

Reckon  
it'll rain?

# the stew

ISSUE 6.10 | OCTOBER 2015 | FREE

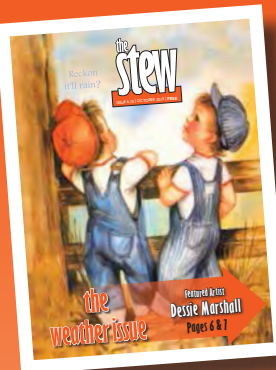
the  
weather issue

Featured Artist  
**Dessie Marshall**  
Pages 6 & 7



# hear

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## On the Cover:

This classic illustration "Reckon it'll rain?" reminds us to spend less time talking about the fall weather, and more time outside enjoying the season!

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# Brain storm

BY CRAIG SMITH

It was a dark and stormy night... I think most of my stories started out with that sentence during my creative writing class in high school. Little did I know back then that I was totally plagiarizing a novel by Edward Bulwer-Lytton called *Paul Clifford* written in 1830. The first sentence in the book is "It was a dark and stormy night; the rain fell in torrents – except at occasional intervals, when it was checked by a violent gust of wind which swept up the streets (for it is in London that our scene lies), rattling along the housetops, and fiercely agitating the scanty flame of the lamps that struggled against the darkness." I've never read the book but I must have heard it somewhere. It holds the distinction of being one of the best first lines of a novel according to the *American Book Review* and the posterchild for bad story starters. This man is also the originator of the phrase "The pen is mightier than the sword" and "the almighty dollar" he is also who the town of Lytton is named after.

That was a little bit of a segway from our theme this month but I always find history interesting. Now that I'm older I now realize how descriptions of weather events start many books. The book *1984* by George Orwell starts out "It was a bright day in April and the clocks were striking thirteen." "The sun shone, having no alternative, on the nothing new." –Samuel Beckett, *Murphy*. "The sky above the port was the color of television, tuned to a dead channel." –William

Gibson, *Neuromancer*. "The cold passed reluctantly from the earth, and the retiring fogs revealed an army stretched out on the hills, resting." –Stephen Crane, *The Red Badge of Courage*. I could keep going but I think you get the picture.

Weather can create a mood or put us in a mood. How many people do you know who get depressed or exhilarated by a rainstorm or snowstorm? Is it coincidence that the angriest people come from the hottest parts of the world? No, because studies have shown that violence and crime goes up with the temperature. If the sun is shining bright, is it a lot easier to bounce out of bed in the morning than if it's pouring? Are you more likely to pick up a hitch hiker in the sunshine as opposed to rain, thunder and lightning? Weather has more effect on every living thing on this planet than we will ever know, including my dog who spends every thunderstorm under my desk on my feet.

The weather is probably one of the most talked topics in all our daily lives and probably one of the most complained about subject as well. We cannot control it outside but most people don't seem to be happy about any of it. A beautiful day, blue sky and no clouds and you are bound to hear someone say, "It's too hot". A fresh snowfall, just enough for kids to build snowmen and slide down hills and now the complaint is "it's too cold" or "now I have to shovel". It's a conversation starter as in "beautiful day, isn't it?" How many times during the winter, standing in the line-up at Tim Hortons do you hear, "Hey



Joe how much snow did you get? Oh yeah? we got way more than that." We can't control it but we seem very competitive about it. Discussions about who had the most, the highest, the lowest, the coldest, the hottest and the windiest, happen on a daily basis. Most of the earth's temperature lands between -40°C and +40°C. We used to live in a region that could see both in a single year; when I first moved here we would see a week or two of -40°C weather every year, but now I honestly can't remember the last time it was that cold here.

Humans have been trying to predict the weather for thousands of years and only recently have met with a fair amount of success. Due to the multitude of factors that control the weather it cannot be predicted with 100% certainty. I have been listening

to a radio weather report that predicts a 10% chance of rain when it's coming down in torrents to the point I want to call the DJ and tell him to look out the window. The meteorologists, with the help of technology such as Doppler radar, are getting a handle on severe weather events but we are still only talking days of advanced warning.

We can't control it, and have little success in predicting it but it is a constant in our life. My suggestion is to embrace whatever it is and be happy about what Mother Nature decides to throw at us as complaints seem to fall on her deaf ears. It took me a long time to realize it but after finding activities for every weather condition I'm a much happier person. So pack a sweater, a coat and a t-shirt and get out and enjoy the weather.

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# ingredients

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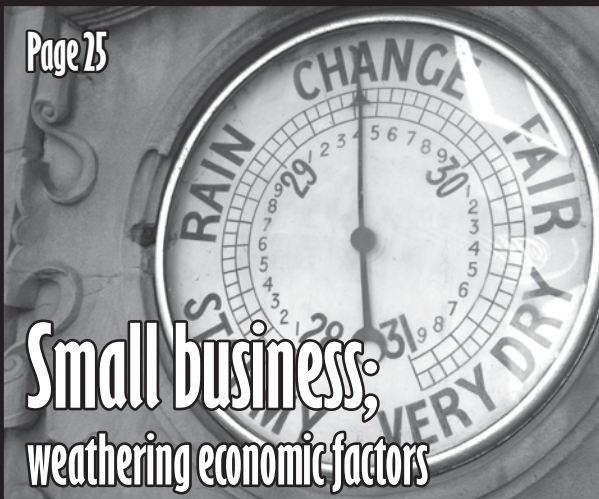
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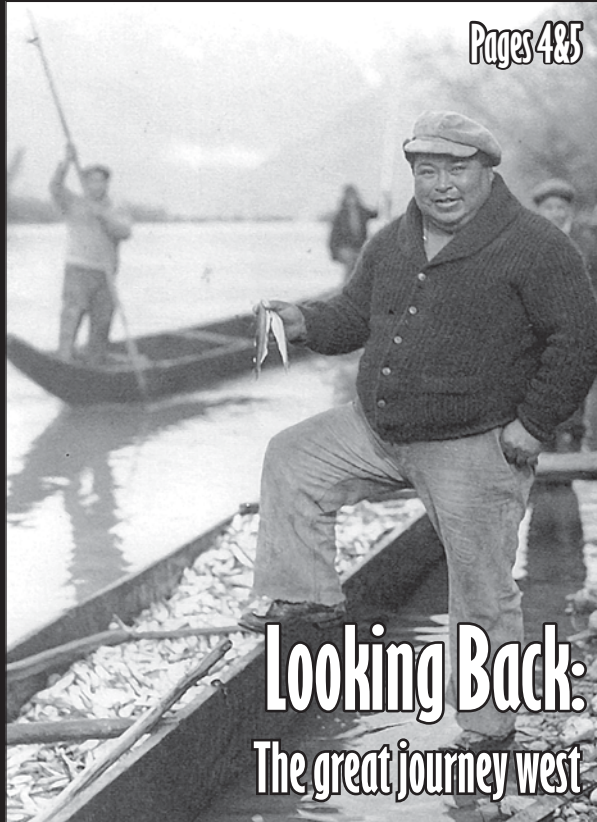
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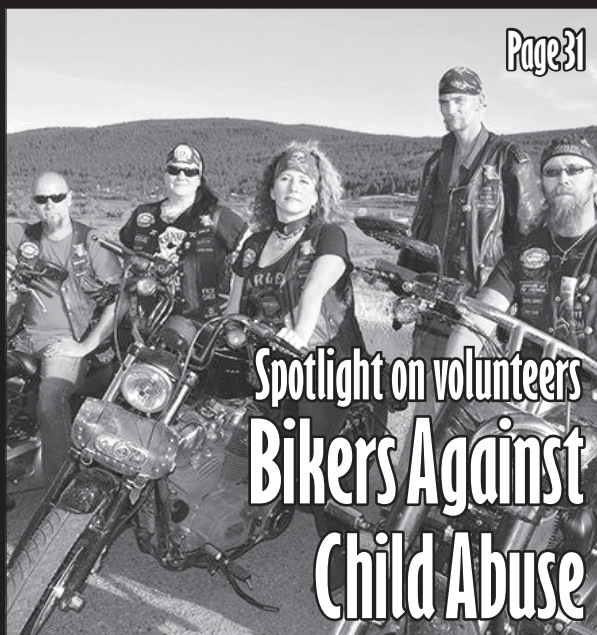
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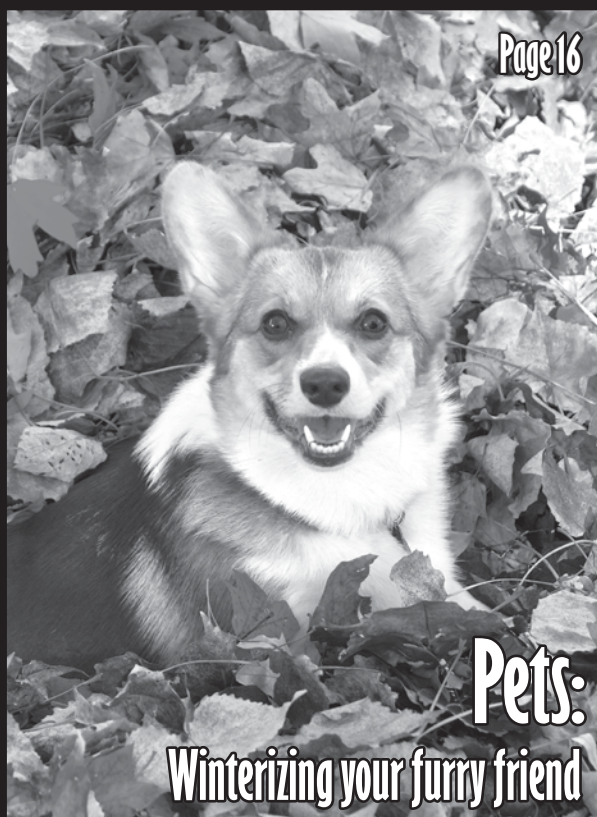
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Pets:  
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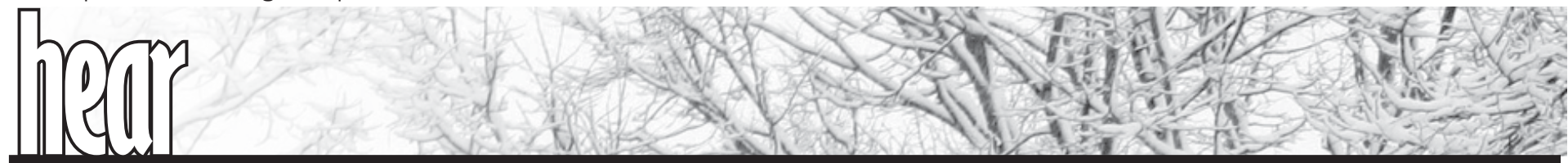
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## Looking Back

By Sage Birchwater

It was no accident that Alexander Mackenzie took the route he did, following the Nuxalk-Dakelh (Carrier) Grease Trail from the Fraser River to Bella Coola in 1793. He was seeking a route across North America to the Pacific Ocean when he portaged from the Peace River system into the Fraser River watershed.

Coming down the Fraser to present-day Quesnel his native guides advised him to abandon his descent of the river, and take the well-traveled path overland up the Blackwater River and through the Coast Mountains to

Bella Coola. It was such a well-defined route that he named the Blackwater River the West-Road River.

It goes to show how the Cariboo Chilcotin Coast was a region even then.

The friendship between the Athapaskan-speaking Dakelh (Southern Carriers) who lived on the high interior plateau, and the coastal Nuxalk was key to the viability of this major thoroughfare.

The lifestyle and culture of the Nuxalk and Dakelh couldn't have been more different. The Nuxalk were moulded by the temperate rainforest, giant cedar



Spoon canoe and old Q'umk'wts village



Squiness home Anahim Lake

# The great journey west

trees, and abundance of fish in the swift-flowing rivers. The Dakelh had to contend with a more severe climate, and the necessity to move about the landscape throughout the year to gather everything they needed to survive.

In a single year a Dakelh family might travel from the Fraser River to the Central Coast, and from the Nechako River to the Potato Mountains in the Chilcotin. They were semi-nomadic with several homes, campsites and gathering places they occupied year after year.

The Nuxalk were more

sedentary. They lived in great longhouses along the Bella Coola, Kimsquit and Dean rivers teeming with fish. They let the resources come to them. Their mastery of the dugout spoon canoe allowed them to navigate these rivers as their highways, and these narrow, tippy craft gave them a means to escape the marauding Haida whose great ocean-going canoes couldn't follow them up the swift-flowing streams.

Perhaps it was the great differences in lifestyle and culture that allowed the Nuxalk and Dakelh

to be such good friends. The Dakelh were invited as honoured guests to the great Nuxalk winter potlatches. They served as witnesses to the bestowal of names, the dancing of new masks, and the mysteries of Nuxalk ceremony.

Riding horseback with their colourful clothing, the Dakelh also brought a nomadic freshness to the more stay-at-home valley dwellers. Like a fresh breeze from the mountains, they brought tanned buckskin, obsidian and soapberries to trade for products of the sea. They also brought love. Inter-

marriage was a natural consequence of intermingling and this helped cement the tribal friendship even further.

The most coveted trade item along the coast by far was oolichan grease. It was such a vital commodity that the trading trails from the coast to the interior were called grease trails.

It was a delicacy and food staple prized by First Nations everywhere. The Nuxalk ate it with everything, and it was a vital part of the Dakelh diet because it fortified their bodies against the bitterly cold winters.

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**1934 ►** Harvesting oolichans from conical nets with spoon canoe



...continued from page 4

Oolichan grease is a polyunsaturated oil. Every spring Nuxalk families took pride in rendering their own distinguishable brand of grease at the mouth of the Bella Coola River. A discerning connoisseur could tell which family the grease came from.

The smelt-like oolichans were caught by the ton in long conical nets made from stinging nettle fibre. They were then placed in pits lined with cedar boughs, known as stink boxes, and allowed to ferment up to ten days.

Once they had sufficiently ripened, the rotted fish were shoveled into cooking boxes and boiled, using hot rocks to heat the water and separate the oil from the fish.

As Alexander Mackenzie discovered in 1793, the Nuxalk-Dakelh Grease Trail passed through Ulkatcho Village on the western edge of Dakelh territory.

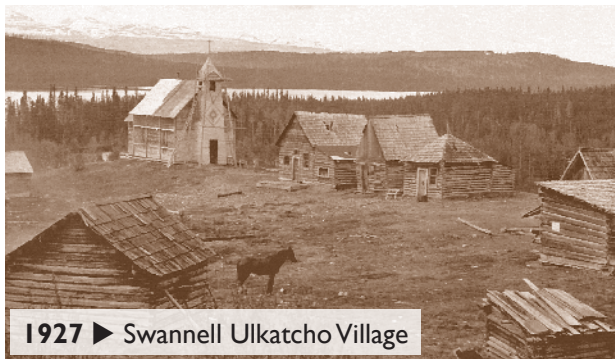
Ulkatcho Village was a potlatching and trading centre, and not a place where people lived year-round. Large extended

families occupied their own hunting and trapping areas in the surrounding countryside, where they also cut hay for livestock and fished in nearby lakes and rivers.

