

A person wearing a helmet, goggles, and a backpack is riding a black and yellow snowmobile through deep snow in a forest. The snowmobile is kicking up a cloud of snow. The background shows snow-covered evergreen trees.

the stew

ISSUE 9.12 | DECEMBER 2018 | FREE

the snow issue

Featuring
Powder Kings & Snowballs
Pages 6 & 7

we speak

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On the Cover:

Tis the snow season! Embrace winter, enjoy all that white stuff. Do not hibernate but get out and snowmobile, snowshoe or slide! We live in the Cariboo. The perfect outdoor playground! Lucky us!

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Two Seasons

BY CRAIG SMITH

Snow... we either love it or hate it, there really is no in between! If I had my way there would be two seasons, summer and winter. I would like the transition to be almost instantaneous. Kind of like getting on a plane in the middle of winter, flying to Mexico and going from minus 20 to plus 30 in the space of a few hours. As much as that is my dream, I can't imagine the problems that would cause, especially with infrastructure dealing with the flash flooding, caused by the snow melting at an accelerated rate. I look outside at the end of November and normally I see this blanket of white and my dog's tracks in the snow. This year, however, has been snowless except for a very brief surprise snowfall in September. If you believe the farmer's almanac it's supposed to be a mild dry winter which is not good for the forests or the water table.

It's difficult to get into the Christmas mood without the white stuff on the ground. You can try by putting up your Christmas tree and decorating, but without the snow, it just isn't the same. I'm not sure if that means I'll never be a snowbird as Christmas at 30 degrees seems weird. I've always been a winter person. It might be because of my Scottish/Swedish heritage and the love of the cold goes back forever, or

perhaps because I've lived in the North most if not all my life. I enjoy all snow activities, but my favorite is sitting in my hot tub on a snowy day with a coffee and some Baileys in it.

From the time I started writing this article to the time I finished it, it has been snowing. Not much but enough to cover the ground, and make it feel Christmasy for my pet pics with Santa and the Santa parade.

I've always been curious about the weather and wonder how the predictions can be right on the money and some are so far off. It's hard to believe that there is a profession that gets paid to predict the weather. Why do some people swear by sources like *The Farmer's Almanac* that can predict years in advance, yet my weather app on my phone can only predict a week at a time and not always accurately?

So, what causes the snow? Other than wishing and praying, the weather has a pattern which is why the *Farmer's Almanac* can be fairly accurate. Snow is usually the result of warm air containing moisture flowing up and over cold air. The warm air causes clouds to form and the cold air causes the ice particles to grow. Once the particles combine and grow heavy enough, they fall to the earth and it's called snow. The more water

vapour in the clouds the heavier the snowfall will be. Snow is also more prevalent in the mountains as clouds being forced to rise will cause larger snowfall accumulations. That's the basics, but where does the cold air and the warm air come from? Warm air or low-pressure systems come from the heat of the earth moving upwards and cold air or high pressure is the air that has been cooled by the atmosphere and is now pushing downwards. That's a very simple explanation of how snow comes to be and not how a graduated meteorologist would probably have explained. With the warm air and cold air being as random as it is, I can see why no one can predict the weather more than a few days in advance.

I've always wondered about the old saying that no two snowflakes are the same and whether it was the truth or not. While it is not totally accurate that no two are alike the odds of finding two snowflakes the same are roughly one in 10 quintillion. The other saying is that all snowflakes are six fold symmetry, however I found out that only .1 percent of snowflakes have that characteristic.

This is probably more than you ever wanted to know about snow, but I was curious and now that we have some of the white stuff I want to wish everyone Happy Holidays and a very joyous New Year.

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Debra Weir has enjoyed drawing since she was a little girl copying comic books and postcards. In Kitimat she was fortunate to have discovered painting with acrylics in high school. Moving back to Quebec, Deb joined an artist association that met weekly in a 100 year old farmhouse. Deb feels blessed to live in the Cariboo where there is an endless supply of inspiration and support.

Beatrix Linde has been a maker and creative her whole life. She has explored many realms of art that include soap and candle making, papermaking and bookbinding, mixed media, custom art cards, fibre art, surface design, and watercolour painting. She has taught many workshops in the Williams Lake community the most recent being papermaking and bookbinding for Elder College.

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Pages 6&7

Featured Artist
**Powder Kings
& Snowballs**

Page 27

**Murder at Crimson
House:**
A Musical by The Maranatha Players

Pages 4&5

Looking Back:
Coyote Coolie Part 2
Laurie Haynes

Page 20

Behind the Curtain
Dehydrated Mashed Potatoes

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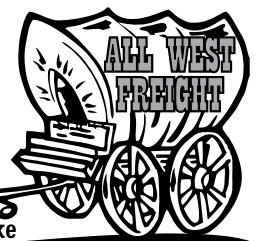
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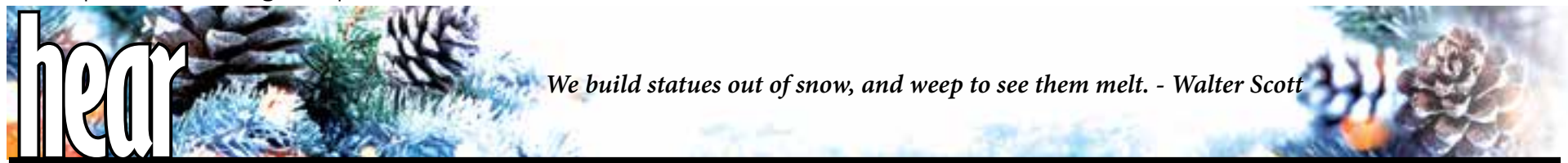
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Coyote Coolie Part 2 - Laurie Haynes



Laurie Haynes was nine years old when he first came to the Chilcotin from New Westminster in the spring of 1930. He arrived with his mother Del Naomi Haynes and three brothers, Lou 15, Ray 12, and Ken 6 in his aunt's 1928 Hudson Essex car. His 16-year-old brother Harry was already living in Alexis Lakes country north of Alexis Creek by that time.

Del Naomi had separated from her union activist husband John Kemp Haynes because he was unable to get a job to support his fam-

ily. His rabble rousing for workers' rights put him at odds with employers who blacklisted him and refused him work.

Del Naomi was looking for a new start when she arrived in Tatlayoko Valley to run the post office for KB Moore.

"At nine years old I didn't know too much what was going on," Laurie admitted. "Just roll with the punches. We adapted to the life in the valley pretty quick. It didn't take us long to fit in. Within a year we could all ride

horses."

Emery Bellamy, a neighbour who had moved to Tatlayoko Valley from Montana six years earlier, gifted the Haynes family with an old white mare named Belle. A few years later Scotty Shields gave Laurie his first horse, a small stud he managed to cut out of the wild bunch that ran on the Eagle Lake sidehill range.

"I'll never forget," Laurie spoke wistfully. "Scotty rode into our place to get the mail one day leading this little black horse. He got out of the saddle and handed me the lead rope, and said 'Laurie, I brought you a horse.' It was a little black shitter stud. He had castrated it, broke it to lead and brought it over. It was the gentlest little cayuse you ever saw in your life."

Laurie named it Scotty. James "Scotty" Shields had come to the country only a few years earlier from Scotland and eventually

married Margaret Bellamy, daughter of Emery and Alice Bellamy. Laurie remembered riding over from Tatlayoko to Big Creek for Dick and Rona Church's wedding in August 1931, with Scotty driving his aunt's Hudson Essex car they had driven up from New Westminster the year before. Scotty and Del Naomi sang the whole way.

"Scotty could sing like a bird and Mom had a tremendous voice. They knew every song there was."

Laurie spent several Christmases with Leonard and Hilda Butler in the West Branch Valley of the Homathko at Bluff Lake. In the Dirty Thirties there was no money to buy presents, so people made all their own gifts.

"Leonard Butler made all the presents he gave his family," Laurie recalled. "A spinning wheel for his mother Ada Holt, a set of chairs for his wife Hilda, a wooden

tricycle for his son Lee, and a set of handmade snowshoes for me."

Of course Christmas day was like any other day in ranching country, Laurie reflected. "You got up and fed cows. But it was festive."

