



the stew

ISSUE 6.07 | JULY 2015 | **FREE**

the
camping issue

Featuring
John Tauber
of Big Country Campground & RV Park

Pages 6 & 7

hear

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From tents to glamping

BY CRAIG SMITH

Camping, by its modern definition, is an activity associated to accommodations in the outdoors. It doesn't matter whether it's under the stars, in a tent or in a half million dollar motorhome, we still call it camping.

Camping has gone through huge changes since I was a kid. The first big camping trip I can remember vividly was my, and my brother's, first real introduction to my soon-to-be stepmother. I might get some of the specifics wrong, and Mom, if you're reading this, remember I was only 6. My Dad, I guess, had thought it would be a good bonding experience to camp and drive across Canada to see my Uncle, Aunt, and Cousins in Ontario. From the best of my recollection, it was in a turquoise, four-door, 1972 Datsun 510 (which I think was my Mom's) and an old style Coleman canvas tent. I asked her some of the specifics and she reminisced, "It was two weeks with a long weekend, and your Dad and I took turns driving. We tented most nights and I remember sleeping on the beach at Lake Superior in Ontario because the one campground we found was full, and everywhere you looked were 'no overnight parking' signs. We slept in the car for a couple of hours and you boys were asleep in the back seat. People didn't worry as much about seatbelts back then. I packed camping gear solid between the front seat and the back seat and spread out sleeping bags to make a flat bed, and you boys faced sideways with pillows behind your backs against the back doors, locked of course, facing each other. We played many

car games and sang songs along the way. Lots of fun". I've heard my Dad say many times that it was Mom's trial by fire, for if she could put up with two boys for two weeks in a tent and a very small car then she was ready to be a stepmother, or as I like to call her... Mom.

What we now call 'recreational camping' started around the turn of the century with the first commercial campground being on the Isle of Man which opened in 1894. Up until that point I imagine you only stayed outdoors if, A: you lived outdoors and, B: if you were on a trip between destinations with no hotels or roadhouses. I assume the word 'camping' comes from the words 'to make camp', which, from old French and Latin, means 'to live temporarily'.

When I was young, camping meant 'roughing it'; sleeping on the ground, cooking over a fire, hiking for hours, going to bed at dusk, and waking up at dawn. When I joined Boy Scouts and then Cadets I looked forward to the weekend camping trips, no matter whether it was Spring, Summer, Winter, Fall, a heatwave, downpour, or minus twenty, I was there and loving it. After high school I joined the military and got to camp for a living; a little different, more stressful, and less leisurely, but it was still temporary outdoor living.

As I got older, the allure of roughing it became less and less. Both my wife and I have said after going camping, that it really isn't as relaxing as it should be. It's a lot of work to get the motorhome ready to camp. You have to fill it with gas, water, food, clothes and other necessities for relaxing,



such as books or games, fishing rods etc. Once you get to your spot after driving for a while, you have to park just right, level the motorhome then plug everything in, pull the awning down and put out chairs. Now you can relax... wrong. It's now all about food; preparing and cooking. It doesn't seem like you have gotten done with one meal when you have to start thinking about the next one. By the end of the day you are too tired to do anything other than climb into bed... early, then up early. Once your weekend is over you now have to empty everything out; waste tanks, water tanks, food, clothing and things you need in your permanent home. In a lot of ways, it might be that RVing is not basic enough to be considered camping, but I'm now at the age where I prefer the 5 star resort to the tent.

I have been reading a lot about a new trend for the more affluent called 'glamping', or glamorous camping. It is camping without all the work. Your tent or outdoor accommodation is already set up for you. Meals are cooked for you, more often than not by high end journeyman chefs. The dishes are taken care of, your beds are set up and all you have to do is relax. There are glamping locations all over the world, and they range in

price from 40-50 dollars a night, to more than a couple thousand. Glamping is not something new, but something newly rediscovered. It has been an activity since the African safaris back in the early 1900s when the British and American aristocracy would go on these excursions with many servants to cater to their every whim. Now you can have that same experience, if you are willing to pay for it. It will be a while before I can afford it, but the allure of an African safari has piqued my interest. Traveling across the Savanah in a Land Rover, photographing lions, giraffes and zebras during the day, then going to the camp at night. Having a gourmet meal and a glass of fine wine while listening to the sound of the neighbouring animals. Finally retiring to my tent, which has already been set up, and drifting off to sleep without having to think about dirty dishes, or what needs to be done in preparation for traveling to the next camping spot.

I think now that I have written this article, the only thing left for me to do is start saving for my glamping adventure in Africa. It might be a few years, so in the meantime maybe I'll go back to a tent. Have a great summer, and I hope you enjoy some camping adventures in the next few months.



On the Cover:

We hope this Camping issue of The Stew inspires you to get out and enjoy the outdoors this summer. Whether RVing in a roadside campground, or tenting on a backcountry adventure, get out and explore the beauty that surrounds us!

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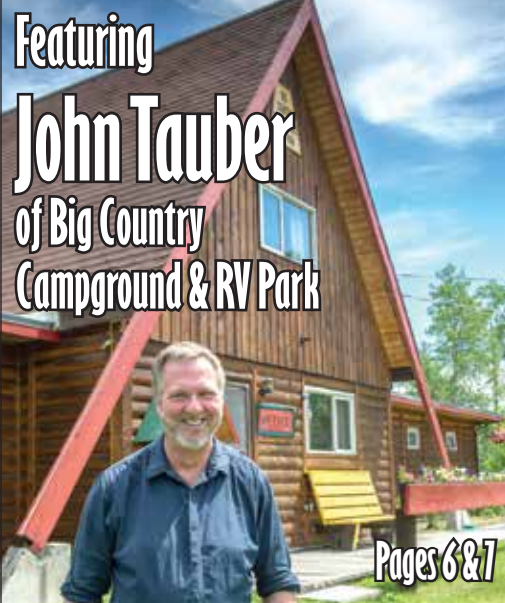
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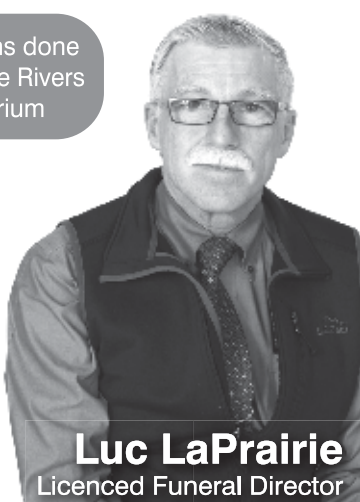
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hear

In 1932 the International Federation of Camping Clubs was formed.

Nancy Swanson – Chilcotin Matriarch

Looking Back

By Sage Birchwater

Occupying a place of honour on Bev and Lee Butler's living room wall in the West Branch Valley of the Homathko River south of Tatla Lake, is a photograph of Lee's maternal grandmother, Annie Mackill, and his great grandmother, Nancy Swanson.

The photograph was taken in 1928 at One Eye Lake, three years before Lee was born. Nancy was close to 100 years old and Lee takes great pride that his great grandmother hails back to that turbu-

lent time known as 'the Chilcotin War'.

He feels it's a story that needs to be told.

Nancy Swanson was a central figure in that conflict where 19 people were killed, including the man she was living with, William Manning.

This conflict was over the sovereignty of the Tsilhqot'in homeland. The violence erupted after road builders, working on a route from Bute Inlet to the Cariboo goldfields, threatened to inflict Tsilhqot'in workers

► Bev and Lee



and their relations on the plateau with smallpox.

On April 29, 1864, Tsilhqot'in War Chief Lhats'as'in led an attack on Alfred Waddington's

road building crew in the Lower Homathko canyon, killing 14 workers. Then his party headed up to the Chilcotin Plateau and killed William Manning,

a settler and trader living at Puntzi Lake. Manning was in a business partnership with the road builders. A week later they attacked a 40-horse pack train between Bella Coola and the Cariboo, killing four of its nine packers.

Nancy Swanson, or Tsholiralna as she was known, was at Puntzi Lake with William Manning when members of her family warned her that Lhats'as'in had vowed to kill all the whites in the Chilcotin associated with the road from Bute Inlet. Lee Butler says her relatives told her she'd better escape before the enraged war party got there because they might kill her too.

Lee says Nancy (Tsholiralna) was pregnant with William Manning's child when she headed down through the country to Riske Creek.

She tried to convince Manning to flee with her but he refused to leave.

Several months later, Lhats'as'in was tricked into surrendering at old Fort Chilcotin on the pretext of having peace talks with the colonial leaders. Instead, he and his followers were captured by an armed militia and taken to Quesnelmouth to stand trial for the bloodshed.

The authorities rounded up Nancy at Riske Creek and took her to testify at the trial.

"Nancy and one or two of her relatives were chained to the horses and mules that they rode to Quesnelmouth to be forced-witnesses," Lee says. "Whenever they had to pee or something like that, there was an armed soldier right there with a rifle. It doesn't sound like she was too willing

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Deer can jump as high as 10 feet in the air from a full sprint.

► Annie Mackill



...continued from page 4

to testify. I can't see her testifying against other natives."

At the trial, Lhats'as'in professed that the killings were an act of war to defend his homeland from invaders who had threatened his people with smallpox and had abused Tsilhqot'in women, but Judge Matthew Bailee Begbie ruled it was murder. On October 26, 1864, Lhats'as'in and four others were hanged at Quesnellemouth on the banks of the Fraser River. A sixth member of their party was hanged a year later in New Westminster.

Nancy gave birth to Manning's son, Moleese, in the Riske Creek country, Lee says, but the family lost track of where the baby went to.

"She had to leave him behind and he was raised by others at Riske Creek."

After the Tsilhqot'in War Lee says things were pretty wild among the natives in the Chilcotin.

Archival records show that Nancy and two other aboriginal witnesses at the trial were sent to Victoria to protect them from certain harm if they returned to the Chilcotin. There is no record when Nancy returned.

Sometime later Nancy met William "Billy" Swanson, a Scot in his mid-30s who came to Canada to seek his fortune, possibly with the fur trade.

"I don't know how they met," Lee says. "Perhaps at Toosey. For an Indian woman of that time, she spoke good English."

They eventually took up land on the west side of the Fraser River opposite the mouth of Chimney Creek, and raised horses and grew potatoes there. Swanson operated a ferry crossing, rowing a barge-like boat across the Fraser. They eventually pre-empted their 160-acre homestead in 1891, which is still known as Swanson Flats today.

William and Nancy had two daughters, Jessie in 1871, and Lee's grandmother, Annie, in 1877.

When Billy Swanson died from pneumonia in January, 1896, he was only 65 years old. His death registration was signed by Joe Isnardy, who worked for Swanson as a labourer and ferryman, and lived with Annie Swanson.

Annie and Joe Isnardy had three children in quick succession. William Isnardy in 1895, Sarah in 1897, and Francis in 1898.

On June 28, 1899, Nancy was baptised by Father Francois Marie Thomas, OMI (Oblates of Mary Immaculate). He recorded her age at about 70 years old and wrote the phonetic spelling of her name as "Tsholiralna".

When Annie and Joe Isnardy parted company, Annie moved with her mother to Riske Creek. The 1901 Census lists Nancy as the head of a household with daughter



► Jessie, Nancy, Annie at One Eye Lake, about 1928

Annie and three children; William, Sarah and Francis.

At Riske Creek, Annie formed a liaison with stopping house owner, Fred Becher, and bore him three children. Their first-born, Henry, died in infancy in 1901. Cecilia was born in 1903, followed by Amelia in 1908.

When Annie and Fred Becher went their separate ways, Becher sent their two daughters to England.

Annie moved to Soda Creek to live with Jim Mackill, and bore him three children. The oldest,

Hilda, was Lee's mother, born in 1909, then followed by Clarence, born in 1911, and then Jack in 1913.

Nancy remained at Riske Creek, living out the rest of her days in a small cabin by the road. She was known to everyone as Lala, and liked to sit outside by a small fire and smoke her pipe. She died peacefully, some say at 102 years old, and is buried on the hill above where she lived.