In his journal Mackenzie described the Cullaculla Potlatch House at Gatcho Lake with its Nuxalk artwork and designs showing the cultural blending with their coastal neighbours. This longhouse was the only structure occupying the site. When Ulkatcho people gathered at the Cullaculla House for important occasions they would stay in tents or brush houses covered by skins or tarps.

Eighty-three years later, surveyor George Dawson took a photograph of the Cullaculla House and it fit Mackenzie's description.

Ulkatcho elders say there were other potlatch houses throughout their territory besides the Cullaculla House. Mac Squinas said his grandfather, Captain Harry, told him of a big potlatch house at Qualcho Lake. Theresa Holte said her grandmother told her about the pot-



**1927 ►** Swannell Ulkatcho Village



Elders Charlie West, Captain Harry, Baptiste Stillas at Ulkatcho Village

latch house at Nagwunt'loo on the shores of Anahim Lake.

"Way before my grandpa (Chief Domas Squinas), they used to have feather dances at Nagwunt'loo Potlatch House," Theresa said. "They would play the drum and sing and feathers used to fly up. This was way before the war broke out between the Tsilhqot'ins and the Wad-dington survey men."

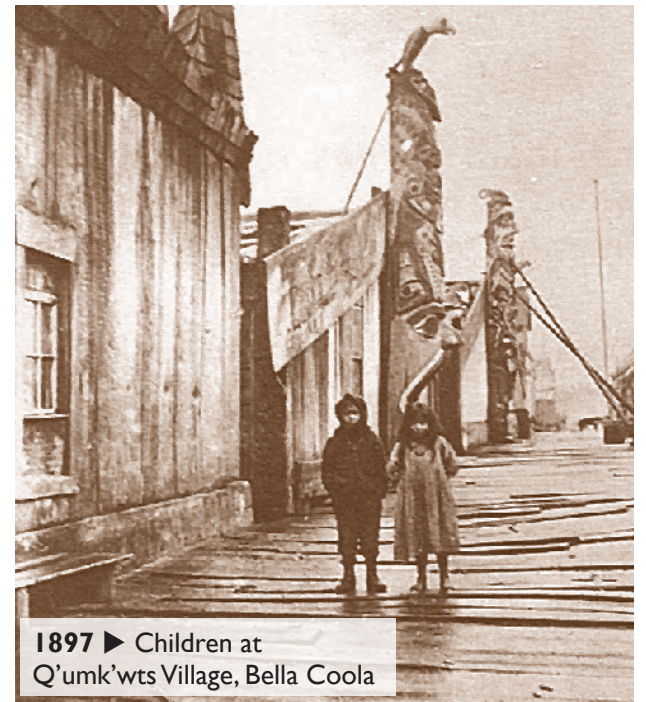
Despite no formal education, old-timers like Domas Squinas, Antone Capoose, Baptiste Stillas, Captain Harry, Old Ca-hoose and Old Sundyman, were multilingual and could speak the languages of their neighbours. Their mother tongue was Dakelh but they also knew Nuxalk, Tsilhqot'in, Chinook and English.

With the colonization of British Columbia,

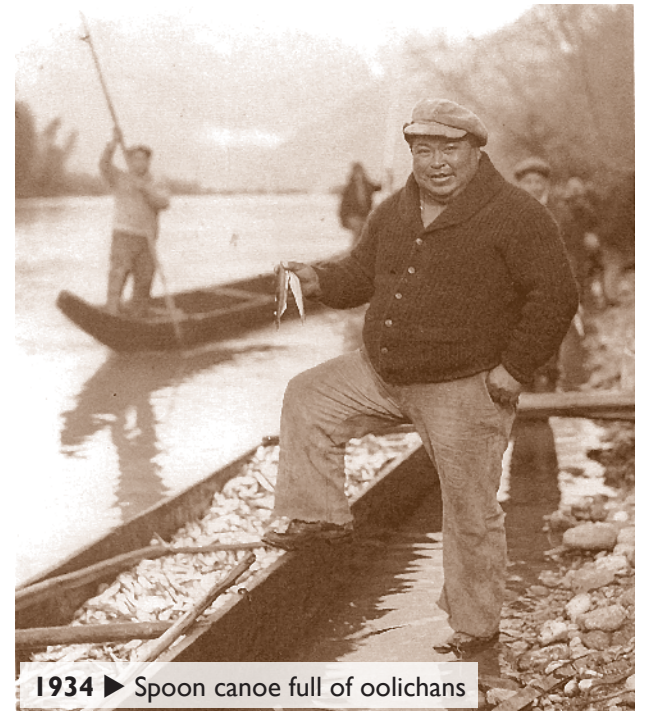
change was in the wind. European influences quickly impacted the indigenous lifestyle. In Bella Coola, frame houses built with sawn lumber replaced the great communal longhouses. On the plateau log cabins finished with whipsawn lumber replaced the underground pit-houses and brush houses.

By the early 1900s in Ulkatcho Village a Catholic Church occupied the place of prominence formerly occupied by the Cullaculla House. Surrounding the church were log houses finished with whip-sawn lumber and shakes hauled in from Burns Lake.

Each family had a house at Ulkatcho Village where people still gathered for special occasions like Priest Time in June, Christmas, and funerals.



**1897 ►** Children at Q'umk'wts Village, Bella Coola



**1934 ►** Spoon canoe full of oolichans

The rest of the time the Village remained as it always was, mostly deserted except for a few elders too

frail to travel with their families.

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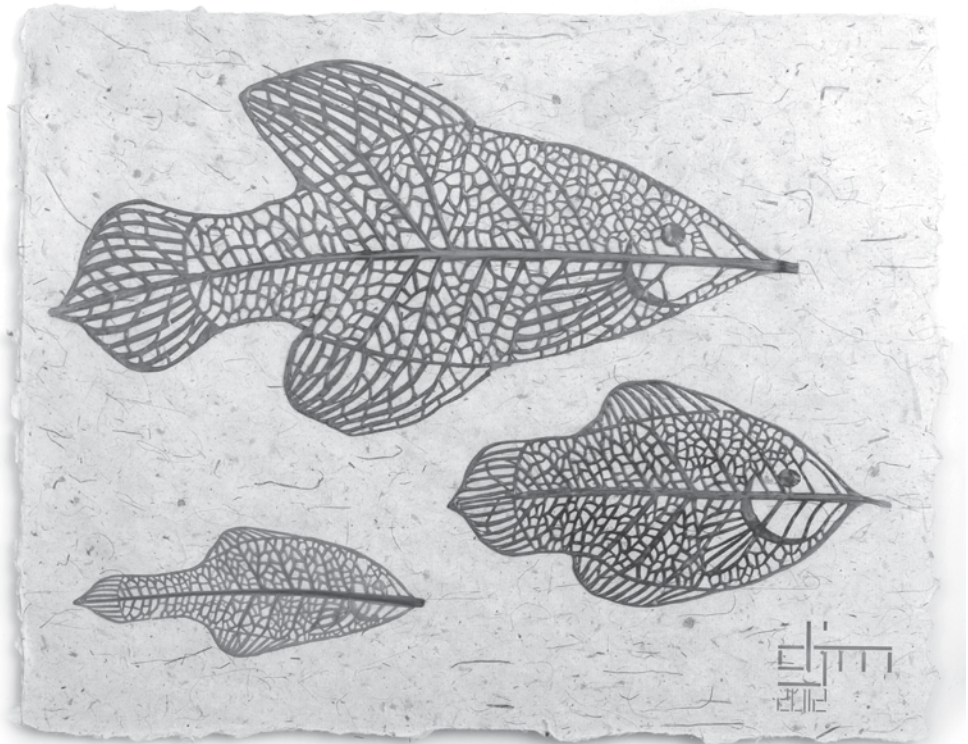
# flavour of the month



CRAIG SMITH PHOTO  
**DESSIE MARSHALL ►** A local leaf carver who has made carving the patterns and objects that she sees in leaves a full time career.



# flavour of the month



## Mother Nature's Art

BY CHRISTA SMITH

With fall comes the changing of the leaves and beautiful colours that paint the landscape. Have you ever stopped and really taken a close look at a leaf? Maybe you have marveled at the unique patterns and admired the veins that run through them, but have you ever looked deeper into the patterns? Well this month's feature is an artist that did just that. Dessie Marshall is a leaf carver who has made carving the patterns and objects that she sees in leaves a full time career.

Dessie is originally from the Drumheller area in Alberta but also spent her summers in the southern Cariboo at her Grandparent's cabin in Lac Des Roche. Now Dessie calls nothing but the open road and the inspiration of nature home.

As a young girl, Dessie drew with pen and ink. She said there was something about the commitment of pen that forced her imagination to engage in the drawing. Mostly she studied real life and felt the flow and relationships between lines. Dessie feels that growing up without a television help her to connect with nature in a deeper

way and allowed her to express her creativity in a way that she may not have found otherwise.

Even as art and creativity was a part of who Dessie is the idea of carving leaves had more of an accidental start. "I was leaving a poker game at a friend's house in autumn and I noticed a big cotton wood tree leaf and I picked it up. It was like fate, as I was looking at the leaf it just popped out at me, an elephant in the leaf. I couldn't wait to get home so I could carve out the form" Dessie recalls. "It kind of started as proving a point that it was really there". "As soon as I started looking at leaves there was a whole other world out there".

From that point on Dessie knew that art was going to be the central part of her life. "I realized that you don't need all of this stuff and I just simplified my life", Dessie said. She took her newly found form of art and went on the road. For the last five years Dessie has been living off and on in Mexico and discovering new types of leaves and evolving her process of carving.

When she first started carving she use to find a leaf and have to rush home to carve it before

it started to turn brittle and crack or curl, now as she finds her art pieces she pressed them which allows her to take her time in carving and be more creative. Her art is totally self-taught and she has had to learn as she goes but for now she feels that she has a system that works. After the leaf is totally dry she takes a razor blade and carves free hand. "Most of the design is there I just fill in the blanks" Dessie says. Every piece that she does is original and as of yet she has not made any pieces into prints. Some of the images are optical illusions and some are obvious and some you really have to look.

After the piece is completed Dessie treats it to preserve it forever. Some pieces are framed and some are stand alone. Dessie sells her work at various art gallery shows and exhibitions. Since starting in 2007 she has completed over 100 pieces and more than half of those have been sold.

"The leaf is not a canvas, it is already there just waiting to be seen, that is the one part that I will not compromise. Mother nature is the real artist I just bring it out", Dessie explains. "Some people ask me if I can carve



them out their logo, and I always tell them that if I see it out there in nature, then yes."

Dessie fancies herself a free spirit and after spending some time with her there is no doubt that this is true. As for her plans for the future Dessie wants to make nature relevant again for people.

She wants to see kids get out into nature and establish a connection. She wants to bring people together to see the connection we all have not just with nature but with each other.

If you would like to see more of Dessie's art and learn about who this amazing free spirited

artist is, visit her website at [www.Violenthippieart.com](http://www.Violenthippieart.com) or stop by the Lac des Roches resort to see what's on display there. In the meantime as the wind blows and the leaves fall, take a closer look at the next leaf you see, you never know what you will find.



# we speak

## Reckon it'll rain?

BY CHRISTA SMITH

The weather is one of those things that just seem to affect so much of our lives. As a person who hates to be cold I often start my day wondering what to wear in relation to the weather. It is the time of year that anything is possible from beautiful skies and warm temperatures to let's just say it, snow.

The weekend plans often revolve around the weather as well. Do we dig out the golf clubs or curl up with a book and coffee by the fire. The one thing I don't like to do is wait and see what the weather decides to do. Most people who know me know that I like things right now and I have little patience for waiting, especially on something as fickle as the weather. I want to make a plan

for every scenario and then just do something, anything but sit and wait. If it looks like rain then we plan for that and have a pleasant surprise when it clears.

When I was growing up I can very clearly remember my Grandfather predicting the weather based on some squirrel behavior, bird song, or plant growth. He would often look off into the skies and say, "yep, I reckon its gonna rain" or "there's a storm a brewin, better round up the horses". I would look up and see nothing but blue sky and wonder what he was talking about, but sure enough he was never wrong.

Here in the Cariboo we are very blessed to have such great weather. We still have a resemblance of four seasons, and pretty good ones at that. We

enjoy some great heat in the summer, the most enjoyable spring and fall and of course it wouldn't be Canada without a couple of -40 nights and snow in the winter. The proportions between sun and cloud cover are great and the rain or snow-fall, depending on who you talk to, is just about right. In theory if weather affects your mood we

should technically be the happiest people on earth.

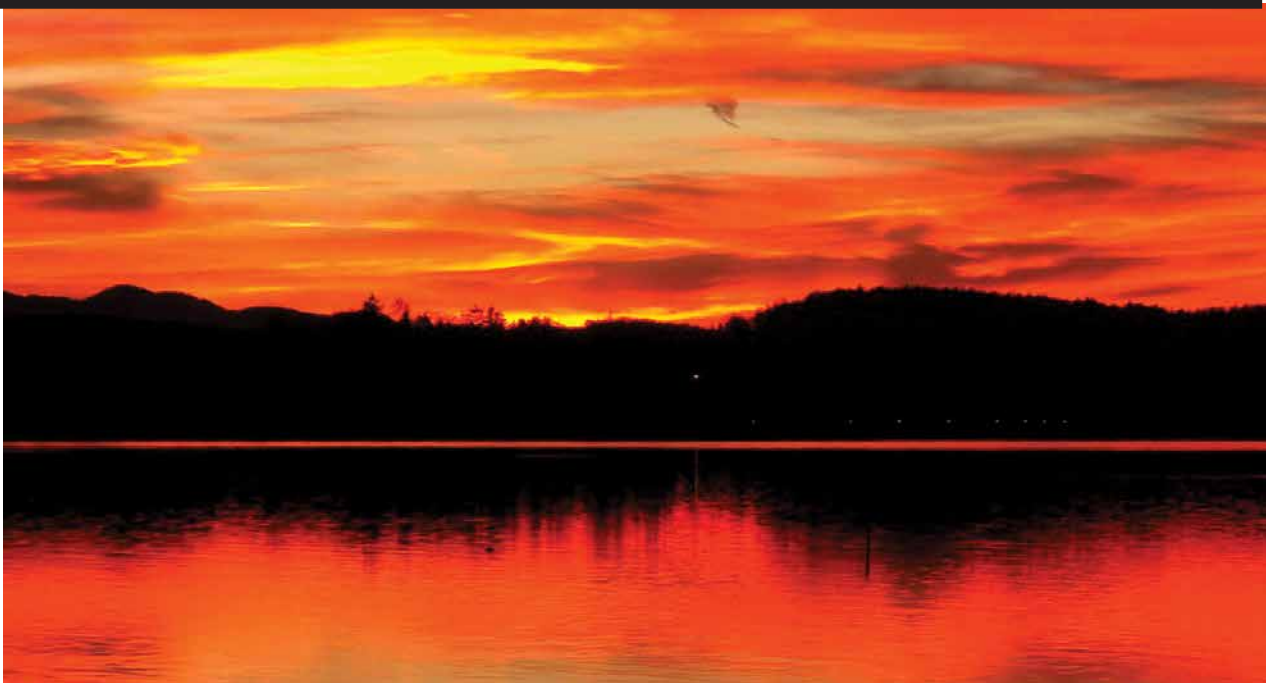
The Cariboo is rich in outdoor living no matter what the weather. If it's hiking or biking, you're into, there's a huge variety of world class trails to enjoy that cater to skill level and scenic preference. You don't have to go far to find a great trail either off the dead end of most every road is a trail or if

you're not the adventurous type there are always the city marked trails.

