that everything is worth trying at least once and for the next year that is just what we intend to do; try it.

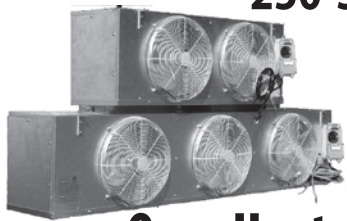


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Gidget is the name of the Taco Bell dog.

Dipnetting With Dad

Local author Willie Sellars has just launched a children's book entitled *Dipnetting with Dad*. Adding to his extensive list of jobs, hobbies, and volunteering this is a passion that Willie has had brewing for a while. The book is geared for children but the deep values of culture and tradition are brought to life for all readers.

"With action-packed illustrations that are larger than life, *Dipnetting with Dad* showcases the bond between father and son while introducing readers to a story of tradition and culture that needs to be told." — Alan Woo, author of *Maggie's Chopsticks*.

"Willie's great book took me back to my own days of fishing on the river... [His] detailed description of the process from ceremony to enjoying the final product is true to our culture. The Indigenous cultures have so much to share and this book contributes to the distribution of this knowledge." — Chief Bev Sellars, author of *They Called Me Number One*.

Bump, Bump — Slap, river sockeye salmon are pulled onto shore!

Set in the beautiful landscape of the Cariboo Chilcotin region, *Dipnetting with Dad* is a delightful and colourful story of a father teaching his son the Secwepemc method of fishing known as dipnetting. Together they visit the Sweat Lodge, mend the nets, select the best fishing spot and catch and pack their fish through rugged bush back to the family home

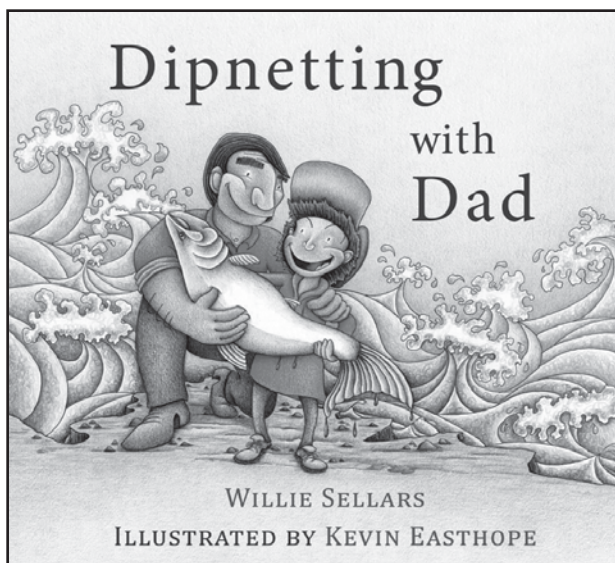


for traditional preparation.

Writer Willie Sellars and Illustrator Kevin Easthope have come together to bring the vision alive and share a small piece of themselves with the world. The team saw an opportunity to combine their talents and hence a children's book has been born.

Willie Sellars is a band member of the Williams Lake Indian Band (T'exelc), which is located fifteen minutes south of the city of Williams Lake, BC. Living on the reserve for the majority of his life, he has been going dipnet fishing with his dad and uncles since he was seven years old. He is currently in his second term as a Councillor for the Williams Lake Indian Band. Willie is married and has two beautiful children, Cash and Milah, and keeps himself busy practicing his culture and playing sports.

Kevin Easthope was born and raised in Williams Lake, BC. He attended UBC Okanagan where he graduated with



a bachelor of fine arts degree in 2008. While he is an artist and musician, he presently makes a living fighting forest fires for the province of BC.

So make sure that you watch for this book on

shelves or for more information, or to schedule an interview with the authors, contact Andrea Routley at (604) 885-9194 andrea@caitlin-press.com www.caitlin-press.com



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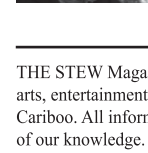
Gina Mawson
You, Me and We



Caroline Derksen
Alphabet Soup



Cathie Hamm
Behind The Curtain



Sage Birchwater
Looking Back

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hear

"My dog is usually pleased with what I do, because she is not infected with the concept of what I 'should' be doing." ~Lonzo Idolswine

Sometimes dogs communicate better than people

Dogs have always been one of my favorite animals. I've always been around horses, my first pets were two black and white kittens, but when I got my first dog I was beyond thrilled. I don't know that there will ever come a time when I will be without a dog, but my husband can dream. Little did he know when he married me that my one dog would turn into two, and then three, and that I would make a foray into the dog breeding and showing world. Good thing he enjoys having them around (most of the time)!

Dogs are amazingly loyal creatures. They see you for who you are and love you unconditionally. They are always happy when you come home and they always want to spend time with you, even though they see you at your best, and your worst. They are game for hanging out with you, even if that means sleeping at your feet or on your lap. Wouldn't it be nice if we could relate to the people in our lives that way for the most part (keeping in mind that we all have days we are a bit off or don't have as much energy)? What if we tried to always show the special people in our lives how much we value them by being excited to see them at the end of the day and giving them our undivided attention in an undemanding way?

You, Me and We

By Gina Mawson



Just think how things would be in our lives if we always treated the people we are in close contact with on a daily basis the way our dogs treat us?

Just think how things would be in our lives if we always treated the people we are in close contact with on a daily basis the way our dogs treat us? If we accepted them unconditionally and met them joyfully where they were at. Wouldn't it be amazing to be greeted with enthusiasm or a quiet offer of support when we need it? Dogs are so good at sensing your moods, or at least mine seem to be. My adorable, goofy chocolate lab seems to be so in tune with my moods and when I need a little peace or calm she will go curl up on her bed or lay with her

head on my foot and give me the space I need. Realistically, I can't expect the people around me to be perfectly in tune with me, nor can they expect it of me. That being said, a little effort goes a long way.

One way to attempt to be a little more in tune with each other is to hone in on the other person's body language. Body

language expresses so much of communication that if we are ignoring it, we are more often than not missing the point or how the other person is feeling. Just think, if we approached a strange dog and didn't take the time to look at the signals the dog was sending with its body, we might end up getting attacked or licked to death. The same thing can happen with people, if we ignore or are unaware of the signals they are sending we can end up in trouble. The other person might go on the defensive and if too much pressure is felt, they might strike out verbally to enforce that defensive position. By paying attention to the cues a person is sending out that might be saying, for example, "give me a little space please," or, "I'm open to talking about this," we can be more successful in communicating.

Dogs are also amazingly tolerant

creatures, but they eventually do make their needs known. We get so busy with our life and the life of our little girl that sometimes the dogs become the last priority, and when that happens in our house they will be accepting (if not happy) that we can't spend

all of our time with them. When we do get that busy it is important to remember that sometimes people miss our cues, and we need to be explicit about what our needs are or they may not get met. Take the time to spell out clearly what you would like to see happen or what you are needing in the moment, and you may just be pleasantly surprised!





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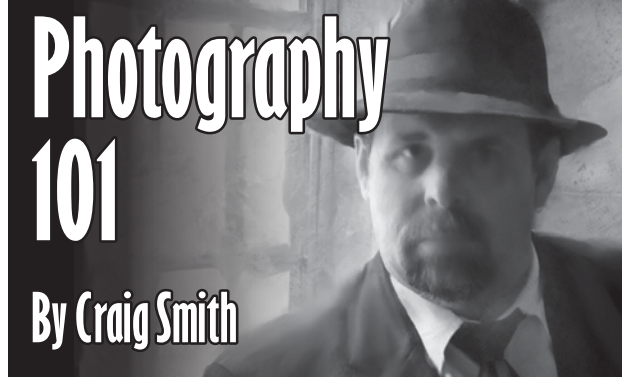
Kevin Church

Dogs have a remarkable sense of smell, they are capable of differentiating odors in concentrations nearly 100 million times lower than humans can.

Tips for photographing your furry friends

It's only appropriate that for the "dog days of summer" we talk about how to photograph our furry friends. With the explosion of social media never before have our domesticated canines been photographed with such volume. You can't flip on your Facebook newsfeed without being inundated with dog pictures and unfortunately most are bad. This month I want to give you a few simple tips for photographing your puppy so that when someone comments about how great that shot is of Fido that they are telling the truth and not just trying to spare your feelings.

First let's talk about focus. If you remember from previous articles we talked about "Depth of Field" which is the amount of the photo-



graph in acceptable focus. When most people focus on their dogs the focus unfortunately lands on the nose which on most dogs can be 4-6 inches from their eyes and rendered blurry due to depth of field. The moral of that story is to always keep the focus on the animals' eye. Easy to say but it will take some practice to get this right.

Next would be your lens selection. With most animals you will want to use a standard telephoto-type lens. The

reason would be due to what we call 'perspective'. Perspective is how objects in your field of view relate to each other. Lenses control perspective and with animals, it's easy to distort them by choosing the wrong lens. A wide-angle spreads out your perspective, thereby spreading out things such as your dog's features. Wide-angle lenses can make a very compact dog look like a wiener dog. If that's your intention, then you did

it right – if not, switch to a telephoto.

The third criteria that we have to deal with, and in my mind the biggest one, is light. Anyone that has ever taken my class, read any of my articles, or understands photography knows that light is the basis for all picture-taking, but it comes in many forms. With animals we need to know the difference between hard and soft light, or if you're a skier, hard and flat light. Flat or soft light is not the light you want to choose for your puppy's portrait. Most dogs have fur and in order for the fur to be apparent, we need to have Fido in hard or directional light. Directional light that goes across the fur will show it off best. I hear on a daily basis, people talking about their animal



Wide-angle lenses can make a very compact dog look

like a wiener dog. If that's your intention, then you did it right – if not, switch to a telephoto.

pictures, saying that they look like a white or black blob. So if you can get away with it, never use a flash and always try to cross-light your pup.

The last tip I have for you is what we call 'camera angle'. Anybody can take a picture standing up. In order to take your photography to the next level, get down on your dog's level. Very few

people will do that, so it will make your shots stand out. Make sure you have lens cleaner, because if your dog is anything like mine, his nose will be up against your lens a few times.

If you take to heart all four of these tips, your images will stand out above anything you've done before. Until next month, happy shooting.



do

A dog's mouth exerts 150-200 pounds of pressure per square inch.

