



# the stew

ISSUE 7.10 | OCTOBER 2016 | FREE

**the masquerade  
issue**

Featuring artist  
**Danarae Latin**  
Pages 6 & 7



# we speak

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## On the Cover:

Masks come in many forms. We decorate and wear them, not just for special occasions, but also in our everyday lives.

## Advertising Information:

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# The play's the thing, even on the big screen

BY CRAIG SMITH

When we originally came up with this month's theme I thought, "Masquerade... that's a dance where everybody gets dressed up." I was wrong. The dance is all about pretending that you are someone that you're not. It's all about making a false show or pretence, or the wearing of a disguise.

When we are young, life is all about the masquerade. We are constantly pretending to pass ourselves off as firemen, cowboys, astronauts, Batman or Superman; we act out that fantasy world. Why? It's probably because it's exciting, and we make the rules and the limits. How many parents have ever had to take their son or daughter to the emergency room because they really thought they could fly like Superman, and jumped off the sundeck only to find out they were wrong?

Life really is a masquerade. You are surrounded constantly by people who are pretending they are someone they are not. It can even be as simple as someone saying they are shy when you know that they are an extrovert.

My favourite masquerades are in the movies. Actors are constantly wearing disguises and spend their careers playing someone that they aren't. I have been involved in stage productions for many years and can honestly say that I enjoyed the transformation into pretending to be someone that I wasn't. I found that I had to concentrate very hard on what I thought my character should be. Of course, the director is a major influencing factor as to how you portray your part, but it also has to come from within. One observation I have made is that some actors, both big-names and small, start to be the same charac-

ter in every film. Maybe they have stopped concentrating on how to be that character and fallen into a set way of acting. Many times I have said, while watching a movie, that the actor played the part the same as he did in the last one, two or three movies. So, did the actor just like one way of playing the masquerade, or is he just not acting and the character that you see on screen is just him or her reciting the dialog?

One of my new favourite actors is Tom Hardy. The last movie most people would remember him in was the last *Mad Max*. There wasn't a lot of dialog for him, but I found sometimes those are the hardest roles you will have to play. The dozen or so movies that I have watched him in (and anyone who knows me knows I love movies), he played the characters differently in every show. He has been in comedies, action movies and dramas.

The most difficult and compelling movie of his that I've seen was a drama where he was the only character, and the set was a car. The entire movie was him talking on a hands-free phone, driving from point A to point B while having conversations with his wife, his about to give birth girlfriend, his employer, and his subordinates. You'd think that a movie like that would have been boring, but I was mesmerized by the masquerade that was going on as he changed conversations between the four, as he was trying to solve everyone's problems. This movie probably isn't for everyone, and it's one of those shows that you will only watch once – once you have seen it, the anticipation is gone – but I loved it.

On the other side of the spectrum, there are actors like Arnold Schwarzenegger and Sylvester



Stallone who are basically the same character in every movie, and most plots are so predictable. That being said, I have all of their movies, and I watch them over and over again.

Recently, I took my love of movies to the next level. I stopped going to theatres a while ago as I now have a hearing problem and wear hearing aids. Unless I am the only one in the theatre, I hear everything almost with too much detail, such as people with noisy candy packages, or the ones that whisper or talk throughout the whole movie. If I take out my hearing aids I don't hear the higher end of sound frequencies, so I really can't win. With my Lazy Boy, surround sound and the big screen at home, I can still get the movie experience, that is, until about a month ago.

My son, who knows of my love for the big screen, gave me a gift card for Cineplex. As I was in Kamloops overnight, I wanted to see the new DC movie *Suicide Squad*, and thought I could put up with the extra noise if I just concentrated on the movie. As I was buying my ticket, I found that I could pick my seat, and seeing as I was near the end of the line, I could pick a seat

with no one near me because you could see where everyone else was assigned. The girl behind the till asked me if I wanted a D-box seat. If you haven't experienced this type of movie viewing, I would highly recommend it. Cineplex has taken everything away that detracts from the show and added a whole lot more. Because of the design of the seats, you can have an NBA basketball player sitting in front of you wearing a hat, and he still won't block any of the screen. The acoustics are a million times better, and I can pick an assigned seat. The D-box seats are a little more expensive, which means less people around you, two full comfy armrests that you don't have to share with anyone, and – the icing on the cake – the chairs move and vibrate to what is happening on screen. To top it all off, the movie was also in 3D. This avid movie-watcher was in seventh heaven. If you haven't experienced this type of theatre, I highly recommend it.

I would like to thank my son and daughter-in-law for the gift card again, which has helped me fall in love again with the masquerade that we call the movies.

## Special Occasions In Style



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# ingredients

Pages 6 & 7

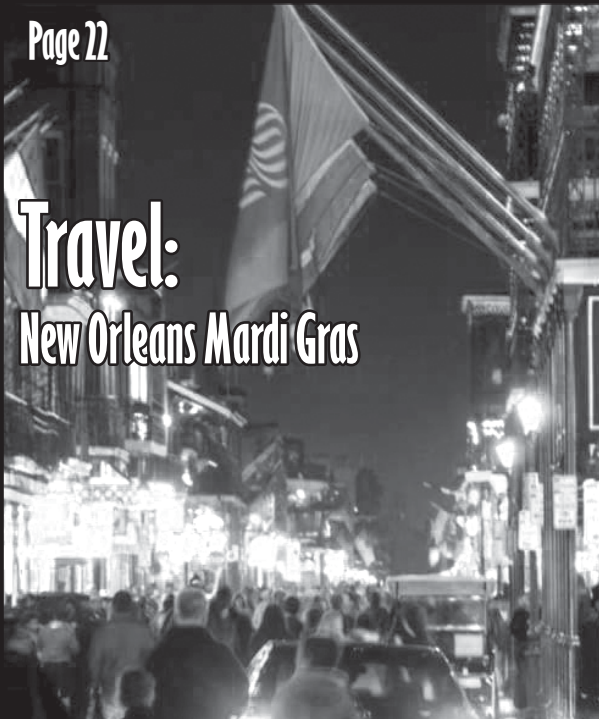
Featured Artist

**Danarae**  
**Latin**

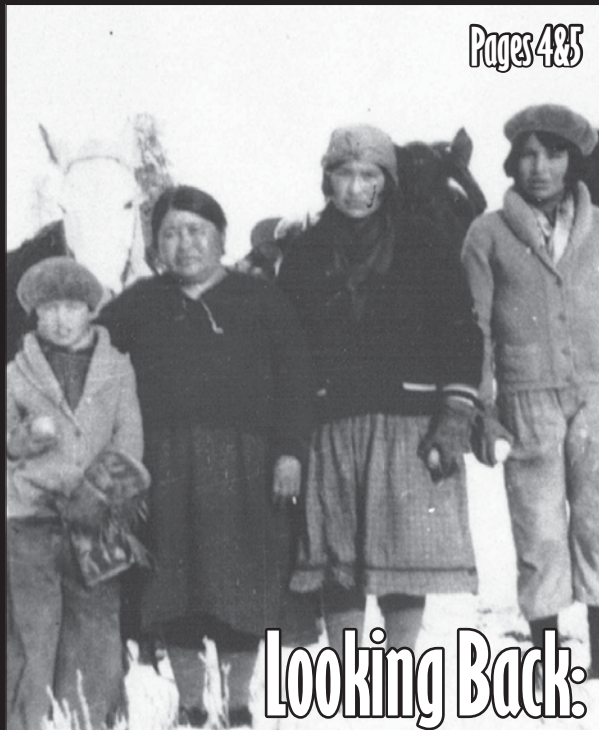


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**Travel:**  
**New Orleans Mardi Gras**

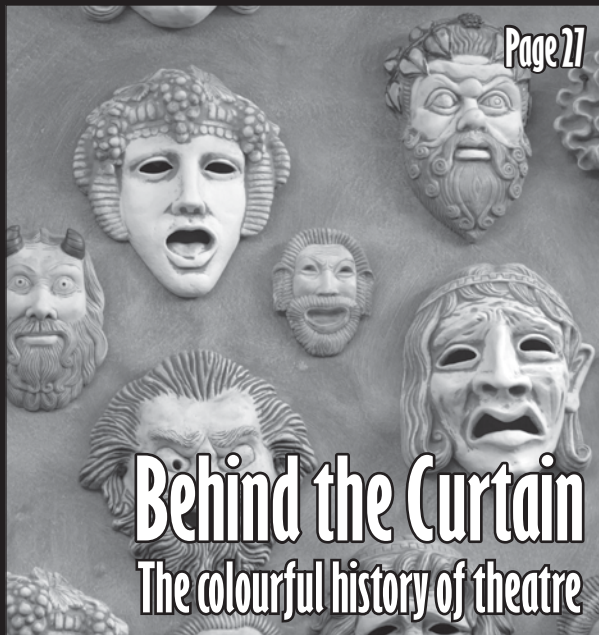


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**Looking Back:**  
**Eagle Lake Henry — part 2**

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**Behind the Curtain**  
**The colourful history of theatre**

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*"All I've ever wanted, the secrets that you keep. All you ever wanted, the truth I couldn't speak." ~Linkin Park (Final Masquerade, The Hunting Party album)*

## Eagle Lake Henry – part 2

Eagle Lake Henry was the oldest of several children born to Agenis (Aga-nees) in the Eagle Lake country north of Chilko Lake known to the Xení Gwet'in people as Naghatalchoz. His father, Thomas Sill, had moved back to Anahim Lake country, and Agenis was a single mother with young children, so at an early age Eagle Lake Henry became the main provider for his family.

"He went out and hunted at a very young age," says his granddaughter, June Draney, who grew up with Eagle Lake Henry and his wife Alyetta at their Mountain House ranch. "He always told us don't waste your food."

Henry told her what it was like to run out of food.

"He was just a young boy and the only food left

in the house was a piece of skin from a dried fish. His mother gave him the fish skin and sent him out ice-fishing," says June. "He was very hungry and had to chew the skin to make it soft for his hook. He always said how badly he wanted to swallow it, but needed it for bait."

She says he watched closely hoping a fish would take the hook. Finally a big dolly varden swallowed it. The fish line cut into young Henry's hands, but he held on.

"He said he had that fish out of there so fast," June says. "Then he could use a fish eye for bait and he caught a lot of fish after that. His mother was so proud of him."

When Henry was born, the first ranches were starting to come into the country. When he was around 12 years

old, he started working as a ranch hand at the Newton and Bayliff ranches near the confluence of the Chilko and Chilcotin rivers.

He had never gone to school and couldn't speak much English. When asked his name, his pronunciation of Alexis Sill was indiscernible to his fellow ranch hands. Then they asked where he was from, he told them Eagle Lake.

"Well, you look like a little Eagle Lake Henry," the rancher said. "I think we better call you Eagle Lake Henry."

That's how he got his name, June Draney explains. "He liked the name so he kept it. It sounded kind of strong to him, I guess. A powerful name."

Trapping was a mainstay of the Chilcotin economy as Henry grew

up, and he learned to become a proficient trapper at a young age.

As he got older, Henry had an eye for a young woman, Alyetta, who once lived at Mountain House in Eagle Lake country, but had moved with her family to Anaham Reserve near Alexis Creek.

He was packing freight for his father, Thomas Sill, at Anahim Lake, when Thomas suggested that Henry should think about getting married. Then Thomas picked out a woman for him.

"Of course as Henry tells it, it sounds like this woman was quite big," recalls June. "They called her Big Millie."

She says Henry went down to the waterhole one day to get some water, and there was Millie waiting for him on the trail.

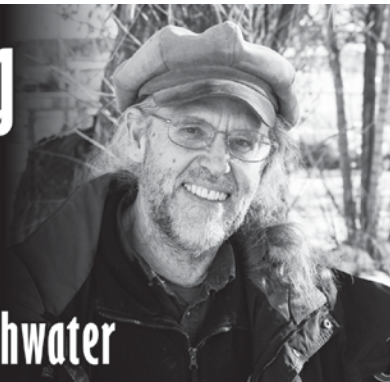
"He said he went way around her. 'The next day I saddled my horse and went to find your grandma,' he told me."

Anaham Reserve, where Alyetta lived with her mother and stepfather, Alex Humm, was more than 200 kilometres away. The community was starting to get ahead.

"Someone showed them how to grow wheat and they were raising lots

## Looking Back

By Sage Birchwater



of pigs," June says.