For all the golfers there is still time for a few rounds, and for any diehards a little weather never stopped you before. The love of any outdoor activity should not be hamper by the weather it only provides challenges and opportunities for creativity and new experi-

ences. Craig and I have, on several occasions been caught half way through a golf game when lightning, thunder and torrential down pours started, I think only once did we not play through as it became a safety issue.

So during the fall, have fun, enjoy the shortening days and embrace the weather, whatever it may be.



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do



# Galapagos Islands; a year-round adventure

I had to stop and think about what weather and international travel had in common. Of course it had more in common than one can imagine. If the weather is inclement people do not visit a country or continent. The one place that intrigued my imagination about weather is the Galapagos Islands. Why you may ask? These are islands located approximately 1000 kilometres from the Ecuadorian Border and they lie on the equator where we imagine the hottest weather to be.

The Islands are officially named the "Archipelago of Colon" in 1892 in honour of Columbus celebrating the 400th year of his discovery of America. The Galapagos area is formed by 61 islands and islets with 13 main Islands which were named with Spanish names. Names such as Baltra, Espanola, Fernandina, Floreana, Genovesa, Isabella, Marchena, Pinta, Pinzon, San Cristobal,

Santa Cruz, Santa Fe and Santiago give the Galapagos the Spanish influence. Historically the Spanish explored the Islands extensively.

These Islands are in constant change because of the volcanic eruptions that occur regularly causing new lava fields to form and land masses to expand the land area. The largest Island is Isabella which makes up about half the size of all the Islands; and the highest altitude is approximately 1707 meters and named the Wolf Volcano.

Of course, tourists would expect the temperature to be unbearably hot all year round, because the Islands are situated in the equatorial vicinity. However, the average temperatures range is from 21 to 30°C. Although the Islands have good weather all year round for visiting, there is a warm season and a dry season. The hot, rainy season runs from January to June. In the first

three months of the year, the annual rains arrive – strong with short duration. Temperatures rise, and the sun shines frequently. Warmer waters along the shoreline make this ideal for snorkelling and diving.

In the warm season the southern trade winds bring the cooler Humboldt Current south to the Galapagos. The Humboldt Current changes the weather. The coldwater ocean currents flowing from north Antarctica along the west coast of South America and create the most wonderful weather on earth. These currents bring nutrient rich waters to sustain the Island's rich biodiversity. The currents are driven by strong winds that displace the warm surface water, allowing the cold Antarctic waters to rise to the surface creating a phenomenon known as upwelling. Because of this upwelling of the waters, the food web created by the Humboldt Current is one

of the most productive ecosystems in the world.

Every four to seven years the Humboldt Currents are interrupted by the westward winds of El Nino, causing an upheaval on the shores of South America. El Nino usually begins in December and lasts a few months. It causes the reversal of the entire equatorial and atmospheric circulation pattern causing a dramatic increase in precipitation. The increase in rain decreases the salinity of the soil reducing the lush, tropical appearance of the isles. The heavy rains brought by El Nino can cause floods and landslides on the Islands. Wildlife, especially the giant tortoise, is greatly affected by this occurrence. Strange as this may be these 500 pound tortoises have evolved to allow for these periodic climatic differences.

During the dry season in the months of July to December the Islands are lush and green while

the shorelines have little precipitation. It is the perfect time for exploring the flora and fauna. It is during this season that tourists can observe the large number of species of wildlife around the Islands such as the giant tortoises, humpback whales, blue-footed boobies, cormorantes, oyster catchers, lava lizards, and others. This ecosystem supports the world's largest fisheries and is one of the reasons why some species of penguins can live on the equator all year round.

The warm weather of course does create shifts at "plate" boundaries or hot spots that result in earthquakes or volcanoes. These hot spots at times result in large amounts of magma rising up, piercing a hole in the plate to form a volcano. It appears that a series of volcanoes had formed the surface structure of the Galapagos Islands. In general a single volcano formed each of the islands apart

from Isabella which was formed from the joining of six volcanoes. The area of Isabella is around 7 x 10 kilometres.

Formed by this combination of dynamic volcanic activity and the effects of rain and the continual force of the vast Pacific Ocean at their coasts, the Islands attest to the sunken core across the bay from Pinnacle Rock at Bartolome. The weather testifies to the island "being born of fire; tempered with saltwater". These forces of weather created the setting for the trials of evolution that selected the uncanny animals and flora (some found nowhere else in the world but there) that now inhabit these desolate Islands. Charles Darwin visited the Galapagos Islands often.

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do



# The Potato House; a local treasure

The Potato House was once a fully resided in home amidst a bustling Williams Lake community. Nearby stood the infamous Maple Leaf Hotel and Provincial Courthouse, only steps away was the Ranch Ho-

tel, and the then active BC Rail Station. This old blue and white home has seen Downtown Williams Lake evolve from 'them good old days' to what we see today; and this old blue and white home's greenspace also has a story of its

own.

For nearly 50 years this small city lot yielded broad beans, corn, squash, onions, corn, tomatoes, salad greens, grapes, apples and almost a tonne of potatoes every season! Only one small patch of

grass actually existed on this lawn while the rest was tactfully cultivated for maximum productivity. It was an amazing ½ century run for this yard, when all of a sudden one of the two dedicated gardeners sadly passed away. It was a hard job for the solo gardener left behind and the old blue and white house quickly was put up for sale. The earth in the greenspace became hard and unloved. Plants died and weeds flourished.

Mary Forbes saw an opportunity where few might. Why not give this old blue and white home a new look, a new purpose, and a new adventure. It had done so much already for the two gardeners, what else did this old home have left for the community? The Potato House Sustainable Com-

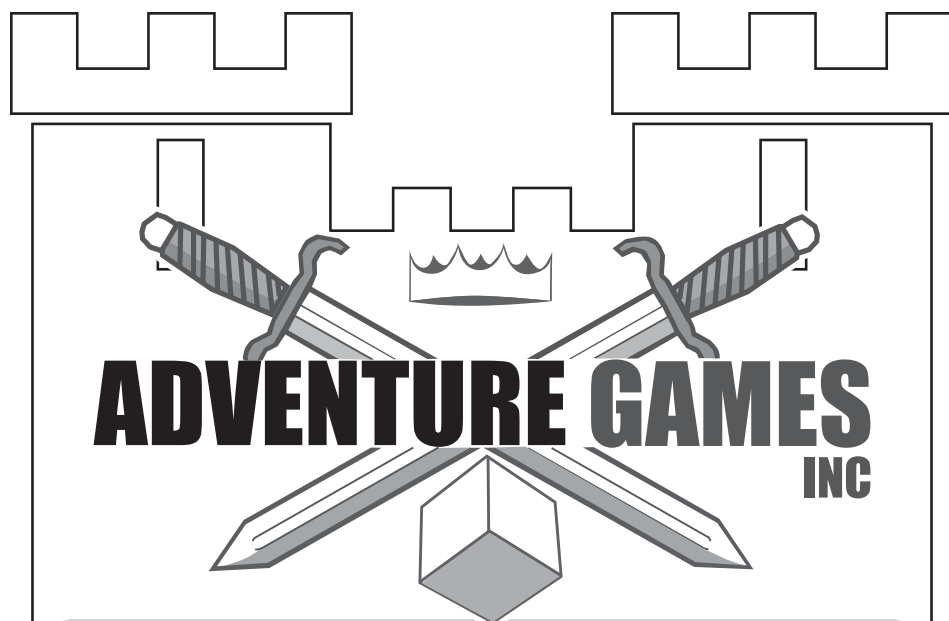
munity Society was born and purchased the home with nothing but high hopes and lots of love to give.

The Potato House Sustainable Community Society has not only survived the challenging and risky first 5 years of its existence but has thrived because of funding from the Cariboo Chilcotin Beetle Action Coalition whose generosity has been used to leverage further funding and has ensured future success.

It is the Potato House's firm belief that CCBAC's initial support and willingness to share in our vision is the reason the Potato House Project still stands today. Since the implementation of the Community Composting Project, Williams Lake and the surrounding areas

consider the Potato House a resource and destination and on many occasions a partner in community programming.

The small 1940's (we think this decade is accurate?) blue and white now designated heritage house at 49 Borland Street, Williams Lake, has transformed to a vibrant and unique community destination. The house itself has often been categorized as dilapidated. However the beautiful landscaping, due entirely to the soil amendment and dedicated staff Marin Patenaude, and now Oliver Berger, this old blue and white home has a new life. Ready to move towards its next stage of life, the Potato House, in partnership with Heritage BC, NDIIT, Success by Six, ArtsVest, the Cariboo



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do

...continued from page 12

Regional District, the City of Williams Lake and the Central Cariboo Arts and Culture Society, will turn into a charming mini community hall. All of these connections started with the strong support by CCBAC and the now extensive Community Composting Project.

The Potato House hosts Canada's only Drive Thru Compost Project made of recycled wooden pallet compost bins that stand guard along the alley between Oliver Street and Borland Avenue. In the early summer of 2015, the Potato House conducted a survey that identified approximately 250 individual home compost drops per month each weighing in over 1 pound and now has 5 restaurants regularly contributing at 5 to 20 pounds a week. There is going to be some serious excellent black earthy compost-soil coming soon!

With this recent change in weather, bringing us closer and closer to winter, how many of you have a lawn full of leaves? The Potato House also accepts bags of leaves in our composting program. These excellent sources of Nitrogen assist us in our composting chemistry and are great insulation material for winterizing our beds. So please, think of us when you bag your autumn leaves.

Did you know that Ming's Restaurant has it's buffet garden at the

Potato House? The Potato House's convenient Downtown location sees a range of people and cultures contribute to a more environmentally aware community who do more than bring their kitchen scraps from businesses, lunchrooms, classrooms, or homes. This project with its partners and participants are a part of stronger healthier people, a land with more gardens, a landfill with less waste and a greater appreciation for our communities. The end result; the Potato House is more than a project, it is a home.

Starting in November the Potato House is hosting nostalgic holiday photos and You Know Who will often be found in our beautifully decorated home, and of course as magical as the Potato House is, when The Big Guy comes by he's often dressed in Carhartts and Husqvarna suspenders with a plaid shirt because he's getting ready for winter just like the rest of us. However you will still recognize the twinkle in his eye and his REAL snow white beard.

Join us for Pumpkins and Bubbles family Halloween photos with Lauren Caruthers from noon to 2pm in the Pumpkin Patch October 31st. Also the Halloween Kit and Kaboodle Zombie Walk leaves at 5:30pm from City Hall lawn, arrives at the Second Annual Realm of Toys Haunted house



held at the Potato House from 6 to 9pm.

Are you getting married, having a staff meeting or training program coming up? Consider the Potato House as your venue; we are taking bookings for 2016/2017 now. And wait until you see our new bathroom! Designed for photographers with natural light filtering through our vintage pane glass windows over our original claw foot tub, all it needs is bubbles, a cute baby and

your creativity!

The Central Cariboo Arts and Culture Society generously funded our upgraded power system and emergency exit lights so these events could take place-Thank you CCACS!

Come see us and see the evidence at work, the compost bins are constantly being turned, the gardens are continuously blooming new life and the picnic tables are ready for your relaxation!


## THE STATION HOUSE GALLERY and Westline Harvesting present:

**October 2<sup>nd</sup>-24<sup>th</sup>**

### *Into the Wind*

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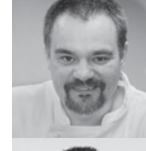
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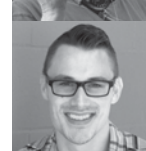
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do

# Weathering the storms... together?

Storms can be amazing. Growing up on the prairies I remember watching thunder and lightning shows that seemed to go on forever. I love thunder and lightning to this day and when my dog heads for cover I am thinking about how I can safely take in as much as possible. However, the day that a tornado was too close for comfort brought home how unpredictable and often devastating storms can be.

I had never seen green, boiling clouds before, but that was exactly what the sky looked like. And as I was driving home I saw this huge funnel cloud north of the city where I lived, and after a second of disbelief I took the drive a little faster than normal. When I got home the first thing I did was get the dog and the



## You, Me and We

By Gina Mawson

cat, the radio, water, and hunkered down in the basement as was recommended on the radio. When the storm passed, I don't know who was more relieved, me or my poor dog who hated the basement. I'd prefer to never be that close to a tornado again.

Relationships can at times be just as stormy and unpredictable. Even the most connected and committed of couples, or friendships for that matter, can go through times

of stress and upheaval that can end up being quite destructive. When this happens the very foundations of the relationship can be shaken.

What happens next depends on how both parties involved handle the instability. Do they both pull together, or do they allow the shakiness to slowly (or quickly) crumble away the strength of the commitment they have to each other? Do they take things in stride with the realization that



relationships are not like they are portrayed in Disney movies, or do they cave under the pressure?

Caving under the pressure doesn't have to be the result of stress. Let's back things up a bit and focus on the foundation of the relationship. What is it? Have you formed a sense of commitment and love so deep that an unshakable bond was created? Or were you so thrilled you got your fairy-tale ending and met your prince or princess that you didn't set up a realistic view of what a long-term relationship would look like?

Taking time in the beginning of the relationship to form clear ideas about how to deal, as a couple, with issues that might arise is a good idea. It might seem strange to encourage talking about negative subjects early into a relationship, but the

reality is that the sooner you develop your communication style together, the better off you will be.

Talking over things that might arise or even just talking about how you will handle unexpected storms that will inevitably happen in the relationship when there is very little volatility in the situation will mean that calmer heads can attempt to prevail when it does. Or you might just find out that your styles don't mesh and that things won't be compatible before you are too far down the relationship path.