HOODOO, What to DO DO

BY CHRISTA SMITH

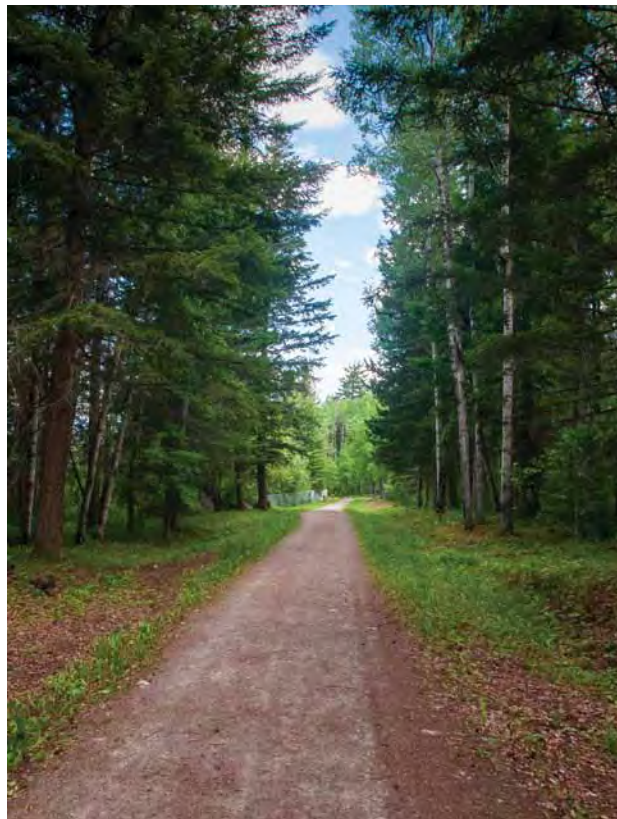
The Pinnacles Provincial Park just outside of Quesnel is a unique and picturesque natural rock formation of Hoodoos. The Hoodoos are thousands of years old and represent the natural formations left from erosion and weathering on the surface. These natural pieces of geological wonder are fragile and continue to erode. One day these natural wonders will be completely eroded down and the awe striking view that is there today will be no more.

There are two ways to get up to the Pinnacles Provincial Park, one road winds along the west side of the river up past the Quesnel Golf course and the other goes up the hill just past Baker Creek. The drive is a lovely scenic route either way, and then again isn't getting there half of the fun. At the Provincial Park turn off there is a parking lot at the trail head and a well identified path.

The path down to the Pinnacle view point is well maintained and gives you a chance to fully enjoy the woods and greenery along the way before reaching the main attraction. The first look out gives a generous taste of what is to come and makes it worth the trek down the rest of the path. From the fenced look out, you can follow the path along the cliffs edge and take in the different sides of the HooDooos and colours picked up in the light.

From the lookouts, Quesnel's Downtown nicely silhouettes the backdrop and accents the winding rivers and valleys. The Pinnacles host some serene landscape and present the awe of what nature can provide.

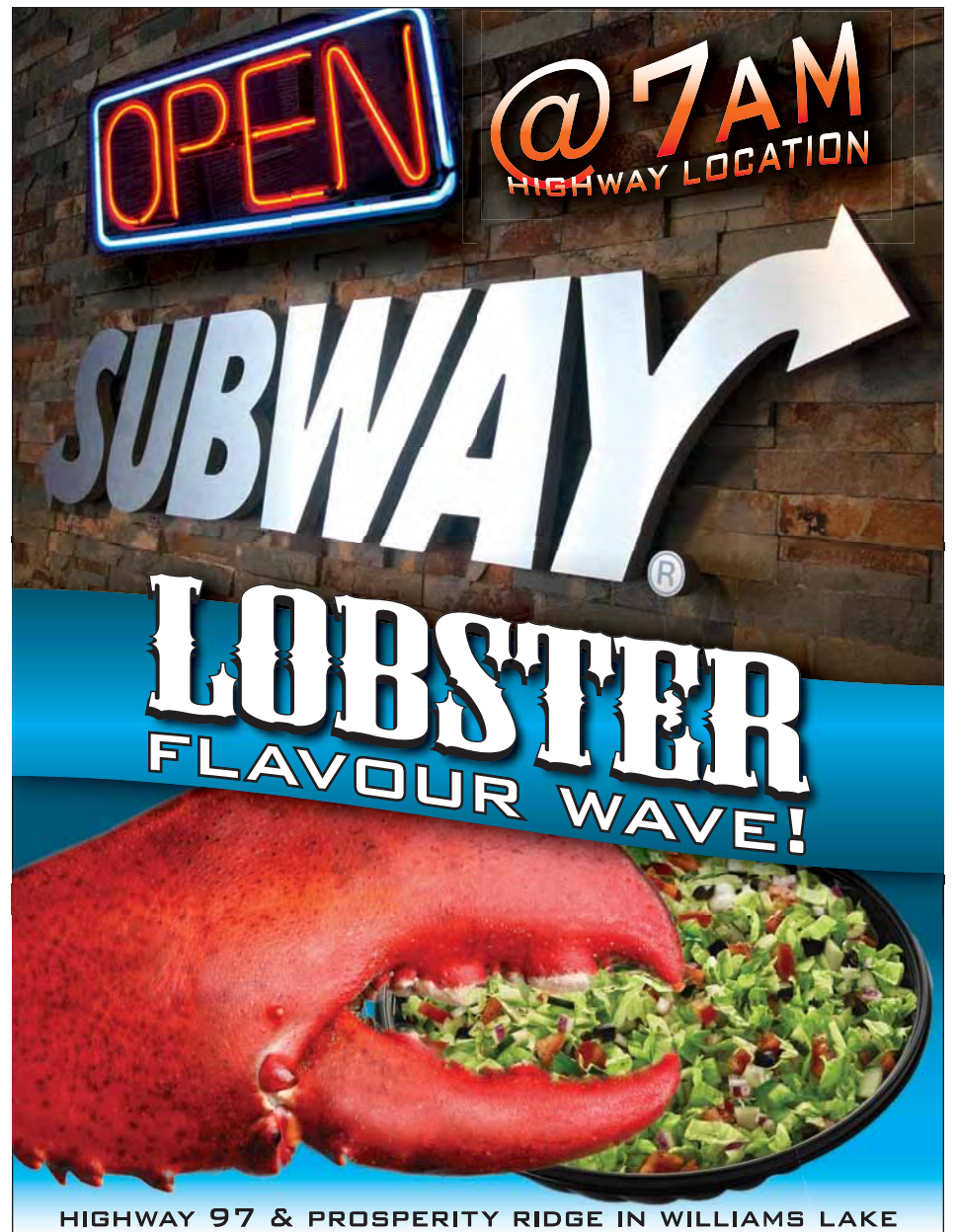
The trail goes on for quite a ways past the Pinnacles so for the outdoor enthusiast there is opportunity for a leisurely



afternoon walk. The days outing may produce some wildlife along with a variety of indigenous plants and flowers. The area is protected and this Provincial Park provides spectators with opportunity to enjoy nature while guided by information boards and maintained pathways.

Whether it is a week-

end tradition or you have never made the trip, the Hoodoos at the Pinnacles Provincial Park is a must add to the list of where to go and what to do this summer. It's free, fun, beautiful, and will contribute to your fresh air and exercise for the day, not to mention it will make for great photos and family fun.



hear

Home: a puppy story

BY PAIGE
KNIGHTS-SMITH

A black and white, eight month old pit-bull/boxer sat underneath a crowded table, surrounded by unknown smells that were new and driving him crazy. He had been there for what seemed like forever, but in reality it was only a day. He saw several legs surrounding him, and couldn't help but wag his black tail vigorously back and forth.

"Rocky!" a female voice called from behind him.

He cocked his head back and stuck out his tongue. He wasn't sure exactly what they were saying, but this same word had been said to get his attention, many times already. He got up from lying on his belly and moved over to the face that had appeared before him.

"Rocky!" she said again. "Come here, you cutie!!"

He shook his tail and licked at her face. Maybe this is what his name is? He always thought that he was called "No", for that is what was yelled at him frequently. But here, he didn't have to cower; here he had people petting him and kissing him, and wanting to play. Here was a happy place, and Rocky couldn't help the tail wag.

"Come here Rocky," another voice came from the big room with all the comfy places to sit. So that's what he did, Rocky

followed the sound of the voice and came to a big, blonde male, sitting in the middle of the floor.

Rocky bounded over to him, and started licking his face too. He had never felt so happy, everyone wanted his attention, and everyone wanted to rub his belly. He knew it, so he flopped down and let the huge guy start rubbing his big white and black belly. Rocky's tongue came out of his mouth and let out a noise, which can only be described as a singing noise.

Rocky was in pure heaven that moment, until he heard a small growl coming from the other room, that was soon followed by a high pitched bark. Rocky rolled back on his belly and looked to find a small brown Chihuahua, standing a few feet away from him and the god of the belly rubbing.

Rocky couldn't help being curious about this new creature standing before him, so he got up and moved closer to the small creature, that seemed unhappy to be around him.

"Aw, look they are bonding already." The girl's voice came again. "Rocky, this is Hefner, he is going to be your new friend."

Rocky moved close to the tiny subject and sniffed at him. Hefner rebutted his attention, growling first, and then started barking, first at him and then turning

around and running back to the girl, in a stance like he was protecting her.

"Oh Hefner," she giggled. "It's okay." She got up and all the legs started moving around getting ready to go. "Alright doggies, let's go to the beach."

Rocky's tail got real excited again, as the legs were moving. He wanted to know where everyone was going, and he wanted to go with them. Hefner, the small beast with little legs, came closer to him, and growled, Rocky couldn't help but almost laugh at him. The little one barked again, like he was staking claim again for the humans, but Rocky didn't care.

The car ride to the beach was exciting for Rocky. He hung his head out the window, and the smells that were coming in were amazing. He couldn't distinguish them from each other as there were so many all at once, and he felt like he was in heaven. Rocky took a minute to look back at the humans and saw Hefner, sitting on the long blonde haired girl's lap; he stared at Rocky, giving him a look of ownership. But Rocky was so overwhelmed from hanging out the window, that he didn't pay attention to the little one so much.

The beach was even more amazing! There were other dogs, soft green grass in some places and soft beach sand in others. There were sticks, oh my,

Rocky thought this day couldn't get any better, and then they played catch! Rocky went crazy for the sticks, jumping in the water, chasing after them. The little beast Hefner, didn't want the sticks as badly as he did. While Rocky was barking happily at the sticks, Hefner was barking and going crazy after Rocky. It felt amazing to be free and play as much as Rocky did that day at the beach.

Hours later, back at home, Rocky felt exhausted. So much running around, and playing in

the water. At first he was a little scared to go in so far, but the humans encouraged him. Even Hefner, which was constantly placed on his back the more that Rocky went into the water, seemed to finally warm up to him.

Being fed, and being played with for hours on end at the beach, tired Rocky so much that he went to the corner of the living room and laid on a big, soft pillow, which seemed to be just for him. As he plopped down, Rocky never felt so happy before. He heard a small

bark, and moved his head up to see Hefner's little body coming slowly up to the pillow. Rocky's big tongue fell out of his mouth as he laid his head back down. He heard little feet around his head and then the warmth of Hefner's body, on top of Rocky.

Rocky wasn't sure how long he was going to stay, but as he lay there, he never felt so happy, and even with the little fur ball that had fallen asleep on top of him. He had made friends, and he knew that he was home.



