

the vind issue

Featuring Brock Hoyer Pages 6 & 7



On the Cover:

Wind in your hair, winds of change, or wind-worn; join us as we put our knees in the breeze and explore the many iterations of 'wind.'

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Wind therapy BY CRAIG SMITH

One of my fondest memories growing up was the time I spent in boys' choir in grade four and five. My voice at that time was at the high end of the scale until of course puberty hit and then it dropped three or four octaves. The year was 1974 and the popular songs were Billy Don't Be a Hero, Hooked On a Feeling, Sweet Home Alabama, Kung Fu Fighting, Band on the Run and Smoking in the Boys Room, just to name a few. While my taste in music was more towards the more popular music of the time our choral teacher was more into the folk type songs. What's funny is, to this day I remember all the words, to songs such as Seasons In the Sun, Hava Nagila (My Dad couldn't figure out why we were singing a Jewish wedding song), Me and Bobbie Magee, Take Me Home Country Roads, and one of my favorites, Blowing In the Wind. I'll bet most people reading this couldn't complete reading the last couple of sentences without humming one of these songs to themselves. Blowing In the Wind was one of music legend Bob Dylan's earliest hits from his second album. As his first album was mostly covers, his second was all original songs with the first one being Blowing In the Wind, a song that became one of the main protest songs of the 60s and 70s. This song has been recorded by, believe it or not, hundreds of artists since it came out in 1963 in English and has been translated into many languages. I liked it because one line, "How many roads must a man walk down," was referenced as the "ultimate question" in one of



my favorite books The Hitchhikers *Guide to the Galaxy* by Douglas Adams. Who would have thought that a folk singer protesting war in the 1960s would be given a Nobel Prize for literature over fifty years later? The Nobel Prize was created by Alfred Nobel in his will. It was an award for those who confer the greatest benefit to mankind in five fields, physics, chemistry, physiology or medicine, literature, and peace. The irony for Dylan is that Nobel amassed his fortune by being a major armaments manufacturer and the inventor of dynamite. Dylan did accept the award, and the answer why really is "blowing in the wind."

We want to hear from you! Email craig@thestew.ca

I had thought that this month I would dazzle people with scientific explanations about what causes wind, but after reading pages and pages of technical data I was probably more confused than before I started. The easiest way to describe wind is that it's the movement of gases due to millions of different

factors and variables. It ranges from a gentle breeze to hurricane force and it has been around since the beginning of our planet. It shapes our world, has allowed us to travel by ship before the invention of the engine and now is used to create power. It has inspired songs, poems, books, plays and movies. Ancient civilizations across the world revered it as either a God, or from God, and it was considered one of the four elements or four states of matter consisting of wind, earth, water and fire. It has the ability to make things cooler with wind chill, or has the ability, when combined with humidity, to make you feel hotter than the temperature really

I really wanted to write about how it makes you feel - I love the wind. From the gentle summer breezes to the biting wind that sucks the breath out of you in the middle of winter, I always feel exhilarated with wind movement. As soon as it's warm enough to not get

frostbite, my car window is open. Whenever I'm on a ship or ferry, you will always find me near the bow to get the wind in my face. This is probably why I count the days until I'm able to insure my motorcycle and put some miles under me. I got my class six licence when I was 18 and have only had one summer since then that I haven't had a motorcycle. I've ridden Hondas, a Kawasaki, a Norton, a few Yamahas and now my dream bike, my Harley that I call Serenity. My wife knows the effect riding has on me and has kicked me out of the house to go ride (I don't protest) if I've had a trying day, because she knows when I get home I'll have a smile on my face. If you ride, you know all about wind therapy. They say only people who ride know why dogs love to travel with their head out the window; it's all about the wind and the feeling that you get when it hits vour face. Try it one day and you'll understand exactly what I'm talking about.

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FIONA GREEN PHOTO

The Grahams of Tatla Lake, part 2





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"In small towns people scent the wind with noses of uncommon keenness." ~Stephen King

Looking Back

By Sage Birchwater The Grahams of Tatla Lake, pt 2

In 1930, big changes were about to happen at the Graham Ranch in Tatla Lake when Bob and Margaret Graham decided to build a stopping house. Bob purchased a steam tractor and hired Tom Chignell to drive it from the train station in Ashcroft. It broke down half way across the Gang Ranch and repairs had to be made before Tom could complete the journey to Tatla Lake.

The steam tractor was used to power a sawmill to

cut lumber for the ambitious new project. Though Bob oversaw the construction of the "Big House" as it became known, the vision of the mansion belonged to Margaret Graham. The building was completed in 1932.

"Ever since I can remember, Mrs Graham was putting up guests," remembered her daughter-in-law, Joy Graham. "She didn't call it an inn or anything like that, just a stopping house." It was built during the



Depression and there were many travellers who were looking for work, many of whom stayed and worked for the Grahams, crafting Margaret's vision of a perfect house.

Originally, there were six bedrooms upstairs and the master bedroom and big dining room were downstairs. Each bed in the house had two handmade quilts sewn by Margaret and Betty, stuffed with wool from their own sheep.

The place was heated by a factory-made furnace that took four-foot long pieces of firewood.

Lee Butler described the Graham's Big House as the

nicest house in the country. He said they had one dining room for special guests and another for family, ranch workers and friends who were visiting. He remembers dining with the family. "We were invited in for lunch and that was quite a thing. There were big oak tables, linoleum flooring, real silverware cutlery, and delicate china plates."

The Graham Big House was the only house in Tatla Lake with electric lights run by one of the first light plants in the Chilcotin.

Margaret Graham's nephew, Phil Robertson, said Bill Graham got the light plant and wired the

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house himself.

The Big House was also one of the first dwellings to have running water. Upstairs there were hardwood floors, brass fittings on the doors, and cedar cupboards.

The Grahams were well known for their hospitality, and if no one was home, the back door was always open and the coffeepot was always on. A truck driver once described how if nobody was home and you needed a place to sleep, you would go upstairs and any room with the door open was a free room. He said if you were hungry you could just make yourself something to eat if nobody was there to cook

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As the Graham children grew up, they each found their place in the family dynamic.

Alexina was six years old when she first came to the ranch in the fall of 1912. Because there were no schools, she ended up boarding out with an aunt in Alberta when she was ten years old to get her schooling. "I came home by train every second summer through the Rockies to Ashcroft, then by stagecoach to Alexis Creek where someone would meet me," she said.

It was clear to Alexina that she didn't want to chase cows the rest of her life, so she took teachers' training in Vancouver. In 1925, a school was started in Tatla Lake and Alexina became its first teacher. Classes were held in a little warehouse on the ranch at the beginning of the year, but in the spring a small log building was constructed for the school.

Alexina taught one year at Tatla Lake then got a job

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"I love the feeling of the fresh air on my face and the wind blowing through my hair." ~Evel Knievel



... continued from page 4

teaching at Meldrum Creek the following year. From there, her teaching career took her to Prince George where she taught for several years. She never moved back to Tatla Lake permanently.

'We always wore dresses," remembered Alexina. "My stepfather would never allow us to wear pants. We were allowed to wear riding skirts which our mother made from heavy denim. When my sister, Betty was 16, she put on a pair of pants and my stepfather told her to take those things off!"

She said they would order material from Eaton's catalogue to make clothes.

"Then Mother would cut them out and sew them up. This is where we got all our clothes because there was no store in the Chilcotin that had that kind of thing."

Betty was 14 years old the year Alexina taught school at Tatla Lake. There wasn't a lot for a young woman to do in that country, so Margaret Graham encouraged Betty to start a store and run the post office as a way of keeping her daughter at home.

It was common for the big ranches in the Chilcotin to have a store where extra items could be sold to people who lived nearby. In the early days, ranchers would make big supply runs to Ashcroft twice a year, using six-horse teams pulling two wagons. They would purchase bulk supplies of food,

hardware and materials needed for the ranch. It only made sense to haul extra flour, beans, sugar, dried fruit, hardware and other staples that could be sold in smaller quantities at a mark up to help pay the shipping costs. People were always coming to the ranch for extra supplies anyway.

Bill & Joy Graham

& Doreen in camp

By the time Betty started her store, the Chilcotin was well-served by trucker Tommy Hodgson who brought supplies and mail every week from Williams Lake. In time, Betty became the backbone of the Tatla Lake community.

She started her store in a small log building next to the old Graham ranch house. Then once the Big House was finished, she relocated her store to a small log building next door. In 1939, a brand new, larger store was built, which Betty ran for forty years.

Betty had a reputation for kindness and helping others. In particular, she is remembered for the way she looked out for Chiwid, the iconic Tŝilhqot'in recluse who lived outdoors in the Chilcotin for fifty years after receiving a severe beating from her husband.

Betty managed to secure a small government pension for Chiwid, then would track her down in her obscure camping places and deliver boxes of food and staples to keep her alive.

Betty married Fred Linder in the 1940s, and he is also remembered for his genial manner. It was said, when it came to emergencies, he was just the man to have with you. He seemed to always know just what to do.

Bill and Alex Graham took over separate aspects of the Tatla Lake ranching operation from their father. Bill became a mechanic, built a shop, and looked after the machinery and farming on the ranch. Alex was responsible for the cattle and horses.

Bill had the first bulldozer in the country and built roads across the region, from Chilanko Forks to the Bella Coola Hill.

Phil Robertson says Tatla Lake was a good ranch. Some ranches were more piecemeal and spread out with hayfields miles away from the headquarters, but Tatla Lake ranch had everything right there.

'You could be having or working with the cattle, then come inside for lunch. They did everything right from the house. Because the fields flooded every year, they never had to be fertilized. They got good crops year after year."

Phil's Dad Sandy was Margaret Graham's brother. After the First World War, he settled in Alexis Creek, and that's where Phil was born in 1927. He spent several summers at the Graham ranch as a young boy, and remembers the big having





crews when everything was done with horses. "There were two or three mowers and two or three rakes and four or five hay slips hauling the hay to the stackyards."