Let's face it; Disney never talked about what happened after his characters fell madly in love. They just left us hanging. What did they do when the kids were running fevers and they still had work to do the next day? How did they manage to

behave in a civil manner when one or both of them were so frustrated with the other that they felt like tearing their hair out? Reality was not a part of that picture, and yet it was placed before most of us like it was the ultimate outcome.

Facing reality before the unpredictable but inevitable storms of life occur is a good way to ensure you have a plan for staying safe. Just like we were taught as children to never play outside on an open field or go swimming during a thunder and lightning storm, we need to have plans and guidelines set in place to get through tough unpredictable times in our relationships. Grab hold of the umbrella and be prepared to weather the storms, one way or another.

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### Sleepy Hollow Pumpkin Chai Tea

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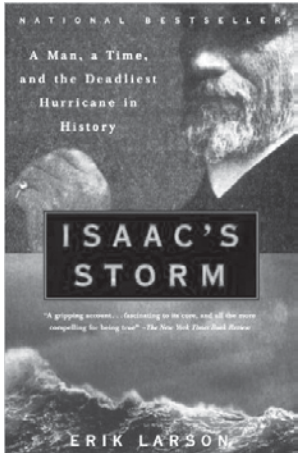




read

# Best sellers in weather

Whether you choose to learn more about the world around us, or read purely for entertainment, this month's shortlist of weather-themed best sellers is a great place to start.

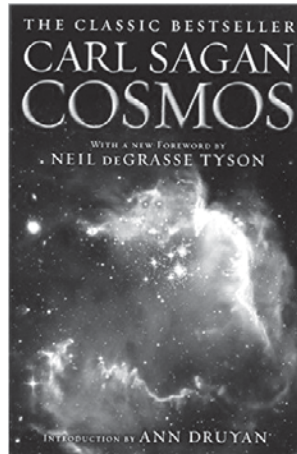


**Isaac's Storm: A Man, a Time, and the Deadliest Hurricane in History, by Erik Larson**

At the dawn of the twentieth century, a great confidence suffused America. Isaac Cline was one of the era's new men, a scientist who believed he knew all there was to know about the motion of clouds and the behavior of storms. The idea that a hurricane could damage the city of Galveston, Texas, where he was based, was to him preposterous, "an absurd delusion." It was 1900, a year when America felt bigger and stronger than ever before. Nothing in nature could hobble the gleaming city of Galveston, then a magical place that seemed destined to become the New York of the Gulf.

Meticulously researched and vividly written, *Isaac's Storm* is based on Cline's own letters, telegrams, and

reports, the testimony of scores of survivors, and our latest understanding of the hows and whys of great storms. Ultimately, however, it is the story of what can happen when human arrogance meets nature's last great uncontrollable force. As such, *Isaac's Storm* carries a warning for our time.

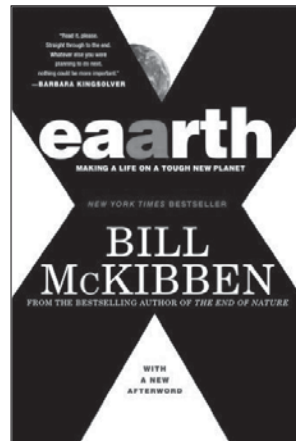


**Cosmos, by Carl Sagan**

*Cosmos* is one of the bestselling science books of all time. In clear-eyed prose, Sagan reveals a jewel-like blue world inhabited by a life form that is just beginning to discover its own identity and to venture into the vast ocean of space. *Cosmos* retraces the fourteen billion years of cosmic evolution that have transformed matter into consciousness, exploring such topics as the origin of life, the human brain, Egyptian hieroglyphics, spacecraft missions, the death of the Sun, the evolution of galaxies, and the forces and individuals who helped to shape modern science.

"Sagan dazzles the mind with the miracle of our survival, framed

by the stately galaxies of space."—Cosmopolitan



**Eearth: Making a Life on a Tough New Planet, by Bill McKibben**

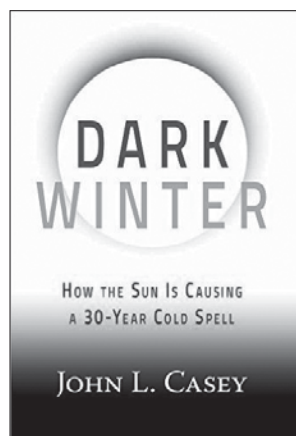
Twenty years ago, with *The End of Nature*, Bill McKibben offered one of the earliest warnings about global warming. Those warnings went mostly unheeded; now, he insists, we need to acknowledge that we've waited too long, and that massive change is not only unavoidable but already under way. Our old familiar globe is suddenly melting, drying, acidifying, flooding, and burning in ways that no human has ever seen. We've created, in very short order, a new planet, still recognizable but fundamentally different. We may as well call it *Eearth*.

That new planet is filled with new binds and traps. A changing world costs large sums to defend—think of the money that went to repair New Orleans, or the trillions it will take to transform our energy systems. But the endless economic growth that could underwrite such largesse depends on the stable planet we've managed to



damage and degrade. We can't rely on old habits any longer.

Our hope depends, McKibben argues, on scaling back—on building the kind of societies and economies that can hunker down, concentrate on essentials, and create the type of community (in the neighborhood, but also on the Internet) that will allow us to weather trouble on an unprecedented scale. Change—fundamental change—is our best hope on a planet suddenly and violently out of balance.



**Dark Winter: How the Sun is Causing a 30-Year Cold Spell, by John L. Casey**

Climate change has been a perplexing problem for years. In *Dark Winter*, author John L. Casey, a former White House national space policy advisor, NASA headquarters consultant, and space shuttle engineer tells the truth about

ominous changes taking place in the climate and the Sun.

Casey's research into the Sun's activity, which began almost a decade ago, resulted in discovery of a solar cycle that is now reversing from its global warming phase to that of dangerous global cooling for the next thirty years or more. This new cold climate will dramatically impact the world's citizens. In *Dark Winter*, he provides evidence of the causes of climate change.

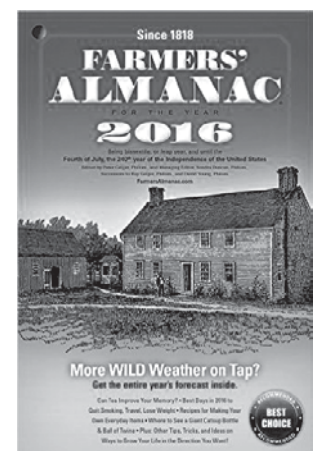
A sobering look at Earth's future, *Dark Winter* predicts worldwide, crop-destroying cold; food shortages and riots; significant global loss of life; and social, political, and economic upheaval.



**Oh Say Can You Say What's the Weather Today?: All About Weather (Cat in the Hat's Learning Library), by Tish Rabe**

The Cat and company

travel by hot air balloon up and into various weather phenomena including rain, snow, thunder, tornadoes, and (yikes!) even hurricanes! Along the way they learn about thermometers, anemometers, wind vanes, cloud formations, humidity, fog, smog, weather folklore, and how to stay safe in lightning. Written and illustrated in Seussian style, this is a great addition to the Cat in the Hat's Learning Library!



**2016 Farmers' Almanac: Annual Winter Outlook Plus Much More!, by Peter Geiger**

Say It Ain't SNOW! Will last winter's 'shiver and shovel' forecast repeat itself? Find out in the digital edition of the *2016 Farmers' Almanac*! Each edition contains 16 months of weather predictions, 12 months of planting and gardening calendars, plus all the things you love from the *Almanac*: tasty recipes, guides, gardening tips, sustainable living advice, healthy hints, natural remedies, astronomy, and a bit of humor—all at your fingertips. Includes many full color graphics, and easy to navigate grids and charts!

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# Winterizing your furry friend

BY DR. STEFANIE KRUM-SIEK, WILLIAMS LAKE VETERINARY HOSPITAL

Fall is my favourite time of year, the days are still long enough to be active outdoors, the temperatures are perfectly moderate, our little insect friends are mostly gone, the colours are gorgeous and the feeling of the past summer is still in the air somewhere.

Now is also the time to think about the following season, yes, the one that

brings the white stuff, the cold fingers, the frozen eye lashes and the dry skin.

How are our animals getting ready for the 'white season'? Most wild animals are quite the perfectionists in preparing themselves for the colder months and don't need guidance for that. Animals that we keep under our wings may have to be a bit more supported as they can't always decide to go somewhere else to get more food or a better spot

for shelter.

In autumn I think about the elderly horse, that lives a good life, but could benefit from a check up before the winter comes. Making sure all teeth are in good shape to manage chewing hay for the next six months, monitoring the horse's weight, maybe perform a fecal egg count to determine a high parasite load, controlling the development of a proper hair coat and thinking about shelter options if the horse

lives outside.

Did I repair the leaking stock waterer? Now is the time to fix it before the frost comes and stays for a while.

In autumn I also think about the pregnant cows that have just come back from their range; they are hopefully nice and round and are all carrying a little one inside. Their body condition score should be around 5 to 6 out of 9, with 9 being obese and 1 being emaciated. Mamas-to-be need lots of energy

and plenty of good quality water in order to reproduce.

While I think of cows I think of sheep at the same time and wonder about their fleece – did it regrow nicely after shearing? Are they really so round or is it all wool? Especially in our wooly friends a hands on exam is necessary to feel if their body condition is right to get into the winter or if they need an extra layer of fat before it gets cold.

But in autumn I also wonder about the pets, those who will be indoors mostly. They may face other challenges like dry air from furnaces, weight gain because of decreased activity, or more social stress inside the house in multi pet households.

Make sure you have enough litter boxes for your cats inside the house, when the time comes that they decide that getting their feet wet is not desirable, and doing business outside can wait until April.

Does the dog that sleeps outside most of the year but comes inside when it gets below -15°C also have a cooler spot to hang out? And does the dog that permanently lives outside have a shelter and enough food to keep itself warm?

Animals can be our friends, our family or our income, either way, they are wonderful to have around and we should make sure they do well through the colder season! Happy fall!

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# Play

**Your guide to  
where to go and  
what to do for  
the month of  
October**



# play

## WILLIAMS LAKE & AREA

**October 1,8,15,22,29**

Busted Remedy hosts Jam Night, Thursdays 9:30pm OV Pub

**October 1,8,15,22,29**

Pokemon Thursdays, Adventure Games 83C 2nd Ave S, 3:45pm

**October 1-31** Skull-duggery - a Williams Lake Studio Theatre fundraiser. Handmade art skulls for sale at The Realm of Toys

**October 2** Farmer's Market, Boitanio Park 9am-2pm

**October 2** Endless Biking Clinics, Corner like a Boss 9:30-11:30am, Pump & Jump like a Pro 12:30-2:30pm, \$50 each plus tax, age 19+, Boitanio Bike Park

**October 2,9,16,23,30**

Friday Night Magic, Adventure Games 83C 2nd Ave S, 5pm

**October 2,3,9,10**

Anna Roberts Pottery Sale, 2202 Grebe Dr, 9am-7pm

**October 2-4 2015**

MTB Tourism Symposium, 10am-10pm Friday, 7:30am-8pm Saturday, 7:30am-4pm Sunday, Cariboo Memorial Rec Complex

**October 2-24** "Into the Wind" group show coordinated by Kurt Williams, works of Brian Garten, John Wellburn, Janna Roller and more, Station House Gallery Monday to Saturday 10am-5pm

**October 3** Tupperware Trade-In and Bingo, TRU Room 1245, 1:30-3:30pm

**October 3,10,17,24,31** Warhammer and Table-

top Games, Adventure Games 83C 2nd Ave S, Saturdays all day

**October 4,11,18,25**

Sunday Morning Magic, Adventure Games 83C 2nd Ave S, 10am

**October 4,11,18,25**

Sunday Game Night, Adventure Games 83C 2nd Ave S, 6pm

**October 6,13,20,27**

Uptown Art after school art classes, Arts Centre 90 4th Ave N 3:30-5pm

**October 7-8** Job Fair 2015, everyone welcome, door prizes & entertainment, win an iPad, Cariboo Memorial Complex Gibraltar Room 10am-3pm, info: Yvonne 250-398-7137 or 250-267-5552 sage\_funk@hotmail.com

**October 7,14,21,28** Tales & Trails program, stories, songs and trails,



Scout Island, age 0-5 welcome with parent/caregiver, free, Wednesdays 10:30am, info: 250-398-3839

**October 9** Farmer's Market, final day of the season, customer appreciation day, Boitanio Park 9am-2pm

**October 13** Film Club presents LUTHER, \$9 regular, \$8 members, \$6 seniors (65+) and students, Gibraltar Room, film 7pm

**October 18** Bikers Against Child Abuse (BACA) meeting, public welcome, Big Brothers Big Sisters suite 200, 369 Oliver St. 1pm, info: 778-412-9323

**October 20-21** The Crystal Man Show & Sale, Hobbit House

**October 22** Community Futures Open House, help celebrate 30 years of community service with lunch and cake 11am-2pm

**October 22** Canadian Tire Grand Re-Opening

**October 24** Tea, Bazaar, and Bake Sale, St. Andrews United Church basement 1-3pm

**October 24** Celtic Revival! The Sky Family, Evangelical Free Church 7pm

**October 24** Magic Battle for Zendikar game day, Adventure Games 83C 2nd Ave S

**October 24** Skullduggery - A Williams Lake Studio Fundraiser. Come in a costume to a steak dinner and extraordinary skull auction. Tickets \$25 at The Open Book and The Realm of Toys

**October 27** Cariboo Camera Club, TRU room 1319, 6:30-8:30pm

**October 27** Film Club presents Force Majeure, \$9 regular, \$8 members, \$6 seniors (65+) and students, Gibraltar Room, Film 7pm

**October 28** Cariboo GM Pumpkin Carving

**October 30-November 21** "Murders and Unkindness", works of Karen Thompson and Terri Smith, Station House Gallery Monday to Saturday 10am-5pm

**October 31** Zombie Walk leaves City Hall 5:30pm to the Potato House, Realm of Toys Haunted House 6-9pm

**October 31** Halloween at the Stampede Grounds, bonfire 7:15, fireworks 7:45

**October 31** Live music BlueNote, Laughing Loon, tickets and reservations 778-412-6655

## QUESNEL & AREA

**October 2** Live music Party on High Street, The Occidental 228 Front St.

**October 2,9,16** Rise 'n' Shine Farmers Market, the Co-Op 8:30am-2:30pm

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**October's Invasive Plant Tip**

**Fall clean-up time** is a great opportunity to take inventory of any invasive plants that may have crept into your yard and gardens over the summer.

The first step in managing invasive plants is to properly identify what plants are invasive and which plants are just unwanted "weeds". Visit the CCCIPC website at [www.cccipc.ca](http://www.cccipc.ca) for a complete list and pictures.

