





On the **Cover:**

This month's cover is courtesy of one of the best in his area for this type of work, professional fashion and glamour photographer Greg Cleaver from Kelowna, BC. Get in touch with Greg at picture_this_gc@yahoo.ca or visit his website www. gregcleaverphotography.com

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Men's Fashion Uniform

BY CRAIG SMITH

I find myself chuckling this month as I sit at my computer typing about fashion looking at what I decided to wear today. Blue jeans, a Harley Davidson t-shirt and a ball cap, the dad uniform. Now I'm not totally out to lunch when it comes to fashion. I have a tux, a few suits, many nice shirts and am as comfortable in them as I am in jeans or Carharts.

Fashion just doesn't seem as important to a guy in his 50's as it does to a 20 year old female. I remember watching Bill Cosby years ago doing a stand-up bit, talking about Dads. He said "All Dads eventually fall off the fashion train, they will reach a point where they will say, "I like what I'm wearing and I'm going to stop keeping up with the trends." I thought then that it was funny, and then even funnier when I saw it happen to my Dad.

It was around 1980 which would have made my Dad about 40 when his fashion sense stopped. Dad if you're reading this, I love you, but it's true, I witnessed it and so did Mom. I'm not sure why it happens to men mostly, but it takes a lot of effort to be fashionable. My Dad was hip and in style through the 50s, 60s and 70s, then found a style that he liked and that was it. I've been a James Bond fan since I saw my first movie in the 70s, "The Man with the Golden Gun", and I was hooked. My Dad had a couple of safari suits like the ones Iames Bond wore and that was the last time I saw my Dad in fashion. Eventually my Mom had to get

rid of those suits when he wasn't looking, as he kept pulling them out of the closet to wear. Now my Dad can be seen in his jeans and a t-shirt most of the time, except for more formal occasions. I watched the same thing happen to myself in a weird, thirdperson way.

I remember having a

tartan suit and a pair of platform shoes in the seventies when the Bay City Rollers and KISS were big. I had a pair of parachute pants like MC Hammer and wore a lot of the very fashionable clothes from the 80s. I guess about ten years ago I fell off that train too. It's interesting that I was 40 just like my Dad. It's not that I don't care what I look like when I leave the house, that's far from the truth, I just found that the money and time involved in staying trendy wasn't worth it as I got older. One of the nice things about being male is that a lot of the fashions for us haven't changed much in the last fifty years. A man's shirt is very much the same, suit jackets have had variations in the collar and number of buttons, and pants have gone from flat front to pleated to flat front. Jeans and t-shirts haven't changed since the 50s, other than not rolling up the pants or your sleeves. If you really want to see the difference between men's and women's fashion, count the stores. I will guarantee you that there are at least 10 women's wear stores to every one men's wear/work wear

As middle-aged men we have a

few fashions left, or as I like to call them, uniforms. Our work uniform (which may actually be a uniform) requires no thought from the worker, other than if it's clean. You don't have to think about it, just put it on. It's amazing how many brilliant (all men so far according to my research) have totally ditched fashion and adopted one look. Albert Einstein, Steve Jobs from Apple, Mark Zuckerburg from Facebook, Johnny Cash and now the US President Obama have adopted this practice, so it's one less thing they have to bother with in the morning. Our next uniform is our play uniform. For some men it's the same as the work uniform except cleaner. It could be jeans and a t-shirt, or shorts and a golf shirt. Lastly we have our

formal uniform. It consists of a

nice suit or dress pants and a collared shirt. It is good for all formal occasions, weddings, funerals, bar mitzvahs and galas. The nice thing about any of these uniforms is that if we see another guy wearing the same outfit as us, we don't start running in the opposite direction screaming that our day is ruined. It's actually quite the contrary, because if someone is smart enough to pick the same ensemble, we must be kindred spirits, so now we have made a new friend.

I do enjoy dressing up in my nicer clothes, but some days at work it just isn't practical. When I do, there are always compliments as we live in a very blue collar town and it's unusual to see a guy in something other than the daily work uniform.

unusual to see a guy in something other than the daily work uniform. The compliments are always followed with questions like, going on a date? going to a wedding, a funeral, or church? If they don't know who you are the reasoning is that you must be a lawyer, doctor or worse... a salesman.

My challenge to you, men of the Cariboo, is to change the way you dress a little. I'm not talking about dumping all your jeans and t-shirts in favour of the newest trendy clothes. I'm talking about putting on a nice shirt when you take out your significant other to dinner, or wearing clothes that match (ask a girl, she will tell you if you look good or not) and not looking like you're on People Magazine's worst dressed list. Remember it doesn't go against the "Bro Code" if you see a guy dressed nicely and say, "Nice shirt" because you'll probably get back a "Thanks, you too."







MARIE



Nutrition Facts

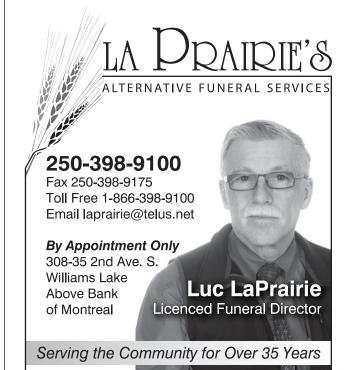
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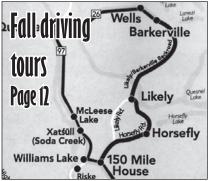
% Daily Value

The Fashion Issue is about everything fashion; from clothing, to what we buy and how we act. The idea of fashion is in a sense, fashion itself. It is the opinions and ideas of what someone thinks is a fashion, no matter how it relates to something else. Fashion has an effect on everyone whether we think so or not. What is available to buy, and put in the most simple of terms, what we all have to look at – there is no hiding.

Ingredients: This month's issue involved a lot of fun and reminiscing. "Hey do you remember when this was in fashion" and "Did I actually wear that" conversations. When building from last month's issue we also remembered dog fashion items; the colourful bandanas, the Harley Davidson hat, and the Christmas outfits. Our other ingredients for the fashion issue came from our own closets – what is considered in fashion now or was in fashion years ago. Just like history, fashion repeats itself, so if you wait long enough it's bound to happen again.











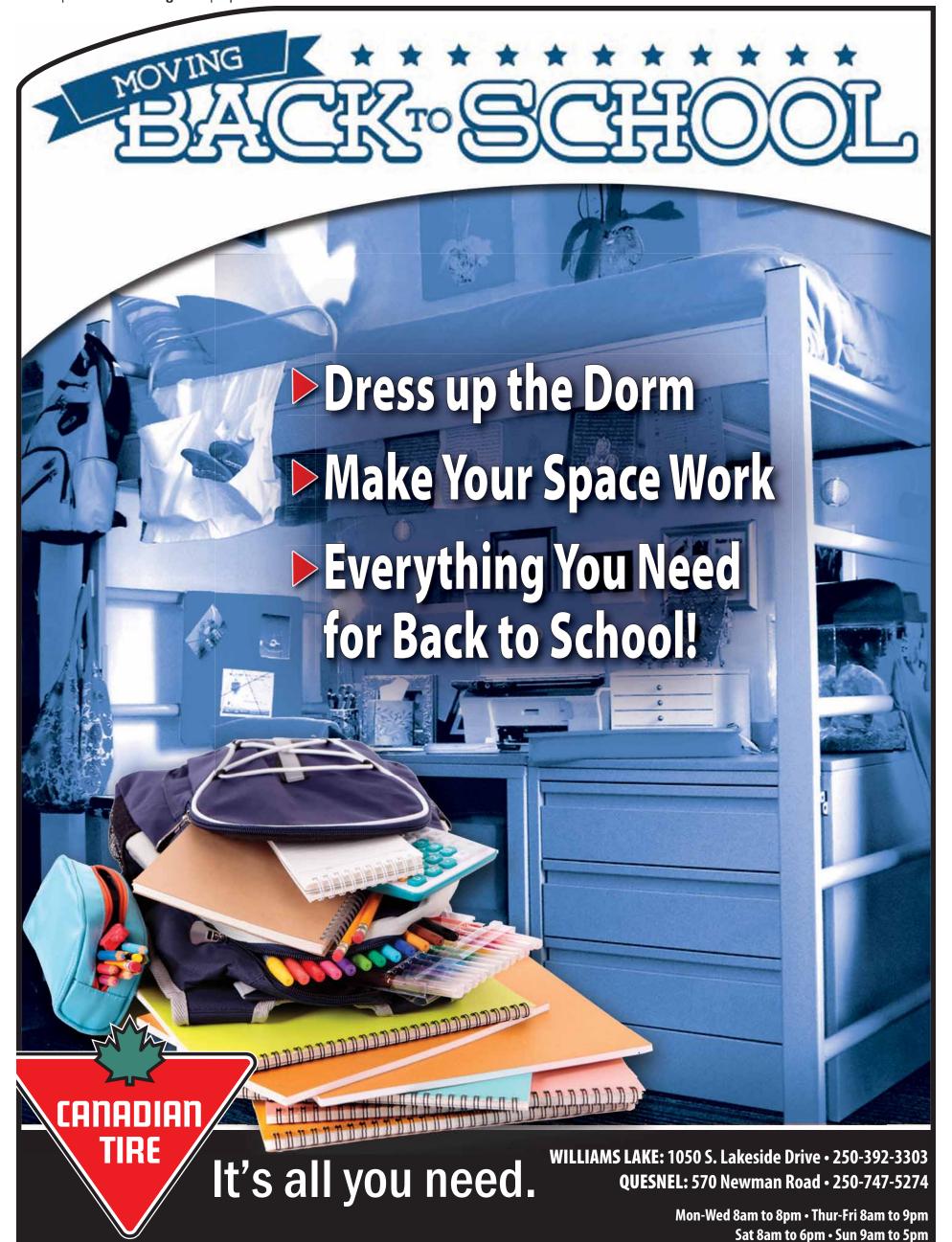




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James Lee "Jim" Holt – a cowboy legend

There's a cabin on the east end of Big Eagle (Choelquoit) Lake known as Jim Holt Cabin. It's a range cabin for cowboys keeping track of cattle for Duke Marten's C-1 Ranch of Alexis Creek. It's called Jim Holt Cabin because James Lee "Jim" Holt was the first range rider to work for Duke Marten when he first brought cattle up to Eagle Lake, and Jim built the cabin there.

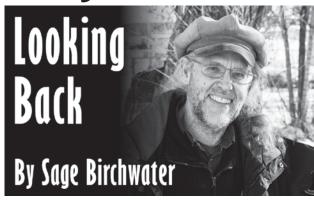
Jim arrived in the Chilcotin after the First World War, pushing 50 head of horses from Bonner's Ferry, Idaho with his stepson, Leonard Butler. He was married to Leonard's mother, Ada, and the couple had two sons, Clay and Dean Holt.

Leonard took up land near Bluff Lake in the West branch of the Homathko River, where he married Hilda McKill in 1928, while Jim and Ada homesteaded nearby at Sapeye Lake. After a few years Jim and Ada split up and she married a man by the name of Kurt Heiney.

Jim belonged to the era of American gun-slingers who migrated north to Canada. Laurie Haynes, who arrived in Tatlayoko Valley as a nine-year-old with his mother and four brothers in 1929, remembered Jim Holt well. He spent time with Iim Holt and Leonard Butler in the West Branch Valley while he was growing up, and said Jim still had chunks of lead bullets buried in his body from gun battles gone awry. Old Jim ultimately carried these remnants of the Wild West days to his grave.

Lee Butler recalls a story told to him by his dad, Leonard Butler, about a set-to between Jim Holt and the infamous Theodor Harley Valleau.