With her passing, one of the last living links to the Chilcotin War was gone forever.

But for Lee Butler and members of his family, she lives on as an inspiration; a matriarch who survived tumultuous times.

On October 26, 2014, BC Premier Christy Clark exonerated Lhats'as'in and the five other Tsilhqot'in war chiefs who, she said, were wrongfully hung at Quesnellemouth and New Westminster 150 years earlier.

"The chiefs were not criminals or outlaws," she said, "but warriors engaged in a territorial dispute."

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CRAIG SMITH PHOTO

CAMPING OASIS ► Big Country Campground & RV Park in Lac La Hache and its long-time owner, John Tauber.



flavour of the month



Camping at its best

BY CHRISTA SMITH

It wouldn't be a camping issue without featuring a campground. This month's feature is the Big Country Campground & RV Park in Lac La Hache and its long-time owner John Tauber. Big Country is a little slice of beauty and peace tucked in amongst the trees just off the highway between 100 Mile House and Lac La Hache.

John was originally born and raised in the Queen Charlotte Islands. In 1985 he and his parents moved to Lac La Hache to take over ownership of what was then, the KOA campground. The Tauber family ran the

campground as a KOA from 1985 until 2005, when they decided to privatize due to the loss of so many KOAs from the nationwide system.

John has put his heart and soul into the campground, and takes pride in keeping the grounds neat and tidy, and the washrooms spotless. From the season opener in May, to the last camper pull out in September, he basically runs the grounds on his own. "The Big Country Campground & RV Park is an overnight campground which makes this possible," says John. "I do all my errands and shopping in the morning, and am back by the time campers

start arriving".

While box store parking lots also provide overnight stops for travelers, there is no comparison to the quality of amenities offered by Big Country. The campground has over thirty sites, with six tenting spots and twenty-five pull-through, fully serviced RV spots. The grounds are home to a great recreation area and playground for kids, a heated swimming pool, sauna, rec-room, free showers, laundry and store. For the campers who want to stay connected, there is WIFI, plus nearly half of his sites have cable TV access (although the number of channels are limited).

For outdoor enthusiasts, there are over 50 acres of hiking trails to explore, and for a good work out, many choose to climb the steep hill behind the campground.

The campground is roomy and spacious, with plenty of privacy between campsites. There are even a couple of fully-functional cabins that are so cute, nestled into the scenery of the grounds just off to the side of the pool. So whether you are looking for a taste of the outdoors, or just need a cozy cabin for the night, this is your place.

John says that over the last 31 years that he has run the campground, he has met many wonder-

ful people from around the world. "I have had many repeat customers," he says, "which usually means you must be doing something right. The majority of the tourists who stop here, are either headed to Alaska, or coming from Alaska. I am what you would call an 'over-nighter'. Just a quick place to relax and unwind for a day or two, before continuing their journey".

John has dedicated a large portion of his life to making camping an enjoyable family experience at the Big Country Campground & RV. So what does John do during the long winter months? He spends his time doing

repairs and getting ready for the next season. John's other hobbies include playing the electric guitar, which he has played for over forty years.

So if you are looking for a great overnight stop in the Cariboo, the Big Country Campground & RV Park is the spot, for not only a great roomy campsite but also a very dedicated and familiar face to greet you on every visit. When asked about John's plans for the future he says, "I enjoy this and want to keep doing what I have been doing." Family friendly and full of every amenity John has you covered at the Big Country Campground & RV Park.

Wespeak

Camping for every style

BY CHRISTA SMITH

Camping has been part of my summer activities for as long as I can remember. When I was young we took two weeks to go camping every July. I remember the planning and preparation that went into the trip. It seemed like every year we needed to try out a new camper, trailer or motorhome, so the adventure was always new. There was one year that I very vividly remember being in a tent trailer and there was a gap at the top, so all night long there were a steady stream of mosquitos lined up to eat. I think it was the longest night in history.

As I grew older I was eventually allowed to move into my brother's old tent and sleep outside. I remember the feeling of fright that I would most certainly be eaten alive

by bears before morning but would not let the fear overcome my independence. That first tent was a little orange pup tent that had no more room than just enough for my sleeping bag. I eventually grew into a four-man dome tent that very comfortably fit all my friends.

As a young adult my adventurous side came out and I wanted to discover the unknown and forge new trails. My motto was, "where there is a will, there is a way." My camping destination had to be remote and undiscovered. On one such trip after a very hairy and nail-biting trek to a place beside a little lake, I knew I had found the ultimate solitude. After camp setup and some relaxation, we went exploring only to find that the other side of the lake had a campground and a very nice

road leading in.

I am not sure at what point in my life camping moved from being a remote journey into the unknown, to a motorhome with power hookups. Maybe I have just matured enough to realize the consequences of getting stuck or breaking down in the wilderness, or maybe I am just spoiled and need that cup of great brewed coffee and a soft bed at night.

Camping is one of those activities that can truly be enjoyed on many levels, whether it's a tent in the backcountry, or a motorhome in a campground, there is something about getting out and briefly experiencing a different way of life. I think that the fresh air and vastness of the great outdoors does something for the soul. I think it's also a way to reconnect




with friends and family and communicate on a different level that isn't full of distraction and daily life. I find camping very therapeutic; for me, it's a chance to hear myself think and totally relax.

It is going to be a great summer for camping, and I hope that everyone gets the chance to take a weekend or even just one night, and get outdoors, reconnect with others, or at the very least, connect with nature. If you're

brave, try sleeping under the stars. We live in a beautiful area that is full of lakes and campgrounds for every camping style, so why not try a new site and see what the Cariboo has to offer.

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Recipe: Iced Tea Latte

1) Select a tea. Black tea or any strong-flavored tea works well. A lighter flavored tea such as green or white will be too mild to stand up to the addition of milk.
 2) Select any sweetener you prefer. 3) Pick a milk and heat. (full, low-fat, fat-free, soy, almond, rice, etc) Make a 50-50 mixture of water and milk, in a quantity that's half what you want your final volume to be. (If you want 16oz of iced tea latte, mix 4oz each of milk and water for a total of 8oz). Add the sweetener when your liquid is still cool (though if you want to retain the healthful properties of honey in your latte, add it to the mixture immediately before you ice it). Pour your mixture into a saucepan and heat on medium. Bring the liquid to the temperature required of your selected tea. Warning: soy milk tends to boil over faster than dairy milk. Watch your pot closely to avoid massive cleanup! 4) Just brew it! Add 2-3 times the amount of leaves you would normally use. (eg. if you are making a 16oz latte with a black tea which normally requires 1 tbsp per 16oz, use 2-3 tbsp instead). Brew the tea for 3-5 minutes. 5) Strain the leaves as you pour the tea into a blender. Blend with equal parts ice and tea until smooth, and serve. Alternatively, pour the milk/tea mixture over ice to skip the blending step.

Enjoy!



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Set your camera to 'fun'

Photography 101

By Craig Smith

Camping is on the list as one of the top times to have your camera out. In my mind, you should always have your camera out but I know, I have to think about everybody that takes pictures. I have a couple of things I want to go over to help you take better camping pictures, and take care of your gear after the holiday is over.

When we are talking about the modern digital camera, we have an amazing piece of technology in our hands. You actually have more computing power in your camera than they used to send the first man to the moon, so we need to know how to use it.

There are only four modes to take photographs in; Program (camera picks everything), Aperture Priority (you pick the aperture camera picks shutter speed), Shutter Priority (you pick shutter speed camera picks aperture) and Manual in

which you choose everything. If you know what you are doing, then the best setting is Manual but it's the mode that can get you in the most trouble if you don't know what you are doing.

On your camera dial you also have a multitude of what we call sub-modes. Those are the modes that, if you are an inexperienced photographer you will want to use, as the modes will pick the best shutter, aperture combinations based on the computer in the camera. For instance, if you see a scene in front of you with mountains and trees you will want to choose the landscape mode (with a mountain icon). If you are taking a picture of a flower, look for the icon that looks like a flower. Pretty easy, isn't it. If you aren't really sure what mode to use, there is an icon that I call 'super program' that picks everything for you, includ-



ing giving you a flash if you need it, and that icon looks like a green camera on the top dial.

After you are home from camping, you will want to thoroughly clean the outside of your camera. My cleaning kit includes the following; a soft toothbrush, Q-Tips, isopropyl alcohol, and a pencil with an eraser on it. After laying out your supplies, take off the camera strap, lens cap, and take the battery out. I first use the toothbrush to remove all the accumulated dirt and dust from all the nooks and crannies, keeping away from the lens, eyepiece and LCD screen. If there are areas of the camera that the dirt is a

little more stubborn, I will use some isopropyl on the toothbrush, or if it's in a hard to reach corner I will use a Q-Tip. I now use the pencil eraser on all the contacts and the battery to remove oxidation. Once all the main dirt is gone, I will focus my attention on the optics using either a lens cleaning cloth or micro fiber cloth. I have a blower brush that I will use first to blow as much of the dust off the lens as possible before using the cloth. With lenses, clean in a circular motion, starting in the middle and working your way outwards.

I hope these few tips help you out with your summer picture taking and until next time, happy shooting.

THE STEW MAGAZINE crew



Christa Smith
Publisher & Editor
christa@ccrproductions.ca



Craig Smith
Publisher & Sales Manager
craig@thestew.ca



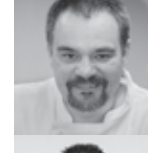
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Advertising and Sales
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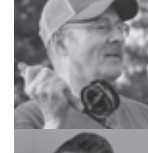
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Raccoons can purr. Like house cats, they usually purr when they feel content or safe.

Getting real without distractions

Camping season is exciting for a lot of people in the Cariboo. So many lakes, and so many places that just brim over with natural beauty, peace and quiet. There's nothing like throwing your gear in the car or camper, and getting away from it all for awhile. No television, no computers and no phones (unless you go somewhere that has good cell service). No distractions.

Camping, to me, seems like a really great way for a couple to spend time connecting. I recently read an article that said that couples spend only twelve minutes a day, on average, communicating with each other. Twelve minutes a day hardly seems to be enough to maintain a strong bond based on a deep connection. How in-depth can you get in twelve minutes a day?

When I think about



my personal communication style, twelve minutes seems like enough time to talk about the weather, day-to-day regular exchanges about parenting or the next day's schedule, but that's about it. Am I going to be sharing anything meaningful and deeply personal in twelve minutes? Not likely.

To share things that are actually significant more time needs to be spent on maintaining that effective and regular intimate communication. This doesn't just go for couples, it also

works in family settings as well. If you take the time regularly to communicate openly as a family, and have a routine in place so that it happens every day, the family has a much better chance of being heard and feeling valued. How can you feel heard and valued in twelve minutes a day? Especially since it isn't going to be likely that those are twelve consecutive minutes.

Really, it is so important that each person as part of a couple, or family unit, feels heard and val-



ued. To build that strong foundation that won't be rocked when things happen out of your control, such as job loss like the community has experienced with the shutdown of Mount Polley, or when a partner becomes physically ill, on a more serious level. When both individuals feel that they are understood, cherished, and held in high priority, the serious things can be handled and coped with in a much less stressful way.