**How to dispose of invasive plants:**  
Don't compost! Place all plant materials in a sealed plastic bag and then into the garbage. If you are using one of the major refuse sites, there are specific invasive plant bins to use (no grass clippings or other unwanted plants are allowed). Please use these bins responsibly.

**Cariboo Chilcotin Coast Invasive Plant Committee**

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# play

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**October 3,10** Quesnel Farmers Market, Helen Dixon Centre 8:30am-1pm

**October 3** RCMA Open Mic Night, The Occidental 228 Front St.

**October 3** Pink Salmon Festival, Baker Park 2-5pm

**October 4** 22nd Annual Quesnel Women's fall Challenge, Dragon Lake Boat Launch, 21km 8:30am, 5&10km 9am

**October 6** Barker-ville Brewing Co. Talk & Tastings, Bouchie Lake Country Store 6:30pm

**October 9-11** Island Mountain Arts presents Northern Exposure Conference, Wells Community Hall

**October 9-11** 42nd Annual Traditional Pow-Wow, Youth Soccer building, Friday 8am to Sunday 5pm

**October 16,17** Live music ThirdDegree, The Occidental 228 Front St. 8-11:30pm

**October 24** Business Excellence Awards, Seniors' Centre 6-9pm

**October 31** Ghostly Halloween Town Tour, Barkerville 6:30pm-10pm

## 100 MILE HOUSE & AREA

**October 1,8,15,22,29** Full Contact Stick Fighting, Thursday evenings in Lac La Hache. Also 1 Saturday practice monthly in Williams Lake, date TBA. Info: Renée wlchick@hotmail.com or [www.coillmohr.com](http://www.coillmohr.com),

**October 1,8,15,22,29** Royal Canadian Army Cadets, Thursdays 18:30-22:30, 5530 Horse Lk Rd, info: Capt. Kevin Seal 250-395-1181

**October 3,4** Cariboo Trails Field Driving Trials, Huber Farm

and Equestrian Centre, 70 Mile House, Friday packets available 5pm & meet and greet 6pm, Saturday & Sunday start 9am

**October 3** October-fest, 108 Community Hall, doors 6pm, dinner 7pm

**October 17** Ducks Unlimited 29th Annual Banquet and Auction, 108 Community Hall

**October 31** Hysterical Halloween, Haunted House hosted by 2016 grads, in the Watson barn

## DVD & Blu-Ray New Releases

### Friday October 2nd

Marvel's Avengers - Age Of Ultron

### Tuesday October 6th

Air

Appleseed

Batkid Begins - Wish Heard Around the World

Cop Car

Duck Dynasty - Season 8

Insidious - Chapter 3

Magic Mike XXL

Me and Earl and the Dying Girl

Tremors 5 - Bloodlines

### Tuesday October 13th

How to Make Love Like an Englishman

San Andreas

Strangerland

The 100 - Season 2

Tomorrowland

Vikings - Season 3

### Tuesday October 20th

Dope

Elf - Buddy's Musical Christmas

I Spit On Your Grave: Vengeance Is Mine

Jurassic World

Paper Towns

Testament of Youth

The Exorcism of Molly Hartley

The Gallows

The Vatican Tapes

Zipper

### Tuesday October 27th

Barbie and Her Sisters - Great Puppy Adventure

Max

Pixels

Southpaw

Visions

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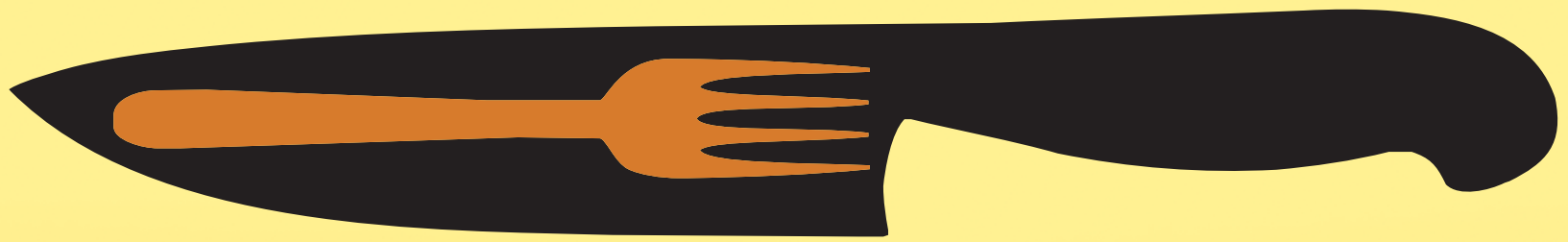
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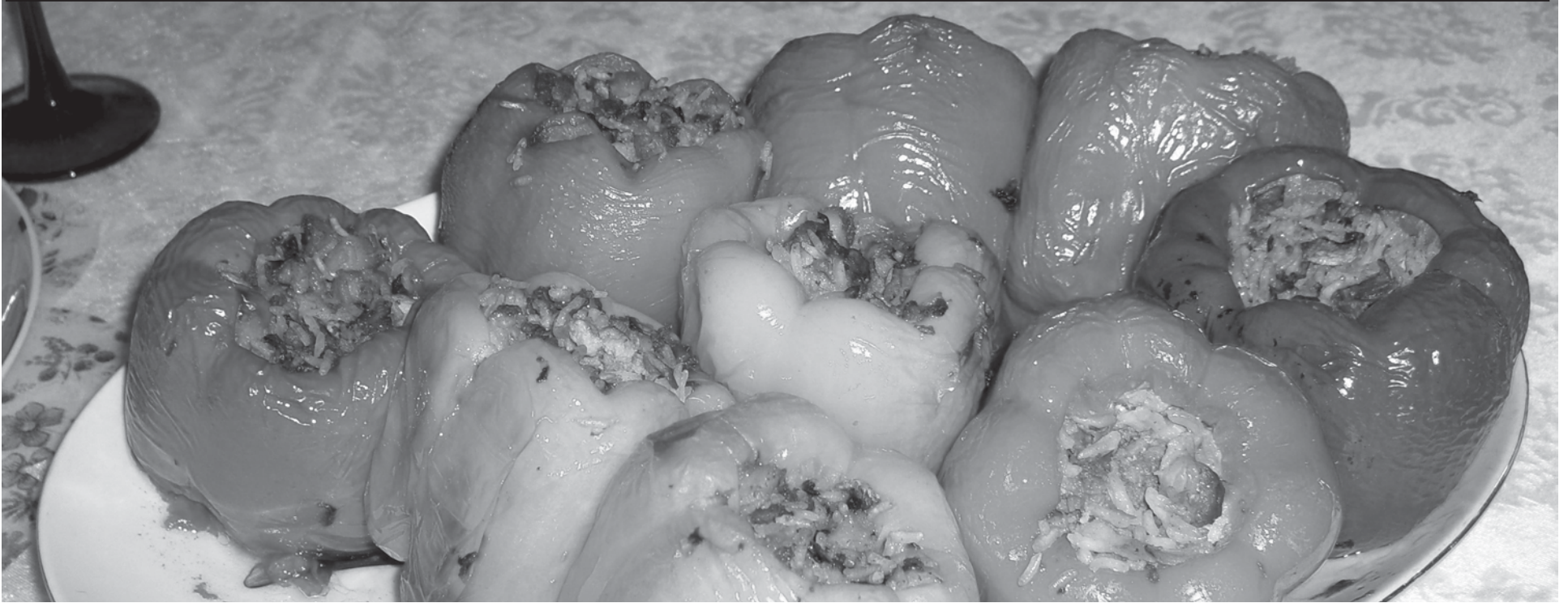


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eat



## Weathering the kitchen

I read somewhere that the Inuit have something like seven different words for snow. I'm guessing because the weather doesn't change much up there. I'm sure it's either cold and snowing, kinda cold and not snowing, just flat out cold, or summer. Kitchens are kind of like that too.

The weather doesn't change and we have various terms for the temperature we work in. We have hot, holy \$&\*T it is hot, it's hard to breathe hot, and "Check it out that guy just passed out!" it's so hot in here. Sometimes I will get visitors to my kitchen and they are always struck by the temperature. They all say the exact same thing "Wow, it's hot in here. How do you do it?" to which I normally reply "Dude it's not hot in here.

This is actually pretty reasonable. It's only about 40 degrees, and after a while you get used to it." The next question is often, "So, why is it so hot?" only to be met with my patented blank stare and a monotone response of "It's... a box... with fire in it. See those ovens there? They are hot, like 425 degrees hot, and all those blue lights on top there, that's fire and we need a lot of fire to make your food. And those fridges, well the compressors give off a lot of heat, and the dishwasher? That makes water so hot if you take a pot out right after the cycle is done it will burn you..... well I think you are starting to see where I'm going with this, right?"

Chefs don't really experience the weather outside much either. The

only exposure to it is the minute or two it takes to get in the car and drive to work and the other minute or so it takes to get in the building. As a Chef/Owner, it's worse. It's dark when I leave for work and dark when I leave for home. Days... I mean day off is usually spent trying to get some rest/heal my wounds for the upcoming week. If it's a rainy day, I like to load up my family in my truck and we go find some mud to drive around in, an adult version of jumping into mud puddles. So I guess the weather isn't completely lost on me.

There are advantages

however to the weather system in a kitchen. You know how good the air smells right after it rains? Well in the kitchen it smells like bacon and roasted peppers, turkey or a beautiful piece of beef that just came out of the oven. You know the sound of the wind blowing through the trees or the crunch of fresh snow under your feet? Well I get to listen to Pantera or Metallica so yea, I'll take that over the outside weather any day.

Hey, you like roasted peppers? Cool, me too! Let's make some. Grab a few red peppers. Try to find ones with long flat

## Out of the Fridge

By Brice O'Neill



sides. Put a bit of veg oil in your hand and rub it all over the pepper. Put the fire on high on your burner, and put the pepper right on top. Watch it turn black then flip it around so the whole thing is black then drop them in a bowl and cover with cellophane. Go do something else for about 10 minutes (you're in a kitchen so there are lots of things

you can do) then come back and take the peppers out and remove the seeds and scrape as much of the burnt off as you can. Wash the rest off in your sink. VOILA! you have roasted peppers! By the way if you don't have a gas oven, or the time or patience for something like this? Buy some canned roasted peppers, Easy Eh?

### The Crystal Man is coming to town!

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# The forgotten art of blanket forts

It's the weekend and you want to enjoy your coffee in peace, but when you try to turn your children loose on the backyard for a few sweet hours you're instead greeted with grey skies and rain.

My first instinct would be to outfit them with umbrellas and galoshes but hey, I just washed the floors and made the mistake of buying a beige welcome mat. No mud today, thank you. However, a little clean chaos in the living room I can handle! Sure, you want to teach them to put away

## Pint-Sized

By Jazmyn Douillard

the gadgets and use their imaginations, but really you just want to relive some of the best weekend afternoons you ever had as a kid while huddled in your blanket fort.

Before you send the



kidlets on a scavenger hunt for sleeping bags, comforters and pillows, take a couple of minutes to do some precautionary preparations. If you treasure that lamp from Aunt Judith (or pretend to)

then you'd better scoop it away to a safe place. Coffee table still have plates from last night's midnight snack? To the kitchen they go! The sculpture your daughter made of a dragon last year (or was it a dog?) should find itself secured on a shelf far, far away. Is the area clear of breakables and other potential disasters? Then you're already!

If you don't want to have to worry about finding all the safety pins later on, I highly recommend clothespins and rubber bands. And duct tape. Okay, maybe

just clothespins. Not a lot of space? Go simple and throw your biggest blankets over the kitchen table then layer the floor with every cushion and pillow you can pillage. Personally, I like pulling out the air mattresses from our camping equipment. Have a clean kiddy pool kicking around? Blow it up, fill it with comfy coziness and throw 'er in there.

If you have a little more space or want to take it up a notch with your awesome kitchen table fort, take a look at what you have around

the house. Little LED Christmas lights can give your fort a whimsical feel but I don't recommend candles. Instead try those nifty flameless LED tea light candles everyone seems to have nowadays. I guess I'm not the only one that finds candlelight so relaxing that I pass out before blowing it out. The wine has nothing to do with it.

Turn kitchen chairs around so they're tables inside the fort and supports for the blankets, then use one to rest a "fort rules" sign that they have to sign off on before entering. Some suggestions: No farting, no sticky foods... No farting.

So the fort's built. Now what?

Colouring books, cocoa, stories and optional scary stories once the sun goes down. Did I mention colouring books? If you want to snuggle up with the kiddies I hear there are some amazing new adult colouring books carried in a few stores around town. Curl up and enjoy your time together in your new plush abode and you'll be thankful for the gloomy day outside.

By the way, you're coffee is cold now. You're welcome.

Brought to you by the mom with no kids and a lot of blanket forts.

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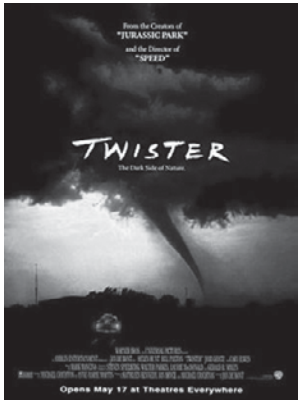
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# Top 10 'extreme weather' movies



## 1. Twister (1996)

*Twister* is possibly the greatest movie about bad weather of all time. When tornadoes hit in real-life, the human compulsion is to get as close as possible and take a picture, then pray to the gods you can get away before dying. Unfortunately, most of us are too scared to actually try this. Well, *Twister* was the first to realistically let you live out that fantasy and survive.



## 2. Wizard of Oz (1939)

This classic wasn't just about a shoe fetish and flying monkeys. The tornado was the real star of the movie. Without the cyclone, Dorothy never would have met her new BFFs.



## 3. The Day After Tomorrow (2004)

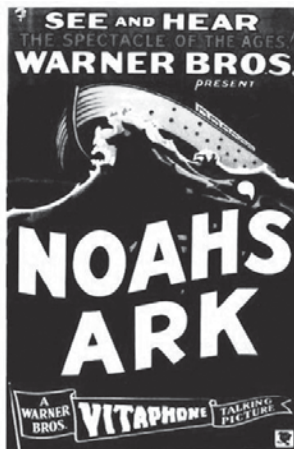
With its stunning special effects, this visually breathtaking movie depicts a world where global warming triggers a catastrophic shift in the Earth's climate, creating a global superstorm that unleashes unimaginable worldwide weather disasters. Dennis Quaid plays a climatologist who tries to figure out a way to save the world from the impending disaster.



## 4. The Perfect Storm (2000)

Based on the 1991 Great Halloween Nor'easter known as 'the perfect storm' because of the rare circumstances; an extra-tropical system

which absorbed a hurricane and ultimately evolved into a monster hurricane heading out to sea. In the film, this unusually intense storm catches six fishermen off-guard as they head east for a big catch. With George Clooney, Mark Wahlberg and Diane Lane starring, as well as the compelling visual effects, the movie engages the audience throughout, giving a sense of the true dangers of one of the world's most awe-inspiring phenomena.