When Eagle Lake Henry started courting Alyetta, he decided if he was going to live at Anaham Reserve he should put in a garden. He dug a long ditch to bring water from a nearby creek, but by the time everyone else started "T"-ing off from his ditch, not much water reached his garden site.

Henry was discouraged by this.

Alyetta's stepfather, Alex Humm, had a freight wagon and team, and he hired Henry and Alyetta to go to Ashcroft to bring back supplies. After freighting for his father-in-law all year, Henry wasn't satisfied with the small amount of money Alex Humm paid him in the fall.

"I don't know about you, but I'm going back to Chilko Lake to go trapping," Henry told Alyetta.

Alex Humm came out and tried to intervene. "You're not taking my daughter back there."

But Alyetta was deter-

mined. "I'm going with him," she said.

They headed west with a pack horse and each riding their own saddle horse. Henry only had \$7 in his pocket when they reached Pete Stuart's store at Redstone.

"They hung around there and trapped in the Redstone area until Christmas, and made quite a bit of money," June says.

Eagle Lake Henry and Alyetta got married at Anaham Reserve where Alyetta's mother and Alex Humm lived. Their wedding picture with Thomas Sill and Alyetta's young daughter shows them decked out in fancy attire.

"Thomas Sill must have bought the outfit for them," June figures. "The wedding photo was on the Mountain House wall for years."

Alyetta's young daughter was quite sick and unfortunately died soon after the wedding.

"I think she must have had TB," June says. "I don't remember asking Granny her name, but I think it might have been Christine."

Eagle Lake Henry always regretted not having any children of his own and blamed himself for it. June figures it was likely a condition inherited by her granny.

The women in Alyetta's family only had one child, she explains. "So after Christine, there were no more children for her. Henry thought it was his fault all the time, but Granny talked about other aunts who only had one child."

Henry and Alyetta continued trapping every winter, then in the spring they would go to work

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hear

*"Dance through the masquerade of life without wearing a mask, for being yourself is the most beautiful thing." ~Unknown*

► Dona, Alyetta &amp; Mary Jane



► Dona, Alyetta &amp; Mary Jane



...continued from page 4

on various ranches. One winter they made \$1,400 before Christmas, which was good money in those days. That's when Henry decided to use the money he made from trapping to start a ranch of his own.

In 1919, Andy Stuart was the new owner of Redstone Store. He had taken over from his brother, Pete, who had been killed in a car crash in Vancouver, and Andy had become Eagle Lake Henry's trusted friend and advisor in his dealings with the non-native world.

When Henry told Andy he wanted to go ranching, Andy asked where he planned to do it.

"At my mother's place at Mountain House in Chilko Lake country," Henry replied.

Andy asked if he had

title to the place, and Henry said, no. He didn't know anything about paper to own the land.

Andy warned he would need to own his own land and have a piece of property in his name because a lot of people were coming into the country after the First World War, and were buying up all the places.

"They'll buy it right from under you. The buildings and everything you own, you won't own it anymore."

Andy said Henry would need to get his white rights if he wanted to own deeded land.

"Okay we'll do that," Henry replied. "Because I want to own it myself."

Andy Stuart helped Henry with the paperwork to get enfranchised as a Canadian citizen. To do this he had to give up

his aboriginal status.

Henry got title to his place at Mountain House, but true to Andy Stuart's word, other settlers flooding into the country after the War had taken up all the good places. Andy told Henry if he found a good meadow he liked, he could pre-empt it. He explained when you pre-empt a meadow, you have to put up a cabin and a barn and fences and stuff like that.

There weren't any meadows close by, so he staked Far Meadow about 15 kilometres away, and chopped an access road to it from Mountain House. Over the years he accumulated more property. In one instance he drained a lake.

"When Grandpa got Timothy Meadow he got a bunch of guys to dig a ditch and drain it," June says. "He asked what he should put on it and they

said timothy. That's how it got its name. I guess with all the dead fish they got quite a crop."

Unfortunately the ground was too soft and spongy to cut the hay with horses, so he got his crew to cut it with scythes.

Early on Henry established a reputation for being an honest guy to do business with who would always pay his debts. When he was just starting out ranching he told Alex Graham, owner of the C1 Ranch in Alexis Creek, he didn't have enough money to put up his hay.

Alex Graham asked how much he needed and Henry said six or seven hundred dollars.

Well I can loan that to you, Alex said, and they shook hands over it. In those days a handshake was like a contract.

June says he needed



► June &amp; Bob Draney

money to pay for his hay- ing and pay for his crew.

"Alex said as soon as you ship your cattle and have them sold, you can pay me back. So that's what he did. Right away after selling his cattle

Grandpa gave him back his \$700."

In next month's issue of The Stew, join me for more stories of Eagle Lake Henry.

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# flavour of the month





# flavour of the month



## Artist Danarae Latin

BY CRAIG SMITH

Whenever I contemplate who to ask to be our feature of the month, I look for certain qualities. A real zest for life and an abundance of positivity are my top two criteria, and this month's artist has both of those to the tenth power. Our feature of the month, Danarae Latin, has such an amazing aura about her that it is impossible to not be energized by her.

Although she was born and raised in Williams Lake and married her high school sweetie, she constantly has people asking where she is from. During her early years, she was quite shy and introverted – quite the opposite of the person I interviewed. Through school she had a strong idea that her career path was going to lean towards

the arts, and even though she worked at odd labouring jobs in the first years after school, she was dabbling in the arts.

Danarae took a photography course and soon realized that the market for photographers was extremely saturated. She got her first tattoo in Mexico and was staring at her new tattoo one day when she had an epiphany that her career path should be in that profession. She had a family friend, Roger Zilkowsky, who was a tattoo artist – he took her under his wing and mentored her in the beginning. Danarae wanted to become a professional and set her sights on a school in New York. Unfortunately, the tuition made school unattainable.

Around the same time, Danarae was in a vehicle accident and the insurance company settled

her injury claim with a cheque. She saw that as a sign that she needed to use the money to realize her dream and go to school in New York. The school she went to was the same school from the TLC series "Tattoo School." It confirmed all that she had learned from her mentor and gave her the confidence to turn pro.

Two weeks after she had finished school, Danarae went to Community Futures and Horton Ventures who helped her to get her business going. The staff member at Hortons, Dora, who eventually bought Dandelion Living, sent her to the Delainey Mall, where she was set up within a month.

After four years of building up her business, she says she had

'hit a wall' and knew it was time to look at expanding and adding other services. One day while driving by an empty location on First Avenue, she stopped to peer through the window and felt that this was the place. Her new, bigger location. After signing the lease, Danarae realized that her new landlady was the other party in the car accident that triggered her career; they can both laugh about it now.

In addition to her tattooing, Danarae's new

shop will have a piercer, two masseuses, jewelry, clothing, watches, colognes and perfumes. The list doesn't stop there – she wants to help other artists and plans to showcase their art.

When asked what else she did for an artistic outlet, Danarae said she paints in acrylic and watercolours, and plays piano, drums, flute, guitar and accordion, and that her dream job would be

to dance professionally. When asked about her style of tattooing, she said she loves intricate line work and realism.

I could probably write pages about this lady but I'm starting to run out of space. Needless to say you don't have to want to have a tattoo to go and experience Danarae's new shop, and take in the energy that is embodied in our featured artist of the month.



do

# Good Food Box



BY CARMEN KALLMAN,  
WOMEN'S CONTACT  
SOCIETY

The Women's Contact Society has been operating the Good Food Box Program since early 2005, and remains committed to this program because it fills a vital need in our community.

The Good Food Box is a wholesale buying program that enables families to access nutritious, top quality, fresh fruit and vegetables at a 40%-50% lower cost than retail buying. Families are encouraged to improve their nutrition and learn food preparation and storage skills. This enables families and individuals to stretch their

monthly budgets.

The Good Food Box is distributed once a month, year-round on the third Monday of each month. The deadline for buying tickets is the Wednesday before each distribution date, for the nominal fee of \$15. The boxes contain vegetables and fruit that are in season, such as broccoli, carrots, romaine lettuce, celery, onions, potatoes, cucumber, apples, bananas, oranges, etc. A newsletter with a program update, recipes and information is included in each box. The program is open to everyone, regardless of income.

We also have a Christmas Donation Campaign going on during the

months of November and December, when the Good Food Box Program invites community members to sponsor a family or an individual. These generous donations are used on a monthly basis to sponsor families with a Good Food Box. It is an inexpensive and simple way to have a major impact on a family's health and wellness. Outside of the campaign, donations can be made to the program any time of the year.

Without volunteers and community support, the Good Food Box would not be able to operate. I would like to thank those that make this program exist, and

help so many families in our community have good food in their homes. The Good Food Box is a volunteer-based program, and partici-

pants can volunteer if they want to get involved – volunteers are always welcome!

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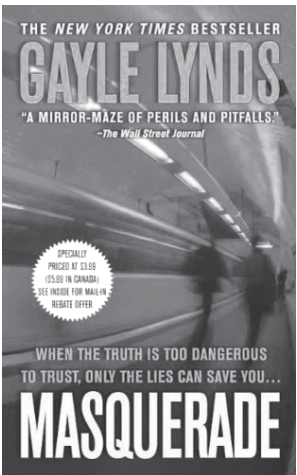
"Is this the real life? Or is this just fantasy?"  
~Queen (Bohemian Rhapsody)

# Curl up with a cozy blanket and masquerade book



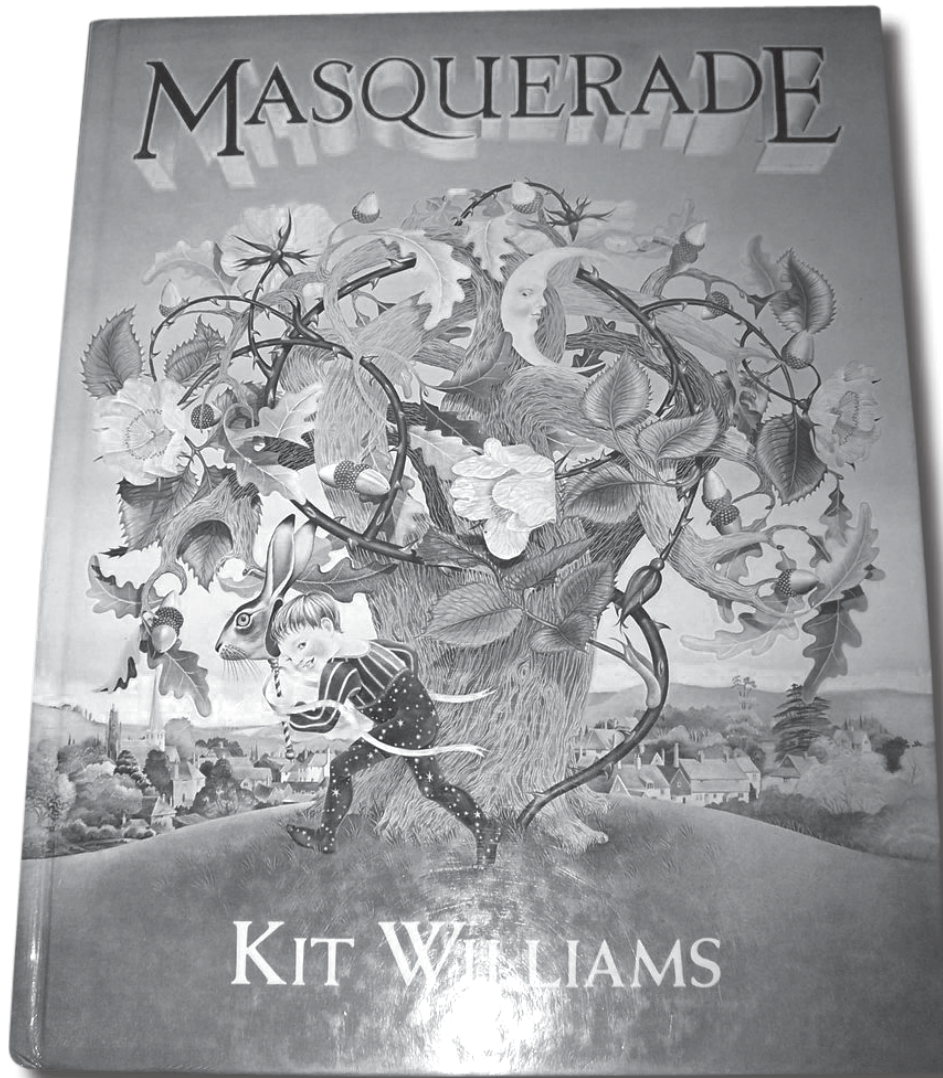
## Masquerade by Jessica Burkhardt

Canterwood is known for its fabulous parties, and Halloween is no exception. Lauren Towers is especially excited for the big day. Not only is it her favourite holiday, it's also her birthday! And this year, she and her friends will celebrate in style—by attending Canterwood's first-ever masquerade ball. What Lauren doesn't know is that there's a special someone behind a mask, just waiting to be revealed. Will this mysterious guest make this masquerade magnifique, or will her perfect birthday bash become a bummer?



