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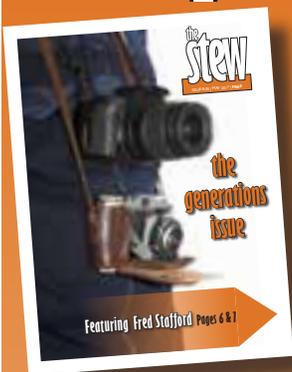
the
generations
issue

Featuring **Fred Stafford** Pages 6 & 7

We speak!



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On the Cover:

Whether talking about generations of family or of technology, the idea of change over time touches all aspects of our lives and must be understood in order to cope with the new world of differences.

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Generational differences

BY CRAIG SMITH

This month's theme of "Generations" conjures thoughts of our ancestors. I don't think there is a day that goes by without hearing someone refer to the generation that came before or after them. The relatively new terms for these different groups would be Baby Boomers, Gen-X, Gen-Y or Millennials, and now Gen-Z. I'm wondering what happens now that we have hit the end of the alphabet? Do we start at the beginning of the alphabet now?

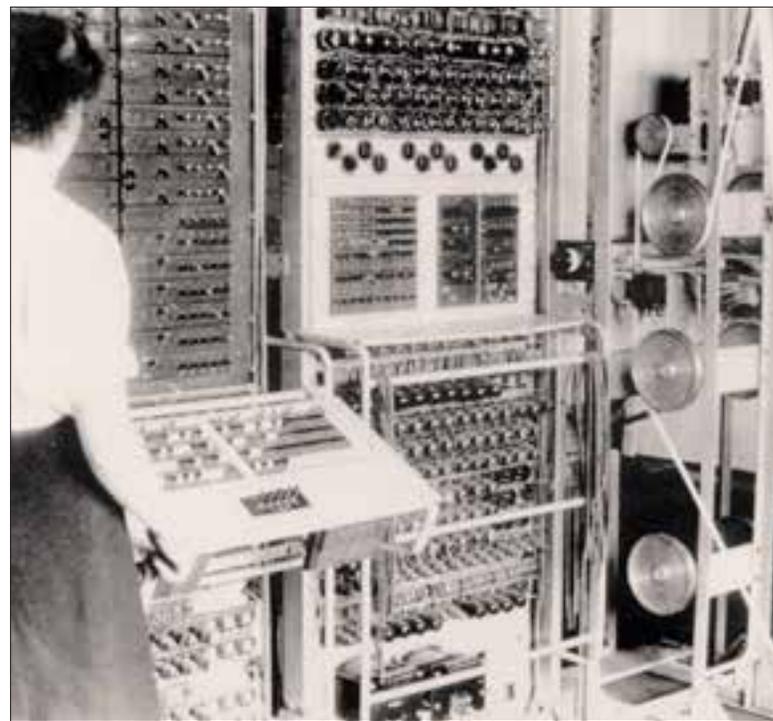
The Baby Boomers are the generation that was born after WW2 and goes from 1945-1964. My Mom is a Baby Boomer, but my Dad was born before the war and his generation is referred to as "The Silent Generation." Until today I'd never heard that term. The children during this time (1925-1945) worked very hard and kept quiet, and then as adults they were silent as well as it was dangerous to speak freely then. Some of this generation grew up in the great depression and WW2, and were adults during the Korean conflict. Many of the Civil Rights leaders emerged from this generation and this group as a whole is about 99% retired.

The lines between the Baby Boomers and Gen-X are a little blurred as to which years actually work but there are some characteristics of both generations that I identify with, as do most people born in the mid 60s. The Boomers have experienced a lifetime of hardship and prosperity when compared with generations before.

The population growth after WW2 due to countries recovering from war is now having its effect on the world, as this generation has hit the age where this huge population is starting to retire and leaving huge voids in the workforce. Many companies are looking at ways to entice this generation to remain working longer and retire later.

Babies born between 1965 until roughly the early 80s are considered Gen-X and I feel I have more in common with Gen-X than with the Baby Boomers. We have watched events such as the Vietnam War, the Berlin Wall falling, and the technology industry change from relative obscurity to its current popularity. We have seen computers go from being the size of a building to being able to fit in your hand, with many times more power. We are the generation that ushered in the new era of communications, starting with cell phones the size of a jug of milk, down to the size of a package of cigarettes and then, after we realized there is such a thing as too small, back up to the size of a small paperback. Gen-Xers are more open to diversity and have learned (despite being brought up in a hugely restricted and sometimes intolerant household) to accept differences and diversity. We are the generation that is currently shaping our world.

The next generation would be Gen-Y (Millennials). This generation has only seen high tech, never knowing the rotary dial phone or the pain of having to listen to your computer dial in to another computer with a noisy modem.



This generation, for the most part, is connected and online 24/7, 365 days a year. Millennials grew up watching their parents working day and night, and for the most part (there are many exceptions) are looking for a different way to earn their way in their lifetime. Gen-Ys are much less likely to stay in a job they are not happy with, as opposed to Boomers that would gut it out for 35 years to make it to retirement, which in all seriousness is not a bad thing. Though there is less stress in your life if you have a job that makes you happy and is fulfilling.

As my education is in the computer/tech industry, let's talk about 'generations' as they relate to that field. In some areas I have seen 15-20 generations or versions of technology. Looking up the word 'generation' I stumbled across the synonyms for the word and they include but aren't limited to, creation, production, initiation, origination, inception, and inspiration. This makes perfect sense when you apply it to tech and you can't

create the next generation without some inspiration. The very first computer that I worked on in the mid 70s (and this was probably 10 generations from the first one) had one line. It had no hard drive, one cassette tape to store data and only had 16k RAM. The next machine I worked on took up an entire building but I seriously think that my smart phone is more powerful. I always said that I hoped one day I would own a computer that is faster than I am, that could keep up with all the things I ask it to do. The new i7 that I currently have on my desk is getting close, but not quite, and there are still memory-heavy tasks that I still have to wait for, although it's not the two hour wait to send something to the printer that I had to deal with at University in the early 80s.

I feel every 'generation,' whether it's computers or people, is an improvement on the last. The next generation of people, the Gen-Zs, which will include my grandchildren, are going to do some amazing things.



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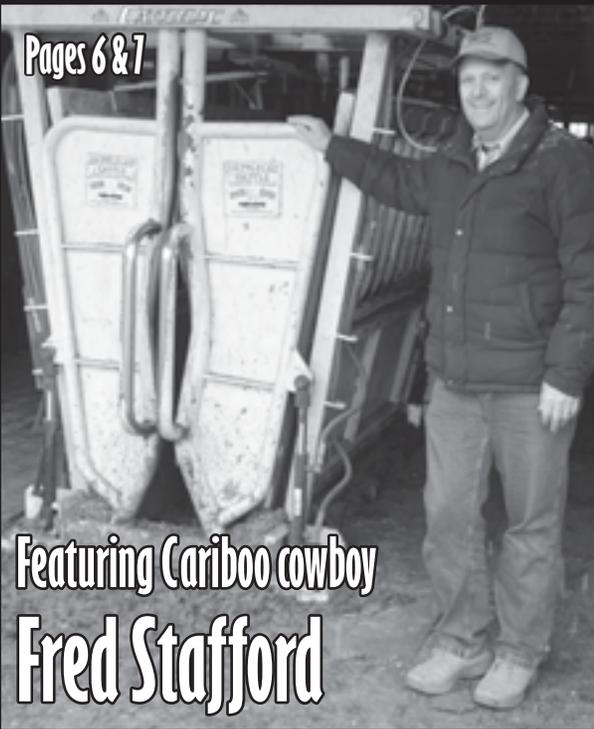
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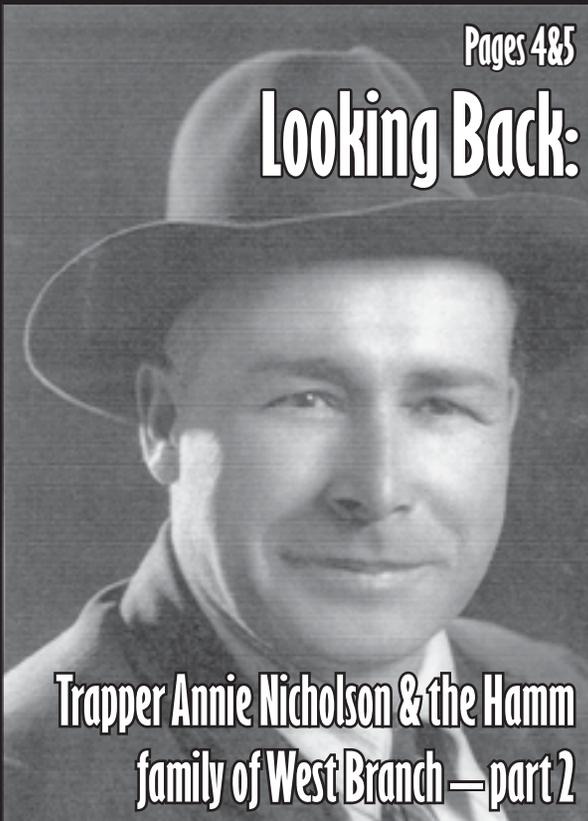
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Featuring Cariboo cowboy
Fred Stafford

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family of West Branch — part 2

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Travel: Panama City: an ideal
travel destination for any generation

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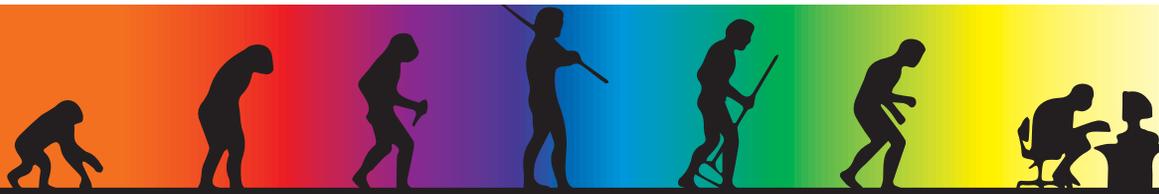
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Trapper Annie Nicholson & the Hamm family of West Branch – part 2

When Annie and Bob Nicholson and their five children arrived in Tatla Lake in October, 1932, they received a royal welcome. The community needed four more children to qualify for a government-paid school teacher, and three of the five Nicholson kids were school age.

They still needed one more student to meet the quota, but no problem. With typical backwoods ingenuity they registered two-year-old Terry Nicholson, and he became very good at amusing himself at the back of the classroom while the other children did their work.

The migrants from Saskatchewan stuffed as much of their personal belongings as they could fit into the car and pickup truck they

drove from Rosthern. The journey took nine days, crossing the Rockies at Crowsnest Pass then snaking down into the United States following the better roads before swinging north again up the Okanagan Valley to the Cariboo.

When they got to Tatla Lake, they sold their two automobiles for wagons and horses. Bob Nicholson, Johnny Hamm, and Charlie and Tildy Godfrey headed down into the West Branch to stake three pre-emptions and start developing their homesteads.

For Theodor Harley Valleau who cherished his solitude, the arrival of these hardy newcomers was like a powder keg set to go off. As the hardworking settlers began transforming his once exclusive domain,

his relationship with them quickly deteriorated.