## 5. Noah's Ark (1928)

One of the first disaster films to be produced in Hollywood, it's not surprising that the narrative is based on the familiar Biblical tale of *Noah's Ark*. Relating the *Old Testament* take on the First World War, *Noah's Ark* purports that riches are the root of all evil throughout history and even more so in contemporary times.

**6. The Rains of Ranchipur (1955)** A big-budget, Technicolor



remake of *The Rains Came* (1939). Infamous Hollywood glamour-puss Lana Turner stars here as Lady Edwina Esketh, a spoilt socialite who travels to India with her unhappy husband (played by Michael Rennie). Whilst away, she rekindles a friendship with former lover Tom Ransome (Fred MacMurray) and eventually falls in love with Indian doctor Rama Safti (Richard Burton). A series of spectacular monsoons lead to a devastating earthquake and subsequent flood which rock the town of Ranchipur.



**7. The Ice Storm (1997)** Ang Lee's *The Ice Storm* is that rare movie

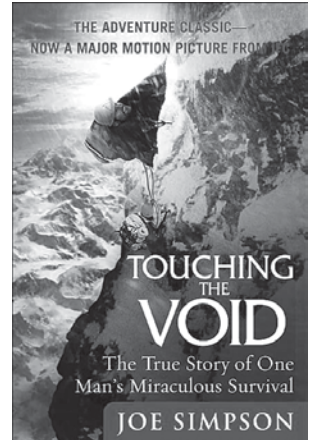


that somehow genuinely explores the political and cultural issues of dysfunctional family life during the early '70s, while using bad weather as the vehicle that allows all these meaningful revelations to occur. It's quite simply a beautiful movie.



**8. An Inconvenient Truth (2006)** Because you know you're thinking to yourself that the weather outside HAS to be manmade. Rain-slush cannot possibly be natural.

**9. Touching the Void (2003)** Let's face it, all mountain climbing survival movies involve bad weather. But *Touching the Void* is different. Not only is this movie based on an unbelievable true story of human survival, the special features actu-



ally enhance your horror at the psychological costs of survival.



**10. The Fog (1980)** This super creepy 1980 version depicts Antonio Bay residents stalked by killer fog that boils up on the eve of the town's centennial. This is one of my personal all-time favorite horror movies, but kind of killed any thoughts of becoming a disc jockey.

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# Ruling the weather

## A SHORT STORY

A small fairy sat at the base of a giant redwood tree. The bark cut into her wings, but she liked the way that the wood smelled. The forest was full of redwood trees, moss covered rocks and

endless trails winding their way throughout the area. She breathed deeply taking in all the smells and all the sights that the untouched forest had.

"Leela," a voice called from around the other side of the redwood. "Are you goofing off again?"

A larger male fairy made his way over to where Leela was sitting and looked at her with a very disappointing look.

"I am not goofing off daddy," she said looking up at him.

"Then what are you doing? Because you are not taking care of your responsibilities."

Leela let out a big breath and stood up. She lifted her feet and let her tiny silver wings take flight as she followed her father to their community that lived in the biggest redwood tree of the forest. As her job as the daughter of an elder, Leela was meant to take care of all the new seeds of the spring. And now, as the winter months were falling away, hints of spring were blooming and Leela needed to do what was destined of her.

As she followed her father, she sighed. Leela didn't want to be destined to do anything. She wanted to go out into the world and live her life. There were places to go and things to see, and she was determined to make a new life for herself. During the winter, Leela had gone against the practices of her community and took lessons with the witch of the woods. Her small mouth moved into a

## Tasty Tidbits

By Paige Knights-Smith



grin as she thought about her latest lesson. She was beginning to channel her abilities into controlling small amounts of the weather. Her favourite was making the wind move, forming a small tornado. So far it wasn't amounting into anything major, but she was excited that her abilities were growing every day. Leela knew that if she told her family, especially her father, that she would be punished.

Leela flew over the spring buds on the trees and wiggled her fingers along the buds feeling the power of the flowers coming slowly to life. She loved the feeling of the power; to have it was something that she never felt before, and she wanted to feel more power, and in ways that were more than just awakening the flowers. It was that realization last season that had made her seek out the witch.

"Thank you Leela," her father said, his voice replacing the previous

disappointment with approval. "You may go now, however do not wander off too far, there is the public gathering tonight to welcome the official season of spring."

Leela nodded at her father and flew back towards her redwood tree. Hiding underneath a moss covered rock close by the tree was the home of the elemental witch. She controlled everything that had to do with the earth and keeping all the seasons on track. It was this witch that was teaching Leela everything she needed to know, to take control over the weather if that was what she wished. And it was that power that Leela craved.

"Blair?" Leela called into the burrow. "I'm here for my next lesson."

Contrary to many common beliefs, Blair wasn't old, or ugly. She didn't have a crooked nose with a big wart on the end of it. She was quite beautiful with long red hair and bright green eyes. She smiled when Leela entered her home, and motioned for Leela to come and take a seat next to her.

"What was our last lesson Leela," she said in a soothing voice.

"Rain." Leela's eyes lit up with excitement.

"Alright," Blair said and stood up "Let's take this outside."

Leela felt a slight sense of panic. She didn't want anyone in the fairy community finding out what she was doing. If caught she would be sent into exile, a place where no fairy wanted to be. Her powers would be stripped, along with her wings, and she would be forced to live in solitude, with nothing but the earth to keep her



company until her life or her light source burned out.

Seeing the hesitation, Blair put her hand on Leela's shoulder. "We will go high up into the redwood. I promise that no one will see us. Just make sure you keep the rain to a minimum." She smiled once again as they made their way out from under the rock.

Leela felt the slight flutter of her wings as the two fairies moved up the tree and into the leaves above which provided the perfect cover for them. All around Leela could see everyone and everything. They were perfectly safe and Leela felt like she was on top of the world. Now it was time to get down to business.

"Okay," Blair moved her hands in a circular motion. "You remember how to summon the wind? Feel the elements in your body. Focus on what you want to summon. Know what noise it makes, the way it feels on your skin, and the way that it smells. Can you feel the rain?"

Leela closed her eyes and concentrated on summoning rain, she listened to the calming voice of Blair as she visualized the rain drops. As she focused she could feel power resonating in her belly and rising up and out of her finger tips. Cool drops soon permeated her skin and a smile grew to Leela's lips.

Today she controlled the rain.

## Local art show & sale at the Gecko Tree

There is always something new and exciting happening at Williams Lake's popular café on Mackenzie Avenue! The staff is friendly, the coffee is great, the food is fresh and don't leave without trying one of their many amazing desserts!

### OCTOBER 1 TO 10

October 1 to October 10 the feature artist is Zana from Scrap Zen. Coming from a long line of seamstresses, Zana began creating with fabric at a very early age. She believes that art brings people together, and that we all have artistic abilities. Art is Zana's "everything" ...her tranquility and her passion. Enjoy her fabulous, unique art quilts.

### OCTOBER 13 TO NOVEMBER 24

Linda Henderson, aka White Feather from North Vancouver, comes to the Lake city with her nature inspired acrylic paintings. As a fiftieth birthday present, Linda went to France for six weeks to learn to paint, and has not looked back since. Don't miss this opportunity to wander through the cafe and enjoy the works of this artist.

Beatrix Linde, Gecko Tree curator, is always looking for artists interested in having their own show and sale. Give her a call 250-440-5759.

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# Weather to go

A SHORT STORY BY  
LEIGH SANDERSON,  
WV WRITERS' GROUP

"We can't sail yet!" I couldn't believe he thought it was time to go. Didn't he know? "I overheard that stewardess who flies from Hong Kong to Manila twice a day say that we were crazy, sailing this time of year. She called us crazy Canucks!" I was almost in tears as I repeated what I had heard. "She said it was monsoon season and the winds were hurricane force crossing the sea!"

"We'll be sailing away from the weather," my dad said. "The harbour master said we should be fine for the next ten days. We leave in three." My father spent his life living on the edge. The "crazy Canucks" would go anyway.

We were ready. The day was hot and muggy with a slight breeze. The engine started, we hoisted the anchor and headed for the China Sea. I didn't want to leave. We'd been in Hong Kong for three months and met some lovely people who also thought we were crazy to be sailing this time of year. The unknown always scared me, especially when my father was involved.

Our crew member, Robbie and I hoisted the sails and my father cut the motor. The wind punched the sails, tilting the boat slightly and pushing us out of the Hong Kong Harbour into the China Sea, leaving land behind. The boat caught the first waves and started crashing through. It was about this time that I first retched over the gunnels. The swells of the open sea were too close together for our 45 foot yacht to sail over smoothly. The bow would rise up rolling over one wave and as it was heading down from one swell it would hit hard onto the next.

"Prepare to change course!" yelled Captain Dad.

I quickly sat on the deck, legs braced against

the gunnels, hands on the sheets wrapped around the winch, and heaved! The boat turned, the boom swung around, we pulled harder on the sheets, the winch clicking with every pull. The boat righted, then the wind hit with another blast, the sail filled and the boat tilted the other way. I pulled as hard as I could, winch grabbing as I pulled. I quickly grabbed the cleat with the rope and gave it two half hitches to hold the sail in position as we cruised at top speed whooshing over the waves into a cloudy dusk.

"The wind is picking up," my dad reported. "Go get some sleep. We will do three hour shifts. Robbie will be on shift with you, Doris and I will start." My father settled behind the helm. Doris, his wife, was busily preparing a meal. Robbie and I went below not the slightest bit tired, the adrenaline keeping us both awake. The roll of the yacht and the angle made me think that the wind had really picked up. Was this the beginning of a monsoon? I didn't know if I could handle being sick much more.

I must have dozed off because I was startled when Robbie shook me to advise it was our turn at the helm. It was pitch black out--not a star in the sky. My father was giving Robbie the coordinates that we needed to maintain in order to reach Manila harbour. The sea seemed much rougher and the waves were splashing over the deck. I was throwing up again. I felt the boat hitting harder on the waves. The splash was coming over the sides and our rain gear was donned. I felt terrible. Robbie let me sleep on deck during our three hours but I was awakened suddenly by a mighty crash!

"What's going on?" I cried out. The weather seemed to have changed, waves were coming over the bow and we were hitting harder with every wave.

"Wake your dad, I think we are off course because I see light where light shouldn't be!" Robbie yelled over the crashing waves.

I ran down through the galley to wake the Captain. He was already pulling on his rain gear. "What's going on? What was that crashing noise?"

I didn't have time to say anything before another mighty "crunch". Abruptly the boat tilted.

A REEF!

We both ran for the ladder to the deck. "Put on your safety line!" he hollered over the horrific sounds of the sails flapping and the wind howling.

"Drop the sails! NOW!" screamed my father. Doris was at his side, line attached and hands covering mine to help release the lines wrapped around the cleats.

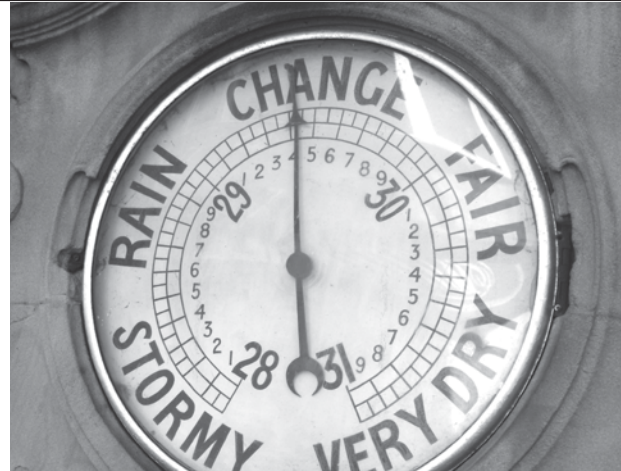
Mighty waves crashed against the hull forcing us further onto the reef. We released the sheets and the sails whizzed down off the masts, landing on the deck, hiding the cabin. The vessel ground and scraped against the rugged surface. Finally the boat started keeling over.

I was terrified!

"Release the dinghy! Get ready to abandon ship!" screamed my dad. I was frozen. I couldn't move. Doris came up to me and yelled into my face. "Do what your father asked - NOW!"

The tears were rolling down my face but I ran to the davits and released the dinghy. My dad released emergency flares hoping that someone would see them.

The wind howled, the sky opened up and the rain pounded upon us while we rushed around preparing for the boat to break apart. The seas continued pounding against the exposed bottom of the hull pushing us farther onto the reef. The scraping of the hull was a nightmare to my ears. We huddled on the deck. All I could think of were the words of the lady saying, "They are crazy Canucks thinking they can sail in monsoon season!"



## Small business; weathering economic factors

SUBMITTED BY COMMUNITY FUTURES  
CARIBOO CHILCOTIN

When starting a small business first time entrepreneurs are focused on the first year of startup, the short term vision, but a good business will have a strategic plan in place for weathering the long term economic factors. A SLEPT (Social, Legal, Economic, Political, Technological) Analysis enables business planners to develop long term strategies and factor in how they could affect their small business.

### Social

Social factors are things that affect lifestyle which include changes in society's values and attitudes towards current trends. Healthy lifestyle choices and food consumption habits are examples of trends that can change over time, if you are in the food business you would want to consider adjusting your menu or find alternatives that would compensate for such changes.

### Legal

Changes in laws and regulations may affect your business directly, and as a business owner you will want to make sure to keep up to date with any new changes as well to anticipate how you can make changes so that new laws and regulations will not directly impact the daily activities of your business. Some examples would be new health and safety regulations for restaurants and food vendors, legislations for employee health & safety, minimum wage increases and production restrictions on certain goods and services.

### Economic

Changes in your local economy can be either beneficial or detrimental to your small business. Prosperous economies will increase the profits of a small business, as the buying activities of local

consumers are stronger than what you can expect in a weak economy. If your business sells higher priced products and services you might want to consider altering the costs to lower priced more affordable products during a weak economic period.

### Political

Political factors relate to how changes in government and policies can have a significant impact on your small business, so it is important to keep informed on government changes that are happening and vote on which government will benefit your business operations. On a local level as a small business owner you want to have a good working relationship with the local Chamber of Commerce & Business Improvement Association in the city or town in which you operate.

### Technological

The development of technology is a fast paced and constantly changing factor which can be an opportunity or a threat to your small businesses. Keeping up with and understanding technology can help your small business stay at a competitive advantage.

Each of these 5 categories is equally important when coming up with a strategic plan for your small businesses; your business plan should be updated and changed at least every 2 years to keep up to date with our consistently changing economy.