Planning a camping trip can be done with the end game of spending quality time together. Pack in a way that is mindful of that. Consider how you want to spend time together... do you want to be focused on your partner? If you do, leave behind computers, tablets, or video games or really any other

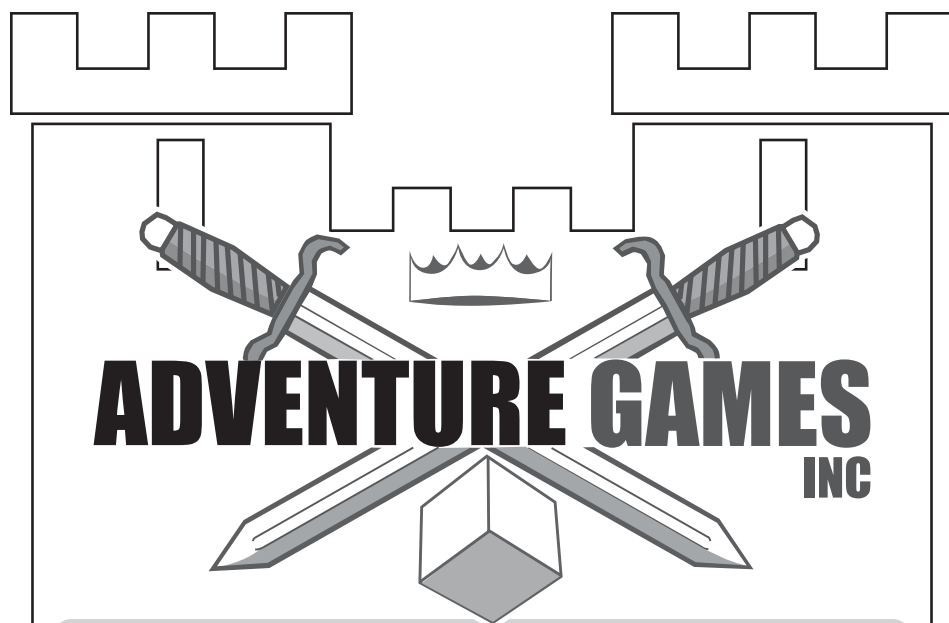
form of technology you normally spend a lot of time engaged with. If you need to take a cell phone along have it clearly set out that it will be used for emergency purposes only. This might seem excessive, but if you don't have distractions it makes it a lot easier to focus on each other.

Taking distractions out of the equation leaves a lot more time for both people to just get real with each other. That does not mean that both people are talking intensely about feelings and deeply important topics the entire time you are out camping. Going for walks and just chatting, going for a completely silent canoe ride, sunbathing on the beach, swimming in the nice cool water, and whatever else you enjoy doing together are just as important in reinforcing

your special relationship.

You can't help but feel connected to someone that you take the time to really know and appreciate. Talking things through in a neutral, relaxed atmosphere can also make it a lot easier to talk about things that might otherwise be really stressful. Not to mention that when you are relaxed, you are more open to possibilities and other ideas than you are when you are feeling stressed out.

Time spent together reinforces what you like about each other, what drew you together in the first place, and what will keep you standing tall together regardless of what life throws at you. Camping can provide a fantastic opportunity to get rid of distractions, leave every day stresses behind, and just get real with each other.



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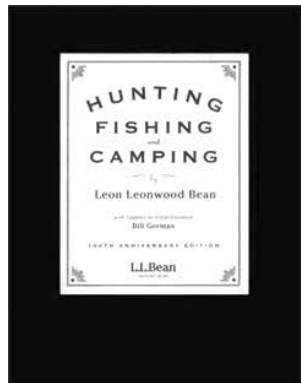
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read

When camping or hiking, tell someone where you are going, sign-in at the trail register, and stay on marked trails.

Summer camping and survival guides



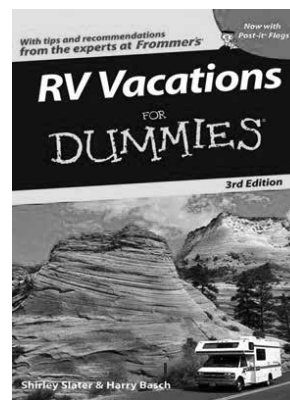
Hunting, Fishing and Camping, Bill Gorman
L.L.Bean, Inc. has been a trusted source for quality apparel, reliable outdoor equipment and expert advice since 1912. To celebrate its hundredth anniversary, the Freeport, Maine-based company has released an updated, no-nonsense guide to enjoying the great outdoors. Originally published in 1942, this Maine classic offers instruction on everything from packing a canoe to stalking a bear. The new edition pairs the original text and nostalgic photographs with twenty-first-century perspective from L.L.'s great-grandson and Outdoor Channel television host, Bill Gorman.

RV Vacations For Dummies, 5th Edition, Harry Basch and Shirley Slater
Hit the road with confidence; *RV Vacations For Dummies, 5th Edition* will help you get the most out of your motoring adventures. Get essential advice on which RV to buy or rent, how to get the best deal on your vehicle,

how to drive with skill and confidence, how to best equip your RV, how to monitor your electric hookups and more.

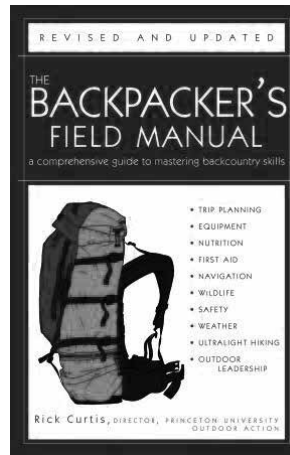
The Backpacker's Field Manual, Rick Curtis

When it was first published in 1998, *The Backpacker's Field Manual* set



the standard for comprehensive backpacking books. Now exhaustively updated to offer a more complete view of backpacking today, it covers the latest developments in gear—such as Global Positioning Systems and ultralight hiking equipment—first aid, and Leave No Trace camping, and includes a chapter devoted to outdoor leadership resources and basics. Beginners and experienced hikers alike will find this book indispensable for trip planning strategies and also as a quick reference on the trail for backcountry skills, tricks of the trail, and going ultralight.

Survive!, Les Stroud



From the sun-scorched sands of the Kalahari to the snake-infested jungles of the Amazon, Les Stroud has made a life of surviving in the harshest—and most remote—regions on Earth.

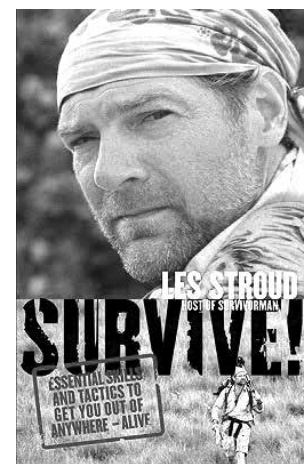
Now, the creator, producer, and host of the hit television program *Survivorman* transfers his decades of knowledge and experience to the pages of *Survive!*, a practical guide that gives everyday readers a no-nonsense look at the real world of survival.

Stroud offers readers the essential skills and tactics necessary to endure in any corner of the globe, along with a wealth of insider information born of his own experiences in the outdoors, and unavailable in any other book.

Readers will learn:
- How to make a sur-

vival shelter and why a lean-to is largely a waste of time.

- Why survival kits are important, and why you should make your own.
- Where to find water and why drinking contaminated water is sometimes warranted.
- How to locate and trap small animals and



why the notion of tracking and hunting large game is largely a pipe dream.

Whether seasoned in the outdoor arts or new to adventuring, all readers will learn something from *Survive!*. Stroud's many colorful anecdotes and cut-to-the-chase philosophy not only make for an entertaining read, but also enhance anyone's ability to focus on the main goal when everything else has gone wrong – survival.



Local Artists featured at the Gecko Tree

Put the Gecko Tree on your list of places to visit! The works of different local artists are featured monthly, and there is always something exciting happening! While you are enjoying the art on the walls and delicious lunch, be sure to wander behind the Iron Gate and discover the treasures at Gecko Gifts.

JUNE 2 – JULY 18 WANDA SHEPPARD

Wanda's love for photography began in the 1970's when she started using her mom's Kodak film camera; her hobby soon turned itself into her passion! Exploring with camera in hand, Wanda finds many opportunities to photograph untouched landscapes, wildlife, rodeos and the spectacular scenery that the Cariboo Chilcotin has to offer.

JULY 21 – AUGUST 29 BREELYN ZOWTY

Breelyn, born and raised in Williams Lake, was very active in her early years, not only in sports, but also in artistic pursuits. She attended the Center for Arts and Technology in Kelowna after graduating from Columneetza, and received her diploma in Graphic and Digital Media Design.

Breelyn's love of painting and drawing is reflected in her abstract, funky creations. She is excited to exhibit her work at the Gecko Tree's show and sale.

If you are interested in having your own show and sale, contact Beatrix Linde 250-440-5759.

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July Performances In The Park

BY ANGELA SOMMER

Who says there is nothing going on in Williams Lake?

Performances in the Park will be in full swing during July and August. Come on out on Thursday nights and be entertained!

New this year is the Farmers' Mini-Market is setting up from 5–8pm. Make sure to come out early to Boitania Park to see what the vendors are offering.

A Children's Art Corner will entertain the little ones from 6 to 8pm, and food vendors will have snacks and drinks for the family. You just have to come out and see who is going to be there! So far, we have Smashin' Smoothies, Taylor Made Cakes and Sweets, Cody's Bannock, Puddle Produce, Land's End Farm, Piece of Home, Barefoot

Books, Carla Krogan, Paper Airplanes, BFF Fashion and Walk-Rite Shoes setting up.

JULY 2nd will start off with *Identity Crisis*, a young, local, alternative rock band that calls on everyone to 'let their fun out', followed by *The Pernell Reichert Band* who claims that if you are looking for alt-folk, alt-country, finger-pickin', slide-playin', foot-stompin' razor sharp folk for the road, you have come to the right place.

EXTRA! EXTRA! Early Arts on the Fly Special on **JULY 9th. Starting at 5pm**, we will have *Leathan Milne*, whose songs are a refreshing jolt of humble, soft spoken honesty, and are quite unique to the folk music world of which he has woven himself. Born in a small town in rural southern Alberta, Leathan has been playing

and performing music for the last 10 years.

Don Alder is an award-winning, modern acoustic guitarist and he'll be back in his home town for the second year in a row, dazzling the audience with his out-of-this-world guitar playing, and promoting his new album *Armed and Dangerous*.

With a voice like a "shady tree on a hot summer's day," *Stephen Palmer's* music is a joyous blending of country, folk, gospel and blues.

The last performer of that day will be *Jasper Sloan Yip*, the BC-born singer/songwriter at the helm of the eponymous alt-folk-rock sextet. Be sure to bring your lawn chairs that night.

Improvisation is the key for the first act on **JULY 16th. Doug Koyama** has performed in Williams Lake before

and is returning to make songs about love. Each impromptu composition is the expression of the moment in which it exists.

The world beat band *Compassion Gorilla* is a seven-piece powerhouse that will liberate feet and catapult audiences into whole-hearted dance entrancements.

Compassion Gorilla has spent the past four years pleasing audiences across North America. Their highly unique blend of world music, folk and Latin dance music makes for an engaging performance, enjoyable by the whole family.

JULY 23rd will see *John Michael Lind, One Man – 6 Strings* take the stage. This surprising new Canadian songwriter, with miles of sweet heartbreak on his aching old chassis, gives us music



that helps people feel.

Then stand with your mouth agape as fiercely original *Saturn Alien* takes the stage. Defying easy categorization since its inception, Saturn Alien promises a good time to lovers of funk, rock, swing and smooth greasy soul.

On **JULY 30th** you will hear the *Sarah Burton Band's* playful soul that has found its home in music through three diverse albums, and countless ups and downs while traversing the globe.

On her new album *Make Your Own Bed*, Sarah doesn't just embrace indie-pop into her musi-

cal inventory, but returns to her first inspiration; the piano.

For the second performance, get ready for *The Carnival Band*, a full tilt boogie brass band explosion from the heart of East Vancouver. The Carnival Band is an activist, community band based in Vancouver's Commercial Drive neighbourhood. Last year they released a digital EP, traveled to Boston and Austin, USA, and performed at TEDx Vancouver. In 2015 the band is stoked about travelling though BC, more recording, and filling the streets with live music!

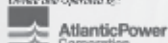
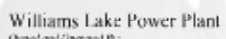
PERFORMANCES in the PARK

A summer-long concert series presented by the Central Cariboo Arts & Culture Society, the City of Williams Lake, & the Cariboo Regional District

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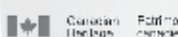
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Arts on the Fly is a program of the Government of British Columbia, and is funded by the Arts

2015 Performance Schedule

Music starts every Thursday at 6pm (unless otherwise stated) at the Gwen Ringwood Theatre in Boitania Park

July 2 The Pernell Reichert Band with Identity Crisis

July 9 Don Alder, Jasper Sloan Yip, Leathan Milne, & Steven Palmer
Telus presents an extended Arts on the Fly special edition! See you at 5pm for an early start!