## Masquerade by Gayle Lynds

When you gaze into the mirror – and find a



stranger looking back? Liz Sansborough has no recollection of her past as a CIA agent; no idea what her future holds. For her, there is only the present... and the chilling knowledge that the world's most lethal assassin has set his sights on her.

When your only link to your identity is a stranger who claims to be your lover? Gordon is so gentle, so loving, and so secretive. If Liz dares to put her life into his powerful hands, will he guard it with his own – or snuff it out?

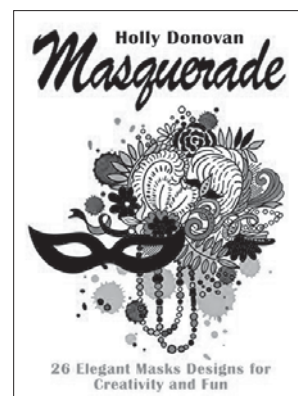
When violence explodes around you,

when nothing makes sense, when nobody – including you – is whom he or she appears to be? As Liz unravels a series of lies, she begins to suspect that the truth she encounters might be far more sinister – and deadly – than the original deception.

## Masquerade by Kit Williams

This 1979 treasure hunt picture book contains paintings which conceal clues to the location of a jeweled golden hare, created and hidden somewhere in Britain by the author. This book sparked a fad

of treasure-seekers in the 80's, and became the inspiration for a genre of books known today as armchair treasure hunts.



## Masquerade: 26 Elegant Mask Designs for Creativity and Fun by Holly Donovan

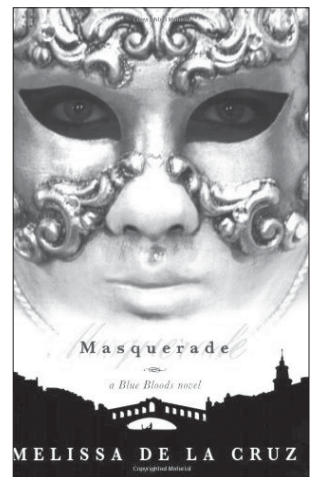
## Alphabet Soup

Colouring books aren't a new trend, but their increasing popularity may have you asking what on Earth is going on. While you may be tempted to think that this is a fast passing fad, you may be surprised to know that there are a vast number of benefits to be had from joining in on the adult colouring book trend.

This book shares just about everything you ever wanted to know about this budding craze. In addition to learning more about the benefits of colouring, you will find unique and creative pages so that you can try your hand at this new hobby. Forget the books that contain generic colouring designs and a paragraph about the benefits of colouring, this book delves into it all!

Inside you will find plenty of amazing patterns as well as explanation of some of the benefits of colouring, including the increase of sociability, a reduction of stress and anxiety, an increase in focus, and an increase in fine motor skills. After getting started on these unique patterns, you will find yourself spending more

and more time enjoying the benefits of colouring!



## Masquerade (A Blue Bloods Novel) by Melissa de la Cruz

Masquerade is one of a series of vampire-themed novels called Blue Bloods. In this novel, Schuyler Van Alen wants an explanation for the mysterious deaths of young vampires. With her best friend, Oliver, Schuyler travels to Italy in the hope of finding the one man who can help – her grandfather. Meanwhile, back in New York, preparations are feverishly underway for the Four Hundred Ball, an exclusive gala hosted by the City's wealthy, powerful, and unhuman – a true Blue Blood affair.

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do

*"All the world's a stage and all the men and women merely players." ~Shakespeare (As You Like It, Act II, Scene VII)*



## Card games as a creative outlet

BY RICHARD BUTTERS,  
ADVENTURE GAMES

To many, trading card games like Magic: the Gathering or Yu-Gi-Oh are relics of their childhood, confined as a fun pastime that doesn't hold up past adolescence. In fact, this is far from the truth! Trading card games can be a fun, challeng-

ing, and enriching part of life, regardless of age. These games really challenge your mind to think laterally and creatively, to enhance your experience with one of the most acclaimed hobbies in the world.

In Magic: The Gathering, there are three widely-accepted psychological profiles for players,

known as Timmy, Johnny, and Spike. Each of these profiles play Magic for a different reason, and the archetypes apply to almost any trading card game.

Timmy likes to win big. He doesn't want to eke out a last minute victory. Timmy wants to smash his opponents. He likes his cards to be impressive, and he enjoys playing big

creatures and big spells. One of the misconceptions is that Timmy has to be young. While it's true that younger players are more apt to fall into this category, players of any age can be a Timmy. What sets Timmy apart from the other two profiles is that Timmy is motivated by fun. He plays Magic because it's enjoyable.

Timmy is very social. An important part of the game is sitting around with his friends.

Johnny is the creative gamer to whom Magic is a form of self-expression. Johnny likes to win, but he wants to win with style. It's very important to Johnny that he win on his own terms. As such, it's important to Johnny that he's using his own deck. Playing Magic is an opportunity for Johnny to show off his creativity. Like Timmy, Johnny cares more about the quality of his wins than the quantity. For example, let's say Johnny builds a new deck that has a neat but difficult way to win. He plays ten games and manages to get his deck to do its thing at least once, which is enough for him.

Spike is the competitive player. Spike plays to win. Spike enjoys winning. To accomplish this, Spike will play whatever the best deck is. Spike will copy

decks off the Internet. Spike will borrow other players' decks. To Spike, the thrill of Magic is the adrenaline rush of competition. Spike enjoys the stimulation of outplaying the opponent and the glory of victory. Spike cares more about the quantity of wins than the quality. If Spike wins nine out of ten games, but believes he should have won the last one, he's unhappy.

Many people bridge the gap between these profiles, and incorporate aspects of some, or all of the given profiles. Regardless of which one someone falls into, Magic and other trading card games have a near limitless pool of potential to exercise your mind, stretch your creative muscles, or slake your lust for victory. To compliment the wide range of player preferences, many formats exist in card games so that any player can get the maximum enjoyment out of their hobby.

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## Salvation Army news

BY TAMARA ROBIN-  
SON, WILLIAMS LAKE  
SALVATION ARMY

When I was younger, my mother took me and a friend to see Ever After with Drew Barrymore. I remember watching that movie and thinking how cool it would be to live in old France, and to be able to wear the pretty dresses and walk around in those fancy masks at a masquerade ball. Some masks were decorated with diamonds, others in lace. I would think that my mask would be some colorful assortments of shiny things with a plume of purple feathers.

Of course, the days of the 18th century have long since left us; now we typically only see visible masks at masquerade parties or Halloween – the one night a year when we pretend to be someone or something else other than who we are.

Masks are an interesting thing; we all wear them. Now, I don't mean that we all have the opportunity to go to fancy galas that would require us to wear a mask to hide our true identity. The masks I am talking about are the invisible ones; the ones we wear to hide our true selves,

or how we really feel. While I don't mean to imply that we are all pretending – of course not – but I know times where it was easier to hide behind a 'mask' rather than admit that things were less than desirable. It can sometimes be even the little things, like when someone asks us how we are doing; how many times have you said "good thanks, how about you?" because well, it's easier to say that than admit you're having the worst possible time.

At the Salvation Army, we meet a lot of friends who wear a lot of

masks. These masks take on many forms and they are not all decorated the same. Some masks are emotional, decorated with fear and anger; some masks are decorated with sorrow and hurt, and some are decorated with hopefulness and resilience. While each mask is different, we recognize that each mask is just as important as the next; and we work hard every day to help individuals remove their masks in a safe and supportive way, so that we can truly address what is going on for them under the cover.

It has been a very busy month for us, and we are meeting a lot of new faces. For the month of August we served lunch to 2,056 friends, and breakfast to 774. Our food bank assisted 223 different families this month which included 24 teens and 59 children. The total dollar value of the hampers distributed in August was upwards of \$37,000.00; this of course would not be possible without the generous donations from this community. Thank you to everyone for your donations, and a heartfelt thank you to our many volunteers for their time and energy! We cannot do what we do without you!



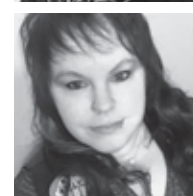
Christa Smith  
Publisher & Editor  
[christa@ccrproductions.ca](mailto:christa@ccrproductions.ca)



Craig Smith  
Publisher & Sales Manager  
[craig@thestew.ca](mailto:craig@thestew.ca)



Joan Oliver  
Advertising and Sales  
[sales@thestew.ca](mailto:sales@thestew.ca)



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**Tuesday Ready to Serve (children 7-12yrs)**  
**Food Bank & Drop-In Centre**  
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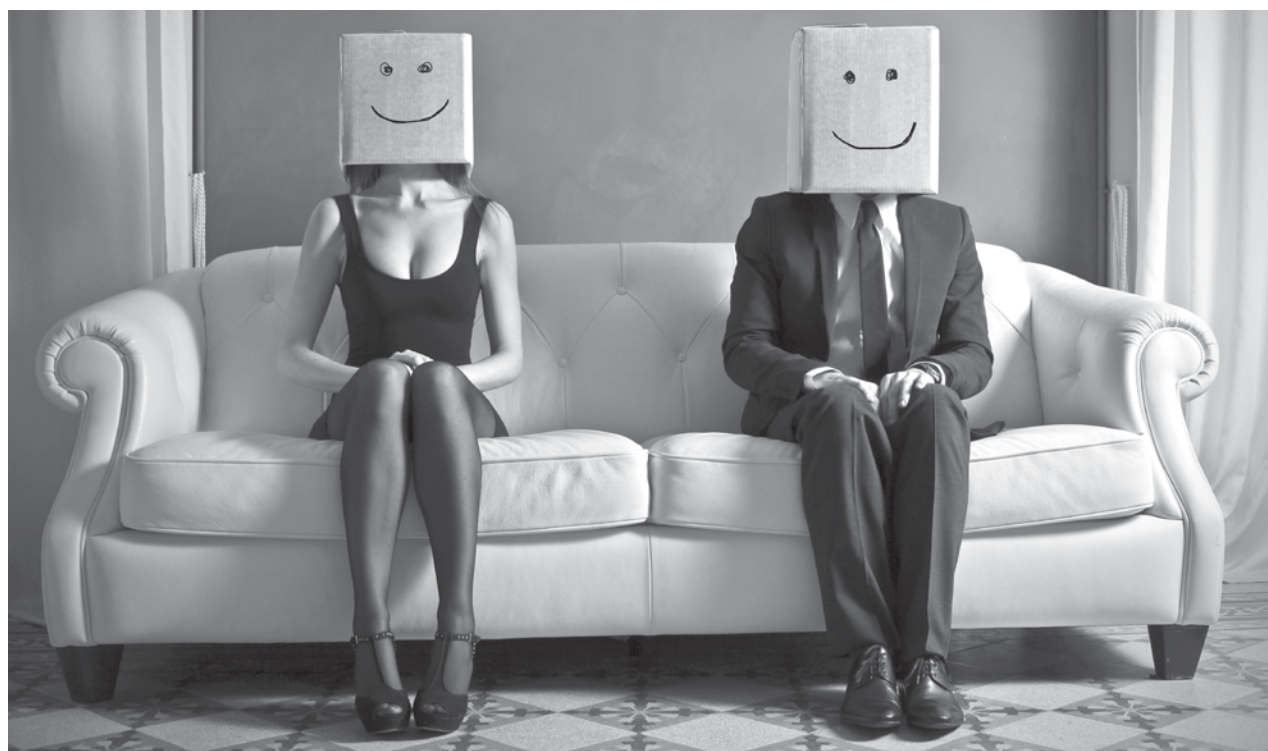
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do

*"The defenders of the status quo often masquerade as the preservers of harmony."*  
~Mark Sheppard

# Just who are you dancing with anyway?



Masquerade balls in movies always looked so exotic and exciting to me when I was younger. The actors would wear the most incredible costumes and the masks were just exquisite. The overall affect was a sense of glamour and an air of mystery and intrigue. Trying to guess who people were underneath the mask was half the fun. Who could be sure if that really was Uncle Bob kissing Aunt Sally?!