That meant a lot of hands were needed in the late summer and fall to bring the hay in. He says there was a big table set up in the basement of the bunkhouse to feed the hay crew, and extra room above the boiler in the shop for the men to sleep.

"It was full of men, and Aunt Margaret was a damn good cook. In the early morning, Ben Wilson would go and get the horses."

He says the horses were only used a couple months of the year during having time, then gradually the ranch became more mechanized.

"Gradually they got more machinery and they disposed of the horses. Now, two or three people can cut the whole hay crop."

Bob Graham died in 1952, followed by Margaret Graham in 1958. Fred Linder died in 1969, followed by Alex Graham in 1973. Betty married Hugh McDonald and continued to run Tatla Lake General Store until her death in 1980.

In 1976, the Graham family sold the ranch, and the Big House became known as the Graham Inn. Bruno and Jutta Krawzik bought it in the early 1980s, and turned the grand manor into a fine eating establishment.

Over the years, the Gra-

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"I can't change the direction of the wind, but I can adjust my sails to always reach my destination." ~Jimmy Dean







Featuring X-Games Gold Medalist, Brock Hoyer

BY CRAIG SMITH

Because I've been a motorcycle enthusiast for over 30 years, I was very excited to interview our personality of the month, Brock Hoyer. After spending the better part of an hour talking I realized that if I wrote about everything in the same detail as our conversation it would be enough for many pages instead of the condensed version that you are reading today.

Williams Lake born and bred, Brock got his start a lot later than the typical professional racer, competing in his first race when he was 14. Being on a motorbike began as just fun, but his Uncle, Galvin Hoyer, saw some natural abilities and convinced Brock's mom Debbie to allow Brock to race.

His first race was at the end of the season: Brock came in third and knew he wanted to keep racing. The next season, Brock and his cousin competed in six races and he did well. But Brock wasn't satisfied with just racing during the summer, so began racing in Arena Cross races when he was 16, and finished top five in all four races he competed in. He spent two years in the intermediate class, and at 18, turned

pro.

His first year as a pro was 2005 and Brock has been racing almost full time since then. During his graduation year in 2005, Brock didn't race quite as much, but since grad he's been racing almost non-stop.

Brock says 2006 was when the stars aligned for his career. He was almost ready to quit racing because he was paying for everything on his own with help from his mom. He worked two jobs and had been making bike payments since he was 16, but was offered a sponsorship during his second pro year from a company called RTR Performance in Kamloops.

Suddenly Brock was on his way, with a couple of bikes, parts, a place to live and a job riding Hondas. This full sponsorship was the break he needed to continue, and helped him get the recognition that is needed in this sport. From there, Brock joined the Kawasaki team for five years and finally returned home to be sponsored by Spectra Power Sports in Williams Lake. He now rides for Yamaha and is considered a factory rep.

A few years ago, Brock became interested in snow

bikes as a way of cross training in the winter, and found another motorsport he excelled at. After okaying it with Yamaha because the snow bike kit is a Polaris product, he rigged out his practice bike. He has been competing in Snow BikeCross for the last three years, and even though it's virtually impossible to compete in every race, he came in fourth overall. Brock is considered a pioneer in the sport and so he was invited to the first X-Games-sponsored snow bike competition, coming away with a gold medal for his efforts.

Brock doesn't know

what his future holds, but he is going to be racing at least for the next couple of years. He has become very good at "mechanic-ing" and is a certified welder; his passion is anything to do with engines. With a wife and two sons, he loves the fact that he is able to continue his career closer to home. If you don't see him racing, there is no doubt he is mountain biking, camping or spending his time building engines. We wish Brock the best of luck in the future, and if I'm lucky, I might get some snow bike lessons while he's in town.

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Janofalemont

FIONA GREEN PHOTO

► BROCK HOYER, X-GAMES GOLD MEDAL-IST, winning Pro-Stock with style at the February 2017 Sledgehammer Snow Bike-Cross event in Sicamous.



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"Those who remain unmoved by the wind of joy silently follow the Path." ~Bodhidharma

NYTIAN NA

Health and dental benefits being taxed??



There has been a great deal of speculation on the Internet from insurance companies, financial organizations and media regarding the possibility of the Federal government considering taxing health and dental benefit premiums.

What would this mean to you as someone who may have a group benefit plan provided by your employer? If you do not pay for any of the health and dental cost in your plan, it could make these benefits a taxable benefit to you at the end of each year.

At this point in time, the life insurance, accidental death and dismemberment and critical illness premiums paid into the plan on your behalf by your employer are listed on either a T4A or on your T4 from your employer as Other Taxable Benefits. These are approximately \$400 per year that you must claim as other taxable benefits. Under the possible proposal, this amount may increase by \$2,000 (or more depending on your specific group benefit plan). This could affect the amount of your potential refund if you qualify for a refund now.

This is not written into law yet – so what can you do to protect your taxation situation? Contact your MLA in writing and request that his/her office lobby



against any proposed change to the taxation of health and dental benefits provided under their group plan.

Justin Trudeau has been saying in the news that he is not considering this – that's great if that is truly the case. The amount that has been reported is 2.9Billion dollars in additional revenue for the federal government!

However, if no one speaks up and stands against this proposal and nothing is done to go against this possibility, it will be too late once the law is passed making this change to Canadian taxpayers.

Contact your MLA today to discuss this very important issue. It may be too late to complain about it later if it comes into effect.



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Stories blowing on the wind



"Few things leave a deeper mark on a reader than the first book that finds its way into his heart."

~Carlos Ruiz Zafón, The Shadow of the Wind



The Shadow of the Wind (The Cemetery of Forgotten), by Carlos Ruiz Zafon

A New York Times bestseller, this is a beautifully written, extravagantly told story of people whose lives are full of tragedy and sadness. Full of page-turning melodrama and intrigue, the real power of it lies in its ability to fully capture your imagination and take you away to enjoy an adventure you'll never forget.

The Name of the Wind (The Kingkiller Chronicle), by Patrick Rothfuss Discover the #1 New York Times bestselling



epic fantasy series, The Kingkiller Chronicle. The originality of this outstanding debut fantasy, the first of a trilogy, The *Name of the Wind* lies less in its unnamed imaginary world than in its precise execution. The simple proprietor of the Waystone Inn tells his life story; from his upbringing as an actor in his family's traveling troupe of magicians, jugglers and jesters, the Edema Ruh, to feral child on the streets of the vast port city of Tarbean, then his education at "the University," he is driven by twin imperatives-his desire to learn the higher magic of naming and his need to discover as much

as possible about the Chandrian, the demons of legend who murdered his family.



Gary the Go-Cart: Wind Blows, by B B Denson

Gary wants to go far and wants to go fast. He doesn't want to be slow like go-carts from the past. This book details Gary's adventure as he explores Wind Energy and compares it to Oil and Gas. You might be surprised by what he learns. This is not your typical book about the environment. Ms. Denson takes some rather complicated ideas about energy and makes them simple enough for even a child to understand.



Walking with the Wind: A Memoir of the Movement, by John Lewis and Michael D'Orso An award-winning

national bestseller and one of the most important



records of the American civil rights movement, this is a gripping firsthand account of the fight and the courage to change a nation. Inspired by his mentor, Dr. Martin Luther King Jr., Lewis's adherence to nonviolence guided that critical time and established him as one of the movement's most charismatic and courageous leaders. "Lewis spent most of his life walking *against* the wind of the times, but he was surely walking with the wind of history."

The Storyteller Trilogy: Song of the River, Cry of the Wind, and Call Down the Stars, by Sue Harrison The complete saga of

prehistoric Aleut tribal life in one volume: "Under Harrison's hand, ancient Alaska comes beautifully alive," ~The Denver Post

In Song of the River, eighty centuries ago, in the frozen land that is now Alaska, a clubfooted male child had been left to die, when a woman named K'os rescued him. Twenty years later and no longer a child, Chakliux occupies the revered role as his tribe's storyteller. We follow him on a harsh, enthralling journey in search of the truth. In Cry *of the Wind*, we follow Chakliux through forbidden love and a curse upon their peoples, travelling a dangerous path and encountering great challenges. In Call Down the Stars, we meet Yikaas, a handsome young tribal warrior and sage who has travelled across the sea to hear stories of the Whale and Sea Hunter peoples, and finds more than he



bargained. The fate of Chakliux is revealed with tales from the ancestors' past and tales from their own lives.



Wind River Rancher, by Lindsay McKenna

Known as the "Top Gun" of Women's Military Fiction, Lindsay is recognized as one of the most distinguished authors in the women's fiction genre. This new novel from the New York Times and USA Today bestselling author is the second in the Wind River series, the first being *Wind River Wrangler*. Not so long ago, Reese

Lockhart was commanding a company of Marines. Now his life is spiraling out of control. The Bar C ranch outside Jackson Hole, Wyoming may be his last chance to save himself. Shaylene Crawford, an Afghanistan veteran herself, knows all too well the demons of PTSD-that's why she's determined to turn her family's cattle ranch into a place where wounded warriors can work, find a home, and rebuild their souls. Her embittered father nearly drank and gambled the place away, but with help from a small crew of vets-including the newest arrival, the quietly compelling Reese Lockhart—she intends to hold on to her dream. And when someone tries to destroy that dream, Reese will do whatever it takes to defend it.



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Pirates of the Caribbean Bowl for Kids Sake

BY MELISSA NEWBERRY, BIG BROTHERS BIG SISTERS OF WILLIAMS LAKE

This year you will be able to catch the wind and sail on to Cariboo Bowling Lanes or the Big Country Lanes to participate in Bowl for Kids Sake 2017. Our theme, Pirates of the Caribbean, doesn't limit



your costume to a pirate outfit. Think of all the wonderful scenes in the movie series. You could be a swashbuckling pirate of the sea or an elegant courtier at the Governor's Ball. King Neptune and his underwater army would make an interesting costume choice. Whatever you decide to dress up as, you will be a part of something BIG!