"Dad and Jim were walking up from the lake when they met Valleau coming the other way along the road. There was some kind of argument over a hound dog and Valleau asked Jim to go for his gun. Valleau imagined he



was some sort of gunslinger, and everyone knew that Jim was a real gunslinger. Jim didn't have a gun on him and Dad was packing a .30-30.

"Valleau kept pulling his pistol out of his shirt and poking it back in, and taunting Jim to go for it. Jim was edging over toward Dad and said 'Give me that gun'. Dad kept moving away and wouldn't give it to him. He knew that Jim would have killed Valleau right there if he let him have that .30-30."

Famous grizzly bear guide, Clayton Mack, spent one winter with Jim Holt near Anahim Lake.

"Old Jim had no money and nothing to eat and was trying to start a ranch at Pelican Lake, so he moved in with me. He told me he was pretty good with a handgun, so I said okay I'll make a bulls-eye for you out on the side of the cabin. 'I'm getting a little bit old', he said, 'I'm shaking now'. Bang he hit the bulls-eye every time, the old bugger."

Clayton was working for Lester Dorsey in Anahim Lake when they heard about a big party at Tatla Lake.

"A bunch of us were building a fence for Lester and somebody came in from Tatla Lake and said there was a big dance at the Graham Ranch that weekend. Lester said it was too far but we wanted to go. 'We're invited, we've got to go'. Finally Lester said, 'Well okay, I'll go'. Horseback, a bunch of us rode sixty miles."

When they got to Tatla Lake, Clayton went into the Graham Ranch house and saw Valleau standing by himself in a corner.

"I sat down on the woodpile, and pretty soon Jim Holt came in and sat down beside me."

Old Jim and Valleau were always feuding, and fueled by alcohol it didn't take long for the two men to get into a heated argument.

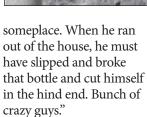
"Jim started picking on Valleau," Clayton said. "Then Valleau reached down in his shoes and pulled out a long knife. Jim Holt stood up and he had nothing. He sat back down on the woodpile and grabbed two sticks of firewood and got up again. Valleau had that knife pointed towards him."

With a sudden move, Jim hit Valleau's hand with one of the chunks of firewood and whacked him over the head with the other. The knife went flying across the room and somebody yelled that Jim had a handgun. That's when all bedlam broke loose. People ran from the room in all directions.

"I went out the back door and some guys went through the front door," Clayton recalled. "When I came around to the front of the house I could see Shorty King walking kind of funny. There was blood on the back of his pants. Somebody yelled, Jim Holt shot Shorty King in the backside."

Eddy Collet took a closer look at Shorty King's injury and started to laugh.

"He stuck his hand in Shorty King's back pocket and he felt a bunch of broken glass," Clayton said. "He went around and looked at it. A bottle of lemon extract. He bought it from a store



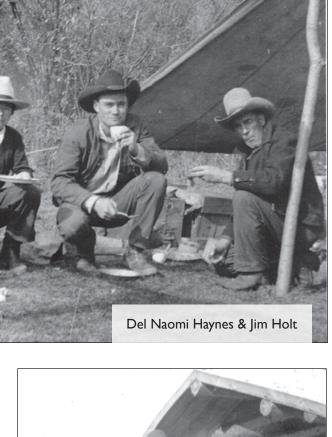
According to local legend, this was the last shoot out in Tatla Lake, and not a single shot was fired. Jim Holt's words have become immortalized as he stood there defending himself with two pieces of firewood taunting Valleau as he approached him with a knife. "Come a-whittling, Valleau!"

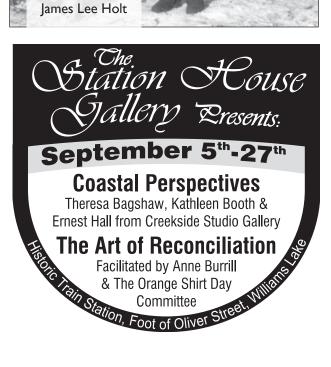
Randolph Mulvahill described Jim Holt as a tough old cowboy from across the line, who was one of the top bronc riders in the world.

"He was a hell of a good rodeo rider in his time. A wild horse man."

Jim Holt rode the range at Big Eagle Lake and helped with the annual beef drives into Williams Lake until old age caught up to him.

"Old Jim was an easy-going old bugger about half tough," Randolph said. "Then he went across the line to his sister's place and died there when he was about 90 with those chunks of lead still in his body."





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The wearable art of Sharon Cahn

BY CHRISTA SMITH

Fashionista, designer, inventor, creator of wearable art, this month's featured artist is Sharon Cahn. Sharon is the master mind behind and designer of Plucking's Wearable Art. What is wearable art? Well it is just that, it is clothing and accessories that are created as pieces of art but instead of hanging them on the wall and framing them, you wear them. All of Sharon's pieces are original one of a kind art and have been seen and sold all over North America.

Sharon was born in Albany, California and grew up on a chicken ranch. Her younger years were spent going to school in California and then attending University at Berkeley. She graduated from Sonoma State with a Teacher's Certificate and a History Major. She went on to gain her Masters in Early Childhood Education and spent over thirty years teaching.

Sharon has lived a love story right out of a book. In grammar school she met her true love and her future husband, they were partnered up and together they learned to dance. From grammar school sweethearts, to marrying right out of college, Sharon and her husband Gene started a life together that would take them on an amazing journey.

The honeymooning couple came to Canada on a camping trip, and after falling in love with the area, Sharon remembers saying, "someday we are gonna have a place here". In 1969 they bought a place in McKinley Lake and have spent every summer here since.

In 1977 Sharon started working with fiber art. Sharon and three of her friends took a spinning class and learned to dye. Sharon recalls that her grandmother was probably the one who got her into clothing and fashion as she was the one who taught her to crochet at a young age and from there she started to sew all of her own clothes.

Sharon's road to artistic success has been long and very interesting. She first started her creative fashions with Romney long-haired sheep for her fiber, and then started to pluck Angora rabbits which extended over a twenty year span. Her first clothing items were outerwear because she felt that one size would fit most. Sharon started to enter fashion shows with her creations and won the prestigious Sonoma Country Fair along with a state fair. "It's the softness of the angora that steered me where I wanted to go", Sharon

Starting from scratch, Sharon plucks her fiber and spins the raw material for the things she makes. She then lets the creative juices flow and begins her masterpieces. When asked where her inspiration comes from she replied, "Sometimes I wake up with the whole thing in my head and sometimes a comment will just strike me." As a result of Sharon's continuing passion, in 2000 Sharon and Gene built a bigger house and turned the old cabin into a studio.

After finishing up the fashion item that Sharon has labored over so lovingly, she then enters it into Wearable Art Fashion Shows. Her art has been shown and sold all over North America She even created a piece for actress Julia Roberts who was gracious but declined the style. Sharon's wearable art can be purchased at various locations including La Lana Wools in New Mexico, Occidental Artisans near her home town, and of course her website www. pluckings.com.

Sharon believes
"wearable art is 3D and
has to be made 3D,
sculptures are 3D as well
but they don't have to
move". Right now Sharon
is working on a piece for
a felt show in California
and as for the future she
hopes to get more into
Art Quilts, two of which
she is working on right
now.

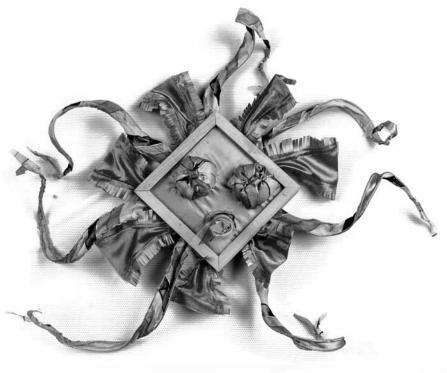
"I hope that it never stops and I really don't want it to" Sharon says about her aspirations and new and great ideas for fashion. She has seven other pieces on the go right now and probably will continue to design and create in her sleep forever.

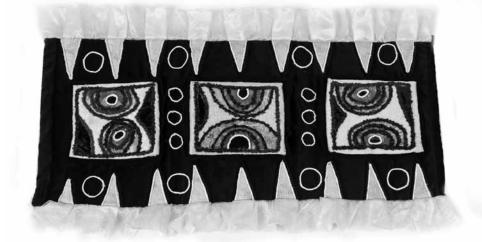
As for the personal side of this amazing artist, she also sings in a barbershop choir and placed 4th in the world with the Sweet Adelines. Sharon is a lead soprano and states that, "this is my hobby and wearable art is my passion." Music and talent is not limited to Sharon as Gene plays the acoustic guitar. Gene's talents also include fast draw pistol shooting, and he held the world's record for almost five years.

As for the future for this amazing couple, other than being grandparents to three wonderful grandkids, Sharon and Gene will probably continue to migrate between their home here and in California. Sharon is teaching "Creating Art Clothes" in Horsefly on September 13 from 9-2pm; the \$50 fee covers the cost of supplies. After four years of teaching felting, Sharon believes that it is time to pass on her other passions and knowledge and keep the skills and ideas alive for the next generation.

Wearable art may just be the next great fashion trend, and as for Sharon, I am sure the fashion world of wearable art has many surprises still to come from her.







Fashion is all around us

BY CHRISTA SMITH

Fashion is one of those things that is very subjective. That said, we tend to wrinkle our noses up as a society at things that we deem out of fashion. So what makes fashion and who says whether it is good or bad? Well I am sure that there are many fashion critics who make a very good living from telling us what it is.

The clothing industry is an obvious choice when thinking of fashion as there are entire magazines dedicated to what is in fashion and who wore it the best. There are fashion designers that present the oddest and most creative articles of clothing. The trends set from there are constantly evolving and changing. All you have to do is take a look at his-



changed over the years to know that someone, somewhere thought change was a great idea.

Fashion is not just limited to clothing, it extends whether we realize it or not Fashion has an influence on how and what we surround ourselves with. The homes that we live in are a product of fashion and what is within that

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style and or era. When traveling you can see the differences that fashion and style have had on homes. Even within BC and Canada the style has been influenced and fashion is present in not only the physical building but also the manner of decoration and landscaping. Williams Lake boasts its own style and that fashion for Williams Lake has been encouraged and promoted by the Municipality towards a log and rock theme. Last year while traveling we encountered a town in which most of the houses were yellow. A very odd choice, in my

opinion for a whole town, but maybe everyone living there is just really happy and they decided to make it a bold statement.

Vehicles are another fashion item that have changed over the years. Smooth and sleek lines to boxy, the 'bigger is better' theory, to the 'let's see how much we can cram into a very small space' concept. I'm all for 'bigger is better' when it comes to trucks and tires, but as for the 70's car that I grew up with (that took up half a parking lot), I am much happier with the fashionable concept of compact.

Language as a matter

of fashion has evolved over the years, much like other things in our lives. From the old English slang which I will not even attempt, to "radical", "awesome", "cool" and "sweet", to whatever the newest term of excitement is, and come to think of it it's probably an acronym like LOL. Since we now no longer have to even communicate with people in person, we can just instant message them, or facebook them, or worse - use an emoticon instead of words at all. It will be interesting to see what the next new fashion in words or lack thereof might be.

Change is mostly good and evolution is natural and inevitable, so I am sure we are nowhere near the end of the fashion evolution. The future fashion of clothing, environments, vehicles, and language will probably never stop evolving and changing, and what is hot or not will continue to plague the newsstands and generate a revenue stream. All that is left is to pick your own individual style and run with it. Fashion is a matter of perspective and I believe if it makes you happy and feels good then be bold and live your fashion, whatever it is, with gusto.