Established families like the Bellamys, McGhees, Purjues, Moores and Butlers had big Christmas dinners and invited the loners and bachelors from around the neighbourhood to join them. Laurie said turkey was never on the menu in the early years because nobody had a fridge or deep freeze, but there was plenty of the "King's beef" (deer and moose meat) available. KB Moore had an icehouse but that wasn't adequate to preserve a bird the size of a turkey indefinitely.

"You didn't just go into Williams Lake and buy a bunch of groceries and a turkey like you do today. You went in with the beef drive in



► Laurie Haynes

the fall, and when you came back out, that was it."

Bringing perishables out on the mail truck from Williams Lake was out of the question too, because it was unreliable. It could take anywhere from two to ten days depending on the weather and the road conditions.

"You sure couldn't set any dates on the mail arriving. You get that big rain in the fall and holy smokes."

As it was mail delivery to Tatlayoko Valley was only every second week.

Laurie said the roads west

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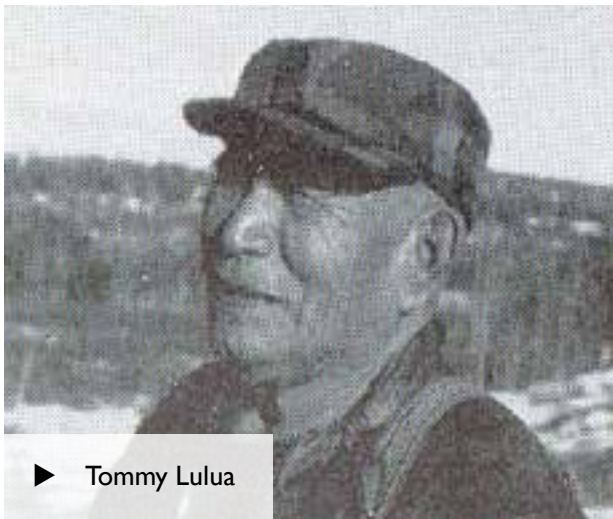
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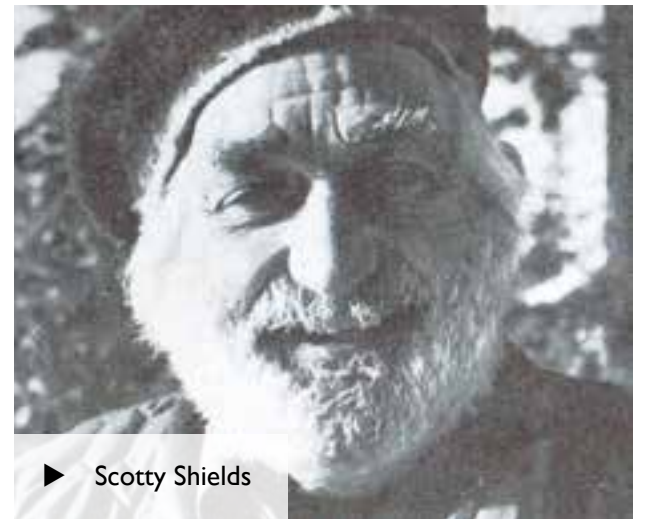
hear

I used to be Snow White, but I drifted. - Mae West

► Lou Left, Harry Right



► Tommy Lulua



► Scotty Shields

...continued from page 4

of Alexis Creek just weren't roads.

"It's hard to realize just how tough the roads were unless you were there."

Laurie was in the army during the Second World War and came home on sick leave. After taking the train from Squamish, he met Percy Hance and Ed Lee in Williams Lake who had been in town for a week on a big drunk.

"We headed out in EP Lee's old truck. When we got to the edge of town, Ed Lee got out of the truck and said, 'You're driving.' Well I was in no shape to be driving. I'd just had a hernia operation the week before."

Nevertheless Laurie drove from the Borland Ranch in Williams Lake to Hanceville where Percy Hance got out. Then he continued driving west to Tom Lee's store in Alexis Creek. On their way across Anaham Flats between Hanceville and Alexis Creek he encountered Frank Mayfield of Chilco Ranch coming the opposite way on the wrong side of the road.

"I was in the left hand

lane and he was in the right hand lane. We were both on the wrong side of the road. But there was no way we could change lanes because we were both in deep ruts and couldn't get out. So we just passed each other on the wrong side of the road and just kept going. Old EP missed the whole thing because he was snoring."

Laurie dropped EP Lee at Tommy Lee's store and went off to bunk with Tommy and Gertrude Harvey to wait for the mail stage that was due in three days.

"I always stayed with the Harveys. I'd done a lot of work for old Tom Harvey in the early years. I'd babysit their place when they came out to Chilko Lake to look after salmon in the fall."

Tom Harvey was hired by the Pacific Salmon Authority to monitor the Chilko sockeye run.

The first year Laurie arrived in Tatlayoko, he and his brothers attended school in KB Moore's house. The arrival of three school-age Haynes kids helped tip the scales so there were enough

children for the community to be eligible for a school. The parents of the children chipped in and built a new one-room school, and Laurie and his brothers were conscripted to help out. Gladys Royce was the teacher, and later she married Cecil Bellamy.

A few years later after the demographics of school-age kids shifted to the north end of the valley, the school building was moved up the valley next to the Bellamy Ranch at Crazy Creek.

With Del Naomi Haynes running the Tatlayoko Post Office, Laurie grew up getting to know the people from across the region that came to get their mail. The Lulua family was part of a strong Tsilhqot'in community that still retained their old ways and their connection to the land. They also adapted to some settler traditions like ranching.

"Tommy Lulua had 25 or 30 head of cattle, and every fall when the beef drive went from Tatlayoko across the Eagle Lake sidehill, he'd always put four or five head in

the drive to Williams Lake."

The Lulua clan occupied the country around Big Eagle (Choequoit) Lake and upper Chilko River, all the way over to Tsuniah Lake.

Jack Lulua, patriarch of the family made a big impression on Laurie. He described Jack as a happy-go-lucky guy who didn't care what other people thought of him.

"The Tsilhqot'in people that I met weren't impressed with strangers," Laurie said. "They didn't give a damn if you've got a Lincoln Continental and \$10 Million dollars in the bank, you didn't have the freedom they had."

He said Jack Lulua used to walk down the trail leading his packhorse singing at the top of his lungs.

"That's why people used to call him Crazy Jack, but he was a long way from crazy. He was an individual. He went his own way, did his own thing, and if you didn't like it well that was just too bad for you."

Over in Chezacut Jack Lulua was working in the hayfield for Charlie and



► Muddy Chilcotin roads in the 1940's

Martha Mulvahill. At lunch time Mrs Mulvahill came in and asked Jack if he was really crazy. He looked around and said, "Night time maybe a little bit crazy. Daytime I be alright."

One time Jack Lulua was camped out with his family on Sunflower Hill, part way up the trail to the Potato Mountains. Laurie and two of his brothers stopped to visit and Jack told the whole story of the Chilcotin War.

"He said he went with War Chief Lhatssasin when they massacred Waddington's road building party down in the canyon. He said he was a young boy then, maybe 12 or 13 years old.

"He told the whole story, how they waited until the road crew went to work then killed the cook and the flunky. Then they killed the guys on top of the canyon tending the ropes. Then cut all the ropes and pulled all the poles off the pins so the guys out there couldn't get back. Then they dropped rocks on them until they killed them all.

"Old Jack Lulua told the whole story. My brothers Lou and Ray were there too. We were just kids. The old grease trail went down the east side of Tatlayoko Lake to the coast. The Tsilhqot'ins would take dried deer meat down and bring oolichan oil back"

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flavour of the month

I grew up on the edge of a national park in Canada - timberwolves, creeks, snow drifts.

- Dan Aykroyd



Powder Kings & Snowballs

BY JUANITA MCKINNON

When a lot of people think of snow, they think winter tires, cold, and shoveling. I have to admit I'm one of those people. As a kid growing up in the country, I loved snow. The first snowfall meant building a snowman, snowball fights and snowmobiling on the trails and later, when the ice froze, on the lake. Snow to Mark Snowball, President of the Powder Kings Snowmobile Club, means heading up to Yank's Peak.