Bowl for Kids Sake is Big Brothers Big Sisters' premier fun-raising event where people like you get together with friends, family, and co-workers to have a fun time bowling in support of Big Brother Big Sister mentoring programs in our community. In Williams Lake we will be hosting a fun-filled three day event on Friday March 31st, Saturday April 1st and Sunday April 2nd. In 100 Mile House we will be hosting our second Bowl for Kids Sake on Saturday April 8th. 100% of the funds you raise will support local children and families through mentoring.

Mentoring is a simple concept with BIG results. By changing the course of young lives, we in turn change the course of our community's future, leading to a reduction in poverty and unemployment, to safer schools and neighbourhoods and to a renewed optimism for growth.

If you want to have an even BIGGER impact this year, register your Williams Lake team by calling our offices at 250-398-8391, then challenge another organization of your choice to register a team, you could be the winner of \$500 in radio advertising. Do you want to Bowl in 100 Mile House? Call 250-395-5155 to register your team and challenge another local business or organization to be entered in our \$500 radio advertising prize.

Register today and BOWL for the KIDS!



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"When everything seems to be going against you, remember that the airplane takes off against the wind, not with it." ~Henry Ford



Smooth sailing. *How to keep your start-up* afloat that first year

SUBMITTED BY FLORENCE GONYER, COMMUNITY FUTURES CARIBOO CHILCOTIN

"To reach a port we must set sail –Sail, not tie at anchor –Sail, not drift." ~Franklin D. Roosevelt

How do you improve the odds of your small business surviving the first year of start-up? Here are some tips for smooth sailing into the second year of business:

First piece of advice - ensure that you have a business plan. It's often mistaken that a business plan is only required for those looking for

businesses succeed and grow.

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financing with a bank, an investor, or grant opportunities. A business plan is so much more than just a tool for financing; it is a map that outlines the direction of your small business. It generates a vision and keeps the focus on where you see your business over the next 2-5-10 years. A Business Plan doesn't need to be professionally written, nor does it need to be a 200 page polished document, it can just be a standard start up plan that outlines your vision and the financial forecast for your small business.

Our second piece of advice is to try and keep your overhead costs as low as possible in that first year. Work the business yourself instead of hiring staff, and if you do have to hire someone, try to do it as a work experience arrangement, volunteer opportunity, on-call or contract basis. Another tip on this topic is to find a location that fits your 'needs' not your 'wants'. Look into shared space leasing or pop up locations, then once your business has generated some steam, start looking into commercial leasing options. Try to keep your overhead as predictable and within budget as possible during the first year.

Third piece of advice – make sure you have enough start-up capital, you need money to get your business up and

running, and you need a "nest egg" to cover your business, for that first year and until its starts to generate its own income. One of the major contributors to the failure of a small business within the first year is being underfinanced.

Finally, during your first year, try to realistically reinvest as much as you can back into the business as possible - this is pivotal during your first year of start-up - that first year will not be about fattening up your own personal bank account, but more importantly the marketing and building up of your business brand or services. The more you reinvest into your business that first year, the stronger your foundation will be for the years to come, and the smoother the sailing will be into your second year of business.











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266 Oliver Street, Williams Lake • cfdc@cfdccariboo.com • www.cfdccariboo.com Serving Williams Lake, Bella Coola, McLeese Lake, Likely, Horsefly, 100 Mile House & 70 Mile House "You cannot kill a breeze, a wind, a fragrance; you cannot kill a dream or an ambition." ~Michel Onfray

Let's talk Magic

BY RICHARD BUTTERS, Expansions have been ADVENTURE GAMES released, creating

A few months ago I wrote about Magic: The Gathering and how it is one of the best card games ever created. The reasons I gave covered the game itself, but not the other side of the metaphorical coin. Magic enthusiasts fall into three broad categories; players, collectors, and investors. It is the third category that I will discuss here. Most people have heard stories of trading cards selling for thousands of dollars at auctions, but for Magic: The Gathering that is only the tip of the iceberg.

Magic's first printing is called "Alpha", and came out August 5, 1993. Since then, 18 Core Sets and 73 released, creating over 16,500 unique cards. As these cards grow older, their value increases, but not all cards are created equal. There are many factors that dictate how expensive a card is, from how powerful its mechanics are, its rarity, age, and condition. The vast majority of cards range from \$0.25- \$5, but there are many that far surpass those amounts. The current record price for a single Magic card was set a few years ago, for a perfect condition Beta (or 2nd) edition Black Lotus. Black Lotus is by far the most valuable Magic card, and it is any collectors dream to own one. This card will be a MINIMUM of \$3000, and the previously



mentioned perfect condition Lotus sold for over \$240,000. Enough to buy a nice house.

The main reason some cards grow to such great heights is because of an initiative called the Reserved List. Wizards of the Coast, the company that designs and produces Magic: The Gathering, has created a list of cards that they promise to never reprint again. This is called the Reserved List, and on it are a selection of old cards that if reprinted, will crash their value on



the secondary mar-

increase from here.

Many enterprising individuals opt to buy up vast quantities of Magic product, from Reserved List singles, to whole booster boxes of newer sets in the hopes that in a few years the price will have gone up and they can be sold for a profit. In fact, many people make a ton of money from these practices. Magic has changed countless people's lives from gaming, to hobby, to full-time job, and it will continue to grow worldwide. I've said this before, Magic is the best card game ever made, and arguably one of the best games ever. If you haven't tried it yet, what are you waiting for?









Your guide to where to go and what to do for the month of March Submit your events to craig@thestew.ca

WILLIAMS LAKE & AREA

March 1,8,15,22,29 Royal Canadian Army Cadet Corps (Rocky Mountain Rangers), offers youth 12-18 the chance to gain new skills and meet new friends, Wednesdays 6:15-9pm, Legion lower hall, info: www.3064rmrangcadets.org

March 1,8,15,22,29 Preschool Skate, Wednesdays 9-11:30am, Cariboo Memorial Complex

March 1,8,15,22,29 Adult Skate, Wednesdays noon, Cariboo Memorial Complex

March 2 Garden Club meeting, keynote speaker Rob Borsato from Mackin Creek Farms, networking, sharing of expertise and resources, 7pm, Arts Centre 90-4th Ave N

March 2,9,16,23,30 55+ Drop In Hockey, Thursdays 10am-11:30, Memorial Complex

March 2,9,16,23,30 Drop In Hockey, Thursdays noon-1pm, Memorial Complex

March 2,9,16,23,30 Pokemon Thursdays, Adventure Games 83C 2nd Ave S, 3:45pm

March 2,9,16,23,30 Just For Fun ladies singing group, supported by Women's Contact Society and Angelkeys Music Studio, everyone welcome, Anglican Church, Thursdays 7:30-9pm

March 3-4 Safety Meeting Concert Series, Wooden Horsemen with Malcom Jack, 90-4th Ave N 7pm, tickets: Red Shreds

March 3-25 Station House and Zone 4 present; (main gallery) "Potato House Project: Art of the Frame," local artisans craft frames to showcase historical objects discovered in the Potato House; and (upper gallery) "Helena Wadsley: Arctic Underwear," mixed media works based on women explorers of the Arctic; Station House Gallery, Mon-Sat 10am-5pm

March 3,10,17,24,31 Friday Night Magic, Adventure Games 83C 2nd Ave S, 5pm

March 3,10,17,24,31 Mall Walking, Fridays 10am-noon, Boitanio Mall

March 3,10,17,24,31 Adult Skate, Fridays 11am-noon, Cariboo Memorial Complex

March 3,10,17,24,31 Drop In Hockey, Fridays noon-1pm, Cariboo Memorial Complex

March 4,11,18,25 Warhammer and Tabletop Games, Adventure Games 83C 2nd Ave S, Saturdays all day

March 4,11,18,25 Public Skate, Saturdays 1-2:30pm, Cariboo Memorial Complex

March 5 Parade of Choirs, sponsored by Hough Memorial Cancer Society & Cariboo Men's Choir, Cariboo Bethel Church, 2pm

March 5 Project Build, dinner & auction, fundraising to build an ESL training centre in Lombok Indonesia, live music by Perfect Match, speakers, door prizes, Calvary Church 625 Carson Drive 5:30pm, tickets: \$10 250-398-9180

March 5,12,19,26 Sunday Morning Magic, Adventure Games 83C 2nd Ave S, 10am

March 5,12,19,26 Sunday Game Night, Adventure Games 83C 2nd Ave S, 6pm

March 5,12,19,26 Family Skating, Sundays 2:45-4:15pm, Cariboo Memorial Complex

March 5,12,19,26 Tails and Trails, children 0-5yrs, Sundays 10:30noon, Scout Island

March 5,12,19,26 Drop In Skating, Sundays 1pm-2:30, Cariboo Memorial Complex

- Meat Department Full serve, custom cuts, now offering Sterling Beef
- Bakery Department 🔒 Birthday cakes, baking for every occasion
- Produce Department Fresh produce, best quality
- Floral Department In-town delivery
- 1-888-391-9759 Collect and earn Airmiles
- Enjoy custom drinks from our Starbucks Barristas



March 5 Elementary School Ski Tournament, Bull Mountain 9am, register through your school

March 6 FREE Seniors Bingo & refreshments, upper level Boitanio Mall 1pm

March 8-11 "The Lodge: Gwen Pharis Ringwood" WL Studio Theatre production, 4100 Mackenzie Ave N, tickets available from www. wlstudiotheatre.com

March 9 Cariboo Potters Guild: Night of Decadence, featuring finger foods & music

March 10,24,31 Friday Night Drop-In Co-Ed Soccer, WL Secondary 7-9pm, info: williamslakesoccer.com

March 10 1st Annual Cariboo Chilcotin Film Fest, Gibraltar Room 6-9pm

March 10-12 Curling Club Open Spiel, info: wlcc@shaw.ca

March 11 Singing Workshop with Pharis Romero, all levels are welcome, potluck lunch, 10am-4pm, register early: \$50 at Central Cariboo Arts Centre 90-4th Ave N

March 11 Taking Europe by Storm present buffet dinner at Signal Point, auctions, 1st prize London Getaway, 6pmmidnight, U16/U17 boys soccer trip fundraiser

March 12 Daylight Savings Time, clocks "spring ahead" 1 hour at 2am

March 15 City Birthday Celebrations, Museum noon-6pm

March 15-18 "The Lodge: Gwen Pharis Ringwood" WL Studio Theatre production, 4100 Mackenzie Ave N, tickets available from www. wlstudiotheatre.com

March 16 WL Writers' Group meets 3rd Thursday of the month 6pm, Art Centre 90-4th Ave N, new members welcome, info: Linda levpur@shaw.