July 16 Compassion Gorilla with Doug Koyama

July 23 Saturn Alien with John Michael Lind

July 30 The Carnival Band with The Sarah Burton Band

Aug. 6 Bluenote with Flannel Roots

Aug. 13 Lucier & Friends with Cariboo Idol

Aug. 20 Drum & Bell Tower with Robyn & Oren

More than just music, it's a whole community experience! Including Children's Corner, Mini Farmers' Market, visits from Arty the Art Walker and booths from: Smashin' Smoothies, Cody's Bannock, & Taylor Made Cakes & Sweets

For more information, visit facebook.com/performancesinthepark



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"Camping is nature's way of promoting the motel business" ~Dave Barry



Discover the Yukon: Camping the Dempster Highway

BY SYLVIA RASH-BROOK OF ALL-WAYS TRAVEL

The Dempster is the only highway that takes you across to the Arctic Circle, and into the 'land of the midnight sun,' where North is a way of life, not just an arrow on a map. This is a gravel highway, so it is truly a two or three month adventure. You can pan for gold, explore the true wilderness campgrounds and sites, and experience the land of the midnight sun. Summer in the Yukon has two months, July and August.

Home to caribou, mountain sheep, eagles, falcons, bears, and a multitude of wildlife, the Dempster is truly a 'way to the wild.' The Dempster traverses three eco-regions in the first 40 to 70 kilometers; the Klondike Plateau, the Yukon Plateau North, and the Mackenzie Mountains. Although diverse, the eco-regions look similar from the highway.

The stark beauty of the mountains is impressive. The Dempster Highway mostly passes through Beringia. The Southern 70 kilometres however, follow a valley containing moraines that are fed by tongue-like glaciers lodged in the high peaks of the southern Ogilvie Mountains. The next 35 kilometres wind across the Blackstone Uplands, where side valley glaciers spill out.

At 74 kilometres, the prominent peak of the Tombstone Range, a ragged-peaked mountain

range, becomes visible. Picturesque little lakes – or tarns – and open tundra greet experienced backpackers.

The Northern Wheatear, a bird species that winters in North Africa and South-east Asia, make nests in the cliffs. On the east side of the highway you can visit the Tombstone Interpretive Center to access information on the area.

You can experience the Hart Winter Road at 78 kilometres. This is the beginning of a road that leads into the headwaters of the West Hart River. The road serves as a walking or mountain-biking route, and is also heavily used by wildlife – including bears! – so be cautious when riding or walking on it. This is the one time you should make lots of noise.

The North Fork Pass summit and watershed divide begins at 80 kilometres down the highway. At 1,400 metres above sea level, this summit is the highest point on the highway. This is where the rivers to the north flow into the Beaufort Sea along the Mackenzie River system; and rivers to the south are part of the Yukon River watershed that flows into the Bering Sea to the west. In early July, watch for a myriad of colourful wildflowers here. At this point, you are travelling through a land of near-continuous permafrost. It is the tundra – a treeless Plain – and has been in continuous frost for thousands of years. Only a thin layer of frost melts during the summer.

Vegetation has adapted to the drying winds and short growing season by remaining low to the ground.

Now on to kilometre 83 through 90, where you will be the a bird-watching paradise of the Blackstone Uplands. The late Bob Frisch, a gifted naturalist who roamed these mountains, described more than 150 bird species that can be found here. At this kilometre, it may be your first chance to see waterfowl in the uplands.

About the 116 kilometre mark of the highway you will reach the largest lake on the highway. Its name is Chapman Lake, named after the trader, trapper and prospector Ernest Chapman. This lake hosts a large variety of songbirds. Anyone want to do some bird-watching?

During the winter in this region you may see the wintering Porcupine Caribou herds. As many as 40,000 caribou may be seen crossing the highway

in mid-October, and where there are caribou, you can expect hunters.

From kilometre 120 to 168 you will find much the same strata and environment of the tundra as previously mentioned, and there is an airstrip at kilometre 124.

At the 163 kilometre point, you will find the Boreal Forest which begins near the Ogilvie River. It is interesting to note that the trees are tossed around by the freezing and thawing of the soil that holds their shallow root systems. Mineral-bearing creeks add colour and odour to the forest air, while limestone crags carved by ice suggest castles. What a treat for the senses!

At kilometre 168 you will find Red Creek and Sulphur Springs. The pungent smell of sulphur and the brilliant, orange-brown stains in the mud, and the surrounding vegetation certainly suggest that one is in a highly mineralized

region. Sheep and other animals find natural 'mineral licks'.

At kilometre 193, you will discover Sapper Hill and the Engineer Creek Campground with fifteen sites. There are huge mounds of dolomite in the hills and cliffs of Sapper Hill. What a sight to see!

At kilometre 224 you will see the last of the Ogilvie Mountains and the last of the dolomite cliffs. Ahead are the wide, well forested floodplains of the Ogilvie and Peel Rivers. You can tell that the permafrost has gone because of the types of trees that grow in the valley. At kilometre 237 is an airstrip, and at kilometre 259, you can view a panorama of the Ogilvie Mountains and the meeting of the rivers. At the viewpoint, you can see the gently rolling hills and river tributaries.

There is a transition of vegetation at kilometre 300 onward; it changes to tall trees of a warmer climate.

Forest fires are a hazard at this point.

There is much to see and do along the Dempster Highway if you are an adventurer and love the wilderness. There is a hotel at kilometre 369, with a maintenance camp and airstrip nearby.

Welcome to the Arctic Circle, 66° 33' north, at kilometre 405. Need I say more! You have reached the land of the midnight sun; on June 22nd, the sun never travels below the horizon. The long days of summer contrast with the long nights of winter. There is an interpretive center for all to peruse.

You can continue on the Dempster Highway for another 65 kilometres from the Arctic Circle and arrive at the Yukon-Northwest Territories border, where there is the Rock River Campground for your camping pleasure.

For more information please come and see us at All-Ways Travel.



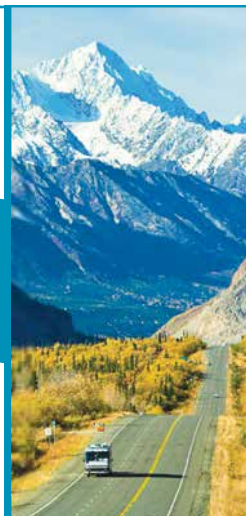
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**Your guide to
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WILLIAMS LAKE & AREA

July 1 Canada Day Celebrations, Boitanio Park 2-4pm

July 2 Performances in the Park, The Pernell Reichert Band with Identity Crisis, Boitanio Park 6-8pm

July 2,9,16,23,30 Busted Remedy hosts Jam Night, Thursdays 9:30pm OV Pub

July 2,9,16,23,30 Pokemon Thursdays, Adventure Games 83C 2nd Ave S, 3:45pm

July 3 Victoria Composers Collective Tour, St. Andrews United Church 7:30pm

July 3,4,5 32nd Annual Puntzi Lake Fishing Derby, \$20 entry fee, Woodland Caribou Resort, Puntzi Lake

July 3,10,17,24,31 Farmer's Market, Boitanio Park, Fridays 9am-2pm

July 3,10,17,24,31 Friday Night Magic, Adventure Games 83C 2nd Ave S, 5pm

July 4 Anahim Lake Stampede, Anahim Lake Stampede Grounds 1pm

July 4-August 29 "Hair" summer group show, Station House Gallery, Monday to Saturday 10am-5pm

July 4,11,18,25 Warhammer and Tabletop Games, Adventure Games 83C 2nd Ave S, Saturdays

July 5,12,19,26 Sunday Morning Magic, Adventure Games 83C 2nd Ave S, 10am

July 5,12,19,26 Sunday Game Night, Adventure Games 83C 2nd Ave S, 6pm

July 6 Free Senior's Bingo & refreshments, upper level Boitanio Mall, 1pm

July 7 Fitness in the Park, free, Gwen Ringwood Centre in Boitanio Park 6-7pm

July 8 Composer Concert Tour, St. Andrews United Church 7-9pm, info: daveriedstra.com/victoriacomposerscollective

July 8,22 Gibraltar Mine Tour, bus leaves Tourism Centre at 10am, returns at 4pm, reservations call the Chamber 250-392-5025

July 9 Performances in the Park, extended Arts on the Fly special edition with Don Alder, Jasper Sloan Yip, Leathan Milne and Steven Palmer, Boitanio Park 5-8pm

July 10-11 Arts on the Fly, 10th annual music & arts festival, Horsefly BC, info: www.artsonthefly.com

July 10-12 Canim Lake Pow Wow, Canim Lake,, registration 6pm

July 11-12 Cariboo Kennel Club Promotion Day & Sanction Match, Stampede grounds baseball diamond 10am-2pm, \$10 registration 9am

July 16 Performances in the Park, Compassion Gorilla with Doug Koyama, Boitanio Park, 6-8pm

July 18-19 16th Annual Bella Coola Music Festival, Bella Coola BC, tickets at Andre's 1148 Broadway Ave S, info: www.bellacoolamusic.org

July 23 Performances in the Park, Saturn Alien with John Michael Lind, Boitanio Park 6-8pm

July 25 Mario Party, Adventure Games 83C 2nd Ave S, 4pm

July 25 Thunder Mountain Racing Christmas in July Toy Drive, qualifying 5pm, racing 6pm, info: www.thundermountainspeedway.ca

July 25,26 Esket Rodeo Alkali Lake, Esket Rodeo Grounds, Performances at 1pm

July 27 League of Legends, Adventure Games 83C 2nd Ave S, 4pm

July 27 Fire Department ATV Poker Run, Horsefly BC, 9am, info: land@horseflyrealty.ca

July 27-31 Summer Art Classes, ages 6-9, Station House Gallery 10am-3pm, visit the Gallery to register

July 28 Cariboo Camera Club, TRU Campus, room 1319, 6:30-9pm, info: jesse.d.m.@hotmail.com

July 30 Performances in the Park, The Carnival Band with Sarah Burton Band, Boitanio Pk 6-8pm

July 30 Williams Lake Chamber of Commerce Luncheon, \$16 Members \$20 Non-Members, Signal Point 11:30am-1pm

August 1-2 Likely Music Fest, Cedar Point Park, Likely, tickets at the gate

QUESNEL & AREA

July 1 Dominion Day, Barkerville

July 1 Canada Day at Cottonwood House Historic Site 10am-2pm

July 1 Live music Doug and the Slugs, The Occidental 228 Front St. 8-10:30pm

July 2 Live music Buckman Coe, The Occidental 228 Front St. 8-10:30pm

July 3,10,17,24,31 Farmers Market, CO-OP parking 8:30am-2:30pm

July 4,11,18,25 Quesnel Farmers Market, Helen Dixon Centre, 8:30am-1pm

July 5,19 The Fred Wells Show, Sunset Theatre, 8pm

July 6-10 Speed Control RAWK Camp 2015, Correlieu Secondary School

July 7,21,28 Exploration Series, Sunset Theatre, Wells 8pm

July 8 Chamber Board Meeting, Chamber of Commerce, noon-1:30pm

July 8,15,29 Farmers Market, Bouchie Lake Country Store 5-7pm

July 8,10,12,15,22,26 Godhead (by Michaela Jeffery), Sunset Theatre, Wells 8pm

July 9 Halloween in July, Costume Party at the Pub, The Wells Hotel, Wells 8pm-2am

July 9,11,12,16,18,23,26 Hamlet, Sunset Theatre, Wells 8pm

July 10-12 Fembots 6th Annual Kings and Queens Slo-Pitch Tournament, West Fraser Timber Park 9am-5pm

July 10 Live music Frenzy, The Occidental 228 Front St. 8-11:30pm

July 11 Barkerville Aboriginal Celebration, Barkerville 8:30am-6pm

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play

July 11,12 Gold & Fiddle Fever, Theatre Royal, Barkerville, Saturday- 7pm, Sunday-4pm