On a more serious note, people often wear masks in life. We learn how to cover over our true selves and only let

the people around us see what we want them to see, quite early in life. This happens, in part, due to the social norms we learn in order to "fit in," and in part, out of a sense of self-preservation.

The masks become a way of controlling our appearance to the world. A person nodding politely and shaking the hand of their new employer could be masking the desire to jump up and down and do a happy dance, for example. A child asking for a toy and then having a temper tantrum might be responded to with a stony-faced mother who

is masking her desire to shout, "I said maybe next time!"

In relationships we all wear masks to one degree or another. How much we let our masks slip depends on our comfort levels and how much we feel we can safely reveal to the other person. The more that we feel we can trust someone, the more we will be ready and willing to share with that person; this goes for both friendships and romantic relationships.

Trust takes time to build and develop, and it takes a fair amount of effort as well. It's not like Disney promised it

would be; we generally won't look into the eyes of the object of our affection and immediately be swept away, knowing we have found our Prince or Princess who will do us no wrong. In reality, it takes a lot more than that to know someone.

If you have the chance, go on Youtube and watch Leslie Morgan Steiner: Why domestic violence victims don't leave. Her powerful Ted Talk really highlights the necessity of really knowing someone, and how easily a person of any walk of life can fall prey to someone who wears their masks really



deceitfully and smoothly, so smoothly you feel certain they aren't wearing any but are showing you their true self.

The problem arises when the true-self you think you are seeing is too good to be true. The old adage, "when something seems too good to be true it usually is," clearly is still relevant. People who are overly agreeable, overly eager to please, overly interested in you can sometimes be motivated by something other than genuinely wanting to know you and forming a friendship with you.

It is helpful to know what a healthy relationship looks like. Someone who is genuinely interested in a positive, mutually beneficial friendship or relationship with you will be interested in a give and take relationship. They will want to spend time with you but will also be actively engaged in

pursuits of their own that they enjoy.

Another thing someone who has a healthy attitude towards relationship will exhibit is willingness to allow you to have a social life (friends and family) and they won't try to occupy every moment of your time. Time apart is always healthy, and time apart for your friends and family will help keep you from feeling isolated and alone. Someone who wants to spend all their time with you and hates it when you are out of sight might be someone who has a hidden issue with jealousy or control.

Taking the time to get to know who someone really is underneath the mask ensures that when you go to the ball you know who you are dancing with. You know the person you are investing in, whether it is for friendship or romance.

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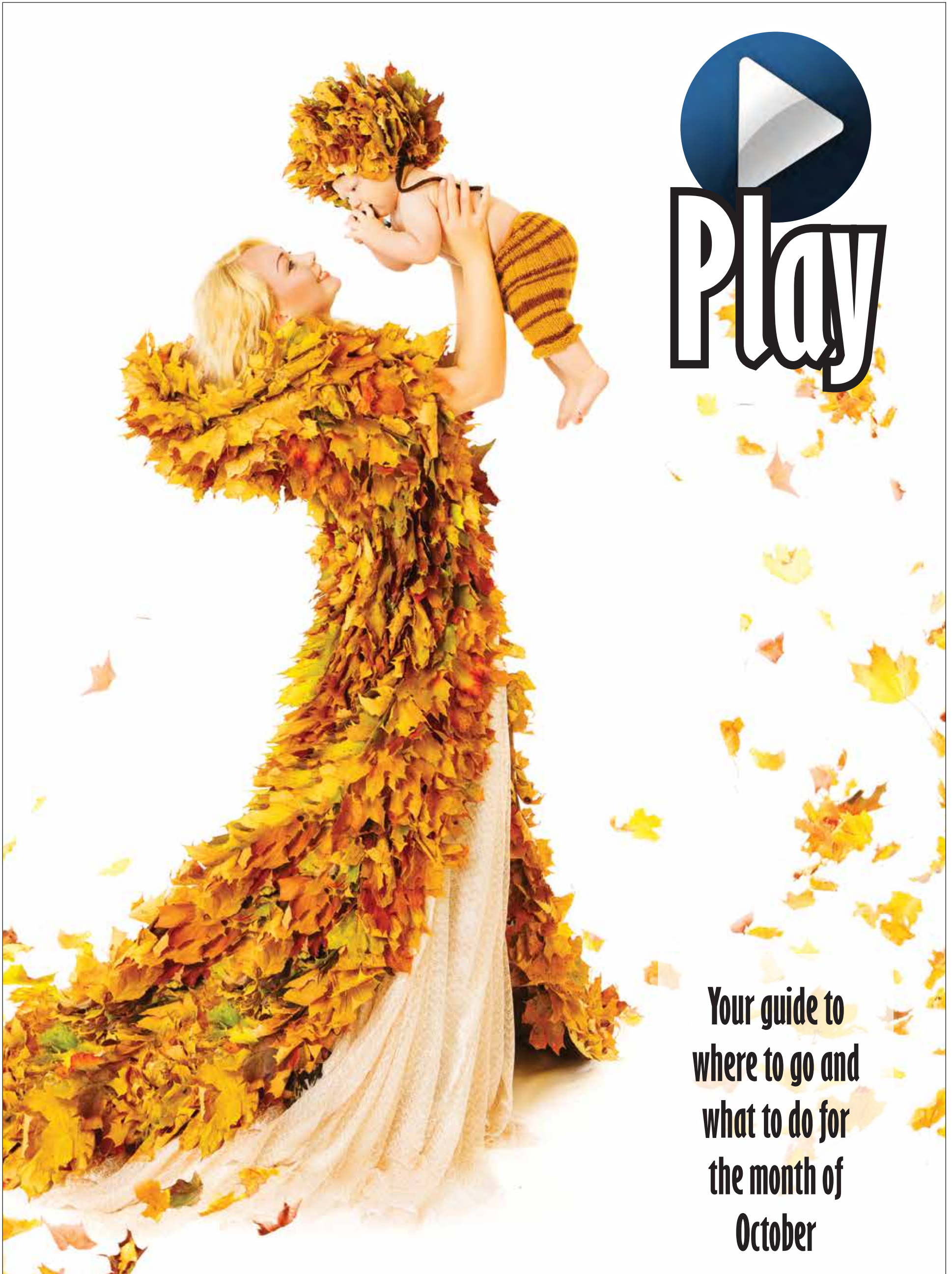
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**Your guide to  
where to go and  
what to do for  
the month of  
October**



# play

*"We are wearing a mask in the truth parade. We are waving our flags upholding this charade." ~Jonathan Thulin (Masquerade, The White Room album)*

## WILLIAMS LAKE & AREA

**October 1** BC Sheep Federation 2016 Conference, info: Natalie 250-296-4499

**October 1** Princess Ball, 690 2nd Ave N., proceeds to Child Devel. Ctr., \$50/1 child & adult, \$20/additional child, info: 250-392-4481

**October 1,8,15,22,29** Warhammer and Tabletop Games, Adventure Games 83C 2nd Ave S

**October 2,9,16,23,30** Sunday Morning Magic, 10am, Sunday Game Night, 6pm, Adventure Games 83C 2nd Ave S

**October 2** Shindig in the Park, rail tie burning information, music by Drum & Bell Tower, White Spider Shadow Puppets, Rowan Dolighan and more, free com-

munity gathering for the whole family, Boitanio Park, 2-5pm

**October 3** Seniors Bingo, FREE refreshments, Upper level Boitanio Mall, 1pm

**October 6,13,20,27** Just for Fun Ladies Singing Group, St. Peters Anglican Church, 7:15pm

**October 6,13,20,27** Jam Night, OV Pub, 9:30pm

**October 6,13,20,27** Pokémon Thursdays, Adventure Games 83C 2nd Ave S, 3:45pm

**October 6** Maranatha School Fundraiser Paint Night, 1278 Lakeview Cres, 6-8pm, tickets \$40 includes supplies, contact Becky Strickland at the School

**October 7,14,21,28** Friday Night Magic, Ad-

venture Games, 83C 2nd Ave S, 5pm

**October 7** Final Farmers' Market of 2016 & customer appreciation day, Boitanio Park 9am-2pm

**October 7** Nerdlesque with the Foxxie Follies, burlesque, the Occidental, 9-11pm

**October 7-29** Station House Gallery and WL&Dist Credit Union present (lower gallery) Karl Mattson: Hinterlands, sculpture and mixed-media, (upper gallery) Station House staff, hanging staff and directors: And Some... Not So Much

**October 12** Arts on the Fly Festival Society AGM, 3864 Horsefly Road, 7-8:30pm

**October 13** FREE Agricultural Business Workshop, Pioneer Com-

plex, 7:30am-4:30pm, info: 250-562-6325

**October 13** FREE Small Business Appreciation Month learning session, Successful Non-Profit Management: Balancing Cooperation and Competition, guest speaker Nancy Gale, 266 Oliver Street, refreshments and light lunch provided, pre-register: 250-392-3626

**October 14** Invasive Plant Field Tour and AGM, free, transportation and lunch provided, 9:30am-3:30pm, RSVP/info: 250-855-9333

**October 16** Harvest Walk, Run & Bike, Cariboo Memorial Recreation Complex, 7-9pm

**October 16,23** FREE swim – Sponsored by the BC Lions Club, Rec Complex, 1-4:30pm

**October 19** Performance by Lorne Elliot, Gibraltar Room, info: www.lorne-elliott.com

**October 20** Ruploops Youth Workshops, Lakecity Secondary WL Campus, info: www.rupsidhu.com

**October 20** Tween Halloween Howl Swim, Rec Complex, 7-9pm

**October 20** FREE Small Business Appreciation Month learning session, Business Licences, guest speaker Linda Evans, 266 Oliver Street, refreshments and light lunch provided, pre-register: 250-392-3626

**October 21** Halloween Howl Family Swim, Rec Complex, 6:30-8pm

**October 21** Safety Meeting Concert Series 2017 begins, ft. live music with C.R. Avery and guests, advance tickets at Red Shreds, doors 7:30pm, show 8pm

**October 22** Kaladesh Game Day, prizes, Adventure Games, info: 778-412-8699

**October 22** Diamond Dinner, cost includes an entry in the diamond raffle, auctions, raffles, door prizes, the Point Banquet Room, doors 6pm, tickets: Women's Contact Soc & Child Development Ctr

**October 23** Crib Tournament, Seniors Centre 176-4th Ave N, 1-4pm

**October 23** Bikers Against Child Abuse (BACA) meeting, public welcome, Big Brothers and Big Sisters suite 200-369 Oliver St. 1pm, info: 778-412-9323

**October 25-26** Crystal Man at the Hobbit House

**October 26** Pumpkin Carving at Cariboo GM, Noon, info: 250-392-7185

**October 26** FREE Small Business Appreciation Month learning session, Benefits of Belonging to a Business Organization, guest speaker Angela Sommer, 266 Oliver Street, refreshments and light lunch provided, pre-register: 250-392-3626

**October 27** Chamber of Commerce AGM, Signal Point Gaming, 11:45am-1pm

**October 28,29** OAPO Clothing Sale, Seniors Centre, 9am-2pm

**October 28** Messy Church, St. Peter's Anglican Church, 5-7pm

**October 28-30** Noopa Haunted House, 5-8pm, info: 250-392-5743

**October 28** Safety Meeting Concert Series ft. live music with Twin Peaks and guests, advance tickets only at Red Shreds, doors 7:30pm, show 8pm

**October 29** Timberland Ski & Board Swap, Rec Complex, 1-5pm

**October 29** Speaker Creatures: A Halloween Bash, ft. Emotionz & DJ Praiz, Pioneer Log Homes, 7pm-3am

**October 29** 4th Annual School District No. 27 Poverty Challenge, Signal Point Event Centre, 6:30pm, \$20, advance tickets only: 250-267-4522