Annie said it was gunfire from Valleau, aimed in the direction of her brother Johnny, that finally tipped the scales. The law was called in and Valleau was sent to Oakalla for five months. Upon his release, he left the country. Some say he headed north toward Vanderhoof or Burns Lake with his horses and goats, and was never seen in these parts again.

BERN MULLIN AND AUGUST SCHNARR

Bern Mullin was a bachelor living at Bluff Lake when Annie and the Hamm clan arrived. He too had been invited into the isolated valley by Valleau two or three years earlier,

but his quiet unassuming demeanor gave his association with Valleau a longer shelf life than afforded most people.

Bern was 22 years old when he left Bathurst, New Brunswick in 1929 and rode the rails to British Columbia at the start of the Great Depression. Somehow he found his way to the Chilcotin, and that's where Valleau befriended him and offered him a partnership on his trapline. When Valleau left the country, Bern bought out his assets and inherited his property.

Just how far Valleau trapped down the West Branch Valley is not clear, and how he shared the territory with legendary Bute Inlet trapper August Schnarr is a bit of a mystery. Trapping domains were largely determined by will of might in those days.

Schnarr was a mythical figure to folks living in the West Branch and they spoke of him in awe. It was said he trapped up the Homathko River from the coast as far up the West Branch Valley as Twist Lake. Then he crossed over the divide into the Klinaklini Valley and trapped his way back to the coast at Knight Inlet.

He would pack his food and traps with him as he travelled and work short sections of the river at a time. After two or three months moving about the landscape, he'd return home with his fur catch. Somehow he got past the treacherous Murderer's Bar and Waddington Canyon carrying his heavy pack loads.

On a chance meeting with his daughter Pearl on Quadra Island a few years ago, I asked how her father got past these impenetrable sections of the Lower Homathko River. He simply followed the game trails, Pearl replied.

Through a curious twist of fate Johnny Hamm



ended up with Schnarr's trapping rights in the lower West Branch. Shortly after Valleau left the country, Schnarr showed up at Johnny's place on a cold winter day. He was on his way to sell his trapline to Leonard Butler at Bluff Lake, but Johnny offered to buy it instead.

Bern Mullin said Schnarr stopped by his cabin when the temperature was well below zero, but refused his invitation to come inside and spend the night. Schnarr explained that his body was primed to sleeping outdoors and he'd built up a natural resistance to the elements. He said he'd get sick if he stayed in a heated cabin overnight, so slept in Bern's woodshed.

JOHNNY HAMM GOES TRAPPING

It was a rugged two-day trek from Johnny Hamm's homestead to Twist Lake where his new trapping area began. From there it was another three days of hard bushwhacking to the forks of the Homathko River. The trail crossed several rockslides, numerous robust side creeks, and the main river itself several times.

For one crossing, Johnny stretched a steel cable over the rushing water between two cliff faces and used a pulley to go from one side to the other. In another place where the river boiled through a long narrow canyon, he fell a tree across the abyss and used it to cross the stream thirty metres below.

Trapping in the Lower Homathko was a young man's game. One false step or a slip with a sharp axe

could spell a person's doom.

Johnny built a network of log cabins located a winter's day travel apart. Unlike Schnarr he equipped his shelters with wood stoves so he could warm up and dry out after a hard day's snowshoeing. A few years later, Johnny left the country and turned the trapline over to Annie.

BOB NICHOLSON PULLS UP STAKES

Life in the West Branch was never easy for Annie Nicholson. Her husband, Bob, had a love for horses, and he was always buying, selling or trading them. If there was a horse he particularly wanted that he couldn't acquire by any other means, he simply took it.

One day Bob came home to the West Branch with a white horse and proceeded to paint black spots on its coat to make it a pinto. Then he turned it out into the pasture across the river. The children were told not to say anything about it. Soon the horse's owner, Jim Mackill, arrived with the law.

Mackill knew that Bob Nicholson had wanted that horse, and when it went missing he was sure he knew where to find it. Sure enough, the pinto across the river turned out to be his missing white horse.

Chilcotin court registry shows that on July 2nd, 1935, Bob Nicholson appeared before Justice of the Peace Gabriel Thomas Lane Bayliff in the Graham family's Big House in Tatla Lake. He was facing charges of stealing a horse and illegally branding it.

Lorie Wilson says her

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"Hey, I don't need redemption, or no government plan..." ~Culture Club, Generations Of Love



► Annie & Bern



1955 ► Bern Mullin (1907-1981)

► Old West Branch school house



1936 ► Hamm trip west



...continued from page 4

mother, Lorna, was nine years old when she and her younger brother, Terry, and younger sister, Ulah, were brought to the trial with their mother as character witnesses for Bob Nicholson.

"They were there to generate sympathy for the horse thief," Lorie says. "You can't send this man away; he has a wife and a bunch of kids to support. It seemed to have worked. This time he didn't go to jail."

The court threw out the horse stealing charge for lack of evidence, but convicted Nicholson of illegally branding someone else's animal and gave him a one-year suspended sentence with no obligation to pay court costs.

Things never did go

right for Bob Nicholson in the Chilcotin after that, and within a year he pulled up stakes and left Annie and their five children behind in the West Branch to fend for themselves.

"My mother was ten years old when he took all the horses and left," Lorie says.

With Bob Nicholson gone, Lorie says her family remained good friends with the Mackills and other families involved in the horse stealing incident.

"In fact the whole Chilcotin must have known about it, but never once did I hear anyone say anything about my Grandfather. His crime did not seem to have been visited upon my Grandmother and her children."

MORE HAMM FAMILY MEMBERS ARRIVE

On May 9th, 1936, the next wave of Hamm family members arrived from Saskatchewan. Annie's younger brother Bert drove their parents David and Sara Hamm, and their three youngest children David Jr, Wanda and Edgar to Tatla Lake and they settled in the West Branch.

Also stuffed into Bert's 1928 Plymouth sedan was his 18-year-old nephew, Joe Schuk, and a border collie dog. A few years later, Joe became the most successful rancher in Tatlayoko Valley in terms of acreage and number of cattle. He continued ranching until his death at 93 years old.

In 1937, another contingent of the Hamm

family members arrived at Bluff Lake when Lena Hamm Bittner, her husband Gustaf, and three children Rosella, Alan and Leona made the trek from Rosthern.

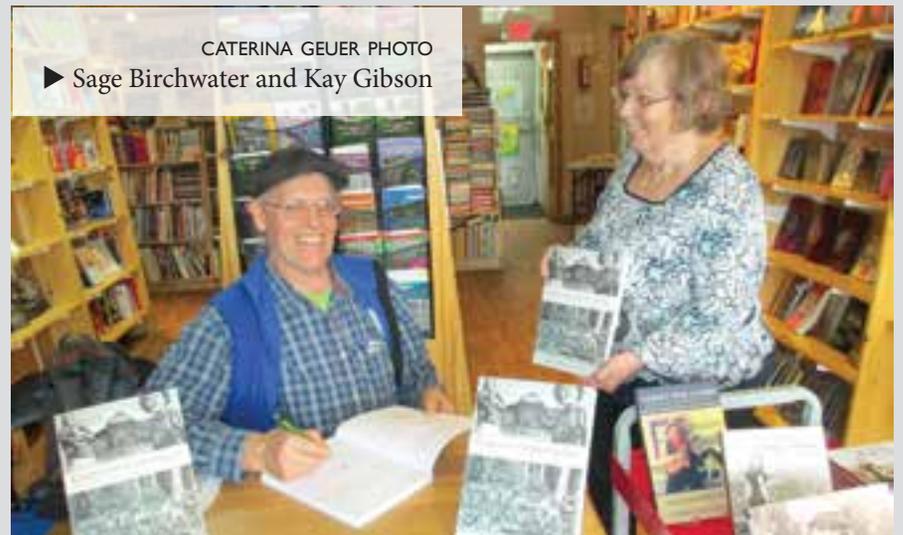
Johnny Hamm married school teacher Yolande Pemberton when she came to teach the Hamm, Nicholson and Butler children in the West Branch School built by the community on Johnny's property. With the start of the Second

World War, Johnny and Yolande moved away and changed their last name to Hamilton to avoid discrimination during that conflict with Germany.

Besides trapping down the West Branch for many years in the rugged wilderness, Annie Nicholson worked as a cook for various geological survey parties that traversed the country on horseback for several years. She grew a large garden and sold her

fresh produce to Betty Graham Linder at Tatla Lake General Store.

Annie and Bern shared many adventures living close to the land, scratching out a living with their cattle, doing things by hand the old-time way. Inseparable companions, they both died in the fall of 1981. Annie was the first to go in September, followed by Bern two months later.



CATERINA GEUER PHOTO
► Sage Birchwater and Kay Gibson

Sage Birchwater launches *Chilcotin Chronicles*

The Publishers and staff of The Stew Magazine would like to congratulate author and Stew contributor, Sage Birchwater on the recent launch of his latest book, *Chilcotin Chronicles: Stories of Adventure and Intrigue from British Columbia's Central Interior*. In 2014, Sage submitted his first Stew Magazine article featuring excerpts of *Chilcotin* history in his well-received column, *Looking Back*. These snippets were

then melded together and expanded into an interconnected story for his book. *Chilcotin Chronicles* offers a unique perspective of the region which Sage describes as "a history told with Indigenous people sitting at the table."

His book is now available for purchase throughout the Cariboo; in 100 Mile House at Nuthatch Books; in Williams Lake at The Station House Gallery and Cariboo Friend-

ship Centre store; and in Quesnel at Books & Company and the Museum Gift Shop.

Sage will be doing a tour across the Chilcotin to Bella Coola during the second week of May and books will then be available in Lees Corner Store, the Kinikinik Restaurant, Nimpo Lake Store, Anahim Lake Trading, and in Bella Coola at Kopas Store.

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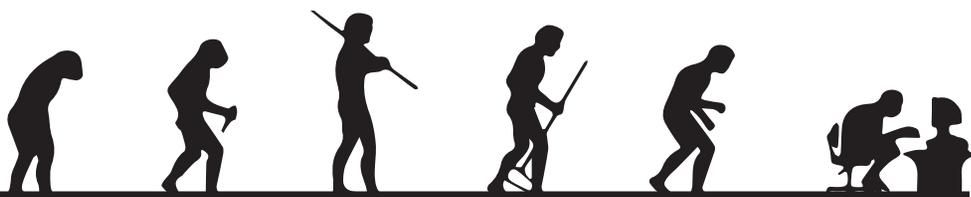
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flavour of the month



Featuring Cariboo cowboy, Fred Stafford

BY CRAIG SMITH

This month's Feature is a country boy to the core – Fred Stafford was born and raised in the Cariboo. The Stafford Ranch is well known in the ranching industry, and anyone who has lived in the Cariboo is probably familiar with the family name. For the rest of you, let me show you a glimpse into the life of this cowboy from the Chilcotin.

The Stafford Ranch was purchased in 1956 by Fred's grandfather, George, from the Isnar-

dy's who homesteaded it in 1860. Fred's grandparents came over from England in 1907, and after a time in Ontario, moved to Vancouver. They then heard about the productive and inexpensive land in the Cariboo, so they made their way up to Springhouse from Vancouver. They began growing a market garden of potatoes and carrots to sell to the local stores, and then expanded into cattle and horses. Eventually they found that it was more worth their time and effort to focus on

cattle, and all the kids preferred working with the animals anyway. From there, all Fred's aunts and uncles began buying their own land, with adjoining properties which expanded the size of the ranch. The parcel that Fred grew up on was between Highway 20 and Chimney Creek, where he earned a deep appreciation of hard work and a ranching lifestyle. Fred recalls, "You worked from the time you could walk; you could do chores."