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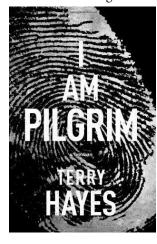
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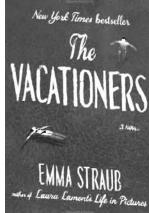
reads

I am Pilgrim: a thriller (2012)

Terry Hayes If you are looking for a debut esponiage thriller reminiscent of the best of John le Carre or Robert Ludlum, you'd be well advised to checkout I am Pilgrim, the first in a new series by Terry Hayes. I am Pilgrim tracks the rollicking breakneck collision between two geniuses who are unknowlingly at odds - Pilgrim, a tortured American intelligence operative, and a determined terrorist. Part

global spy thriller, and the perfect read for your next camping trip. "Once you start this taut and muscular thriller, you won't be able to put it down." (Library Journal, starred review)

police procedural, part



The Vacationers (2014)

Emma Straub According to People Magazine's 4 star review. Emma Straub's most recent release, The Vacationers, "offers all the delights of a fluffy, read-it-with-sunglasseson-the-beach read, made substantial by the exceptional wit, insight, intelligence and talents of its author." The novel transpires over the Post family's two week vacation to the Balearic Island of Mallorca, where jealousy and hushed secrets are plentiful. On the trip are long-time married couple, Franny and Jim, their teenaged daughter, Sylvia, twenty-something son Bobby, and his girlfriend Carmen, as well as Franny's best friend, Charles, and his husband Lawrence. With the cast in place, Straub seamlessly weaves between perspectives and deftly captures the nuances, tensions and joys of family life. "There's nothing more addictive than a darkly funny dysfunctional domestic drama. Straub's novelset during a fraught family vacation in Mallorca-is pretty much the perfect beach read." (Entertainment Weekly)



One plus one (2014) Jojo Moyes

Best-selling author
Moyes (The Girl you
left behind, 2013), crafts
another excellent contemporary oppositesattract love story. The
ensemble cast is comprised of single-mom
Jess Thomas, her goth
teen Nicky and brilliant
sister Tanzie, and an eccentric technology billionaire stranger named



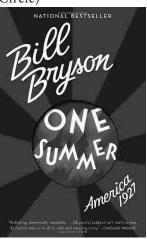
Ed Nicholls. The story focuses on a family road trip from England to Aberdeen, Scotland, where Tanzie has an opportunity to compete in a math "Olympiad", that promises her admission in a prestigious school. While each character's story flows on its own, Moyes brings everything together in "an uncommonly good story about family, trust, and love. Bravo to Moyes for delivering toothsome characters in a story readers will truly care about." (Booklist Starred Review).



Big Little Lies (2014) Liane Moriarty

If you're looking for a gripping read that you won't be able to turn away from, Big Little Lies could be the compulsive satirical hit you are looking for. Things get started in an Australian suburb, after a parent ends up dead at the Pirriwee Public School's trivia night. But what parent? Moriarty keeps readers guessing as she jumps back in time to reveal the story of three women whose lives interconnected six months earlier. Though Moriarty pokes fun at fanciful notions

of suburban life, she does not shy away from darker issues (including bullying, domestic abuse, and infidelity). "It's no mystery why Liane Moriarty is a summer staple: with wit and compassion... [she] keeps it real." (Family Circle)



One Summer: America 1927 (2013) Bill Bryson

In this book, amazingly talented writer Bill Bryson (A Short History of Nearly Everything, 2004), sets out to document the "most extraordinary summer of 1927", which starts off with Charles Lindbergh's flight across the Atlantic and follows later with other famous and infamous events, including Babe Ruth's 60 homerun season, and Al Capone's mobster monopoly over Chicago. Bryson also includes a whole whack of lesser known events you'll be fascinated to learn about. For nonfiction fans, this is a

"wonderful romp...

fascinating... written in

a style as effervescent

as the time itself." (The

New York Times Book

Review)





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A Trip to the European fashion world

BY CHRISTIANE KLEIN

Can you believe it, it was a man that asked me to write about a trip through the European fashion world. Asking me this is like asking a woman if she would like to go shopping; "Why, yes of course". I am happy to take you with me to Europe shopping and get to know the major fashion cities; Paris, London, and Milan. Now a little bit more into the details.

Let's first travel to Paris, the 'city of love'. Watch for designer names like Coco Chanel, Christian Dior, Yves St Laurent, Ralph Lauren, Donatella, and Versace when you visit the fashion shows that take place in Paris.

If you would like to buy a piece of their clothing line with their designer label, you will have to visit the Champs Elysees. When you are done shopping, take a leisurely stroll down the tree-lined street towards the towering Arc de Triumphe. Sit down and enjoy a nice cappuccino and a fresh croissant in one of the many street cafés.

The Eiffel Tower is a landmark you do not want to miss while you are there. Inaugurated by Gustave Eiffel during the World Fair, the tower is 324 metres high. The Eiffel Tower's metallic structure has dominated the Seine riverbanks and the Champ de Mars for more than 120 years. Don't miss out on a visit to the Palais du Louvre, which houses one of the most stunning collections of artworks in

known as a museum, but for almost seven hundred years it was known as the principal residence of the Kings and Emperors of France. It was built in 1190 by King Philippe Auguste as a defensive fortress against invading forces. Henry IV ordered the chateau built by Catherine de Medicis in the Tuileries to be linked to the Louvre Palace by a "Grand Gallery" bordering the Seine. Napoleon III completed the structure during the unification of the Palais de Tuileries and the Palais du Louvre.

Still interested in more history? I can recommend the Cathedral of Notre Dame de Paris, a symbol of Gothic Art. This Cathedral has witnessed Saint Louis, barefoot wearing the Crown of Thorns in 1239, the Coronation of Napoleon in 1804 and the celebration of the Liberation of Paris in 1944.

If you are a movie lover and have seen, "The Hunchback of Notre Dame", you can climb up 422 steps leading to the top of the cathedral for the view that Quasimodo must have witnessed. Like Victor Hugo's Quasimodo, you will find yourself face to face with some of its grimacing gargoyles. You are able to make acquaintance with the thirteen-ton bell named Emmanuel, and enjoy the breathtaking view over the rooftops of Paris.

For all the Fashionistas, the Paris Fashion

tocratic City of London that is widely regarded as one of the fashion capitals of the world. The late and great Alexander McQueen brought Avante Garde to the masses with his designs. He was well known for his, at times, shocking runway shows. Stella McCartney also comes to mind when you think of fashion designers of the UK.

London is very well connected, with five international airports and the high-speed Eurostar Rail link. London's tube system is very well organized and gets you from A to B in a matter of minutes.

When you arrive at one of the large airports in London, brace yourself for an approximately two-hour bus trip to the Downtown hotel of your choice. Traffic in London is very congested. For fashionistas, Carnaby Street is a must-see. Carnaby Street is the birthplace of the fashion and cultural revolution during the 60's. Carnaby Street is about two minutes away from Oxford Circus and Piccadilly Square. Step under the iconic arch and you'll find an intriguing mix of stores as well as independent boutiques, heritage brands, and new designer names. Another great place to shop for hip fashion is Convent

While visiting London, don't miss Buckingham Palace to see the chang-



expressions. Madame Tussauds Wax Model Museum is also a point you should have on your sight-seeing list. The life-size wax models of the rich and famous, world leaders, and scientists as well as persons of ill repute, are on display for you to see.

move a muscle in their

faces; it must take a lot

of self-control to show

no emotion when people

try to make you smile by

making all kinds of goofy

Back to fashion; the London Fashion Week Spring 2015 is opening their doors from September 12 to September 17,

If names like Gucci, Georgio Armani, Dolce & Gabbana, Versace and

Valentino are ringing in your ears, you must be in Milan, the city of opulence, where price is of no importance. People here do not talk about money; they just enjoy life.

The fashion styles in Milan were developed in the 60's. In the 80's Milan became the best fashion metropolis in the world. Most major Italian fashion brands are based in Milan. Thanks to a wide selection of boutiques, Milan is a shopper's dream.

Milan, located in the region of Lombardy, is Italy's business capital. Here you will find Italy's Stock Exchange. The opera lover will find Scala Opera House (Teatro La Scala) located near the Galleria Vittorio Emanuele II. The shopping mall on Piazza della Scala, "La Scala" is one of the world's most famous opera houses where you can enjoy the voices of some of Italy's finest singers.

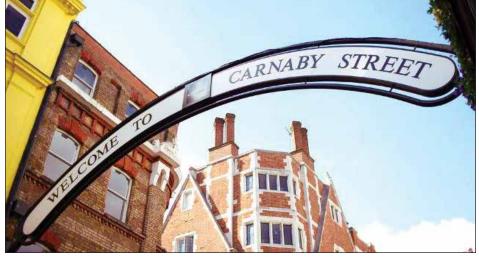
The most famous point

of interest in Milan is undoubtedly the gorgeous Gothic Cathedral which is called the "Duomo di Milano". Built in the 14th century, the Cathedral will impress any visitor. After a day of shopping and sight-seeing you might want to relax in one of the many sidewalk cafés or restaurants along the Via Dante, a charming Italian Street between Milan's Courses and Piazza Corduso.

To take in the Milan Fashion Week Spring 2015 you should mark your calendar for September 17th to September 24th, 2014.

To get more information on the other big fashion cities like Madrid, and closer to home, New York and Los Angeles, come in and see us at ALL-WAYS Travel.

Next month, let us take you to the old-fashioned Christmas Markets in Austria, Germany, and Switzerland.









"Fashion is a form of ugliness so intolerable that we have to alter it every six months." Oscar Wilde

Fall Driving Tours

BY CHRISTA SMITH

As the kids head back to school, and before the snow arrives, it is the most beautiful time of year to hit the open road and take a driving tour. So whether it is on the weekend with the kids or during the week, there are never-ending possibilities for sights to see and things to do.

If your road trip starts in 100 Mile, why not do a circle tour. Heading east towards Little Fort on highway 24 you can enjoy the winding road over the hills, through the fields and down the long hill into Little Fort. This stretch of road also boasts some of the most beautiful lakes and provincial parks. After enjoying the scenery and taking in the leaves changing colour, you can take a moment to stop and enjoy the Space Module Ice Cream Stand in Little Fort.

Take highway 5 south toward Kamloops along the North Thompson River for a leisurely afternoon drive. Halfway to Kamloops, a small side-trip of about twenty five minutes will take you to Sun Peaks Resort. This small village has a full range of cafés, boutiques, and restaurants, not to mention the biking trails



Due to the nature of back roads it is always best to plan ahead and check weather conditions; in the Cariboo

Mountains weather can change suddenly. Always make sure to take your back-roads map book...

and golf course.

If your road trip allows for extra time, why not take a few nights and check out the many bed and breakfasts, fishing lodges, and fine hotels along the way. After leaving Kamloops you have two choices for your circle tour; you can either take highway 1 to Cache Creek, or head down highway 5 a bit further and go the Logan Lake route, over to Ashcroft and up. The Ashcroft and Logan Lake infocentres will have brochures and maps of many hidden treasures.

Once back on highway 97, as you head toward home don't forget the Hat Creek Ranch, and Bonaparte Bend Winery and Bistro outside Cache Creek. The small roadside ice cream stands and cafés are some of the greatest hidden secrets that line the Cariboo highways, as they have that small down-home touch to every item they

As you're headed north, don't miss the mini Grand Canyon – Painted Chasm Provincial Park is well worth the detour!

Clinton is a collector's dream as it boasts some of the most unique and treasure-packed antique shops around, along with the Clinton Museum.