July 14 Sunset Theatre Cabaret, Wells 8pm

July 16 Bob Wilson Memorial Crash to Pass, Goldpan Speedway 6-9pm

July 16-19 Billy Barker Days, free entertainment and vendors, Downtown and Lebourdais Park

July 17 5th Annual Gold Rush Rumble Roller Derby Action, Twin Arenas 6pm

July 17-19 Quesnel Rodeo

July 18 QARA: Gold Pan Classic, Goldpan Speedway 2-6pm

July 18 Billy Barker Days Dance, Quesnel Seniors Centre 9pm

July 18 14th Annual Bug Run, 1:30pm, Registration at A&W 11am

July 18-20 Bella Coola Music Festival

July 19 16th Annual Horsefly Town-Wide Yard Sale, All day coffee and snacks at Senior Centre 9am-3pm

July 19 Quesnel Motocross Association Racing, Quesnel Race Track 9am-3pm

July 21-23 Moonrise Film Festival, Sunset Theatre, Wells

July 23 Live music The Grid Pickers, The Occidental 228 Front St. 8-10pm

July 24 Unstoppable Love, Sunset Theatre, Wells 8pm

July 28 Live music Louis Le Butterfield, The Occidental 228 Front St. 8-10pm

July 28 3rd Annual Office Olympics, West Fraser Timber Park 5:30-8:30pm

July 29 Live music Madeline Tasquin, The Occidental 228 Front St. 8-10pm

July 30 Live music House of David and Party on High St, The Occidental 228 Front St. 8-10pm

July 30 Jabberwocky, Sunset Theatre, 8pm

July 31-August 3 Arts Wells Festival of all things art, Wells BC, info: arts-wellsfestival@imarts.com

100 MILE HOUSE & AREA

July 1 Canada Day Celebrations, 108 Heritage Site 11am-4:30pm

July 1-25 Parkside Art Gallery Women in Focus, Monday to Friday 10am-4pm, Saturday noon-4pm

July 1 Interlakes Canada Day Celebration 4pm

July 2 University of Victoria Composition Students Performance, United Church Hall 7pm

July 2,9,16,23,30 Full Contact Stick Fighting, Thursday evenings in Lac La Hache. Info: Shauna jtpassion@outlook.com or www.coillmohr.com

July 2,9,16,23,30 Royal Canadian Army Cadets,

Thursdays, more info: Capt. Kevin Seal 250-395-1181

July 4,11,18,25 Loon Bay Craft Fair, Loon Bay Resort, 10am-3pm

July 4,11,18,25 Interlakes Farmers Market,

July 4 Bridge Lake Stampede, Bridge Lake Rodeo Grounds

July 18-19 Hot July Nights Car & Bike Show, Centennial Park

July 19 Drive-In Movie Night, admission by donation to the Waterpark Society, Canlan parking lot 7pm

July 20 Cowboy Concert and Poetry, Centennial Park, 7pm

July 21 Legacy Park Dedication, corner of Horse Lake Rd & Cariboo Trail 11am, Mural Tour, throughout 100 Mile

July 21 Guns & Hoses Hockey Game, Canlan 7pm

July 22 Tsqescen Canim Lake Band Cultural Day, Centennial Park, 1pm

July 22 West Coast Lumberjack Show, Centennial Park 6pm

July 23 Kids Day, parade 2pm from 1st and Cedar, Centennial Park fun events and Chris the Clown Show

July 23 Music in the Park, various entertainers, Centennial Park 6pm

July 24 Giant Flea Market and Farmers' Market, Community Hall 9am-1pm

July 24 Cariboo Artists: Evening of Entertainment, Centennial Park 6-9pm

July 24-26 Hootstock music festival, Forest Grove BC, info: www.hootstock.com

July 25 Party to the Park, entertainment, games, races etc., Centennial Park all day starting at 10am, cake cutting & dedication 1pm

July 25 Louisiana Hayride free show, Centennial Park 7pm

July 26 Pancake Breakfast 8am and Outdoor Church Service, Centennial Park 9:30am

July 31-August 3 Rock Stock music festival, Lake of the Trees at 112 Mile, tickets \$35/day or \$60/ weekend includes camping, info: www.cariboos-rockstock.com

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The Face of an Angel

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Absolution

Ex Machina

It Follows

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Paul Blart 2

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JULY 21st

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JULY 28th

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Flies or bees bothering you? Spray them with hairspray and they will take a quick dive.

Dental health is non-verbal communication



BY RUDY WASSENAAR

Body language is the non-verbal way of communicating, and it amounts to around 80% of all communication without a single word being said. It is like that in the animal kingdom, and with people living their

daily lives it is no different. Standards vary from culture to culture, but most people place a premium on well-balanced, delicately constructed facial structures, especially the mouth.

The eyes are not the first thing we study in the face. Experts have found

that, contrary to popular belief, it's the mouth we see first. We focus on the lips, the teeth, and the expression around the mouth. They give clues to temperament and attitude which will trigger a predictable response from other people exposed to it. There is convincing

evidence to suggest that physical attractiveness is the primary determinant in popularity, prosperity and romance.

Psychologists have found that appearance influences the type of person people become. Body language, it speaks volumes!

The mouth is the focus of attention because we constantly communicate and express our feelings through it. The need for acceptance is something we never outgrow. Improved appearance and self-esteem, and a healthier diet because we can chew comfortably, has the potential to improve the quality of life itself. We usually judge ourselves less attractive than others because we concentrate on certain imperfections, real or perceived.

Having said all that, what about the benefits of not having toothaches or other worries regarding our teeth? There is a lot to be said for including

our dental health into our overall health outlook for ourselves and our families. For more information, talk to your dentist.

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Credit Score

BY ADELE MCLEARN

Do you know what a Credit Score is? Perhaps a better question would be: Do you know what YOUR Credit Score is? The most important fact is when you go to any Lender – Bank/Credit Card company/Car Dealer – they will want to do a Credit Report on you. This will also include your Credit Score. This Credit Score will determine many things:

- If the Lender wants to loan you any money
- What interest rate they will charge you
- If you will need a co-signer

What determines your Credit Score?

- How many times have you applied for credit in recent months?
- Have you paid your existing debts on time?
- How much debt do you have?

What can affect your Credit Score?

Whenever you apply for credit, you need to ask several questions before you sign any document at all. If you are applying for a car loan, ask the person how many lenders they will go to in order for you to receive your new vehicle – i.e. are they going to many different lenders – you truly need to find out (in writing) if this is the case.

Why? If your credit score is good and you appear to be a good risk when you begin the process but the person you are dealing with approaches many different lenders in order to have you drive away in a new vehicle – your credit score will be adversely affected immediately. It will appear that you tried to secure funds from many different lenders – the Credit Bureau does not check to see if it was for one reason – the system only records 6-10 different attempts – this will greatly reduce your Credit Score immediately.

The next time you apply for credit, you may be declined due to your very low Credit Score.

How do you find out what your Credit Score is?

1. Go online to Equifax – pay to have your Credit Score and Credit Report released immediately to you online – usually \$24.00 (you will need a credit card in order to do so)
2. Ask to have your Report mailed to you at no cost

If you would like to discuss this or other financial issues, please call us – no cost – no obligation to purchase any product.

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British Columbia has the second largest parks system in Canada, after Canada's National Parks.

A look into Jurassic World

Bush and Clinton running for President, new *Star Wars*, *Terminator*, *Jurassic Park*... What year is it?!

In recent hot topics, the new *Jurassic World* is now out in theatres and it's bigger, scarier and has more teeth! Twenty-two years after the events of *Jurassic Park*, the small island off of Costa Rica, Isla Nubar, is up and running with a new, fully functioning dinosaur theme park. The Indominus Rex is the featured, newly engineered, dinosaur hybrid with a modified DNA mash-up of T-Rex, with a few other "classified" species of animals and dinosaurs. Proving to be a little more cunning than originally planned, this new dinosaur wreaks havoc in the park.

Jurassic World came into theatres Wednesday, June 10 and ran wild throughout the weekend, bringing in Universal Studios and Legendary Pictures a global opening haul of over \$524.5 million! It has stolen the record of highest debut, over *Harry Potter and the Deathly Hallows Part 2* in 2011 with only \$315.7 million.

The time and effort put into this movie definitely paid off! As a sound engineer, I have a ton of fas-



Sound Bites

By Kalie Cook

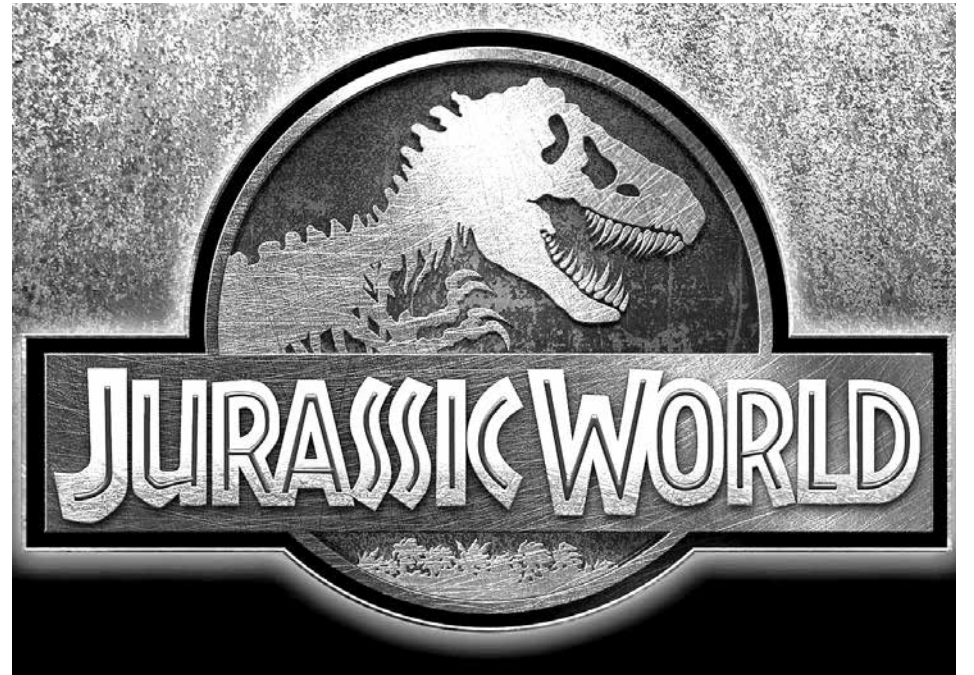
cination with how all the sounds were made while putting this film together. It's not like you can just go down to the zoo and stick a microphone in front of a velociraptor and call it a day. These sounds had to be taken from something else, and mixed together using effects and sound manipulation. For example, the great big Mosasaur (the giant underwater dinosaur) had a mixture of walrus and beluga whale sounds in its ginormous roar.

The Indominus Rex's massive roar is actually a mixture of T-Rex (which was mainly the sound of a baby elephant, but slowed and pitched down and mixed with some other animals), but also included a mixture of walrus, whale and beluga again, as well as lion, and pig squeals. There are also a few "squealier" animals such as dolphins, monkeys, and even a fennec fox! The sounds have just been

manipulated and mashed together to create a different sound all on its own.

One of the coolest things I have found is that they created some of the velociraptor's sounds by following a guy with a microphone walking like a dinosaur on a pile of wood chips. The language of the velociraptors is kind of a 'lovey dovey' language, because when they bark at each other, it's actually the sound of a mating tortoise! So the next time you watch *Jurassic World*, or go to see it for the first time, just remember that you're watching Chris Pratt taming the footsteps of a guy running around on woodchips, and a mating tortoise that is running away from a fox.