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the month of
August**

play

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August 1, 8, 15, 22,
29 Oliver Street Farmers
Market 3-8pm in Spirit
Square, at the corner of
1st Ave and Oliver Street

August 1-31 Art Walk,
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August 1-31 Alley Art
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leview Equestrian Centre

August 7-10 Cariboo
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luck, camping, McLeese
Lake Community Hall

August 7 Performances
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series, Boitanio Park, 6pm
Point Blank, 7pm Gen-
evieve Chatwick

August 8-10 2nd
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2pm Boys & Girls Club

August 9 Hot Summer
Nights Music Festival
Elysia Resort

August 11 Seniors'
Bingo, upper level Boi-
tanio Mall, 1pm

August 14 Performanc-
es in the Park free concert
series, Boitanio Park, 6pm
Cariboo Men's Choir and
Just For Fun, 7pm Don
Alder

August 16 Horsefly Fall
Fair 3pm, Horsefly

August 16 &17 Red-
stone Rodeo Chilcotin
Series, Alexis Creek

August 18 Cariboo
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tion Match 9am Stampede
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August 21 BCBRA/
CBR Barrel Race 7-9pm
Eagleview Equestrian
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August 21 Performanc-
es in the Park free concert
series, Boitanio Park, 6pm
Robyn Ferguson & Oren
Barter, 7pm Sam Tudor

August 22-24 Provin-
cial Sporting Clays 9-7pm
Williams Lake Sports-
men's Association

August 23 Memorial
Race Thunder Mountain
Speedway, Adults \$10,
Students with ID & Se-
niors \$5, Children under
12 Free. Qualifying 5pm,
points race 6pm

August 23 Gymkhana
4767 Highway 97 North

August 24 Williams
Lake Kidney Walk, 2.5km
walk followed by silent
auction, free, Boitanio
Park 9-1pm (registration
9am, walk 10am)

August 24 Summer
Fun Horse Show- English
and Western Events Eagle
View Equestrian Ctr 9am

August 26 Cariboo
Camera Club 7pm TRU
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August 29-31 BC Bar-
rel Racing Finals Williams
Lake Stampede Grounds

QUESNEL & AREA

August 1-4 ArtsWells
Festival, Wells

August 1-4 ArtsWells
Performers in Barkerville
11am-8pm, Barkerville

August 2, 9, 16, 23, 30
Quesnel Farmers Market
8:30am-1pm Helen Dixon
Centre Grounds

August 7, 14, 21, 28
Dog Agility Practice, \$5
drop-in rate for non-
members of The Fit Pets
Dog Sports 6:30-8:30pm
Ranger Park

August 8-10 Cariboo
Lodge No. 4 Annual
Reunion, Masonic Hall
open to visitors for
tours, Sunday morning
church & parade, 11am-
8pm, Barkerville

August 10 Moonwalk
with Morag Northey
9-10pm, Wells

August 13 Chamber
Meeting 12-1:30pm
Chamber of Commerce

August 14 West
Village Night Market
6-9pm Baker Creek Park

August 16 Mid-Au-
tumn Moon Festival -
With a Lung Duck Tong
Celebration Banquet,
11am-8pm, Barkerville

August 22-24 Pros-
pectors Car Club Show
& Shine, Friday 5-8pm,
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\$10 Registration

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Cottonwood House
Historic Site

August 30, 31 The
Spirit of Cariboo Cam-
eron 11am-8pm Meth-
odist Church, Barker-
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play



100 MILE & AREA

August 1-31 Cariboo Artist's Guild- Magic of Light Arts Show & Sale Monday-Friday 10am-4pm, Saturday 12-4pm, Parkside Art Gallery

August 1, 8, 15, 22, 29 South Cariboo Farmers Market 8:30am-1:30pm 100 Mile Community Hall

August 1 Little Sprockets Bike Camp, 1st Gear 9-11:30 am, 2nd Gear 1-3:30pm

August 2, 3 24th Annual Interlakes BCRA Rodeo 1pm, dance Saturday 8pm-1am, band "Union Jack", Interlakes/ Roe Lake Community Grounds

August 2, 9, 16, 23, 30 Farmers Market & Craft Fair 10am-3pm Loon Bay Resort, Sheridan Lake

August 4-8 Olympic Spirit Week 8:30am-4:30pm South Cariboo Rec Centre

August 7 & 21 Cariboo Market- \$10 to rent a table 10am-3pm, 108 Community Hall

August 9 Watch Lake/Green Lake Gymkhana

August 9 Outriders Fun Day, Outriders Grounds

August 9 Learn To Fish (5-15yrs with an adult) 11am-1pm Mahood Lake Camp-ground

August 9 Second annual Redneck Olympics, Forest Grove Legion Park (behind the building) 11am-3pm. This is a family event filled with fun, races and games including the 'famed' pie eating contest

August 10 2nd annual Redneck Regatta, Ruth Lake Pk, boat building 9am-noon, races 1pm, lunch available. Info: Cindy Whitehead 250-397-2367 or email ForestGrove94Lions@hotmail.com

August 11 Kids Camps, Summer Chefs Summer Sizzle Arts 9am-noon & 1-4pm

August 12 Outriders Meeting, everyone welcome 5:30pm

August 16,17 Debbie Hughes clinic "Despooking" & "Intro to Experienced Trail Clinic", Foothills Riding Stable, lunch incl. \$250. Overnight paddocks available 9am-3pm each day, Foothills Farms Horse Boarding

August 17 Outriders Gymkhana

August 17 Kidney Walk 2014, 9am Centennial Park

August 17 Bridge Lake Fair 10am-4pm, Interlakes Hall, Hwy 24

August 17-31 Interior Provincial Exhibition (IPE), Armstrong

August 22-24 Dressage Clinic, pens & stalls \$10 per night, bring feed and water buckets and your own drinking water, camping is free, Skookum Horse Farm, Clinton

August 22, 23, 24 Edgefest, fundraiser for local charities, camping, live music Saturday evening. Turn onto Spring Lake Road south of Lac La Hache and follow the signs to "The Edge of Nowhere", \$30 admission, no pets, no minors

August 23-24 15th Annual South Cariboo Garlic Festival, \$5 adults for both days & kids free, Saturday 9am-5pm, Sunday 9am-4pm, Lac La Hache

August 24 Family Picnic, Forest Grove Legion, Info: 250-397-2455

August 29-Sept. 1 North Thompson Fall Fair, Barriere

New DVD & Blu-Ray Releases

August 5

Anna
Divergent
Gods Not Dead
Need For Speed
Oculus
Protector 2

August 12

A Haunted House 2
Blacklist, The - Season 1
Cas & Dylan
Disneynature: Bears
Filth
Frankie & Alice
Hateship, Loveship
Ironclad: Battle For Blood

Locke
Love Me Still
Muppets Most Wanted

Rage
Railway Man

Swelter
Tekken: Kazuya's Revenge

August 19

Ace Wonder
Amazing Spider-Man 2, The
Angel Of Death
Boardwalk Empire - Season 4
Boxcar Children, The
Fading Gigolo
Jarhead 2: Field of Fire (Unrated)
Only Lovers Left Alive
Quiet Ones
Sacramento, The
Scooby - Doo! Frankencreepy
Toy Story Of Terror

August 26

Belle
Blended
Brick Mansions
Cat Run 2
Hybrid, The
Legends Of Oz: Dorothy's Return
Love Punch
Lucky Them
Normal Heart, The
Serena & the Ratts
Sons Of Anarchy - Season 6
Walking Dead, The - Season 4

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Jamaica : the pearl of the Caribbean

BY TONI LINDE

I would like to invite you on a journey to discover a land that is a special and unique pearl in the Caribbean, the country of Jamaica.

Jamaica is the largest English speaking Island in the Caribbean. It is 146 miles long and approximately 50 miles across, at its widest points. The interior is mountainous with many rivers. The Blue Mountains going from east to west reach a peak of approximately 7400 feet. Depending on the airline route you fly into or out of Jamaica, you may see the beautiful lushness and greenery of these mountains. By the way, because of the altitude, what is grown, with the factors of perfect soil and climate all year, is some of the world's finest rich coffee called, Jamaican Blue coffee. For Coffee drinkers, it is a must to experience as it is rich and not bitter, an exceptionally wonderful coffee. The coffee is sold as the chief export product for Jamaica, with approximately 80% to Japan with the rest of the world vying for the other 20%. You can experience it at any Sandals or Beaches property in Jamaica as that is the only coffee offered, the best.

When you first arrive to this Island country, you will be greeted instantly by a soothing moist heat that encompasses you

when you leave your plane. As you leave the airport a beautiful sweet perfume of the local flowers and flora will be walling in the air. Accompanied with a gentle sea breeze that has just a scent of pure freshness, the air truly refreshes and invites you upon arrival and leaves you begging for more. You do think to yourself at that very moment, "I want more of this. Welcome to Jamaica, mon!"

Jamaica is a sun kissed Island surrounded by the warm translucent Caribbean Sea. The Island has a maritime tropical climate and temperatures range from approximately 27 Celsius to 32 Celsius at sea level and around 10 Celsius approximately in the mountains. Pristine beaches are to be enjoyed all over Jamaica with the famous seven mile beach in Negril. The sandy beaches are white and the feeling between your toes feels like you're walking on baby powder, so soft. Sandals and Beaches properties make a point of always having the best well-groomed beach properties for everyone to enjoy.

Jamaica's full year forecast will be beautiful and warm, warm, warm with many smiles!

The positive energy that exudes from Jamaican people is the essence of joy and fun. The people have a natural gift of warmth and hospitality



that surpasses anyone's expectations. No matter where you come from or whatever your experiences have been, well travelled or not, you will feel embraced and welcomed by the land, the people, and the culture of Jamaica. You will be JAMAICANIZED!!

That is the perfect word to be used after returning from Jamaica, that a friend created for the Jamaican experience!

The mere ambiance of Jamaica totality transcends your senses to a new awareness of life and spirit.

In my most recent return travel to Jamaica, this year, I was delighted to find the purity of Jamaica still intact. Montego Bay, otherwise known as Mobay, is the foremost tourist arrival city on the footsteps of the sea. Mobay was my arrival destination. Com-

fortably experiencing my arrival to Jamaica, all over again with others, in the private Sandals' greeting lounge at the airport with a cold welcome rum punch in hand. Jamaica is famous for its heavenly, Caribbean Appleton Rum distilled right on the Island. Soon after the stop in the greeting room my husband and I were watching people disburse to their modes of transportation via private shuttles. We were escorted to a private shuttle. Other shuttles were taking people from the airport to their destinations while on the Island.

In thinking about what I knew of Jamaica while on my shuttle, my thoughts wondered to many things, such as the 3 minute beautiful sunsets up near Negril, the amazing energy of the people I was letting roll over me like a wave. As well, the

delicious Jamaican foods I would experience all over again. My taste buds were looking so forward to having authentic jerk chicken again, it's spicy and delicious, and as well the traditional Jamaican foods ackee and salt fish this is something you should try while in Jamaica.

Jamaica after being under a British flag for centuries became an independent country in 1962, raising its own flag. The country celebrates its independence day August 6th. This is a celebration of magnitude for Jamaicans everywhere. The colors of the Jamaican flag have a wonderful meaning behind them; the Green represents the prosperity of the land, the Black represents the hardships the people have endured and their strength, and the Yellow is for hope from the golden

kissed sun.

Smiling and welcoming faces were everywhere to be seen.

My visit took me to a resort called, Sandals Royal Caribbean. Just so you are aware, Sandals Resorts are couples only properties with a king bed in all room categories, great for couples – romantically speaking. Their cousin properties, Beaches and Grand Pineapple are open to all age groups they are great for friends, couples, families and singles.

Everything you may have heard regarding these "over the top" luxury, inclusive resorts, via word of mouth and in all forms of advertising, as per television magazine advertisements and more, is undeniably the truth!