In 2012 the club was in danger of folding. Mark asked the question "What's involved in being a president?" The Powder Kings hold a Partnership Agreement with Rec Sites and Trails BC to groom the trails. The Powder Kings are responsible for grooming/maintaining trails, signage and clearing the

trails in the winter. Mark knew that if the club folded, they would lose their agreement. So, he let his name stand.

When Mark took over as president, the club owned a grooming machine they affectionately called "Paris". The first time he went out grooming, it took from 8:30 a.m. to 6:00 p.m. plus the 3 hour drive. It was a thankless job! The "old girl" had levers-no steering wheel, only 3 speeds, and you only got into third gear on a downhill slope. Grooming with "Paris" was an amazing feat for the club.

In the 2014/2015 season, after grooming with "Paris" for 2 years, Mark thought things needed to be stepped up. They had money in the bank so the club decided to buy a new groomer from the All-Cat dealer. They had approximately 2/3 of the money for the

purchase and decided to fundraise the rest. By the end of that season the groomer was paid off. Each season the club spends approximately 240 hours to groom 500-600 km. This new machine made things so much easier.

The club is thankful to Jeff and Debbie Garten, who allow them to park the groomer on their property at Keithly Creek all year round. They also accommodate the fuel tank that shows up in the fall. Jeff does 80% of the grooming of the trails. The Powder Kings are one of the furthest clubs away from their trail so Mark and Laurie Snowball are very grateful for his help.

Mark has applied for a grant from Northern Development Initiative Trust to upgrade the Safety Cabin at Yank's Peak, trail brush and upgrade, and upgrading the parking lot below

the cabin. The cabin was built in the 1990's and was in dire need of an upgrade. It is in a non-motorized area of Yank's Peak. The original cabin was prefabricated and flown up the mountain. After they received the grant from NDIT, they held a summer workbee. All materials, crew of 13 and the carpet layer where flown up to the cabin. They refloored, installed a new airtight wood stove, added new railing to the cabin, and a new roof to the outhouse. Mark says the projects have really paid off. There is respect and pride from the club members. The cabin is now cozy, warm and welcoming.

The Safety Cabin is important to the club because it is the home base at Yank's Peak riding area and equipped with first aid supplies, wood stove and shelter when conditions change,

and shelter is needed.

Each year the number of members increases. There were 13 members when Mark started as president. Last year they had 180 members. Families are now involved in the club. Ladies are becoming interested in the riding. Mark's wife, Laurie and daughter Maryclaire both ride. Laurie organized a Ladies Clinic 2 years ago that was very well received. She arranged to have a pro-rider teach the ladies. All 12 spots were filled with more interested ladies added to the waiting list. The younger generation are getting involved as well. This is thanks in part to pro riders like Hoyer, Manachuck and Turcotte.

The Snow Show and Groom for a Day are the only fundraisers the Powder Kings do. The Snow Show kicks off the riding season. At Snow Show they sign up members, sell snow passes and hold a show and shine. It only costs

\$250 to sponsor Groom for a Day. The first year the club had 10 sponsors, but that number is on the rise.

The Powder Kings hold about 6 events yearly. Some rides are Fun Day, Horsefly to Likely Ride, Horsefly to Ten-ee-ah Ride, Chimney to Ten-ee-ah Ride and the Sweetheart Ride. The Cariboo is fortunate to have 3 great mountains within 1 1/2 hours of Williams Lake. There is Green, Blue and Black terrain on Yank's Peak. Mark and Laurie stressed for safety you should ride with someone that knows the trails and purchase your snow pass or you could be turned back by a CO. Mark and Laurie talked about the Rainbow Range - a must ride and truly a hidden gem!

As we finished our interview Mark said, "You really need to ride in the Alpines, then you'll get why we ride". Thinking I'll take you up on that offer Mark, I might just love snow again!

flavour of the month

Successful ideas, they snowball. - Ron Johnson

► View from Yanks Peak



► Dan Having Fun!



► Ten-ee-ah Lodge



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Give the gift of travel ...make memories.

“What if Christmas doesn’t come from a store?”

Liquid Assets

By Adele McLearn

Ahhh – it’s that time of year again – Wow – already a year has gone by. I have always loved Christmas – a time to be with friends and family – a time to show those around us how much they mean to us. The Christmas thought should be – what can I do for those loved ones that will mean something special to them at this magical time of year.

Unfortunately, these are not the thoughts for everyone at this time

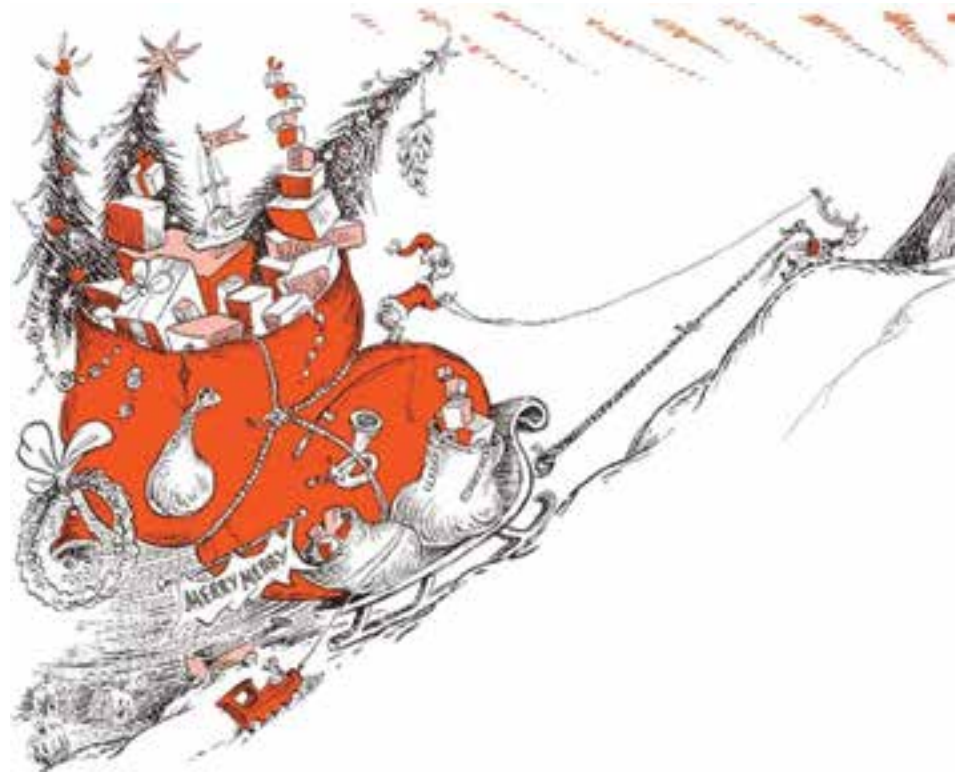
of year. Sadly – it is a time of stress and worry regarding money and how much is the credit card statement going to show after Christmas is over. It doesn’t have to be a stressful time of year – maybe focus on what is important to you and those around you.

A few ideas for gifts could be something from the heart – a Christmas card with an IOU for a free dinner to be delivered – a night of free babysitting for that couple with a

new baby and not enough time for each other – a basket of homemade baking for the Christmas season to lighten the load when friends ‘pop in’ unexpectedly – shovelling the neighbor’s yard after a new snowfall.

Rather than spend money you don’t have or maxing out your credit lines/cards on gifts that aren’t needed or appreciated – keep your money in your accounts and make a very special gift that will be remembered. It’s fun to listen to children and grandchildren say – Remember when...

One thought that I have come up with for grandchildren is to give them a Collector’s coin or a Silver Dollar attached to a special gift – something that will increase in value as compared to a toy that will probably not even be



remembered. As a young student – teachers would give out a silver dollar for accomplishments in their classroom. I still remember receiving such a gift

as a reward.

I believe that the Grinch truly had it right – “What if Christmas doesn’t come from a store- what if Christmas

– perhaps – means a little bit more?”

May you and your family have a Christmas of making memories this year that last a lifetime.