March 17 Safety Meeting Concert Series, Jasper Sloan Yip with Fontal Lobotomy, 90-4th Ave N, tickets: Red Shreds

March 19 Bikers Against Child Abuse (BACA) meeting, public welcome, Big Brothers Big Sisters 200-369 Oliver St. 1pm, info: 778-412-9323

March 20 Good Food Box distribution day, Elks Hall 1-3pm, purchase your box prior to distribution day every 3rd Monday of the month: \$10/small or \$15/large box 250-392-4118

March 21 Spring Break Public Skate, Memorial Complex 11am-12:30pm

March 22-25 "The Lodge: Gwen Pharis



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"It's a warm wind, the west wind, full of birds" cries." ~John Masefield

Ringwood" WL Studio Theatre production, 4100 Mackenzie Ave N, tickets: www.wlstudiotheatre.com

March 23 Laser Skate, Cariboo Memorial Complex 6:30-8pm

March 25th Families Fighting Cancer, dinner, dance, silent/live auctions, & head shave, Elks Hall 5pm-1:30am

March 31-April2 Bowl for Kids Sake, Pirates of the Caribbean theme, info/register: Big Brothers Big Sisters

QUESNEL & AREA

March 1-26 Youth Soccer Assoc. 2017 season, regular registration until March 26, late registration (waitlisted) March 27-April 22, season runs May 1-June 24, info/register: www.qysa.ca

March 2 Film Club presents The Eagle Huntress, Carib Theatre 6:30-9pm, adults \$9, seniors \$7

March 4-5 3rd Annual Discover Wellness Health Fair & Market, door prizes, admission \$5/day or \$8/both days, children 12 & under free, Seniors Centre 461 Carson Ave, Sat 10am-3:30pm, Sun 10am-3pm

March 10 Amata Transition House Fundraiser: Wooden Horsemen, The Occidental 228 Front St, 5:30-9pm, tickets: \$35

March 11 Quesnel Live Arts presents musicians The Lion, The Bear, The Fox, the Occidental 7:30pm

March 11-17 Prince George Dance Festival, 500 participants ages 6-adult from Northern BC performing a wide variety of dance genres, festival info: www.pgdancefestival.com, Friday evening Gala tickets: in advance at Vanier Hall

March 12 Daylight Savings Time, clocks ahead 1 hour at 2am March 13-16 2017 Festival of the Performing Arts: Vocal & Choral, info: www.qfpa.org

March 16 Thunderstruck: The Ultimate Tribute to AC/DC, live music, The Occidental 228 Front St, 9pm, tickets: \$20

March 17 Cariboo Craft Beer Festival, Seniors Centre 461 Carson Ave, 6-10pm, tickets: \$30

March 25 Alex Cuba / Purple Day for Epilepsy fundraising event, live music, dessert auction, silent auction, proceeds to VGA Seizure Investigation Unit, The Occidental 228 Front St, 6:30-11pm, tickets: \$35 Occidental, info: epilepsy.quesnel@ ymail.com

March 25 Rumble #22 hosted by 2 Rivers Boxing Club, 9-155 Malcom Drive, weigh-ins 2-4pm, show 7pm, info: 250-925-4834

March 27-31 3vs3 Hockey Skills Program, info/sign up: Arts & Rec Centre 250-992-8200

April 1 Made In The North dinner & dance, includes door prizes & 1 drink ticket Seniors Centre 5:30pm, tickets: \$60 contact Blue Jay Events

100 MILE HOUSE & AREA

March-Mayl Business Façade Improvement Program, submit application prior to May 1 deadline, info: 250-395-2434

March 1-3 Online voting opens for the Business Excellence & Citizen of the Year awards top 4 nominees in each category, info: Chamber 250-395-6124

March 1,8,15,22,29 Bingo, g-ball, loonie ball & progressive, Wednesdays, doors 5:45pm, starts 7pm, Lac La Hache Hall

March 2,9,16,23,30 Full Contact Stick Fighting, Thursday evenings in Lac La Hache. Info: Renée wlchick@hotmail.com or www.coillmohr.com

March 2,9,16,23,30 TOPS Club, take off pounds sensibly, Thursdays 6:30pm, United Church, info: Kirsteen 250-395-3344

March 2,9,16,23,30 Parkside Indoor Farmers Market, Thursdays 10am-noon, Parkside Art Gallery, vendor space available 250-395-2021

March 2,9,16,23,30 Royal Canadian Army Cadets, Thursdays 18:30-22:30, 5530 Horse Lk Rd, info: Capt. Kevin Seal 250-395-1181

March 2,9,16,23,30 Alcoholics Anonymous, Thursdays 7:30pm, 108 Community Centre

March 3 Rise and Grind Coffee House presents Ingrid Mapson 6:30-8:30pm

March 3,10,17,24,31 Crib Night, Forest Grove Legion Fridays 8pm

March 4,11,18,25 Meat Draw, Forest Grove Legion, Saturdays 4:30-6pm

March 4,11,18,25 Alcoholics Anonymous fireside family group, Saturdays United Church 8pm, info: 250-791-1937

March 4 23rd Annual Business Excellence & Citizen of the Year awards dinner, Community Hall, tickets: \$60 at Donex and Chamber office, info: chamber 250-395-6124

March 5,12,19,26 Alcoholics Anonymous, Sundays 7:30pm, Health Ctr (hospital rear entrance), 250-791-5286

March 6,13,20,27 Bingo, Mondays, doors 6pm, starts 7pm, super star 8:30pm, Community Hall

March 6,13,20,27 Alanon, Mondays 7pm Health Centre (hospital rear entrance) info: 250-395-2532

March 6,13,20,27 Women`s Drop-In Volleyball, Mondays 9:30am, Lone Butte Hall

March 7,14,21,28 Alanon Drop-In, Tuesdays 1-2pm, Community Health Ctr (rear of hospital) info: 250-395-7676

March 7,14,21,28 Alcoholics Anonymous, Tuesdays, United Church 8pm

March 7,14,21,28 HUGS help us get slim, Tuesdays 6:30pm, 6300 N. Green Lake Rd, info: Charlotte 250-456-7504 or Pat 250-456-2491

March 7,14,21,28 Carpet Bowling Club, Tuesdays 1-4pm, Interlakes Hall, info: Kitty 250-593-4780

March 7,14,21,28 Co-Ed Drop-In Volleyball, Tuesdays 7-9pm, Peter Skene Ogden gym, info: Kersti 250-395-1353

March 7,21 Photo Group, 1st & 3rd Tuesday of the month, Bridge Lake School, info: Larry 250-593-4362

March 8 Compassionate Friends, bereaved parents support group, 2nd Wednesday of the month, BJ's Donuts 7:15pm, 250-395-4417

March 12 Daylight Savings Time, clocks ahead 1 hour at 2am

March 28 Cottage Prayer Meeting, every last Tuesday of the month, 6715 Hwy 97 turn left at the blue Travelling Workshop sign, 7:30-8:30pm, info: 250-395-3743

March 30,31, April 1,6,7,8 Performing Arts Society presents Steel Magnolias, gala Mar30 7pm, April 1 & 8 1pm matinees, March 31 & April 1,6,7,8 7pm, Martin Exeter Hall, tickets: \$15 at Didi's & Donex

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Upcoming Events by Events, Etc...

(Fashion Show @ 7pm) **Sunday** 10am to 3pm Specialists galore will be present for this event to help make your

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Saturday 6 to 9pm

Show & Swap

special day unforgettable. Wedding Planners, Rentals, Décor Specialists, Floral, Photographers, Music, Spas, Hair Specialists, and more!

Tickets \$15/each, contact Events Etc... **Location:** Curling Rink Proceeds to Daybreak Rotary Starfish Backpack Program



Children's Festival SUN. MAY 28, 2017

Save the date! If you are interested in having a booth or organizing an activity, visit www.eerp.ca/community or contact us: eventsgrants@eerp.ca or 250-392 5512

Canadian Mental Health Association's Hootenany SAT. JULY 1, 2017

Barn Dance with live music by "One in the Chamber," At the Cariboo Memorial Complex, 8pm to 1am Tickets: Early bird tickets \$30/each until May 1, 2017, \$35/each after May 1, 2017. Ticket includes dancing and safe ride (pickup and drop off). We'll pick you up at home between 5 & 7:30pm, drop you off at the Rotary Steak Dinner. After dinner, Boot Scoot Boogie on over to the Complex or we can come get you.

00

Hauntfest SAT. OCTOBER 28, 2017 Dinner & dancing, haunted house and a safe ride

home! At the Elk's Hall, doors open @ 6:30 pm **Tickets:** Early bird tickets \$40 each, after August 20, 2017 \$50 each.

LL TICKETS: online at www.eerp.ca/community/event-tickets or contact Betty at 250-392-5512 • eventsgrants@eerp.ca



Social Events by Events Etc...

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"Wind to a sailor is what money is to life on shore." ~Sterling Hayden

Windy South America

Trail Mix

By Sylvia Rashbrook of All-Ways Travel

Who Has Seen The Wind, a novel by W.O. Mitchell who lived in the Canadian Prairies, depicts the strangeness of the wind as it flows around you, catching you unaware of its endless presence. Sometimes it is strong, other times it is a gentle breeze blowing in your hair and against your face. It is always there though, incessantly blowing against you; yet not being able to see or touch it. Growing up on the Prairies, there was a constant reminder of the wind; the hum and swoosh of its spinning and swirling gave me a feeling of insignificance. There were times when I welcomed it; and, other times when I wished it would go away and leave me alone. It was dreadful in its full force during the winter season in blizzard conditions. I just naturally assumed that Saskatchewan was the windiest place on Earth; however, not so. When my husband and I settled in Williams Lake, we were amazed at the lack of wind. There were times when we would simply listen for the wind in the evergreens but it wasn't there.