Sandals, Beaches, and the Grand Pineapple luxury inclusive resorts are worth every cent. You

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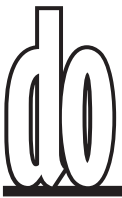
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Three dogs survived the sinking of the Titanic – a Newfoundland, a Pomeranian, and a Pekingese.



will want for nothing. Sandals have received, award, upon award, year after year, for being the best resort chain in the Caribbean. Sandals have more quality inclusions than any other resort on the planet with the best in everything, with no other resorts coming even close. Their tag line this year challenges you, "The Closer you Look, The better we Look!"

It's a bold statement, but absolutely correct and you need to know that. There are many all-inclusives that look similar at first glance. But assumptions lead to disappointments! There is a huge difference if you just know where to look and your local Travel Counsellor does. As I have mentioned, Sandals, sets the "cut" above, that other companies have not been able to attain.

Writing from personal experience and speaking to others that have visited a Sandals, Beaches or Grand Pineapple property, it is such an experience that you won't go anywhere else, and if you do, say because of price, you will be disappointed that it is not a Sandals Property. You will want to go back. Why should you go anywhere else?

On this trip I checked out four Sandals resorts on the Island of Jamaica. Sandals Royal Caribbean, Sandals Montego Bay, Sandals Carlyle, and Sandals Negril. These

are absolutely fabulous uniquely independent properties with the same high end quality that rings throughout all. I unknowingly arrived on what was called a reunion week of past guests. A plethora of reasons why people return year after year was shared with me and I want to share these reasons with you the reader.

You can have organized recreation or feel safe roaming around exploring on your own. Even statistically speaking crimes against tourists are next to null. Jamaica has four top industries; # 1 Tourism (hence next to null crime against tourists), # 2 Bauxite mining # 3 Textile Industry and # 4 Agriculture. In 2013, Jamaica received over 3 million tourists. This is the highest number of people in one year arriving for tourism and is on the rise for projected growth. It is an atmosphere in which you do feel safe.

Sandals & Beaches offers the best trained staff, the finest of room categories, with butler room categories offered as well. The butlers are trained by the prestigious Guild of Professional English Butlers, non-invasive and perfect; the same trained butlers are used as per the Queen of England. Also, the exquisite restaurants with their internationally trained chefs are loved by everyone. The Chefs are

trained in the country of their specialty which will be something to experience or remember as if you are visiting these countries all over again through the food. You never forget! As only a couple examples of the many ethnic dishes offered; to give you the just of the culinary experiences; you may decide on an Italian restaurant that is offered at your property and you will find you have a chef trained from Tuscany. If one craves French cuisine a chef that has been trained in Paris will create foods that will subdue your craving and embrace your pallet. This experience rings throughout all the restaurants with international flavours to be genuinely offered. No other resort cares for your authentic gastronomic desires like these resorts.

One of the most wonderful things is the care that is offered to people with food allergies who are fearful of travel. Worry free planning for food and allergies & specialty dietary requirements is something no other resorts can accommodate. Being aware of your special needs gives you true peace of mind so you can enjoy your vacation. I emphasize you will not have to worry about your intake prepared by your chefs. When booked by your Travel Counsellor, a specialty memo is made to the coordinator directly, who makes note for your file, this is seriously addressed at the resorts. You then will have a private meeting upon arrival with one of the dedicated people at the culinary concierge desks for personal menu planning and your foods will be prepared accordingly.

Entertainment during the day and nightly entertainment are coordinated and expressed for you in a way that will excite you beyond the

written word. Only the best entertainment, with themes, is presented to you; for example a night of chocolate, with music made by steel drums- you can just imagine and so much more.

The energy that is expressed is contagious from staff to tourist alike. During the day you can enjoy more quality water sports included than any other resort. Enjoy spa treatments on the beach. Also offered is the Caribbean's most comprehensive scuba diving program for the extraordinary adventure, inclusive. Or for the golf lovers you can enjoy unlimited golf in Jamaica & Saint Lucia.

Destination weddings are something many people have heard of. Sandals and Beaches are the leader in destination weddings and honeymoons. I want to emphasize for the small free wedding it

does not matter the room category you have. You can receive a free, Beautiful Beginnings wedding for an intimate ceremony with six guests. If a larger wedding is desired, wedding coordinators will customize your dream wedding day for great pricing. Each property has its own characteristics that make it uniquely individual, not at all deviating from the top tier quality you expect. You can have high expectations, as you will not be disappointed.

Sandals was started in Jamaica by a man named Butch Stewart, who was born and bred in Jamaica. He had an idea about resorts. He knew what people wanted and went for it. In 1981 Sandals Resorts were founded. In 1997 Beaches Resorts was established by him. Today Mr. Stewart has expanded resorts

throughout Jamaica and neighbouring Caribbean countries. There are resorts on 8 different Island Countries! There are a total of 20 properties with Jamaica holding 10.

Despite the hardships through the centuries by the ancestors of Jamaicans, today, they have overcome and rose to be a melting pot of a people that are vibrant, strong, and proud in their own sovereign nation since 1962. Their culture continues to flourish with dignity, humanity, and pride. The people have the natural gift of hospitality, and genuine friendships are formed when you visit their country. They share every facet of their beautiful country with all visitors and you are truly their guest – "Out of Many, One People." See you in Jamaica, yah mon! Enjoy!!

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Dog's nose prints are as unique as a human's finger prints and can be used to accurately identify them.

They say the Edge of Nowhere is in the Cariboo

Taking 'Centre Stage' for August's issue is a local charity event, the 8th annual Edgefest. This growing festival with camping and live music is little-known gem, hidden right in our backyard. Edgefest takes place August 22nd to the 24th and is located just a little off the beaten path at what organizers playfully call 'The Edge of Nowhere'.

I first met Edgefest organizers Lori Graham, and husband Dave Maplethorp, at Edgefest 2012. It was the first I'd heard of the event, but I had such a good time and felt so welcomed that I hope to attend every year!

I've certainly driven down my share of gravel roads to provincial campsites that have a lot of rules to follow and an increasingly heavy price tag, so the Edgefest admission at \$30 seems to



me to be an amazing price for entertainment and a whole weekend of camping. This event allows you freedom to have fun, in a safe space, at a reasonable price, for a good cause.

The Garlic Festival in Lac La Hache coincides with Edgefest, so why not make it a 'Lac La Hache weekend'? After a day of garlic-y fun, head out to Edgefest on Saturday evening to enjoy some more fun and music for a good cause! Dance the night away to Kamloops rock

band, Full of Excuses. The Edgefest site has a great sound system, a large covered stage, and a cool light show on picturesque private property. It offers grassy, flat camping, very clean outhouses, and a communal fire pit and picnic tables.

The first ever Edgefest 8 years ago coincided with a 50th birthday celebration and hosted approximately 100 family and friends, Lori reminisces. "Dave decided to have a 50/50 draw and we



donated the \$100 proceeds of the draw to the arena in Lac La Hache." And so the idea was born for Edgefest to become a charity event instead of just a music festival.

This annual fundraiser collects monies from admission, empties and cash donations. Over the past 8 years, they have been able to support worthy local causes such as the 100 Mile SPCA, Hospice, the Lac La Hache PAC, arena, and Volunteer Fire Department Christmas hamper fund.

"Every single dollar raised goes straight back to charity. Everything you see on the event site is either donated by friends, like lumber and time, or Dave and I have

purchased out-of-pocket" says Lori. "All the supplies you see like firewood, toilet paper, paper plates and ketchup, that's our yearly contribution to the event."

"It's an ideal setting to be loud without getting yourself in trouble." Dave and Lori make every effort to ensure that Edgefest guests are safe and have a good time. "When you come to Edgefest, you're here to raise money for a good cause, you're here to meet up with old friends and make new friends, you're here to have a good time, and knowing full-well that you're safe." This event really is 'camaraderie for a cause' and a labour of love for Dave and Lori.

The more support and people attending the event, the easier it will be to expand their event – Lori says their next step will be food vendors and more music. They dream of someday increasing the visibility of the event to a full-blown music festival with big name performers, but right now it's a cozy weekend with a live band and a whole lot of fun.

Friday and Saturday people begin arriving and Saturday night there's a potluck that's always delicious. Saturday evening you can expect great live music, dancing, and camaraderie around the campfire. Sunday morning before you head out, make sure you don't miss the coffee and Dave's delicious breakfast by donation.

Edgefest is located at 111 Mile, just Southeast of Lac La Hache. From Highway 97, turn onto Spring Lake Road and follow the signs. Just 15 minutes down this well-maintained gravel road you'll find 'The Edge of Nowhere'. No pets or minors are allowed, and there are no liquor sales so please BYOB. Phone Dave and Lori at 250-791-7303 or Facebook Edgefest Charity Event for more info.

Have a note-worthy entertainment event coming up? Email cstage.stew@hotmail.com

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Garlic-flavoured entertainment?!

The South Cariboo Garlic Festival in Lac La Hache, August 23-24 is an event that the whole family will enjoy. This is a garlic-flavoured, music-filled, entertainment packed event! The Garlic Festival has been growing and evolving for years and this year is gearing up to be a great one. The Garlic Festival is celebrating its fifth year in Lac La Hache along Highway 97 and is set to welcome locals and visitors alike for the weekend of August 23 and 24. For a 5 dollar admission you get an entire weekend of fun, entertainment, shopping, and food for two days.

This family-friendly event has so much to offer, from everything even imaginable garlic to vendors and entertainment. From garlic growers to crafters, potters, artists and more, the 20 acres that hosts the garlic festival has room for something for everyone.

If it's a stroll down the vendors row that has your attention captivated, this is the place that uniqueness and creativity blossom. There are handcrafted products of cedar, glass, leather, jewelry, clothing and toys. The list just keeps growing, as vendors from all over merge together to display their works of art. An entire outdoor mall of interesting items await and that is just the start.

It would hardly be a Garlic Festival if there were not just about every type of food with garlic. If a really big juicy garlic burger is not your style then try one of the other vendors selling hot dogs, pizza, mini donuts, and beef on a bun, fries and ice cream. Besides the made fresh for you vendors there are also many prepackaged edible items for purchase. Check out the garlic peeling and eating contest (Saturday) or the Master Garlic Chef Cook-Off (Sunday).

One of the major events of the Festival is the Garlic Master Chef cook off. Open to anyone who wishes to enter an original



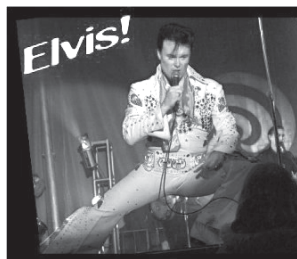
recipe, the top three are chosen and given the opportunity to have a cook off at the event. A panel of judges then chooses the winners of first, second and third, with cash to be won. For a list of past Garlic Chef hall of fame winners and their winning dish check out the Garlic Festival Website.

As a small piece of history the first South Cariboo Garlic Festival was held in Forest Grove in 2000. In 2006 it moved into 100 Mile House where it grew and expanded until finding its current home just north of Lac La Hache in 2010. It now has room to continue to grow and expand and is a 'must attend'.

Let's not forget the wonderful selection of entertainment running all weekend! This musical venue features a covered seating/picnic area and a covered stage with professional sound production.