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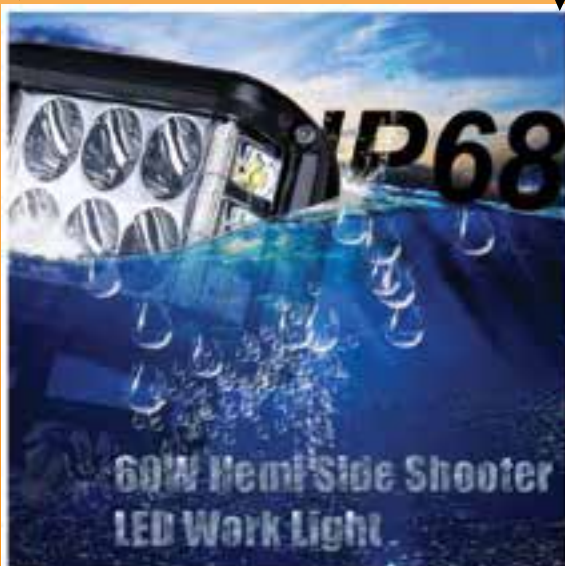
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The snow leopard is absolutely magnificent. It represents really what endangered species are all about. - Jack Hanna

Business Snow Maintenance

BY ALEXIS FORSEILLE
COMMUNITY FUTURES
CARIBOO CHILCOTIN

It's the most wonderful time of the year with the holiday rush beginning to take place in businesses across the community. In the Cariboo-Chilcotin, you can almost guarantee that the holidays will have snow in the forecast. Have you prepared your business or place of work for the upcoming season of snow?

If the business is located downtown, or adjacent to sidewalks, the sidewalk will be the number one concern for customers that visit or pass by the business. It is the responsibility of the business to maintain the sidewalk in front of their property. Your customers may never mention a cleared sidewalk, but they will be thankful for the safe place to walk.

It may be in the business' best interest to invest in sand or salt to place on areas that accumulate water and potentially form black ice. If the business chooses to use an ice-melt mix or salt mix, please consciously purchase mixes that are safe for customers to walk their dogs on. If you are unsure, the most pet friendly mix for sidewalks is sand.

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for businesses during the winter months. It is important to maintain the parking lots to ensure customers and staff can safely walk without the risk of slipping and falling due to snow or ice build-up. If you have a large parking lot, you may already have a contract for snow removal. If you don't, it may be time to secure a snow removal company that can maintain the parking lot for the business. If the parking spaces are not too large for any employee to shovel by hand, a second option would be to create a schedule for snow removal with staff.

For businesses that operate by using a fleet of vehicles, being prepared for snow takes a little more effort. Maintaining vehicles through the winter

includes equipping them with winter tires and providing a supply of windshield washer fluid. Purchasing a snow scraper for each of the vehicles will also help employees deal with snowy conditions when they are on the worksite. For commercial vehicles that regularly travel through the mountain passes or on bush roads, it is important to do regular inspections on their chains to address any signs of wear. Whether the fleet requirements are mandatory or not, the safety and well-being of employees travelling on winter roads should be a top priority.

As prepared as a business can be for snow,

sometimes Mother Nature decides to give us more snow than we can handle at one time. For business owners and managers, it may be of interest to have a conversation with employees about the impact of a large snowfall on their commute to work. Everyone in the workplace should know the expectations to arrive to work after the large snowfall and the procedure to report if their commute has become unsafe to travel on-time to work.

Winter is a busy and exciting time for businesses. By keeping up with the snow, you will be able to keep employees and customers safe during the holiday rush!

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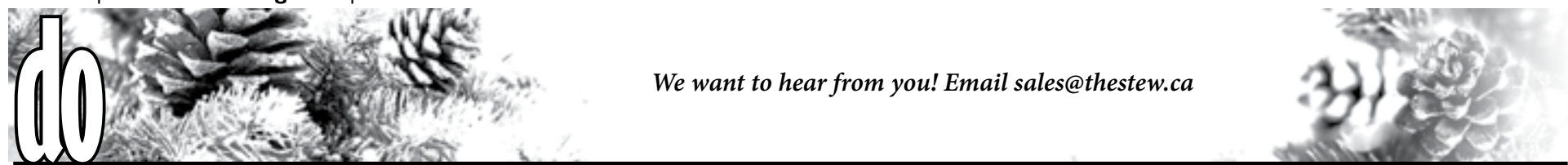
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Don't Hibernate!

BY ALICIA FENN,
BSc. (KIN), C. PED (C),
CARIBOO ORTHOTICS

The winter months can be hard on the waistline from diet alone; this time of year the fresh fruit and veggie cravings disappear and an appetite for stew and roast emerges. For those of us celebrating holiday festivities – we end up eating turkey, creamy mashed potatoes, gravy, and baked goodies. The inflow of food and drinks seem to

ramp up as the month passes. By the time new-years rolls around, we are SO ready to create some resolutions and start eating right and exercising again. We head to the gym and by the end of January we are burnt out, and decide to wait until the snow melts to really take our health seriously. Don't hibernate this winter! The cold and snow actually make for a great exercise environment. There are many benefits to staying active

in the colder months.

Exercise burns more calories (it takes more work to increase core temperature AND because you don't get as hot you can go further for longer before feeling fatigue), strengthens our bones, and keeps us healthier. All that fun outdoor activity raises our spirits. The Cariboo is the perfect outdoor playground when the white stuff sticks – get out there and enjoy!



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**It has been
snowing for
three days!**

BY LINDA PURJUE
WILLIAMS LAKE
WRITERS GROUP

It's too early!!
Summer was a whisper,
Fall was a blink;
Winter raced October,
And won.

Snow,
Thick, white snow,
Weights the leaves of trees
Bent in supplication
To the fury of early winter.
Trees that should still be glorious
With gold and ruby garments
That sparkle and glint
Against the vivid deep blue Autumn sky,
Then gracefully pirouette to the ground,
To blanket it in ensnared sunshine.

Instead,
Winter's monochromatic palette
Enshrouds Fall's glory,
Encasing it in crystal white,
Dimming the vibrant landscape
To pale shadows of its customary hues.
Winter has buried the still-unclaimed bounty
Of the kitchen garden,
Entombing it in a cold, colourless carpet,
Consigning it to the detritus of decay
That will nourish next year's hopes and dreams.

And the wind blows.
It blows winter right into your bones,
And makes them ache.



do

*His droll little mouth was drawn up like a bow,
and the beard of his chin was as white as the
snow. - Clement Clarke Moore*

SNOW... USEFUL FOR SKIING

BY ANNE MOUTRAY
WL WRITERS GROUP

We live in the land of ice and snow, the Frozen North. Just ask any Californian and he will confirm it. If we have the snow, we may as well use it for something other than building snowmen. Have you ever wondered why people always build snowmen, never snowwomen?

Back in the olden times when I was young and living in Kamloops, I loved skiing. Mind you, I loved it in later times as well but my friend, Caroline, who didn't love or even like skiing, would become extremely annoyed as she watched me hopefully scanning the distant hills for the first sign of snow. Caroline was a horse lover, you see, and as such she was concerned about the horses out in the snow-covered fields. I loved horses too, but it was the snow that I prayed for. And anyway, how did she know that horses don't

like snow?

The snow always came despite the horses' predicament, and with the snow came the cold. In those long-ago days the weather seemed to be colder and snowier than it is these days, but nothing could stop my skiing friend, Frances, and me from going to the ski hill.

My Mother would drive us to the ski area and Frances' Father would pick us up at the end of the day. The lunch I always packed, as far as I remember, consisted mainly of ham sandwiches, which would be placed in the care of a convenient snowbank. We would don our skis, take a breath of very fresh air and our ski day would begin.

Those were the pre-ski-tow days; in fact, those were the pre-everything days except for skis, boots, ham sandwiches—and snow. On a Saturday there would generally be the two of us on the hill and maybe one

or two other hardy souls but on a sunny Sunday the hill would be quite crowded with maybe twelve or thirteen people.