I'm not an animator and I don't know a whole lot about CGI and video effects; that wasn't my major in school! But I found that the movie's effects were pretty well done. In *Jurassic Park*, there were



only 5 key scenes in the movie that were made using CGI. The rest was the work of Animatronics. Similar to the original, *Jurassic World* has some practical effects as well, though maybe not quite as many. A lot of the close-up scenes of the dinosaurs, such as the Apatosaurus, used animatronics to try and create more of a realistic feel to the creature. If they had used CGI it wouldn't have given the atmosphere of the scene as much of an intimate feeling.

Some other fun facts about this movie is that the T-Rex is actually supposed to be the same T-Rex from the original *Jurassic Park* movies! It's

just been roaming around the island for 20 years. Dr. Henry Wu, the chief geneticist in *Jurassic Park*, makes a reappearance as Dr. Wu, even though he never appeared in *The Lost World* or *Jurassic Park III*. And just because I love sound effects, I'm going to indulge your mind with some more interesting sounds that were used to create parts of this movie!

In the beginning of the movie, when you see the little baby dinosaurs breaking out of their little shells, its common for sound engineers to mimic the sound of egg shell by breaking apart pieces of a toasted waffle! The Gyrosphere (hamster ball) sounds were conducted

from glass jars, a potter's wheel, ball bearings, and a roll of duct tape! They don't necessarily describe how they got those sounds, just that those were what they used to get the job done.

If you haven't yet seen *Jurassic World*, I highly recommend that you do! With an amazing combination of clever sound effects and good visual effects, the movie comes together well. I really hope I haven't ruined it for you though. All you're going to think about is how silly it seems for Chris Pratt to be running alongside a guy on a pile of wood chips fighting a ginormous squealing pig/dolphin/monkey/fox!

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Hot dogs: a camping staple

I like to have fun. Anyone who knows me can attest to this fact, and where better to have fun than out in the woods, far from the rules and regulations that run my existence in the real world? Two or three days before we leave for our planned trip the excitement builds to a boiling point and it becomes all I can think about. Thoughts of days spent in the boat or on a dock with my kids and my partner fishing, playing soccer in a field and watching all the cool birds, squirrels and all other manner of wild life fill my brain. Catching various weird bugs and putting

them in to an empty plastic container with hopes of them fighting so I can pretend I'm Joe Rogan and call the fight as if it was a heavy weight title fight... well that one is just for me.

I remember the first time we started packing for a camping trip and Sue asked me what I had packed already. "Well, I got my fishing stuff, a bottle of whiskey... two bottles. We are going to go for three days right? I got some comic books so I can catch up on some reading, a sleeping bag, a pack of hot dogs...three packs we are going for three days right? My Rambo knife in case I get lost on the way

to the outhouse and have to survive in the woods by myself for a few days, a lighter, because I might need to make fire at some point, oh dang what am I forgetting? RIGHT! The kids! HEY kids get your stuff packed up lets go camping!"

That was the last time she put me in charge of packing for our annual camping trip and I was subsequently put in charge of meal planning and was told in no uncertain terms that hot dogs 3 times a day for three days whether they were cooked on a stick or not was unacceptable and chicken hotdogs are NOT a separate and

distinct type of food. After being reminded that I am indeed a talented, handsome, funny and modest Chef she told me planning a couple days' worth of meals should be easy. Turns out she was right. I AM talented, handsome, funny and modest. Instead of offering a recipe this month I've decided to give you my food/cooking pack list so you can use it as a check list for a successful camping trip.

1) Tin foil: the commercial sized roll that you can get at a wholesale store, it's a lot more fun making your own pots/pans out of foil than bringing home your pots

Out of the Fridge

By Brice O'Neill



and spending a half hour trying to scrub the soot off them

2) Some plastic plates and cutlery: they are cheap and can be re-used.

3) Tongs: a lot better than burnt fingertips

4) Cutting boards: bring a couple, one for meat one for everything else

5) A good knife

6) A plastic bus pan

and some dish soap and some of those plastic scrubby things

7) Whiskey

8) Food

9) Toilet paper...VERY IMPORTANT

10) Your kids (where applicable)

Have fun this summer and always remember to make sure your fire is completely dowsed before you leave!

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Setting up camp versus setting up shop

COMMUNITY FUTURES
CARIBOO CHILCOTIN

If it's your first time heading on a camping expedition, you wouldn't just take off without some basic 'how to' camping knowledge. The same goes for opening a small business, you wouldn't 'set up shop' without basic knowledge of the basic startup steps.

Campers should jot down a basic necessities checklist before 'setting up camp'. Ask yourself, are you looking for backcountry or a full-amenities campout? Have you mapped out the location/destination that you want to set up camp, and are you using a tent, cabin or RV? Much is the same when setting up shop; you will ask yourself a similar range of questions. Where do you want to set up your shop; will you operate urban or rural? Will you be operating the business from home, mobile or a storefront location?

When planning your perfect campout, research what permits you will or will not need. Do you require fishing or hunting permits? Are there regulations specific to the area you are camping? If it's a provincial campsite, can you have fires? Or for an urban campground, what are the noise restrictions? When researching your small business location, look into the required permits for your municipality and any regulations in the



area you are looking to operate your business.

When packing up for trip, you might pause and ask yourself what do I 'need' to bring; the outdoor necessities verses camping luxuries? For example, you need first aid supplies, water, food, matches. Additionally, you might want to bring a propane stove or outdoor shower. For small businesses you also must identify between your 'needs' and your 'wants'. You need to have your business name registered; you need to have a business license and a business bank account. You might want to hire an accountant, a lawyer, or opt to carry business insurance.

If you're heading on a camping fishing trip, you've probably done your research on the type of fish

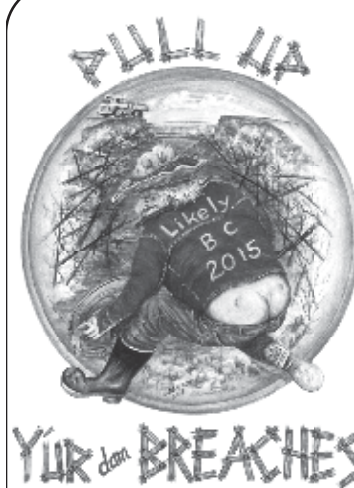
your looking to hook, what kind of bait are you going to use to hook them in, what reel is the best to pull them in, or the best hours for fishing. In small business you will also research your clients are and what target market you are aiming to serve. What is the best marketing/sales tactic to get those clients interested in your product and services? What are the best days and hours to have your business open to the public.

Identifying risks you could be exposed to and a back-up plan in case things occur unexpectedly is not to be overlooked. It would be a letdown to put so much time and effort mapping the perfect location, only to find the access road is blocked from a recent storm. Would you

turn back or would you just change the course of your path find another place to set up camp? Risk planning is important at all stages of your small business startup. What happens if the lease agreement

for that perfect storefront falls through, or your contractor says renovations are pushed forward a month due to permit issues? Do you give up, or do you reroute your path and continue onwards?

Just as you would for any outdoor venture, in the quest of entrepreneurship and to ensure a successful startup you should always have a basic start up list and backup plan



Likely Music Fest August 1-2

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The Salvation Army in your community offers many programs and services and in order to keep them running smoothly – volunteers are essential. We could not open our doors each and every day without their support and assistance!

The month of June was, as usual, busy! We not only served over 2,123 people breakfast and hot lunch, we also handed out over 200 food hampers in the food bank.

The drop-in centre had over 120 people using the facility, joining in the variety of activities and enjoying a coffee with friends.

Mondays Crochet Class 10:30 to 11:45am. These classes are great fun! We have up to 6 ladies attend, learn to crochet, make new friends, build relationships, gain confidence and learn something new. **Craft Class 1:15 to 2:30 pm.** everything that is required for these classes will be supplied.

Tuesdays H2O Study Group 10:30 to 11:45am. Crib tournament 1:15 to 4:00 pm.

Wednesdays 10:30 to 11:45am Coffee Talk. Come out, enjoy a free coffee and meet new friends. **Pool Tournament 1:15 to 4:00pm.**

Thursdays 10:30 to 11:45am is the Never Alone 12-Step Program. Thursday 1:15 to 2:30pm come and enjoy a movie, juice and popcorn. Thank You to Movies on the Go, in Williams Lake, for donating the videos!

Fridays 8:45 to 9:00am is Prayer/Devotion. 9:15 to 10:15am the gym is open. If there are any trained fitness, yoga, or zumba instructors looking for a gym to use, please call Captain Isobel 250-392-2423. We have a free gym available.

Every day the pool tables are open and the coffee pot is always on! The food bank is open Monday, Wednesday and Friday 1:00 to 4:00pm. Breakfasts are served 9:00 to 10am, and lunch is from noon to 1pm, Monday through Friday.

Our Thrift Store is open Monday to Saturday 9:00am to 5:00pm and has an excellent selection of affordable clothing choices, a great selection of books, furniture, jewellery and the friendliest staff around!

Our Sunday morning service begins at 10:30am. Sunday School is during the service and a coffee fellowship follows the service – everyone is welcome. Bible study is Tuesday evening, 7:00pm.

Thank you to our volunteers for lending a helping hand and sharing your time. Want to make a difference in your Community? Call Captain Isobel 250-392-2423 or 250-302-2916.



Williams Lake Worship (267 Borland St.)

Sunday Worship 10:30am,
fellowship coffee after church

Tuesday Bible Study 7-8pm

Tuesday Ready to Serve (children 7-12yrs)

Quesnel Worship (103-246 St. Laurent Ave.)

Church services held every Sunday at 11am,
entrance at the back of the Thrift Store

Quesnel Food Bank: 374 McLean St.

read

Camping, not glamping

A SHORT STORY

Kurt drove his truck up the rocky dirt road. Though the truck was considered old as a 1995 Dodge Cummins, bright red with a 4X4 engine, it was new to this 30 year old. He looked over at his wife, who was staring out her window and bracing herself by holding her hand against the dashboard, and took a quick glance in the rear-view mirror at his 4 year old son, who was grinning ear to ear. This little boy was going to know the definition of camping this weekend.

"You liking the bumpy road there buddy?" Kurt called back to the little boy.

"Yah daddy!" his son squealed in delight.

Kurt couldn't help but smile; his family meant everything to him, and it was important that his son had fun this weekend, and to understand that camping back in his day wasn't campers or 5th wheels, but with tents, tarps and no technology.

"Is your brother meeting us there today?" his wife asked.

"I think that Brian and Lucy are already there waiting for us."

"Do you think that she has any idea of what is going to happen this weekend?" she asked with a mischievous grin.

Brian and Lucy have been dating for about 4 years; she was there just before their son Jake was born. Lucy is Auntie to him, and Kurt doesn't remember seeing his brother so happy before. This weekend was special for Brian, he was finally going to propose to Lucy. A private intimate moment that was planned for the two of them, with the family that she had grown quite attached to. Kurt

and his family were there to throw her off and to take pictures when she wasn't expecting it.

"I am not sure," Kurt smiled back.

A few minutes and several bumps in the road later, Kurt followed a small but noticeable path off to the right, and after several more minutes the red truck came to a stop, parking next to a white Chevy Silverado. Kurt jumped out and unstrapped his young son from his car seat, quickly placing him on the ground so that he could run to his Aunt and Uncle.

"Uncle!" the little boy screamed as he ran into his uncle's arms.

"Hi little fart smeller," Brian smiled at his nephew while picking him up.

"What about me?" Lucy stood next to Brian pouting.

Jake smiled and put his arms out to her, "hi Auntie."

Lucy grinned at the boy, and hugged him tight. "Ready to have fun camping this weekend Jake?"

He nodded happily and ran towards the tent that Lucy and Brian had just finished setting up.

Kurt walked to the back of his truck and got out the tent that he had purchased last month and worked on setting it up. Brian moved towards his brother and helped set it up close to his own tent. The two women grabbed Jake and made their way along the path towards the small lake that was hidden only to those who didn't know where to look. As soon as they were out of sight, Kurt turned to his younger brother.

"You ready for this?" He asked sliding the poles through the holes of the tent.

"Camping?" Brian said grabbing the other end of

Tasty Tidbits

By Paige Knights-Smith



the poles. "Always. Proposing? Yep. Lucy is something else, and I am really glad to be with her. Things in my life have really changed since I have been with her. I love her."