The windy southernmost tip of South America has always been a place that I wanted to visit, and Argentina and Chili remain on my bucket list. I suppose this part of the world interests me because this is the area where the Altantic and Pacific Oceans meet. This is also the area of Cape Horn where the great Drake Passage lies, and yes, these places have wind. Cape Horn is located on Isla Hornos in the Hermite Island group. It is the northern edge of the Drake Passage in the Cabo de Hornos National Park, and is in Chilean territorial waters.

Speaking of the Drake Passage, it is on the extreme southern latitude of the Horn at 56 degrees south. The waters of the Passage provide a wide route – about 800 kilometers wide – certainly enough sea to maneuver sailing vessels in the event of extreme wind and weather conditions.

The Horn is notorious for its huge, strong waves caused by the tempestuous winds where the waters inspire fear in the hearts of mariners that dare to sail this passage. Over the past 400 years, these waters have claimed the lives of approximately 15,000 sailors and sunken approximately 1,000 ships, earning its nickname 'the graveyard of ships'. In 1992, on the hilltop of Horn Island a monument was built in memory of mariners who lost their lives trying to navigate around the Passage. Many ships turned back because of the adverse weather conditions caused by the horrific winds. The prevailing winds in latitudes below 40 degrees south are blowing continuously from west to east, clashing to squalls of 40 feet in height; and sometimes giving rise to 50 or 60 foot high waves. As History has it, the Panama Canal was built for sailors to avoid fighting the winds, waves and currents; the goods and supplies from

Africa, Asia and Europe often could not pass through the furious waters of the Drake Passage.

Cape Horn is located at the southernmost tip of the Tierra del Guego archipelago of Southern Chili. The location marks the spot where the Pacific and Atlantic Oceans collide. Interestingly enough, the annual rainfall on the islands Cape Horn is approximately 1,357-2,000 millimeters. Wow! The winds are reported to average 30 kilometers per hour all year round, and there are approximately 278 days of rainfall and 70 days of snow here - I think I'll pass on visiting the Cape.

However, Cape Horn is by no means the only place on the Southern tip of South America that has unbridled winds. Towns on the Argentina Patagonia side (the name translates as 'Big Foot' for its size and shape) are spread along the coast and inland along the foothills of the Andes. Some of the towns are perfect locations for filming movies that are existential in nature, due to the arid scrub bushes, grasslands and steppe-like plains (almost bare of vegetation) near the Andes Mountains. It is pretty sparsely populated and there are a few freshwater ponds and lakes. Then, towards the Andes the plains give way to porphyry, granite and basalt lavas. Animal life becomes more prevalent in these areas of increased vegetation. On the west Andes the low sea temperatures fuel cold and humid air masses causing some of the largest ice-fields in the southern hemisphere.

The two cities of Punta Arenas, Chile and Rio Gallegos, Argentina rate second and fourth out of the top five windiest cities in the world.

The City of Rio Gallegos has a cold, semi-arid climate with occasional snow during the winter. It is one of the windi-



est cities on earth - with winds up to 50 kilometers per hour every day. The winds reaching up to 100 kilometers per hour are not unusual. Rio Gallegos is the Capital City of Patagonian province of Santa Cruz in Argentina. Its city airport was used as the main base during the Falkland War for Military use. It is still the main airport for Falkland Islands tourism. The conditions are ideal for wind surfing, hang gliding, yachting, and sea fishing if you like that sort of sport. In fact, the route of several around-the-world ocean yacht races take the sailors around the Horn! Prominently and namely the Volvo Ocean race, the Velux 5 Oceans and the Vendee Globe Races took place featuring Cape Horn. As well, in 1987, the first ever sailing kayak, piloted by Nigel H. Seymour, sailed around the Cape.

In spite of the opening of the Suez and Panama Canals, the Horn still remains the route for recreational long distance sailing. The undertaking of sailing around the Horn is sometimes compared to the climbing of Mount Everest.

Moving on to the Chilean side, the City of Punta Arenas (or Sandy Point) is the Capital City of Chile's most southern region, and is the largest city south of the 46th parallel. Because of its low sea latitude it has a subpolar ocean climate from -1 degree Celsius in July, to highs of 14 degrees Celsius in January. This City is also known for its strong winds. The prevailing winds around the extreme south at Punta Arenas are the westerlies which produce a heavier precipitation because of the strong windblown ocean currents. The population of Punta Arenas is roughly 127,000 people not very large!

The southern seasons are opposite to our North American ones. Springtime in the southernmost part of South America is October through November, and summertime is December through February. These months are the best times to visit, while the temperature is relatively mild for tourists to enjoy the attractions.

If you like adventure travel, there is so much to see and do in this remote region of South America. It is the gateway to the vast ice field and shield of the Antarctica Continent. Please come see us at All-Ways Travel if you would like to book an adventure to where the Pacific and Altantic Ocean meet – we can get you there!



"Anger is a wind which blows out the lamp of the mind." ~ Robert Green Ingersoll

How to make your own jet stream





A tumbleweed of thought blew across my mind - a thought I didn't want. It sneered in my ear that I needed to change. Puh-leeeze! My couch has been in the same place so long that its indentations extend into the basement!

But as new possibilities wafted in, flapping at the corners of my mind's curtains, I finally gave in. It was time for some change. Time to exchange the stale air of sameness for the freshness of something new.

Art Gecko

The Gecko Tree invites you to their monthly artist's show and sale. If you are interested in having your own show and sale, contact Beatrix Linde, Gecko Tree curator 250-440-5759.

MARCH I TO APRIL 8, BETHANY CLARK

Bethany Clark lives in Williams Lake with her husband and three boys. She grew up in Nanaimo and is inspired by water and coastal landscapes. However, since moving to the BC Interior, she has also found inspiration around her here, and now paints a mixture of the two. She has always declared since she was small, that she wanted to be an artist. It drives her husband a little crazy, having her easel in the middle of their living room and painting paraphernalia everywhere.

As well as her landscapes, Bethany also does custom portraits, which you can find online in her Etsy shop, The Painted Lady Studios.





Where am I going? Many-a-time I've wished I could see life as a TV weather map – from above. Where the climate comes from, and where it's forecast to go. I need a personal weathervane to tell me what's happening, and help me know when to batten down the hatches. As Michel Eyguem spouts, "No wind favours him who has no destined port."

Am I prepared? For those not wanting to be blown away by the winds of change, securing our values before leaping can help, as can taking a conspicuous peek at the mistakes of others. A rancher doesn't fear the whirlwind if his haystacks are tied down.

What are the risks?

When traveling long, dusty hours by truck in Zaire, my siblings loved to open the window and play 'airplane' with a hand. But one risk-taker tried something else. He opened the wind-wing (remember those?) and "oo-ee-oh-aw" made different sounds as the air streamed into his mouth. Until one day he caught a bee.

Might I need some challenges? No one would beg for a hurricane, but a quick glance at windward and leeward trees easily demonstrates which one

the Wind?

Could there be joy in the tempests? She was just 4'8", and while walking near the Cliffs of Moher on the coast of Ireland, a stiff 40-knot gale caught and pinned her in place. She stood there, waiting for someone to come and rescue her. And while she waited, she opened her eyes, threw back her head, and laughed. Her happy shrieks carried to everyone.

What am I practicing? Sometimes blasts come to disturb our environment. As little human wind generators, we can let disturbances give us power energy that can be used either as joy or anger. Thus it is that we pick the sounds for our wind chimes. We design the atmosphere ourselves. We can sweeten the world around us as a zephyr would, or extract life from it like a desiccating sirocco.

What am I thinking?

The Category 4 storms we face not only mess up our hair, they force us to recognize what we need. "We can't control the wind. but we can adjust the sail." (True enough, Mr. Skaggs!) And no matter where the breeze comes from, if we tack a little, we can use it to get where we want to go. To change anything, we need to change our thinking.

Airplanes take off best when headed into the wind. Kites graduate best from garage decoration to freedom only in boisterous weather. When the air stirs, a sailboat can finally move. There's more opportunity in a squall than in the doldrums.

If a jet-stream is elusive, create one! The real danger is – if we shut our eyes tightly against every gale, we will never see the light. Thoreau was right – there is "no surer test than wind, because anybody can love sunshine."



has stronger roots. The winner is the tree in the struggle. Children who are allowed to strive for results become adults who will persist. If life comes too easily, our determination may simply be 'Gone with





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Worship 267 Borland Street, Williams Lake Sunday Worship 10:30am, fellowship coffee after church Tuesday Bible Study 7-8pm

Food Bank & Drop-In Centre 272 Borland Street, Williams Lake Breakfast 9-9:45am and Lunch 12-12:45pm





"Kites rise highest against the wind - not with it." ~Winston Churchill

Did you know that Williams Lake is the fifth sunniest City in the Province? We have, on average, 1,986 hours of sunshine over 308 sunny days (according to *currentresults*. *com* a weather & science facts website). We may have long, cold winters, but we have beautiful blue sky during those chilly davs.

When I was a kid growing up in the Okanagan, we had a lot of grey days. Winters were quite depressing; despite the little amount of snow and generally warmer days, it was often dark

and clouded in. Once we started to head into spring, we'd finally get some open skies before the rain hit. I lived on a hay farm and as soon as we saw a sunny day, we'd celebrate by hitting the huge fields and flying our kites. There wasn't much time to take advantage of the perfect conditions: rain-free, breezy but not too windy, and sunshine but not scorching hot. But here in the Cari-

boo, the second the snow melts you can hit an open space with a kite and have at it. If your kite is a bit dusty or maybe too

wrinkled to fly, you can hit up any number of local stores for a new one. OR! If the stores haven't packed their seasonal sections quickly enough for you, try making a simple diamond kite.

When you think of kites, you probably imagine the diamond-shaped contraption first. The most traditional and simplest to make yourself, you can get one of these put together in well under an hour, or an afternoon if you have the kidlets helping out. Gather enough materials so everyone can have and decorate their own!