As there were no lifts, it was necessary to ski up the hill. This one usually did by traversing the hill, doing a smart kick turn and traversing back to the other side; and so on until one reached to top; and what good exer-

cise that was. It took thirty minutes to climb the hill and thirty seconds to ski down.

As you might imagine, after expending all that energy, we were pretty hungry by noon, so we would sit in our friendly snowbank and unpack our lunches. You have no idea how good solidly frozen ham sandwiches can taste to a hungry skier.



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Lewis Robinson's first novel, 'Water Dogs,' is stuffed with snow. Open practically any page of this book, and crystals will shake out.

- Anthony Doerr

MOVIE MUSINGS

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The Edge of the Knife

The Williams Lake Film Club is thrilled to be screening the first ever feature film spoken all in dialects of the Haida language - **The Edge of the Knife** - on **Friday December 14th** at the Gibraltar Room. Don't worry, there are English subtitles! The film recently premiered in September at the 2018 Toronto International Film Festival, and is the collaborative result of many years of work by many people, including co-directors Helen Haig-Brown and Gwaai Edenshaw. Helen Haig-Brown is a Tsilhqot'in filmmaker working primarily with indigenous and First Nations themes. Gwaai

Edenshaw is Haida and from the ts'aalth or Sea Lion clan; he grew up on Haida Gwaii. Gwaai has successfully pursued numerous artistic endeavors from an early age, all rooted in Haida culture. This includes carving, sculpting, jewelry design and making, graphic novels, play writing, and most recently, screen writing and directing.

Edenshaw was mentored by the celebrated artist and carver, Bill Reid, at the age of 16, and went on to carve his first totem pole, under his father, renowned Haida leader, activist and artist, Guujaaw, at the age of 18. He has also worked alongside his brother, Jaalen Edenshaw, on a number of totem poles - in the Summer of 2013 Gwaai and Jaalen carved and raised a 42-foot pole in Gwaii Haanas National

Park, the first pole raised there in over 130 years.

Edenshaw first forayed into digital filmmaking in 2007 with the internet animation series Haidawood. The Edge of the Knife began about four years ago, when a production manager for the film got involved with a community development team and UBC, and they decided to form a story. The project snowballed from there. Edenshaw joined the story-writing team alongside his brother Jaalen, Graham Richard and Leonie Sandercock. The Haida language was central to this project from the get go. As Gwaai explains it, "[w]e felt part of the soul of our nation is wrapped up in our language. So if we wanted to tell a Haida story for ourselves or other people, it had to be in the Haida language

or something would be missing." (Canadian Art 2018).


The film centers around an ancient Haida story about Gaagiixid, the Haida wild man, who Edenshaw describes as "a being woven into the fabric of Haida history for mlllenia" (Canadian Art 2018). After a traumatic incident, the central character Addiits'ii transforms to Gaagiixid (the wild man) after he is exiled to the forest and shores of Haida Gwaii. The story works as a parable for any hardship one might experience - addiction, divorce - or any situation that thrusts someone over the edge. As Edenshaw explains, the title of the film is derived from the Haida saying that "the world is as sharp as the edge of the knife; as you go along you have to be careful or you

will fall off one side or the other" (BC Business 2018).

One cool thing to notice during the movie - the tattoos on the actors may be real. After figuring out the cost of having a special effects team paint on the tattoos every day, actors were given the option of getting traditional hand-poke tattoos done and a number of actors went ahead with this before the film shot.

Another thing to note - though the story may be dramatic and tense, there is humour to it. Edenshaw noticed that when the film was first screened to residents of Haida Gwaii, there was a lot more laughter at home than with the film festival crowd in Toronto. Edenshaw figures "... you've got a bit of a secret handshake when you're in a small community, and the humour is particular."






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December 1-22, Salvation Army Kettle Campaign, Support your community and volunteer, Call Dawn at 250-267-5032

December 1-23, Photos with Santa, Fri 3pm-6pm, Sat & Sun 12pm-3pm, at Boitanio Mall

December 1, Down Town Williams Lake Co-

lourful Cariboo Culture Winter Lights Festival, 10am-7:30pm, Winter Lights Parade starts at 5pm

December 3, Free Seniors Bingo & Refreshments, 1pm, at Boitanio Mall

December 5, Technology the Focus of "TechDev 101" Workshop, at TRU Williams Lake Campus, 9am-4pm

December 6,7,13 & 15, Maranatha Players Presents Murder at Crimson House, Starts at 7pm, Dec 8 matinee at 1pm & 8pm

December 7,14,21 & 28, CJ's Restaurant has Live Music every Friday night.

December 8, Christmas Craft Fair, 10 Door Prizes, 150 Mile Community Hall, 10am-2pm,

Contact Barrie Brown for info: 250-392-0728

December 8 & 9, Cariboo Hobby Con, Crafts-Arts-Toys-Clothes-Collectables, LCS Columneetza Gym, Sat 10am-4pm, Sun 10am-2pm

December 9, McLeese Lake VFD Christmas Market, McLeese Lake Recreation Centre, 9am-3pm, Contact Jacquie: 250-303-0259

December 12, Williams Lake Child Development Centre Christmas Wish Breakfast, at Boston Pizza, 6am-9am, to reserve a table call the CDC at 250-392-4481

December 14, Williams Lake Film Club presents 'The Edge of the Knife' in 19th century Haida Gwaii, Gibraltar Room, 525 Proctor Street, Tickets at

The Open Book for \$12, 6:30pm-9pm

December 22, Alley Katz, Enjoy some Blues Music every 3rd Sunday, Call for info: 250-398-7368

December 24, The Likely Lodge is putting on a live Candle Tree Lighting and Christmas Caroling at 8 pm on Saturday the 24th of December. At 7 pm there will be a Christmas eve service at the Likely Chapel.

December 31, The Likely Lodge, New Year's Eve Party, Live Band to ring in the New Year. Starts at 8pm

February 9, Get Your Tickets Today, Vintage Valentines, at Ramada Convention Centre, Starts at 6pm, Tickets at The Women's Contact Society.

QUESNEL & AREA

December 4,11 & 18, The Occidental, Karaoke with Rob Hess, at 6pm-9pm

December 8, The Occidental, RCMA Open Mic, first Saturday of the Month, \$5 at the door.

December 10, Barkerville, Old Fashioned Victorian Christmas, 10am-4pm

December 10, Quesnel Agri-Food Centre Open House, Royal Canadian Legion, 11:30am-3:30pm

December 12, Last Chance Christmas Market, The Lodge, 1262 Maple Heights Road, 6pm-9pm

December 13, A Christmas Carol: Quesnel Live Arts, Northstar Church, 301 North Star

Road, 7:30pm-9:30pm

December 16, Caroling, Bethel Church, 143 Coach Road, 6pm-9pm

December 19, Christmas SUPER Bingo, Quesnel Bingo Hall, 668 Doherty Drive, 6pm-10pm

December 21 & 22, The Occidental, The Foxxie Follie's Christmas Extravaganza, Admission \$20 at the door, Show time 9pm

December 24, Christmas Eve Dinner, St. John the Devine Anglican Church, 465 Kinchant Street, 1pm-4pm

December 26, The Occidental, The Jerry Cans, 7pm-10pm

December 29, Ice Palace, Quesnel Arena, 1pm-4pm

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December 5, Cariboo Kids, South Cariboo Early Years Centre, Free Christmas Movie - Trolls Holiday, Children age 0-5, with snacks and giveaways, at the Cariboo Family Enrichment Centre, 11am-12pm

December 5, 12 & 19, Cariboo Kids, South Cariboo Early Years Centre, Free Parent and Tot Skates Wednesday Mornings, Bring the family to the South Cariboo Rec. Centre, 9am-10am

December 9, Eclectica Community Choir presents White Christmas, Martin Exeter Hall, 2pm-4pm