Fred graduated from the local high school in

Williams Lake and has been a working cowboy ever since that time. He ran the ranch with his Dad and Brother, Bill, until his Dad passed. He still helps Bill on the ranch as needed.

In 1992, Fred married his sweetheart, Elaine, and they had three children; Amy (23), Ian (20), and Alan (18). Amy is following in her mother's footsteps and just graduated university with her teaching degree, and Ian and Alan are deciding what direction their careers will take. While the kids were growing

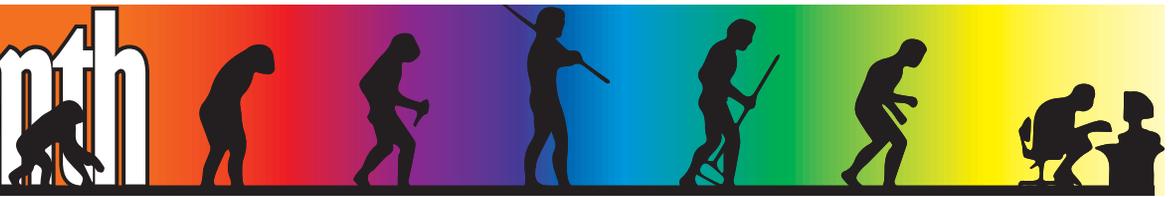
up, as most ranching families do, the kids took on 4-H projects and Fred became heavily involved. Spending time volunteering countless hours to the 4-H Club, Fred mentors the kids and helps support their projects and fundraising activities. Fred says that he believes in 4-H and continues to volunteer because he enjoys, "working with the youth and helping create future leaders."

The local Masonic brotherhood has called Fred Master, and through this organiza-

tion he has donated time, service and friendship to his fellow brothers.

As for the future, Fred plans to stay in the ranching industry and continue to work his 320 acres of hay, and possibly purchase some more animals. For Fred, "The cattle industry is a way of life," and he has no plans to change that – it is who he is. Going into a fifth generation of cowboys, it's in their blood. It is these generations of families that have written the history and created futures here in the Cariboo.

flavour of the month



CRAIG SMITH PHOTO
FRED STAFFORD ▶ Working cowboy



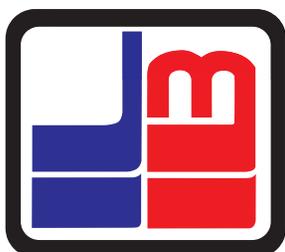
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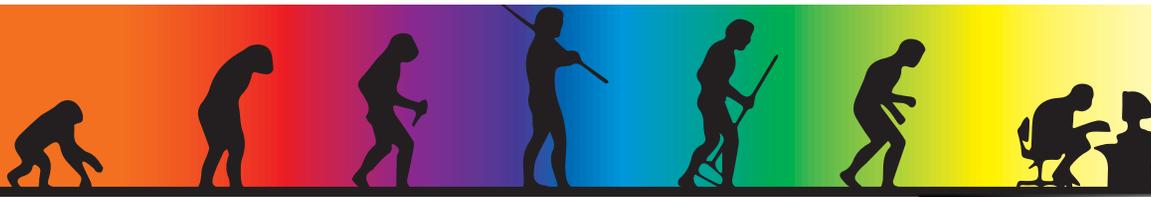
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2008	Child's 6th birthday in 2014	Aug. 15, 2015	Aug. 14, 2018
2009	Child's 6th birthday in 2015 From Jan 1/15 to Aug 15/15	Aug. 15, 2015	Aug. 14, 2018
	Child's 6th birthday after Aug 15, 2015	Day the child turned 6	Day before the child turns 9
2010 or later	Child's 6th birthday	Day the child turns 6	Day before the child turns 9

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Art Gecko

The Gecko Tree Cafe invites you to check out their monthly art show and sale.

Glen Stanley is showing from now until May 23. Glen has lived in the Robison Valley since 1943; at five years old, he

immediately fell in love with the snow-capped mountains and virgin forest and has lived there ever since. Glen's talent comes to us in the form of cedar tree wood carvings. It is his hope that these pictures may bring

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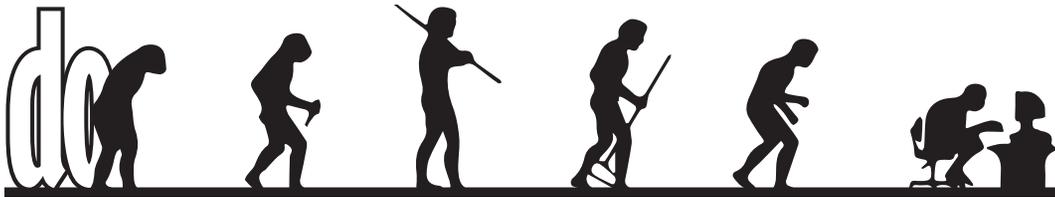
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BY RICHARD BUTTERS,
ADVENTURE GAMES

Warhammer 40,000 is one of the most popular tabletop wargames in the world, but it's garnered most of its popularity not in the way you might expect. Originally released in 1987, it has since snowballed into the largest community of miniature gaming. Local tournaments are held all over the world, regional tournaments are held throughout Great Britain and North America, and there are even some worldwide events that see the best of the best compete for prizes and glory!

The largest driving force behind its success though, is the story behind the game.

The setting depicts the galaxy as it is in the 41st millennium, in the far-flung reaches of science fiction. Similar to the feel of classic sci-fi such as Asimov, this setting gets its uniqueness by its Gothic themes and somber feel. The lore has been established from many different sources, in a similar style to Star Wars. The core rule books of the game, as well as the army-specific books, give sharp insight into the inner workings of various establishments in the setting, while a myriad of novels from various authors give us a much more personal look at the various characters in the stories.

The main figure-head of the story is the

fabled God-Emperor of Mankind. His goal is to unite all humans throughout the galaxy as they fight various enemies from within, without, and beyond. Many humans oppose him, but the real threat to his plan are the various hostile alien races throughout the galaxy, and the evil Daemons lurking beyond the veil of reality. This grouping of factions wage endless wars against each other, in epic space battles and gruesome melee combat on any of the billions of inhabited worlds. All this adds together to create a feeling of desperation from the heroes of the stories as they try to survive in some of the most hostile scenarios imaginable.



The tabletop game emulates this as you pit your wits and models against a foe, vying to stay alive long enough to achieve your goals on the battlefield. These

pitched encounters can be any size, from small teams of scouts clashing in the dense jungle, to massive machines of war besieging a fortress the size of a continent.

The narrative aspect of these games is the main attraction for Warhammer 40,000, and the communities have never been stronger.



Thank You!

The Williams Lake Sportsmen's Association held a **Wild Game Banquet on February 11th, 2017** and we would like to thank the hard working volunteers and **generous sponsors** that made this event possible:

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“When three generations are present in a family, one of them is bound to be revolutionary.”
 ~Elise M. Boulding



Panama City: an ideal travel destination for any generation



Most of us have heard about the generation gap, the Baby Boomers, Generation X (the lost generation), Millennials, and the Matures. I became interested in the generation gap when my children became teenagers and expressed their preferences and ideas for their own style of living and travel. My children (Generation X) were blessed to receive the best education that Canada had to offer; therefore, after completing their education and entering their chosen careers, they had the money to travel. I found that they were more

adventurous in their travel choices. They avoided the all-inclusive trips and cruises, going for the backpack adventures such as deep-sea diving, engaging with the locals; going off the beaten path to shop and explore the historical aspects of a culture. Not everyone that is a Generation Xer can relate, but a good majority can. I will never forget when my oldest daughter and her husband went to Panama City. They actually chose to travel at the cusp of hurricane season to maybe experience the hurricane winds. They stayed in a lo-

cal hotel and caroused with the locals during the winds. Apparently, they had the most fun ever. I was worried sick.

This, of course, is totally different from the Baby Boomers (my Husband and I are part of this) who enjoy their luxury travel, all-inclusive trips, and cruises. When we were growing up, we did not have the money to travel. We had to make our own way by getting an education, and then choosing a career that would provide us with enough money to work at the same job for years until we retire with privilege. We travelled to selective professional conferences, or business trips; but we did not travel to other countries for pleasure or historical events. Research has found that 84% of Boomer travel is now pleasure-focused. Of course, there were exceptions to the Baby Boomers – those born into wealth. Ours was a generation on the cusp of the ‘stay-at-home-mom.’ We were finding that after the kids left home we, the moms, would venture back to

work at our chosen careers or back to work to avoid ‘empty nest’ syndrome. We started going back to University to complete our degrees, and to work after retirement; which caused a conflict with the Generation Xers. We had to create our own privilege. Our thinking led us to believe that since we had worked hard all our lives, we deserved the luxury of travel, in a luxurious manner.

We Baby Boomers would love the luxury Panama Cruise (the longer the stay, the better); luxury hotels like the Waldorf Astoria, the Westin Playa Bonita, the Hilton; and the decadent restaurants in downtown Panama. We love to show off our wealth and enjoy the excessive luxury.

Then there are the Baby Boomers’ grandchildren – we call them the Millennials – the ones born with privilege and the most technology. They are incredibly sophisticated, and immune to traditional marketing and sales pitches – ‘wired’ since birth, they have ‘seen it all.’ They do not care about clothing labels –

they make their own style. Many were raised in dual family situations; some were raised in dual income families, some with single parent experiences. They are the most flexible, the most technology-wise of all the generations. They grew up carrying cell phones to school and learned with computers in the classroom. They are constantly texting their friends, even in their presence. It is difficult for a Baby Boomer to communicate with them. Baby boomers think that millennials cannot pay attention very well; the truth is they are extremely versatile. They can multitask as no other generation. My personal grandchildren are so well-versed and prolific in so many areas – music,

orations, travel. They also are so knowledgeable about life skills because their parents are working so they do grocery shopping, house sitting, banking – even purchasing cars and maintaining them. Being very social, they love to travel with friends and in groups. Their business trips incorporate business with pleasure called ‘bleasure.’ Millennials do travel research more than the Generation X or Baby Boomers, and they are ready to go anytime, anywhere. They love adventure but love staying at a vacation home or comfortable hotel.

Panama City would be the ideal spot for the millennials. They can be adventurous and comfortable at the same time.