Ok, now for a second-

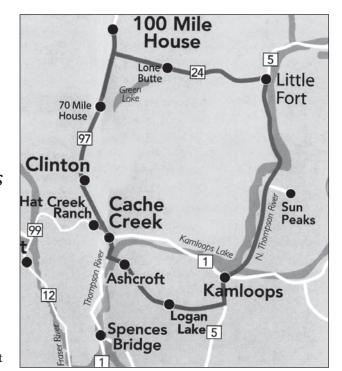
ary back-roads tour that takes you off the beaten path and into the beautiful back county of the Cariboo. Pack a lunch, take lots of water and don't forget your camera, binoculars and extra jacket. This back-roads tour leaves from Williams Lake or Quesnel and takes in the Historic Town Site of Barkerville. Well yes, you can say that this is not a back-roads circle tour, and most days it wouldn't be, but why not make it an adventure and take the back road from Barkerville to Likely to complete your circle. Its best to plan a full day

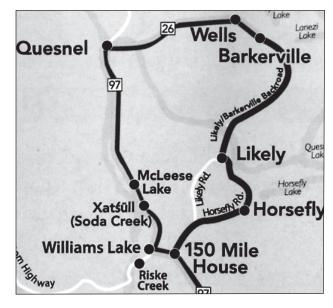
for this tour as the total distance is approximately 1000km, and a good chunk is on dirt roads. Unless of course you want to complete your road trip with a stay at a quaint little B&B along the way.

Leaving from Williams Lake heading north there are some must-mention points of interest along the way. Xat'sull Heritage Village is just before McLeese Lake, and of course there's Cottonwood House in Quesnel along with the amazing riverfront walk and Gold Rush history.

From Quesnel, make a right on Highway 26, east towards Wells and Barkerville. Just before Barkerville there is Bowron Lake Provincial Park, not only a beautiful lake but some of the best canoeing and kayaking in the Cariboo. People come from all over the world to paddle and portage the Park's circuit of lakes.

Barkerville would take most of your day to see and appreciate, so if you are planning to make the back-roads trek it's probably best to break up your tour into two days. To find the back road, go





west onto Highway 26 and then turn right onto Bowron Lake Park Road. In 400m turn right again onto Cunningham Pass/3100 road, travelling for about 40km until you cross the Cariboo River. Drive another 20km to Ghost Lake.

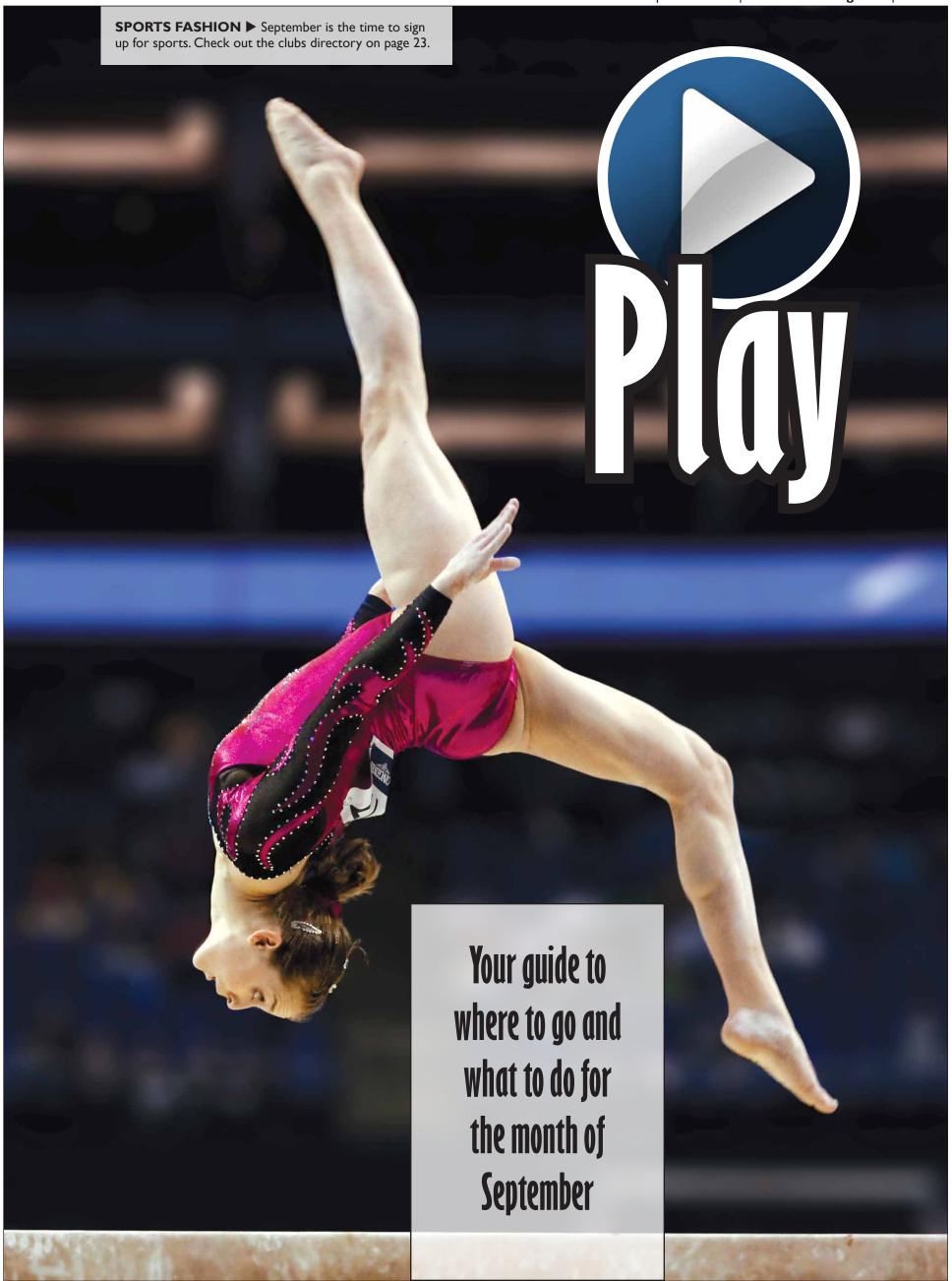
The vast amount of rivers and lakes in the area make for some of the best scenic photography and wildlife viewing around every bend. There are falls along the way that are worth your stop so make sure to take your time and explore as you go.

After Cameron Ridge Trail and Maeford Lake you will find Cariboo Lake, and the road becomes Cariboo Lake Road/6400 Road, which eventually turns into Keithley Creek Road and makes a left towards Likely. After Likely take another left onto the Horsefly Likely Road that leads along Quesnel Lake. Eventually the roads will lead you to the 150 Mile House and the highway 97 junction where your circle tour brings you back to your start.

Due to the nature of back roads it is always best to plan ahead and check weather conditions; in the Cariboo Mountains weather can change suddenly. Always make sure to take your back-roads map book; new roads added can confuse any explorer. Tell someone where you are going and when you plan to return, and always use caution both for yourself and the preservation of our backcountry. Until next time, happy trails and enjoy our









WILLIAMS LAKE & AREA

Beginner Dog Obedience classes starting in September, contact Holly 250-392-2555

September 1,8,15,22, 29 Puppy classes \$5/ night, Cariboo Kennel Club 250-392-5531 7-8pm 965A Mackenzie Ave.

September 1-6 Art Walk 8am-5pm Downtown Williams Lake

September 4,11,18,25 Busted Remedy hosts Thursday Jam Night 9:30pm The OV Pub

September 5,12,19,26 Farmers Market 9am-2pm Boitanio Park

September 5,12,19,26 Oliver Street Farmers Market 3-8pm Spirit Square, at the corner of 1st Ave and Oliver St

September 5-27Station House Gallery exhibitions; Lower-Coastal Perspectives, Upper-The Art of Reconciliation

September 6 "Day of Destruction" Car Racing, Qualifying 4pm, Racing 5pm at Thunder Mountain Speedway

September 6 Tour de Cariboo, 75 km Bike Ride

from Williams Lake to Gavin Lake, \$40 registration, sign up at Cariboo Memorial Complex 8am, ride 9am

September 6-7 Harvest Fair – Little Britches Rodeo Finals, Saturday & Sunday 9am at the Curling Rink

September 7 Fun dog agility match, Cariboo Kennel Club Stampede Training Diamond 250-392-5531

September 8 Seniors' Bingo upper level of Boitanio Mall 1pm

September 10 Cops for Cancer Jail and Bail 9:30am-3pm Court House Square, Oliver St.

September 12 Williams Lake Seniors' Village 10 Year Anniversary, activities including live music & BBQ at the Williams Lake Seniors Village 10am-3pm

September 14 Terry Fox Run 10am-12pm, Cariboo Memorial Complex

September 20 Gymkhana, 4767 Hwy 97N

September 20-21 BC Barrel Horse Showcase, Eagle View Equestrian Centre **September 23** Cariboo Camera Club, 7pm at TRU, room 1321

September 27, Culture Days Event: "The Writing Life – Words of Experience" featuring Donna Milner, Sage Birchwater, Christian Petersen, and Chris Czajkowski, at the Old Firehall in Williams Lake, 90-4th Ave, 9:30noon, all welcome.

September 27-28 Horsefly Salmon Festival 10am-4pm Horsefly, riverside activities each day

QUESNEL & AREA

September 1 Closing Day at Cottonwood House Historic Site 10am-5pm

September 1,2,4,5,6,7 The Spirit of Cariboo Cameroon 11am-8pm Methodist Church

September 1,8,15,22, 29 Dog Nose Work Practice, \$5 drop-in rate for non-members of the Fit Pets Dog Sports Association, 6:30-8:30pm Ranger Park

September 1 Williams Creek Sports Day, games and activities for kids of all ages, including the 11th Annual Goldfield Bakery Pie Eating Contest! 250-994-3241, 11am-8pm Barkerville

September 1 Theatre Royal Summer Shows Final Day, 11am-7pm Barkerville

September 3-4 Quesnel Old Time Fiddlers camp out and picnic, contact 250-992-5081 Legion

September 4,11,18,25 Dog Agility Practice, \$5 drop-in for non-members of the Fit Pets Dog Sports, 6:30-8:30pm Ranger Park

September 4-28 Theatre Royal Fall Show Starts (No Thursday shows), www.barkerville. ca, 11am-7pm Barkerville

September 5 Multiple Sclerosis Self Help Meeting, contact 250-992-3369, 12:30-2pm CD Hoy Room at City Hall September 5-7 Barkerville Cowboy and Drover Jubilee - Celebrate BC's rich cowboy heritage, gold rush style! Three musical venues, cowboy poetry, and so much more www.barkerville.ca 11am-7pm Barkerville

September 6,13,20,27 Quesnel Farmers Market, Sep 6 Performer Dougal Hines, Sep 27 Mike Nelson. 8:30am-1pm Helen Dixon Centre Grounds

September 7 Poker Ride, Kersley Horse Club, 2801 Otter Rd. Starts 10am, info 250-991-2005

September 7 8th Annual Golf for Kids Sake, To register call 250-992-7257, email bisques@goldcity.net, download pledge sheet at bigbrothersbigsisters.ca, dinner included, 1-7pm Richbar Golf and Gardens

September 10 Chamber Board Meeting 12-1:30pm Chamber of Commerce

September 13 QARA ASA Points Final Minis

& Streets, 10:45-11:45am Gold Pan Speedway

September 14 Terry Fox Run, register 9am, run 10-2pm Lebourdais Park

September 14 Toy Run for Quesnel Good Cheer, 1-3:30pm Sylvias Café, Lebourdias Park ride leaves 1pm from Sylvias Café

September 20 Quesnel Fire Truck Pull, Helen Dixon Center parking lot, registration ends 12pm Sept. 19 http://bit.ly/ quesnelftp14

September 20 5th Annual Amazing Race to Rebuild Barkerville, experience Barkerville in a whole new way and join in the fun as teams of up to 5 players embark on a 90 minute, multistation relay race with a distinct Victorian flair! For details contact judy. mooring@barkerville.ca or 1-888-994-3332, ext. 29. Registration is day of 11am-7pm Barkerville