**October 29** Eastern Star Tea & Market, St. Andrews United Church, 1-3pm

**October 29** Twisted Alice Halloween Party, Potato House, 19+ Event, 9pm

**October 30** Hotel Transylvania Skate, Rec Complex, 1-4:15pm

**October 31** Strong Start in the Park Halloween Fun, Boitanio Park, 10am-11:30pm

**October 31** Costume parade (zombie walk), Potato House, 5pm

**October 31** Halloween Fireworks, Stampede Grounds, 7:15-9pm

**October 31** Trick 'r Treat Downtown, ages 1-12yrs, Potato House, 4-6pm

## QUESNEL & AREA

**October 1** RCMA Fall Kickoff open mic, the Occidental, 7pm

**October 1,2** 2nd Annual Harvest Fair, Bouchie Lake Country Store, 11am-4pm

**October 1,8** Farmers' Market, Helen Dixon Centre Field, 8:30am-1pm

**October 1,7,8,9** Night Time Haunted Corn Maze and Haunted House, Australian Ranch, 1-9:30pm

**October 2,9** Daytime Haunted Corn Maze and Haunted House, Australian Ranch, 11am-3pm

**October 4** Live music, West My Friend, The Occidental, 8-11pm

**October 4** Quesnel Live Arts presents: Jim Byrnes, Chuck Mobley Theatre, 7:30pm

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**October 5** Business Excellence Awards 2016 Nominee Luncheon, Billy Barker Showroom, 11:30am-1pm

**October 6** Live music, The Ratchet, the Occidental, 8pm

**October 7** "Who Am I" Opening Reception, Art Gallery, 7-9pm

**October 7** Foxxie Follies Burlesque, The Occidental, 9pm

**October 8** Live music, Daniel Wesley, The Occidental, 8pm

**October 8** 43rd Annual Pow Wow, Youth Soccer Building, 11am-6pm

**October 9** Annual Thanksgiving Poker Ride, Baker Creek Gymkhana Grounds, 11am-5pm

**October 13** Quesnel Film Club Presents: Captain Fantastic, Carib Theatre, 6:30-8:30pm

**October 15** Live music & CD release party, The Joey Only Outlaw Band, the Occidental, 9-11:30pm

**October 15,16** ASBC's Behaviour Interventionist Basics Training Workshop, College of New Caledonia, 9:30am-4:30pm

**October 17-21** Inner Visions by Sherri BC Tour, Best Western Tower Inn, 9:00am

**October 20** Live music, CR Avery, the Occidental 8pm

**October 21-22** Barkerville Brewing Concert Series live music, Static, the Occidental 8:30pm

**October 22** Business Excellence Awards 2016, Seniors Centre, 6-11pm

**October 25** RCMA General Meeting, the Occidental, 7pm

**October 27** Quesnel Film Club Presents: Lo and Behold: Reveries of the Connected World, Carib Theatre, 6:30-8:30pm

**October 29** Madame Vile's Carnival of Villainous Vagabonds with Vile Pole Arts and Blackberry Wood, The Occidental, 8pm, \$25 at the door, prize for best costume, 8:30pm

**October 29** Halloween Ball, Gold Pan City Dance Studio, burlesque, 3 bands, 7:30pm-2am, 19+, tickets \$20 advance, \$25 after Oct 22, \$30 door

**October 29** Touch a Truck, Child Development Centre, 11am-2pm

**October 30** Quesnel Live Arts presents live music; Quartom, Chuck Mobley Theatre at Correlieu School, 2pm

**October 31** Ghostly Halloween Town Tour, Barkerville, 6:30-9pm

## 100 MILE HOUSE & AREA

**September 30-Oct1** Cariboo Trails HCBC Field Trails, Huber Farm, 70 Mile House, info: 250-456-6050

**October 1** Oktoberfest, dinner, games & dancing, 108 Community Hall, doors 6pm, dinner 7pm, advance tickets only, \$25pp at Lac La Hache Bakery, 108 Supermarket, Donex, or Central GM

**October 1** Oktoberfest, Forest Grove Legion, starts 3pm

**October 1** FREE Bike Rodeo, South Cariboo Rec Centre, 10am-2pm

**October 1,15** Open House at The Flying U Ranch, RSVP too 250-456-7717

**October 1,8,15,21,29** Meat Draw, Forest Grove Legion, 4:30-6pm

**October 1,8,15,21,29** Alcoholics Anonymous fireside family group, Untied Church, 8pm info: 250-791-1937

**October 1-23** Adrian Messner, "68 Years of My Art", Parkside Art Gallery

**October 1,2** Arena Driving Trail, Huber Farm and Equestrian Centre, 70 Mile House, info: 250-456-6050

**October 2,9,16,23,30** Alcoholics Anonymous, Health Ctr (rear of hospital) 7:30pm, 250-791-5286

**October 3,10,17,24,31** Bingo, Community Hall, doors 6pm, starts 7pm, super star 8:30pm

**October 3,10,17,24,31** Alanon, Health Ctr (rear of hospital) 7pm, info: 250-395-2532

**October 3,10,17,24,31** Women's Drop-in Volleyball, Lone Butte Community Hall, 9:30am

**October 3** West My Friend, live music at Parkside Art Gallery, 8-10pm

**October 4,11,18,25** Alanon Drop-In, Community Health Ctr (rear of hospital) 1-2pm, info: 250-395-7676

**October 4,11,18,25** Alcoholics Anonymous, United Church, 8pm

**October 4,11,18,25** HUGS help us get slim, 6300 N. Green Lk Rd, 1-9pm, info: Charlotte 250-456-7504

**October 4,11,18,25** Carpet Bowling Club, Interlakes Hall, 1-4pm, info: Kitty 250-593-4780

**October 4,11,18,25** Co-Ed Drop-in Volleyball, Peter Skene Ogden gym, 7-9pm, info: Kersti 250-395-1353

**October 4,18** Photo Group, Bridge Lake School, info: Larry 250-593-4362

**October 5,12,19,26** Bingo, g-ball, loonie ball & progressive, Lac La Hache Hall, doors 5:45pm, starts 7pm

**October 6,13,20,27** Full contact Stick Fighting, Lac La Hache. Info: [www.coilmohr.com](http://www.coilmohr.com)

**October 6,13,20,27** TOPS Club, take off pounds sensibly, United Church, 6:30pm info: Kirsteen 250-395-3344

**October 6,13,20,27** Indoor Farmers Market, Parkside Art Gallery, 10am-noon, vendor space available: 250-395-2021

**October 6,13,20,27** Royal Canadian Army Cadets, 5530 Horse Lk Rd, 18:30-22:30 info: Capt. Kevin Seal, 250-395-1181

**October 6,13,20,27** Alcoholics Anonymous,

108 Community Centre, 7:30pm

**October 7,14,21,28** Crib Night, Forest Grove Legion, 8pm

**October 12** Compassionate Friends, bereaved parents support group, 2nd Wednesday of the month, BJ's Donuts, 7:15pm info: 250-395-4417

**October 15** Ducks Unltd. 31st Annual Banquet & Auction, Community Hall, doors open 5:30pm, info: 250-395-2219

**October 22** CMHA presents, Comedy Night 2016, Community Hall, doors open 6pm

**October 25** Cottage Prayer Meeting, 6715 HWY 97 turn left at the blue Travelling Workshop sign, 7:30-8:30pm info: 250-395-3743

**October 29** Halloween Dance Party, 108 Mile Community Hall, Tickets available at Work N Play Clothing, Donex Pharmacy and the Screamin' Reel

**October 29-31** Curator Tom Godin; Orphaned Art-Re-appreciated, Parkside Art Gallery

**October 29** Halloween Dance Party 10, New Age Ent., 108 Mile Community Hall, 6pm-1am

**October 31** Histerical Halloween, 108 Mile Heritage Sight, 6-9pm

**October 31** Halloween at Lone Butte Hall, 7pm

**October 31** Halloween Fireworks, Forest Grove Hall, 7:30pm



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*"We are so accustomed to masquerade ourselves before others that we end by deceiving ourselves." ~Francois de La Rochefoucauld*

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## Avoid misleading marketing

SUBMITTED BY  
FLORENCE GONYER,  
COMMUNITY FUTURES  
CARIBOO CHILCOTIN

"How often misused words generate misleading thoughts" ~Herbert Spencer

We, as consumers, are subject to daily marketing emails, commercials and advertisements, all which promise the best product or services. How often do you shake your head at how deceptively crafty advertisements are, or worse, how many times have you fallen victim to misleading and false marketing, only to be frustrated and disappointed when you don't end up

with the results you were sold on?

Familiar with these common misleading marketing phrases?

- Double your income!
- Join millions of other customers!
- Amazing overnight results!
- No obligation or purchase necessary!
- Results guaranteed!
- The lowest price!
- Risk free!

For business owners it is extremely important to be cautious with your marketing tactics, and to ensure that you are able to deliver on the promise you have made. Entrepreneurs who do not deliver on their marketing prom-

ises and are only trying to upsell an alternative product are using something we refer to as the "bait-and-switch" tactic. A bait-and-switch tactic is to advertise special offers or exceptional prices and then not have it available once the customer shows up for the promised product or service. Baiting the customer into your store only to try and upsell an alternative product or service is called "bait pricing."

This is not saying you should remove such phrases from your marketing plan, just be certain that you can follow through with your promises – if you advertise "the

lowest price," make sure you're selling the lowest price product or service. You can also play around with wording and come up with a phrase that still catches the consumer's eye, but doesn't hold you liable for something you cannot offer. Instead of "the lowest price," reword the phrase: "our lowest price" or "price match guarantee." Using misleading marketing tactics is very risky and the repercussions can be devastating to your business. It might seem like a quick fix idea to drive customers into your business, but the long-term results could end up driving your customers away.

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# Child's play

BY DAWN WALL,  
WOMEN'S CONTACT  
CENTRE

There are many meanings for the word 'masquerade,' but if you have ever watched a group of children play dress up, the definition that fits children the best is 'to pretend to be someone else.'

Children seem to be hard-wired to enjoy this type of activity; dress-up play. Playing dress-up has often been considered a fun and imaginative activity, but one with little educational value. This, however, is very far from the truth. In the midst of creating a restaurant, blasting off into space, or clomping around in grown-up shoes, children are leaning to solve problems, to coordinate with other people, to co-operate and to think flexibly. Just imagine the skills required to turn that sand box into a dinosaur bone recovery site!

Dressing up is one of the first ways children learn about their likes and dislikes, their interests and their abilities. They have a safe environment in which they can roleplay different versions of themselves, and work at making sense out of what they see. They can safely work through confusing issues, scary issues or new life issues.

When children engage in dress up play, they become someone

else. They might be a policeman, a baker, a trash collector or a dog. When they put on the clothing in the dress-up box – a pair of shoes, and a hat – and use props, they are trying out that role. They become policemen, mechanics, and super-heroes.

By pretending to be other people, children experiment with different, new ideas and behaviors. They decide what they like and what they dislike. They explore parts of this new identity and take back to the real world what they want.

Playing in costume is a strong lesson in empathy. By "living" in the shoes of someone else, the child becomes that person. How they feel? Why do they do what they do? This is the start of understanding other people's feelings. They start to grasp various emotions and learn the words that can be used to express these emotions.

Children learn to be independent and creative thinkers that challenge the conventions of today. Why can't a boy wear a princess dress and also be a super hero puppy?

Dress-up play, or masquerade, stimulates many creative and imaginative developmental skills that will help make the child a well-rounded and successful adult. But most of all, this type of play is fun, and full of giggles, screams and silliness.

# read

## Who does he think he is?

A SHORT STORY BY  
LEIGH SANDERSON,  
WILLIAMS LAKE  
WRITER'S GROUP

I jumped ship in Bali, leaving Captain Dad to continue his adventures without me, since I was about to embark on my own adventures in Iran.

I continued corresponding with family in Calgary and occasionally received a letter from my father's father. One particular letter I received made me feel lucky I wasn't still aboard our yacht, The Wapiti.

In January, 1974, the Queen of England, Duke of Edinburgh, Prince of Wales, Princess and Captain Mark Philips were travelling aboard the HMY Britannia to attend the Commonwealth Games in New Zealand. The Royal Yacht was cruising through the British Solomon Islands, Papua New Guinea and Indonesia. Listening to the nautical BBC channel on the two-way radio, my father picked up a tidbit about the royalty sailing in the same area, and thought how wonderful it would be to invite the Queen on board our 45 foot yacht to have tea. After all, being royal subjects from Canada, he was sure she would accept.

According to my grandfather's letter, Captain Dad invited some dignitaries from New Guinea (how he met them I have no idea) to



sail with him and be part of the invitation for tea. The Royal Yacht, Britannia was anchored off the British Solomons when my father and his entourage approached the huge vessel.

The letter said my father was at the helm, dignitaries sitting alongside him, dressed in their finest and (reading between the lines) their drinks in their hands.