"Awwwww," Kurt said in a mocking voice.

Brian looked at his brother with slight glare in his eye as he helped finish setting up the tent.

"When are you going to ask?" Kurt asked ignoring the glare. "And where, so I can make sure that I have my camera."

"I was thinking on the last day," Brian said after pausing for a minute to think. "I don't want her expecting anything so it is best to wait. I think that we should all go to the lake and do it there."

Kurt nodded.

The next day went by in the nicest way that it could. The weather was warm, but not too hot, so the guys were able to go fishing and not get burnt. Jake was so excited to go into the boat that Kurt had brought in the back of his pickup. The women enjoyed the lake and Lucy didn't seem the wiser. Later that day, Brian seemed to get anxious and decided that he couldn't wait until the last day of camping, and told his brother that he wanted to ask her right then and there. So Kurt took the cue and announced that he thought we should all go for a walk and

he grabbed his camera.

"Jake," Kurt heard his wife call. "Please go get your sweater, it looks like it might rain."

Jake ran into the tent. He seemed to be having the best time hanging out with everyone, and Kurt was really happy that his son got to experience the joy and simplicity of camping. They were walking along the lake, and Jake and his mom ran ahead of the group following a dragonfly. Kurt started to slow down, and let Brian and Lucy walk ahead of him. He could tell that his brother was getting nervous.

He watched Brian take Lucy's hand, and started taking pictures. He felt that the moment was a little intimate, but he knew that Lucy would appreciate the pictures later. There was no kneeling but instead, Brian turned Lucy around and hugged her from behind, pointing out the rainbow that was muted in the sky ahead of them. Kurt tried to stay out of sight as he took picture after picture of Brian holding out a small box in front of her and them hugging.

Camping was always an experience, one of simplistic nature where family can enjoy each other's company without the use of any kind of technology, and this was one camping trip that they weren't going to forget.

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Tweedsmuir Park at 989,616 hectares, is British Columbia's largest provincial park. The smallest is Memory Island, at less than one hectare.

Camping first aid kit

When I was a young lad growing up in Kitimat, camping meant loading up the Country Squire and heading out to Lakelse Lake with a big canvas tent and huge Coleman two-burner stove, and spending time enjoying the great outdoors with the family and friends. Who could forget the time that we finally 'went big time' and got a camping trailer, then put it in the ditch way out in the boonies, and got stalked by a cougar.

Camping for my family has changed over the years. The tents got smaller and lighter, and the camp stoves are the size of a coffee cup. The wildlife dangers are still there as are many other hazards, and with Google at our disposal, it's easy to look up ways to take care of a cut or burn or poison ivy to name a few. But, heaven forbid, what happens if we are out of range of a cell tower and are unable to update our Facebook status or tweet that picture of last night's sunset, let alone call for help?

Thankfully, you can typically go into any MEC, Canadian Tire, or outdoor store and buy an incredible first aid kit, complete with instructions on treating everyday wounds. This obviously doesn't include severe trauma cases, but it is usually enough to get you back to your vehicle and get proper care. A good friend of mine that served in Af-

ghanistan gave me a trauma kit that he carried with him on his deployment. It contains things that I hope never to use (tourniquet, tracheotomy kit, suture kit, and gunshot quick clot powder) but I carry it with me in my vehicle and when I go camping because you never know.

If you are going to go into an area that is known for things that can harm you, be prepared for it. Not that you will go looking for poisonous snakes or hungry bears, or take a nap on a bed of poison ivy, but in the unlikely event that happens, you should have something with you to help. I have never owned any, but bear spray is not a bad purchase in the Cariboo. Taking a hiking trip to the Grand Canyon? Maybe bring something in case of an encounter with a rattler or something to take care of blisters. Band-aids are an easy fix for blisters, but



prevention in the form of good footwear and socks are the best medicine to start.

The other day, my son burned his hands while making s'mores in our backyard fire pit. He went to grab the marshmallow off the metal skewer and his hand slipped and touched the hot metal, an accident that required some immediate first aid. Thankfully we were at home and had all the supplies necessary to take care of it but a burn kit while camping is essential.

You can buy a great first aid kit for camping for

\$25-50, or you can build a custom one for whatever you think your needs may be. Essentials for every kit are an assortment of band-aids including butterfly closures, gauze rolls, Tensor wrap, anti-bacterial gel, antiseptic towelettes, burn ointment and covering, scissors, ibuprofen and/or acetaminophen, antihistamine tablets and/or lotion, tweezers, rubber gloves, and medical tape. If you have all that, you are set and it doesn't take much room in your pack. Have fun and safe camping!

THE STEW MAGAZINE'S Monthly MIX



HOLIDAYS OF THE MONTH

July 5

Workaholic Day

Today is Workaholic Day. It recognizes the guy or gal who works all of the time, even during holidays. While just about everyone is enjoying the Fourth of July holiday, the workaholic is off working on some project. He can't relax. It's not in his nature. He's addicted to work. It's not necessarily work out of need. It's work because there either is work to be done, or there's a perceived work project to do.

Today's Saying: "All work and no play, makes John a dull boy." ~Author unknown.

July 22

Hammock Day

Summer is in full swing. It's time to slow down and to relax. During the Dog Days of Summer (and all of the other summer days, too), there is no better place to slow down and relax, than on a hammock.

Hammock Day is appropriately celebrated right in the middle of the Dog Days of Summer (July 3 through August 11th.)

Hammock Day exists to enjoy summer as it should be enjoyed. People celebrate Hammock Day by spending as much time relaxing on it as possible. Getting out of your hammock to get a snack, or your favorite summer beverage is okay. But, it is not a day for work. Cutting the lawn is forbidden on this day.

Farmer's Market Starts Friday, May 8!

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Strathcona Park (created in 1911, is B.C.'s first provincial park) contains the 440 metre Della Falls, which is Canada's highest, and one of the ten highest falls in the world.

The Heartbreak of Glassworms

"Glassworms" or, more properly, Chaborus. Little tiny clear worms with teeny black heads that emerge from the lake bottoms in numbers approaching billions, usually in late June & early July, depending entirely on lake water temperatures.

When they emerge, they rise slowly in a thick, massive layer of squirming worms. To resident fish, this constitutes an opportunity to swim through the glutinous mass and gorge on limitless protein; a smorgasbord with no limit, an opportunity which fish make full use of. Fish are known to fill their stomachs AND their esophagus absolutely full to overflowing.

Fish, stuffed full of glassworms, are the bane of the fly fisher. What fish is going to take a fly with a full gut of glassworms? None! And that is the difficulty with 'Glassworm Time', for the fly fisher.

What to do? Go home? Quit fishing for the 3 weeks of 'Glassworm Time'? NO CHANCE!

So, we develop a strategy that sometimes works. This strategy requires maximum coverage of water in order to offer as many fish as possible a potentially enticing morsel.

This strategy is pred-

icated on the human reaction during a heavy dining experience. A full course sumptuous meal, with all the trimmings, (similar to a fish gorging on Glassworms), THEN, just when you swear you can't eat another fork full, the charming hostess arrives at the dining table with the most beautiful, delectable DESSERT that you have ever seen. Of course you try a small piece, don't you?

Applying that very same situation to gut-filled fish, we troll the depths of 15-20', just outside the drop-offs with an offering that few fish can resist (even the ones that are not hungry!). What we are doing is offering up a delectable dessert after their sumptuous seafood dinner, hopefully getting some similar reactions at the trout dining table.

TROLLING:

Trolling flies is much different that trolling hardware around a lake. It takes effort! Tilt your motor out of the water, sit in the middle seat, AND ROW! Yes, row. But in a very methodical way. First, let all of your Type V or VI sinking line out, with a minimum 12" long leader attached. Use a favourite streamer or leech pattern, of marabou tied in stacked colours. Not too big,



Cariboo Water

By Jack Simpson

usually a #10-12 long nymph hook works best, with a sparse bit of flash. Pictured above is my 'go to' fly at 'Glassworm Time' or any other time when on a new water or when fishing is tough.

The fly dragging rowing technique is simple and easy. Maneuver the boat just off the drop-off and parallel to it. Take one sweep of the oars, allow the boat to glide through the water until it comes to a halt. Take another sweep of the oars, and so on around the lake, keeping a depth of 15-20' below the boat. What is happening far behind the boat (90' plus the length of your

leader) is this: when the boat moves forward, the fly line and fly rise in the water column. As the boat slows, the line and fly drop slowly down. Then, as you sweep the oars, the fly rises again, undulating through the water just like a real aquatic insect swims! At the depth and by trolling the circumference of the lake, you will maximize your chances of offering the Glassworm-filled trout some dessert. What have you got to lose?

Questions? Feel free to ask, any time home-waters2011@gmail.com.

Respect and preserve our resource.

Cariboo Wounded Warriors 2015

Cariboo Fly Fishing
September 18-21

EVENT OVERVIEW

The Cariboo Region of British Columbia is blessed with hundreds of isolated, quality and trophy rainbow trout small lakes, ideal for the pursuit of trout on the fly. Gin-clear, pristine waters that produce healthy, strong trout that challenge any fly fisher, from novice to pro.

This then, is the thumbnail sketch of the area where this event is being held. Enough lakes to accommodate dozens of attendees and yet still maintain an isolated, wilderness experience and a quality recreational fishery to ensure a lasting memory for all, but also to provide incentive to perhaps pursue fly fishing as a therapeutic release from the daily stresses of the real world. The pursuit of fly fishing expertise and successes is a proven method of relieving the stress of post-combat rehabilitation and is the basis of such programs as Project Healing Waters and Wounded Warriors Fly Fishing. In fact, three of the primary organizing individuals of this event (as well as Wounded Warriors Canada Fly Fishing) are military veterans, who turned to fly fishing as therapy for their own PTSD issues, long before the availability of any 'programs'. We ARE believers in the benefits of recreational fly fishing for those affected with post-combat issues.

We are in the midst of a fundraising campaign to fund twenty of BC's Veterans in Care, to come to Williams Lake and experience our hospitality and learn (or relearn) fly fishing and perhaps be encouraged to pursue it as a physical and mental release from their pain.

Hosting 20 veterans for 3 days is a serious endeavor and requires major support from companies and individuals who would like to show more than token support for those who have served this nation.

We would like to thank: West Fraser Truckers Assn., Pro Physioworks, Pioneer Log Homes of British Columbia, Blue Lake Campground, Cariboo Region M.O.E Manager Mike Ramsay, Royal Canadian Legion, National Command, Royal Canadian Legion, Enderby, Royal Canadian Legion, Lillooet, for their generous contributions, thus far.

We are continuing our campaign for donations. Donations over \$25 will receive a tax receipt.

The month of July is Cariboo Wounded Warriors Month at Lake City Ford. To contribute contact Jack Simpson at 250-267-6136, or email cariboo woundedwarriors2015@gmail.com. Thank you for your support.

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In the early 1900s, the expression 'camped out' was extended to figurative uses, meaning simply 'to stay somewhere for an unusually long time'.

Camped out at the theatre



BY SHERYL-LYNN LEWIS

People who have never been involved in putting a theatre production together often wonder what goes into getting a play ready to go on stage. There are elements such as the set or costuming that are highly visible to the public that allow them to consider what was done to create them. They watch and listen to the actors and imagine what it would be like to learn that many lines. The friendly people at the door or selling tickets and cookies provide a personal interaction with the world of theatre. But, for many, the rest of the production team is mainly a list of crew people in the program. This article is dedicated to the crews that camp out at theatre.

The production of a play starts with a director choosing a script and a small team of people to begin the process. There is the producer, who is responsible for all the "money items" and the stage manager, who is responsible for everything that happens with the stage with the exception of the actors. The director provides

the vision and anchor point for the production. She or he does not need to do every job, they just need to ensure that all the jobs are being done.