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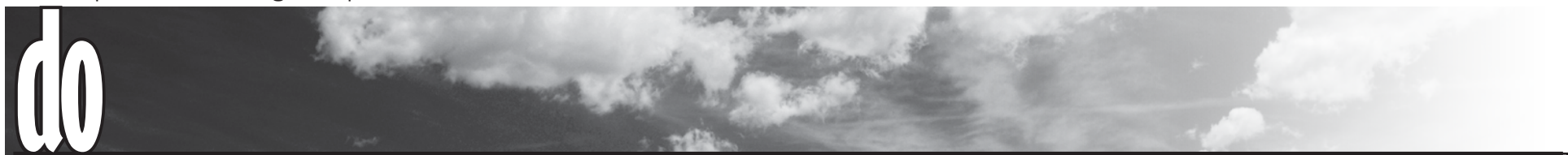
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# do

## THE STEW MAGAZINE'S Monthly MIX

### HOLIDAYS OF THE MONTH

October 4th

**Newspaper Carrier  
Appreciation Day**

Newspaper Carrier Day honors everyone who is now, or once was, a newspaper carrier. The list includes thousands, if not millions, of people. Years ago, this job was primarily populated by kids, from pre-teen through approximately sixteen. Newspaper carriers date back to the early 1800s. On September 10, 1833, 10 year old Barney Flaherty became the first newspaper carrier. This day honors carriers all over the world, as they deliver the paper diligently in all kinds of weather conditions.

October 19th

**Evaluate Your Life Day**

Evaluate Your Life Day gives us the opportunity to pause and reflect upon our life, where it's been, and where it's going. C'mon, be honest with yourself. Are things going well? What is bothering you? What do you need, or want, to change? With a self-evaluation, you can then make big changes to improve the quality of your life, as necessary. Or, if things are going well, just tinker with small adjustments.

## Weathering the cold and flu season; the road back to health

The leaves are changing colour and the mornings are more brisk. That can only mean one thing: cold and flu season is approaching. If you have little ones you should be afraid, VERY afraid. Those little germ factories bring home every bug known to man, don't they? It's really not their fault, at least not all the time. Those little bottles of hand sanitizer will only do so much and you just know they aren't washing their hands as much as they are supposed to.

So, what do we do about it? Take them to the doctor's office? Give them medication? Feed a cold or is it starve a cold? Remember all those things mom told us to do? Rub Vicks Vaporub on our chest to make us breathe better, drink hot tea with honey, eat chicken soup, get to bed early, and drink lots of fluids.

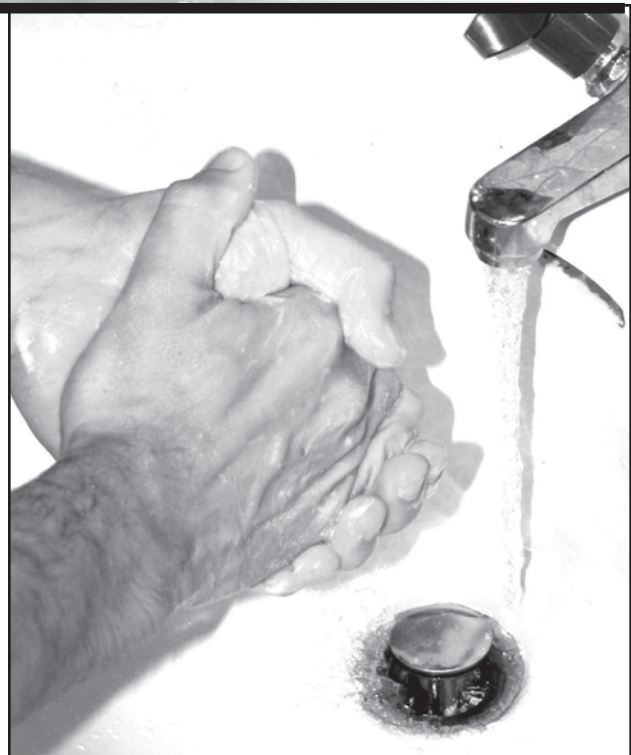
Here are some popular

myths and the truth:

Chicken soup: Mmm, sounds good on a cold day but will it help? Research shows that it may have some anti-inflammatory properties.

Feed a cold, starve a fever: Being sick often kills your appetite; force-feeding won't help. What will help is staying hydrated and getting enough calories. One study showed that rats on a low calorie diet, exposed to the flu virus, took longer to recover than those that took in more food. Most cold medications will cause dehydration so a high intake of fluid is important.

Wear a coat in cold weather or you will get sick: Colds and flu are caused by viruses. They do circulate during cold-weather seasons, but you're more likely to pick them up inside than out. Actually, going outside and getting more exercise may help prevent sick-



## Adrenaline Fix

By Darren Smith



ness.

Vicks Vaporub: Putting Vicks on your feet and covering them with socks while you sleep, was a commonly thought cure for a cough, in the late 2000's. Vicks actually issued a statement that, while they believe it to help with coughing when applied to the chest, they denied claims that it worked on the feet.

Don't leave the house with wet hair in cold weather: How many have heard that one? I remember leaving the hockey rink on a cold day, with wet hair, and having it freeze. I thought that was kind of cool. Because a cold is a virus, having wet hair in cold weather is likely not going to

increase your chances of having a cold.

Wearing garlic will prevent colds: Well, it will prevent people that have colds from getting close to you due to the pungent odour, but you actually have to ingest it for the antioxidant properties to work as an effective anti-inflammatory and immunity booster. Research suggests 1-2 cloves per day will do the trick.

Whatever you choose as your go to cold remedy, if it seems silly, but it works, it's not so silly is it? Enjoy the weather and make sure you dry your hair and wear a jacket when it is cold out... or don't, apparently it doesn't matter.



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It's that time of year again – our retired friends will be going South for the winter

Gee – that sounds like they're geese!

Thoughts to consider:

Is there a travel advisory by the Government of Canada regarding your travel destination?

Do you have pre-existing medical conditions?

When purchasing a travel insurance plan – be sure to ask what happens if you have a claim (either an injury or an illness) if you are in a country whereby there is a Travel Advisory in place.

Not all plans are created equal...

Example – a woman goes home to a country to visit her family and there is a travel advisory in place – with insurance company "A" – if she has any claim at all – they will not pay for any costs incurred. Insurance company "B" has a policy that if she is injured due to the reason the Travel Advisory is in place, she will not be covered. BUT...If she is injured for any other reason and that the Travel Advisory has no bearing whatsoever on the claim, they will definitely pay for costs incurred.

Pre-existing condition – ensure that your Travel Insurance Agent is aware of any medical conditions you may have and the last time you were treated for such condition. These details could void your contract if you do not disclose them if you have a claim.

What if you are out of the Country for more than 6 months?

Can you purchase a Travel Plan for that length of time?

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do

# Stillwater trout fishing;

Get out there NOW!

If you want to experience the very best stillwater trout fishing of the year, do it now. After an incredibly hot summer, which heated most waters to temperatures that drove trout to the bottoms of all the lakes for half of July and all of August, the waters are finally cooling to the point that fish are again comfortable feeding near the surface. They are now feeding ravenously on and in close proximity of the shoals. Trout are primarily "looking down" for nymphs and scuds, near the marl shoals and over the charo weed in depths of 6 to 10 feet.



## Marl Shoal Techniques:

**Floating Lines:** Use long leader/tippet configuration (9' tapered leader, 6' tippet) with a slightly weighted fly (a small bead head or copper wire wrap). Anchor the boat, so that the sun is shining directly on a shoulder, this eliminates any shadow moving

over the water. Stand up and scan the shoal for cruising fish. If you see small trenches in the marl, the trout have been there, digging with their noses into the soft bottom, startling the scuds (freshwater shrimp) up into the water, where they can inhale them. Trout will cruise around just above the marl, feeding on anything that moves in the fine mud. THAT is the scenario you must duplicate. Slightly weighted fly, cast well ahead of any cruising fish, allow the nymph fly to settle in the marl, when a fish comes within 15' of your fly, give your line a slight tug. Watch the trout take notice and head toward the fly. When the fish is within about 6 to 8', give it another little tug...BANG! Fish On!



**Intermediate (slow sink) Lines:** Similar to the floating line technique except slow sink lines should be allowed to sink to the bottom on the shoal, that way, they do not cast a shadow from overhead, which will make fish very alert and skittish. Rather than using a slightly weighted

fly, use a nymph pattern that has some buoyancy and can be retrieved in a very slow creeping motion across the bottom, guaranteed to attract hungry fish.

The only exception to using a wet nymph fly pattern on the shoals is in mid-October, when, in a very short time frame, the October Caddis makes an appearance on the surface of the waters in the Cariboo. A mid-sized caddis adult emerges and skates across the surface of the lakes. It has a signature amber body that trout key upon and attack with gusto. Here, the floating line is the ticket, long leader and amber bodied deer hair patterns are "killer". Fish them on the shoals and near the drop offs, with a steady 6" strip/pause type of retrieve. This is the last dry fly action of the season, so keep your eyes open for bugs on the surface, creating a tiny wake as they skate across the surface.



## Charo Weed Techniques:

Intermediate or slow sink lines, 9' leader with 3' of tippet, weighted nymph. Cast from the

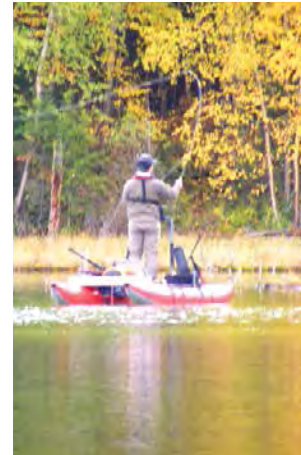
## Cariboo Water

By Jack Simpson



drop off, out toward the deep, allow the line to take the fly down to just above the weed bed and retrieve with a 6" strip/pause action. Trout normally cruise the top of the weed bed, looking for the various species of nymph that inhabit the tangles of weeds. Drag-onfly, damselfly, caddis nymphs, small leeches, all in fall colours; brown, rusty brown, golden brown, grey and black.

Stillwater trout are in the very best physical condition of the entire year, right now. They are well fed, as big as they will get, this year, and are



ravenously hungry. The fishing is absolutely phenomenal! Get out there!

I've had the opportunity to test the new Scientific Anglers Mastery GPX "Hover" fly line this

year, on the shoals of my personal favourite stillwater. THIS LINE WAS MADE FOR FISHING THE SHOALS!! I highly recommend it. S.A. has taken an intermediate line and injected tiny air bubbles into it so that it has neutral buoyancy. It lays in the water, just under the surface, it is a dream to retrieve over the shallows, no shadow no visible movement of the line. A major innovation that immediately won my enthusiastic approval.

Treat your catch with respect, release them to grow bigger and be caught next year, retain only what you will eat fresh and preserve our resource. Check and follow the regulations, they are in place for everyone.

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## Faces in the wind, hearts on their sleeves

BY RENÉE LOZEAU

You may have seen them around the Cariboo this summer, rolling past on their angry-sounding motorcycles, all a blur of chrome and leather, these intimidating bikers with patches covering their vests. However, had you taken the time to read those patches on their 'cut', or find out the reason they ride together, you would find teddy bears beneath that intimidating exterior. The loud bikes and tough biker look are all about the show of strength; a tool they use to help the most vulnerable in our society; abused children. They lend their strength to these fearful children to help them break the chains of abuse; to feel empowered, to feel better about themselves, to regain self-confidence, and to show them that they are not alone.

I'm talking about Bikers Against Child Abuse (B.A.C.A.) – an organization of volunteers, with chapters in nine countries worldwide, including five temp chapters in B.C. The Cariboo has two chapters: one based in Quesnel, and one covering Williams Lake south to 70 Mile – the brand new Central Cariboo Temp Chapter. I was able to speak with the officers of the Central Cariboo group at a recent meeting,

where they introduced themselves with their 'road names' which they use to protect themselves and the children. When you combine their tough appearance with names like Hooligan (President), Ulfric (Vice President and Road Captain), Tyrson (Security Officer), Bubbles (Secretary and Child Liason), and Stitches (Treasurer and Historian), you'd never know they are professionals with regular jobs. But after taking the time to listen, I've seen that they all speak with passion about the difference they've been able to make in these children's lives, and you can see the dedication in their faces.

"When we ride as a group to first meet the child, they often start out not wanting to meet everyone, they don't make eye contact and they're withdrawn. But kids love the noise, the dust, the dirt of the bikes; it's visceral. We've seen them go from being afraid, to sitting on a bike in the same day," says Hooligan, "It's a powerful impact. The transformation that we see over time is beyond words. We are empowering the children to not be afraid of the world in which they live. We've seen children who were very fearful when we first met, throughout the process eventually find it within themselves to get up in court, look

their abuser in the face and make their impact statement totally fearlessly. This is the most important thing I've ever done; It's a life-changer. That being said, the majority of what we do is pretty light and fun. We're not vigilantes or there to exact revenge – we usually don't even know anything about the perpetrator until we see them in court – our focus is the children. We're keeping the kids happy and upbeat, and trying to bolster their confidence. You're not talking to the kids about what happened to them because when you go to court, if you know anything you can be subpoenaed as a witness, and then you wouldn't be there to support them. Sometimes their parents are subpoenaed which means they can't be there with the child, so the kids really need us to be with them."

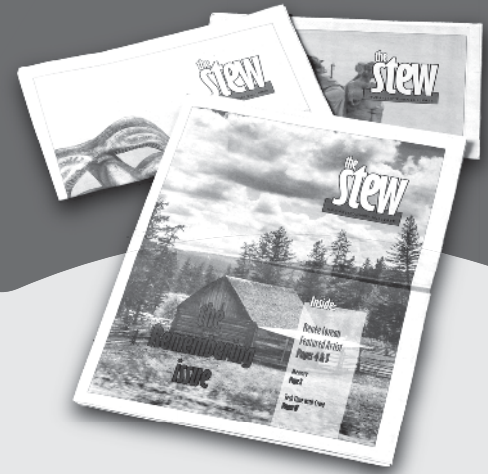
Outside of official business with the children, the group emphasizes the importance of being a close-knit, happy group to aid in their dealings with the children, so they purposely spend a fair amount of time together, attending casual gatherings and special events. From an outside perspective, they seem much like an extended family in the way they clearly care about each other and joke around. This chapter

rides their motorcycles together so frequently that Hooligan claims to have put 10,000 B.A.C.A. kilometres on his bike just this season! Each member also spoke about how they have been welcomed like family when travelling to another chapter's events, or had other chapters bend over backwards for them; all members of the great big B.A.C.A. family.

We're coming to the end of motorcycle season, but B.A.C.A. does not rest during the winter months – they simply travel on four wheels instead of two! Which leads me to a very important point; you DO NOT have to ride on a motorcycle to get involved! Supporters are very welcome, and play a very valuable role in helping the group. They're always looking for new Members and Supporters, so whether you ride in front or in back, or whether you ride on two wheels or four, this is a great opportunity to get involved in making a positive difference in a child's life, while getting to know a great group of people like the B.A.C.A. family.