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**Your guide to
where to go and
what to do for
the month of
May**

play



WILLIAMS LAKE & AREA

May 1 FREE Seniors Bingo & Refreshments, upper level Boitanio Mall 1pm

May 1-7 Youth Week, events info: Boys and Girls Club linda@bgcwilliamslake.com 250-392-5730

May 2,9,16,23,30 Duplicate Bridge Club, everyone welcome, Seniors Activity Centre side door, Tuesdays 7pm

May 3-6 WL Studio Theatre productions "Now & Then - 2 one-act plays: Mary's Wedding by Stephen Masicotte and Problem Child by George F. Walker," 4100 MacKenzie Ave N, tickets available from www.wlstudio-theatre.com

May 3,10,17,24,31 Royal Canadian Army

Cadet Corps (Rocky Mountain Rangers), offers youth 12-18 the chance to gain new skills and meet new friends, Wednesdays 6:15-9pm, Legion lower hall, info: www.3064rmrangcadets.org

May 3,10,17,24,31 Preschool Skate, Wednesdays 9-11:30am, Cariboo Memorial Complex

May 3,10,17,24,31 Adult Skate, Wednesdays noon-1pm, Cariboo Memorial Complex

May 3,10,17,24,31 Drop In Hulahoop Workshop, Wednesdays 7pm, Arts Centre 90-4th Ave N

May 4 Tails and Trails, ages 0-5years, trails and stories in the outdoors, Thursdays until May 4, Scout Island 10:30am

May 4 Garden Club

meeting, keynote speaker Barb Scharf from Hill Farm Nursery, networking, sharing of expertise and resources, 7pm, Arts Centre 90-4th Ave N

May 4,11,18,25 55+ Drop In Hockey, Thursdays 10am-11:30, Cariboo Memorial Complex

May 4,11,18,25 Drop In Hockey, Thursdays noon-1pm, Cariboo Memorial Complex

May 4,11,18,25 Just For Fun ladies singing group, supported by Women's Contact Society and Angelkeys Music Studio, everyone welcome, Anglican Church, Thursdays 7:30-9pm

May 4,11,18,25 Pokemon Thursdays, Adventure Games 83C 2nd Ave S, 3:45pm

May 4,11,18,25 Cattle & Horse Auction, Thurs-

days during spring & summer, Stock Yards on Cattle Drive

May 5 Handbags for Hope, Signal Point Event Ctr, doors 6:30pm, auctions, mystery prizes, appies, dessert, proceeds support prevention of violence against women & girls, tickets: \$40 Women's Contact Society 51A 4th Ave S

May 5-27 Station House presents; "Student exhibition: Nature's Transformations" (main gallery) facilitated by Frances McCoubay, mixed media pieces relevant to the theme of Nature; and (upper gallery) "Jude Prevost, Wendy Bernier-Potter and a felter: Colourful Expressions and Lasting Impressions" local potters and felter team up to bring us colour and creativity; Station House Gallery, Mon-Sat 10am-5pm

May 5,12,19,26 Friday Night Magic, Adventure Games 83C 2nd Ave S, 5pm

May 5,12,19,26 Mall Walking, Fridays 10am-noon, Boitanio Mall

May 5,12,19,26 Adult Skate, Fridays 11am-noon, Cariboo Memorial Complex

May 5,12,19,26 Drop In Hockey, Fridays noon-1pm, Cariboo Memorial Complex

May 5,12,19,26 Friday Night Drop-In Co-Ed Soccer, WL Secondary 7-9pm, info: williamslake-soccer.com

May 6 2017 Cariboo Festival Honours Concert, Bethel Church, info: www.cariboofestival.ca

May 6 Spinners and Weavers Annual spin in and the Scout Island Yard and Garden sale

May 6 Herbal Magic Workshop, Hobbit House 1pm, pre-register

May 6 Scout Island Spring Yard & Garden Sale, info: 250-398-7724

May 6,13,20,27 Warhammer and Tabletop Games, Adventure Games 83C 2nd Ave S, Saturdays all day

May 6,13,20,27 Public Skate, Saturdays 1-2:30pm, Cariboo Memorial Complex

May 7 Mothers' Day Market, Save-On-Foods parking lot, info: 250-392-5791

May 7 Hike for Hospice, run/walk fundraiser, rain or shine, Scout Island, registration noon & walk 1pm, register a team or individual: chpca.convio.net/williamslake-hospicesociety

May 7,14,21,28 Sunday Morning Magic, Adventure Games 83C 2nd Ave S, 10am

May 7,14,21,28 Sunday Game Night, Adventure Games 83C 2nd Ave S, 6pm

May 7,14,21,28 Family Skating, Sundays 2:45-4:15pm, Cariboo Memorial Complex

May 7,14,21,28 Tails and Trails, children 0-5yrs, Sundays 10:30-noon, Scout Island

May 9 Election Polling Station, Discovery Centre, info: Betty 250-392-5025

May 10-13 WL Studio Theatre productions "Now & Then - 2 one-act plays: Mary's Wedding by Stephen Masicotte and Problem Child by George F. Walker," 4100 MacKenzie Ave N, tickets available from www.wlstudio-theatre.com

May 12 Friday Farmers Market season grand opening, local food & artisans, live music, basket draw, free coffee & more, Boitanio Park 9am-2pm, vendor info: Brianna 778-961-0600

May 13 8th Annual Seedy Saturday, memory garden on Carson 10am-2pm

May 13-14 Cariboo Chilcotin Youth Fiddle Society show "The Life of a Fiddle" premieres at the Gibraltar Room, info: ccyfsinfo@gmail.com

May 13-14 Eagle View's 20th Anniversary

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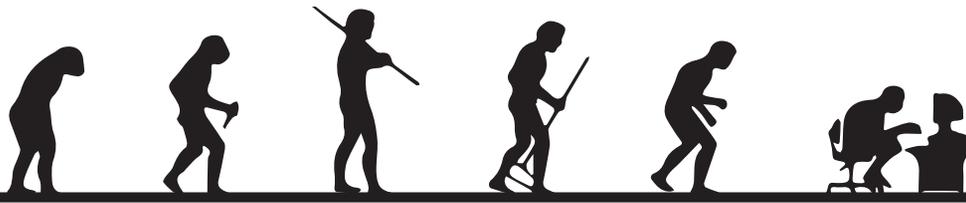


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Horsin' Around, Eagle View Equestrian, info: 250-392-2584

May 14 Tech 'n Tune & Open Practice, Thunder Mountain Speedway

May 15 Good Food Box distribution day, Elks Hall 1-3pm, purchase your box prior to distribution day every 3rd Monday of the month: \$15/large box 250-392-4118

May 17-20 WL Studio Theatre productions "Now & Then – 2 one-act plays: Mary's Wedding by Stephen Masicotte and Problem Child by George F. Walker," 4100 MacKenzie Ave N, tickets available from www.wlstudiotheatre.com

May 18 WL Writers' Group meets Third Thursday of the month 6pm, Art Centre 90-4th Ave N, new members welcome, info: Linda.levpur@shaw.ca

May 21 Bikers Against Child Abuse meeting, public welcome, Big Brothers Big Sisters 200-369 Oliver St. 1pm, info: 778-412-9323

May 23-24 Crystal Man Show & Sale, Tues 2-7pm, Wed 9am-2pm Hobbit House

May 23-27 Spring Book Sale & Silent Auction, CRD library meeting room 10am-4pm

May 26-28 Stampede Whirl a Ways Jamboree, longhouse, info: Dana 250-392-3066

May 27 1st Annual Mayfest, live entertainment, market, children's area, beer garden, food, adults \$5, kids 10-18 \$2.50, kids under 9 free, Sacred Heart Catholic School, 455 Pigeon Ave, noon-10pm, vendor info: 250-267-1544

May 27 Cariboo Potters' 1 Day Sale, original pottery by local artists, Central Cariboo Arts Ctr 90-4th Ave N, 10am-3pm

May 27 Spinners & Weavers Annual Garage Sale, Central Cariboo Arts Ctr 9am-3pm, 250-392-3577

May 27-28 Motocross Races, above Thunder Mountain Speedway, info: 250-267-4746

May 27-28 Lakers' Car Club Show n Shine, downtown, info: 250-398-6870

May 28 Gymkhanas, Eagle View Equestrian 11am, info: 250-392-2584

May 28 Season Opener, Thunder Mountain Speedway

May 28 Childrens' Festival, magic, live music, free activities, door prizes, concessions, Boitanio Park 10am-3pm, info: 250-392-4118

May 29-June 4 Bike To Work/School Week, registration info: www.biketowork.ca/williams-lake

June 3 Race for Kids, an urban adventure challenge for adults that benefits kids in the community, proceeds to Boys and Girls Club, register: raceforkids.ca/williams-lake

June 10 Bikers Against Child Abuse Awareness Ride, all riders welcome, info: 778-412-9323

QUESNEL & AREA

May 1,8,15,22,29 Karaoke with DJ KC, The Occidental, Mondays 7pm

May 5 Live music by Run Home Jack, Cariboo Hotel 9:30pm

May 6 RCMA Open Mic night, The Occidental

May 6 Friends of the Museum Annual Used Book, Antique & Uniques Sale, Museum 10am-2pm

May 7 Mothers' Day Market, McLeese Lake Hall

May 10 Compassionate Friends, bereaved parents support group, 2nd Wednesday of the month, BJ's Donuts 7:15pm, 250-395-4417

May 11 Live music, Zonnis, The Occidental 7:30pm

May 14 Spring Concert Series, featuring Q City Singers & Mothers Day tea, Trinity Lutheran Church 375 Hartley St, 2pm, admission by donation

May 17 Spring Concert Series, featuring Q City Singers, The Occidental 7pm, tickets: \$10

May 22 Victoria Day Royal Tea, Barkerville, info: 1-888-994-3332

May 22 Kristen Nylen Memorial Ride, proceeds to paediatric cancer research, meet Oasis Pub McLeese Lake, KSU noon for ride north to Canadian Tire, minimum \$20 donation

May 26 Diamond Calcuta, Senior Ctr 461 Carson, 6pm

May 27 Lions Garage Sale, south end of Maple Park Mall, 9am-2pm

May 27 Bikers Against Child Abuse North Cariboo Temp Chapter "100 Mile Ride," registration 11am at A&W on 2 mile flat, \$10/rider, KSU noon, open ride, info: Bear 250-925-4407 or Boom Boom 780-816-2273

100 MILE HOUSE & AREA

May 1,8,15,22,29 Bingo, Mondays, doors 6pm, starts 7pm, superstar 8:30pm, Community Hall

May 1,8,15,22,29 Alanon, Mondays 7pm Health Centre (hospital rear entrance) info: 250-395-2532

May 1,8,15,22,29 Women's Drop-In

Volleyball, Mondays 9:30am, Lone Butte Community Hall

May 2,9,16,23,30 Alanon Drop-In, Tuesdays 1-2pm, Community Health Ctr (rear of hospital) info: 250-395-7676

May 2,9,16,23,30 Alcoholics Anonymous, Tuesdays United Church 8pm

May 2,9,16,23,30 HUGS help us get slim, Tuesdays 6:30pm, 6300 N. Green Lake Rd, info: Charlotte 250-456-7504 or Pat 250-456-2491

May 2,9,16,23,30 Carpet Bowling Club, Tuesdays 1-4pm, Interlakes Hall, info: Kitty 250-593-4780

May 2,9,16,23,30 Co-Ed Drop-In Volleyball, Tuesdays 7-9pm, Peter Skene Ogden gym, info: Kersti 250-395-1353

May 2,16 Photo Group, 1st & 3rd Tuesday of the month, Bridge Lake School, info: Larry 250-593-4362

May 3,10,17,24,31 Bingo, g-ball, loonie ball & progressive, Wednesdays, doors 5:45pm, starts 7pm, Lac La Hache Hall

May 4,11,18,25 Full Contact Stick Fighting, Thursday evenings in Lac La Hache, Info: www.coillmohr.com