Any knitting yarn works well, but acrylic is the strongest if you end up facing some good gusts of wind. A thick plastic tablecloth from the dollar store is the perfect material, or a shower curtain. Duct tape! Two dowels per kite; you don't want to go too thick, but 5mm to 8mm will be strong enough.

Fold your plastic tablecloth in half. Chances are unless you've been using

it for other projects, you should be able to cut at least two kites out of a six foot cloth. Chop out your diamond on the folded side then lay it flat. Duct tape time! Once you've cut your dowels to length, tape those suckers to the corners of your kite. Next, poke a hole in the centre of the kite, directly where the dowels cross over each other, and secure your line around the dowels.

A good kite needs a tail that is not too long nor too heavy. The tail keeps the kite stable by adding a bit of weight and drag. If you have some ribbon lying around, cut about six feet and add a couple of bows to add just enough weight. Or if you're like me and have a ton of "Caution - Zombie!" tape leftover from Halloween, that would also work.

Then boom! You have a kite! (Or a plastic tablecloth covered in duct tape and wood that will work great as a mess-catcher if it doesn't fly.) Now get out of here, pack a picnic and go fly it!

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"Oaths are but words, and words are but wind."

~Samuel Butler



Parenting 101

BY DAWN WALL, WOMEN'S CONTACT SOCIETY

Over the last few weeks, I have been asked, "How do I get my children to listen to me," "How do I get my children to do what I want them to do," and "Why does everything I ask them to do become a power struggle?" Listening to these issues that families seem to be having with working together reminded me of a story my Father told me a long time ago. Although it does not relate directly to parenting, I think a valuable lesson about developing an atmosphere of mutual respect and cooperation between parents and children can be learned.

The story goes like this. Sun and Wind are having a discussion as to which one of them is the most powerful. They decide to have a competition to resolve this argument once and for all. The challenge they decide upon is whoever can get a person to remove their hat will be seen as the strongest. Wind, being very powerful and blustery thought this would be a piece of cake and decided to make the first attempt and save Sun the trouble of trying... He blew and blew, he blustered and blustered but to no avail. The result of all this force was the person just held on to the hat even harder and pushed on

into Wind. Now it was Sun's turn. Wind couldn't believe Sun was even going to try as Wind knew he was very forceful and strong. Sun went ahead anyway. Sun smiled down on the person and surrounded them with warm rays of sunshine. The person looked up at the sun, smiled and took not only his hat off but his coat as well.

Children are no different than the person in this story. When they are surrounded by a warm supportive relationship full of smiles, warmth and love, they are much more willing to do what is requested of them, to cooperate with the people around them. When they feel they are being forced and blustered at, they pull down their hat and push back.

So, if a cooperative relationship is one that you want to establish with your children, take your lead from the sun and surround them with warmth, love and acceptance. Save your blustery side for a time when they need you to uplift and support them.



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"Notice that the stiffest tree is most easily cracked, while the bam-

boo or willow survives by bending with the wind." ~Bruce Lee



HOLIDAYS OF THE MONTH

Wed., March I \ldots . National Pig Day
Thurs., March 2Old Stuff Day
Fri., March 3 I Want You to be Happy Day
Sat., March 4 Holy Experiment Day
Mon., March 6 National Frozen Foods Day
Thurs., March 9 Panic Day
Sat., March II Johnny Appleseed Day
Mon., March 13Ear Muffs Day
Tues., March 14 National Potato Chip Day
Wed., March 15Buzzards' Day
Thurs., March 16 Everything you do is Right Day
Fri., March 17Submarine Day
Sun., March 19 Corn Dog Day
Mon., March 20 National Alien Abductions Day
Wed., March 22 International Goof Off Day
Thurs., March 23National Chip & Dip Day
Fri., March 24 National Chocolate Covered Raisins Day
Sat., March 25 Pecan Day
Sun., March 26 Make Up Your Own Holiday Day





Seniors activities & call for volunteers doesn't have to involve a

BY ERIN DOMENKO

The Senior Activity Centre and Better at Home work together to give the best possible help, support and stimulating recreational activities to seniors in our community.

Better at Home is currently seeking volunteers for a variety of tasks. Becoming a volunteer can be far more rewarding that you may think.

Volunteering offers vital help to people in need, worthwhile causes, and the community, but the benefits can be even greater for you, the volunteer. Volunteering and helping others can help you reduce stress, combat depression, keep you mentally stimulated, and provide a sense of purpose. While it's true that the more vou volunteer, the more benefits you'll experience, volunteering

long-term commitment or take a huge amount of time out of your busy day. Giving in even simple ways can help those in need and improve your health and happiness. Volunteering connects you to others, is good for your mind and body, can advance your career, brings fun and fulfillment to your life, and you will meet some amazing people.

If you are interested in volunteering please contact Kimberly in the Better at Home office at 778-412-2430. Kimberly's office is open 9:00am to 12:00pm Monday to Friday.

The Seniors Activity Centre offers a large variety of recreational and educational activities for anyone over 50 years of age. Stop in and pick up our newsletter at the office. We are open Monday to Friday 9:00am to 3:00pm.

There is everything from music group to painting. We offer floor curling, carpet bowling and even Yoga. There are bridge groups, crib, poker and a few exercise classes.

We have recently teamed up with Williams Lake TRU nursing students to create a Health and Wellness Group. There are informative guest speakers attending monthly as well as nursing students who make presentations on various health topics seniors may have.

Our next guest speaker is Cameron Johnston, a Stress Management and Burnout Recovery coach,

Author and International Speaker. He will be here March 15th at 2:30pm.

We have a fantastic lunch program run by volunteers from the Senior Activity Centre. Lunch is served Monday to Friday from 11:00am to 1:00pm. We offer daily specials and homemade soup.

There is a Senior Advocacy program that offers seniors the opportunity to speak with someone about legal topics or to help navigate through government forms, rental issues and other various hurdles life throws at us.

We would love to see many more members join the Seniors Activity Centre and take advantage of all we have to offer. If you are 50 or older or know someone who would benefit from a busy, social environment, or would like to volunteer, come on in, we would love to meet you!



Williams Lake **Better At Home** offers support services to assist seniors with simple, non-medical dav-to-day tasks. Our volunteers provide:

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778-412-2430

Email: betterathome-wl@shaw.ca 176 4th Ave. N., Williams Lake, Seniors Activity Ctr. Office Hours: Monday to Friday 9am-noon



250-392-2922 197C Fourth Avenue South, Williams Lake "Thought is the wind and knowledge the sail." ~David Hare



Dutch ovens and baked beans

I grew up with a younger brother. If you grew up with a brother and saw the cover of this month's Stew I bet you can guess where I'm going with this. Brothers the world over, regardless of race, age or economic status have all played the same game. The rules are simple and no special

equipment is required. There are many variations to the game and often no clear winner. If you don't know what game I'm talking about, you didn't grow up with a brother. If you didn't grow up with a brother but do know what game I'm talking about, you are an only child or I'd like to meet your sister.

I remember teaching my brother how to play when we were quite young, I simply walked up to him while he was sitting on the floor, turned my rear towards him and let loose some wind from my body. This of course was hysterically funny (to me). I don't remember exactly how he reacted, I was too busy on the floor laughing.

As the years went on, the fart game became more vicious, finding ever new ways to torture each other. For example, the infamous Dutch oven. That's when you are both in the same bed and the victim is held under the covers for an indetermiOut of the Fridge By Brice O'Neill

nate amount of time, or until they scream 'Uncle.' One of my favorites is on a crowded escalator, about half way up, let one rip and then turn to your brother and loudly claim, "Man, that's gross. Show some respect!" Which of course, to a kid, is even funnier because the people behind aren't going anywhere until we reach the top. The only way to lose this game is when your Mom realizes what's going on, separates you and the game is over. Years past, I grew up and it became a thing of the past... until I had kids of my own.

On that note, let's have a recipe. Here is my baked bean recipe. Place 4 cups of dry white beans or Navy beans in water overnight (12 hours) at room temperature to soak. Add water as needed so that the beans are always covered. Rinse and drain, then put them in a crockpot, with a cup of maple syrup, 1/2 cup of ketchup, 1/2 pound of bacon roughly chopped, 2 onions diced, a squeeze of Dijon mustard, salt and pepper. Put the lid on and cook for 8 to 9 hours on low, or about six hours on high. Easy eh?





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"Throw caution to the wind and just do it." ~Carrie Underwood

NNDAWN

The key

Tast Tidbits



...Continued from February's Stew Magazine

I walked into the shop at 11:50am, ready to start my day, regardless of the strange dream that I had the night before. I did my best to not show Mary how distraught I felt, but she seemed to be picking it up quickly.

"Lucy?" Mary said, as I hung up my coat in the back room. "You seem a little off, are you okay?"

I'm amazed that she is able to tell so easily after only knowing me for a day.

"I just had a crazy dream last night." I told her. I decided not to divulge any information about the necklace. I didn't want to make her uncomfortable with the gift that she had given me, as it was only my second day of work.

"Well," she began, tucking her white bangs behind her ears. "Please feel free to talk to me about anything." I nodded and smiled at

her, "Thank you Mary, I appreciate it."

Mary and I spent the last few minutes before she opened her shop talking about my new schedule and my hourly rate. I am satisfied with what we came up with and I head off to start the dusting.

I forgot about the issues with the skeleton key necklace and got lost in my work. The antique shop is busier than I could have imagined when I came in yesterday, and I found myself wanting to explore the history of some of the pieces in the shop.

There are antique coins that Mary was able to collect on her trip to Egypt, as well as old jars from other foreign countries. This woman seems to have been everywhere and has seen everything. I found myself admiring her more and more.

We closed the doors at 7:00pm, and I waved goodbye to her.



"See you in a couple of days, Lucy!" Mary called to me as I walked out the door. "Bye Mary!" I felt lighter

and happy with the day's work, and I decided to surprise Jayleen with a pizza for dinner.

"Lucy," a voice calls out to me.