With so many great things to see and do, make sure you check out the entertainment schedule and entertainer bios on this page to make sure you're not missing out!

ENTERTAINER BIOS:



The South Cariboo Garlic Festival organizers are pleased to announce that **Elvis** – A.K.A. Steve Elliott – will be returning to entertain all of us again



this year. He'll be appearing both days! Saturday: The King of Rock 'n Roll Show and Sunday: Elvis Gospel Show



Candace Copley is a singer-songwriter whose passion for her music is evident every time she picks up her guitar. A well-known musician in the South Cariboo, Candace has travelled far and wide to share her refined voice and honed guitar skills with festival-goers and other audiences. Copley released her first album, 'Before the Good' in May 2011. Floating between the strokes and plucks of her acoustic, Candace's voice reflects a sense of turmoil at some points; at other times, a decisive strength leads listeners on her journey through lives lived and loves lost.

Emaline Delapaix is an Australian singer, com-



poser and musician who lives between rural Western Canada and Germany with her big orange cat Reece. She spends a lot of time writing odd folk pop for piano, acoustic guitar and harp and sometimes whatever else she has lying about the place. Some say she sounds a little like Kate Bush or Tori Amos, but she also loves a lot of Scandinavian music: music that invokes the weather like storms and warm sunsets.



Local musicians **Shayne Cowie** and **Pete Thorne** have joined forces to bring you **Point Blank**. Their unique style of music will take you on a trip back in time with

South Cariboo Garlic Festival Entertainment Schedule

Saturday, August 23

- 10am Candace Copley
- 11am Emaline Delapaix
- Noon Garlic Peeling & Eating Contest (14 & under)
- 1pm Garlic Peeling & Eating Contest (adults)
- 2pm Elvis Rocks
- 3pm Point Blank

Sunday, August 24

- 9:30am Elvis Gospel
- 11am Amber Bowen Band
- Noon Master Garlic Chef Cook-Off
- 2pm Mat Duffus

acoustic versions of songs from bands like ZZ Top, Steve Earl, John Cougar and Cat Stevens. Playing a variety of different guitars, including his own handcrafted blues box guitars, Pete brings his over thirty years of musical experience while Shayne puts his own passion into those songs from the past.



The Amber Bowen Band lineup includes Amber Gregg (Singer/Songwriter, Guitar, Piano), Wesley Gregg (Drummer, Recording/Mix Engineer), and Jeremy Floyd (Bass player). Amber grew up in the Cariboo and began performing at cafes and coffee shops. Putting pen to paper to create her own

songs with the influence of artists like Sarah Harmer, Candace Copley and Sarah Slean, she developed a collection of songs to share.



Folk singer and family entertainer, **Mat Duffus** hails from Penticton, BC and has performed at a wide variety of festivals and other family-oriented events around the province. He loves to get the younger folks involved and provides a great entertainment experience for all ages. Mat's music styles include acoustic folk, pop, blues, country, and cover songs from the 20s to the present, plus originals.



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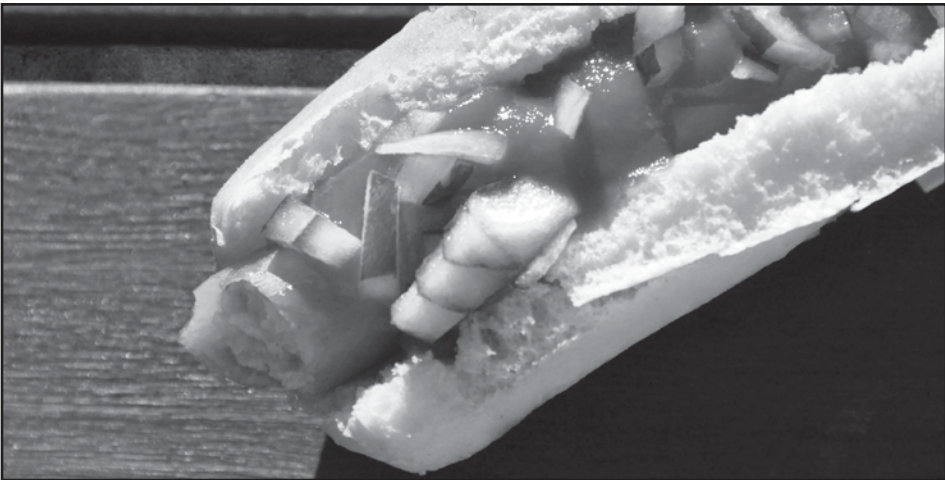
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- Healthstyle 5:** Healthy person to be insured – smokes cigarettes

Sometimes you just want a hotdog

When assigned this months' topic, I had to look up what the "Dog Days of Summer" meant. I'm sure if you've read this far into The Stew, someone has probably explained it to you. Here is what the "dog days of summer" means to me. Around 500 BC, various sausages, some containing large amounts of seasoning to limit the growth of bacteria were developed somewhere in Italy.

Early sausage makers found that a wide range of raw ingredients could be used. The primary ingredients of sausage were the parts of the animal carcasses that could not be used in other ways. Today many primal parts are used in the production of sausage; however, the less tender cuts, organ meats and even blood can be made delicious when ground, spiced and cased.

In 1487 the Frankfurter was born. Four hundred years later a Bavarian immigrant family allegedly pioneered the practice of putting Frankfurters in buns. Originally, Mr. Feuchtwanger sold hot dogs on the streets and provided gloves to his customers so that they could handle the sausages without burning their hands. Losing money when customers did not return the gloves, Feuchtwanger's wife suggested serving the food in a roll instead. How clever. And thus was born the greatest invention in



culinary history which has led to the modern day hotdog.

You are probably saying to yourself, "Brice, you are a talented, handsome, funny and most importantly modest Chef. Why the heck are you spouting the virtues of a food product that most refer to as lips and a**holes?" Quite honestly, it's the perfect food. You have "meat" that you can bake, broil, fry, boil, microwave, cook over an open fire on a stick or BBQ and then placed in a bun or on bread or dipped in cornmeal and deep fried. You can eat more than one and not look like a glutton. They taste like whatever you want them to taste like. For example, do you like mustard? Well go for it. Chili? Sure why not. Cheese? Of course. Sauerkraut, definitely. Ketchup? Not on my watch, that's where I draw the line. Anyway... Tell me what's not perfect about that?

Shortly after I started

Out of the Fridge

By Brice O'Neill



dating my partner, she asked me what my favourite food was. I think she was hoping I'd say something like "Beef stroganoff. I really like making beef stroganoff." However, the colour draining from her face when I told her that it was hotdogs, should have been my clue that maybe honesty is not the best policy. To this day, I hear her voice... "Dude! You're a talented, handsome, funny, modest Chef. Why in the heck do you want to eat hotdogs? You can literally make anything in the culinary world." I do it because a) I was raised by a mother who was relatively health conscience and hotdogs

were a rare treat, and now that I am an adult, I can do whatever the heck I want. b) They are delicious. c) I love watching the expression on my girlfriends face when I take a bite out of that steaming tube steak, fresh out of the microwave, with waves of hotdog stench permeating the kitchen. Oh yes, life is good. So if your girlfriend/boyfriend is anything like mine and is sick of you eating hotdogs, drop me an email and I will send you my beef stroganoff recipe. Yep... free of charge. Who knows you might get lucky. ;) info@newworldcoffee.ca

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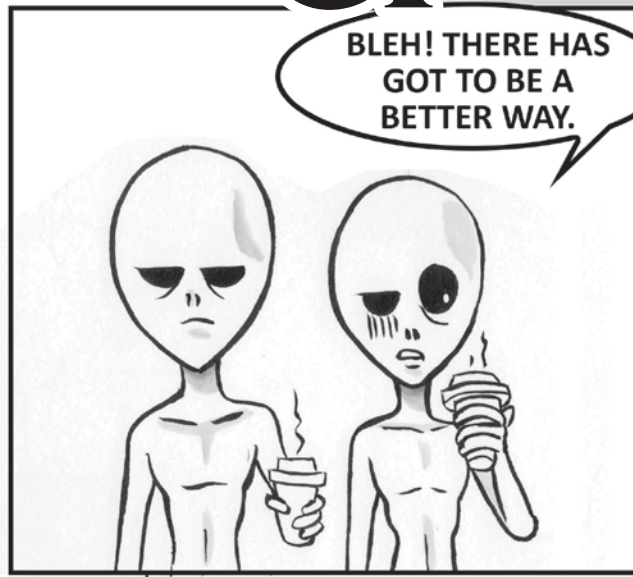
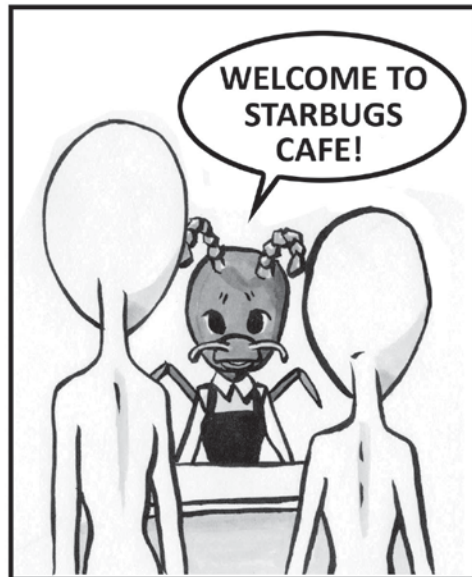
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do

*Having a pet dog has shown to make people healthier.
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Summertime safety for your pet

I can't remember where I first heard the phrase, "these are the dog days of summer", but I figure it was probably from my grandparents or parents but I never knew what that meant except it was very hot and miserable. The saving grace during these dog days was the Shuswap Lake, where I spent most of my childhood. I did a little reading on Wikipedia and found the origin of the term.

"The Romans referred to the dog days as diēs caniculārēs and associated the hot weather with the star, Sirius. Sirius is also the brightest star in the night sky. The term "Dog Days" was used earlier by the Greeks.

The Dog Days originally were the days when Sirius rose just before or at the same time as the sun (heliacal rising), which is no longer true, owing to precession of the equinoxes.

Dog Days were popularly believed to be an evil time "the sea boiled, the wine turned sour, dogs grew mad, and all other creatures became languid; causing to man, among other diseases, burning fevers, hysterics, and phrensies." according to Brady's Clavis Calendaria, 1813".

So, now you know where the term comes from, so here are some things to consider when Sirius is causing dogs to go mad and, heaven forbid, our wine turns

Adrenaline Fix

By Darren Smith



sour.

In the heat of the summer, we have to remember our furry friends. They don't know what the temperature is and my dog wants to go everywhere with me. He doesn't care if I am going to the store or getting a haircut, he does his best to get into the car. When it's hot out, your car can become a furnace in no

time. Parking in the shade or cracking the window does little to nothing for the temperature inside and wearing a fur coat doesn't help matters much. Your pooch can suffer heat stroke and die very quickly, so please, no matter how short a time you will be gone, NEVER leave your pet in the car.

Did you know dogs can get sunburned? Me neither but they make sunscreen for pets, though I don't know if I am going to be spraying my Siberian with SPF 50 before he goes outside every day. Dehydration is a concern as well, so if you take your pet to the park or for a walk, bring water, not only for the dog, but don't forget



some for yourself.