May 4,11,18,25 TOPS Club, take off pounds sensibly, Thursdays 6:30pm, United Church, info: Kirsteen 250-395-3344

May 4,11,18,25 Royal Canadian Army Cadets, Thursdays 18:30-22:30, 5530 Horse Lk Rd, info: Capt. Kevin Seal 250-395-1181

May 4,11,18,25 Alcoholics Anonymous, Thursdays 7:30pm, 108 Community Centre

May 5-6 Cariboo Women's Fair, South Cariboo Rec Centre, Fri 5pm Ladies Night \$10 age 19+, Sat -3pm all ages

May 5,12,19,26 Crib Night, Forest Grove Legion Fridays 8pm

May 5-6 Cariboo Womens' Fair, vendors & workshops, Friday 5-9pm ladies night 19+, \$10, Saturday 10am-3pm all ages free entry, info: 250-395-1353

May 6 United Church Free Store, personal and household items for people finding it hard to make ends meet, 49 Dogwood Ave, 10am-1pm

May 6,13,20,27 Meat Draw, Forest Grove Legion Saturdays 4:30-6pm

May 6,13,20,27 Alcoholics Anonymous fireside family group, Saturdays United Church 8pm, info: 250-791-1937

May 7,14,21,28 Alcoholics Anonymous, Sundays 7:30pm, Health Ctr (hospital rear entrance), 250-791-5286

May 20 Annual Garage & Bake Sale, South Green Lake VFD, 546 Green Lake S Rd, 70 Mile, 10am-1pm

May 20,27 Interlakes

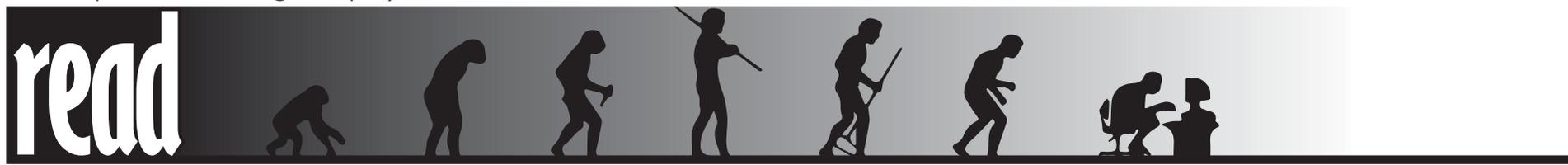
Farmers' Market, Service Centre, Saturdays 10am-2pm

May 20 Paranormal Investigation Adventure, 3 hour haunting hunt takes you deep into the Cariboo's past, 108 Historical Museum, 9pm-midnight, tickets: \$20/tour or \$100/seasons pass, reservations: heritagesite108@gmail.com or at the Museum office after May 15

May 20-21 51st Annual Little Britches Rodeo, gate fee: \$10 adults, \$5 seniors/students, under 6 free, Saturday is red/white day for Canada's 150th birthday plus bring a non-perishable food bank donation for a draw basket entry, Sunday is "tough enough to wear pink"

May 26-June 24 Parkside Art Gallery presents (main gallery) Anita Edwards, Cindy Smith & Quille Farnham "3 Wild Women and Their Art," and (side gallery) Psalm 32 Transition Society "Unchained Unmasked: Overcoming Addictions"

May 30 Cottage Prayer Meeting, every last Tuesday of the month, 6715 Hwy 97 turn left at the blue Travelling Workshop sign, 7:30-8:30pm, info: 250-395-3743



Learn to connect with Millennial workers & consumers



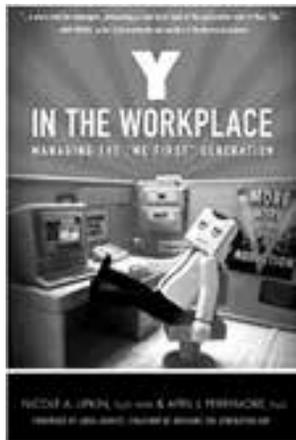
From the Baby Boomers to Generation X, Y, and now Millennials, each generation has been identified and defined by different influences during their formative years. The differences between all the generations must be approached in different ways.

Millennials (born approx. 1982-2004) have now surpassed Baby Boomers as the largest living generation, changing the current worker and consumer landscape in countless ways, whether companies like it or not. They represent 30% of the Canadian population and within 15 years will make up 75% of the workforce.

Understanding how Millennials are so different from previous generations is game-changing for every company marketing and selling to Millennials, and for every employer. Companies that don't take the time to learn how they spend their money and time are in danger of losing relevance.

Luckily, there are a handful of insightful books that help professionals and executives understand how the clash of Millennial, Generation X, and Boomer preferences will impact their business and personal careers.

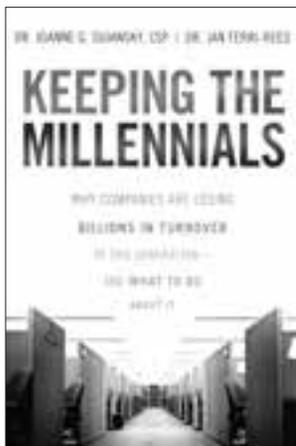
The M-Factor: How the Millennial Generation is Rocking the Workplace, by Lynne Lancaster and David Stillman



The authors of *When Generations Collide* use research and case studies to explain how the Millennials will change the IT workplace.

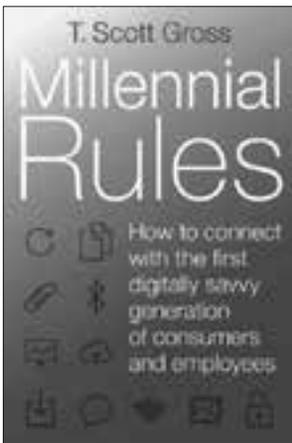
Y in the Workplace: Managing the "Me First" Generation, by Nicole Lipkin and April Permyore

Two psychology experts explore the values and demands of the new generation of workers.



Keeping the Millennials: Why companies are losing billions in turnover to this generation – and what to do about it, by Joanne Sujansky and Jan Ferri-Reed

The consulting duo offers tips and tactics

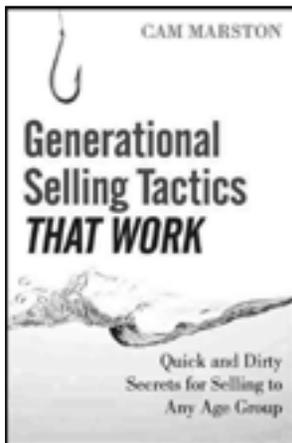


for building a hospitable workplace for all generations, but most importantly, the new workers of the Millennial generation.

Millennial Rules: How to connect with the first digitally savvy generation of consumers and employees, by T. Scott Gross

In today's digital world, the new generation of tech-savvy consumers bears the mantra, "My way, right way, why pay??" Learn to follow the Millennial rules: how to sell, serve, surprise, and stand out in a digital world using ethical, common-sense business practices that yield success across the board, regardless of niche or industry.

Generational Selling Tactics that Work: Quick and Dirty Secrets for Selling to Any Age Group, by Cam Marston



What your sales team doesn't know about the way each group makes buying decisions impacts the bottom line. Learn to customize your services, marketing and sales techniques to prepare your sales team to sell cross-generationally.

The Multigenerational Sales Team: Harness the power of new perspectives to sell more, retain top talent and design a high-performing workplace, by Warren Shiver and Dan Szen

A business's greatest asset is its sales team's experience, combined with effectively leveraging talent from generational groups who think, sell, and buy in vastly different ways. Learn to leverage each generation's unique strengths when finding ways for generations of different perspectives to successfully work together, and when recruiting, training, and deploying different generations of salespeople to build an effective sales team.

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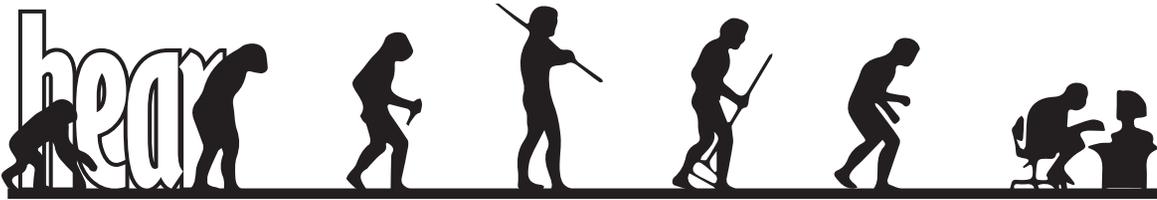
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"I would love to expose multiple younger generations to Frank's music. It's not an easy task because it's not ever going to be plastered all over the radio for the masses."
~Dweezil Zappa

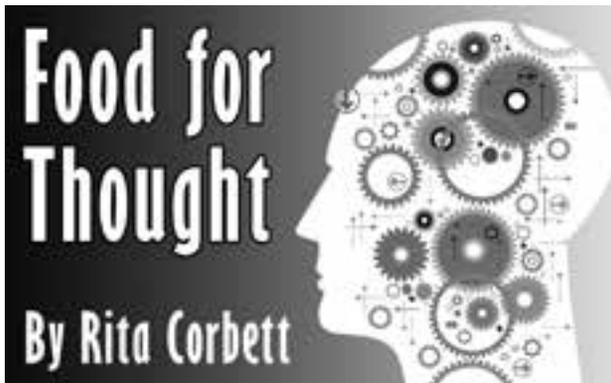
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For the life of a trunk



It was a battered old thing. Its metal bands were curling off the wood, and some corner shields were missing. Its ribbed dome was shaped like an old-fashioned loaf of bread, and pocked with travel experience. The lock had vanished, but the worn curlicues on the lock-plate hinted that it may have been secured at one time. On each end of the large trunk were hand-stitched leather handles, or at least parts of handles. The trunk had obviously lived a long and useful life, but its life wasn't over – yet.

Where had it been? It supposedly originated in Ireland, but of course there was the proximity of Scotland to consider, and the fact that grandpa's family had a Dutch name. Also, Grandma's notably Roman nose spoke of conquests long forgotten in Great Britain.

I wondered – maybe I'm related to St. Patrick or Braveheart, as well as the wife of King Henry VIII who outlived him. But no matter whose blood flows in my veins, my ancestors brought the trunk with them to America. During a recent tour of Ellis Island, I saw a trunk exactly like mine. And I wondered...

When my cold, poor, starving, shirt-tail relatives arrived in New York they were sent for screening. There were checklists for medical tests, work abilities, language interests, criminal records, and more. Those who did not qualify were denied entry. They simply received a chalk-mark on their coats, and back they went to wherever they had come

from. Families sat in quiet huddles, waiting for approval. Parents had to decide whether or not to separate in order to give their children a chance. Some immigrants would return to Europe and try again. Others simply disappeared into the fabric of America, transforming it into a great, productive mixture.

The travels of the trunk took it completely across North America. It traversed the country as far as Yakima, Washington, accompanying the now German-English family as they built the railroad west. From there, it traveled to California with a ballroom-dancing maintenance man and his wife. He died young.

When she died, their belongings were distributed among the grandchildren, and the trunk immigrated to Canada with its new owner – me.