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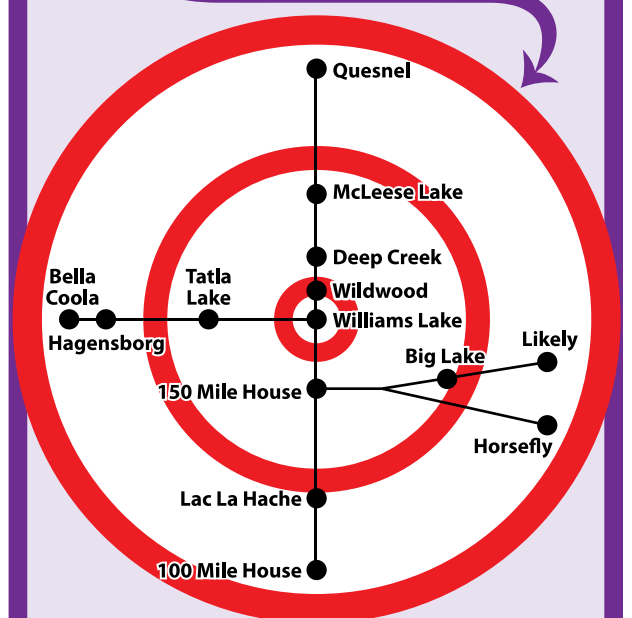
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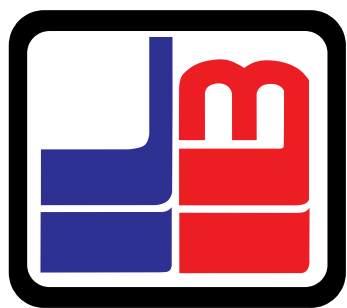


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Yummy Snow Day Recipe

Out of the Fridge

By Brice O'Neill



I hate snow, and not for the reason you do. Snow holds a special contempt with me because when it accumulates in quantity it's time for me to stop wearing shorts and put on pants. It's not because it's cold out and the logical thing to do is, at a minimum, wear pants. No, it's because I made a deal with Sue that when there is snow on the ground, I put my shorts away until it is gone. I work A LOT and I work exclusively indoors in a very hot environment so

wearing shorts just makes perfect sense! Also, they are comfortable, and I enjoy being comfortable. To me pants feel like I'm being squeezed to death from some sort of animal attached to my waist. A python made from fabric who intends to destroy my happiness by constricting the joy out of my daily existence. Ever see a Koala hugging a tree? Ya, like that but on my waist and leg. That's the other reason I really dislike pants. Ever have to squeeze the air out of

your prosthetic through the valve at the bottom so you stop pistoning and then have to reset your valve while wearing pants? What is pistoning? I'm glad you asked. It's when your residual limb slides up and down loose inside the prosthetic causing it to slam on the hard bottom, EVERY STEP. Very uncomfortable. Shorts allow me to quickly reseal the valve, wash my hands and get back to whatever it was that I was doing. Pants mean a trip to the bathroom because dropping pants in the kitchen is frowned on. The only thing that I do like about snow is my snow blower. When there is enough snow on the ground that it makes travel out of my driveway perilous, I put on snow pants over my pants (groan) and dig my engine of snow destruction

out of the shed. For the next hour or so me and that glorious gas-powered beast throw snow in a two meter high arc right onto my neighbours' driveway. Then I carve pathways in my yard with it. It's my special way of showing snow the middle finger and it's incredibly fun watching the snow-grass mixture shooting into the air, (until I see Sue in the window shaking her head at me).

Ready for a great snow day meal? How about Cast-Iron roasted chicken with crispy potatoes. All you need is a chicken about 4-ish pounds, some russet potatoes, a couple of tablespoons of butter, some fresh thyme, olive oil, salt and pepper and a couple of hours. Dry the chicken well with paper towel and season inside and out with kosher salt. Tie the legs together and

let it sit at room temp for about an hour. This gives the salt time to do its' salty magic. Put a cast iron skillet in a cold oven then turn it up to 425. This is an important step because you want the skillet to be hot. Slice the potatoes thin and toss with butter thyme and a Tbsp of oil until coated;

season with S&P. When your oven is ready lightly coat the chicken with oil then drizzle some oil into the pan and place the chicken in, place the potatoes around it and put it into the oven for 50 min. Take it out and let it rest in the pan for at least 20min. Cut that baby up and enjoy. Easy eh?



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Dehydrated Mashed Potatoes



BY SHERYL-LYNN LEWIS

Special effects in the theatre can include everything from making it snow to causing an explosion. Often, with a bit of lighting and misdirection by an artful cast, the necessary effect can be handled simply. Lanterns and candles are lit with LEDs and blown out by pressing a switch at the bottom. Cigarettes are replaced with herbal varieties, or non-lighting ones with a bit of powder to blow out for

smoke. This sometimes becomes confusing for those who actually smoke and need to learn to blow out with the cigarette on their lips rather than inhaling. Lightning is created with bright lights, gobos (patterns put into the lighting instrument), and the bump button on the lighting board. A mummy is able to levitate an actor while strangling him by having the actor step backwards up onto a small box hidden by the window curtain and vigorously

shaking their other leg outwards. The mummy, meanwhile has her hand gently resting on the actor's neck, while the actor holds onto her hand and makes strangling sounds.

Some effects require more resources. Items falling from a shelf, doors slamming or mysteriously opening, and chairs rocking on their own, can all be achieved with a bit of well-placed fishing line. Bookshelves can be built so that an access point from backstage is invisible to the audience. In this way, books can be added or removed while the audience's attention is drawn somewhere else on the stage. Secret entrances are created using foam, moving panels or the suggestion that the wall continues when it does not.

Breaking a bottle over someone's head, or throwing a coffee cup to break on stage require purchasing specialty props. These are made of a special kind of material, often wax, that breaks easily, has safe edges, and can also hold liquids. We are lucky that the movie industry exists in Vancouver, making it easier to find a company from which to order these expensive items.

Blood effects for the stage fill recipe books. They include fresh blood, blood that needs to be in the mouth, non-staining blood (for both clothes and skin) and blood with chunks. The difficulty with blood effects is getting the blood to stay where you put it, or go where it is wanted. An ability to palm a plastic, blood filled syringe and then

squirt it where needed is occasionally required. Sometimes medical tape is used to adhere a plastic bulb full of blood that will be later squeezed onto the "injured" body part. Often, the blood in an attack from a weapon comes from the weapon itself: a tube along the "edge" attached to a squeeze bulb on the handle that the audience can't see. An important thing to remember about blood effects is that they come with extra cleaning time and laundry every night.

Explosions can be achieved through sound effects and lighting. The more involved effects might involve the use of the smoke machine for extra reality. The smoke can be run through plastic tubing backstage to be delivered on-stage through a hole in the wall. One very involved effect used flash paper to create the light show

and loud sound effects. It's good to know local experts like magicians.

At the end of "The 39 Steps" the stage directions have the two clowns throwing snow. We needed something that would be inexpensive, easy to clean up, and look like snow. Internet research suggested that a box of dehydrated mashed potatoes was a typical theatrical substitute for falling snow. Mashed potato flakes did indeed work, although, experience suggests garlic-with-parsley-flavour is not the right choice.

Creativity, imagination and Google go a long way towards solving special effects on the stage. Coming next to the Williams Lake Studio Theatre stage is "Table Manners", by Alan Ayckbourn. Directed by Michael Rawluk and Angela Rankin, this comedy is on stage January 16th to February 2nd, 2019.

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Seattle- Christmas 2017



BY KEN GRIEVES

Snow. To those of us in these cold northern climes, a familiar (and by late February unwelcome) winter companion. Because of our familiarity with the white stuff, we sometimes forget that for others living in more moderate environs, snow is a magical ephemeral event.

Last Christmas, my daughter invited my wife and I to Seattle. Truth be known, we would've invited ourselves had an offer not been forthcoming. She lives in the Capitol Hill district, a trendy Kitsilano-like area about a mile from Volunteer Park. After a leisurely Christmas breakfast and with all the dinner prep done, we decided a walk to the park would be a splendid way to spend the rest of the morning.

Adding to the great

pleasure of the walk were the three or four inches of snow that had fallen on Christmas Eve giving Seattle a rare white Christmas. This being Seattle, it was a heavy snowman-type of snow that clung to bushes and branches bending them in graceful arcs overhead.