Things really start with the auditions, about 3-4 months before the play is expected to open. Casting decisions are made over two to three nights of auditions and then the play begins rehearsal. The director, actors, and possibly the stage manager and producer, meet three times a week for 2-3 hours and work through the play. Discussion, arguments, laughter and insight into what the characters want are the goals of early rehearsals. Then this is paired with movement and props and the play is visually shaped.

Concurrently, the design team is starting their creative collaboration with the director. The costuming team is finding the right look and feel, and sometimes, the quickest layering for fast clothing changes. The lighting team is considering the mood and time of day of the play, and how large an acting space there is to light. The sound design team sets mood and time, but also sound effects for the play. Sound design



is also one of the introductions to the play, as there is a half hour of pre-show time. This can prime the audience for the upcoming production. Consider the effect of pop tunes or classical piano on what your expectations will be.

The set is also being researched and created. Some of this design is based on what are the necessary elements demanded by the script – i.e. porches, entrances, windows- and what elements are more creative – the suggestion of a train or a snow bank, a play with multiple set-

tings. The building of the set begins as soon as possible, and usually takes place on Saturdays between rehearsals. Set elements are recycled and repurposed and occasionally built from scratch. It gets painted and then special finishing touches are added to give it depth and character.

Two to three weeks before opening there is advertising in local media and posters designed and distributed. The program for the play is proofread by as many people as possible. Tickets are made available

and the front of house staffing, finalized. The final week of rehearsal sees the addition of hair and make-up styling, the technical elements added and the actors and director making small changes to tweak the play for opening night.

To add up some approximate numbers for the hours our volunteer workhorses put in for the recent production of *Proof*:

4 actors and 2 directors x 3 rehearsals x 11 wks x 3 hrs: 594 hours. Producer, advertising, program: 100 hrs. 2 stage managers x 3 rehears-

als x 5 wks x 3 hrs: 90 hours. Set construction: 8 people x 4 Saturdays x 6 hrs: 192 hours. Design team: 75 hours. Run of show: 4 actors, 2 directors, 2 stage managers, 2 technical designers, 2 hair and make-up, 3 front of house x 4 hrs x 9 performances: 540 hours. Adds up to a grand total of 1,591 hours. Which doesn't include time spent learning lines, shopping for the play or thinking about the design of the play while at home. Somebody get these dedicated 'campers' a drink!

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Gaming like a boss

I actually started planning this column early on in the month, eager to come up with something that would fit with the theme of 'camping'. I had a few ideas, some of them even good. The most obvious choice was to write about the gaming term known as 'camping'.

If you're not familiar with 'camping', this is what it's normally considered: Finding an advantageous sniper spot in a multiplayer game, and then remaining 'camped' there so that you can unfairly pick off your opponents as they blunder into your sights again and again. The first time I remember hearing about 'campers' was during the era of *Quake II* but they're sort of a fixture of gaming now, and the term is usually used disparagingly. In other words, if someone calls you a camper during a round of *Call of Duty*, they're not complimenting you on your skills.

While this option would allow me to write about camping, it would be missing the actual meaning of camping in this context – heading out into the great outdoors for a back-to-basics experience of campfires, camp food, and sleeping on the cold and lumpy ground.

So I started trying to think of any games that might mimic that sort of experience. In other words, were there any games that replicated, more or less, the experience of camping?

And it's interesting because there's actually a lot of this sort of game available right now, if you don't mind sharing your camping experience with

zombies.

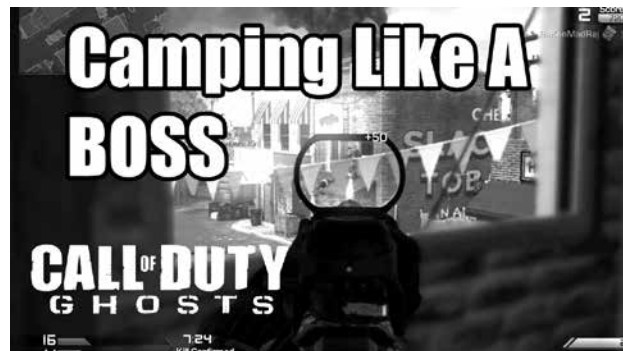
Survival games – games that throw you into a virtual world and let you search for the tools and supplies you need to survive – have seen a surge in popularity since titles like *Minecraft* and *Day Z* (which started as a mod for *Arma II* before becoming its own stand-alone title) arrived on the scene a few years ago. Most of these games come from independent developers looking to replicate some of the success had by their peers, and unfortunately most of them aren't very good. The ones most prominently on the radar these days are the aforementioned *Minecraft* and *Day Z* as well as *7 Days to Die*, *Rust*, and *Don't Starve*.

It was with *Don't Starve* that I had my third and, I thought, final idea for this column. Here's the deal with *Don't Starve*: the aim of the game is pretty much summed up right in the name. You're dropped into this virtual world and left on your own to survive. Find food, make shelter, learn how to create fire, and try to fight off the wildlife. As for zombies, there aren't any. *Don't Starve* is just you against the elements (mind you, some of those elements are pretty scary).

My plan was to try to survive as long as possible in the game *Don't Starve*, and keep a journal of this "camping" experience. When I was finished with the game and I had either survived or perished, I could see how it compared to a traditional camping outing. I could even put together a corresponding

Gaming Life

By Todd Sullivan



video for YouTube that would showcase some of the experiences I'd be writing about.

And E3 happened, and I got totally distracted, so now I'll finish up my column with my top 3 announcements of the Electronic Entertainment Exposition.

1. Xbox One backwards compatibility: I can't believe that neither the Xbox One nor the PlayStation 4 had backwards compatibility out of the gate, but the fact that Microsoft is now adding the feature to the Xbox One means that when I do finally jump onto the current gen, it will be with their console. Sorry Sony, but between the free games that I'm able to already acquire for the Xbox One (thanks to the Games with Gold program) as well as having access to my existing library of 360 titles, it just makes the most sense.

2. Final Fantasy VII remake: I'll be honest, I was always more of a *Final Fantasy VIII* kind of guy, but I certainly did spend some time with *FFVII*. It was one of the first titles – if not the first title – that I purchased for my PlayStation. I never did finish it, and I've thought about going back to it all these years later, but much of it hasn't aged very well. The announcement of this remake means that I'll finally have a chance to experience it again, but under the polish of a new coat

of paint and some serious engine upgrades.

3. Fallout 4: I love this franchise. I love open world RPG games. I'll easily be losing upwards of 100 hours into this gem when it finally arrives. It'll be a day one purchase assuming either my PC will handle the specs or I've upgraded to a current gen console by then.

Sadly, following the excitement of E3, July poses a pretty lackluster library of releases. Fans of racing can pick up *F1 2015* for PC, Xbox One and PlayStation 4 on July 10. Fans of giant lizards can pick up *Godzilla: The Game* for PlayStation 3 and PlayStation 4 on July 14. Also on July 14, fans of older games made prettier can pick up *God of War III Remastered* on PlayStation 4.

Other notable releases: *King's Quest: A Knight to Remember* (TBA); *Rory McIlroy PGA Tour* (07-14)

What have I been playing lately? *World of Warcraft* suckered me back in with a free week, and then the ability to buy game time with in-game gold meant that I spent 22,000 gold to play for another 30 days. I'm currently hard at working trying to get enough gold to buy another month once this one dries up.

What have you been playing lately? Any favourite bits from this year's E3? Email feedback @thestew.ca

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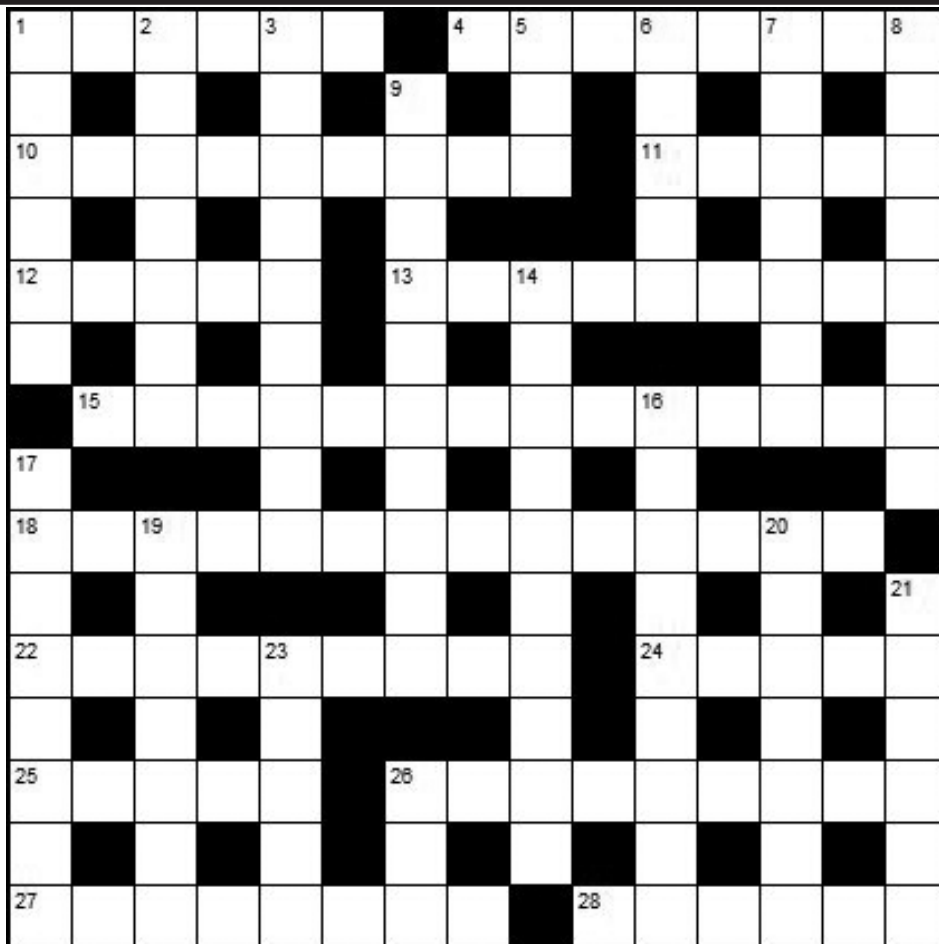
This month's crossword is brought to you by the fine people at Bob Paterson Homes.

X-Word Puzzle

A number of answers are related and their clues contain no definition.

ACROSS

- 1 Mole needs to take shelter (6)
 4 Yes, we gad about towards the border (8)
 10 A trade union backing Arabic style of despotism (9)
 11 Take some exercise? That's unknown (5)
 12 Parish priest gets involved in country dance (5)
 13 Making comeback, triumphed with great success in several European capitals (4,5)
 15 A cold needs treatment at first, working on one part of the body (8,6)



- 18 Boiler burns out, requiring repair, but this will get flat functional again? (6,8)
 22 A science graduate's letters will reveal causes of swellings (9)
 24 One goes around Romania on trip, having abandoned university (5)

- 25 Conclude where a street should be located to make it faster? (5)
 26 James perhaps will replace Mark in top com-

- mittee of communists (9)
 27 Friend restrains one burning to fight for cause (8)
 28 Stockhausen's not initially simple for the listener (6)

DOWN

- 1 Wash the wound, removing one hospital bandage (6)
 2 City chief's in charge but not in the right position (7)
 3 On which several callers can talk firm political policy? (5,4)
 5 Clip that's cut short (3)
 6 Give some women dowries? (5)
 7 Made request for a very quiet song (7)
 8 Lad's eating bananas maybe – first off, they're rich in protein (3,5)
 9 Half of material's associated with alternative names (not American) for Cape gooseberries (10)

- 14 Only engineer kept apart by struggling boss is becoming redundant (10)
 16 One's charged executive, first of all, with wrong crime (9)
 17 Being in newspaper perhaps is maddening at the start (8)
 19 University fellow, backtracking, accepts 3? On the contrary (7)
 20 Summary dismissal of only child from elocution training (7)
 21 Heartless guy pinches bottom (6)
 23 Bird, eagle, oddly takes time crossing river (5)
 26 Postman's Knock on the way back (3)



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