For some time, it served as a repository for old family photographs and heirlooms, but when those tintypes and hand-colored pictures found their new home in plastic albums, the trunk was repurposed. It became a storehouse of wedding dresses and bedding, then as our family grew, it held dress-up clothes whose final days included a brief appearance in the 'help yourself' bin in a thrift store.

Then, one day, someone needed a treasure chest for a kid's program in Williams Lake. Should I?

It was painful. The can of gold spray paint shook in my hand as I faced the trunk. I wanted to preserve all its textured aura, but which would be better – an existence whose final varnish is joy, or one that is hidden away, offering only what is past and cannot be relived? Should

the trunk be useful or just memorably ornamental? Which is more important – things I can remember, or what I can contribute?

Looking back offers the warm recollection of history that can never be taken from me. Peering ahead opens the door to all sorts of possibilities, one of which I had never considered. A broken pipe in my basement recently turned the trunk into a golden, soggy mess. As I prepared to send the treasured heirloom to its final resting place, I wondered – did I wreck it with the paint? Or was the wide-eyed delight of multi-coloured children the highest point of its existence – the zenith of its glory days?

Sentimentality runs in my veins, along with the blood-mix of immigrants from nearly everywhere. That was yesterday, but today is all that is available now. Creating memories for tomorrow is what we do today. What will I do, given the chance – hang onto the past, or build the future?

I would spray the trunk again.

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"I'm speaking for all of us. I'm the spokesman for a generation." ~Bob Dylan

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FRIDAY, MAY 5th

9:30am to 2pm Students from the local schools visit Beryl Young, a five time award-winning B.C. author of children's books

2pm to 2:45pm Pre-school story time

6pm to 9:30pm Words & Wine soiree, tickets \$30

SATURDAY, MAY 6th

9am to 3:45pm Literary Fest: six presentations will be offered by professional artists. The Art of Storytelling; Between the Covers (an author talks about writing books); I Write the Song (song writing); It's Entertainment (script writing); A Picture Says a Thousand Words (illustration); It's done! Now What? (editing, publishers and connections). Admission for each presentation is \$10 or you can enjoy all six for \$50.

9 am to 4 pm Author's Fair: visit the booths of published authors. They will be happy to chat about their books and the 'art of words.'

Junk in the Trunk will be held **SATURDAY, MAY 27th from 9am to 3pm.** Join us in the parking lot of the Tourism Discovery Centre for this unique garage sale. Vendors are provided a "parking spot" to sell their treasures from their truck or trunk. Each "parking spot" is \$20

Williams Lake & District Chamber of Commerce

General Meeting will be held **THURSDAY, MAY 25th from 11:45am to 1:00pm** at the Signal Point Events Room. Tickets are \$19. Speakers at the May meeting include:

- Charles Scott of the Export Navigator program; Export Navigator is a pilot project offered in the Cariboo regarding business access to community-based export specialists who will provide a personalized, step-by-step approach to exporting and help connect businesses to market information, export programs, financial services, and business development experts at every stage of the export process.
- go2HR – the resource for people in Tourism

For information on these events please call 250-392-5025 or drop in to 1660 South Broadway Ave, Williams Lake.



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Driven by the past, looking toward the future:

A new generation of community theatre



BY MATT DRESSLER,
WL STUDIO THEATRE

Around the time of the dawn of mankind, the concept of community began to develop among these earliest of humans. The idea that a larger group of people was more likely to survive, and even to thrive, than any one individual alone, became a very real thing.

The only worthy diversion for these people, the only separation of the human intellect from the harsh realities of mere existence, consisted of illustrating the walls of their communal cave with elaborate paintings of epic hunts and battles with creatures that they either hunted for food, or fought for their own survival. The flickering firelight must have brought the artfully depicted lions, bison and mastodon to life

as the victorious re-lived the story of the hunt in front of the embers, throwing their long shadows to epic effect and allowing even those not involved in the hunt to relive it along with them.

Throughout the eons of human evolution since those first tales around the communal fire, the basic concept of community theatre has evolved from its recognizable ancestor. A group of people forged into a solid unit by a common drive to achieve a goal which is certainly larger than any one of us, but ultimately, through our combined effort, much larger than all of us combined.

We haven't, at our core as a species, changed all that much in a few thousand years. Our desires to entertain and to be entertained have evolved somewhat. But to walk the stage, and to

sit as a group in a darkened room and see actors play out a story that resonates with us in any way, are experiences that will always draw us back. And it will bring our tribe (of up to a hundred at a time) to our rather more modern cave to witness our shadow show, through the colder and darker months of the year until the final production of the theatre season heralds the arrival of longer days and warmer weather.

Our stories as a people and as individuals have evolved over the generations, as we have evolved and changed, and created of ourselves characters and stories that are very much of our time. Each of us has his or her own story to tell. And to be added to the list of stories to explore and bring to life, giving us an opportunity to re-examine the way we see our own lives through the eyes of the characters brought to life before our eyes on the stage.

Generations of theatre 'fanatics' (I know that there's no other word) have their faces immortalized on the walls of our wonderful theatre, in the capacity of actor, director, producer... It's an injustice not to name them

all, but you can see them all here, in person. Our group, who toil both on and behind the stage, will always come back for the joy of the experience, and to hope you feel it too.

Two local community theatre legends are providing the exciting finale to this theatre season, wrapping up with 'Now & Then,' 2 One-Act Plays running **May 3-6, 13-17 and 17-20**, and consisting of intriguing works by two celebrated Canadian playwrights.

George F. Walker's *Problem Child* is being brought to our local stage by director Curt Sprickerhoff. This play promises to be one half of a remarkable end to a remarkable season. The other half consists of director Sheryl-Lynn Lewis's offering, *Mary's Wedding*, by playwright Stephen Massicotte. These are sure to provide a perfect farewell to local live theatre for the summer.

As we welcome the coming of the summer of Canada's one hundred and fiftieth year, let's celebrate having survived another season in the dark, lit only by our little theatre campfire. Let's look forward to the warmth and the light, and when the days grow short again, we can look forward to reuniting with our theatre family to create a new generation of fantastic tales to be told by the flickering firelight... or as close a facsimile to firelight as theatre magic will allow.

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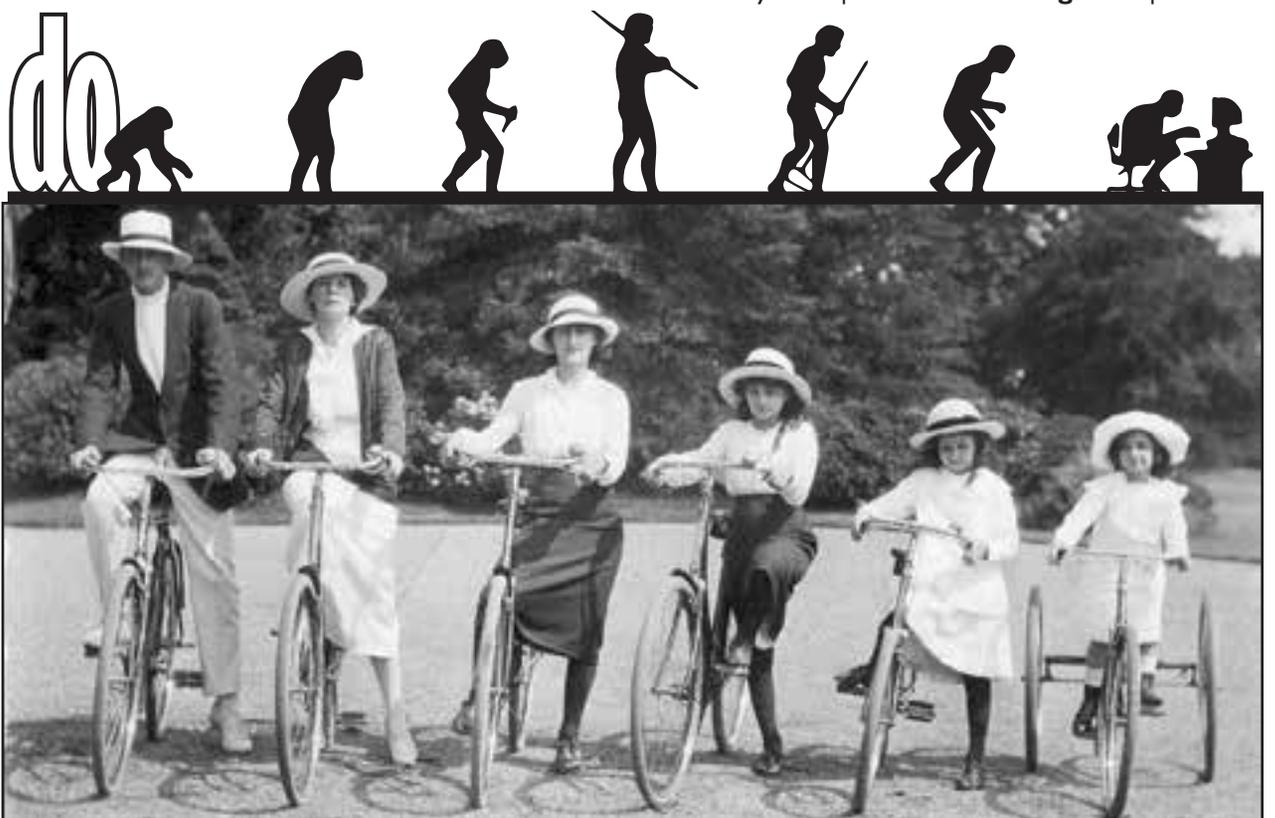
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Don't open your mouth



You know that popular meme, "I opened my mouth and my mom came out?" Well, try having four generations living in the same town. There are high-stress times when I open my mouth and a horrifying mixture of my mother/oma/aunt/cousin/kidlet comes out, depending on the severity of the situation.

You'd slap a hand over said mouth, but then that

would just be admitting that you caught it too and suddenly your mother's amused smile has just turned into an evil grin. Soon enough though, you'll get your revenge as you look at her and have the pleasure of saying, "Pssst! You just turned into *Oma!*"

It's fun watching her try to refute it and realize that the only way she can do that is by turning even more

into her mother.

But the cycle continues because then you watch your kids when they think you can't see them. They fart their toe and a string of words that'll make a soldier blush comes out of their mouth and you think "Whoops, I swear I didn't teach them that," but deep down, *you know*.

We wonder how much is genetics and how much is observation. Then you see one of them passed out on the couch during a particularly warm afternoon, grape juice box in hand and chocolate smears on their shirt, and again you know without a doubt that genetics are responsible for far too much.

Then you see their

own unique personality shine through as they fart then giggle in their sleep (because that is not at all a trait you possess too...) and you question where that uniqueness will take them in life.

"I want to go to grand-ma's house." Okay, not quite where you were thinking it would take them, but those words are both the best and worst words ever.

On one hand, you get a couple blissful days to yourself (to pass out on the couch, your own grape juice in hand with chocolate wrappers under you), but on the other hand, the horrible chocolate and candy stained hand, they come back a little more spoiled and a little more like your mum.

And you wonder, *where will it end?*

To that I say, look in the mirror.

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“Grandchildren are the dots that connect the lines from generation to generation.”
~Lois Wyse

Tasty Tidbits

By Paige Knights-Smith



The key

...continued from April's Stew

“I started coming here in my dream just a few nights ago, found the horse and started looking for you.” Chris explains. “Although I didn’t know who exactly I was searching for.”