Hot weather also brings out critters that are dangerous to your pup. Mosquitoes can cause heart worm disease so if you are in an area where those pests are common, have your pet on heart worm medication. Always check for ticks after spending time outside. Stings and bites from other insects

can be detrimental to your dog's health as well and although they aren't common in BC, there are dangerous snakes that can kill your dog or cause serious illness.

My dog is part of my family and as much of a pain in the butt he can be, I want him to be with us but not if it may cost him his health or even his life.

TOUR DE CARIBOO - SEPTEMBER 6TH

Set your next fitness challenge on the Tour de Cariboo, a 76km bike ride from Williams Lake to Gavin Lake.

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On September 6th Big Brothers Big Sisters of Williams Lake will be holding the 22nd Tour de Cariboo event. This annual event is a highlight for many cyclists in the Cariboo and beyond.

The 75km ride from Williams Lake to Gavin Lake is an event for riders of all abilities. Whether you want to challenge yourself to ride the event as a solo rider or as a part of a relay team this is an event that you will enjoy participating in.

All revenue generated by this event supports programming for over 100 local children. Programs

supported by the event include Big Brothers Big Sister matches, In-School Mentoring to children in School District 27, as well Couples for Kids, Aboriginal In-School Mentoring, and Teen Mentoring.

On the day of the event you will be supported by many volunteers along the way. There are rest stops with water and some snacks to give a boost along the way. At the mid-point at Big Lake a delicious lunch will be provided for riders. First Aid and support vehicles will also be provided along the route.

At Gavin Lake there

will be an appetizing buffet, presentation of prizes, and a fun evening of music and shared stories. Bring your own tent or trailer, stay in the cabins on sight and keep the enjoyment going.

Visit our website at www.bbswlake.com or give us a call at 250-398-8391 for more information. Registration is on our website and is \$40 and a minimum of \$100 in pledges make this an important annual fund raising event for Big Brothers Big Sisters of Williams Lake.

Sign up for the Tour de Cariboo today and support your community!



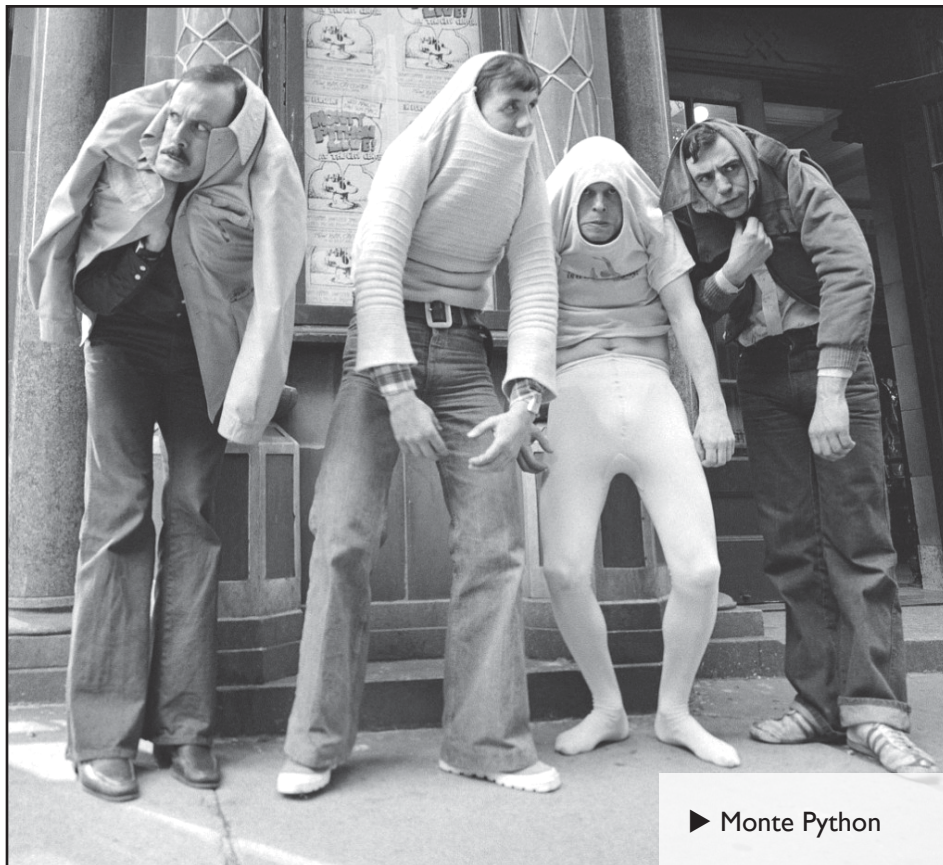
An afternoon of Monte Python

The “dog days of summer” are upon us, although in the Cariboo true dog days are rare, which is a good thing with the forest fire risk. The phrase refers to sultry weather, of which we do get some, even a whole week of it so far this year (this column is being written on a rainy July morning). In ancient Rome, summer was believed to be ruled by Sirius, the dog star, in the constellation Canis Major. It was the brightest star in the sky, and followed the sun in July and August, so the Romans thought it provided the extra heat in those months.

Even though we Caribooers suffer through our week or two of heat, it is nothing compared to the summer heat the ancient Romans worked through. While they were forced to figure out ways to cope with the oppressive heat, we find every opportunity to take advantage, finding higher elevations and cool lakes to play in. This writer’s personal philosophy is that we need to get as much heat and fun as we can before we face another long Canadian winter.

In that spirit, at least partly because the Theatre does get oppressively hot, the Williams Lake Studio Theatre Society takes a break for the summer. The exception is a clean-up day, this year on Saturday, August 9. Of course, we can’t do anything without some sort of entertainment, so this year we are providing lunch and an afternoon of Monte Python. Everyone is welcome to join us; if you want to help clean, you get a free lunch, if not, there will be a small charge. If you want to start volunteering, this is a great way to get to know the theatre. Show up at the theatre anytime in the morning to help, or around noon for lunch. Email wlstheatre@gmail.com for further details.

And now for some-



► Monte Python

Behind the Curtain

By Cathie Hamm



thing completely different.

Monty Python, if there is anyone who doesn’t know, there were five British comedians: Graham Chapman, John Cleese, Eric Idle, Terry Jones, and Michael Palin, and one American transplant: Terry Gilliam. They had all done work for the BBC in the late 1960’s, and joined to create “Monty Python’s Flying Circus” in 1969. Their work did not come from out of the blue, they were riding the coat-tails of the brilliant BBC humourists of the 60’s, but they tied it together with a style that redefined television.

The show featured comedy sketches, but they didn’t follow the conventions of normal TV; they might end abruptly, often by being suddenly interrupted by a BBC

announcer (John Cleese) in a black suit sitting at a desk in the middle of a field, announcing “and now for something completely different”. More often than not, the totally new subject would wind its way around to something that was related to the original topic.

The troop took humour to extremes. One of the most famous examples is the “Dead Parrot” sketch, where Mr. Praline, played by John Cleese, tries to returned his deceased purchase to a shopkeeper, played by Michael Palin. “It’s based on a guy I originally bought a car from,” says Palin. “If anything went wrong with it, he would never admit it. There was always some excuse. You’d say, ‘The brakes don’t work’ and he’d say, ‘That’s because it’s new. It needs a bit of

adjustment.’ But I went down a hill and nearly killed myself.” (tomsoter.com). Cleese and Graham Chapman “believed that there was something very funny there, if we could find the right context for it”. In early drafts, the frustrated customer was trying to return a faulty toaster to a shop. Chapman realized that it needed to be “madder”, and came up with the parrot idea. (Wikipedia) They also realized it couldn’t be just any parrot, and thus the exotic species “the Norwegian Blue” came into being. (Remember that a northern country could not possibly be home to parrots, which are tropical birds). The result is a brilliant parody of denial and acceptance, featuring many English euphemisms for death. No description can do it justice. If you haven’t seen it, look it up and watch it.

“Dead Parrot” is a fan favorite, and a statue of a large blue parrot lying flat on its back has recently been unveiled near Tower Bridge in London. It is a tribute to the troop to mark the Monty Python Live (mostly) farewell show. Join us for our tribute on August 9th.

THE STEW MAGAZINE’S Monthly MIX



HOLIDAYS OF THE MONTH

August 5th is Work Like a Dog Day

Work Like a Dog Day honors and recognizes the hardest working among us.

Some people skate by, doing as little as possible, doing only what they have to. Others still work like a dog; they dig in relentlessly and seldom take a break until the task is completed.

Today is a day to show appreciation for those who carry more than their load, and work like a dog. You can also honor them by working like a dog today.

August 26th is National Dog Day

National Dog Day has two goals: to honour dogs, and to rescue dogs from homelessness and abuse. It’s an opportunity for us to recognize and appreciate the value and importance of dogs in our lives.

This day is intended to honor dogs for all that they do for us. In addition to giving love and companionship, dogs help us in countless ways. They are watchdogs for our safety, they lead the blind, they aid in search and rescue, and they seek out bombs and drugs.

August 27th is Just Because Day

Just Because Day – finally, a chance to do something without a rhyme or reason. Most often in life, we do things because we have to, or we want to, or it’s expected of us. None of those reasons apply today.

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Broaden your musical horizons

Well I've been away for a while again, but I'm back now... again. But while I've been away there's been so much interesting new music, and unfortunately I've had almost no time or energy to spend on the internet digging for new stuff to listen to. Mostly I've just been listening to my Sound cloud stream, of which I've been trying to broaden the horizons beyond dubstep and trap, but it's not easy. Needless to say, I've found a bunch of new electronic music. There are new albums from old favourites and new discoveries of not-quite-so-new artists. I'm going to try to cram as much as I can in here so let's try not to get too far off track.

Three of my favourite metal bands released new albums in the last couple months.

There's a wicked new heavy, chunky one called **Tibi et Ingli** (Latin for *For You and Fire*) from one of the oldest metal gods in Poland: **Vader**. They started in '83 when the name of the Sith lord was still a feared thing in the galaxy and didn't conjure as many mental images of your six year old's Halloween costume. They began as a thrash / speed metal band and evolved

into a death metal band, so what we've got here is some of the best old death metal around with some heavy thrash influences. One of the other things that really attract me to this band is that the vocals are actually decipherable rather than growled into obscurity. Good stuff right there.

Even with all the pummelling drums and guitar in that Vader album, switching over from that to **Every Time I Die** is still a kick in the head. A billion times more angry and brutal, they combine mathcore with hardcore and Keith Buckley screams almost all his lyrics at the top of his lungs as if Leatherface were hacking his limbs off while he tries to sing. Totally brutal. In an interview with Loudwire, Keith explained that **From Parts Unknown** is less angsty and angry than **Ex-Lives**. He says "... it's a lot less entitled than the last one was, I think. I feel like I expected so much of my life at that point and it wasn't where I wanted to be... But this one is like, actually, I have a really blessed life. I get to tour the world and I should start being appreciative of that." Well, it certainly doesn't sound it; you have to delve into the

lyrics (which can be difficult to decipher through the screams) to find the return of that signature Keith Buckley tongue in cheek humour.