"Ahoy, Royal Britannia," Captain Dad hollered. "Permission to board?"

A member of the crew, dressed in military garb, weapon in hand, looked over the rail and proceeded to holler back, "DO NOT approach this yacht, Sir."

I chuckled as I read the letter, knowing darn well my father would not take NO for an answer,

and would continue to approach the large ship. Meanwhile, according to my grandfather, an official escort motor boat for the HMY Britannia came zooming around the bow of the Royal yacht, creating huge waves and causing The Wapiti to collide with the Queen's boat.

The crew from the motor boat were dashing around, not knowing exactly how to deal with this situation and hollered out, "What is your business here?" Mr. Tio, my father's guest and Minister of Foreign Affairs and Immigration of New Guinea, stood tall and hollered back, "We are officials from New Guinea and are with our Canadian friends to welcome Her Majesty, Queen of England, to come aboard for tea!"

I was imagining this chatter going on while my dad's yacht crashed against the Queen's ship. How humiliating it must have been when the crew of the motor launch

demanding the Wapiti's Captain get his boat under control and remove it from battering against the hull. Grampa wrote that arms were raised, insisting a line be tossed in order for the military to tow the sail boat away from the hull.

Once away from the Britannia, the Captain of the launch asked permission to come aboard. According to the letter, my father thought the entire episode was quite amusing, and watched Mr. Tio stand by the rail as the Military boat approached. With ropes secure, and the launch bobbing up and down, waves spewing between the two vessels, it was difficult for the man to jump from deck to the deck. As The Wapiti's Captain, my dad nodded his acceptance and watched while Mr. Tio stood, then asked if the Queen's men would like a cup of tea. He was ignored. The Lieutenant from the military boat, dressed in military regalia, approached Captain Dad and handed him an official document deporting him from the Solomon Islands, and a 200 kilometre distance restraining order from the HMY Britannia.

Mr. Tio seemed terribly upset about the entire situation and said, "We were just doing our duty as Royal Subjects to show our colonial hospitality, we meant no harm. Who do you think you are, keeping us from seeing our Queen?"

The Lieutenant replied, "The question, Sir, is who do YOU think you are?"

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*"The closing years of life are like the end of a masquerade party, when the masks are dropped."*

*~Cesare Pavese or Arthur Schopenhauer*

# All the world's a masquerade



A SHORT STORY BY  
ANNE MOUTRAY

Someone once said "All the world's a stage." They may just as well have said 'All the world's a masquerade' and thank goodness, so it is.

Each morning we get up, don our masks and happily go about our daily activities; what if we all went around unmasked; oh, truthful misery. Just suppose we didn't have our masks to hide behind, what a sorry day it would

be with all of us being completely honest and politically correct.

Imagine you are having dinner with dear old Aunt Molly and she again serves you that horrid milk pudding that she is so fond of. You

are wearing your well-fitting mask so you eat it, smile and say 'delicious' and make your usual enormous effort to keep the stuff down. This is not classified as a lie; it is just masking the truth for Aunt Molly's sake. Your aunt beams happily and all is well.

We all wear our masks and the world hums along pleasantly just as it should.

"My you look nice today," you tell me and I flash you an honest, maskless grin, and at the same time knowing full well that you are thinking, "Poor thing, she looks as if she has been put together from spare parts." I saw

myself reflected in the store window and know very well what I look like, but thank you for kindly hiding your thoughts.

Of course there are some cranky, hurtful people who refuse to wear a mask, and then wonder why they are never invited to dinner parties. Babies and young children who haven't yet acquired their masks but have learned to talk, who tell it as they see it and we smile because nobody can be offended by a child's truth. They will learn, soon enough, to conceal their thoughts.

"You are never to ask Uncle Frank why his nose

is so red", warns Mother. Time for disguise has come. The masquerade has begun.

My dog, my wonderful dog has never found a mask to fit her. Her eyes convey reproach and she means every look of it. 'I like the cleaning lady better than you' her face clearly states. I really must try to find a mask that fits her.

"What wonderful writing," I hear you say. I grin broadly, grateful that you are very obviously wearing one of your very best masks.

All the world's a masquerade, and thank goodness for that.

# Where's Walter?

A SHORT STORY BY  
SUSAN CARLSON

The phone book lay open to the yellow pages.

"Source of high quality latex facial masks and disguises," boasted the ad.

Walter scribbled the address on a sheet of hotel stationery. Half an hour later he stepped through a door that said MASK MASTER in bold gilt letters. Ghouls, witches, clowns, painted ladies and scar-faced thugs stared at him from the walls. There were vacant-eyed faces of world dignitaries and movie stars. Then he saw it—the wrinkled face of an anonymous old man, topped with a thatch of white hair.

"I'd like to look at that one, please," he said.

Walter was well-known

in the world of wood windows and doors. His start in the industry began shortly after his high school graduation, when at the age of 17 he began working the graveyard shift at the local window factory. The work ethic Walter had developed growing up on a small family-run farm, his drive to achieve, along with the mischievous twinkle in his green eyes, caught the attention of management and he was soon promoted to a more responsible position. Over the course of the next thirty-plus years, which included some night classes in engineering, Walter was put in progressively more responsible jobs. He was now Manager of Codes and Regulatory Affairs for one of the largest window



manufacturers in North America. In that position, he also became involved in several national and international, regulatory and quality control boards, and committees. Demands for his attention and advice were endless.

Hundreds of people milled past the displays of windows and doors. Manufacturers from sever-

al countries were showing off their latest products and designs at the annual international exposition. Shuffling from one area to another was an old man, notebook in hand. One entrepreneur, trying to discuss the advantages of his latest innovation with a potential customer, grew impatient with talking over the head of the

## Writers' Showcase

Short Stories by  
the Williams Lake  
Writer's Group



elderly fellow dawdling in front of his display, and asked him to move along to make room for others.

"Have you seen Walter?" he asked as he turned back to his client. "He knows this mechanism better than anyone I know and he'd be able to answer any further questions you have."

"No, I don't know where he is. It's odd—he's usually at these events. But he may have been called elsewhere. He's always on the go."

Back in the hotel room, Walter went over his notes. His masquerade had been successful. He had been able to gain much valuable information without being constantly accosted

by one acquaintance after another, wanting to show off a product or ask his advice. But he had come away with some unexpected knowledge as well—what it was like to be an old man in a fast-paced business world. No one sought his opinion. No one rushed to show him their latest idea. No one expected him to know anything important. He was in the way. People looked around him, above him, through him. No one made eye contact. He felt invisible.

A smile crept across his face. At least he had turned a couple of heads when he took the stairs out of the building two at a time.

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# Visit New Orleans for Mardi Gras



BY SYLVIA  
RASHBROOK OF  
ALL-WAYS TRAVEL

The biggest celebration in New Orleans, Louisiana is the "Mardi Gras," or in the English language, "Carnival Time." It is a world famous, annual, free party before the period of fasting for Easter in the Roman Catholic Religion; however, the carnival encompasses people from all faiths and cultures. The biggest day of celebration of the carnival season is "Fat Tuesday." Technically speaking, the carnival lasts for two weeks before lent; but in general, the final, big day "Fat Tuesday" is designated the Mardi Gras Day.

During those two weeks, there are several smaller celebrations with parades and music during the evenings. There are also day parties along the riverfront downtown,

mainly on Lundi Gras or "Fat Monday," followed by more parades in the evening. Then, just when you thought the carnival atmosphere couldn't get rowdier, the climax of Mardi Gras on the final day takes on a whole new meaning of the words 'wild party,' with shouting, singing, dancing and carousing.

The veterans of the Mardi Gras party recommend wearing masks and costumes to immerse yourself in this unruly adventure. Locals normally start the Mardi Gras in the morning and officially end the party at midnight Tuesday. The next day is the beginning of Lent – time to take off the beads.

I often wondered how this amazing event started, especially since it is a religious one – I find it rather odd, considering the early restrictions of the Catholic faith.

The first record of the Mardi Gras, was in 1730 in New Orleans, celebrating with music, dance, masks and costumes. By 1743, the culture of Mardi Gras was already established. The celebrations were sometimes prohibited by law but the wealthy people of New Orleans found a way to continue the gatherings.

By 1856, the business people of the French Quarters in New Orleans found a way to observe Mardi Gras by establishing Mardi Gras as a formal parade. They founded the first krewe (membership), the Mystic Krewe of Comus, the English version of the Mardi Gras, even though New Orleans considered it a French festival. This was later "Americanized" thus making it a far more elaborate celebration. The celebration took on the atmosphere of fun, frolic

and comic masquerading that included wearing grotesque, quizzical, diabolical disguises, making this a menagerie of strangeness. People walked, rode horses, and rode in carts, wagons, coaches, or cars through the street. They carried on this madness (music, shouting, singing, laughing, dancing) until the midnight hour.

Mardi Gras became a legal state holiday and the State of Louisiana made it an annual affair. The holiday was cancelled during the great wars, but New Orleans celebrated Mardi Gras in between, and ever since that time, except during the police strike in 1972.

Mardi Gras was also moved out of the French Quarters to Canal Street.

Contemporary, and with new traditions, Mardi Gras now begins on January 6th, called 'Twelfth Night,' with a

masked ball. About 50 costumed revilers herald the official opening of the carnival season by riding a decorated streetcar along St. Charles Ave. They are accompanied by Bands and group feasts, throwing king cakes to the spectators. The older, more established societies hold masked balls, but do not participate in the revelry of the parade, which they leave to the influx of tourists.

The population of New Orleans doubles during Mardi Gras. The five days preceding 'the big day' have several ordinances to follow. Wednesday begins with the Druids, followed by the Mystic Krewe of Nyx (the female members). Thursday night hosts the all-womens' parade. Friday night is the large Krewe of Hermes, satirical Krewe parades, and the Krewe of Morpheus. This leads up to

the daytime parade on Saturday and on Sunday.

Here are some crazy facts that you wouldn't believe happen during Mardi Gras. King cakes have a plastic doll inside representing the King (baby Jesus). Most of the 37,000 downtown hotel rooms are filled to capacity. Mardi Gras generates approximately \$840 million annually. New Orleans sells one billion strings of beads during the carnival. The most photographed float is the fatted bull marking the beginning of Lent when, in general, meat is not eaten. As well, approximately 350 floats participate in this event, on which 15,000 people ride. The traditional colors of the Mardi Gras are purple for justice, gold for power, and green for faith.

This fantastic carnival takes on a lingo all its own. Who would think that Ash Wednesday is the first day of Lent in which a Priest draws a cross on worshippers' foreheads as a sign of penitence? After the music and revelry of Mardi Gras, I imagine penitence might be necessary. There is the lingo of the carnival itself, such as favour, flag, king cake, Lundi Gras, Fat Tuesday, Maskers, Rex and so many other terms.

This is so wonderfully amazing – I would love to participate in this carnival. There is so much to see and do. If Mardi Gras interests you, let us send you to New Orleans to be part of this fantastic, huge party.

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# New Event Downtown

Join us for this brand new event to get families downtown at Halloween, trick or treating at local businesses from 4pm to 6pm.

Several businesses have already signed up that are wanting to stay open for the local kids and we'd like to involve as many Downtown businesses as possible.

Passports will be distributed to be stamped at participating locations when the kids show up to Trick or Treat, then they will be entered into a draw for multiple prizes when they hand in their completed passport. Passports will

be in stores the week before Halloween so everyone has a chance to pick theirs up and plan.

Each participating business will receive posters with each location's number on it to be displayed in their window.

Participating businesses are not required to donate a prize, but if you would like to, then that would be more than welcome!

For additional information, to donate a prize or to sign up, please call Jazmyn at 250-392-7079 or email us at [realmoftoys@outlook.com](mailto:realmoftoys@outlook.com).

## DIY dress up

Do you want to feel old? The Labyrinth had its 30th anniversary this year, which, of course, wasn't the same with-

out David Bowie being around to shake his head at or shine his dancer's belt.

Fun fact! Bowie wasn't happy with the baby sounds during Magic Dance so he made the gurgling noises himself.

That's not really relevant to anything here, but I just like to imagine him burbling and gurgling into a microphone, while frustrated that the real baby wasn't a good enough voice actor.

Obviously, I grew up watching The Labyrinth. Sad and need a pick-me-up? Labyrinth. Got dumped? Labyrinth. Need artistic inspiration? Labyrinth. Too tired to be around people? Coffee.