"Where are you?" I shout, searching for the voice. "Where am I?"

I look at my surroundings and I am back at the beach. *The clouds have dissipated,* but the fear from last night's storm begins to overwhelm me.

"Lucy!" The voice calls out again.

"Who are you?" My voice comes out in a whisper and *I start looking around the* beach, searching for something or someone.

I look over towards the palm trees and I see them whipping around in the wind. I begin to wonder why I can't feel the wind that seems to be getting stronger by the minute.

"Lucy," the voice is quiet, but it fills my ears as though whoever is talking is standing right next to me.

I turn my head and see no one; the voice sounds male, but its source is nowhere to be found. My feet dig into the dry sand, and I begin to walk along the beach. The wind whips the trees around and I can hear the leaves rustle and the cracking wood as the palm trees continue to fight the strong wind.

I watch the trees battle the wind, and as if by magic I can see the trail of wind leave the jungle and travel

along the beach in a curvy line, whipping the sand in a small tornado. The sand is now whipping up all around me. I drop to the ground and feel the power surround me, my hair lashing around my face, stinging my cheeks. I shut my eyes and pray that it will be over soon.

"Lucy," his voice is in my ears again, but I am too afraid of the wind's strength to open them and see if he is actually there this time.

I dig my fingers into the sand, attempting to find something to keep me grounded.

"Lucy," arms are around me, holding me close, keeping me safe.

The wind is pounding all around, and I open my eyes to look straight into another pair of blue eyes. I stare into them as his mouth repeats

my name again. "Who are you?" I whis-

per.

I woke up with another jolt. One that is all too similar to last night's feeling. My hand is grasping the necklace, the old skeleton key on its chain that I am unable to remove from around my neck. The metal is cold to the touch now, and though my heart races, I don't feel afraid this time. I breathe in slowly, willing the calm to wash over me. Confusion fills my whole body. The blue eyes from the dream bore into me even now.

'Who was that?" I whisper out into the room. My hand still clutches the key. I stare at it, willing it to give me answers. "What is going on?" To be continued...







This month's crossword is brought to you by the fine people at Bob Paterson Homes.

LAND AND A

X-Word Puzzle

ACROSS

1 Winter - victory - end (8)

6 Nasty accident leading to wrong use of words (6) 9 What doctor Campbell

did once in his life? (4) **10** It may be good going for proof (4-6)

11 Make an accident popular, definitely (3,7)

13 Indian dance requires one (4)

14 Plan to have no box for games console (8)

16 Surrounded by mountains, I'd explore interior (6)

18 Soiled underpants nuns stubbornly refused to take off (6)

begin working (3,5)



first (4)

hotel reception, which is great (10)

26 Highly placed opposition to 11? (2,2,3,3) 28 Outstanding recital of Pindar's work (4) 29 Private has to finish

then start (6)

30 Bear laying odds in New York (8)

DOWN

2 It might go off, dear. Look for directions inside (9)

3 Flowering plant, second raised on bed (7)

4 Bottom seen and massaged by tax collectors (5)

5 Declared part of total (3)

6 What supporter is doing is consigned to trash (9)

7 Taking out shotgun, crosses adversary (7)

8 One with attitude about fabulous writer (5)

12 Bemoan a version of a simple life (7)

15 Presumably sensible person knocked senseless?(3,4,2)

17 Find a nightclub - really (9)

19 Is there a race with more than one finish? (7)

21 Possibility of cave sections having a switch (7)

23 Project that is keeping politician supported by Left (5)

25 Sign that's right in the middle of a Spanish port (5)

27 Clerical attire in royal blue (3)





"O, wind, if winter comes, can spring be far behind?" ~Percy Bysshe Shelley

The winds of change



BY SANDI ALARIC, WL STUDIO THEATRE

"The pessimist complains about the wind; the optimist expects it to change; the realist adjusts the sails." ~William Arthur Ward

During March, the Williams Lake Studio theatre is presenting The Lodge under the direction of Sophia Schneider. Sophia has a particular connection to this play her mother, Gwen Ringwood wrote it. Sophia is no stranger to Williams Lake. Born in Edmonton, Sophia moved to Williams Lake, with her parents, in 1953. Her father, John Brian Ringwood known as "Barney," was asked by Dr. Hugh Atwood to be his partner in a joint Medical Practice. Sophia, then Susan Ringwood, graduated high school and immediately after, at the tender age of seventeen, went on the road with the Holiday Theatre. This was a travelling theatre troupe and the crew of seven were not just actors but they also did duty as stage

crew, building sets, sewing costumes, setting up lighting, and doing their own makeup - in short, everything necessary to putting on a stage production. Holiday Theatre toured for seven months throughout BC and into the western United States in a big blue panel truck that held all of the sets, lights, and costumes as well as the seven cast/ crew. They performed children's theatre as well as selected scenes from Shakespeare plays. It was a perfect environment for Sophia to learn every aspect of theatre.

Sophia spent the next twenty years working in professional theatre. She appeared onstage across Canada and the US, and even trod the boards at Stratford Theatre. She appeared in plays by Ibsen, Strindberg, Shaw and Chekhov; these playwrights still remain dear to her heart.

During all the years of travelling to work in the theatre, Sophia, her former husband and two daughters built a log house at Chimney Lake. The house was completed in stages over a period of a many years because "Actors either have time or money, but seldom do they happen together." She and her family lived there in the 70s like true Cariboo pioneers - without electricity or running water. Eventually, in the 1980s, Sophia decided a change was needed. She stopped working in the theatre and went back to school to become an Art Therapist and a Guild Certified Feldenkrais Practitioner.

In 1994, Sophia returned to the Cariboo to live in the house that she and her former husband had built at Chimnev Lake. Sophia brought with her a new career as a Registered Art Therapist, and a little later as a Guild Certified Feldenkrais Practitioner. These are specific approaches to healing and personal growth that help people to reconnect with their natural abilities to move, think, and feel. They focus on the relationship between movement, emotion, and thought thereby encouraging increased awareness and creativity.

"A great wind is blowing and that gives you either imagination or a headache." ~Catherine the Great

Sophia worked to get her practice established in Williams Lake and provided Mental Health Services to several First Nations Communities over the next 20 years. As she was winding down her Therapy Practice there was a casting call for The Garage Sale, written by her mother. Sophia was lured back to acting. She got the part of Rachel and became an active member of Williams Lake Studio Theatre. Last Fall, she pitched the Gwen Ringwood play, *The* Lodge, to be one of the spring productions and was successful in being given the task of bringing this production to life.

What makes this a particularly important choice is the fact that Sophia was present at its creation. The play was written here in Williams Lake the early 70s. *The Lodge* is story of a family dealing with change. The elderly matriarch of the family is about to make an announcement that will affect her adult children in various life-altering ways. Layered into the family dynamics are issues that are still pertinent today nearly fifty years after The Lodge was written. Gwen wanted to point out the sometimes subtle, and sometimes overt racism that existed in regards to First Nations people. Sophia says that this play is not a "message" play, but it is a realistic representation of life in the Chilcotin, then and now. Land issues are still being discussed and in some instances are far from being resolved. Families are still dealing



with financial problems, pregnancy issues, and all the emotional turmoil that goes along with family life.

Sophia says that she is enjoying directing this challenging full length play. With ten actors, this is the biggest cast that she has worked with as a director. "I enjoy the more relaxed atmosphere of community theatre," and the spirit of camaraderie in The Williams Lake Studio Theatre. She appreciates the talent and ability of the experienced Studio Theatre actors. She is also enjoying the

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opportunity of working with very talented first time actors. It is a totally different experience to be involved with a play for the sheer love of theatre and not because it is your job.

The Lodge will be presented at the Glendale School theatre, March 8-11, 15-18, and 22-25. Tickets are available online at www.wlstudiotheatre.com and at the Open Book.

"Thought is the wind, knowledge the sail, and mankind the vessel." ~Augustus Hare

Grace Y.H. Koo. R. TCM F





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Times, they were a-changin'



SHORT STORY BY LORIE WILSON, WL WRITERS' GROUP

I am a baby boomer born a few years after World War II. This means I am of a generation that saw and created some of the greatest changes in politics, society and science.

I still remember the anti-German prejudice from the Second World War. My relatives with German names mention they experienced discrimination at one time or another because of their names. One uncle actually changed his name from Hamm to Hamilton because he felt it was hard to get work if you were perceived as German. Now we are taught not to be prejudiced, and especially in Canada, we are expected to be an all-

PRY BY ON, S' GROUP y boomer ars after . This means ARY BY ON, S' GROUP inclusive society. Then there were the problems my mother had in the 1950s after she left my father. At that time, being a divorced woman was taboo and a woman having

taboo and a woman having a job outside the home was not socially accepted. But, my mother needed a job and all she knew how to do was ranching. She was finally able to get a job working with cattle at the BC Livestock Co-Op in Kamloops, and was one of the first women to do a "man's job" in that organization.

It was also nearly impossible for a single woman to get a loan or credit without male backing. My mother was finally able to buy a house because her boss, a man, co-signed for her. How things have

changed. Today, women

CLINIC



have equal opportunity in nearly every aspect of work, along with financial independence.

The 1960s was a decade of great change. I had just graduated from high school. In the group I hung around with one was expected to embrace new ideas, one's personal growth, and definitely not accept the beliefs of our parents at face value.

To some extent we were also molded by the new music of rock and roll that exploded onto the scene. Some of the most influential musicians emerged, such as the Beatles, Rolling Stones, The Doors, and Jimi Hendrix. Music also reflected trends such as sexual liberation, the antiwar movement, and the hippie movement which brought about social and political change. Bob Dylan, Joan Baez, Buffy St. Marie, and Peter, Paul and Mary are just a few of the folk singers who put into words what so many of us felt.

In 1969, science fiction became reality when men walked on the moon. After this achievement, it seemed to me almost anything would be possible in the future.

In the 1970s, personal computers were developed for the general public but not many people could afford one. Now anyone can have the power of a computer in a cell phone.