At the entrance to the park is a cylindrical brick water tower rising 50 feet or so above the street. While we were using the ivy-covered base as a backdrop for photos, a young man walked by with a young golden lab on a leash. The pup eagerly approached my daughter who, before doing so, asked if it was okay to pet her noticing the service dog vest it was wearing. He explained it was alright since the puppy was in early stages of training. After much patting and tail wagging, he offered to take a picture of the three

of us. He shot several, wished us a Merry Christmas, and sauntered off leaving his and the dog's melting footprints as sole evidence of his passing.

Walking into the heart of the park we reached an open area with a water reservoir pool on our left and an unaesthetic cement mausoleum called the Asian Art Museum on our right. A four-foot high wall surrounded the outside of the reservoir. The pool created an opening through the trees providing a panorama of sections of Lake Union and high rise downtown. A number of whimsical one to two-foot tall snowmen (and one obvious Dolly Partonesque snow-woman) graced the top of the wall. People were snapping photos of the vista with themselves and their snowman in the foreground. A young couple asked us to take a picture of them with their snowman. My daughter gladly obliged.

We followed the road briefly, crossed a field and came upon a glass covered conservatory filled with lush tropical flowers, ferns, palms, desert succulents and cacti. It was a complete and utterly joyous surprise. A colour-

ful toy Christmas train wound around a large brilliantly lit Christmas tree and diorama in the very heart of the building. This being Christmas Day, admission was free. A good thing too since none of us carried any of the types of currency used in today's world.

After spending an hour admiring the beauty of the plants, by now it was early afternoon and we decided to turn homeward. The temperature had warmed and we spent much of our time dodging melting snow from branches above. As we walked, wherever there was an available field or hill, families were out sliding, building snowmen or having snowball fights. Everyone was laughing and enjoying the rare opportunity to frolic in the snow let alone on Christmas Day.

A mix of good food, mulled wine, family, a puppy, a rare white Christmas, snowmen, an outstanding vista, gorgeous flowers, and a brisk walk made for a near perfect Christmas Day. Like all waking dreams, on rising the next day, the snow had melted leaving only the memory of a fleeting moment in time.

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Unique Gift Ideas For Christmas!

Curator's Corner: *Space and Place*

BY JOE BORSATO, MA, BA (HONS.), COORDINATOR, MUSEUM OF THE CARIBOO CHILCOTIN

I'm not an avid skier but the sport has always been one of my favorites ever since I first learned as a child. At the time of writing this piece (Nov 20), there is a marked lack of snow on the ground meaning that I am not yet able to go either cross-country or downhill skiing. In the meantime, I have plenty of indoor projects on the go to keep me busy while I continue yearning to be out in the snow. At the Museum of the Cariboo Chilcotin we are finishing our year-end administrative work and preparing for big projects in the new

year. The planned exhibition on St. Joseph's Mission, which is led in collaboration with Indigenous community members and funded by the Heritage Legacy Fund of BC, is a major project on my horizon for early 2019. Anyone interested in participating in this project is encouraged to contact the Museum.

Furthermore, another major exhibition, which will hopefully be completed before summer, is a cartographic history of the Cariboo. This exhibit will include a selection of maps from our collection as well as copies of archival maps from the Royal British Columbia Archives. This project is still in its early phases and dependent on

grant funding but once confirmed and completed it will provide the community with a new visual medium to experience the region's heritage. Maps in and of themselves are rich story-telling devices in addition to being representations of physical space. They are therefore valuable materials for use in a Museum. If anyone has any historical or antique maps they feel would fit well in this exhibition, they are encouraged to contact the Museum.

My background in the history of science is especially apt in this situation as it allows me to interrogate maps with notable rigour and passion. Maps represent both space and place. While this

distinction is largely irrelevant in many non-western societies, space is defined as an effectively physical characterization while place has a cultural connotation that has implicit meaning(s) linked with it. Places generally have proper noun names associated with them while spaces do not. This gets especially interesting when contemporary mapping technology, such as Google Maps, is overlaid with Indigenous place names, giving a sense of space and place that speaks to a wide range of audiences. Maps, as authoritative documents, can end up telling us viewers quite a bit about our own society and our collective values. This is what makes

them so interesting and worth discussing

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Tech Talk

Snow Removal Technology

BY BRODY MCLAUGHLIN

A company called Left Hand Robotics has created a commercial class autonomous snow removal robot called the SnowBot Pro. Equipped with a 4 foot wide rotating brush to move snow to either side and an automatic salt dispenser for clearing driveways and sidewalks, it is available for the 2018/2019 winter season. They say this robot will reduce the need for people shoveling sidewalks by up to 80 percent, allowing for more money to go to snowplows for the roads making them safer for everyone and time saved not looking for labour on short notice. The SnowBot Pro follows a predetermined path using GPS, accelerometer and gyroscope technologies. It can be controlled from far away with an online dashboard or an app. The SnowBot Pro is able to navigate and detect obstacles and stop until people have passed and is able to receive instructions in real time if it encounters an unknown obstacle. Human contractors will map out the paths using a special path collection tool which can be used anytime of the year. The paths are then uploaded to Left Hand Robotics cloud operations center where they're turned into commands the machine will use to drive itself. It would be great for our city to buy a SnowBot Pro and keep our sidewalks cleared and safe, though I'm not sure what the city pays for clearing sidewalks now. This would be worth looking into in my opinion.



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The Importance of Traditions

MURDER AT CRIMSON HOUSE – A MUSICAL BY THE MARANATHA PLAYERS ON STAGE DECEMBER 6-8 & 13-15

When it comes to the holiday season, traditions are a very important part. They help to define who we are and what we value in our lives. At Maranatha Christian School there is a yearly tradition which has taken place for 17 years and continues to this day. The tradition of building team spirit, confidence, and a love for theatre amongst students in grades 8-12. A tradition that is met with great anticipation, energy and enthusiasm

each year. A tradition led by director Becky Strickland. The tradition of musical theatre.

This year is no exception. The Maranatha Players are back again with a fun-filled romp, in a run-down mansion, in the 1940s. Murder at Crimson House is a murder mystery musical parody. Yes, you did read that right, a musical murder mystery. Making the story a musical adds a unique element to the story telling. In Murder at Crimson House, it does not make use of the traditional style of musical where all the songs are big dance numbers. Instead, many of the songs are written

to be characters providing information within the dialogue. Performing in a parody also presents new challenges to the actors. This intriguing script has allowed actors to dig into what it means to create characters which fit the style of parody; over the top, nonsensical and full of misunderstandings.

Murder at Crimson House is on stage at Maranatha Christian School December 6-7 & 13-15 at 7:00, and December 8th both at 1:00 and 8:00. Tickets are available now at The Open Book; adults (13& over) \$10.00 and students and seniors \$8.00. We hope to see you there.



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Country Blessings

BY TAMMY DORMUTH,
GUIDED HANDS

About three weeks ago I was outside working in the yard, desperately trying to clean up, put things away before everything got covered in snow. As I was working a friend called me and asked what I was up to. I told her that I was outside doing yard work.

Her response was "oh you are so lucky to be able to do yard work, may I come help?" She came over and was happy as a lark, wheeling and burning branches and watching the fire.

Truth be told, in my rush to get things cleaned up and ready for winter, I wasn't thinking about how fortunate and blessed I was to have a yard and be able

to spend time in it relaxing and working.

An avid gardener, I love playing in the soil and watching all of the baby plants pop through the soil, providing produce for my family and friends. It got me thinking, how often do we run on auto-pilot, and fail to give appreciation for all our blessings.

On my way to town I

have a beautiful view of the lake, some days it is stunning, but other times my mind is on other things and I don't take time to appreciate its beauty.

Last weekend I had the opportunity to run down to the coast and visit a cherished aunt for her 98th birthday celebration. It was great to see her and other family members, but looking from her perspective was more enlightening. She was delighted to be able to

see everyone, some coming great distances. For her it was acknowledgement of everyone's love for her, it was also something fun that brightened up her day in the care home.

On the way home from the coast we were blessed with amazing weather, and the opportunity to have uninterrupted time with my husband where we visited, made plans, and set goals together. The day after we arrived home, massive

snow flakes came down, beautiful to walk in, but far from prime to drive in.