I took Bowie's death hard. There were very few people I looked up to in the creative world, and

## Pint-Sized

By Jazmyn Douillard



now both are gone. Usually when this sort of thing happens, tributes come out of the woodwork.

I'm no less susceptible to that call than anyone else, so out came the sketchbook.

Regardless of the fact I've never been a fan of Sarah, I do drool in jealousy at the iconic masquerade scene and her dress, but was always disappointed that everyone else was rocking these fabulous masks and she didn't have one. It made sense since she was supposed to be the ballroom lady on her music box, but still...

Kidlet 1 and kidlet 2 are watching the movie for the hundredth time while I smile at my own little Goblin King and Sarah. Halloween costume ideas are brewing as I sketch, but this time Sarah must have a mask!

If you ever find yourself in a last-minute costume race, a mask is a quick fix. Nearly every craft, dollar and toy store

has paper bases for masks, and with some creativity, you can make something amazing on a budget.

Feathers, sequins, gems, buttons, ribbons and paint are enough to get started. Throw on your favourite fantastic movie for inspiration and have at it!

Depending how thin the paper base is, paint isn't always a good idea because it can warp the mask. If you're afraid this might be the case, find some scrap fabric in a colour that matches your costume and glue that over the mask. To make it nice and smooth, use a slightly stretchy fabric and fold the edges over the back of the mask and then glue them down. Try to avoid liquid glues on the front of the mask because it can seep through the material, but they'll be fine to secure it better on the back.

It won't even take up a whole afternoon and you'll all be ready for the masquerade!

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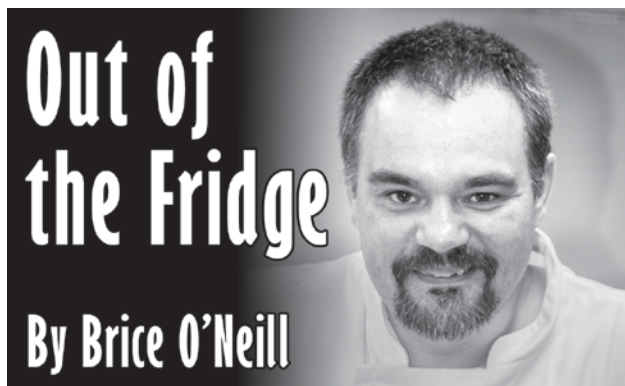
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# The customer service mask



**Out of the Fridge**  
By Brice O'Neill

The commercial kitchen environment is a masquerade – a show put on for our customers where we wear numerous masks. The front staff, many who struggle with their lives as single parents or struggling students must put on a smile that hides their internal struggles. Their jobs depend on their ability to make their customers happy, in exchange for tips, which in turn helps to feed their families. Keep in mind that most wait staff in restaurants make minimum wage, and in pubs it's even less. Most working people could not imagine living on \$10.75 per hour and surviving. Never mind having to deal with a vast array of different customer personalities from the kind and generous to the outright miserable and cruel. As a restaurant owner I find it disheartening when I watch our staff give excellent service and a customer walks away without so much as a thank you. Each and every staff member takes this to heart and it doesn't go unnoticed. I always remind

myself when I see those smiles, that there is most definitely another story behind that mask and I always make a point of tipping the suggested 15% gratuity when I eat out.

Then we have the back of the house – the pressure cooker that is the commercial kitchen can be nothing short of overwhelming. Maintaining calm under pressure is a skill that few can achieve, and it can take a lifetime of working in these environments to learn how. There are a lot of holes and dents in the walls of many food establishments from Chefs and crews punching themselves into calm. But on the line, they maintain, wearing that mask that must be put in place if the food is to be delivered. Many kitchen folk also have incredibly difficult personal lives, living on the edge from paycheque to paycheque. Many workers in kitchens lack higher levels of education, with the restaurant industry being one of the few employers left who do not require Grade 12. Walk into the back of the house

in a restaurant, and every employee will smile at the visitors and carry on with the masquerade. And by the way, it's time to remove my mask and expose that it wasn't a big guy in a white jacket writing this issue, but the owner/manager/front end staff/janitor/grocery shopper/baby sitter/ghost writer. Yep, that's me, Sue. Here's MY recipe for Gingerbread cookies a.k.a. Joe Froggers, which happens to be Brice's favourite cookie in the entire world.

\*\*\*

1 cup dark rum  
1 tablespoon water  
1 1/2 teaspoons salt  
3 cups all-purpose flour  
3/4 teaspoon ground ginger  
1/2 teaspoon ground allspice  
1/4 teaspoon ground nutmeg  
1/8 teaspoon ground cloves  
1 cup dark molasses  
1 teaspoon baking soda  
1/2 cup unsalted butter, softened  
1 cup granulated sugar

\*\*\*

Mix together the rum, water and salt until the

salt dissolves. Then, whisk together the flour, ginger, allspice, nutmeg, and cloves. Stir together the molasses and baking soda (the mixture will begin to bubble), and let sit approximately 15 minutes until doubled in volume.

Beat together the butter and sugar on medium for approximately 2 minutes, until fluffy. Reduce the speed to medium-low and gradually beat in the rum mixture. Add the flour mixture and the molasses mixture, alternately in two batches; scraping the sides of the bowl as needed. Cover the bowl with plastic wrap and refrigerate until stiff, 4-8 hours. Pre-heat oven to 375° and line a baking sheet with parchment. Roll out dough half an inch thick and cut out the cookies with a 3 to 3 1/2-inch cookie cutter, or the rim of a drinking glass (only 6 cookies per baking sheet as they will spread). Bake for approximately 6 to 7 minutes, or until the cookies are set and just beginning to crack. Remove from the oven and let the cookies cool. Enjoy.

## THE STEW MAGAZINE'S Monthly MIX



### HOLIDAYS OF THE MONTH

October 1

Senior Citizens Day

With people living and working longer, it's increasingly important that we recognize the importance of supporting senior citizens and OAPs within our society. This is an opportunity to acknowledge the long-term contribution and dedication of older people, and to ensure that we're doing our best to give something back to older people.

October 13

No Bra Day

Celebrating No Bra Day is as simple as not wearing a bra, but if you're in the mood to do more for yourself and others, then there are a number of important options. First off, get yourself to your doctor and schedule a breast exam; catching breast cancer early isn't difficult, and if you do so you'll have a greater chance of coming out of it without so much as a scar. Encourage your friends to do the same, and maybe even take some time to work together to create a fundraiser or support a local agency that's holding one.

October 21

Back To The Future Day

Have you been avidly awaiting the arrival of your flying car? The Hoverboard? Instant dry clothing? If so, you might be a fan of the blockbuster film franchise Back to the Future. It was a hugely popular film, with a great story line that introduced us to characters and a version of the world that captured the imagination of the world.

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read

*"Man is least himself when he talks in his own person. Give him a mask, and he will tell you the truth." ~Oscar Wilde*

# Time's run out

## Tasty Tidbits

By Paige Knights-Smith



### A SHORT STORY

...Continued from September's Stew Magazine

Joan watched the confusion fill Tommy's face as he turned around to the wall where Jack pointed. The fireplace that Tommy was so certain had been there was gone. In its place, a grey wall with several pictures of Joan's garden hung in an obscure yet interesting pattern.

Tommy rushed over to the wall and started feeling the bumps, looking for some way that the fireplace could be hidden inside of it.

"I don't get it," Tommy's voice was filled with the confusion and even more panic. "It was right here. I just came out of it."

Jack put his hands on both sides of Tommy, grasping his shoulders. "It's okay, Tommy. You're tired. It was probably just a dream."

Tommy shook him off, "No, dad, you don't get it. It was literally right here." He turned around and headed straight towards Joan. "What did you do with it? What did you do with our way home?"

Joan took a step back and

put her hands up in defence, "I don't know what you are talking about Tommy, I've never had a fireplace in here."

"You have!" He shouted. "You showed it to us when we first got here. Telling us that this was the way to get home. How are we supposed to get home?"

"I, I don't know," Joan's voice was shaky. She was not scared of Tommy, but she was worried about the way that he was acting towards her.

"Tommy!" Jack raised his voice. "Do not speak that way to Joan! She has been nothing but kind to us since we got here."

"But dad, she took away the only way we knew how to get home!"

Joan looked over towards Jack, "I really have no idea what he's talking about Jack. But maybe you should get him to bed. I, I need to..."

Joan turned away from the both of them, walked down the hall and into the bathroom. She turned the

faucet on and let the water run cold for several seconds before cupping both hands underneath the running water. Joan splashed some onto her face before looking at her reflection in the mirror. Droplets ran down her face, smoothing out what was left of her wrinkles along with them. A fluffy, orange hand towel hung on the wall, and with it, she gently dabbed away what water droplets were left.

She smiled as all of the creases on her forehead disappeared together with the wrinkles around her eyes. Joan's face now looked like she had in her early thirties, and her grin grew wider in satisfaction. Her mask, new in its appearance, was able to fool Jack. But Joan was unsure how much longer she was going to be able to keep up the masquerade with Tommy. The father was always more easily deceived by a pretty face, but Joan had never had to deal with a son before. If she was going to continue to work

her way into Jack's life, she would have to do something about Tommy. Joan bit her lip hard, and could taste the blood seeping into her mouth. She couldn't help but feel frustrated by the kid, and her lack of power over him.

"Joan?" Jack's voice called into the bathroom. "Are you alright?"

A giant bruise appeared on Joan's bitten bottom lip. Her lips appeared thin, showing for a split second her true age, and she grimaced in disgust.

"Yes, Jack," She called. "I'm alright." Joan turned the faucet back on and wiped water across her lips, pushing them back into a fuller, tighter look. The bruise was gone, her lips were young again.

Joan opened the door to Jack's concerned face.

"Where is Tommy?"

Jack sighed, "I put him back to bed, and he was so angry and scared. But he must have been exhausted too, because he is now out

like a light."

"Anger and confusion can certainly do that to you." Joan shut the light off and walked out the door. "I just don't know why he thought I had a fireplace."

"I'm not sure," Jack agreed. "I don't ever remember seeing one."

Jack and Joan walked the short distance from the bathroom, to the end of the hall where Joan's bedroom stands. She turned to face him and put her hand and his arm.

"Everything is going to be okay, Jack," she smiled.

Jack smiled back at her and relaxed at her touch. "Have a good night Joan."

Joan leaned forward and kissed his cheek, "You too." She turned around and walked into her bedroom, shutting the door behind her.

She smiled at how easily Jack was falling for the mask she put on. But now, she had to figure out what to do about Tommy.

To be continued....

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do

*"And, after all, what is a lie? 'Tis but  
the truth in a masquerade."*

*~Lord Byron (Don Juan: Canto 11)*

# The colourful history of theatre



BY SANDI ALARIC,  
WILLIAMS LAKE  
STUDIO THEATRE

The very thought of a Masquerade Ball conjures up visions of elaborate costumes and fantastical masks designed to hide a person's real identity. Under cover of these disguises, all manner of social liberties could be taken, because, of course, it is not really you doing something daring or socially unacceptable, it is the character denoted by your costume. Although the costume worn on the body was crafted with care and usually at great expense, it was the mask worn on the face that gave real mystery to the party goer's ensemble.

Archaeologists have discovered masks that date to 9,000 BCE. The use of masks may date back as far as 30,000 years. Although no actual masks have been discovered, cave paintings show that they were in use. The use of masks is worldwide and used by every level of culture. The Iroquois used masks in healing ceremonies, Himalayan cultures

used masks as mediators of supernatural forces and the Inuit peoples used finger masks to tell stories.

In ancient Rome, masks were used for many different purposes. "Persona" meant "a mask" and also referred to an individual who had full Roman citizenship. A Roman citizen could demonstrate her/his lineage by displaying wax cast death masks in the family shrine. At funerals, professional actors would wear these masks to perform deeds as in the lives of the ancestors, thus linking the role of masks to ritual and theatre.

The use of masks in theatre is worldwide. Japanese Noh theatre uses masks extensively, as did Ancient Greek theatre. The happy/sad masks so associated with modern theatre have their roots in Greek theatre. The two faces represent Comedy and Tragedy, and refer to the range of emotions presented by stage actors. These masks date from the time of Aeschylus, when the masks used were either full face or head masks, and were



standard acting props. Some of the masks that have been discovered employed a very practical device; built into the back of the open-mouthed mask was a brass megaphone. This helped the actor to project into an open air theatre. After the completion of a play, the masks were placed on the altar of Dionysus, the patron God of Theatre.