Baby boomers were the first generation to grow up with television and access to unlimited information. At one time, many of them just wanted to "drop out" of society. It seems strange to me that the "boomers" have become the wealthiest group and the biggest consumers in history. This is so contrary to what I felt many of my generation believed in the 1960s, which was the opposite; freedom from personal possessions and living simply.

Maybe I am just more aware of the changes because of the change of circumstance in my life and with my relatives. When I was a child, we lived in isolation, with no electricity, telephone, motor vehicles, or television. My family supplied the majority of our own food and housing. Most of my relatives were ranchers, hunters, or trappers. Now everyone has passed away and the ranches are owned by others, and many guiding areas have been logged and are no longer viable. Now I live in the city with all the conveniences of modern day life, far removed from a life that now only lives in my memories.

Winds of life

POEM BY LINDA PURJUE, WL WRITERS' GROUP

Dedicated to the memory of June Striegler

We enter this world In the midst of the gushing, squalling, mewling wind of our first breath, That blows open the portal To that wondrous miracle we call

Life,

the wind that blows us this way and that, hither and thither, As we traipse our road from birth to death, Following what we hope to be,

Stumbling over what must be.

The winds of life,

Life.

That sometimes is a soft, and warm, sweet summer zephyr,

That cradles us in gentleness; Sometimes is a harsh and vagrant storm That throws us from our projected paths;

Sometimes is a glorious and triumphant chinook That we ride to our personal victories; Sometimes is a blasting, furious hurricane

That shatters our hopes and dreams; Sometimes is a frigid, biting blizzard

That freezes us, staggers us, halts us.

But most times,

the winds of life are just enough, even barely enough, to keep us moving towards our destiny, Neither hot nor cold, soft, nor harsh, Just... there, pushing us on Towards the final wind that blows us back beyond the cradle we rose from. It is a wind of changed direction, A wind that sighs with regret, or satisfaction, or acceptance, or rebellion, From mortal lips; Escapes, then is no more.







Physiotherapy

"Night fell clean and cold in Dublin, and wind moaned beyond my room as if a million pipes played the air." ~Patricia Cornwell

Where is the wind



SHORT STORY BY LEIGH SANDERSON, WL WRITERS' GROUP

It had been days lying around in the boiling sun. The laundry that was tied to a davit trailing behind the boat had sunk and fish were probably eating what a laundry detergent would have taken off. Doing laundry with salt water wasn't the best method, but was all we had. Once it had been towed behind the boat for a few hours, it was hung to dry. In order to wear it again, the salt had to be beaten out of it.

But the laundry hung behind the boat, the sails were at a standstill and the word 'becalmed' really meant 'dead in the water'. The four of us would take turns dropping the bucket overboard, pulling it up by a rope and pouring the cool water over our heads. It sounded like a 'tssss', cooling the skin briefly before the sun pulled the moisture out of our skin, leaving that baked on salt feeling.

There was nothing cold

or even cool to drink. The ice box no longer held ice; so no fresh food and the next port was many miles away.

We were on our third day when I finally asked Captain Dad "Can't we use the engine just a little ways to create a breeze?"

"No, we need to conserve the fuel for getting us through the ships in the harbour and to port" he replied.

"If there weren't so many sharks in the area, I would dive in," I was miserable. We still had to navigate the yacht, read the instruments that gauged the current and 'lack' of wind to continue to determine where exactly we were. Sitting up at the helm was very exasperating.

Crackers were about the best one could do under these circumstances. Just food. We still had water, but it was warm. We would throw a fishing line out in hopes of catching some tuna or red snapper, but it was too warm for them too. And then I felt it. It

wasn't much, barely made

the sail flutter, but it was coming. I was starting to feel the slight breeze, hadn't realized that the boat was moving a bit faster and there was a ripple behind the boat. Some porpoise started showing up around the boat. I lay back enjoying the ripple, porpoise and the slight breeze...

"Tighten up the sheet on the port side! Here she comes! Just what we have been waiting for," hollered my father.

I jumped up and ran to tighten the sheets, bringing the sail a bit tighter to catch the breeze because soon it would fill with beautiful wind! "Batten down the hatches," Captain Dad said with a voice that you could feel excitement in.

I saw the black sky and the lace tops of the waves approaching. We were preparing the jib as the wind increased. I was suddenly chilly and had to go below for a shirt.

"Are you ready?" my father yelled over the sounds of the wind hitting the sail. The boat tilted, the sail filled and the rush pushed the boat along. "Raise the jib," was the next order. I felt the waves increase and found I was thinking of donning my lifeline. I was starting to get splashed by waves coming over the deck.

I started to laugh and turned to my father. I saw that he saw me; he nodded, gave me a smile, raised his head into the wind and started laughing.

The joys of wind

CREATIVE WRITING BY ANNE MOUTRAY, WL WRITER'S GROUP

I love the wind; well, most of the time I do. I love the ghostly sound of the wind blowing down my fireplace chimney. It sings, it croons, it whispers but it never threatens. Of course it giggles as it blows out the pilot flame in the fireplace, which I'm afraid to relight in case I blow up myself and Dog, so the fireplace exists only for show, to collect dust, and to display bric-abrac that should have been away in the last garage sale.

I love to sit in my comfortable chair, listening to the whine of the wind as it blows my fallen leaves into my very tolerant neighbor's yard, and observing the people trudging down the street, bent almost double as they fight their way against the blast and wishing they were at home, sitting in their easy chairs and listening to the wind from a comfortable distance. I know how they feel. I really don't enjoy a blowy walk. People are always talking about how pleasant it is to have a breeze blowing through their hair. Well, they can have it. My hair always has that unkempt, windblown, modern look anyway.

Oh yes, when the wind is strong and the air is cold, and my dictatorial and demanding dog, who loves a windy walk, lets me know that it is time for a stroll, I do indeed have a good, warm, dog-look-alike hat, so if you spot a couple of border collies walking down the street on a windy day it is probably my dog and me. We get a lot of strange looks. I expect people are trying to decide which one is the dog.

It is late now so time for me to go to bed and fall asleep, lulled by the sound of the gently blowing wind. My, I do love the wind.

SelectionStateSt





"Who has seen the wind? Neither you nor I but when the trees bow down their heads, the wind is passing by." ~Christina Rossetti

and the second second

Gone With the Wind and other 'wind' worth watching



"You should be kissed and often, and by someone who knows how." ~Rhett Butler (Clark Gable)



Gone with the Wind, 1939 drama/romance starring Vivien Leigh and Clark Gable, 8.2/10 iMDb On the eve of the American Civil War, rich, beautiful and selfcentered Scarlett O'Hara

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has everything she could want - except Ashley Wilkes. But as the war devastates the South, Scarlett discovers the strength within herself to protect her family and rebuild her life. Through everything, she longs for Ashley, seemingly unaware that she is already married to the man she really loves – and who truly loves her - until she finally drives him away. Only then does Scarlett realize what she has lost... and decide to win him back. Gone With the *Wind* is truly a romantic classic.

The Wind Rises, 2013 drama/romance starring Emily Blunt, John Krasinski, and Martin Short, 7.8/10 iMDb

From acclaimed Japanese animator Hayao Miyazaki comes a fantasy-laced biopic that flies through the life of WWII Zero engineer Jirô

We Do

Government

Inspections



Horikoshi. A lifelong love of flight inspires Japanese aviation engineer Jiro Horikoshi, whose storied career includes the creation of the A6M World War II fighter plane.



Inherit the Wind, 1960 historical period drama starring Spencer Tracy, Fredric March, and Gene Kelly, 8.2/10 iMDb

Inherit the Wind is a parable that fictionalizes the 1925 Scopes "Monkey" Trial as a means to discuss McCarthyism.



Written in response to the chilling effect of the Mc-Carthy era investigations on intellectual discourse, the play (and film) are critical of creationism.



A Mighty Wind, 2003 musical/comedy starring Christopher Guest and Eugene Levy, 7.3/10 iMDb

In this hilarious backstage mockumentary, three eclectic, neverquite-famous folk bands come together for the first time in decades following the death of their manager to put on a reunion concert in his honor, at the request of his son. For the members of The Folksmen, The New Main Street Singers, and Mitch & Mickey, time has not been kind. As the show approaches, apprehension sets in, romances are rekindled and ambitions are permanently deferred.



Nausicaä of the Valley of the Wind, (Disney) 2005 animated fantasy starring Alison Lohman, Patrick Stewart, Shia LaBeouf and Uma Thurman, 8.1/10 iMDb

Far in the future, after an apocalyptic conflict has devastated much of the world's ecosystem, the few surviving humans live in scattered semihospitable environments within what has become a "toxic jungle." Young Nausicaä lives in the arid Valley of the Wind and can communicate with the massive insects that populate the dangerous jungle. Under the guidance of the pensive veteran warrior, Lord Yupa, Nausicaä works to bring peace back to the ravaged planet.



The Wind That Shakes the Barley, 2006 drama/ history starring Cillian Murphy and Liam Cunningham, 7.5/10 iMDb

Winner of Best Film at the 2006 Cannes Film Festival, The Wind That Shakes the Barley is set during the Irish War of Independence and the Irish Civil War. It boldly conveys the complex situation and captures the anger and tensions



of early-20th Century Ireland.

The Wind and the Lion, 1975 action/history starring Sean Connery and Candice Bergen, 7/10 iMDb

John Milius fictionalizes the historical story of President Roosevelt's attempts to deal with the kidnapping of an American citizen by a Moroccan Sheikh. Leaving cynicism way behind, Milius veers away from conspiracy theories and turns instead to adventure with plenty of action.



The Wind, 1928 drama/romance starring Lillian Gish and Lars Hanson, 8.3/10 iMDb

When Letty Mason, an emotionally fragile woman from Virginia, relocates to West Texas, she finds herself unsettled by the ever-present wind and sand. Arriving at her new home at the ranch of her cousin, she receives a surprisingly cold welcome from his wife. Soon tensions in the family and unwanted attention from a trio of suitors, including neighbor Lige Hightower, leave Letty increasingly disturbed, resulting in tragedy.

CONTEST ENDS

MARCH 31st

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