I finger the skeleton key necklace hanging around my neck as we continue walking along the shore. There is a stillness between us that feels extremely comfortable as we are able to linger along the beach. I think hard about what generates this dream and how we can feel the sand underneath our toes, and the

warmth of the water splashing silently on our ankles.

“How do you think we are even able to be here?” Chris asks, as if he is reading my mind.

“I don’t know,” I answer honestly. “There has certainly been weird things occurring. Did you get caught in that storm?”

“Yep,” he says, his fingertips brushing up against mine.

I feel the heat between us, and I fight the urge to grab his hand. I don’t know him, I don’t know how we got here or if we are even safe. Wherever it is we are.

“Look, Chris...” I stop and turn towards him. I want to talk, tell him I’m scared and I

don’t know where we are, but something inside me stops.

“It’s okay,” he says, smiling at me.

I shut my eyes, my fingers caressing the intricate details of the skeleton key. Sounds of music notes begin playing in my ears, getting louder by the second.

When I open my eyes, I am greeted by the sounds of “Wide Awake” by Katy Perry. My alarm is going off, telling me it’s time to wake up. I am in my bed again. The ocean is gone, and so is Chris. I wonder if it was nothing more than just a very vivid dream.

I reach over and shut off the alarm and notice the time. It is after eleven, and I have to be at work in less than an hour.

“Crap!” I jump out of bed and run for the bathroom.

I open the door of the antique shop, feeling proud that I managed to make it to work on time.

Mary appears from the back room with a giant smile

on her face, “Well, hello Lucy!” Her voice almost sings. “Right on time! What is it with your generation? Always with just seconds to spare.”

“I am so sorry, Mary,” I apologize. “I know that I should have been here a few minutes ago, I just didn’t sleep well last night.”

Her smile has a knowing look behind it, and I wonder if she knows what has been going on. I want to ask, but it just doesn’t feel right.

“Oh, it’s okay Lucy,” Mary laughs, her whole body shaking along with it. “I am just giving you a hard time. We older people love to joke with you young people.” She hands me a duster and shoos me away to get started.

Hours go by faster than I ever could imagine for just a day of dusting. I fidget mindlessly with my necklace, and after the last customer leaves for the day, I decide to go and ask Mary for more information.

“Good job today,” Mary smiles at me, turning the

sign around on the door to closed. “Who would have figured that all these antiques would attract dust so darn easily?” She chuckles and walks back to the cash register. “It’s been a real treat having you here though, it gives me a chance to breathe in some actual air instead of just dust. That, and I can focus on the other things my store needs.” Her smile is infectious and I can’t help but smile along with her.

“I actually need to ask you about this necklace and where it came from,” I tell her, still fiddling with the necklace.

Mary looks at me, “I believe that I told you already dear, this was from an old clock tower, back in the 1600s. It has been in my family for generations. Old iron, so it is very heavy.”

“Yes,” I say. “I remember that, and it certainly did feel heavy the first time I put it on. But there was something else you said.” I lift my arm up and rub the back of my neck. “You said it always

seems to find its way home.” Mary nods, “You’re right, I did say that.”

“What did you mean by that?” “Just that it has had many owners, but the necklace always comes back”

“Why did its previous owners bring it back?” I ask.

Mary turns and walks into the back room, grabbing both our coats and handing mine to me. “I’ll see you on Monday Lucy, I hope you have a great weekend.” She smiles at me once more.

“But Mary...” I began. “You and your generation with all the questions,” Mary quietly laughs, as she leads me to the front door.

“Why did the previous owners bring the necklace back?” I push, we walk out the door and I watch Mary lock it behind us.

“I never said that the previous owners brought it back,” there is a gleam in Mary’s eyes. “I said that the necklace always found its way home.”

To be continued...



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Time for music

CREATIVE WRITING BY ANNE MOUTRAY

My Mother was of the generation of the First World War and I have no idea what music they listened to at that time. I expect it was martial and inspiring, to get the heart pounding and the fists up. My Father was probably lolling around in the trenches, listening to the music of the guns.

The next generation had the romantic, wistful, patriotic songs of the Second World War. My Dad really liked the music of Vera Lynn but my Mom didn't; she was probably slightly jealous of her.

I'm not quite sure, but I think that the singer of my youthful generation was Frank Sinatra whose songs I didn't care for at all. I was a cowgirl you see, or at least I hoped everybody would think I was, as I

went around wearing jeans, a scarf around my neck and cowboy boots. Those boots were the very first thing I ever bought with my own hard-earned money. I loved those boots and wore them for years, even though they were slightly small for me and they pinched. We cowgirls were tough. Those were the days when you wore jeans called 'Cowboy Kings,' which were respectable working and riding pants. I can't believe how affected, pretentious and artsy jeans have become. In any case, my singer of choice was Wilf Carter.

The next generation had Elvis Presley and didn't they just love him – it seems as if that aging generation still does. The very sight of Elvis called for momentous squealing, shouting, jumping up and down, and the odd fainting spell.

The next generation

Writers' Showcase

Short Stories by the Williams Lake Writer's Group

welcomed the Beatles and rock and roll. Some of the Beatles' music was lovely but most of it was not to my liking. Didn't that generation worship those long-haired boys? For the Beatles, idolizers' shrieking and squealing reached shattering proportions. It's hard to imagine that they are all either dead or very old men. There is no doubt about it, time passes, even for the music or noise makers.

Next came the hippies and their folk music. What a relief. This was music I could listen to, dream to, buy records of, and even hum to.

Now we leave the folk

singers and prepare for the generation of Michael Jackson; he who seemed larger than life. He was undoubtedly clever and certainly agile, but for some reason I always seemed to change the station when he came on.

For the following generations, poor things, music disappeared to be replaced by noise. Now it was the performers who did the jumping, shouting, bellowing and generally causing ear shattering deafness. Maybe they sing words; I wouldn't know.

Thank goodness for CDs and tapes from whence comes my music.

Family Legacy

POEM BY LINDA PURJUE

We have, upon the walls of our house,
A myriad of photos surrounding us with family
Every minute of every day; they are faces
looking out from days and times we never knew,
looking around at times we know now,
and looking into times we will never know;
Faces that gazed into cameras for many seconds
with a concentration to hold very still
so the images of their human souls
would not blur and shimmer into ghostly figures;
Faces that smiled for an instant into cameras
that caught their images in a flash;
Faces that laughed and danced into poses
caught and transported into internet images
flitted across our planet in microseconds. Our
family. Faces of people who have given portions of
their images to those that followed,
And faces of those who have received features they
call their own;

A nose, a smile, a way the hands lay at rest,
a lock of hair that curls just so,
a twinkle in the eyes,
a sadness at the corners of the mouth.

These photos are a bridge that spans a hundred,
and more than a hundred years,
Linking those who are lost in physical form
to those who are vibrant and alive,
Proof that the ancestors are never truly lost,
just remixed within the beings of our present,
and our future;

Proof that we are rooted in the years
and centuries that came before us,
And that we will continue in the years and centu-
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“Leadership is not about the next election, it’s about the next generation.” ~Simon Sinek

The Williams Lake Stampede

A POEM BY TOM BINGHAM

If you`re driving through, and sightseeing too
 Along the old Cariboo trail
 You see things that did last, when you dream of the past
 And remnants of things that did fail
 Now the cowboys of old, were like today's; young and bold
 They will ride the most wildest steed
 They test their skills each year, as they ride without fear
 At the famous Williams Lake Stampede
 There were always contests, to see who were best
 Over the years this was the best game
 1919 was the year, they got this one in gear
 Never thinking of their future fame
 The first gathering was slow. The next year began to grow
 Getting larger as the excitement grew
 It was getting plain to see, the success it would be
 Along with spinoffs for the new town too
 In the country all around, many a cowboy are found
 Who like the excitement and crowds
 And the stampede they say, would be the best way
 To have all this excitement allowed
 People came to town, from the country all around
 To watch the wild west show
 At night there was a ball, at the Elks hall
 Where all of the people would go
 There was one tragedy too, in nineteen thirty-two
 To a contestant considered the best
 His stirrup formed a noose and he couldn't get loose
 And his horse rolled onto his chest
 A day and a half he did lay, and then passed away
 From injuries he could not overcome
 But the fans still say, that he lives today
 In the hearts of most everyone
 Twenty years it grew, and the excitement too
 Getting better as time went by
 Then came the world war, to Canada's shore
 For eight years the stampede did lie
 In forty-seven it was revived, and it sure came alive
 People came from the country all around
 And the stampede ground, became a tent town
 Where all races of people were found
 A dance floor was made, for the natives that stayed
 In respect of the liquor law's clout
 They knew they had to be, kept liquor free
 Or wind up inside looking out
 Every stampede night, they would dance 'till daylight
 And a good time was had by them all
 But in later years, they realized their fears
 When the whites invaded their ball
 The parties grew, and the wild times too
 The dance floor got an unwanted fame
 In the morning they found, broken glass all around
 They were shaming the great stampede name
 Then one day they found, it burned to the ground
 Wild times would not be the same
 Organizers now knew, what they had to do
 To modernize a western show; make it tame
 Now the stampede show, is the place to go
 And we're proud of our stampede's fame
 So, if you're travelling through, and sightseeing too
 Around the first of July weekends
 You may just see us all, having a ball
 Enjoying the stampede with our friends



Appreciate your childcare provider



BY EVA NAVROT, EARLY YEARS OUTREACH WORKER, WOMEN'S CONTACT SOCIETY

A big cheer to all the hardworking, fun loving, creative childcare providers in our community. What would we do without you? Did you know that Friday, May 12th is Child Care Provider Appreciation Day and the month of May is Child Care Month? Consider yourself warned. Do your homework and organize something for your family's child care provider or preschool teacher.

There are quite a few tongue-in-cheek "appreciation days" out there. For example, Star Wars Day – May the 4th be with you! But you really should take this Friday seriously; besides family members, your child care provider is probably the single most important person in your child's life.

The truth is that early childhood educators often over-deliver and are under-appreciated for doing so. Here are some ideas to help you even up the score on Child Care Provider Appreciation Day:

- **A personal note.** The chances are pretty good that your child care provider is not hungry for fame or fortune, even though both may be deserved. Gift certificates, "stuff," and money will all go a long way, but personal notes are what get remembered (and kept) for a lifetime. If your child learned a word, developed an interest, or simply had a brighter day thanks to his

provider, have him put it in writing. It will mean a lot.

- **Make it a group effort.**

If you'd like to purchase a gift, you can put more money towards any one single idea (from this list or not) if everyone from your child's class pitches in. Talk to the other parents at your child care center or home daycare and organize it. It's also a good way to figure out what type of things a particular caregiver likes or does in her/his free time.

- **Gift certificates.**

Starbucks or Tim Hortons is always a safe choice. (Can anyone take care of kids without coffee?) Amazon is another one. Another wonderful idea for busy child care providers is a gift card for a manicure or pedicure! Otherwise, you can ask other parents at your child care center to try to figure out if she/he has a favorite

restaurant, etc.

- **Something for the classroom.** You'd be surprised how much preschool directors and teachers spend out of their own pockets for their classroom. There may be a particular item that fits so well with next week's project, for example, that waiting around for budget approval from the daycare center management wouldn't make sense. You probably don't want to guess what your provider needs, though, so just ask directly.