In medieval Europe, masks were used in mystery or miracle plays. The character playing God had either a gold or gilt mask. In the renaissance masques and ballet de cour developed. These were courtly masked entertainments that were

popular until the late 18th century. Out of these entertainments came the commedia dell'arte. These masked characters were the forerunners to our modern-day clowns. By the turn of the 19th century, masks were only used in avant-garde theatre.

Although modern theatre rarely uses masks in productions, we do rely heavily on makeup, wigs and prosthetics to help an actor develop her character. Instead of a stiff, single expression mask, the human face allowed to give the full range of human emotions that help an audience member become a part of the story being presented to them.

## Art Gecko

If you haven't yet stopped by the Café to enjoy the pottery show, don't worry, the Cariboo Potters Guild still has their show through until October 8.

Fall is here – be sure and drop by the Gecko Tree Café on Mackenzie Avenue for a specialty coffee, breakfast or lunch, and don't forget to check out their cake

of the day! This popular café offers a warm, friendly atmosphere, good service, great coffee and tasty food. Ask about our gluten free options.

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## De-mystifying credit vs debit

BY ADELE MCLEARN

### Credit Cards vs Debit Cards

Credit cards may offer reward benefits whereby you can receive free gifts/cards, etc. They also have

the potential of building your credit score if you pay on time and never go over your limit. The higher your credit score, the lower your interest rate may be, and you are usually more easily

accepted for loans/credit increases. It's also a great idea to be able to pay off your credit card in full at the end of each month. If you do not overspend and allow for purchases within your budget, you should

be able to do this. Credit cards tend to have greater security against fraud than your debit card.

Debit cards use money you already have which helps you to control your spending. One disadvan-

tage of using your credit card over your debit card is that you can allow yourself to overspend – you are basically spending money that you don't have yet. This can get out of control quite quickly. Before you know it, you have increased your debt load to a potentially higher level

than your budget allows, which in turn lowers your credit score. It's a bit of a vicious cycle once you are on the credit card track of overspending and making minimum payments. The interest charged on your credit card can also put you over your credit limit.

### Cash vs debit cards

Try taking the amount of cash out of your account for certain items for the month or pay period as compared to using debit cards to pay for items. When you are using cash, you tend to not want to spend as much – especially when you see your cash disappearing out of your wallet. When you use a debit card, you have no mental idea of how much your bank account is being reduced... until you look at your account online and then wonder where all of your money has gone!

Stop swiping and see how much money you save!



# Ho, Ho, Homicide

## Night of North Pole Naughtiness

### Wed. November 23

Doors 5:30pm • Dinner/Mystery 6:30pm at New World Café

**With the Christmas season well on its way, everyone at the North Pole is working hard to make this a holiday to remember.**

Despite the efforts of the arctic inhabitants, productivity is at an all-time low, upsetting many and putting Santa's legacy at stake.

Desperate for a change, there are many who are willing to do almost anything to increase efficiency and restore peace at the North Pole. But only one who will go too far and commit an act of murder in this mystical place. Will it be the audacious elf who believes they could run the workshop better? The remorseful reindeer ready to hide their secrets? Or possibly the unwavering wife

who will do anything to protect her family through any ordeal?

**As you join together for the Holly, Jolly Christmas party you will mingle with magical guests.**

In the end, you will need to decipher between the evil and the innocent, the righteous and the responsible, the naughty and the nice. To insure that the Christmas legacy continues unchanged, you will be called upon to employ your sleuthing skills to make certain that the criminal is caught!

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“A brilliant epigram is a solemn platitude gone to a masquerade ball.” ~Lytton Strachey

# Movies for costume inspiration



What draws you in about a movie? It's probably the awesome storyline or a favourite actor, or maybe the director's past hits, but the costumes keep you visually hooked. In some movies, the costumes are crucially important and the clothes make the movie so much better. The costumes can round out a character's development in the story, and the express the film's time and place at a glance.

Something a little different for this month's Popcorn Culture – focusing on movies with inspiring costume design. Take this opportunity to check out these great movies, and while you're at it, get some ideas for Halloween or your next themed party!

**Harry Potter Series**  
Without the cos-

tumes, they'd just be a bunch of children running around with sticks. The costumes sometimes added to the characters' personality, such as in the case of Professor Snape and Dolores Umbridge. Not to mention the house colors, which say so much about the kind of people who



would get sorted into those houses.  
**Narnia Series**  
The Ice Queen is just



one of the costume triumphs in the Narnia series. Look at the beauty with which the costume captured her character – just looking at her made us feel a chill spreading down our spine.

## Grease

This movie reminds you of a time when leather jackets were all the rage, and you'd have to be cool enough to earn it – I doubt the same effect could be achieved with a hoody. It sends you back in time, to when Rock n Roll was the genre of the hour, and puffy hair was the rage.

**Memoirs of a Geisha**  
From the kimonos



to the makeup, this film is on point – and it couldn't be cooler.

**The Hunger Games**  
Where to start – the flaming dress, which got Jennifer Lawrence



the title of 'The Girl On Fire' – to say nothing of Effie's wardrobe which brought out her personality with so much ease and vibrancy. It's honestly one of the best movies in the costume department.

layers of clothing or toppling over from the weight of the gigantic wigs? Looking nothing less than regal, that's how I imagined Marie Antoinette to be.

## Sex and the City 2

The dresses are to die for and would be one heck of a wardrobe to own, but when you make a movie about women in New York, you can't leave out designer clothes. When most of us see this movie, we remember Carrie's dress while running away from her kiss with Aidan – that's the power of excellent costume design.



## The Matrix Series

This 'cyberpunk' style of costuming, and the use of black emanated class and made a statement, which really made this movie come alive.

## Marie Antoinette

How are they even wearing that without tripping on a thousand



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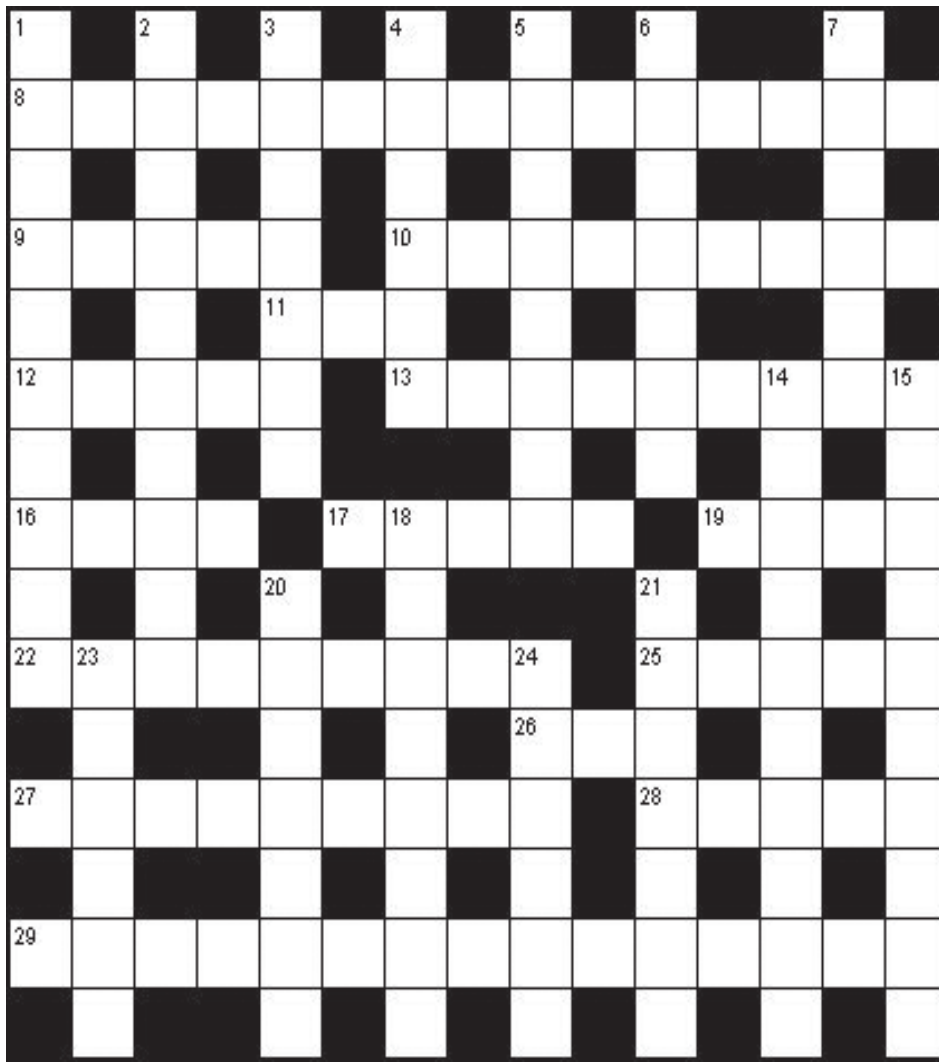
do

*This month's crossword is brought to you  
by the fine people at Bob Paterson Homes.*

# X-Word Puzzle

## ACROSS

- 8 Five digits recited in the nursery – or in the farm-yard perhaps? (4,6,5)  
9 Sing high notes? (5)  
10 Showing improvements in research? (7,2)  
11,26 The kind of attack needed to take 10 wickets? (3,3)  
12 Bite off toffee topping in eastern state (5)  
13 Old news in a short moment – couldn't care less! (9)  
16 What 8 may have had roasted in oven mark 10 instead of 5 (4)  
17 See 25  
19 Half a pair of trousers for Miss Brodie perhaps?



(4)

22 Rogue state divided by extract in café (9)

25,17 Get at Oscar? Unlikely, in his profession (5,5)

26 See 11

27 Advertisements describing 8's business? (9)

28 Pigment used in brooch repairs (5)

29 Activist elephant or donkey in America? (9,6)

## DOWN

1 Unenterprising type, 8? (4,2,4)

2 An Oscar to best (around the East) supporting animal (10)

3 Letter singer, 10, is to howl at (7)

4 When 10, she gets fitted into ballet shoes (6)

5 Artist taking poor doodle round to place of easy money (8)

6 Honest but conceited person lying in processed milk (7)

7 Animal has swelling in a main artery (6)

14 8's garden path perhaps? (3,3,4)

15 Allergic 10 when midnight's gone – end disastrously in theatre at Christmas (10)

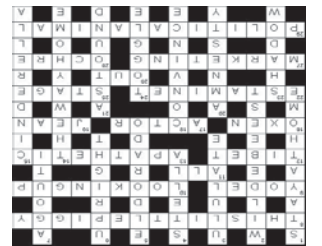
18 Persuade to study Van Gogh informally perhaps (8)

20 Pardon me – an awfully filthy place! (7)

21 Surprise a model in firm (7)

23 Tail implant suffered internally (6)

24 Get log out switch on computer (6)



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# Community Futures



Cariboo  
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*Growing Cariboo Chilcotin Communities... One Idea at a Time*

## Small Business Resource Centre

Community Futures invests time, resources and expertise with entrepreneurs in our communities. We are here to help businesses succeed and grow.

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## SMALL BUSINESS APPRECIATION MONTH

In celebration of Small Business Month, Community Futures Cariboo Chilcotin will be offering informational Q&A sessions to the public with weekly guest speakers.

**FREE** 45-minute learning sessions, held between **12:15-1:00 pm** in our Board Room at 266 Oliver Street. Refreshments and a light lunch will be provided.

**PRE-REGISTRATION IS REQUIRED**

Contact **250-392-3626** or **[flo@cfdccariboo.com](mailto:flo@cfdccariboo.com)**

## Lunch 'n' Learn Sessions

### Guest Speakers & Topics:

**Thursday, October 13th**  
**Successful Non-Profit Management-Balancing Cooperation and Competition**  
**Nancy Gale**, Executive Director, Cariboo Chilcotin Child Development Center

**Thursday, October 20th**  
**Business Licenses**  
**Linda Evans**, Development Services Co-ordinator, City of Williams Lake

**Wednesday, October 26th**  
**Benefits of Belonging to a Business Organization**  
**Angela Sommer**, Owner, Angelkeys Music Studio

**Thursday, November 3rd**  
**Financial Planning for Entrepreneurs**  
**Bob Piderman**, Senior Financial Consultant, Investors Group Financial Services

**Wednesday, November 9th**  
**Small Business Financing**  
**Ginny Mulvahill**, Business Analyst, Community Futures Cariboo Chilcotin