And the big one everyone's talking about is the new **Mastodon** album, **Once More 'Round the Sun**. The progressive groove / sludge metal band who's had a concept behind every album up until *The Hunter* claims that this is thematically a continuation of that last album. So what is there to continue on a conceptless album? Well particularly the sound. *The Hunter* was the final down-shift away from the really crunchy progressive metal of their roots (*Remission*, *Leviathan*) to something much more recognizable as modern sludge metal from the southern states. The other continuing theme here is death and mourning. They've lost several dear family and friends over the last few years, including band member Brent Hinds' own brother, whom *The Hunter* is dedicated to. *The Motherload* offers a hand up to a struggling friend. At the other end of the album *Ember City* expresses the futility one feels while trying to console someone who's lost someone close or possibly even on their own death-bed as the chorus laments "And you were slipping away. What do I say to you? What do I say to you?" Horribly tragic. Chokes me up every time. I love these guys.

Punk cover band **Me First and the Gimme Gimmes** dropped a new album called **Are We Not Men? We Are Diva!** As the title suggests, this time they're covering



songs originally by female vocalists (maybe not so ironically is the inclusion of Culture Club's *Karma Chameleon*) but on this album they're not sticking to old classics from decades long past, as it includes a cover of Lady Gaga's *Speechless*. Overall I feel less thrilled with this album as some of their previous ones but that's probably all just personal since, due to the nature of the songs on the album, there's few here I ever really took to heart. Further, there's a few that I wrote off long ago that rear their ugly heads – *My Heart Will Go On* from that movie, and even Cher's *Believe* which they didn't even leave the auto-tune and synth out of – gggaaaaahhh!!! Oh and *I Will Survive* which I guess is requisite for a cover band, because who hasn't covered that? And why is there an acoustic cover (*Crazy For You*) on a punk album? It seems totally out of place. The real gem of the album is the killer cover of Paula Abdul's *Straight Up*. I think the punk chicks will be much more receptive to this album than myself.

As I said before, lots of new electronic stuff so I'll try to breeze through this quickly.

Most recently I discovered **Zeds Dead**'s new EP **Somewhere Else**. I barely had a chance to listen to this once but when I first hit play on it in the living room the other day, I danced along and knew this one would get lots of replay. The Canadian duo launched themselves five years ago on hardcore dubstep, but like most artists who started there, they've branched out to experiment with sounds that are now more in



mainstream focus like trap beats and hip-hop vocals. So this album is far more varied than some of their previous stuff. The track that really grabbed me while I had it on in the background was the disco number, *Lost You* (featuring Twin Shadow & D'Angelo Lacy). It was probably the vocals that caught my attention.

As the result of a little poking around on Soundcloud I discovered **Ganja White Night**, an artist I'd never heard of before. This is a really creative drum 'n' bass duo that are not too heavy. Some of my favourite moments in this album remind me of Thriftworks' stuff floating on top of some deep bass. I can't find much more info on them than a badly written bio on their homepage and nothing on this new album, **Addiction**. You can find the promo mix on SoundCloud and download the full album from BandCamp. Very cool stuff. I'll be keeping my ear on these guys.

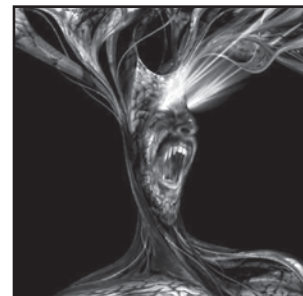
The new **Borgore** album, **#NEWGORE-ORDER** was less of a discovery and more of a reminder. I'd heard some of this guy's stuff before, and it's pretty rockin'. Here's a prime example of a hardcore dubstep artist (so hardcore and raunchy in his own fashion that the genre 'gorestep' has been coined after him) moving into trap beats as the audience's collective attention pan shifts. But Borgore stays as true to his roots as possible combining filthy dubstep breakdowns, hardstyle driving bass beats and

trap beats so heavy simply clapping just doesn't seem like enough. Am I selling this? I'm actually loving this album. Not for the faint of heart or easily offended. Best tracks: *Hate* and *Decisions* (featuring Miley Cyrus).

Oh and if you like raunchy, don't forget to check out **Die Antwoord**'s new album, **Donker Mag**.

Everyone's DnB favourite, **Bassnectar** also dropped a new album full of featured artists and very cool beats called **Noise vs Beauty**. And **Plastikman** gave us a nice ambient minimalist techno album called **E X**. In a clever move, all the track titles start with "EX" like 'EXposed,' 'EXpand,' 'EXpire,' etcetera.

But by far, the coolest thing I've heard in the last couple months is the sophomore release from experimental producer **VHS Head**. This guy makes all his music out of samples he's gleaned from old ex-rental VHS tapes. His inspiration is mostly '80s B movies, so there's lots of cheesy '80s guitar riffs layered



over eerie synth sounds from suspenseful scenes. It's all cut up and juxtaposed together to create a very listenable and very cool sound reminiscent of industrial-electronic music from 20 years ago. Much of this album takes



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The longer a dog's nose, the more effective its internal cooling system.

me back to a brown floral couch and the phosphorescent glow of a 20-inch CRT television in a dark room. Even though I can't place a single sample, the overall sound, the cheesy guitar and synth riffs that collide to form new melodies, everything about this album is inherently familiar, yet completely new and amazing. **Persistence Of Vision** is by far the coolest thing I've heard in a long, long time.

With all this stuff going on, I almost forgot about a few of the biggest names on my radar who also gave us new releases. Names like Jack White, and Lana Del Rey.



Well **Jack White's Lazaretto** is exactly as expected: perfect. Well this is his second album under his solo name (after launching three other bands to super-stardom). The reviews are in and Metacritic tallied 39 positive reviews out of a total of 44, landing the album a Metacritic rating of 80% which would likely have been much higher if it

weren't for that one hater over at Tiny Mix Tapes. This album combines the same Americana blues and Jack White perfectionism that existed on *Blunderbuss*. It's funny though, overall, I feel less drawn to this than I did his last one. I'm gonna leave it in the rotation though, and I'm sure it'll grow on me. If you haven't heard it yet, definitely check it out.

See, **Lana Del Rey's** new album, *Ultra-violence*, received more mixed reviews out of less reviewers and still managed to land a final Metacritic score of 75%. She described her first

album as "Hollywood sadcore" but this, she says, is "narco swing." It's noticeably more sedate than her previous releases but all the power and sadness and noir atmosphere still exists. She still wants the bad boy with the shiny car. She still wants money, fame and, almost ironically freedom. But she comes off as a stronger woman for all the stuff she's put up with. All the pop hooks have been dropped. She's not out to impress the masses anymore. The world's eyes are on her and she's proving she doesn't need to conform to their cookie-cutter expectations to survive.



Keep it up Lana, the haters have been put in their place. We love you.

OK, OK, I know I'm pretty much out of space already but I've saved the absolute best for last again. "**Weird Al**" **Yankovic** has blessed us with a new collection of hilarious parodies of your favourite artists and songs. Over at his website he released eight music

videos in eight days, so that covers three quarters of the album. You may have already seen 'Word Crimes,' a video in which he parodies the video the internet was most annoyed with, with a rant against the problem of the internet that annoys most of us far more than a sexist innuendo: bad grammar. Pharrell Williams' *Happy* has been made *Tacky* (which also has a hilarious video), but my favourite is *Foil* the awesome take on Lourdes' *Royals*. I really have no more room to talk about this, so consider **Mandatory Fun** your mandatory listening for the month.

Gaming : a sizzling summer pastime

The first thing I thought of when I heard that this issue's theme would be The Dog Days of Summer was, somewhat obviously, the game Kane & Lynch: Dog Days, the sequel to Kane & Lynch: Dead Men, both of which were produced by IO Interactive, the company probably best known for the Hitman franchise of games.

Unfortunately, I had never really played much of either of the Kane & Lynch titles. I briefly entertained the thought of trying to play through the game in honour of this issue, but the month quickly got away from me, leaving me with the task of writing about a slightly different take on The Dog Days of Summer. Which is to say, the more usual meaning. Which is to say the hot, hot, hot, holy cow it's hot, days of summer.

Which is appropriate, because that's what the weather's been like for the last few weeks.

Gaming can be a fine pastime for those hot, hot days of summer when setting foot outside feels a bit like setting foot into the middle of an atomic blast. Gaming is something you can do in the comfort of an air-conditioned living room, or in the cool of the

basement.

Even so, there are a number of video games that just feel kind of hot when you play them. Games that are set in worlds where the mercury is surely on the rise, where you can almost feel the sweat on the back of your neck even as you drop the disc into the tray.

I've been playing one of those games lately, in fact – Far Cry 3. That title, and its predecessor, are both titles that are set in what looks like a hot, sweltering sort of environment. Far Cry 2 is set in central Africa while Far Cry 3 takes place on a tropical island, and both locations just radiate heat as you travel down dusty roads or weave your way through the shade of the trees. You almost expect the feel the rush of cool when you dive into the virtual lakes and rivers.

Far Cry 4, which is set in the Himalayas, looks to break this trend when it releases later this year. On the plus side, you'll be able to ride on elephants, so that seems a fair trade.

I can't think of a game that makes me think of the heat as much as Grand Theft Auto: Vice City. Set in Rockstar Games' version of Miami, Florida in the 1980s, complete with Mi-



Gaming Life

By Todd Sullivan

ami Vice inspired clothing and vehicle options, and a sizzling 80s soundtrack, it might very well be the most appropriate game to play in the summer heat. Especially if you enjoy climbing the ladder of the criminal underworld.

But perhaps the greatest game of summer is one of the very first games I ever played. I played it on a Commodore 64, but it's been released on a variety of platforms: Lemonade Stand. And yes, it's exactly what it sounds like – a lemonade stand simulator. Buy your sugar, buy your lemons, figure out how much lemonade you want to make, how much you want to sell it for. And then hope the weather holds out.

By today's standards, of course, it's a pretty basic game, but I can remember pouring hours and hours into this title, each time trying to make a little bit more money than the last

time I played. And you've only got 30 days to do it!

If you've never tried your hand at running a virtual lemonade stand, now's your chance. You can play it online at <http://www.coolmath-games.com/lemonade/>

Now, before this heat takes its toll on us, let's see what looks interesting in next month's releases.

It's got no release date yet, but the game of the month is definitely Wasteland 2, coming to computers running Windows, Macintosh, and Linux operating systems. Wasteland 2 is a very, very long in coming sequel to the game Wasteland, which was released in 1988.

You might be familiar with the Fallout franchise of games, which were spiritual successors to Wasteland, but this title promises to be a true return to form, following their successful Kickstarter campaign.

They've even got a bunch of the original development team back! Admittedly, the lack of a solid release date means this title could slip to next month (or even next year), but let's keep our fingers crossed for now.

Ultra Street Fighter IV comes to Xbox 360 and Playstation 3 consoles on August 5, and then Windows computers a few days later on August 8.

7 Days to Die – one of a number of survival simulator games that have appeared on the scene following the success of zombie survival game Day Z – arrives on August 17 for Windows, Macintosh and Linux computers.

And for gamers looking to bring the most complete version of the demon-slaying simulator to their consoles, Diablo III: Ultimate Evil Edition hits the shelves

for Playstation 3, Playstation 4, Xbox 360, and Xbox One on August 19.