- **Time off.** Depending on your preschool, you may be able to organize some extra (paid) time off for your child care provider. A Friday afternoon head-start on the weekend can be more valuable than the "sum of its parts."

- **Be careful** with gifts of food unless you know the teacher pretty well. It seems like everyone is on this or that diet these days. You can hit a real home run, though, if you get it right. Paleo cheesecake, anyone?

And just to finish, here's one thing to avoid: mugs! It seems to be the one gift that preschool teachers and child care providers love to hate. Just offer the coffee instead!



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"Each generation imagines itself to be more intelligent than the one that went before it, and wiser than the one that comes after it."
~George Orwell

Seniors: gardening for health



BY ERIN DOMENKO

Warmer weather, dirt under your nails, dreams of lush, colorful yards or balconies. It is one of my favorite times of year. Planning what you want to grow, trying something new, and fresh air!

Gardening is a favorite activity of many seniors during the spring and summer time. Besides be-

ing enjoyable, (and bragging rights) it provides numerous health benefits. By now, we know that getting enough physical activity throughout the week is crucial for our overall health and well-being, but did you know that gardening is a form of exercise? In fact, gardening is a great alternative for going to the gym, as it requires your

body to move and switch positions, which challenges joint flexibility and strength. Furthermore, it can actually be more of a workout than a brisk walk!

Horticultural therapy is a method that uses gardening as a spiritual and mental healing treatment to promote a positive mindset. In Canada, horticultural therapy has been used increasingly over the last 60 years. So, if you're feeling stressed or could use a boost in mood, consider joining a gardening club or planting some flowers in a pot in your backyard.

Regardless where you live, planting fruits and vegetables in a garden can help improve your community as a whole. Not only will it help make the surrounding area look more colorful and beautiful, but it will also help

pump more oxygen into the air, improving the environment as a result. The fruits and vegetables you grow can even be donated to your local food bank, or Senior Activity Centre.

Numerous studies have shown that seniors who regularly partake in gardening display better moods than those who don't; additionally, they have lower levels of cortisol, widely known as the stress hormone. Gardening can also boost one's confidence, as there's no better way to measure one's positive impact on the world than through a successful garden. Did you know that gardening can help ward off memory loss conditions like Alzheimer's disease and dementia? This is because gardening requires us to utilize a number of brain functions, including learning, problem solving

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and sensory awareness, keeping our minds active.

If you are someone who enjoys growing and preserving your own food but you're also someone who just doesn't have the outdoor garden space that you need, there is a wonderful variety of

vegetables and flowers that can be grown in pots. Whether they are hanging, or on a sundeck or walkway, planters can yield enough for a tasty treat every day.

So get creative, get dirty, and get growing!

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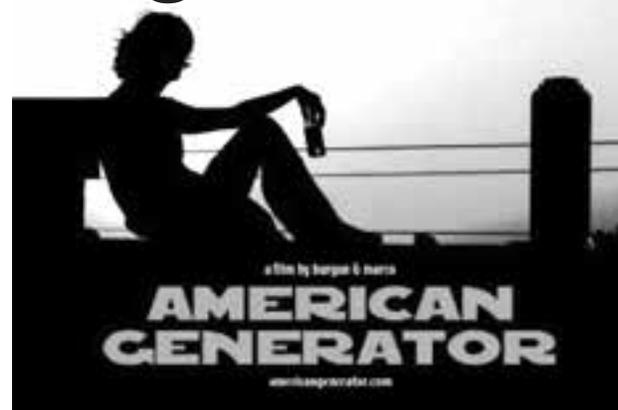
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"I am happy to see Spot, yet I am crying! Perhaps the chip is malfunctioning." Data (tears streaming) to Troi, *Star Trek: Generations*

'Popcorn Culture' generation



The term 'Popcorn Culture' describes how people like their movies (tidy, bite-sized portions) and what they extract from them (life imitates art). Don't think for a moment that all you get out of a movie is purely entertainment! Just as more movies are modeled as a more entertaining version of life as we know it, our lives are molded by the movies we watch. We've already become more desensitized to blood, gore and violence from what we see on screen, and as a result, movie makers have had to step it up in order to continue to shock us. We've also learned things from movies that aren't really true. For example, we all know that the ventilation system of any building is the *perfect hiding place*, and you can use it to travel to other areas of the building with ease. AND once applied, lipstick will *never rub off*—even while scuba diving. Oh, and *NEVER GO IN THE BASEMENT*—it's dangerous down there.

Explore this selection of "Generation" movies that, though they're not blockbusters, do have high ratings—maybe you'll find

a 'diamond in the rough' while you're broadening your horizons.

American Generator (2003), drama, IMDb rating 9.3/10

If you've ever closed your eyes and seen something better you will fall into this world. *American Generator* captures the chaos and beauty of life while following three struggling artists. Their sometimes hilarious, sometimes frustrating, but always inspiring journey of discovery gives hope to us all.

The Lollipop Generation (2008), drama, IMDb rating 8.7/10

The *Lollipop Generation* is an underground experimental film by Canadian artist G.B. Jones. His previous films include *The Troublemakers* and *The Yo-Yo Gang*. It premiered as the Gala Feature presentation of the Images Festival in Toronto on April 3, 2008. The movie tells the story of 'Georgie', a runaway teenager played by Jena von Brucker, and the people she meets on the "outlying streets with no

name..." At the same time, the film serves a diaristic function, documenting the people the director has met and the cities she travelled to, capturing an entire generation of underground performers.

Kamen Rider Heisei Generations: Dr. Pac-Man vs. Ex-Aid & Ghost with Legend Rider (2016), action, IMDb rating 8.6/10

Available with English subtitles, the story takes place in the world of *Kamen Rider EX-AID*. An invasion by the unknown Pacman game virus begins, causing humanity to fall into an unprecedented crisis. As the infection spreads at a frightening pace, Takeru Tenkuji (*Kamen Rider Ghost*) becomes infected and loses the ability to transform. Emu Hojo (*Kamen Rider EX-AID*) identifies the source of infection and the enemy, and it affects his own fate as it leads to a significant truth.

Generation Me (2012), comedy/romance, IMDb rating 8.1/10

Generation Me... A generation obsessed with

status updates and self-portraits. Malia's stable relationship with her boyfriend Chris quickly falls apart when she finds misleading messages from another woman on Chris' social networking page. Malia gets sucked into a whirlwind of new age revenge but soon learns the danger of relying on non-verbal forms of communication that her generation has become so accustomed to.

Generation Wolf (2016), thriller, IMDb rating 8.0/10

Vincent del Toro is part of the *Generation Wolf*—ambitious people whose dreams are bigger than their fears—and nothing will stop them from achieving their goals. When his business becomes jeopardized and he faces repossession of his father's house, Vincent becomes involved with a marijuana grow-op to solve his financial problems. Crossing the line appears to be an easy way out; however, as Vincent falls deeper into the criminal world, he soon realizes that his situation is becoming more dangerous.

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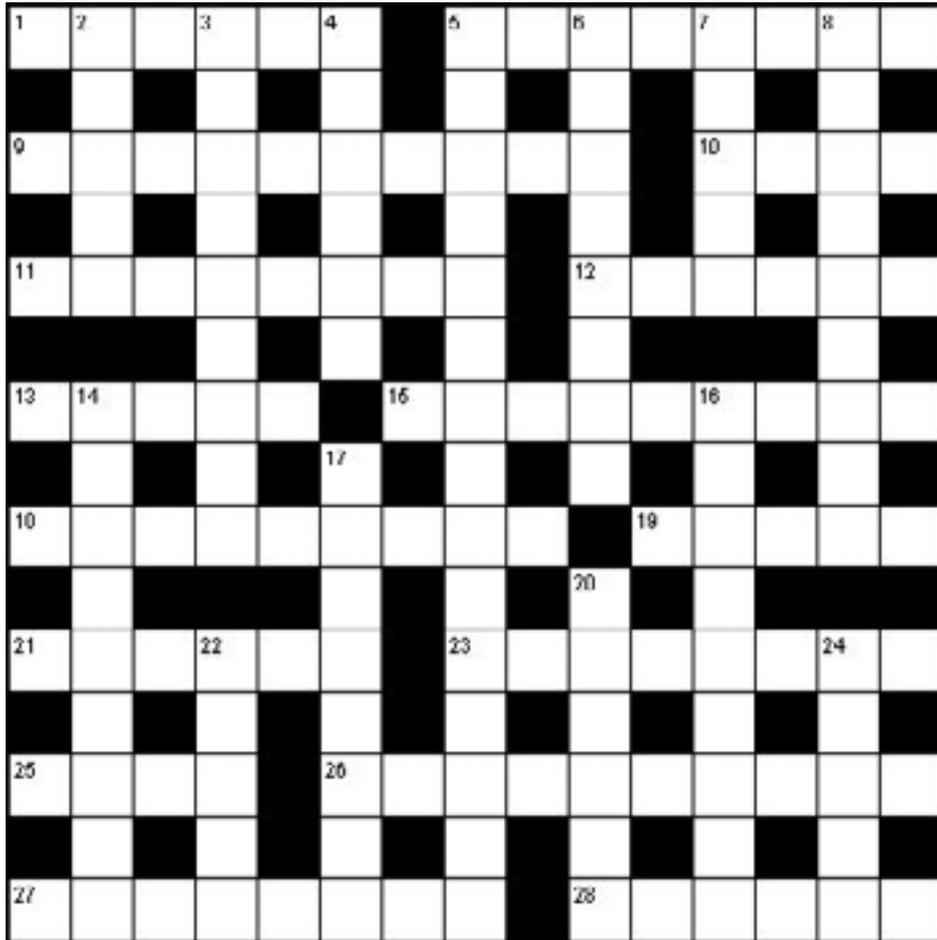
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X-Word Puzzle



ACROSS

- 1 Vessel held by mothers in service (6)
- 5 Wayward salesman turns to poetry (8)
- 9 Doctor tests brine for sharpness (10)
- 10 Worker loses piano part (4)
- 11 Alienate European leader? Extraordinary! (8)
- 12 Reg sat rewritten Oxford exam (6)
- 13 Sudden attack results in prisoners of war returning around the beginning of October (5)
- 15 Come in – one inside can amuse (9)
- 18 Anticipate enjoyment

- of free toast for a change (9)
- 19 Revolutionary model describes military student (5)
- 21 Nobleman receives coppers for plant (6)
- 23 Reappoint fool taken in by rule (8)
- 25 Stood up for girl (4)
- 26 Every bird comes to the first hoop in fairly brisk time (10)
- 27 A grave situation (8)
- 28 Hidden soldiers retreated in fast time (6)
- 6 Troubled designer gave up (8)
- 7 Mountain home sounds strange (5)
- 8 Game bird (9)
- 14 Complete a few to get healthy (9)
- 16 Fleeting river engulfs the centre of Grange and is rising (9)
- 17 Coach department (8)
- 20 Cattle food causes disease at port (6)
- 22 Bit part (5)
- 24 Advance fare (3,2)

DOWN

- 2 Raise new sign (5)
- 3 On-site rep forced to mediate (9)
- 4 Weapons mounted around North Beach (6)
- 5 Abnormally friendly – ringing about bird at return game (15)



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