The next time you are running around on auto-pilot, trying to meet all your responsibilities, just stop and look at all the blessings in your life! While you are noticing all your blessings, don't be afraid to pass on the good to others, and brighten their day!

Stop! Take a moment and count your many blessings!



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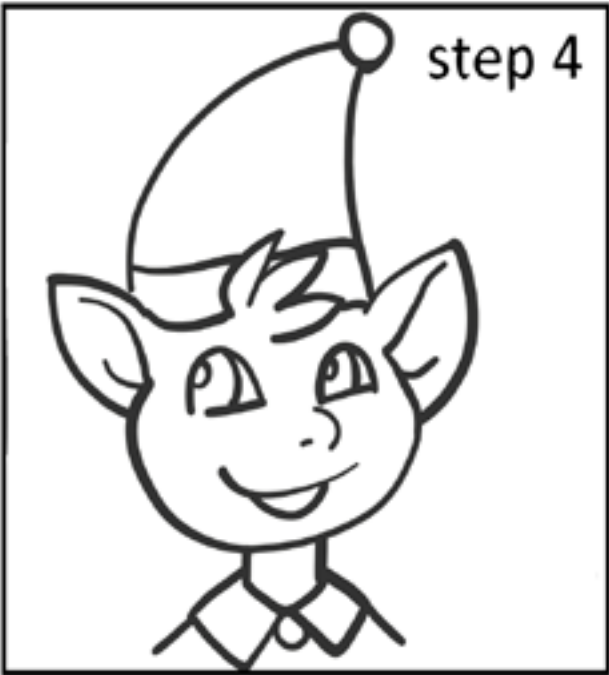
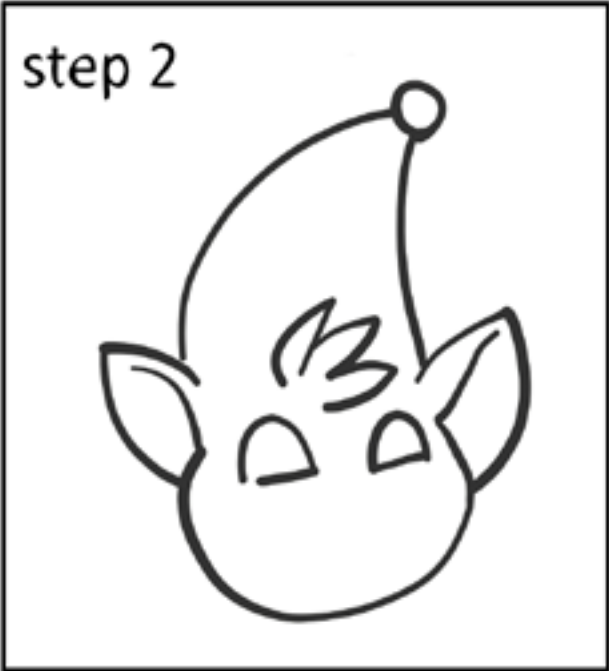
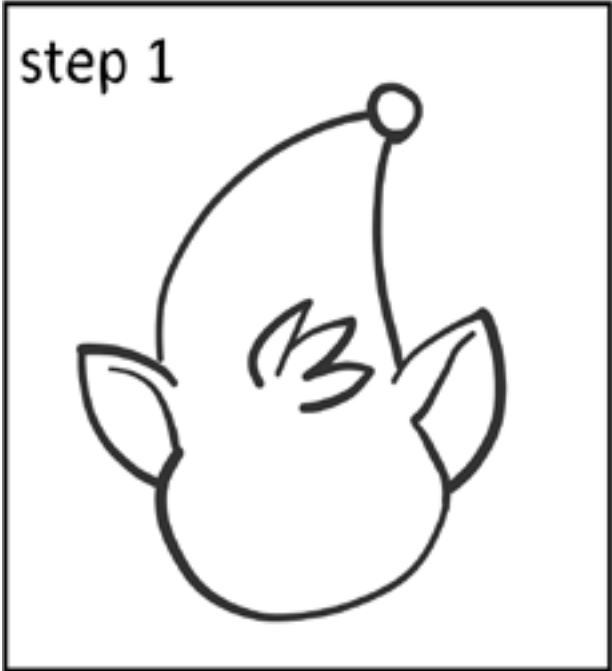
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Give back to your community this Holiday Season!

BY TAMARA ROBINSON, WL SALVATION ARMY

After another hot dry summer and a beautiful September, the snow has begun to fall and it's a lot colder outside. I will forever be grateful to live in the Cariboo where we are lucky enough to be able to experience all the seasons. While I don't particularly love winter, I can't deny that it is magical. The blanket of snow that covers our region gives off such a sense of calm for me. The snow brings back childhood memories of sledding, making snow angels and snowmen. For the majority of us, the snow is little but a nuisance at times; but for the most part, I think we all enjoy a white Christmas!

Since the snow days are upon us, we have had an increase in clients needing gloves, mitts, scarves and toques. If you have any to spare, we will gladly accept them in our Drop In Center. They will be handed out to our clients who come asking for them. We've seen an increase in clients and low income families needing winter jackets and clothing from our thrift store. For those who cannot afford to purchase clothing, they can get it for free with a voucher from our Family Services department. We have processed over \$9,500.00 worth of clothing vouchers for our thrift store since September 2018. Thank you to everyone who donates to our Thrift Store in Williams Lake. If your items are not given away, they are sold to directly fund our Family Services department and Food Bank.

Our Christmas Community Dinner will be served on December 21, 2018 at 12:00pm. We would like to say a special Thank you to Rimi and the staff at City Furniture for providing Christmas dinner for our clients again this year. It is such a fantastic event, and we appreciate all the folks who come to help us serve dinner, including our local RCMP.

You will have seen that our Angel Trees are out in the community. We would like to say a special thank you to Walmart, Winners, Realm of Toys, Kit and Kaboodle and Canadian Tire for hosting our angel trees. We would like to encourage you to visit these fine retailers and pick up a gift for a child in need this Christmas.

The Salvation Army offers daily meals Monday to Friday. Breakfast is served from 9:00am to 9:45am, and lunch from 12:00pm to 12:45pm.

The Drop in Center is open Monday to Friday, and offers an assortment of free activities for people 16yrs and older. The activities include pool, ping pong, shuffle board, Bingo, tournaments, darts, crafts and a fully operational gym. We have staff on site that is available to address a wide range of needs and support for anyone who needs it. Our food bank is open Monday, Wednesday and Friday from 1:00pm to 4:00pm and our share shelf (bread, produce and fruit) is open 1:00pm to 4:00 pm Monday to Friday. We also offer vouchers for qualifying individuals and families who are in need of clothing, furniture, household and winter warmth items.

We are currently looking for volunteers to help in all areas which include our Soup Kitchen, Food Bank, Drop In, Thrift Store and our Kettle Campaign. Kettles are an essential way for us to collect monetary donations from the community to ensure that we are able to continue our services in Williams Lake. If you would like to volunteer in one of our service areas please contact Tamara Robinson, Director of Family Services and Community Outreach at 250-392-2324 ext. 208. To volunteer with our kettle campaign, please contact our Executive Director, Dawn Butt at 250-267-5032.

To all, clients and members of the Community, We wish you a very Merry Christmas!

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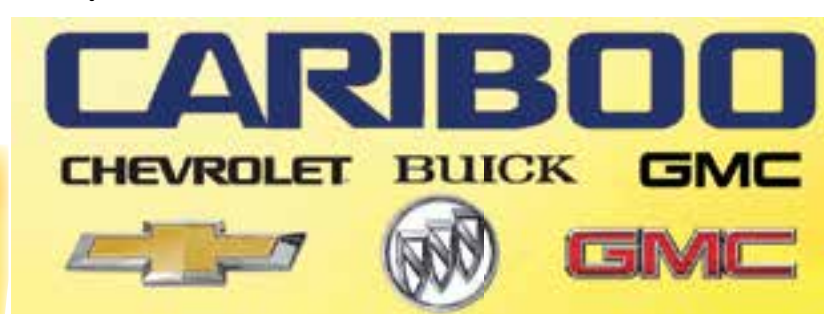


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