The organization ensures the safety of the children by providing in-depth training to its members, and requiring that all prospective members pass a rigorous safety check before becoming part of the group. Even though you may lead a busy life or have family or work commitments, B.A.C.A. is very understanding of those priorities and does their best to work around them so that you are still able to participate.

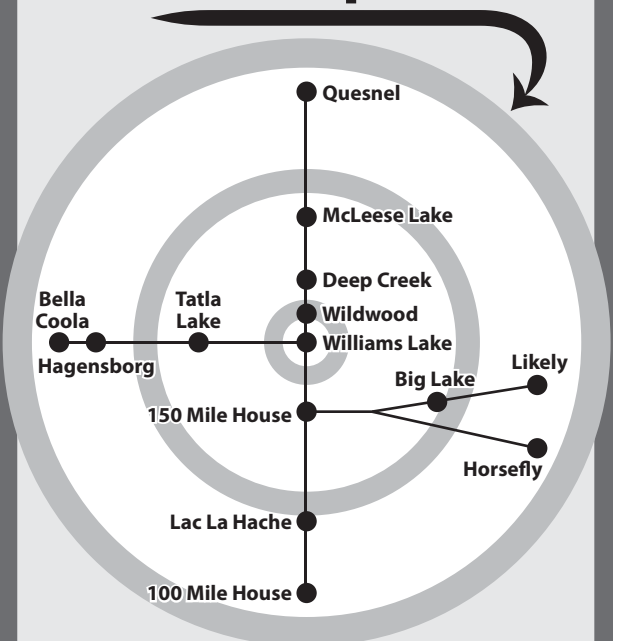
Come to a meeting and find out what they're all about; held the third Sunday of every month, **October 18th at 1pm in the Big Brothers Big Sisters boardroom** at suite 200, 369 Oliver Street in Williams Lake, or phone 778-412-9323. Quesnel's North Cariboo Chapter can be reached at 1-877-778-5806. For information about other chapters, or details about the organization, please visit [www.bacaworld.org](http://www.bacaworld.org).



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# The seasons of theatre

BY APRIL GERWING, WILLIAMS LAKE STUDIO THEATRE

*"Conversation about the weather is the last refuge of the unimaginative."* -Oscar Wilde

No pressure, huh?

Talk about the weather is often the filler of awkward silence and with good reason. It's an easy topic to start a conversation with, because we're all in it together, really. The guy at the bus stop is stuck in the same rainstorm or heatwave that you're stuck in; it's common ground between strangers. Sometimes those conversations go nowhere and sometimes they sow the seeds of some very interesting exchanges. Banter about the weather gets an unfairly

bad rap, I think.

One way or another, we are all affected by the weather. Our emotions can be so closely linked to what the mercury is doing. The first bit of warm spring weather brings with it not only the promise of buds and blooms to come, but the welcome embrace of sun on your skin after a long, cold winter. It brings the hibernators out onto our sidewalks and into their yards; people who may not have done so in previous weeks may well find themselves smiling and

saying hello to passers by.

Inclement weather can dampen your clothing as well as your spirits and may even serve to shorten your fuse, just a little. That lady taking way too long at the four-way stop might not have annoyed you quite so much, had it been a bright, shiny day. If you look up the definition of tempestuous, you will find words like turbulent, blustery and stormy, alongside passionate, excitable and quick-tempered. With the weather and our emotions being

such kindred spirits, it's easy to see a correlation between the weather and the theatre, because theatre is all about creating and invoking feelings.

Entertainment, in any form, is all about emotions. We want to be afraid, elated, disgusted; we want to weep, to double over with laughter and to gasp. These artificially induced emotions are no less real because they've come from an outside influence, and my good mood getting kicked in the shins because of

a seemingly unending snowfall is just as real.

Although I hate to see summer bringing in her sandwich board, sweeping the sidewalk out front, and rolling down the shutters for the night, the silver lining, as winter unlocks his doors, brews fresh coffee and turns on the open sign, is the return of another season of live theatre in Williams Lake; the sixty-first in fact.

The two Ringwood plays performed last season, to celebrate both the 60th anniversary and the playwright who founded our Studio Theatre, were an excellent illustration of weather affecting mood and mood affecting weather. Still Stands the House, with its gusting winds, snow banks and chilling plot was so sharply contrasted by the warmth emanating from

Garage Sale, resplendent with blossoms and sunshine, that although the physical temperature of the theatre didn't change from one play to the next, there was the distinct feeling that it had.

When the wind has blown down all the leaves and your cheeks turn ruddy from the cold; when you think more about soup than you do about salad, and when there are less hours of daylight to buoy your spirit, that is when a night of theatre may be just the perfect shelter from the storm.

Dial M for Murder begins playing at the Williams Lake Studio Theatre on November 12th and has a three week run, wrapping up on the 28th of the month. A full spectrum of entertainment is in store for you this season and we do hope to see you there.



**KIJHL Hockey**

**WRANGLERS** ~VS~ **STEAM**

**Saturday, November 14**  
7pm, Cariboo Memorial Complex, Williams Lake

**Tickets available at Total Ice**  
or contact 250-303-1432 robsandrock@icloud.com  
**Adults \$10, Students & Seniors \$8**

**OPALS ARE OCTOBER'S BIRTHSTONE**

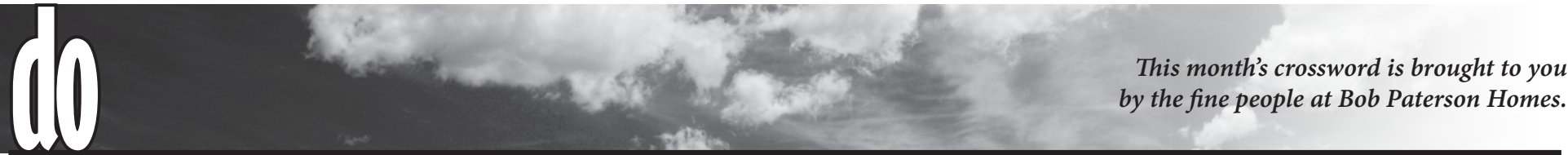
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This month's crossword is brought to you by the fine people at Bob Paterson Homes.

# X-Word Puzzle

- ACROSS
- 7 Give away free petrol around start of December (3,4)

8 Locally, one murderer secures hospital release (7)

10 After university, health worker's son advances? That's doubtful (6)

11 Endlessly squandered chance to become star (8)

12 Order a car (4)

- 13 Old-fashioned equipment from Sweden, very up-to-date in eleven ten (5,5)

14 Good sieve needed by old fool making drop scone (7-4)

19 Relating to line demarcating similar dialect and to its logic, possibly (10)

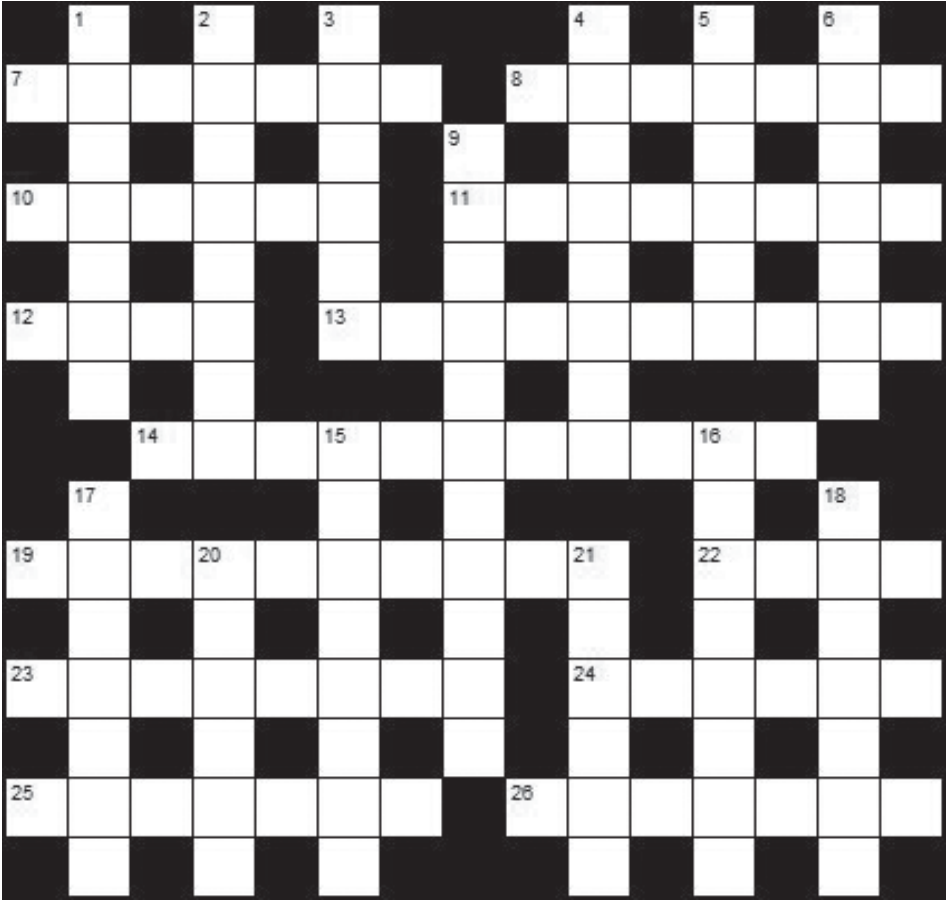
22 Dodgy dealer wants celebrity's backing (4)

23 Old Cape province surprisingly retains king (8)

24 One tucking into Japanese drink before beginning to improve their bonsai landscaping (6)

25 Glibness shown by fellow abandoning sin? (7)

26 Low-down chap is common (7)



- DOWN
- 1 Nancy's first person to meet famous orphan girl (7)

2 These days bandleader's not against showing muscle (8)

3 Take some piano lessons? It's said in admiration (2,4)

4 Time in a coma caused damage of the body (8)

5 Sergei's agreed restricting damage is Hindu virtue (6)

6 Perhaps Zeppelin song's fashionable (7)

9 Pope settled here in Rome, supporting friend from a long bygone age (as the Americans have it) (11)

15 Blow cross up as part

- of entrance (8)

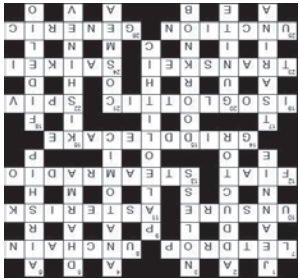
16 Joint found in one capital or another (8)

17 Empress volunteers to carry lethal substance (7)

18 In different life I'd love opera (7)

20 Finely graded cement concrete is good to make one (6)

21 Touring south, happen upon a plant related to dahlia (6)



## The Great Room

The Great Room, a safe welcoming space for women, is under the umbrella of the Salvation Army. Located at #6-160 Oliver Street in Williams Lake, it is a safe place to come and share what is going on in your life. The Great Room is open from 1-4pm every Wednesday in the downtown and welcomes women to come find safety, rest, friendship, share their stories and take steps toward positive change in their lives. Call Dina for more information 250-296-4272.

The drop-in centre across the street from the ever busy Thrift Shop is always a hive of activity. The pool tables are open daily, the coffee pot is always on and the staff is friendly and welcoming! Breakfasts are served 9:00 to 10:00am, and lunches from noon to 1:00pm, Monday to Friday. The Thrift Store is open Monday to Saturday 9:00am to 5:00pm not only offering a selection of affordable clothing but also a wide selection of used books, and friendly helpful staff.

Our Food Bank is open Monday, Wednesday and Friday 1:00 to 4:00pm and welcomes donations all year around. Don't forget, when you recycle your pop cans at Amanda Enterprises on Mackenzie Avenue in Williams Lake, the proceeds can be given to the Salvation Army.

We at the Salvation Army depend on our volunteers and to all those who help out, we send a big "thank you" to you and a whole lot of gratitude. For those who don't currently volunteer, if you think this is something that interests you please give us a call; we look forward to working with you.

Captain Isobel 250-392-2423 or 250-302-2916.  
www.salvationarmy.com



**Williams Lake Worship** (267 Borland St.)  
Sunday Worship 10:30am,  
fellowship coffee after church  
Tuesday Bible Study 7-8pm  
Tuesday Ready to Serve (children 7-12yrs)

**Quesnel Worship** (103-246 St. Laurent Ave.)  
Church services held every Sunday at 11am,  
entrance at the back of the Thrift Store  
**Quesnel Food Bank:** 374 McLean St.

## The weather man, bless him

A POEM BY ANNE MOUTRAY

The weather man on the television who, obligingly informs us of what we could just as easily discover by looking out of the window but he saves us the bother, is an interesting person.

On a hot, hot, hot day he beams at us from the comfort of his air-conditioned studio, saying joyfully, "Isn't the weather wonderful?" The flowers are dying, the grass is brown, the hills are on fire and people passing on the

street growl at each other and continue on their way. But, "Isn't the weather just wonderful?" On a soft, cool rainy day, it's, "Isn't the weather awful?" The colourful flowers are as perky as can be, the

grass is lush, the hills are green and people passing in the street give each other a jaunty smile as they go on their way but, "Isn't the weather just awful?" Weather men are interesting people, don't you agree?

## Foggy fall day

A POEM BY LINDA PURJUE

How I love a foggy fall day,  
When sound is couched in silence,  
And colours are muffled to subdued brilliance.  
The air is damp and mellow,  
And redolent with the richness of the earth.

The yellowing hedges are red with the summer roses' fall bounty,  
Drooping over tall ripened grasses,  
Shining with the dew of the mist.  
The same little birds  
Sing different little songs,  
Chorusing the sweetness of plenty,  
Mindless of the long days of lacking ahead.

## Writers' Showcase

Short Stories by the Williams Lake Writer's Group



The day is soft and reflective  
And melded with the yesterdays and yester-years of our ancestors.  
I am surrounded by

peace and contentment  
In every fold and swirl  
and wisp of this earth-caressing cloud.



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# Community Futures



Cariboo  
Chilcotin

*Growing Cariboo Chilcotin Communities... One Idea at a Time*



**Please join us for  
appetizers, cake and  
refreshments at our office**

**OPEN HOUSE**  
**Thursday Oct. 22**  
**from 11am - 2pm,**  
**special presentation 12-1**

## **Growth in the Cariboo Chilcotin**

**Over the past 30 years Community Futures has:**

- ✓ Approved 1119 Business Loans valued at over \$32 million
- ✓ Helped create and maintain 2,650 jobs

**Community Futures has assisted in establishing:**

- ✓ 1,450 Self-Employment Business Start-Ups
- ✓ Over \$200,000 in 4-H Youth Loans
- ✓ Over \$226,000 towards local regional contribution initiatives



**Help Us Celebrate 30 Years of  
Service to Our Community!**

**For more information on our services contact: 250-392-3626 or 1-888-879-5399**

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