Other notable releases: Sacred 3 (08-05); Risen 3: Titan Lords (08-12); Infamous: First Light (08-26); Professor Layton vs. Phoenix Wright Ace Attorney (08-29)

What have I been playing lately? Weirdly, playing Watch Dogs last month inspired me to dust off another open world title that I haven't touched in awhile – Far Cry 3. Which is where most of my gaming efforts have been spent this last month. Though I also picked up a copy of Fallout: New Vegas for the PC during the recent Steam Summer Sale.

What have you been playing lately? What game do you think of when you think of summer? Let me know! Email me at todd@thestew.ca

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27. End Of The Roll
ARTIST: Jeannie Marie Herron

28. Audio Video Unlimited
ARTIST: Lynda Sawyer

29. Bob's Shoe Repair
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30. Sta-Well Health Foods
ARTIST: Jana Roller

31. It's "You" Time
ARTIST: Tahirih Goffic

32. Computer Access Center
ARTIST: Cariboo Carvers

33. Re/Max Williams Lake Realty
ARTIST: Suzie Ambrose

34. Cariboo Friendship Society
ARTIST: Elisabeth Hoelderl

35. Cariboo Eye Care
ARTIST: Liz Doerksen

36. Dollar Dollar
ARTIST: Eleanor Friesen

37. Bloom'n'Gifts
ARTIST: Debbie Lloyd

38. Bank of Montreal
ARTIST: Kendra Dixon

39. Sandtronic Business Systems Ltd
ARTIST: Cheri Carrier

40. Hub International Barton Insurance
ARTIST: Celebrity Artists

41. BFF Fashions
ARTIST: Mary Lou Johnson

42. Woodland Jewelers
ARTIST: Geoff Bourdon

43. Walk-Rite Shoes
ARTIST: Barb Fraleigh

44. FBB Chartered Accountants
ARTIST: Joan Bingham

45. 1st Editions: Books & Toys
ARTIST: Ice Fire Artifacts

46. The Hobbit House
ARTIST: Reina Barnes

47. Red Shreds
ARTIST: Dwayne Davis

48. Eloquence Spa & Salon
ARTIST: Rafter Studios

49. 4 Sure Bistro
ARTIST: Marlene Pegg

50. Mulberry Lane Gift Studio
ARTIST: Harvey Elsworth Overton

51. Delainey's Center
ARTIST: Marin Patenaude

52. J&E Gifts & Treasures
ARTIST: Reva Schick



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Subway
Tim Horton's
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McLeese Lake Store

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Mex-Can Pet Partners

BY MICHELLE WARDLE

They are sights familiar to visitors of virtually any Mexican city: painfully skinny, scruffy dogs foraging through garbage bins in the market, dodging traffic on the busy streets, or trapped on rooftops roasting in the oppressive heat with no access to shade or water. Mexico has a stray dog problem of epic proportions and a prevailing cultural attitude of turning a blind eye to the neglect and abuse of homeless or ill-treated domestic animals. For travellers to this beautiful country who might be missing their own beloved pets back home, witnessing our furry friends in such dire straits can cast a dark cloud over our sunny holiday, but we feel helpless to intervene. What can we do to help them?

One woman who could not stand by and do nothing is Marlene Davis, a passionate animal advocate and founder of Mex-Can Pet Partners. An accomplished visual artist who divides her time between the historic colonial city of Guanajuato, Mexico and Victoria, B.C., Davis was compelled to establish a non-profit society in 2000 to address the overwhelming problems of pet overpopulation and the almost total lack of infrastructure to help homeless dogs in her adopted city in Mexico. Guanajuato has a rudimentary Animal Control department, but no accompanying adoption system or spay-and-neuter education program. This results in over fifty dogs and cats a week being put down at the pound, with no mechanism in place for changing that heartbreaking statistic.

Marlene's approach to bringing about this much-needed change is multi-faceted. Firstly, she addresses the immediate needs of homeless or abandoned mutts who come into her care by sheltering them at her property in Guanajuato, getting them



the veterinary care they require (including all shots, sterilization, and medical attention to any injuries or illnesses they may have) and finding loving homes for them back in B.C. She and her small team of helpers have anywhere from 15 to 35 dogs at the rescue facility at any given time, and they also work closely with other independent rescuers in the city and surrounding area to make sure as many dogs as possible are being helped. She then transports dogs several times a year to Victoria or the Lower Mainland to adoptive or foster homes in Canada. Mex-Can Pet Partners has placed approximately 350 dogs in forever homes over the years.

Secondly, she also aims to get at the root of the problem by supporting awareness and sterilization campaigns to stem the tide of unwanted animals in the first place. Marlene has funded and volunteered at spay-and-neuter clinics run by the local animal welfare group Amigos de los Animales de Guanajuato, purchasing equipment to perform these operations and working in the recovery room administering post-op medications. Recently, sterilization clinics have also been held by the Guanajuato state government, with state-funded veterinarians performing around 60 operations a day for 4 or 5 days in a row—a positive sign that the powers-that-be are taking at least some responsibility for the challenge of addressing this urgent problem. Since



2001, 9,328 animals have been sterilized by Mex-Can Pet Partners, Amigos de los Animales, and the Secretary of Health—612 so far this year already—which has prevented countless unwanted litters of animals who would have likely suffered the same cruel fate as their cousins at the pound.

Marlene is a shining example of doing what you can, where you can, when you see a need in your community that touches your heart and moves you to personal action. Indeed, it is a testament to how much difference one dedicated person can make that Mex-Can Pet Partners is run by Davis herself. However, no successful charitable organization runs without help from other like-minded supporters, and she is grateful for help from a small core group of volunteers who pick up dogs from the

airport and distribute dogs to their foster or forever homes, provide financial support to the organization in the form of charitable donations, and on occasion offer to escort dogs on WestJet flights back to Canada from Puerto Vallarta or Alaska Airlines from Guadalajara or Mexico City. One woman in particular has helped on at least eight occasions to escort dogs to their new guardians in Canada. Marlene will increasingly be relying on volunteers to accompany dogs on flights as she will be travelling less frequently herself, and relies heavily on donations to (barely, mostly) break even, so if you are interested to know more about what you can do to support the great work being done by her, please visit her website mex-can.org or visit the Mex-Can Pet Partners facebook page.

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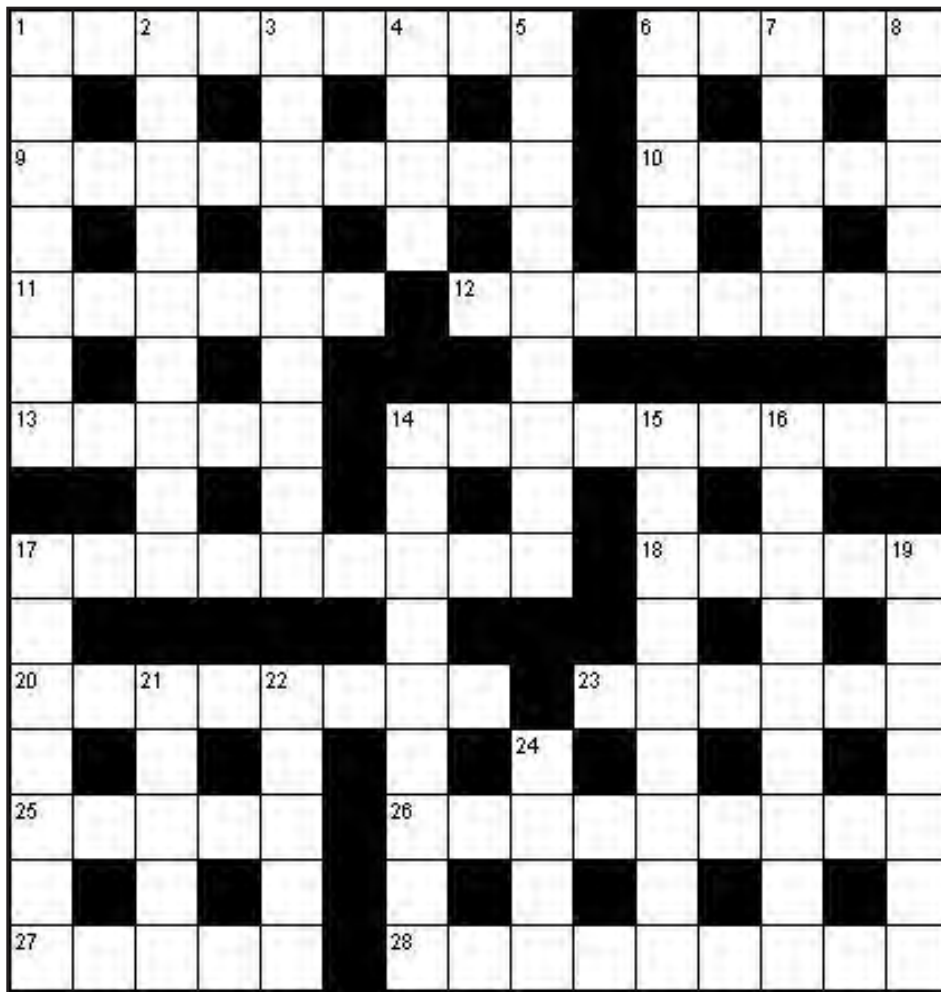
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X-Word Puzzle

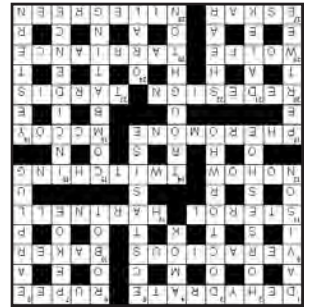
ACROSS

- 1 Dry out in specially heated container? (9)
6 It's unbounded gluttony, eating up the Indian bread... (5)
9 ...eating greedily, having energy for nothing, to be truthful (9)
10 He'll have a loaf around with two 3s (5)
11 Old soak's knocked back litre of alcohol (6)
12 3 needs a room without high rent (8)
13 Sounds like specialised skill? Not at all (5)
14 Appearing nervous of spelling test, first and foremost? (9)
17 Quiet, brave chap has lots of dosh – that's an



- attractant (9) 20 Advise old Leo to make new plans? (8) 23 It's funny in a way? On the contrary, 3's trans-

- ported by it (6)
25 Author's ebb associated with Ecstasy? (5)
26 Note leaves create train chaos – delay results (9)
27 One used to hear about second ending of Heartbreak Ridge (5)
28 Nothing by English novelist mentioned colour (4,5)
DOWN
1 Miles ahead of 3? (7)
2 It's lucky Regina puts on stockings before boot (9)
3 A clue for how to find Gallifreyan? (6,3)
4 Reassuring status report when in a frenzy? (4)
5 Be delighted by arrest in eastern Greece (9)
6 Time a boozer raised capital (5)
7 Dog drinks a bit of orange tea (5)
8 New driver in Prague breaking sound barrier (7)
14 Channel Tunnel's opening just after 3 (9)
15 Struggling club's recovering? (9)
16 Frequency of occurrence of violent events, say (9)
17 3 written with forward slash (7)
19 Agreement Northern Territory held in the past (7)
21 3's arch foe is 'ealthy, residing in Denmark (5)
22 Cut and run after the woman joins Academy (5)
24 Ethical but unmarried, it's said (4)



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