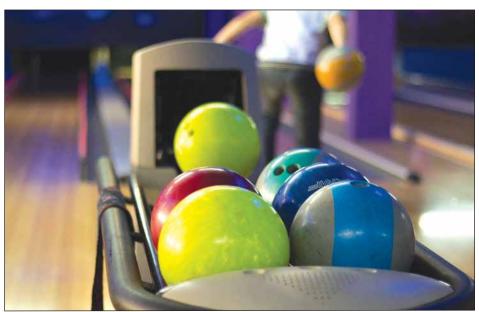
September 20 Wells











Historical Society Pub Night, support the Wells Museum. Dinner, auction, draws and dancing. Tickets \$25, 5:30-11pm The Occidental

September 20 North Cariboo Harvest Festival, tickets \$35, 6-10pm College of New Caledonia, North Cariboo Campus

September 20 Bernie and Red Show, tickets include dinner and show \$30, Val 250-992-8506 Elks Hall

September 25

Louisiana Havride Show. tickets \$35 available at Circle "S" Western Wear or the Quesnel Visitors Center, 7:30-9:30pm Seniors Ctr

September 27-28 QARA Fall Classic Invitational, Mini & Streets Points Final, 10:45-11:45am Gold Pan Speedway

September 28 Final Day of Barkerville 2014 Season, Interpretive Programming & Theatre Royal Fall Shows

100 MILE HOUSE & AREA

September 1-6 Cariboo Artists Guild, "Magic of Light" Arts Show and Sale, Parkside Art Gallery. Open Mon.-Fri. 10am-4pm & Sat. 12pm-4pm

September 4 Cariboo Market, \$10 to rent a table, 10am-3pm 108 Community Hall

September 4,11,18, 25 Royal Canadian Army Cadets, Meet Thursdays 7:30-10:30pm, Capt. Kevin Seal for more info 250-395-1181 or email cadets2887@shaw.ca. 5530 Horse Lake Road

September 5,12,19,26 South Cariboo Farmers Market, 8:30am-1:30pm Community Hall

Farmer's Market

in Boitanio Park

September 5-7 South Cariboo Community Fall Fair & 24th Annual Horse Show. Bull riding at the Outriders Arena, Friday 5-9pm, Saturday 10am-6pm, Sunday 10am-3pm South Cari-

September 5-7 Wheels at Wildwood, driving clinic Marocchi's Farm

boo Rec Ctr

September 6-7 Bull Riding, Wild Horse Racing & Barrel Racing. Admission \$15 adults, \$10 students, \$5 seniors/kids. Friday 6pm, Saturday 1pm Outriders Arena

September 6,13 Interlakes Farmers Market, across the highway from the Loon Bay Craft Market. Interlakes businesss

ers Meeting, everyone

September 13 Outriders Fun Day, Outriders Grounds

September 13 Cariboo Country Night, tickets include dinner \$25, Watch Lake Community Hall. Doors open 4:30pm, entertainment 5pm, BBQ steak dinner 6:30pm, dance 8pm

September 13 Studio 2 Studio Self Guided Tour, details and map of artists' homes available at Donex, Pharmasave, Save-On-Foods, 100 Mile Hospital Reception, local health clinics and various businesses around town. Everyone welcome, no ticket required, 10am-4pm. Info 250-706-2101

September 19-21 Dressage Clinic Skookum Horse Farm,

September 27-28 Cariboo Trails HCBC Field Trials, Huber Farm, 70 Mile House

Cariboo Trails Fields Driving Trials, Hubers Farm and Equestrian Centre, 70 Mile House

September 9 Outridwelcome, 5:30pm, Location TBA

Clinton

September 27-28





Addams Family (The) Born To Race - Fast Track

Captain America - The Winter Soldier

Continuum - Season 1

Double (The) ed Up

Marvel Agents of S.H.I.E.L.D Season 1

Palo Alto

Vampire Diaries - Complete Fifth Season

SEPTEMBER 16

Barbie and the Secret Door

Big Bang Theory - Complete Seventh Season

Dead 2 (The) - India

Fault In Our Stars

Godzilla

Grand Seduction (The)

Think Like a Man Too

SEPTEMBER 23

100 (The) - Complete First Season

Alpha & Omega - Legend of the Saw Toothed Cave

Defiance: Season Two

God's Pocket

I'll Follow You Down

Neighbors

Operation Rogue (Roger Cormans)

Postman Pat - The Movie

Rover (The)

Signal (The)

Tarzan - The Legend Lives

SEPTEMBER 30

Cold in July

lvory Tower

Mc Canick

Sniper - Legacy

Space Station 76

Transformers - Age Of Extinction

Very Good Girls

Words & Pictures



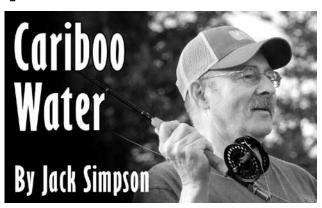




The very best stillwater fishing

High summer is almost done. The heat of August days has been tempered by thunder showers and cooler nights. The stillwaters of the small productive trout lakes on the Cariboo Plateau are beginning to cool, finally. The treasured Rainbows of our lakes are rising up from the cool waters of the lake bottoms to feed closer to the surface as the temperatures there fall below 68°F.

If you want to experience the very best stillwater trout fishing of the year, do it now. After an incredibly hot summer, which heated most waters to temperatures that drove trout to the bottoms of all the lakes for half of July and all of August, the waters are finally cooling to the point that fish are again comfortable feeding near the surface. They are now feeding ravenously on and



in close proximity of the shoals. Trout are primarily "looking down" for nymphs and scuds, near the marl shoals and over the charo weed in depths of 6 to 10 feet.



Marl Shoal Techniques: Floating Lines: Use long leader/tippet configuration(9' tapered

leader, 6' tippet) with a slightly weighted fly (a small bead head or copper wire wrap). Anchor the boat, so that the sun is shining directly on a shoulder, this eliminates any shadow moving over the water.

Stand up and scan the shoal for cruising fish. If you see small trenches in the marl, the trout have been there, digging with their noses into the soft bottom, startling the scuds (freshwater shrimp) up into the water, where they can inhale them.

fish is within about 6 to 8', give it another little tug...
BANG!! Fish on!

Intermediate (slow sink) Lines: Similar to the floating line technique except slow sink lines should be allowed to sink to the bottom on the shoal, that way, they do not cast a shadow from overhead, which will make fish very alert and skittish. Rather than using a slightly weighted fly, use a nymph pattern that has some buoyancy and can be retrieved in a very slow creeping motion across the bottom, guaranteed to attract hungry fish.

The only exception to using a wet nymph fly pattern on the shoals is in mid-October, when, in a very short time frame, the October Caddis makes





an appearance on the surface of the waters in the Cariboo. A mid-sized Caddis adult emerges and skates across the surface of the lake. It has a signature amber body that trout key upon and attack with gusto. Here, the floating line is the ticket; long leader and amber-bodied deer hair patterns are "killer". Fish them on the shoals and near the drop-offs, with a steady 6" strip/pause type of retrieve. This is the last dry fly action of the season, so keep your eyes open for bugs, creating a tiny wake as they skate across the surface.



Charo Weed Techniques: Intermediate or slow sink lines, 9' leader with 3' of tippet, weighted nymph. Cast from the drop-off, out toward the deep, and allow the line to take the fly down to just above the weed bed and retrieve with a 6" strip/pause action. Trout normally cruise the top of the weed bed, looking for the

various species of nymph that inhabit the tangles of weeds. Dragonfly, Damselfly, Caddis nymphs, small leeches, all in "fall colours" of brown, rusty brown, golden brown, grey and black.

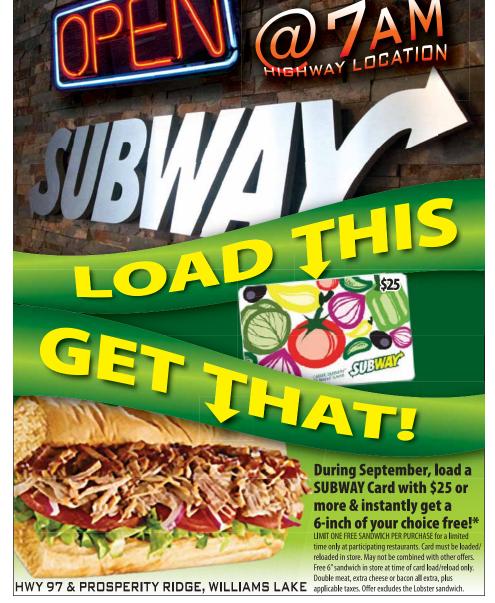


Stillwater trout are in the very best physical condition of the entire year right now. They are well fed, as big as they will get this year, and are ravenously hungry. The fishing is absolutely phenomenal! Get out there!

Gear Update: I had the opportunity to test the new Scientific Anglers Mastery GPX "Hover" fly line, last Fall on the shoals of my personal, favourite stillwater. This line was made for fishing the shoals! I highly recommend it. S.A. has taken an intermediate line and injected tiny air bubbles into it so that it has neutral buoyancy. It lays in the water, just under the surface; it is a dream to retrieve over the shallows with no shadow and no visible movement of the line. A major innovation that immediately won my enthusiastic approval.

Treat your catch with respect, release them to grow bigger and be caught next year, retain only what you will eat fresh and preserve our resource. Check and follow the regulations, they are in place for everyone.

Questions? Email me at homewaters2011@ gmail.com





Make me a whole ton of food!

Out of the Fridge By Brice O'Neill

A la mode. Means with ice cream right? Wrong. It actually means "In the Fashion Of". Chefs until recently haven't really been concerned with the fashion that they wear. Clean white jacket? Check. Clean white apron? Check. Optional silly hat? Check. Fashion in my personal life consists of a pair of beige shorts of which I own nine pairs of the exact same short, and one of the t-shirts I'm "allowed" to wear. Occasionally I put on the one suit I own, if I'm going to a foody-duty function.

What we have concerned ourselves with is food fashions. In the olden days (you know, kings and queens and all that), cooks had to design massive menus for banquets for noblemen to feast on. Lacking things such as basic sanitation and refrigeration, they had to get creative on presenting their food. Giving your king diarrhea was probably an automatic death sentence. They might reconsider the cook's fate and just have them flogged if the food was stunningly beautiful and well received. Each king of his or her land wanted to 'show up'

10,000

visiting nobilities. They would go to the cook and I imagine the conversation would go something like this.

King: Make me a whole ton of food. You know, with like deer and rabbits and stuff, and whatever else you can scrounge up in the forest. Make it look awesome. I was over at King blah blahs place the other day and they had an amazing feast. I want mine better. I want, like you know, a giant pig head on a platter with like an apple in its mouth... or whatever."

Chef: Uh... yeah I've kinda grown attached to my head, buddy. I'll make it happen.

So the Chef goes back to the pit dug into the basement of the castle with a roaring fireplace and says to his guys, "All right guys. Let's do this." They start inventing amazing dishes like fully feathered peacock stuffed with duck and carrots and whatever looked pretty. And thus food fashion was born, each Chef trying to outdo the neighboring kingdoms, with hopes of keeping their heads.

Food fashion over the last two hundred years has really expanded to the point that we are at

Treasures Given

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Restyled

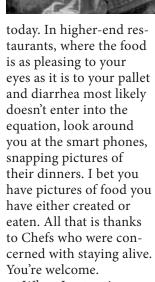
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When I got serious about cooking for money, we were taught

to put a slab of meat covered in sauce, some kind of starch and a vegetable on a round white plate. When I cook for people today, the fashion of food dictates that I pile one on top of the other. The meat is generally sliced small and thin, the sauce is under the meat, and the starch and vegetables are presented in some kind of crazy tower smack in the middle of your plate. And by plate I mean the crazier the shape, the better. Round plates are passé. It's

esthetically pleasing and like I was taught early in my career, you eat with vour eves first.

Here's a simple way to make the humble carrot not only delicious, but very esthetically pleasing. Peel said carrot. Slice it on an angle in thin pieces. Drop it into boiling salted water. Bring water back to a boil and then drain. Run cold water over them to stop them cooking and grab a frying pan. Put your pan on medium, add some butter and a

little bit of honey. Once the honey-butter mixture boils, drop in your carrots, stir it up until it is all coated and happy, and cook for approximately 2-3 minutes. Sprinkle in your favorite herb, (I like tarragon), and then plate them. Beautiful, shiny, bright orange, delicious carrots.

Questions, comments, concerns, death threats (just seeing if you were paying attention), email Brice at info@newworldcoffee.ca.









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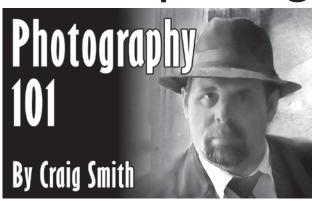
PO Box 174, Likely • Email carenvir@wlake.com



Eye on fashion photography

Early in my career, as with most photographers starting out, I did a lot of work shooting what I technically would call fashion/glamour, for free. There has never been a shortage of girls and boys that would get in front of a camera if there was no charge. Unfortunately if you want to make a living as a photographer, doing free work is not going to pay your bills.

I contacted a modeling agency in Vancouver and after few phone calls (no real internet in those days) and a visit with my portfolio, I was on their list of acceptable photographers. My education was in portraiture and commercial photography. Fashion photography was a style I wasn't used to, so before I could become accepted I had to relearn what was required and expected.



Fashion photography is about the product. The models are the props, which actually is opposite of portrait photography. There are rules but they are a lot looser than the portrait rules. With portraiture, normally you want to use longer lenses; with fashion those rules are gone. I have used wide angle lenses to make models longer than they are to make the product look long. As far as rules for lenses, there really aren't any. I have

seen both long and short lenses used in fashion. If you have been reading my articles you will remember that lenses control perspective, meaning how the objects in your images relate to each other in the distance. So if you want to spread out your perspective, go wide angle. If you want to compress your distance, then go with a telephoto.

Where you focus is a major difference between portrait photography and fashion photography. In a



portraiture, your subject is the person, so you would focus on the eyes. In fashion, the product is the subject so you have to use focus to draw your viewers' eyes to where you want them to look. You as the photographer are driving the attention.

I would say the biggest difference between the two styles of photography would be the way they are lit. With portraiture there are certain rules, which I will not go into this month. In fashion there are none. The idea is to make the subject - whether it's clothing, hair, or makeup - dramatic and eye catching. You will notice I didn't say in the best light. Fashion photography is trendy, different and

Open to an ad and try to figure out what they are selling. Sometimes you can't, as

sometimes it's just the feeling that the photograph gives...

many people call it "fad" photography, meaning it definitely will not be in style in six months. It is putting models in clothing in places they would never go, or in incredibly awkward poses that no human could stay in for any length of time. Fashion photography is different and sometimes strange, but the end result is to make you look at the image just a little longer

than you would if it was any other photograph. If you are still curious about fashion photography, take a look at the magazines at the grocery store checkout. Open to an ad and try to figure out what they are selling. Sometimes you can't, as sometimes it's just the feeling that the photograph gives; "shop at our store and you can be this cool." Till next month, happy shooting.





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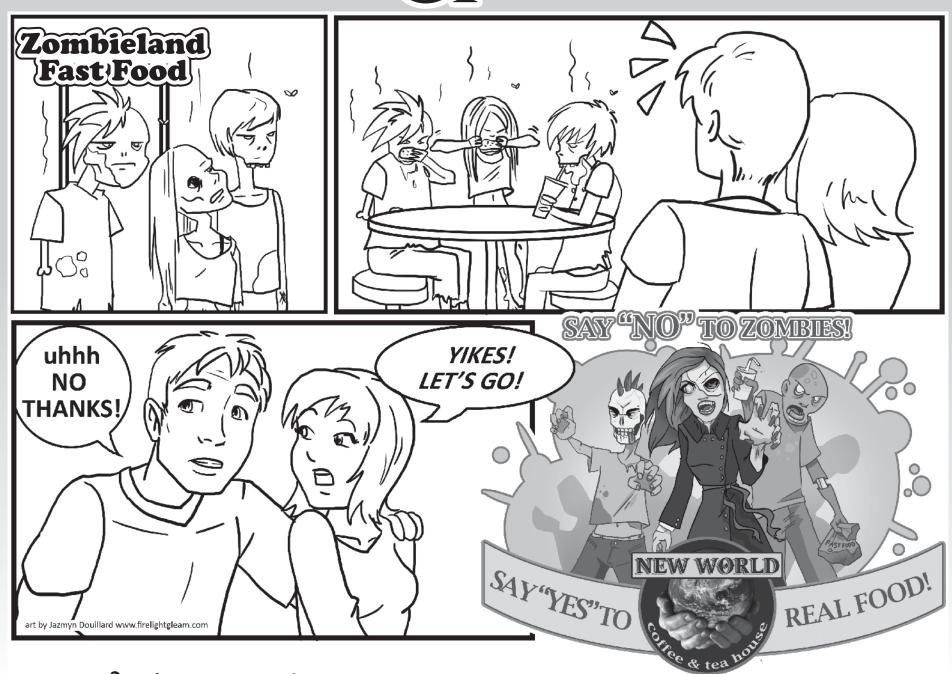
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kchurch@morellichertkow.com



Kevin Church

NEW WORLD COFFEE & TEAHOUSE



ear Williams Lake: This is Sue Lachance, owner of New World Coffee & Tea House. Are you caught up on the fast food treadmill? Why not join us in our campaign to get back to REAL FOOD. "Say No to Zombies" was a campaign started by our New World Staff as a way to make people think about where their food was coming from and how it was being prepared.

Great food is not rushed. We at New World are inviting you to stop by and experience food the way it was supposed to be made. Our head Chef, Brice O'Neill and his Sous Chef Kathy Turner have decades of cooking experience. They both have a philosophy when it comes to feeding our customers. "It has to be REAL great food, or we are not serving it." Sorry folks, we do not have a deep fryer or a large commercial grill, so you won't get french fries or greasy burgers. We have great daily specials offering items such as real authentic pasta dishes that didn't come in pre-weighed bags. Or how about an amazing meatloaf baked in a real oven or some curry that will change your life! No, you can't have a deli-meat sandwich, but you can have real turkey (yes the ones that have bones), or a chicken sandwich made with real chicken breast. We also have a daily soup that is made from scratch each day. We do not use a powdered soup base; we use the real stuff to bring out an amazing flavour. Try our own Russian Borscht every Friday.

I could go on and on, but I think you get the idea. Stop in to New World. Have a seat, relax and get ready to enjoy something that is a rare treat today – REAL FOOD. Also, please take the time to support your downtown while visiting. Stop in at one of the many retailers and BUY SOMETHING... anything! Our downtown needs your support to keep its heart beating.

Our menu is available online!

WWW.NewWorldCoffee.ca

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All manner of costumes

Behind the Curtain By Cathie Hamm

Fashion in the theatre makes one think of costumes. Unfortunately, fashion is also a foreign subject to this writer, so much so that I even avoid the costumes area of the Williams Lake Studio Theatre. walking carefully around it. For those who don't know, there are rows of hangers and shelves of containers tucked between the seats and the outside wall to the right of the audience. Thanks to the School District, who graciously granted us more space in the former Glendale School, we have been able to de-clutter a bit by moving the shoes and some of the fabrics and clothes to the former props space (the props went downstairs), but there are still a lot of clothes jammed into a very tight space. It is remarkably well organized, as everything in our tiny theatre needs to be, and to those who are not fashion-challenged, it is exiting and interesting. To me, it is overwhelming.

It's not that I don't appreciate the value of good costumes; I know that they have a huge impact on the audience's perception of a play. First, we want to ensure that what people are wearing on stage matches the location and time period of the

play. Of course, we want the characters in Jane Austin's "Sense and Sensibility" to be wearing early 19th century clothing. It immediately sets the background tone for the characterization that develops. But for a moment, think how interesting it would be if the people from "Sense and Sensibility" were dressed as 1980's punk rockers, but still using Austin's 1790's language and morals. This one change would completely change your perception in a very intriguing way. Shakespeare's plays have been done in all manner of costumes, from ancient Roman to modern suits with cell phones; again, each subtly changing the message of the play, even though the script stays the same.

Even without radical changes like the above, a well done costume helps define the tone and character of a play on an unconscious level. Like lights, sound, and makeup, if done properly, the average audience member may not even notice the costumes, but will feel the effects of them. This can be as subtle as picking a darker colour or even a heavier and harsher material for a more sombre





The fact is, I know how powerful costumes can be, and I know what effect I would like to see on stage, but I have no idea how to put clothes together to achieve it. It is simply something I haven't the eye for or the ability to achieve. Fortunately, the Studio Theatre has many talented and willing volunteers who are able to assess a script, judge the characters, figure out what the director wants the character to look like, and somehow put together the perfect costume. The fact that this perfect look is done on a shoe-string community theatre budget makes it a miracle. A great example is Christa Obergfell, costume designer for WLST's production of "Sense and Sensibility" from last May. That particular play was cast early to allow enough time for the fitting and sewing of costumes for 19 characters. Christa's extensive research, sewing, and managing her team of sewers produced truly impressive results. She very deservedly won the Best Costumes Award at Theatre BC's Mainstage competition this summer.

What is wonderful, is that

she is only one of many volunteers who pull off similar miracles on a regular basis, for each play we do. Dozens of people you never see on stage contribute their talents not only to costumes, but to stage managing, producing, lights, sound, set design and construction, make-up, hair, and many other details that make up a successful play. It is truly a team sport; no one person can be or has to be good at everything: there is a team member who can and will help. I think this camaraderie is the reason we have so many passionate and dedicated volunteers. It is a formula that has worked for 59 seasons so far.

We are thrilled to be starting our 60th season this fall. If you want to be part of our team, bring your interests and talents, and join us. Email us at wlstudiotheatre@gmail.com, check out www.wlstudiotheatre.com, find us on Facebook for the latest goings on, or come to our AGM at the Theatre in Glendale at 6:30pm, Fri. Sept. 26. We always welcome new members, and if you can help me with costumes and makeup, so much the better.



Clothes Confidence: A Fashion Story

"Ugh, I hate shopping." I muttered under my breath as I sat outside the dressing room at Warehouse One.

'Oh hush now, you know you secretly love it." My best friend's voice came from the other side of dressing room 3.

Yeah, you are just like every other girl that likes to go shopping." A high pitched giggle came from the opposite side behind door labelled 4.

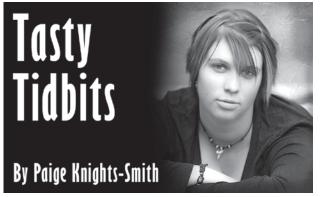
"Oh sure I do." I sarcastically replied, as I leaned forward and rested my head in my hand. "I just love to shop!"

Both girls came out of their dressing rooms, both in entirely different outfits, and both beautiful in their own way.

Stephanie, on my right, was wearing a short denim skirt that ended half way down her thighs, and a white tank top with a silver glittery rose on the front. She partially closed the door to look at her reflection in the mirror. She pushed her long brown hair back away from the front of her shoulders and adjusted the black bandeau under the tank top that covered her bra. Bandeaux were a big thing now. It made wearing bigger tank tops more popular because you didn't expose too much.

"I just don't get it I guess." I said looking at both her and our other friend Lacy.

through the mirror as she turned this way and that,



checking all angles of the light jeans she had on.

"What do you think of these Jen?" She asked me.

'Well that depends," I said with a slight smirk on my face. "Are they supposed to be ripped?"

Stephanie and Lacy looked at each other and started laughing.

'What is so funny?" I asked pretending to be serious. This is exactly why I hated shopping. I didn't 'get' the new fashion that happened to be popular this year.

"You are just so fashion challenged." Lacy laughed

"Exactly!" I agreed. Fashion: nothing in the world of clothes made sense to me. Ripped jeans, shorts where you can see the inside pockets hanging out, or even shorts over bikini bottoms with the buttons open. Girls in tight yoga pants and short shirts that reveal their belly button no matter what their size. Flowy tops, and skinny jeans, bright colours and even brighter hair. Nothing seemed to be off limits anymore.

self-confidence," Stephanie explained to me. "A good hair day, right makeup even. It can make you hold your head up higher, and make you feel like nothing can bring you down."

"So you are saying that if I look good, then I will feel good?" I asked her.

"Not exactly." Lacy said. "Steph is saying that a good outfit can make you feel more confident in yourself, but at the same time, if you feel good, then you are going to look good no matter what you wear, but a good outfit can boost that confidence that much more."

Yeah, I don't get it." I said to both of them.

They looked at each other and smiled.

"We will show you." Steph said.

A couple hours later, we were all at Stephanie's house getting ready to go out for the night. It was 'girl's night'; we decided to go to dinner and to the pool hall. We all loved to play pool, and tonight



the girls decided to show me how a good outfit can make you feel that much better about yourself.

I was in the bathroom, trying to figure out makeup. When the girls said that I was fashion challenged, they weren't joking. I mostly wore black yoga pants or jeans with t-shirts. I wasn't a 'girly' girl; in fact my dress code was anything that was comfortable. I also never wore makeup; personally I never felt like I had to. So deciding to just put on mascara, I already had it gooped up on my eye lashes and felt frustrated. Stephanie emerged

from her bedroom in her favourite outfit. She wore a white flowing top, with an off-white tank underneath on top of black leggings tucked into tall boots. She fiddled with a flowery scarf on her neck.

"You look pretty," I said to her.

"Thanks." She said. "It makes me feel stylish, and I find that it is a good fit for my body type, so I don't feel self-conscious," she giggled. "And it makes me feel girly."

'Yes, sometimes it's good to find something that is good for your body type," Lacy said coming

out of the bedroom door behind Steph. "Well for me, I know that I look good no matter what I wear, so I rock everything."

Lacy laughed as she fixed her knee length black top that she wore on top of dark purple leggings. She flipped her blonde hair back and pushed passed me to get into the bathroom.

Ten minutes later, I had on the outfit that we had picked out for me. I had on dark jean capris that were midcalf, and a dark blue flowing tank top with a white sugar skull on the front, over an off-white tank top. My black and purple ombre hair (the only thing on me that was apparently fashionable; I always did crazy things with my hair, whether it was deemed the 'in' thing or not) was down and curled

I looked at myself, and I started to feel that I was looking even better than how I felt. Not only did I feel comfortable, which was a big thing for me, but I also looked good too. Stephanie looked at me through my reflection in the mirror.

"See," she said. "It's not just about what you wear, but how it makes you feel."

I smiled at her. My confidence was high; I looked good, and felt even better.







Explore Creative Fall Activities



Now that Fall is in the air and leaves are on the ground, we start to think about getting involved in something to keep us busy for the long Cariboo winter ahead.

Taking "Centre Stage" this month is something I like to call "The Great September Sign-up". Throughout the Cariboo, there are plentiful opportunities for creative-types to get involved; everything from Acting to Zumba.

Whether you're a musician, actor, singer, dancer, want to try something new, or maybe just want to check out some upcoming performance schedules, here are some of the community groups you might want to contact. Get involved, and have some fun this Winter!

WILLIAMS LAKE The Seniors Activity

Centre offers crafty classes as well as regular guitar jam sessions and a seniors' choir. For more information wlsac@shaw.ca 250-392-7946.

Try something new, enjoy some gentle exercise and meet new friends. Stampede Whirlaways Square Dance Club meets Mondays September 29 to December 8. Contact club President Marie Gibbons for more information 250-392-5360 mmspringhouse@xplornet.ca, www. wmslk.squaredance.bc.ca

Angelkeys Music Studio provides vocal lessons and instructs groups such as Angelkeys Children's Choir, Coda Teen and Just for Fun Ladies' vocal groups 250-305-4784 www.angelkeys.ca

The Cariboo Men's Choir with Conductor Carl Johnson rehearses Saturdays at 9:30am. Email jimworld01@gmail.com

Quintet Plus with Conductor Laura Eilers performs at events around the Cariboo. Contact Jeannine 250-392-4993.

Dance in Common Dance Studio is taking
Fall registrations Sept. 3-5
from 12-5pm. They offer
ballet, jazz and contemporary dance classes. Contact
Corinne 250-392-6620.

Twisted Skirts Tribal Bellydance Fall session begins September 17th. Beginners and women of all ages and body types are welcome. The Intermediate troupe performs throughout the Cariboo. For more information visit www.facebook.com/TwistedSkirts or email twistedskirtstribal@live.com.

The Station House Studio and Gallery exhibits a variety of contemporary works in many mediums by local, regional, and touring artists each month. The Gallery also offers art classes and hosts cultural entertainment throughout the year. www. stationhousegallery.com

Williams Lake Studio Theatre Society's recent productions include Sense and Sensibility and Urinetown the Musical. Get involved or check out a show; more info on facebook or at www.wlstudiotheatre.com

On October 9, The Williams Lake Community Band invites musicians to come and play. Practices are every Thursday evening 7:30 to 9:30 pm, in the Williams Lake Secondary School Band Room. If you can play an instrument (trombone, sax, clarinet, flute, trumpet, etc.), you are encouraged to join.

The Williams Lake
Pipe Band under the
direction of Pipe Major B.
Underwood and Drum/
Sgt A. Payette, practices
at the Royal Canadian
Legion Tuesdays 5:308pm. The WLPB dons the
Ancient McInnes tartan
and promotes Scottish and



Celtic bagpipe music and culture throughout the Cariboo and Chilcotin. www.facebook.com/pages/Williams-Lake-Pipe-Band

The Cariboo Memorial Recreation Complex offers a wide variety of dance programs to get involved in; a complete list of Fall offerings are available in the Active Living Guide at www.williamslake.ca or contact the complex.

QUESNEL

The River City Music Association holds monthly Open Mic Nights where all ages are welcome to play, sing, dance or listen to great live music of all genres performed by local musicians. Musicians are available to play with those wanting accompaniment. For an inside track on the Quesnel music scene, visit the River City Music Association on facebook or quesnelarts.ca/rcma.html

Gold Pan City Dance offers group and private classes, and choreography for Ballet, Jazz, Contemporary, Hip Hop, Pointe, Tap and Salsa/Bachata. Contact 250-992-2292 www.fb.com/goldpancity-dance

Studio Four Movement & Dance offers a variety of Bellydance classes



for all levels and ages. Bellydance is an excellent way to improve fitness, flexibility, balance, and self-esteem. The Jewels of the Fraser troupe performs throughout the Quesnel area. Contact Brenda to get started, 250-992-7265 rowan@quesnelbc.com www.studiofourquesnel. com

The Quesnel Arts Centre is active year round with performing and visual arts programs and exhibits, a pottery room and dance studios. Call 250-992-8200 or check out the leisure guide at http://www.quesnel.ca/Guide. html for current offerings.

100 MILE

The 100 Mile Adult Community Band, directed by conductor Jack Fellner, rehearses on Tuesdays at 7pm. Wind instruments such as brass, woodwinds, percussion and strings are welcome. The group plays a variety of music from classical to jazz and big band selections. More information 250-395-2088 or www.100milearts.com/ adult-community-band. html

The Eclectica Community Choir directed by Marilyn Buyar is open to men and women of all ages and has been around for more than two decades. It gets its name from the varied music it performs, from pop to classic, folk to rock, and music that appeals to all ages. For more information email eclectica@100milearts. com or visit 100milearts. com/eclectica-choir.html

The 100 Mile Performing Arts Society's recent theatre productions have included Office Hours and The Wizard of Oz. Email perf-arts@shaw. ca for details http://perf-arts.100milearts.com/

Baladi Babes is an Oriental Bellydance group led by instructor Cathy Bowen. This fun group of women meets weekly to practice and often perform around the 100 Mile area 250-397-2865.

Square dancing keeps you young! Contact the **South Cariboo Square Dance Assoc.** to get involved. Bill 250-395-1281

Need exposure for your group or event? Email Renée at cstage. stew@hotmail.com



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I see that the fashion wears out more apparel than the man. William Shakespeare

Sign Up! Get Involved! Join! Volunteer!



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Cariboo Bowling Lanes250-392-5526
Cariboo Chilcotin Gymnastics Club 250-398-7331
Cariboo Chilcotin Voyageurs
Canoe Club
Cariboo Memorial Recreation Complex . 250-398-7665
Cariboo Power & Sail Squadron 250-392-2679
Cariboo Roadrunners250-392-4605
Dance in Common Dance Studio250-392-6620
Girl Guides of Canada
High School Rodeo Club 250-296-0116
Judo Club
Junior Archery250-392-9695 or 250-392-2167
Just For Fun Ladies Vocal Group 250-305-4784
Men's Rec Hockey
Mt. Timothy Ski Society250-396-4095
Off Road Motorcycling Assoc250-296-9081
Royal Canadian Sea Cadets
Scout Island Fencing Club
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 Bellydance
 twistedskirtstribal@live.com

 WL Badminton Club
 250-392-6498

 WL Boxing Club
 250-392-3719

 WL Curling Club
 250-392-4636

 WL Cycling Club
 250-398-5071

 WL Figure Skating club
 250-392-4312

Twisted Skirts Tribal

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WL Rugby Club	250-398-8823
WL Slo Pitch League	250-392-6643
WL Sportsmen's Association	250-392-2417
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WL Youth Soccer	
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QUESNEL

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100 MILE HOUSE

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Cariboo Artist Guild	250-395-3725
Cariboo Calico Quilters	250-395-6127
Co-Ed Volleyball	250-395-1353
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Eclectica Community Choir eclectica@	100milearts.com
Log Cabin Quilters	250-593-4456
Minor Hockey	
Nordic Ski Society	
Performing Arts Societype	erf-arts@shaw.ca
Royal Canadian Army Cadets	250-395-1181
South Cariboo Spinners and Weavers .	250-791-5271
Snowmobile Club	250-791-6322
Square Dance	250-395-1281

*Every effort was made to create a comprehensive list, sorry if we have missed anyone!



THE STEW MAGAZINE'S Monthly

HOLIDAYS OF THE MONTH

Sept. 10th is Sewing Machine Day

Sewing Machine Day celebrates a very important invention - the sewing machine. The first sewing machines were made in France in the 1830s. It wasn't until 1846 that they were patented in the USA - what a great invention. Prior to its creation, clothes items were sewn together by hand... stitch by stitch.

People who know how to use a sewing machine are dwindling in number. Our mothers and grandmothers had a sewing machine in the house - they used it too. But look around your house. Do you have a sewing machine? Chance are you don't.

If you have a sewing machine, enjoy today making things with it. If not, consider picking up sewing as a hobby.

Sept. 15 is Felt Hat Day

Felt Hat Day is today. Back in the early to mid-1900s, hats were stylish for both men and women. At that time, felt was a common material for men's hats. With cooler fall weather approaching, the guys went to the coat closet and dusted off their felt hats, and began to wear them

Celebrating this day is easy... just wear a felt hat. It can be of any style, as long as the material is felt. No other hat material will do.



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Underneath the façade



When I think of high fashion I always think of fashion shows, and the ridiculous outfits the runway models wear. Okay, so that is my personal bias. I haven't actually watched a fashion show on TV since the 1980's when those wild and funky neon colours and huge hair were at the height of popularity. If you want a giggle, look it up on Google images.

I do have to admit that in recent years I've become a little more aware of accessorizing in the professional world, and how it can all come together to present the image you want the world to see. A wise woman said to dress in your best and wear what you love the most when you need a little armour to help you feel confident and in control.

In relationships, even on a day-to-day basis with acquaintances, we usually form opinions of other people on the spot based on that first image that is presented to us. As a society, we are really good at making snap judgments based on outer appearances without concerning ourselves with what might be underneath the façade or the "armour."

We present our outer

image with a message more often than not. Sometimes the message we are sending is one that says, "I am totally comfortable with myself and I love who I am." Other times the message we send is one that says, "I don't care what you think, this is me, take it or leave it." Or it can say, "I have a job interview and I am dressing for success because I am the best person for the job."

Regardless of what image is presented, or what people might believe about the message being sent (or not), there is always more underneath the surface. Compare it to the hidden depth of the iceberg; only 10% of the iceberg is visible – the other 90% is below the surface. Keep this in mind when you meet someone new, and before you form a quick snapshot in your mind of who that person is, think about getting to know that person on a deeper level.

This is especially important when we are thinking about entering into a relationship on a deeper level, whether it is romantic or not. Have you looked to see what is beneath the surface of the waters? Do you know that person beyond what origi-



nally attracted you to him or her? Are you wearing your heart on your sleeve for all the world to see or are you keeping your emotions under wraps?

We can get so caught up in that initial rush of attraction that we can form our opinion based on those feelings rather than an in-depth and real discovery of who the object of our affection really is. And just like the neon colours and big hair from the '80's lost their appeal, your attraction might fade if what you find on the inside doesn't match what you thought you were seeing on the outside. Or maybe you look past something on the outside that you might not find that appealing only to find a person worth their weight in gold.

If you dig deeper, ask a lot of questions, and take your time to see the

person for who they truly are, you are less likely to have unpleasant surprises in the long run. It isn't any fun to wake up one day and realize that there are things about that person that make you less than compatible, or worse. Also, take a long look in the mirror and know what you are willing to offer in a relationship and how you see your role playing out. If what the other person expects is outside of what you have the ability, or desire, to invest, it may not be the right relationship for either person. Catching that early on can spare a lot of heartache and can free both parties up to meet the person that might be better suited. And you might not need to change partners as fast as the fashion scene changes what's hot and what's not.

The great coffee obsession:

from plant to cup

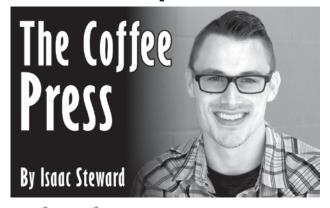
Consumed by 70% of the population, coffee is a topic worth discussing. The endless combinations of brewing methods and beans used should make your love of coffee a serious undertaking that calls for more attention than the time it takes to grind your beans and make your cup every day. If you just read that long sentence and said to yourself, "I don't grind my own beans", we need to talk! In fact, let's start there.

You cannot enjoy all that coffee has to offer unless you have had fresh roasted beans that you grind and use within 5 minutes to make a coffee. Coffee is picked as a cherry, washed, dried and then sold in large 130-150 pound bags. Once roasted, it is revived and brought into the world of food and beverage where freshness matters. What are the chances that you would enjoy a baked good that was sitting out for over 4 weeks absorbing everything in the air around it? It is imperative that you give coffee the chance it deserves in your life as a close friend, companion and consoler of the lonely...

It only has its full capability to deliver on these things when it is consumed at its best... FRESH.

Now that you have your fresh roasted coffee beans, it's best to grind them with a ceramic burr grinder which can be picked up for as low as \$30. There is a large variety but the key is having ceramic burrs to grind rather than steel blades. The reason for this is the effect that steel can have on coffee. Without going into the scientific side of this, just trust me when I say you can actually taste the difference, scouts honour. (Can I say that if I was never a boy scout?)

It is within the grind where we see many of the



...a serious undertaking that calls for more
attention than the
time it takes to grind your beans
and make your cup...

different brew methods performing at their best. Off the top of my head, there are: drip brewers, pour over, French press, vacuum pot, percolator, espresso machine, stove top espresso, Belgium style, Turkish style... I live by a certain law, "Thou Shalt Not Drip Brew Thy Coffee". In a nutshell, it's one of the worst methods at extracting what your coffee bean should have to offer. Firstly, the water temperature is rarely up to snuff (should maintain 195-205

Fahrenheit). Secondly, a paper filter soaks up the oil being extracted from the bean and takes away from the flavour. The third and final reason is that slowly dripping water onto the grounds to finally collect in the carafe below which sits on a heated plate (BIG NO NO) is all around a bad extraction method. Course grind and a french press will make you a cup of coffee to talk about. Google a french press how-to and master the method!









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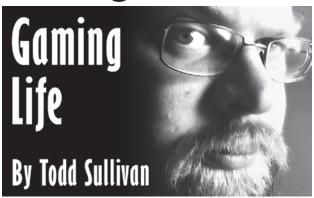
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Gaming fashion: esthetics and function



When someone hears the word 'fashion', they may not immediately think about video games. In fact, they may not think about video games at all. But this would be an oversight, because, believe it or not, fashion is actually quite vital to modern video games. And I don't just mean because of titles like *Barbie Fashion Designer* (although, you know, those count too).

You see, in many games, you are tasked with taking control of an avatar of the player – a virtual version of, well, if not yourself, then some part of yourself. Whether we're talking about your character in World of Warcraft, your virtual gangster running the streets in Grand Theft Auto Online, or even the character you take on the links in *Tiger* Woods PGA Tour, each of these is a representation of some part of you.

Many gamers love having the opportunity to make sure that representation is unique. I'm one of them

Not every fashion choice in gaming is about esthetics though. Sometimes you swap around an outfit, not because it looks better, but because the new outfit sports better stats. Fashion is sometimes a byproduct of function. Of course in these situations, it's always better when a more powerful item also looks even more awesome than what it's replacing.

The importance of fashion in gaming is a fairly recent arrival, and something that has come mostly since the growth of online games. At first, in online shooters like

Doom and Quake, it was a simple matter of differentiating yourself from your enemies – your team is made of green guys, so make sure you shoot the red guys.

Gradually though, players wanted a wider variety of choices for their avatars, and as time went on, more and more games offered that variety. Now there are games that will let you decide on the colour and style of your shoe, if you want to be that picky.

Maybe the best way of creating a unique avatar, a look that no one else could possibly share, is to use your own face. Now, there aren't too many games that offer this feature, but there are a few, including the *Rainbow* Six: Vegas franchise. I can remember using my Xbox Live Vision camera to take a picture of both the front and the sides of my face so the game could map those photos onto the head of my in-game avatar.

And you know what? It actually looked surprisingly good. Which of course made it even more jarring every time I was gunned down and saw a body that was sporting a very good replica of my face collapse, dead, to the floor.

Is this sort of tech a sign of what might be to come in the future? Probably to some extent, but I find many players prefer to craft characters that actually don't look much like themselves. For example, most of my World of Warcraft characters are female. Though to be fair, my character in The Sims – Tom Sullisim – does tend to look a fair bit like



Speaking of *The Sims*, September brings some pretty big releases to game shelves, including the appearance of *The Sims 4* on September 2 (though for my money, *The Sims 2* remains the best title in the series). Available on PC and Mac.

It's also worth pointing out that *Wasteland* 2, which was scheduled to come out last month, ended up unfortunately delayed, and is now part of the September release calendar. Will it actually show up on store shelves on September 19? I'm sure hoping so. Available on PC, Mac, and Linux.

Fans of Disney and / or Marvel Superheroes should be excited by the release of Disney Infinity 2.0 on September 23. I picked up the original Disney Infinity for my daughter (well, and me) and managed to keep from buying too many optional characters. I'm not so sure I'll be able to fight off the urges so well once characters like Spider-Man are involved. Coming to Playstation 3, Playstation 4, Xbox 360, Xbox One, Wii U, PC, and

Probably the biggest release this month is *Des*-



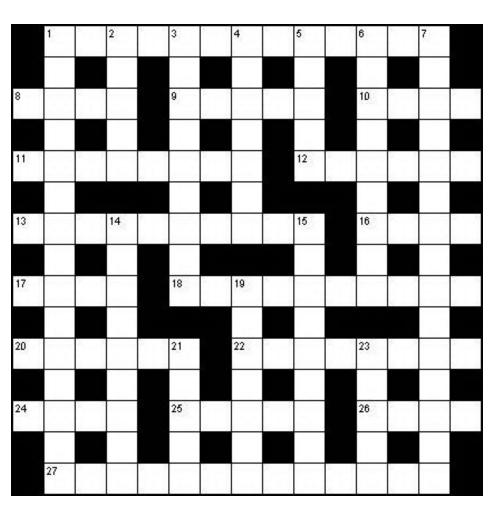
studio behind the Halo franchise. This is their first brand new IP since Halo: Combat Evolved first came to the original Xbox in 2001. Gamers had a chance to get a small taste of Destiny last month during an open beta, and it left plenty of us - myself included – wanting more. This one's gonna be flying off the shelves on September 9. Available for Playstation 3, Playstation 4, Xbox 360, and Xbox One.

Other notable releases: NHL 15 (09-09); Theatrhythm Final Fantasy: Curtain Call (09-16); FIFA 15 (09-23); Hyrule Warriors (09-23); Forza Horizon 2 (09-30)

What have I been playing lately? Nothing with any regularity, just dabbling in things here and there. I've been craving an old-school Dungeons and Dragons style RPG, so I installed Neverwinter Nights, which I've never played. Hoping that'll ease the craving.

What have you been playing lately? Ever played Barbie Fashion Designer? Do you spend hours upon hours making sure your in-game avatars look exactly right? Let me know! Email me at todd@thestew.ca





X-Word Puzzle

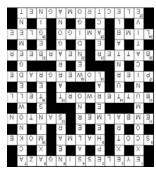
ACROSS

- 1 Book that's to see novelist accepted by South Africa (7,2,4)
- 8 Gordon Brown's tax? (4)
- **9** Woman with aspiration to go on the game (5)
- **10** Second most important animal (4)
- 11 He works at keeping body in good shape (8)
- 12 Eastern saint from second century impaled by a knight (6)
- 13 This plant has a fat lot of value (10)
- 16 William Hill (4)
- 17 One gets in through support (4)
- **18** Indication of relative lack of success in exam old Scottish one (5,5)
- 20 One receiving deliver-

- ies of cooking mix (6)
- 22 Emptied bottle, without getting tighter? That's possible with this drink (4,4)
- **24** Member of political party netting millions (4)
- **25** Before noon I depart with a friend (5)
- **26** Song of Joy (4)
- 27 It's attractive, currently! (13)

DOWN

- 1 Former Marxist not a good man – active in organisation of removal of church privileges (15)
- 2 Actor involved in sex transformation (5)
- 3 English pub on the green short of pennies – being so, won't last long (9)
- 4 New Orleans is a port (7)



- 5 Listener's supporting new approaches (5)
- **6** Christ appears in a church in Devon (9)
- 7 Information given to men in court after a confession is obtained (15)
- **14** Go by the board procuring part of audio system (9)
- **15** Flavouring given to a Spanish wine (9)
- **19** Girl told to travel to find mythical monster (7)
- 21 Note parliamentary decision and respond (5)
- 23 Open mountain's home for serviceman (5)



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